

Identifying and Responding to Concerning, Disruptive and Violent Behavior on Campus

Active Shooter Preparedness

Shootings on college campuses are relatively rare occurrences, but tragedies around the country serve as important reminders that IUPUI should be prepared to respond in the unlikely event that an incident does take place on our campus. Three videos are available on this page to help understand and respond during these types of incidents.

<https://www.iupui.edu/prepared/>

The Five “Outs”

- Get Out
- Call Out
- Hide Out
- Keep Out
- Take Out

For more information and discussion on active shooter tips and training, please contact the University Police to schedule a presentation. <http://police.iupui.edu>

Behavioral Consultation Team

The Behavioral Consultation Team (BCT) is designed for early intervention regarding behavioral issues to help support the health, safety, and success of the IUPUI community.

The BCT is a campus wide team that provides consultation, makes recommendations for action, and coordinates campus resources in response to reports of disruptive or concerning behavior displayed by students, staff or faculty.

Examples of such instances include, but are not limited to:

- Behavior that appears to be dangerous or threatening to oneself or others.
- Bizarre or strange behavior such as acting "out of touch" with reality.
- Angry, hostile, or abusive behavior.
- Other behavior that is inappropriate, worrisome, or disruptive.

Concerned Persons Referral Form

- <http://bct.iupui.edu>
- Provide written summary of what has been observed.
- The form will ask you to note observation of appearance or behavior, general observations, and any issues reported or known to you.
- Can be anonymous, but that can limit our possible response.
- Call (317)274-4431 to speak with Chair or Vice-Chair.

All concerns requiring immediate attention (criminal, violent, threatening, or imminent suicidal behavior) should be directed to the University Police.

Some Indicators of Possible Distress

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| • Significant changes in academic/work performance | • Sudden anger and disruptive outbursts |
| • Excessive absences from classes/meetings/work | • Bizarre statements or behavior |
| • Noticeable changes in hygiene/appearance | • Isolation from others |
| • Significant weight loss | • Appearing drunk or under the influence of drugs |
| • Lethargic and depressed behavior in class/work | • Noticeable changes in mood |
| • Inappropriate crying | • Hyperactivity and/or rapid speech |

Some Indicators of Possible Crisis

A crisis is a situation in which an individual's usual style of coping is no longer effective, and the emotional or physiological response begins to escalate to a point where the person may become disoriented, non-functional or attempt harm. Crisis can be a result of an emotionally stressful event or a traumatic change in one's life. If a person is in a serious mental health crisis you may see the following symptoms (in addition to the symptoms of distress):

- Suicidal statements – verbal or in writing
- Violent statements – verbal or in writing
- Destruction of property or other criminal acts
- Inability to communicate (garbled or slurred speech, incoherent thoughts)
- Loss of contact with reality (i.e. seeing or hearing things that are not present, statements at odds with reality)
- Extreme anxiety resulting in panic reactions.
- Highly disruptive behavior (i.e. hostility, aggression, violence)

What can you do to help?

- Do not attempt to be the counselor, but do provide information and referral options regarding available IUPUI and community resources.
- **If you believe that the person may pose a threat of imminent danger of harm to him/herself or to others, call the IUPUI Police immediately by dialing 911 or (317)274-7911.**
- Complete a BCT Concerned Persons Referral Form.

When recommending counseling...

- It is usually best to speak directly and in a straightforward fashion.
- It is not advisable to attempt to coerce or trick the individual into seeking counseling.
- Make it clear that the recommendation represents a best judgment based on observations of the individual's behaviors.
- Be specific and nonjudgmental regarding the behaviors that raise concerns.
- The option should be left open for the individual to accept or refuse counseling EXCEPT in emergencies (i.e. suicidal or homicidal intent).
- When talking with a student, it may be appropriate to obtain the student's permission to contact CAPS while he or she is present and/or offer to walk the student to CAPS to be seen immediately.
- Finally, a follow-up is recommended with the individual at a later date to indicate a continued interest even if he or she did not accept the attempted referral.

REMEMBER...get involved within your comfort level and capacity to help.

Some University Resources

University Police Emergencies	274-7911 or 911
University Police Non-emergencies	274-2058
Safety Escort	274-SAFE(7233)
CAPS	274-2548
Employee Assistance Program (EAP)	962-2622
Health Services	274-8214
Adaptive Educational Services (AES)	274-3241
Office of International Affairs	274-7000
Office of Veteran and Military Personnel	278-9163
Office of Equal Opportunity	274-2306
Student Advocate	278-7594
Office of Emergency Preparedness	274-8152
Student Rights, Responsibilities, and Conduct	274-4431
Housing and Residence Life	274-7457
Dean of Students	274-4431

24-hour Indianapolis Crisis Numbers

Crisis and Suicide Phone Line	(317) 251-7575
Mid-Town Mental Health Center	(317) 630-8485
BehaviorCorp	(317) 574-1252