



# Principles of Prevention

Prepared for the Marion County  
Early Intervention Planning Council



# Successful Systems of Care

- Prevention-oriented
- Multifaceted
- Coordinated
- Child-centered
- Family-focused
- Community-based
- Effective
- Accessible
- Sensitive to the child's environment
- Well-staffed
- Accountable
- Capacity-building



# A Systemic Approach

- Systemic problems such as drug use, lack of education, teen pregnancy, violence and delinquency can be traced to root problems
  - Poverty
  - Family history
  - Mental, emotional and physical illness
  - Lack of social support
- Root problems should be treated early
  - Prevention and early intervention are more effective and less expensive



# Levels of Intervention

- *Systemic prevention*: programs in place for all children and families.
- *Early intervention*: programs in place for all children and families with one or more risk factors or those showing early signs of trouble.
- *Progressive intervention/treatment*: for children and families that continue to need assistance.



# Levels of Intervention

***Systemic Prevention***

***Early Intervention***

***Treatment***

**All Families**

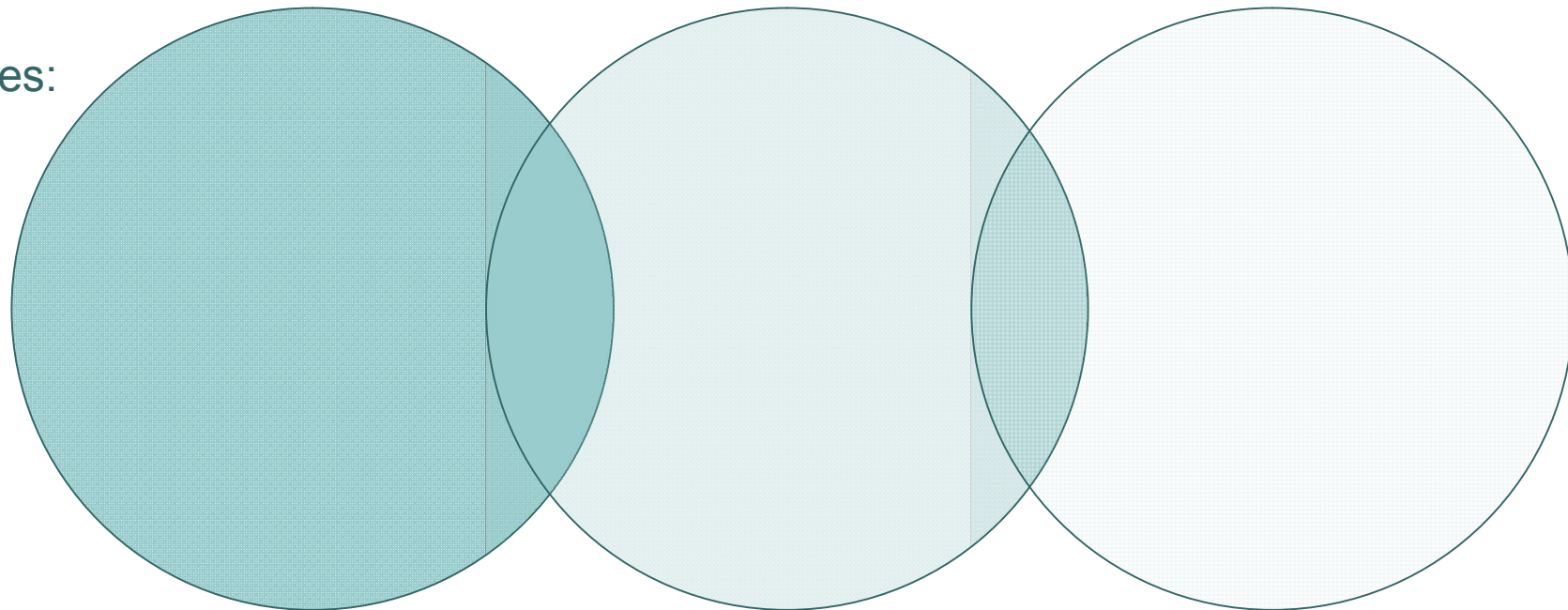
**Families at Risk**

**Families in Need**

Promote Resiliency

Supplement

Provide Care





# Levels of Intervention

## *Systemic Prevention*

## *Early Intervention*

## *Treatment*

**All Families**

**Families at Risk**

**Families in Need**

Promote Resiliency

Supplement

Provide Care

Health & safety education  
Drug & alcohol education  
Abuse education  
Transition support  
Conflict resolution  
Parent involvement  
Recreation & enrichment  
Preventative health care  
Character education

Family support  
Short-term counseling  
Pregnancy prevention  
Violence prevention  
Dropout prevention  
Improved access  
Work programs  
Basic needs  
Child care  
Targeted health care

Special education  
Family preservation  
Long-term therapy  
Emergency/crisis treatment  
Intensive case management  
Disabilities programs  
Long-term treatment  
Rehabilitation

Low

Intermediate

High



# Conditions for Child Success

- Economic and physical security
- Environmental and public safety
- A nurturing stable family environment
- Adult mentors and role models in the community
- Positive peer activities
- Opportunities to exert effort and achieve success
- Health care for medical needs
- Positive educational experiences and acquisition of useful skills
- Access to professional services to treat conditions or needs that may require professional care



# Innovative Models: Education

- Behavioral approaches (early education)
  - Involve parents in rewarding positive behavior
  - Teach effective behavioral strategies
  - Teach parents to be involved positively
- On-site multi-agency wraparound care
  - Integrated services including family and individual therapy as appropriate
  - Flexible, child-centered care
  - Home-based visits or care when needed





# Innovative Models: Social Services

- Intensive Family Preservation Services
  - Crisis intervention
  - Includes wide range of interventions including behavioral, cognitive, and environmental
- Intensive Family Services
  - Interventions focused on whole family
  - Includes parent training, coping skills, skills training, and concrete services
  - Includes availability of flexible discretionary funds (for furniture, clothing, rent, etc.)



# Innovative Models: Juvenile Justice

- Individualized/wraparound care
  - Commitment to developing care based on the needs of the individual child/youth
  - Maintain consensus among key decision makers
- Intensive case management/family preservation
  - Low caseloads; 24/7 case coverage
  - Multisystemic therapy focusing on multiple inputs and environments



# APA Task Force Conclusions

- Reduce the use of restrictive services
- Increase availability of home- and community-based services
- Increase provider accountability
- Increase service integration
- Reform mechanisms for financing of services
- Train providers in the delivery of cost-effective services
- Services should be flexible and individualized
- Services should be comprehensive
- Services should empower families



# A Successful System

- A successful system involves implementation of key values (e.g. child- and family-centered, etc.).
- A successful system provides support at no fewer than three levels of prevention/intervention.
- A successful system provides these three levels of support at every key developmental stage experienced by children, youth and young adults.