## Concern for 'student protection' spurs interest in AIDS policy

By JANET HOMMEL
Like most college administrators, IUPUI officials are struggling with the hard iasues that have surfaced in the controversy spurred by acquired immune deficiency (AIDS).
One of these issues is whether colleges should adopt specific policies to prevent the spread of the fatal disease on the country's campuses.
According to Howard G. Schaller, Executive Dean and Dean of the Faculties here, the IUPUI administration is "fully aware of the need flor an AIDS policy) for protection of faculty, staff, students and the AIDS victim."
sChaller Said that Vice President Glenn W. Irwin and Walter


- $m$ definitely hot an expert on AIDS but I'm concerned that the students be protected.
-Patricia Boaz Dean of Student Affalrs
J. Daly, Dean of the School of Medicine, are diacusaing "how to go about it (the AIDS policy), but haven'! determined the method.
Patricia Boaz, Dean of Student Af. thirs, recently made a request to Schaller that the school begin working on an AIDS policy, "especially for those in campus housing." Currently.

IUPUI has over 300 students living in Ball Revidence, the only remaining dormitory on the campus.
"I'm definitely not an expert on AIDS but I'm concerned that the students be protected," said Boas.
Nationwide, at least two school have decided to allow AIDS-afflicted students to remain on campus. Boston Universiry students who test positive lor exposure to the illness can stay as long as they show no symptomi of the disease. Students with advanced symp toms, such as contagious strin lesions. will be asked to withdraw.

THE POLICY AT the Univeraity
See POLICY Page 5


Students seek sheller under an umbrella from the century's second wattast November. This month Indlanapolis has recelved 7.97" of rain. The National Weather Service would not be surprised if the 1881 record of $9.36^{\prime \prime}$ it broken:

Photo by W.B. Mof ee

## Student moms' road to diploma 'fam̄ily affair'

By DOROTHY EASTERLY The cofiee drips slowly through the automatic coffee maker. Books and papers are spread on the kitchen table. It's 4 a.m. and lights are already on in the Crickmore kit chen.
Last night, 14 year old Mandy had her first high school choir concens. Todd, her 16 -year-old brother, had a playoff soccer game. Five year-old Sean had kindergarter open house.
Juggling a schedule like this leaves littie time to study calculus. But Maureen Crickmore, a 39 year old mother of three, finds time.
She is one of 11,700 students over the age of 27 who attend IUPUI each year.
And it is not at all unusual for her day to begin at four in the morso ning.

Striving for excellence, Maureen expends a maximum amount of ef. fort for each class, which sometimes means long days.
In addition to pot roasts, toilet bowls, and composition, Maureen devotes time to the Noblesville High School Parent Faculty Council as tutor chairperson, in charge of volunteer tutors. She abso serves ais room mother for her kindergantnee's class.
How does she do it all?
Her daughter Mandy gives a due.
"She's so organized," says Man-
dy. "She has notes of things to do all over the house."
"And there are notes for us kids," she adds.

Being organized helps." says Maureen. But in doesn't take care of everyching.
Take last year for ex ample. "I considered quitting school at leas 25 times," Maureen says. "Sean cried every day when I left him at nursery school. Sometimes I cried too."
And then there was the time her husband Steve hurt his back. It was the same day Sean caught his finger in the car door, breaking a bone and requiring stitches.
"You have to be super organized to ger through a regular day," "the business major said, adding. "But when things go wrong, it's rough."
In spite of all the problems, Maureen's education seems to have been a positive experience for her kids.
"Watching her study and work so hard has made me want to do my bes," says Mandy, a high school freshman.
"We have a lot of fun as a fami1y." says Maureen. Not long ago she started counting in French (one of five subjects she is studying this semester) at the dinner table. "Todd started counting in Ger-

man. Mandy in Spanish, and Sean chimed in with English," she says.
" $k$ 's fun to be learning with the kids," she adds.
"They have a good attinude about my going to school. They all pitch in and help. It would really be difficulh without support from Steve and the kids."

## Moms in school focus of features

The major trends on college campuses in the lase, decade have been towards students who are, firs, female; second, older; and third, part-time. Whether male or female, many of these students are also parents.
Articles by and about busy women sudentmothers can be found on pages one and 12.

See related editorial, page 3.

By tracy mequeen I : the 1990's have progressed, the issue of whecher or not mothers should work outside the home has intensified.
Hardliners have stuck to the notion that mothers should remain in the kitchen-with children at their feer.

Meanwhile, others have sug gested that a new creature called the "house-husband" should share in the motherly duties to give mom a chance to explore the real working world.
A 1983 report issued by P. Blumstein and P. Schwartz found that 64 percent of husbands believed their wives should not work ourside the home if the couple had young children. In the same report, 60 percent of interviewed mothers said they would remain as home if they had young children.
Findings in the report were similiar among highly educated middle class persons, uneducated working class persons and high school seniors.
Other research indicates that children of dual income families are not adversely affected by their mothers' working, regardless of age or social standing.
"The idea that irreparable damage is done to the children of working mochers is grounded more in rhetoric than in empirioal finding." said Gary Kiger of Uuh

State University in his recent report, "Working Women and Their Children."
David Moller, an IUPUI sociology protesor, said that while young children may need "parenting." they do not necr sarily need "mothering." Child care may be provided by a father or a preschool or daycare center, be said, ©ssubstitute.
Another IUPUI sociology profesor, Kenneth Colburn, said that the quality of the daycare or preschool program parents choose is a factor.
"What's crivical is that the child doean't leel he's being abandoned," Colburn said.
Overall, whether a mother, single or married, decides to work outaide the home is a very subjective issue, Moller said.
"There's no clear-cut right answer," he said.
IUPUI has modified solution to the working mom problem-the IUPUI Day Care Center, located in the Mary Cable Building, 525 N. Blackford Street. For mere inform: tion, call 264-3508.


## $B_{\text {RIEFL }}$

## New shuttie bus to be discussed at meeting

The nex thank luas arvice phaned for the Part Lhayeue and Shoretand Towers aparuseant complesen is the tepic of a meeting to be hell at 8 pen. Hin Wedrendy at the Park Lalayette clubhouse.
Scudents who plan to use the service should attend to give their input on route scheduling. In additioja, other informativon, including cost and where the shutte should nop will be discussed.

## Students get chance to design new Hoosier logo

Seudents are urged to participate in a contest to design the ollicial ingo for Hooter Celdration '88, a program to celebrate Indiama's heritage and future throughout the state.
All Indiana revidents are eligible to enter the contern. which is sponsored jointly by Hoosier Celebration '88 and the Indians Departument of Eduction.
Bnarim will be indged an minplicity, uniquaness to indiana, uniform applicability to all appects of Hocsier

Celebration '88, and symbolism of Indiana's past and the potentiel for is h future.
The winging catrunt will rective a 81000 award and a copy of the final, proterienally protucod verilon of the design.
Participants should send their entries to Hoosier Celebration 'es Lepo Centma, Roent 20s, State House. Indianapolis, Ind 46204279. Diedtine is Dec. Is.

## World of Islam to be topic of Bloomington conference

"helam and the Mustion Werdi" ha the topic of a com-
 teaberger Audirorium in the Intiana Menorial Union on the Bloomingion campus.
The conference will feature talls on "The Religion of Whan,"" "blancic Ant and Architecture," "Waman in blimic Scocieng" and "hinm and the Molore Worid." Registration is 812 ( 810 for atudenta) and covers lunch, a reception, and a 46 page beckground kit.
The conference is aponsored by Midile Enatern Studise Program, the American Institute for Idamic Afitirs, and the National Council on US.Arath Retations.
For more information, coll the Midde Eatera Sundia Program at (812) $335-0076$.

## Depression often follows Thanksgiving holiday

'The very importance artached to the time berween Thankagiviag and New Year's can often be the springtoord that senda some propte's spirits pluaging to seltdeatruction," mays Donald P. Wikefield, Director of Counseliag at the IUPUI School of Education, on the negative side effects that sometimes accompany the holiday season.

Wakefield explains that these holiday blues aren't oaly trigecred by loneliness or unreoolved circumstances, but alao by the togetherness of the season and the exura free time of the holiday vacation. "Deapite the turkey, family, triends, gifts, spirits, and other urappings of the holidays, depreation can chill the warmth of the secson tike a midwinter snow morm," he mayn.

The solution to the boliday blues, Wakefield says, is to be honent with yoursell, learn to accopt your fautes and weaknesses and lex go of hurse and perional lose. He stressed spending in activities that enhance your capacity to feel better about yourself, learning seli-ragulation and relaxation techniques, and planning so be wich nurturaat friends rather than negative toric individuals.


Another condition that can aggravate depression, he adds, is using alcohol as a preense for celebrating the holidays. "Alcohol only lowers a person's inhibitions and can uncork anger, frustration, and other emotions that are otherwise under concrol," Walefiedd says.

## SAGAMORE

## Boaz struck by car, to undergo surgery

Patricia Boas, Dean of Student Aftairs at IUPUI, was lised in serious condition last Wednesday atter being struck by a cor at Agnes and Michigan streess while on her way to do volunteer work.

Bridgete Boas, the dean's daughter. a nurse at University Hospital, said her mother was struck by a car driven by a student leaving class around 8 pm . last Tuesday.
She is scheduled to undergo surgery today if her condition permits.
Besides holding the position of Dean of Sruder Alhirs, Boas is also Asocime Deen of Feculties, She hem bean $\mathbf{m}$ the university thace 1967 .

Dean Patricla Boaz
Notices
264-3456
TODAY

- The ury aialagy Departmant Cotoquinm will procent Dr, Arthe Mrizy of the UPUI Depertment of Geotogy apeeting on "Urentum Meneritialion in Socimentery Rocks of the Southweat," 4.6 ह.m.. CA 436. Contect Dr Joeeph Peotut, 264.7785, CA 329.


## TUESDAY

- The Unteverily wriling Center will priesent a workohop, "Lelleca Dreseed for sucoses." hrom 1.2:30 p.m. in CA 427 . It will focus on atyte in buanese writer and bulding beacic aktlis for eflecive written communioation, Call 264-2049 for intormation.
- The Feculty ferum Eseries will prosent Eugene Helveston, M.D. proressor of Optramotogy, apeeting on "New Challenges for the Doctor and the Patient in a Changing socibty." at 3 p.m. CA 837 . Free and open to the public. Contact Matropotian Indianepolis Cerpua Minialy. 284-2585.
- Mathomatical Sciences presents Anaypis I by Marc Rapheel, "Subnormal Operators N." KB 057, 3-4 p.m.
- The Women's Ēiwcies F̄rogram ciacuevion series prosents Susan Carton, assistant prolessor of technical communications and adunct proreseor of women' itucies. spesting on "Feminist Theory and Ahetoric/Compozition: Posiling 8ome Connections," hom noon to 1 p. .m. in CA 438


## WEDNESDAY

- The Chemietry Seminer will prosent Protessor Peter Kiseinger of Purcue West Latayetie spesting on Eioenseynowi measurements with Liquid Crromatograply and Electrochemiatry, at 4:30 p.m. KB 231, 38 Brinel canpue. Aofreshments wall be eerved at $4 \mathrm{p} . \mathrm{m}$
- Mainama lical Eetences presenta Brownian Motion by V.X. Sunder, KB 057.2 .3 p.m.
- Teday and ter the mast tive Wednesdaya, the Caltholic Biucent Conter al UUPU well ofter mase and o ample meed et the Center. 1309 W . Mictigen St . at 8.30 p.m. Contect ine Rev. Jofl Godecter or Joel Schmiegel. 632-437. - Today at 8 p.m. is the deediline to sign up for three on tiree basketbel of fered by the intramura/Recreational Sports Department on Saturday and Sunday. Entry tee is $\$ 5$ per team, payable at the Natatorium TickelMaster; and all players muat have pald the recreation fee prior to playing. Play will take place in the School of Physical Education Gymnasium. Contac 264.7448.


## THURSDAY

- The Philosophy Club presents Prolessor Ann Doncin speaking on "Moral lssues in the Baby-Maling industry," at 8:15 in the Cavanaugh Hall Faculty Lounge. For information contaot the Phillosophy Department, 264-8082.
- The IUPUI Student Chapter of ACM presents "Job Hunting: Delusions of Grandeur," by Bob Orr of the CPT Department, from 4.5 p.m., in the auditorium of the AD Bullding on the 38th Street campus. Refreahments will be served.
- Mathematical Sciences presents Analysis II by J. Kaminker, "Operator Aloebras Associated to Groupoids ili, KB 057, 3-4 p.m.
- Today, Friday, Saturday, and next Monday and Tuesday, the IUPUI Geology Club and Patricia Stoecklein of Bermie's Gems will present a Gem and Jewely show and sale in the basement of Cavanaugh Hall opposite the bookstore. Contact eric Gyllenhall, 264-7785, CA 329.

Dec. 2, 1985

## $\mathbf{O} \cdot \mathbf{P} \cdot \mathbf{I} \cdot \mathbf{N} \cdot \mathbf{I} \cdot \mathbf{O} \cdot \mathbf{N}$

Fage 3


## It's slimy, green, magenta

## Mom finds education a 'colorful' experience

By DOROTHY EASTERLY
"What's stimy, green, velvety black and magenta?" my 10 yess ob daughter called from the kitchen.
I looked up from my study of glaciers and quickly anid, "I give up." I wasn't in the mood for any long guessing games.
"I don't know either," she said. - Whatever it is, it's growing in itbl| in the refrigerator," she said, obviously diagused by the tind.
Molded letovers-juse one clue that Christy's mom is a full-time sudent. There are others.
Take the odor coming from the kit chen carper. Smells like wer chicken feathers, you might say. Wrong! I only left the water on in the kitchen sink for a tew minutes-maybe five or ten-while I ran upstairs to jot down an idea I had for my apeech analyua in Linguistics.
Water, water, everywhere. It took quive sorne time to soak it up from the foor and it's still damp.
And then there are the dark circles under my eyes.
On a more serious note, my sevenyewrold daughter has asthma and thin has not been a grod tall for exthmatics. When Juime can't breathe. Jeime can't

6 Tuesday nights I can't got my hoad to stop spinnIng. It's not a particularly long day. Just a full one. s
sleep. When Jaime can't sleep. Mom can't sleep.
Lite is hectic for student moms.
Tuesday nighus I can't get my head to stap epinning. It's not a particulary long day-juas a full one.
It begins around sis. Atter breaktan. I put dinner in the crock pot. hetp the girls ger ready for achool, feed the dog and cat, straighten the house a lit tie-the usual thinge many moma do. do.
Afer driving the girbs to achool, I ar rive at the campus by 9 am. My first chas un't uatil 10 , so I have men extra hour to atuly
Aher Journaling, on to An thropolagy, to Werld Matterpieces and then on to Linguistics. There's is minutes between each clan. Enough
time for a Cotes or candy ber for the ere tra mergy I need.
At lowr, I find myell with the other million people who are heading cast out of town. Sometimes the traflic gets backed up and I get ceught in the intersection. More uudy time.
Once home, I hiven as Jaime cellis me about her skinned knee which 1 musk lias to make better, and Clirisy speaks of ther woes. She had a subscitute teacher and the clam was terrible.
Aher dinner, it's back in the linile red car to Washington Square for a geology clans.

At $9: 30 \mathrm{I} \mathrm{mm}$ bact home, sirting in the middle of the bed reeding the newspaper I will murely have s quis on Thursday on curreat evens in my pournalism clas I muse keep up.
I look dowa at my halk painted trenuilh, The octher haly has grown out At least they are clipped.

After a hard day, I doa't have time to worry about hall-painted moenails and I lie down to sweet rean.
I've gotta go through this again on Thurndoy (ham's the dely helore 1 apend eight bours doing volunseer work at Christy's and Jaime's school.) I rua the ottbet printing press all dey. I hope that qualifer mean conceraed mom.

## Guest column

More then two months ago, the Sagamore printed a mory about the overpricing of movie panas by the Student Uaion.

The price of the tickess, which are bought and sold an the carhier's office of the Union Building, has been incroused to 33, the same price charged during a bargain matinee. This policy is a violation of the General Cinema resell policy
A 25 cent charge is permimeble, hut only with the approval of General

## Resale ticket price hiked despite rules

By MATT KEATING

Cinema's Indianapolis office. This policy is caly effective per order, not per individual ticter.
Keith Jones, manager of the Quad

Latayerte Square Lowe's said the Lowe's has no retrictions on how much the Union can charge for tickets.

There is nothing the Lowe's com pany can do to prevent the orgmaiza tion from chargiag the prices they want," Jones seid. "The Uaivering is banicilly a goben wen, because they are the anes who buy the tictrets.
A service charge per transaction may be necemary, but if the univerility demands, the service could be provider without a mexvict charge.

## New student makeup: older, female, part-time


in that secode, aobesding lo bes reooel, Boe rearinee of

 iotel increste in ervelineat was acooveted for ly Ite ins oreante in the number of women enroesed.
In adcition, the report ancye that more than hett ifoe in? respe-roughiy one end a hell meion people-wes by
mrofiment in college of people spe 26 and over, " Sbutents 26 years old and over," the report saye, "rose trom 28 peroent to 38 peroent of at cotege atudente in the sacres perlod...Women 26 yoperedr end over maresoed trom 11 percent to 20 percent of mtiodente
As the number of oider woinen hes moresesed, the 1 number of young men (inolviling thoes who hate to see ine prode cunve terrpered withy flereresees frem an in -32 ees sent of the stuctonts
The other melor chwige recoeded was an the procoorion of pert tive shudents, "Among indergraotates," acooverey fom 19 iv 25 percent. Of live 23,430 atudents errciled at iupil, 12.909 are lomole, and it doeert tatee is dectosted elsterver le reatiat






Page 4 SABNMOREDec. 2, 1086


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## UNIVERSITY

## Student Assembly typewriters unavailable

By D.E. SNYDER
The Student Ameenbly will continue mupervision of the use of the sypewriters avilahle to the sudent body unatl the current invertigation into acts of vandalium to the mechines has copcluded.
The decision came at a recint meeting berween assembly represencatives and representatives of the Student Activities Office concerning the service of offering the use of typewriters to the sudent body free of





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Opens Wednesday, December 4th At A Theatre Near You.
charge. The typing room is locuted in CA 001D.
For three years typewriters have been available in Cavaneugh Hall and on the second flicor of the Univervity Lilrarg. The litrary mextion was closed due to limited space.

Vandalism to the typewriten in Covanaugh Mall is preventing the Serdent Aserably from reopening the typing room. The $\$ 100$ maintenance fee on the machines has come toom the Student Activity Fee Fund.

More space is being sought, as well as a means of monitoring and supervieing ues of the typewiturs.
Currently two studense hired by the Srudent Asembly periodicilly chect the typewriters while in use. They aloo schedule mudeat use of the mechines.
Mike Wagener, Director of Seudrat Activitie, said, "This service is in jeopardy for the firss time since is was begun in 1982. Detilierated, velemt vandalium of the machine is threatening ins future, and we are at a low as to why it it happening."
Wagoner went on to say that if the vandeliam cuatinues, "we will have to eliminate the ervice completely."
The investigation has turned up leats as to who is repponsible for damaging the machines, and the university is laying the groundwork for prosecution of these individuals.
"However," Wagoner said, "we the sudents' cooperation. If sudents are aware of the repponsibilities in this program, we can find ways to avolid demage to the machines and maintain the service."


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Contlinued from Page 1
of Massachuseto-Amherst states that AIDS-afficted students can remain on campus in all cases, unless the victim is careless'and endangers other students. As of Oct. 9, there were 53 confirmed AlDS cases in Indiana, 17 from within Marion County. Ten of those 17 have already been fatal.
IUPUI officials say there is no need for a apecial AIDS policy in the university's health service schools. Robert Jones, an associate profesor of medicine, said no "unusual precations" are being suggested by the Indiane Stene board of Health to deal with contagious disease such as Hepatitis B and Herpes Simplex.
Jones is chair of IUPUI's AIDS Task Force, which he said began meeting in September "to help medical protessionals better deal with AIDS victims and to anticipate and solve any problems."
DENTISTS' FEARS OF contrec fing the disease through the saliva of their patients was one of the prime reasons the university established the task force. Evidence indicates that the AIDS virus (HTVL-III) can be spread in saliva, entering the new victim through a break in the akin.
To date, no health care worker has become infected with the virus through caring for an AIDS patiens.
However, nationwide, two health care employees working directly with AIDS-contaminated blood have contracted the disease following laboratory accidents. One worker stuck hersell with a virus-infected needle, another spilled virus-infected blood in his face.
Recently Charles Palenik, associate professor of oral microbiology in the School of Dentistry, gave a speech on AIDS to students at Ball Residence.

PALENICK SAID THAT eve though the riak of contracting AIDS through casual contact appears to be slight, the isues surrounding AIDS bring out two common fears in people: the fear of dying and fear of being accused of being a homoserual.
Wayne C. Olson, director of Mecropolitan Indianapolis Campus Ministry and sponsor of University Gay/Lesbian Alliance, believes media coverage of an AIDS issue reffects "homophobia."
"Many people think of AIDS as a gay disesse, but it's not. It's a divense of the blood." said Olson.
Of the 53 AIDS cases reported in indiana, 40 have been either liomoserual or bisexual [four of these also indicated drug abuse) Seven were hemophiliacs who reportedly contracted the disease through blood transhusions. Of the remaining six cases, two were intravaneous drug users and four were
uneaplained.
THE VIRUS DOESNT care about anytody's moraliny," said Indiana Scate Heslch Comminasioner Woodrow A. Myers Jr. "AIDS is a disease of human beinge. It's not juse a gay divense. . . " Myers said.
Precautionary meesures fin the general public limued by the lindians State Board of Health include:

- Limir nutimber of sea partners
- Avoid sea with the high risk groups [and their partners]
- Know your partiners [and their parmers]
- Shower before and after sea
- Avoid contact with blood and semen
- Use condoms properly
- Never share hypodermic needles
- Don't insert objects into the rectum
- Ger adequate ress and exercise - Reduce stres


## William Lutholz named 'Distinguished Alumnus' for 1985

By MIKE HESS
William Luthok, former editor of the Sagamore, has been given a Distinguished Alumnus A ward by the Liberal Arss Alumai Association, for his dedication and contributions to his field and community
In his speech to the Alumni banguet. Mr. Lutholz praised the growth and uniqueness of the IUPUI program. He said. "I'm deeply impresed. . with the great changes that have taken place Hound here [IUPUI)," adding. "I'm glad to see the new School of Jour. nalism taking off to such a grand start."


Since his position as editor in 1974 and '75 and gracuation in 1976 with a B.A. in politioal science, he has achieved his presem position as publications edinor with American United Lite. while maintaining membership on committees of several community service organizations. Three including The International Association of Business Communicators and the indiana Society to Prevent Blindoess.
He has abo accumulated a variety of other awards, including, to name a lew. three EPIC awards, CASPER award, and five writing awards from the Colleginte Pres Association.

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Page 8 SNGAMORE Dec. 2, 1985


## Sports <br> 'Fowl Festival' fosters fat

By Leslie L. FULLER
Sporas Bdtror
For many, Thankygivias and Christmas aren't holidays unkess they have to leet out their betr bucther two notiches the thy wher.
A lot of Ammicicana will be going on diess thin eevk, und Jay Braclict, hend trimer for the Merros, says dieriag nuccess lies in moderation.
U you picked up 10 pounds over the holidays, it can tule a month to resume your normal weight.
"I typically advocate two to three pounds of fat loss a week. Fester than that, and you'll probably gain it back. Use moderate diet, daily exercise. Maintain a status qua," Bradley advised.
Fusting is laceer, but the reulus aren't alway permaneat; noted Bradles, "The trouble with tasting is that, withoul any barmaful phytical affects having cocurred, you lat ler three days and love five pounds. But what happens in the next five days? You go right back to your regular eating babita, mad the weight returns.
"Abo, when you cotally fent you are depriving your body of fooke The enxymes are sinting chere with nothing to digot, Comamon sense telle gou this can't be good," Bradiey anid.

Pie

## Turkey

## Ham

## Stuffing

Another holiday syndrome is an in cresse in jogeers with mhiay new sweatsuits, signaling that these people are new to the ranks of the amatiur athlese. Many people react to untavorable additions in the scale by frantically trying to run unwented pound oft in a wectend.
Cautioned Bradiey, "People must begin any eaercise program slowly and build in up to the point where they wake up in the morning and feel terrible if they don't exercise. Most juss don't realize that it uken longer to get weight off than it did to put is on. If you approach it too fand. there's the pomibility of arthopedic injury, or infury to the hears."

- 317 cal (1 piece)
- 155 cal (3 koz.)
- $306 \mathrm{cal}(3 \mathrm{l} / \mathrm{oz}$.
- 198 cal (1/ cup)

Holiday dieters have a harder time of it than mose, Brediley said. "Right ather the holidays there's this sensation of fullaess-you overstuffed oa Thankgiving and now your body wants more, your stomach just doesn't feel so full."
The beat way to select an exercive program. Bradiey seid, "is by becoming involved with an activity you enjog . That's the key. Aher that, educate yoursell by karning about heart rate. urger rates, the difference between kind of fess."
"Limit yourrell to one helping of this or that. You don't have to oftend Aunt Jane becusse you didn't take uny of her stulting. Take a litike, jus don't eat the whole bowl," said Bradke.

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M-F
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B－ball Metros fight Franklin，Marian at 6 tonight
By Craig russelburg Staff Writer
Conch Bob Lovell＇s squed storms in－ to Indians Central＇s Nicuson Hell Monday for the Aulletic Department＇s Basketball Clasaic．The ICU Greyhounds，an NCAA Div．menery． and NAIA Diatrict 21 nemeses Franklin and Marian provide a pretty wough field for the delending NAIA conference champion Metros．
Franklin may be a yeer away from being a serious contender for the upper crust of Indiann＇s NAIA teams．Led by 6．7 Andy Miller，the Grizulies were 13－16 a year ago．The Griuslies appear to be very solid up tront with mose of the team＇s scoring coming from Millet and his running mate Mike Hackett from the corner position．
Perhaps the most talented center of the 17 team conference is Marian＇s Dave Mahurin，who popped in 19 points a game from the paint for the Knights in the 19848s meason． Mahurin has a lot of hetp from Mike McKenzie，Darren Fish，and Tony Hines．Coach John Grimes has eight ketermen back from a 16.13 season and this year＇s edition stands to make a tittle noise again．
Host team Indiana Central has eight lettermen returning as well．Jamie Raiky hit for 16 points an outing last sewon for the 13－15 Greyhounds， leeding a squad which picked up a lot of experience while taking its lumps on the court．
Tip－off time for The Classic is $6 \mathrm{p} . \mathrm{m}$ ． Monday evenings and the tournament concludes with a championship game at 8 p．m．Wednesday．Dec． 4 ．

Coming UP


Today the IUPUI mea＇s bankerbell team competes in the Athletic Depart ment Clanic at Indiana Central Univer－ silty．The Metros will compete with the hom team．ss well as Marian and Frunklin，at $6 \mathrm{p} . \mathrm{m}$ ．
The clanic will rexume Wedneedy at 8 p．m．This Saturday，the make bankeball Metros host a match with Grace College at 3 p．m．in the Physical Education Building gym．

The Ledy Mecros vie in the Marion Tournament this Friday and Saturday． Times to be announced．

Metro cheerlenders were selected a lew wedk ago，and they are：Tammy Percira（captain，third year），Sundra Ot to（second year），and Madewns Hicks． Jo Sparki，Laura Spainhower，Kathy Adikisson and Vonda Grarger，all new to the squad．

Clasioal Splach，an event combining the grace of ayachronined owimming with the elegance of live clanical muxic，ukies phace this Fridity and Saturday in the Natatorium．

Although the event is in its third year，new this year is the sound of ＂Musiciane of the Cloiter，＂a group of ledinapater municiuns led by Charies A．Amsbacher．

Tickets are available at the Naistorium TickelMaster．Call 2547364 for additional information．

The IUPUI wreuting club competes in Little State competition this Friday and Seuurchy，watch for a story in the Saganore on the outcome．


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## William F．May，PhD．

Dr May is the Carry M Maguire Profensor of Ethics at Southem Mathodmat Universty，and author of The Phywitianis Covenant Images of the Hacier in Medi．al Fithrs，Nites on the Ethics of Doctors and Lowyens and numerous pournal articies

## Wednesday，December 4th

8：15 a．m．
＂Case Study in Internal Medicine＂Myers Auditornum．Wishani Hoaptial
10：00 a m
－An Ethr Process for the Care of a Dyang Patient：Implicasons for Words and Deeds－Emerson Hall 342
1200 p．m．
＂Tmages of the Healer in Medical Ethics＂－Medical Science B26
2：00 p．
＂Case Siudy in Obeetrics and Gynecology＂Univernity Hoaplial C－261
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## Notices

Continued from Page 2

FRIDAY.

- Italltemetteal Sclonees pereanta Nithernatice Foonomice Xi by C.D. Apprutte, "The Core of en Economy." KB 087. 10:46-11:46 a.m.i and Gractuato Student Applied Mathematioe Semine by B.S. Na, "Btebity end Emureation Vi."
- Speaking at the Chemietry Seminar will be Protessor Richerd Moork of the Universily of Hewell, on the topic, "New Natural Products from Cultured Blue-Creen Aloee," at 2 p.m. KB 231, 38th St. campus.
- There will be a Methemetles Celloqulum featuring Professor L. Hocking, Depertment of Mathematics, Universily College London, London, England, from 3-4 p.m. Professor Hocking will speak on "The Demping of Weves at a Verticel Whr in KB 087, 38 m si, cempue. There wa be a tea from 2:30-3 p.m.. KB 000. Cel 023-1321, ext. 218. Maten Valdee or Dr. Naed Rothmen.


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# Degree worth sacrifice Student/mother sees age advantage 

# BACK <br> $P \quad A \quad G \quad E$ 

by ava serrano

Not everyone has the courage to become a collope frehmanan ar the age of 41. Bun Cerol Woodr doesa't think a linte thing like age should get in the way of a dream.

Carol started at IUPUI pert-ime in the fall of IDM. She is a single working mother of two bat nooecheles regardh her degree as something "worth sacrificing for."

When Carol became a widow in 1981 is mighe have been eary for her to drith along and let lite pass her by. Ater all, she had Jennifer and Kelly. her ceenaged daughters, to keep ber bury. "But I wanted more troen life." Carol asid
'Getting a college degree was something that I have dways lek I should have done. Most of my peen have one [s collinge degree] and I have always felt someching akin to inferiority beciuse I didn't go to collele," and carol.
Like masy students, Carol's first courre af IUPUI was W131, freshman composition course. In thet class she found that being an older student had its edvantapes.
"I have had a lot of experience to drav upon to help me in the clasurocom," the and.

The buxines major she is currently earollad in six bours. Since beginaios her stodies she has completed 18 .
Being a very organized person has been a real plas in helping her manage a home and get an education.

On a typical achool dyy Carol coma home from har fob es wecretary for the Allisonviliz Chritain Church, serves a
dinner which she made preparations for on her lunch hour, and then goes to clas.
Finding time to study has bees one of the hardeat thinge aboat going to achool, sccording to Carol. "Aher a loag day, I sometimes find that I just don't have the energy leth to study," the anid
She, han found real mupport and encouragement from ber children in her endeavor to get a degree.
"Jenailer, my 16 year-old, has been a big help in my algetra class, but she sometimes gets impatient if I don't understand right away."
to spive of thestifitultia and the long years it will take Carol to reach ber gool, she is willing to keep up the eflort. School has given nee something to put my energy into,"
Someday Carol hopes to find a job either man ezecutive secretary or in managernens.


Opens Friday, December 13th At A Theatre Near You.

