

Pub

Alumni Bulletin

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No. 2

HOME-COMING REPORT

Considering attendance, the 1948 Home-Coming was disappointing. However, an interesting program was presented and all who came, enjoyed their two days at Normal College very much.

Friday forenoon, November 26, Dr. Karl Bookwalter of Indiana University showed movies and presented means of audio-visual aids. The demonstration by the Normal College classes followed in the afternoon, directed by Clara Hester, Fred Martin, Connie Zimlich and Paul Chappelle. In the evening, there was the banquet and Alumni meeting followed by the customary dance.

A panel discussion of the problem how to interest students in physical activities to be carried over into after-school life, was led by Walter Eberhardt and participated in by Martha Gable, W. K. Streit and Andy Lascari.

Although no meeting of the Turner societies' instructors was scheduled, eleven of them came and all expressed the wish that the American Turners should again hold instructors' meetings in connection with Home-Coming.

The election of officers at the Alumni meeting resulted as follows: President, Earl Vornheder; Vice-President, William Bischoff; Secretary, Helen Vornheder; Treasurer, Ray Zimlich.

CONVENTIONS

Conventions of the Association for Health, Physical Education and Recreation are scheduled as follows:

Southern District, February 23-25, at Asheville, N. C.

Midwest District, March 22-26, at Cleveland.

National, April 19-23, at Boston.

1924 CLASS AT HOME-COMING

The class of '24 is slowly but surely talking Home-Coming reunion. I hope that every one of our class will encourage another Alumni to come. For years, our class has had the largest representation at Home-Coming. Let's make this a real reunion. Remember, we want you to come back and have a grand time, and the more classmates, the merrier. Several have already written that they will be with us in November, including the Stockers from Buffalo, Al Helms from Denver and Leo Doering from Rock Island. This 25th anniversary of our class should be a real celebration.

—Bobbie Larsen.

TURNERS 100 YEARS OLD

November 21, 1948, marked the 100th anniversary of the first Turner society in this country, the Cincinnati Turngemeinde or now, Central Turners. Congress authorized an issue of special three-cent stamps which were first sold in Cincinnati. A banquet was attended by six hundred persons.

Two other societies of the American Turners will celebrate their 100th anniversary this year, the Boston Turnverein and the Philadelphia Turners.

IN MEMORIAM

Fred E. Foertsch died November 26 at the age of 59 years. A member of the class of 1911, Fred taught in Indianapolis after graduation, but soon went to Philadelphia where he was assistant director of Health and Physical Education for many years. At the time of his death he was president of Phi Epsilon Kappa and Captain of the Middle Atlantic District of the American Turners.

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STUDENT ACTIVITIES

Sophomores

Before we have hardly realized it, one semester has come to an end, and those indispensable finals are looming up in everyone's thoughts. However, we can still take a little time to look back over the past few months and recall some of our experiences.

The long awaited meeting of the new freshmen was an enjoyable event, and even our ex-sophs turned out "en masse" at our Freshman Welcome Dance. In no time at all, Home-Coming arrived and we enjoyed seeing you Alumni once again. Thank you for your generous donation toward dance expenses and for the additional festivity made possible by the leading of "mixers" during the evening. We hope we can be with you at the 1949 Home-Coming.

This fall Riverside Park was the scene of much activity as the girls and fellows made their twice a week trek across Indianapolis to play field hockey and touch football. Although offering us good competition, the freshmen were unable to beat the sophomores in either sport, but all of us had a lot of fun learning to participate in these sports.

December 11 marked the day of the gym meet with I. U. or rather ex-N. C. A. G. U. fellows, except for two members of the team. Five events were included in the program: parallel bars, side horse, rings, tumbling, and horizontal bar. Norman Schulte (I. U.) placed 1st; Gerard Horn (A. G. U.) 2nd; Gene Campbell (I. U.) 3rd, and Fritz Rhodes (A. G. U.) 4th in all-around. Since I. U. handed us a defeat of 49.50 to 30.50, we will be out to redeem ourselves in February when we again compete with the campus. Two of our fellows have been asked to work with the I. U. team: Henry Krambeck, sidehorse, and Gene Mitchell, tumbling. We might add that David Miller has been an active member of the I. U. wrestling team.

Our Christmas holidays were given a send-off by Kenneth Buttgen's marriage on December 17 to Nari Chirpas, an ex-N. C. student. Two other members of our class are engaged: Joan Stierly, to a fellow back home in Buffalo, and George Cross, to an "Indianapolis" gal. Everything seems to be going well with all. Before we all left to go home, our annual Christmas Party was held with Santa Claus and all. Mr. Rinsch seemed quite pleased with the dainty gift he received—a pink and blue garter with bells attached. Part of the evening was spent by Ed Reisig in giving Mrs. Hester a "hard" time with his card tricks; he really had her fooled. A good time was had by all that night and for the following two weeks.

Despite all the fun we have had, there has been some work to keep those grade averages so we can do practice teaching next semester, something we have all been looking forward to. However, our class is sorry to lose several members at the close of the semester. Teddy Hand is going to Ohio to take up elementary teaching; Leonard Downarowicz has found it necessary to return to Chicago. Transferring to the campus are Al Knieser and Bob Maletich whom we hope to have with us at camp in June. We want to wish them the best of luck.

To bring this semester's events up-to-date, we must confess our lack of class officers; no need has been found for such leadership as yet. There is still some time, but before we know it our two years at Normal will be completed.

—Laraine Colston.

* * *

Freshmen

The unanimous opinion of the freshmen class is that Normal College is a treat. We've had to study; we've had some fun, and the faculty here can't be beat.

Some things that highlight our first semester

Are the dances we've learned under
Mrs. Hester.

Intro. and psychology are considered a
cinch

Under the helpful direction of Profes-
sor Rinsch.

Mr. Martin keeps us in fine condition
With free ex. and tactics—a Normal
tradition.

Our hygiene class is always amusin'
With Mr. Chappelle to do the confusin'.
The office is made a cheerful place
By Jeanne Davis's smiling face.

Another very pleasant type
Is Mr. Steichmann with his cute, little
pipe.

Our school is now an immaculate sight
Due to the diligent efforts of Mr.
White.

Our punctuation is no longer a
scramble

Thanks to Mrs. Ziperman and Mr.
Campbell.

Our class is full of witty folks
With original answers and umteen
jokes.

Figure marching was going fine
Until Herb Schettler lead the line.
Marty Lineback's grade went up a peg
When she raised her right arm instead
of her leg.

John "Twinkle Toes" Davis is quite the
kid

Already the campus has offered him a
bid.

In the game "Number Call" the girls
had some fun

As they kept Mary Fisher on the run.
John Sweeney is a one man team
Performing his antics on the balance
beam.

When Dick Udvardi returned after the
holidays

He was happy, engaged, and in a daze.
Our teachers will be a nervous wreck
Confusing the names of Specht and
Beck.

On Thursdays all the freshmen are
busy

Writing themes and exercises till
they're dizzy.

To show that our class maintains good
will

Mr. Chappelle was put through the
mill.

Well "finals" time is drawing nigh
So all together—let's heave a sigh.

And buckle down to books and stuff
'Cause the sophomores tell us it's
plenty rough.

But then remember there'll come a day
When all our work is bound to pay.

—Jane Splete.

MORE DEMONSTRATIONS

Normal College is still asked to give
demonstrations in Physical Education
throughout Indiana. November 9 a group
of students appeared before the Marion
County teachers at their annual meeting.
The following week, about twenty stu-
dents of Ball Teachers College visited the
Normal College for a day. Then, on De-
cember 6, students under direction of
Mrs. Clara Hester traveled to Purdue
University for a demonstration, and on
December 10 to Winchester, Indiana.
Finally, another demonstration was given
for the Men's Alumni Club of Indiana
University at the Athletic Club.

SUCH SPELLING

College educators complain about the
lack of thorough elementary high school
training in English. The Normal College
faculty also find much cause for criticism
in this respect. Many students seem to
know nothing of correct sentence con-
struction and theme writing appears un-
known to them. The following examples
of spelling indicate what college instruc-
tors have to contend with.

One of the questions students have to
answer on their registration cards re-
lates to religious affiliation of prefer-
ence. Two students confessed that they
are Prodestant, one is a Prodisten and
one a Prodostant; two are Lutern and one
is a Babtist.

ALUMNI BULLETIN

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ALUMNI BULLETIN

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VALUE OF APPARATUS WORK

In the October, 1948, issue of the Research Quarterly of the A. A. H. P. E. R. James G. Mason reports the results of a questionnaire submitted to 1,100 men attending Ohio State University, regarding the physical activities they like best and those they like least. Basketball ranked first among the activities like best with others in the following order: Golf, Swimming, Tennis, Football, Baseball, Bowling, Softball, Pistol Shooting, Boxing. One question submitted to the students, was: "Which of the following groups of physical education activities would you prefer? (a) gymnastics, calisthenics, heavy apparatus, marching; (b) games and sports; (c) a combination of

both." 72.6 per cent preferred games and sports, 25.9 per cent preferred a combination of both, 1.5 per cent preferred gymnastics, calisthenics, heavy apparatus and marching.

In view of the results of this inquiry the following article on the values of apparatus activities written two years ago by W. K. Streit, Director of Physical Education in the Cincinnati schools, will be of interest:

The values of apparatus are being increasingly recognized in the fields of recreation and physical education. Tests made in the armed services revealed a decided weakness in the arms and shoulder girdles of American youth. Games developed the lower extremities but not the upper. Over 50 per cent of the cadets admitted to the pre-flight schools were found to be deficient in upper body strength, especially in the muscles of the shoulder girdle, the triceps, the abdomen, and the back. Apparatus activities did much to correct this deficiency. The jungle gym, traveling rings, triple bar, and other playground apparatus are extremely popular and valuable in the outdoor recreation program. The horizontal bar, parallel bars, rings, ropes, poles, ladders, stall bars, mats, and horses have come into their own in the indoor instructional and recreational program.

Whether for war or peace, the objectives remain the same, with some shift of emphasis. Nevertheless, it is doubtful if any activity other than apparatus work provides the opportunity for the development of maximum muscular coordination and neuromuscular control.

Physical education without apparatus is hardly complete. Whether it is a ball that is chased, an obstacle that is cleared, or a piece of apparatus upon which an individual performs, the reason for its existence is always the same: it forms a device for self-expressive activity.

Objections have been made to apparatus work and especially to that phase

which leads to higher development in skill and strength. But this is the type which plainly possesses the greater value. Usually, those who oppose apparatus work have no skill in performance themselves and are unable to teach the activities because of lack of experience, preparation and training. We tend to teach and stress those activities which we know best and can do best. Those activities about which we know least are neglected.

Obstacle courses, outdoors and indoors, were very popular during the war and were hailed as good conditioners and valuable additions to the program. Most of the activities of the obstacle course involved strength, ability, balance, flexibility and power, which are the same traits of physical fitness developed by apparatus activities. Many teachers have for years used the indoor obstacle course in the form of a "jungle trail" which was set up almost entirely with gymnasium apparatus. Children in grades 4-8 have enjoyed the challenge of these vigorous fundamental activities of swinging, climbing and traveling which the jungle trail affords.

Opponents of apparatus work have no objection to fancy diving. There is, however, a very high positive correlation between the two. Usually, a skilled apparatus performer scores high in diving because he has developed a high degree of coordination and a sense of relocation. Poise and equilibrium result in an awareness on the part of the performer while executing a variety of twists, turns or rolls.

Apparatus exercises offer an admirable means of testing the ability and progress of students. Many individuals can perform indoors or outdoors in a limited space and the upkeep of equipment is extremely low.

In the execution of apparatus work such mental states as daring and courage, perseverance, decisiveness, initiative, self-

confidence, and presence of mind are developed. Foolhardiness is discouraged. The individual deliberates, overcomes his indecision, suppresses his fears; he must act.

Interest is also involved. Boys and girls like stunts and perform them with actual joy. This is especially true in the elementary grades.

Apparatus and tumbling also develop dynamic body balance which is useful to the individual throughout life. Together with climbing, vaulting, and falling, these skills are directly useful in various emergency situations.

It should be observed that apparatus exercises can be adapted to the needs of individuals of all ages and both sexes. Hanging, bending, turning, stretching, twisting, kneading, lifting, pulling, pushing and jumping are beneficial movements. Muscles grow only when they are stimulated to greater effort than the usual or habitual. Apparatus work furnishes this stimulus.

Those who advocate voluntary play as the only type of worthwhile activity and who object specifically to apparatus activities, overlook the kinds of movement involved in such play. If free to do so, growing boys and girls seize every opportunity to climb, swing and hang upon things. Observation will confirm the statement that these activities are a definite part of their natural movements. Apparatus activities are not less defensible than games or dancing as far as being based on natural movements is concerned.

For a well-rounded program of physical education, it is important that apparatus activities be included. Teacher training institutions which have neglected this phase of the program should re-examine their offerings in the light of recent developments. An open-minded investigation may produce startling results.

PERSONALS

Appointments and Transfers

The following graduates of Indiana University attended Normal College for two years and received their degrees in June. They are all employed now in public schools in the cities named: Rosemary Bergman, Columbia City, Ind.; Beverly Stierly Blewett, Sullivan, Ind.; Conna Harbin Kellams, Bloomington, Ind.; Carolyn Kuebler and Coila Mae Snider Stevens, Butler University, Indianapolis; Betty Spychalski, Gary, Ind.; Willoene Hendry, Girls School, Clermont, Ind.; Robert P. Mayberry, North Reading, Mass.

Charles Sallwasser and Philip Tinsworth also received their degree of B. S., but are continuing at the University for graduate study. Naomi Liebl Wayne received the degree of M. S. as well as the diploma of Director of Physical Education.

Nelson Lehsten has been promoted to chairman of the department of Health and Physical Education in the University high school of the University of Michigan.

On a leave of absence for a year, Charles Hertler, chairman of the department of Health and Physical Education of the University of Montana, is working for his doctorate degree at Bloomington.

Minnie Rose Snow has left Muncie and is now teaching in the high school in Plymouth, Indiana. June Bosworth also resigned from the Muncie schools and is teaching in her home city, Buffalo.

Richard Barrick is now head of the department of safety education in the Pittsburgh schools.

Harold Riess is doing similar work for an insurance company in New York; he has charge of safety education, health education and safety inspection.

Weddings

Kenneth Buttgen, a sophomore in the College, and Nari Chirpas, a former student, were married December 17.

Betty Ockerhausen became Mrs. Glenn Bracken December 31.

Ioma Jean Hodson changed her name to Mrs. Donald W. Morris. They live in Richmond, Indiana, and Mrs. Morris is teaching at Test Junior High School.

* * *

Births

The Alfred Eberhardts in St. Louis report the arrival of a girl.

A girl also came to the home of Rudy Schreiber in Indianapolis, November 20.

And Marybeth Schafer (Mrs. Allender) has a girl born December 9. She lives in Lafayette and her husband is a student at Purdue.

Betty Allanson (Mrs. Donald Hafer) in Indianapolis also has a girl, born January 6.

Evelyn Gorr Broadwell and Roy Broadwell also report the arrival of a girl in Bloomington where Roy is completing his studies.

Only two boys were reported as having arrived since the last Alumni Bulletin was mailed: Jackie Armantrout (Mrs. Frank Lasky) and Alice Lange Dauer in Springfield, Mass., on December 13.

* * *

Augie Auernheimer is teaching again after a long siege of illness.

Gustave Heinemann is now president of the Philadelphia Association H.P.E.R.

Claire and Art Reisner celebrated their 25th wedding anniversary December 26.

Gretchen Stuart (Mrs. Irwin Brinkman) and husband visited Chicago in the fall.

Major Fred Ploetz is now an instructor in the Air National Guard Unit at Niagara Falls.

Sorry to hear of the death of Ethel Emrich Clauson's father and LaMar Keltz Whalley's mother.

Setting a good example for her boys, Florence Thorelius Green attends classes of the South Bend Turners.

The Clinton, Iowa, Turners have such large classes under Henry Schiget's di-

rection that they are contemplating additions to their quarters which will double the gymnasium space.

Mrs. Paul F. Thiele (Bernice Hoppe) visited Normal College November 12. She lives in Sanderville, Georgia.

Alice Huth Krumbein has given up teaching and is now office manager of a department store in Denver.

Moline Turners where William Klier is instructor, have a total enrollment of over 800 in the various classes.

The American Turners recently appointed George Jacquin a member of their national cultural committee.

The Brakers (Minnie and her family) went to California during Christmas vacation to escape the Chicago weather.

Art Reisner's cross country team at Central Vocational School in Cincinnati, won the city and district championship.

Elsa and Ralph Shafer visited Florida and Havana during Christmas vacation and did some fishing from Key West.

Margaret Wright Albenberg wants to escape at least part of the winter in Duluth and will travel to Hawaii this month.

All of Henry Schwegler's spare time has been diverted to work on a new home which he built in Mt. Washington, Cincinnati.

Reo Olson and Nanon Roddewig were on the sick list lately, but the latter has returned to her work in the Chicago schools.

Last summer marked the opening of Fred Jacobi's Camp Wakonda for boys on Lake Vermilion in the Minnesota Arrowhead.

Mera Dinehart Richard has moved into a new home and now lives across the street from Florence Thorelius Green in South Bend.

Because of her health, Louise Karle Murphy has moved to Nogales, Arizona, where her husband is teaching in the high school.

Irma Hartman Beck has gotten over an operation and is teaching again in the

Davenport schools. Her classmate Mildred Strohkark Kakert who lives in Bettendorf, is frequently called on for substituting in that town as well as Davenport.

Viola Wirth used a leave of absence from the Cincinnati schools to complete the requirements for a degree from Miami University.

Frank Mixie continues to excel in gymnastics. He is coach of the Cincinnati Y.M.C.A. gym team which recently met Ohio State University.

In 16 years, Bill Matthei's cross country team at Bayview High School in Milwaukee, won 7 city championships, 6 state championships and 4 midwestern championships.

At the Christmas party of Psi Kaps in Chicago there was a regular reunion of the 1915 class: Charlotte Herringer Newman, Minnie Wasserman Braker, Nanon Roddewig and Helen Homan Applegate.

Clara Hester has been appointed to a two-year term on the National Committee on Physical Education. This group is working on year-round projects and will hold its annual meeting in Boston in April.

Rudolph Memmel continues to top the 26-team Schoolmasters Bowling League of which he is president, with a lofty 185 average. He is also head man in the Cincinnati Alumni chapter of Phi Epsilon Kappa.

Ruth Rice has completed a six-year term as a Wave. She was in the European theatre and in every country except Italy, and finally stationed in Germany. She has signed up for another six years and now will go to Japan.

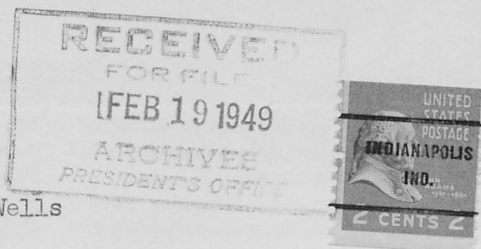
Besides his work at Sudlow Junior High School in Davenport where wrestling has just been added to the program, Fred Jacobi also conducted the classes of the Central Turners and had a big Christmas demonstration.

Herbert Klier received his Master's degree from the University of Wisconsin

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President Herman B Wells
Indiana University
Bloomington, Indiana



where he studied last summer with Robert Nohr. He is in charge of Deere Junior High School in Moline as well as of the high school gym team which puts on exhibitions during intermissions of all basketball games both for the high school and professional games.

During the summer, Martha Schneider and eight other teachers from her school in Louisville attended a meeting of the American Association of Instructors for the Blind in Austin, Texas. They also visited blind schools in Arkansas, Oklahoma, Texas and Missouri.

Of the Cincinnati Alumnae, Maud Suter drove to California for her summer vacation, Elsa Kramer to Mexico, and Hazel Orr to Nova Scotia where she attended the Scottish games in Antigonish. An interesting event was the tossing of a pole about ten feet long and the size of a telephone pole.

Three teams of the Cincinnati Schoolmasters Bowling League traveled to Chicago recently to bowl a similar group from Des Moines, Iowa. Normal College men in the Cincinnati delegation which defeated the Jayhawkers were Carl Schulmeyer, Earl Vornheder, Rudolph Memmel and W. K. Streit.

During the past twelve years, Bill Matthei has been guiding fishing and big game hunting parties into remote sections of Northern Ontario. Last summer,

he took a party of five on a five weeks' trip, flying into Albany River with two canoes lashed to the pontoons and then canoeing 375 miles down to Hudson Bay. Fishing is wonderful: 30- to 35-pound muskies are common, but the real sport is trout fishing.

The Milwaukee Journal printed a two-column story on Edwin O. Hoppe recently who is completing his 26th year as director of Physical Education in the Milwaukee schools. After leaving the Normal College in 1910, he worked in the German-English Academy, then in the schools under George Wittich, and after an absence of five years as director of the St. Paul Athletic Club, he was appointed as Wittich's successor.

CAMP BROSIUS

Despite the wintry weather, work is going on at Camp Brosius whenever the temperature will permit, so as to complete all improvements before the opening of the 1949 season.

The students will again occupy the camp during the month of June and those who were there last year look eagerly forward to another four weeks of camping while the freshmen keep wondering what it will be like. Shortly after the end of this camp, the children's camp will begin and continue until the middle of August.