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Illustration by Laura Hildreth



Sagamore

Responses to comic strip critical, commending

To the editor:

The black man and woman has too often and for too long been portrayed and regarded in an unflattering light. Regardless of the intent, the results are always deeper still.

Black people do not wish to be viewed as subjects (guinea pigs) in feudal attempts to portray the short-sightedness of those whites who still live in the 1800s. Although the mentality displayed is on target, it continues to connote stereotypes that we must abandon when viewing each other as human beings.

The white male adult in last week's *Sagamore Bloom County*, given no explanation as to why "Some things are meant to be... and some things aren't." I feel that it is appropriate to tell your readers in a series of follow-up strips the whys and hows that focus on black's diversity and how we differ — both structurally and functionally, from our white counterparts. Areas of examination should include the extent to which African heritage and slavery have influenced black families, the impact of poverty and discrimination on black life and the racist practices and attitudes that continue and try and hold us down.

To the editor:

As a member of the *Sagamore* staff, I have had the opportunity this past week to overhear criticisms to our regular comic strip, "Bloom County." As you recall, last week's strip dealt with what has always been an extremely controversial issue: black and white.

One of the more recent comments I've heard is that the strip seemed to support a racist view and that it was in poor taste for the *Sagamore* to print it because it seemed to support the racist, bigoted, backward views of this region. Because of the region, this student felt that this type of controversy is better kept quiet, swept-under-the-rug, so to speak.

My own opinion of last week's strip was that it was a slap-in-the-face. But not to the blacks. The author intended to put down bigots specifically and I think he did so brilliantly.

The very fact that this is a comic strip should have kept things in perspective. Comic strips were never intended to be dogma. And this particular strip does not pretend to be

as you do not find it feasible to publish such a rebuttal. It is in poor taste to publish a comic strip containing such a political statement.

And, because of all the unobvious, underlying implications and assumptions present in the strip, a very precise and definitive clarification is in order.

I feel that the *Sagamore* "must" state its position on the ideologies brought forth in Bloom County, and I also request that the criterion used to select such a profound black and white political statement be printed as well. In light of the recent misrepresentation of blacks and all other minorities at the Fall Festival, it only adds insult to injury to see that the *Sagamore* would support such thinking. "Just how blind will America be."

Sincerely,
T. S. Hampton
Senior - School of Business

Furthermore, the role played by the little black girl with "Skin like smooth and creamy chocolate pudding" is an insult to the glory of a majestic force that has held black people and their families together (and countless numbers of whites) for centuries all down through history.

dogmatic, pro or con, black or white.

If anything can be said about Mr. Breathed and his strip, I think he should be commended for taking on this issue. As long as we have racial conflict, bigots on either side, the place for dealing with this issue is not under-the-rug, but out in the open. And the best way, in my opinion, is to get us all to laugh at ourselves, at our own mistakes. Not to be blinded by our own sensitivities.

As far as the *Sagamore* is concerned, I also think it should be commended for running the strip. The *Sagamore* is a newspaper concerned with this university and its students. The very nature of a newspaper is forum-like. Universities are no different. They are a place to open your eyes, to learn, to grow... not to pretend to be unaware of problems, but to face them the best we can.

Personally, I too am sad that this strip has been so misinterpreted. For the most part, the students I have met here in the past five years, see not only in black and white, but in lots of shades of grey.

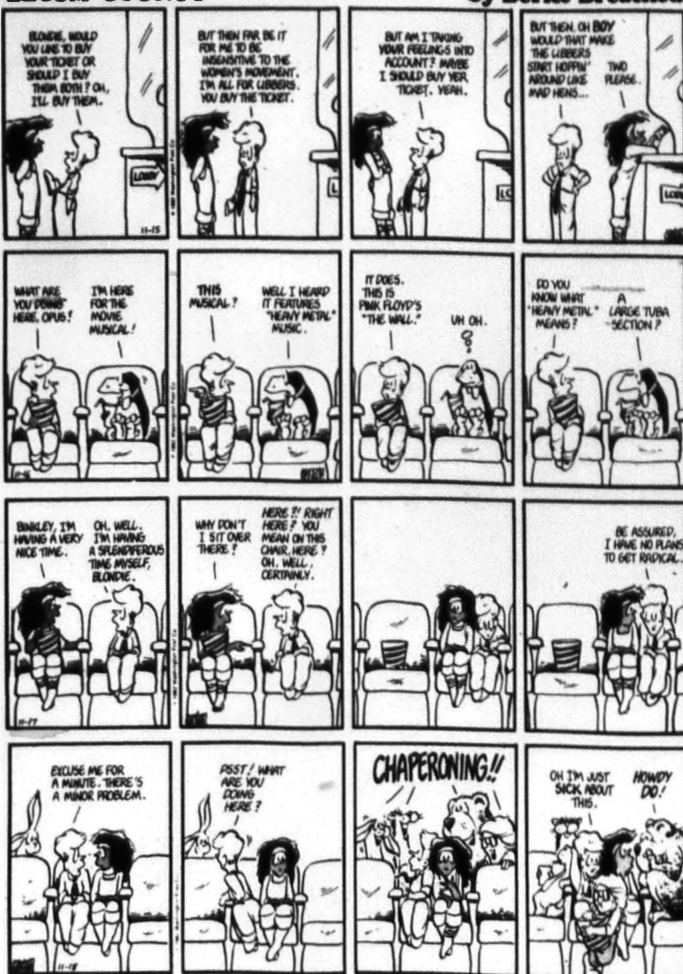
— Toni Bailey
Sagamore Staff

"There's lots of wonderfully deserving places to be looking for racism — but my strip isn't one of them."
Read them again.

—Berke Breathed

BLOOM COUNTY

by Berke Breathed



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Readers see comic as offensive, insensitive

To the editor:
In the last issue of the
Sagamore, you printed a Bloom
County comic strip by Berke
Breathed. Many Black students
felt that this comic strip was
extremely offensive.

In the way the comic strip
was printed, the reader was left
with the impression that
society condones the fact that
intimate black-white relation-
ships are unacceptable.

My question to the Sagamore
is — why did you allow this
comic strip to be printed? Were
you not aware of the effect that
it would have on Black
students? Do you realize that

Black students also read the
Sagamore?

It is clearly obvious that the
newspaper staff was totally
ignorant of the sensitivity of
Black students.

Every Black student that I
had talked to had negative feel-
ings about the contents of this
comic strip. Many felt the
discretion of the Sagamore was
in very bad taste.

In the near future, I suggest
that the contents of your
comic strip be what they are
expected to be — very funny.

— Steven Carter
President
NAACP — IU/PUI

To the editor:
In reference to Nov. 10,
Bloom County, I must have
missed the punching for I
found no humor whatsoever in
the comic strip.

As an Afro-American there
are enough obstacles to over-
come without the school paper
supporting the views of the
racist majority.

Jokes about race-relations are
not only primitive, they also
represent the narrow minded
individuals that build the
obstacles in the first place.

Furthermore, I would hope
the Sagamore could be at least
tasteful in bringing across the
views they obviously support.

Ms. A. G. Hadley

Military needed for peace

To the editor:
Professor Melman and
anyone who agrees with him
forgot to research one tiny
item, the effect of having no
military forces. Without
military forces, there would be
no U.S.A. and no jobs except

for slave labor. I hope that at
some time in the future there
will be no need for armies, but
as long as hate, greed and fear
exist, military forces will be
required.

— Christopher F. Schneider



Bloom County misunderstood

During the past week, Sagamore received many
responses to the Nov. 10 Bloom County strips.

A very different meaning than the original intent
was gleaned by some students from these six comic
strips. Their letters present their interpretation.

Berke Breathed's column appears nationwide in 225
newspapers. The father is always portrayed as a
narrow-minded character; the children and animals as
broad-minded, exploring and accepting of differences.

The father was 'in character' and the little boy's
statement was very much 'tongue-in-cheek.'

We spoke with Breathed who said much more was
read into the statements by students here than he put
into them. When he writes about Prince Charles,
Diana and William he is not making a statement
about 20th century European monarchies. He also said
he felt it obvious in the strip where his sympathies lie.

We also thought his position was obvious.

—LB

'Monsignor' review questioned

To the editor:
In the article on Christopher
Reeve and the movie
Monsignor, Nov. 10, I think
that the writer should state
that the performance of
Christopher Reeve was "dis-
appointing" is "her opinion,"
rather than as if stating a fact.

I personally thought he did a
fine job.

Don Morris

Ed. note:
A review is inherently an
opinion. Every statement in
this type of article is based on
the observations and opinions
of the author.

Correction

We responded incorrectly
to a letter last week from
student Valarie Jamison.
We told Ms. Jamison that
faculty members are
chosen by search and
screen committees rather
than their departments.

Search and screen commit-
tees recommend
applicants but those
recommendations are
subject to review by
department chairmen and
school deans.

— Editor

4 a.m.



"But wait a bit," the
Oysters cried,
"Before we have our chat;
For some of us
are out of breath,
And all of us are fat!"

— Lewis Carroll

"The suffering man ought
really to consume his own
smoke; there is no good in
emitting smoke till you have
made it into fire."

— Thomas Carlyle

Train to prevent cold weather injuries

by JoAnn Shanks

As IUPUI students participate in various winter activities their common sense should dictate the precautions they take to ensure a safe yet fun time, says Jane Smith, physical therapist and supervisor of Community Hospital's Outpatient Physical Therapy and Center for Sports Medicine.

"The most common injuries are to ankles and knees," states the IU-trained Smith, "along with bruises and fractures from falls." In order to prevent injuries while athletically engaged one should follow the four basic rules that Smith outlines. 1) Pick a safe sport. Smith identifies volleyball and racquetball as examples of safe sports. 2) Warm up adequately. Do stretching exercises. When the activity is over, allow an adequate cooling-down period. 3) Consider the environment. This means wearing layered clothing as Smith comments "it is better to have too much clothing than not enough." And she adds, "Cover as much skin area as possible." One should also warm up if cold.

Frostbite warnings are when sense is lost or the skin turns white. The last of the four rules deals with equipment. 4) Be sure your equipment is in proper shape.

Smith cautions that runners might want to change to shoes with more cushion because winter surfaces are harder. She adds that it probably is best if they "try to start their running program in the spring or fall" for training purposes. According to Smith, one should "warm up well in the winter. The colder a muscle is, the less efficient it is."

"Skis should be sharp and waxed," remarks Smith. Skiers should also "take advantage of the newest technology," she continues.

When ice skating, one should be sure that the skate blades are sharp and that the skates fit properly. One should make sure that the ice is in "good shape" — smooth — when either skating or playing hockey.

For racquet ball, Smith advocates the use of good eyeguards and wrist straps as well as taped racquet handles.

(continued on page 11)

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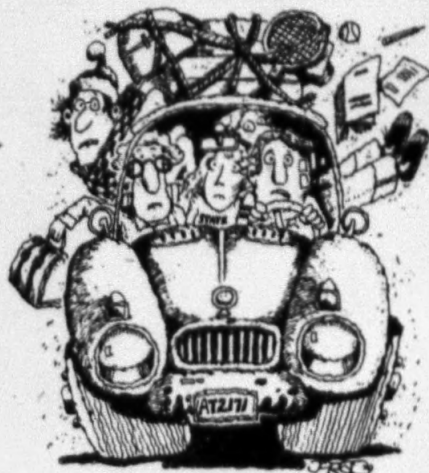
— Rodney Dangerfield

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BLOOM COUNTY

by Berke Breathed



Jazzercise devotees dance to the music

by Pam Koons

It was almost too much to understand, the fuchsia balloons, the food, the energy and the music coming from the stereo: *Elvira, Elvira. My heart's on fire for...*

"What's he singing?"

With all of the bent torsos and looks of concentration on all of those faces, this should not have been a party. But it was.

Jazzercise class members held an open house of sorts at the beginning of November, allowing their friends and family to get a glimpse of what this program is all about. Many readers at this point are thinking, "Oh, so now people exercise to jazz." Well, it is not quite that simple.

Jazzercise is really an international jazz/dance/fitness program. As instructor Rita Lingman explains, "It is a total body workout, not only concentrating on the cardiovascular system, but also on balance, coordination, flexibility, posture, muscle tone and stamina." Whew! She should have been tired just from saying that. But she was far from it.

Lingman has nine Jazzercise classes, two of which are taught at IUPUI through the continuing studies program and one which is the only senior citizens class in Indianapolis. She became interested in class instruction while she herself was a student in Jazzercise. She has been teaching about one and one-half years.

Originating in Carlsbad, California, by Judi Sheppard Missett, Jazzercise is nearing its 10th anniversary, and its third anniversary in Indiana. Missett creates and subsequently videotapes all of the steps which the instructors may use for classes. Only on special occasions, such as

Christmas, are the instructors allowed to make up their own additional routines.

"What also makes us different from other programs is that to be an instructor you have to be certified," Lingman commented. "You must go through Jazzercise training, in workshops which are found all across the United States."

She went on to say that it is a professional operation, with pre-auditions and physiology exams which must be passed before an individual may become an instructor. "After that," she continued, "the instructors are monitored and critiqued twice a year."

The perky blonde, standing about five feet, seven inches shoeless, dressed in a light blue and white striped body suit and white tights, also added that besides all of this, her class has fun, too. She only seems to be more invigorated after the workout. In fact, she noted with a smile, "If I don't exercise, I feel tired."

But can Jazzercise really "invigorate" the tired, over-worked, swamped-with-assignments college student?

One IUPUI student attending the party agreed with Lingman's views.

"Your body deserves a good workout, not just your mind," commented Tamara J. Engle, senior at IUPUI. "The classes only take 45 minutes, twice a week to work out the tension of study."

Engle has been in the Jazzercise program for nearly two years, having joined Lingman's IUPUI classes in September. She joined the program out of interest and coaxing from a best friend. "We thought it would be easier to shape up if we could have fun doing it," the brown-haired petite explained. She then went on to tell what Jazzercise has done for her.

"Well, I can wear size seven Calvin Klein jeans now," she laughed. "It has improved my posture, flexibility and my muscle tone."

Asked if she will stick with the program, she answered with a definite yes. "I enjoy the whole fun-physical exertion." She would even like to go four times a week, after she graduates this semester. "You do feel good mentally and physically. It's worth the strain and the sweat," she said.

Speaking in self-improvement terms, she concluded, "No pain, no gain."

So come on baby, dance that dance...

"Kick! One leg, then the other!"

Let's dance the last dance tonight.



Tamara Engle (Photo by Pam Koons)

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Frostbite, exposure risks of winter outings

Outdoor winter sports require more than skill to have a good time. The rush of a perfect run down the expert slope will fade quickly if your fingers or ears freeze.

Frostbite and exposure to cold can be prevented by simple measures.

Dress properly for the weather you'll face. Wear layers of medium-weight clothing topped by wind and waterproof outer garments. Face, head, ears and hands should be covered and feet need extra socks and warm, waterproof boots. Your clothes should not be so tight as to restrict circulation.

Stay dry. If you get wet, seek warm shelter, drink hot fluids and change clothes.

Know your own physical limits and how long you can stay outside. Cold, wet and windy weather will drain your resistance quickly, as will fatigue or a recent illness. Do not drink alcoholic beverages, smoke or bathe just before going out.

Learn to recognize symptoms of overexposure to cold.

Frostbite is the freezing of skin tissue. It is most likely to affect small areas such as ears, nose, cheeks, fingers and toes. The first sign probably will be slightly-flushed skin, followed by a white or grayish-yellow tint. The victim may feel pain, intense cold or numbness. Often, frostbite is not noticed until the skin has turned a pale, glossy color.

Hypothermia is a condition in which the body is no longer capable of warming itself. The person may be sleepy, numb or disoriented and have trouble moving and seeing.

In both cases, the object of first aid is to warm the victim. Treat frostbite by warming the injured area in warm water, about 102 to 105 degrees Fahrenheit, or by wrapping the area in warm cloths. If a thermometer is not available, test water temperature by dropping some on the inside of your forearm. It should feel warm.

Do not rub the area or treat it with anything hot or cold. Protect the injury from further harm, keep the person warm and get medical help immediately.

With hypothermia, the object also is to warm the victim. Get him inside, remove wet or cold clothing and replace with

warm, dry clothing or covering. A tub of warm, not hot, water will help but dry him thoroughly afterwards. If no other source of warmth is available, strip the person's clothing, get him into a blanket or sleeping bag and crawl in with him, nude. Your body heat will help warm him. If he is conscious or regains consciousness, supply warm drinks.

Again, seek medical help, no matter how recovered he seems.

The foregoing tips are gleaned from Red Cross first aid manuals. Training in first aid procedures is offered by the IUPUI School of Physical Education and the Red Cross.

These suggestions, however, are offered only as guidelines and do not replace the skill and knowledge of trained medical personnel. You need their help.

Film Series

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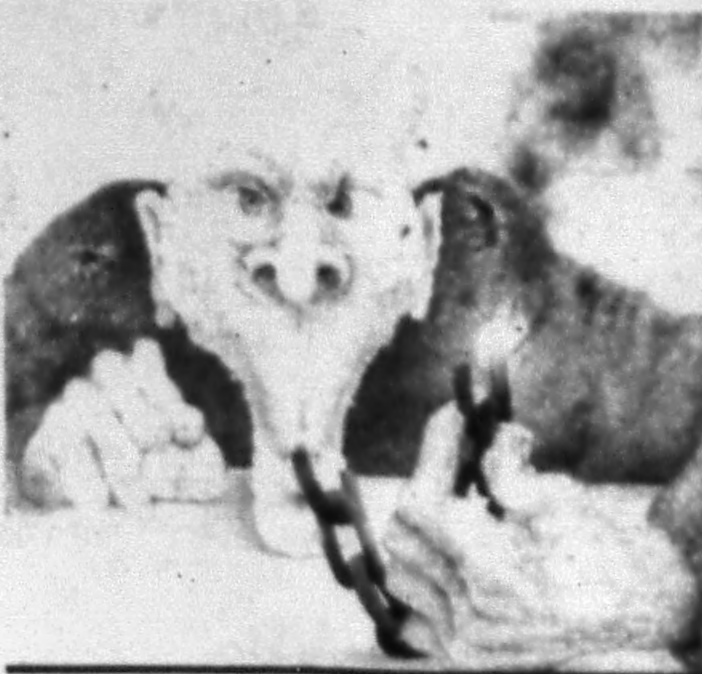
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"The wretcheder one is, the more one smokes; and the more one smokes, the wretcheder one gets — a vicious circle."
— George du Maurier

Thursday, Nov. 18 will be the sixth annual nationwide Great American Smokeout. Smokers everywhere are urged to go without tobacco for at least 24 hours. The 1982 goal of the Smokeout is to get at least one in every five smokers to give up cigarettes from midnight to midnight on Thursday.

Art by Laura Hildreth

Men's basketball team tall, talented

by Matt Shrum

"Wait till next year," is the familiar cry of teams as their season comes to an end. If IUPUI's men's basketball team is to have a "year" this would appear to be it.

Led by senior guard Ron Angevine the Metros have an excellent blend of youth and experience to go along with the tallest team in IUPUI history. Bob Lovell takes over as interim coach for Mel Garland and Lovell has already lauded Angevine as the best NAIA guard in the state.

"I expect this team to contend for the district championship," states Coach Lovell candidly. "Those may be lofty expectations but that is what we ultimately want to do."

The Metros' experience stems from returning starters Angevine, Eric McKay and Reggie Butler. Butler, 6'8", returns from a knee injury that forced him to be redshirted last year. McKay, 6'5", "does a lot of things well" according to Coach Lovell. Lovell added

"McKay puts pressure on the defense since he can take the ball to the basket, pass and is a good offensive rebounder."

Other top returners are Aaron Thompson, Daron Thompson, Scott Boles, Jim Clemets, and Jaye Jump. Newcomers to the Metro camp are Kit Tramm, Kayle Funkhouser, David Tucker, Gordon Graves and Dave Corder.

Height has always been the Metros' greatest problem but the addition of the 6'9" Tucker and the 6'7" Tramm gives Lovell the "trees" the Metros have lacked in past years. Coach Lovell said there will be times when Tramm, Tucker and Butler will be used along the Metro front line. Add the 6'5" McKay at one guard spot and six-foot Angevine at the other and the Metros have possibly the tallest NAIA team around. Tramm will not be eligible until January.

Angevine will start at one guard spot with the Thompson twins and Funkhouser being

the leading candidates for the other spot. McKay and Butler appear to be starting forwards with Tucker starting in the middle. Lovell said he has confidence in his bench and considers all 13 players as potential starters.

Lovell added the starters will depend on match-ups with each opponent.

The Metros open the season Saturday at Kentucky Wesleyan. Wesleyan is ranked in the top five in the NCAA division II. Lovell said they are one of the top two teams on the Metro schedule.

Lovell said he feels this is "a great way to open up our season. We will have to play an intelligent game," Lovell continued, "We want to go down there and play our game."

The Metros come home next Saturday to play their home opener against Purdue Calumet, a team that defeated IUPUI twice last year. Purdue Calumet figures to be one of IUPUI's toughest challengers in district play.

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Wellness becoming a way of life

by Paula Reynolds

It may have begun as a fad, and hovered in the background for a long time, but it seems to be here to stay.

"It" is health promotion and wellness — physical and mental well-being which leads to a productive, satisfying life.

According to Pam Wright, program coordinator for the Riverview/St. Vincent Health Promotion Center, "Wellness is a lifestyle concept. You are responsible for your well being. By exercising, eating nutritionally and learning techniques for stress management, you promote your own wellness."

George T. Lukemeyer, M.D., executive associate dean for the School of Medicine, indicated that the individual's responsibility for himself has not changed over the years. However, today, people are more aware of their role in caring for themselves.

University Hospital employees have demonstrated their interest in health promotion by participating in a variety of luncheon lectures offered through the hospital's Human Resource Development Department. Program ideas are gathered from employees and geared toward their interests and needs.

"Our most popular courses concern health maintenance, much more so than other programs," Leon McKenzie, M.D., director of Human Resource Development and professor of adult education explained.

Among the many topics offered are CPR, Bicycle Commuting for Exercise, Toxic Shock Syndrome, National Sports Festival, Herpes II, and Emotional and Spiritual Factors in Illness.

"CPR courses always draw a big crowd. Also, people are not always aware of the debilitating effects of illness which makes the Emotional and Spiritual Factors in Illness a popular course," Dr. McKenzie added.

Dr. McKenzie commented that his graduate students conducting research have found that health education and wellness are foremost in the needs assessment of adults.

"Fads come and go, but health promotion is not a fad, it is here to stay and will be built into future lifestyles because people have a deep

interest in their well-being," Dr. McKenzie concluded.

Lifestyles which promote healthful living are encouraged from a different angle by physicians at the School of Medicine.

"The school's mission is to provide society with physicians who are biological scientists and are aware of the privilege of taking care of other human beings," Dr. Lukemeyer explained.

Although there are not special courses offered, faculty members continuously point out the importance of healthful living (no smoking, nutritious eating habits, exercise, adequate rest, and avoiding dangerous activities) and stress the need for disease prevention.

"Our students are keenly aware of the need for vaccinations. Such diseases as polio and smallpox have been virtually eliminated because physicians have researched and implemented preventative measures," Dr. Lukemeyer said.

In addition, most physicians are supportive of programs which encourage self-responsibility and are delighted people take the initiative in avoiding illness.

One program which is very popular is the concept of a wellness center.


St. Vincent's Hospital operates two non-profit wellness centers located in Carmel and Zionsville. A third center, The Riverview/St. Vincent Health Promotion Center, located in Fishers is a cooperative venture between St. Vincent Hospital and Riverview Hospital of Noblesville. This is also a non-profit organization.

The Fishers center officially opened Sept. 23. It offers a variety of programs focusing on physical fitness, nutrition and stress management.

"Each center gears its programs toward the community it serves. For example, in Fishers there are a number of housewives and young children interested in our classes," Wright said.

Some of the courses offered include: Maternity Physical Fitness (exercise); Stress Management, Assessment and Relaxation Techniques; Aerobics; CPR; Treats for Tots; Fit by Five (exercise for toddlers); Effective Babysitting; and Well Women Seminars.

(continued on page 13)



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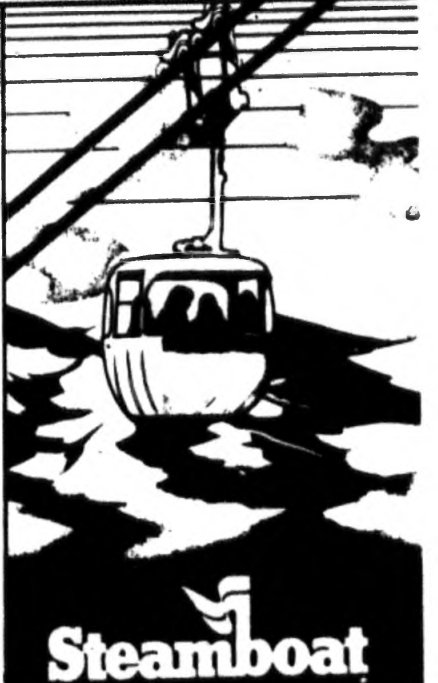
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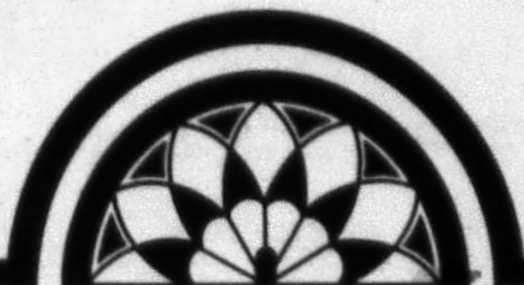
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Shorts

POLSA presents a Pre-Law Seminar, Wednesday, Nov. 17, noon to 1 p.m. in Cavanaugh 439. Questions to be addressed will include topics such as what law school is like, what it takes to get into law school, and how one prepares for the L.S.A.T. The discussion will feature G. Kent Frandsen, law school dean of admissions; Stephen Sachs, political science pre-law advisor; and Norman Merkler, University Division pre-law advisor.

The Hellenic Student Union will meet Wednesday, Nov. 17, at 5 p.m. in Cavanaugh 137. Everyone is welcome. *Gia Sou.*

Season tickets for the IUPUI home basketball season are on sale now at all campus bookstores and in the physical education office, located on the third floor of the Physical Education/Natatorium Building. The adult season ticket price is \$23 for 12 home games. Tickets may be purchased separately at the door for \$2.50. Students are admitted free to all home games with proper identification.

The Psychology Club of IUPUI will welcome Father Justin Belin, O.F.M., to speak on "Mind Control" Thursday, Dec. 9, 7:30 p.m., in the Krannert faculty lounge. Father Justin is associated with Alverno Retreat Center in Indianapolis and has lectured extensively in this country as well as in Israel, Greece and Italy. All are invited to attend this exciting meeting. Refreshments will be served.

Lockers may be rented for \$3 per semester by contacting the Student Assembly office in Cavanaugh 001C. Lockers are available in Cavanaugh and University Library and may be used until the last day of finals. Each locker has a compartment for hanging clothing and another for books. Smaller coin-operated lockers costing a nickel each time are in the Cavanaugh basement lounge.

Come to an open house at the newly/remodeled IUPUI Student Union Building Thursday, Nov. 18.

The chemistry seminar today features Professor George Pfeiffer, Department of Chemistry, University of Nebraska, speaking on "Sudden Approximations and Energy Transfer," at 4 p.m. in Krannert 231. Coffee and refreshments will be served by the Chemistry Club at 3:30 p.m. in KB 249. The next seminar will be Dec. 1, after the Thanksgiving break, and will feature Professor Leon Stodulski, Department of Chemistry, IUPUI.

The International Student Bible Study group will meet Friday, Nov. 19 at 4 p.m. in Cavanaugh 305. All international students are welcome to attend.

The members of the Black Student Union, in cooperation with other student organizations, are asking for your participation in their Annual Canned Food Drive. The drive began Nov. 8 and will end Dec. 15. Donations should include canned and any other nonperishable goods. Contributions will be received at the Black Student Union office, Cavanaugh 001B or call 264-2279 and a representative will pick up your donations. If you need further information, please call Jackie T. Boards at 264-2279.

The pink-and-green ladies of Alpha Kappa Alpha Sorority are sponsoring a toga party Friday, Nov. 19 at Homestead Apartments clubhouse, 3414 and Georgetown Road from 9 p.m. until 1 a.m. Admission is two canned goods for Greeks; \$1 plus two canned goods plus toga; \$1.50 plus two canned goods and no toga; or \$2 for "deadbents." The purpose of the dance is to help supply food for needy families and have a good time.

The Association for Workplace Democracy will hold a chapter meeting Thursday, Nov. 18 at 4 p.m. in Cavanaugh 137. Everyone is welcome.

Associateship programs will be available for 1983 in several fields from the National Research Council. Stipends will be offered in atmospheric and earth sciences, chemistry, engineering, environmental sciences, life sciences, mathematics, physics and space sciences. Deadlines for applications is Jan. 15, 1983 and awards will be announced in April. Information and applications may be obtained from Associateship Programs, JH 610-P, National Research Council, 2101 Constitution Avenue, NW, Washington, DC 20418 or call (202) 334-2760.

Baby food labels from all types of Heins baby food products are being collected by the Cheer Guild for Riley Hospital for Children. Heins will pay the group three cents for every label. Send yours to Cheer Guild of Indiana University Hospitals, c/o Riley Hospital for Children, Room 403, 1100 West Michigan, Indianapolis 46223.

The Psychology Club of IUPUI will meet Thursday, Nov. 18, 7 p.m. in the Krannert faculty lounge. "Parenting" will be the topic and the speaker will be Angela McBride, chair of the Department of Psychiatric/Mental Health Nursing and adjunct professor in the Department of Psychology. There will be discussion and refreshments will be served. All are invited to attend.

The Indiana Office of Campus Ministries is sponsoring a discussion about rising student costs, Tuesday, Nov. 30, in the Kraft Conference Room of the Krannert Memorial library, at Indiana Central University, from 9:30 a.m. to 2:30 p.m. The seminar speakers include Senator Larry Borst, chairman, Indiana Senate Finance Committee; Representative Marilyn Schultz, House Ways and Means Committee; and Shirley Boardman, director of student financial aid, IUPUI.

The Jewish Community Relations Council of Indianapolis will present a seminar on "The Media and Israel" Nov. 22, at 7:30 p.m., in the auditorium of the Indianapolis Hebrew Congregation, 5501 N. Meridian Street. Numerous speakers will address issues such as the factors influencing mass media reporting in the United States and how the media has changed its coverage of Israel over the past decade.

The English Club will hold a reception for new and prospective members Thursday, Nov. 18. The reception will be held in Cavanaugh 607 from 4 to 7 p.m. Everyone is welcome to drop in anytime. Refreshments will be provided.

Run your legs off with IUPUI's new Track Club! We would like all you dedicated and inspired runners to come expend your energy on IUPUI's fantastic track facilities. For further information, please call Nancy Happel at 649-3877.

Sagamore

Sorry, wrong number

Ed. note: Phi Delta Phi, a professional legal fraternity at the IU School of Law-Indianapolis, writes this column for general information only. They advise readers experiencing legal problems to seek counsel from an authorized attorney and not to rely on this column for legal advice. Submit your legal questions to the Sagamore, attention: Phi Delta Phi, 425 Agnes Street, Indianapolis, IN 46202. The fraternity will attempt to respond to your question in a general manner.

use? Can the phone company get away with this?

— signed,
Wrong Number

Dear Wrong Number,

It appears that you have been harmed. However, the law requires some method of determining the extent of your injury. The problem falls under the general area of contract law. Generally, in contract, the only type of damages which may be sought are those which can be actually proven. The court will attempt to place both parties back into the position where they would have been, had the contract been carried out correctly or never entered into in the first place.

Damages are extremely hard, if not impossible, to prove if a business is relatively new and the proprietor is claiming an injury to it. Slow business before and after injury indicates very little harm because it did not change. Had the business been established and the proprietor could show a drop in business, then the court would give the decrease a lot of attention.

In your case, because business did not change, the court would probably put you back in your original position before the contract, that is, without an ad. Because the ad was incorrect, you would probably receive its cost. As a suggestion, you should probably explain the problem with the phone company and ask for a refund until the problem can be corrected in the next phone book.

Hypothetical problem:

I am currently a student at IUPUI and I am writing to you to see if I have a potential case against the telephone company.

Several months ago, I decided to start a part-time business for myself. To advertise my new endeavor I took out an ad in the Yellow Pages. The ad I wanted was very simple. It included only my business name, address and phone number. Since business was slow, I anxiously awaited the publication of the new phone book to help spark life into the business.

When the book finally came out, I was extremely dismayed to find that the phone number of my ad was wrong. I feel that my business has been harmed and that I am losing potential profits every day. Do I have to pay for the ad since it is of no

Sports medicine *(continued from page 5)*

"Anytime you start a new activity, build up to it," comments Smith. She states that it is advisable for one to find an experienced person to participate in activities with him or her. Smith notes that it is important to "know the rules of the game" before playing. If you are injured while being active, Smith offers this advice: 1) Rest the muscle or body part; 2) Ice — put an ice pack on it; 3) Compression — this usually means an ace (elastic) bandage, and 4) Elevation — prop the injured limb above the heart. If the problem persists, she advises consulting a doctor. After a sports injury, the best

guide to when to resume the activity is pain. Again, Smith remarks that one should "progress into the activity" to regain strength after being injured. Joint injuries, persistent pain, deformity, uncontrolled bleeding, loss of function in a limb, or an inability to put weight on a body part are all indications of a need to see a doctor that Smith identifies.

Although, as Smith states, there is "no magic formula" to preventing injury while participating in a sport, if one uses common sense, he can have a greater chance of safety.



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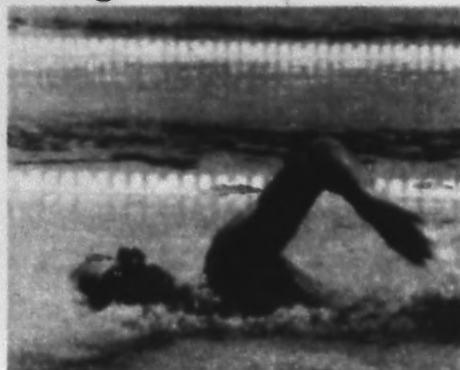
Classes begin
Dec. 4th

Sports growing at IUPUI

by Sam Smith

With more than \$27.4 million worth of new athletic facilities, sports are booming at IUPUI. School of Physical Education Dean Nick Kellum notes that more than 150 students are currently majoring in physical education at IUPUI. The students can now enjoy the newest and finest facilities in the oldest-existing PE school in the country.

Students enrolled in PE classes are not the only ones who may use the sports



The natatorium's competition pool is available daily for a \$2 user's fee. (Photos by Mike Streib)



A beginning gymnastics class is offered through the School of Physical Education.

facilities. Any IUPUI student, faculty or staff also may do so.

Informal recreation hours are part of a two-fold intramural program, explains Jeff Vesely, director of intramurals and facilities at IUPUI.

The second part of the intramural program includes organized team sports and activities. Second semester intramurals include: basketball (entry deadline, Jan. 11); power volleyball (entry deadline, Match 8); a badminton tournament March 24; and three new

events yet to be scheduled — a racquetball tournament, swim meet and track and field meet.

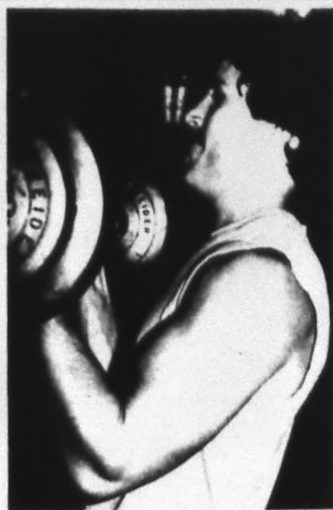
Intercollegiate team sports at IUPUI include men's and women's volleyball and basketball in the fall and winter, respectively, and men's baseball and women's softball in the spring.

Amy Ahlersmeyer, sports information director for IUPUI, believes the new facilities will help student involvement and fan support of intercollegiate teams.



Not for men only

Health clubs today are finding an abundance of women weight-lifters working with free weights and with machines. Bill Furgeson (right) is one of the 'male majority' at Zike's Nautilus Fitness Center, but Sandy Duffin gets her due respect.



She is a regular at the weight machines and she is a top competitor in this state for female body builders.

Photos by Mike Streib

Season looks bright for women basketball players, coach

by Matt Shrum

IUPUI's women's basketball team returns 10 players from last year's 15-10 outfit but only three of the 15 players on the 1982-83 team are seniors.

First-year Coach Jim Price returns the starting five intact plus five other players who saw action in at least half of the games last year, along with five newcomers. In preseason workouts, one of the last year's top reserves has already managed to break into the starting five.

The Metros' top returner is junior Judy Cummings. Cummings was a member of the 1979 Indiana All Star team and is the all-time leading scorer in Indiana girls' high school basketball.

Cummings came to IUPUI after suffering a preseason back injury at Illinois State University. As an IUPUI freshman she led the team with a 25.1 points per game average. Last year Cummings led the team with a 17.9 point average and also led the team in total rebounds, defensive rebounds and field goal percentage. Cummings is the Metros' returning starter at power forward.

Following Cummings in the scoring race last year was Sue Bass. Bass, a junior, also played on the 1979 All Star team. After playing her

freshman year at Indiana University, Bass sat out a year then transferred to IUPUI last year. Bass averaged 12.2 points per game last year and edged out Cummings in steals with 46 compared to 45 for Cummings. Bass moves from off, or shooting guard last year to point guard this year.

The only senior in the starting line up this year is Barb Spears. Spears moves from the small forward position to shooting guard this year. Spears was third on the team in scoring last year with a 10.9 average and was second in field goal percentage.

The Metros' returning starter at center is sophomore Sheila Smith. Smith was the only freshman in the starting lineup last year and her development as the Metros' pivot allowed Cummings to move outside. Smith finished second on the team in total rebounds and led the team in offensive rebounds while averaging 6.8 points per game.

Chris Nichols, a sophomore, broke into the Metros' starting lineup in the preseason play. Nichols was the sixth man last year but will start in the running forward slot. With Cummings at 6', Smith at 6'11" and Nichols at 6'10" the Metros have an imposing frontline for this year and next.

Other returners for the Metros are guards Chyrell Saunders, Tracy Taylor and Lisa Baker and forwards Kim Galyan and Marty Kalb. Kalb and Saunders are seniors. Galyan is a junior and Taylor and Baker are sophomores.

Newcomers to the Metro camp are Gus Helm, Chrysal Hudson, Pauli Irwin, Karla Eads and Lisa Ellis. Helm is a transfer from Indiana Central while Hudson, Eads and Irwin are freshmen and Ellis is a sophomore having played at IUPUI two years ago. Helm and Saunders will not be eligible until January.

Price comes to IUPUI after playing seven years in the National Basketball Association. Price was an Indiana All Star in 1968 out of Indianapolis Tech and played his college ball at Louisville. In 1973 Price was on the NBA All Rookie team and in 1975 he was an NBA All Star. Price was an assistant coach at Louisville before coming to IUPUI.

IUPUI's women's basketball team will open their season on the road Dec. 4 at Eastern Kentucky and Dec. 6 at Indiana University Southeast. The Metros return home to host Marian, Indiana Central and Butler in the Indy Classic Dec. 10-11.

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Wellness (continued from page 3)

The popularity of the wellness/health promotion centers is demonstrated by the number of clients attending courses.

"In the past three years, 650 new people have signed up for courses each month at the three centers," Wright said. "We predict that in five years the centers will be self-sufficient financially."

Wright attributes part of the centers' success to the broad program presented by professionals concerned with wellness and health promotion.

"We work in conjunction with physicians from St. Vincents and Riverview as well as other professionals in the community to offer a safe, well-rounded educational program," Wright explained.

Although the center does not offer medical services, its name

is sometimes confusing to the public.

"Generally the community is very supportive of our programs, however, sometimes people don't know what a health promotion center is. One day a lady brought her sick child in for treatment. Others have called thinking this is a psychiatric center, and some people think I am an insurance agent," Wright laughingly confided.

The health promotion center is an agency which teaches people to take care of themselves although it remains the responsibility of each individual to maintain his health.

There are many opportunities during the winter on the IUPUI campus for students and employees to maintain their health. The Union

Building offers swimming, sauna and weight room, while the School of Physical Education, tennis courts and sports complex offer additional facilities for exercise and physical fitness training.

Dr. Lukemeyer does not believe that there will be a central facility or center focusing on health promotion on the IUPUI campus; however, he hopes to see the School of Medicine and the School of Physical Education cooperate to provide a coordinated program of education and training for interested individuals.

He concluded, "We have all of the ingredients for a successful program if the facilities are used by individuals to an effective self-directed plan of exercise and nutrition."



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LOST: A light green, 1985 Chevrolet Malibu convertible (black top) was stolen from the vicinity of 6th & College on the morning of October 24th. If you have any information, please call 255-7038.

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solitary - I've been wondering from dawn to dusk: Why is it that people yearn? Then when that yearn is finally done: Can you tell me where its gone?

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