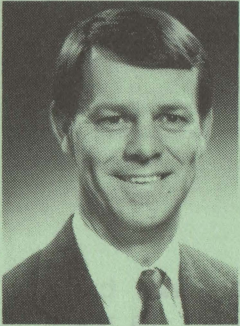


## SEILER TAKES VICE PRESIDENT POST IN FOUNDATION



Timothy L. Seiler has been named IU Foundation vice president-Indianapolis, the office responsible for corporate and foundation fund-raising, annual giving, major gifts fund-raising, planned giving and prospect research. Seiler, who has been acting director of the 12-member office, is credited with playing a "pivotal role in the great success of The Campaign for Indiana in Indianapolis," said Curtis R. Simic, president of the Foundation. Over the course of the recent Campaign, Seiler's office received \$131 million, more than double the initial goal for this area.

Last fiscal year, his office received \$17.7 in private gifts. A native of Evansville, Seiler received his bachelor's degree in 1968 from St. Joseph's College, Rensselaer, and his master's and doctoral degrees from I.U. Bloomington. His professional and civic memberships include the National Council of Fund Raising Executives, the Indiana Council of Fund Raising Executives, the Council for the Advancement and Support of Education and the Downtown Kiwanis of Indianapolis. He and his wife Karen and their children Mark and Emily live in northeast Indianapolis.

**SPEAK OUT: OPEN MEETING SET ON FAMILY LEAVE, EARLY TIAA-CREF RETIREMENT** Faculty and staff are invited to express their views regarding two subjects: (1) family leave and (2) early retirement for TIAA-CREF employees enrolled in the 12 percent contribution plan, during a public meeting Mar. 28, 11 a.m.-12:15 a.m., auditorium, School of Nursing building. Margaret M. Mitchell, assistant vice president for human resources for I.U., will be there to solicit input and feedback on the topics.

## \$2.50 SCIENCE SYMPOSIUM AND FAIR SHOWS LEARNING BEYOND TEXTBOOKS

Parents, teachers and others who care about children and learning are invited to the School of Science annual Informal Learning Symposium and Fair at the school on 38th Street, Apr. 25. The cost is only \$2.50 and that's for the pizza and Pepsi meal at 6 p.m., but you must register no later than Apr. 13. The event opens with coffee at 4:30 p.m. From 5-6 p.m. is the presentation, "Creative Uses of Informal Learning," by Sandy Jessup Prevost and Karol Bartlett, physical and natural science curators for the Indianapolis Children's Museum. Then at 6 p.m., you can visit more than 50 booths of different organizations with kindergarten-12 science activities. They include scouting, 4-H, zoos, museums, and on-line computer networks. Other exhibit topics include geography and science, young astronauts, field trips, state department programs, travel displays and hobby clubs. Sponsors are the School of Science, Hoosier Association of Science Teachers, Inc., and the National Science Teachers Association. To register, or for more information, call Yvonne Harris, 4-0634.

**THE CENSUS: HOW THE PIES GET CUT DEPENDS ON WHO GETS COUNTED** While your individual census form will not be shared with police, the IRS or any government agency, data from it will decide how much of the political, economic and social pies we get in the future. The University is urging us all to stand up and be counted, else it is estimated that for each uncouneted person, the city alone can lose \$1,700 a year in federal funds for education, training, infrastructure and community development. Without you, communities and the state also have much to lose and nothing to gain. Invite yourself to the 21st Century by being in the 21st census.



### EDUCATION'S GODIO WINS HINE MEDALLION



Nelle S. Godio, the only IUPUI graduate to serve as president of the all-university School of Education Alumni Association, was the guest of honor Mar. 19 during the 17th annual IUPUI Alumni Leadership Dinner at the Circle Theatre where she was named the 1990 recipient of the Maynard K. Hine Medal. Godio holds bachelor's and master's degrees from the School of Education at IUPUI and was honored for her unique and significant contributions to IUPUI. She retired in 1982 from Crossroads Rehabilitation Center, where she taught developmentally handicapped adults.--S. Rogers

### Celebrating Handicapped Awareness Month:

#### THERE'S A COPIER FOR THE HANDICAPPED

Through the concerted efforts of several units on campus, a special copy machine, built lower and handier to operate from wheelchairs and personal motorized vehicles, is now available on the second floor of University Library. It is placed in a low traffic area, close to periodicals and other materials that cannot be taken from the library. The cost is 5 cents per copy, the same as other campus copiers. The copier was built and supplied by Cooperative Copier Company and is made possible through the joint efforts of Disabled Student Services, the Anthropology Dept. (anthropology practicum), Honors Program (SUR research) and the Periodical Dept. of University Library.

#### LE 101 LIFTS OFF WITH FACULTY SYMPOSIUM

LE 101--IU's biggest classroom and one of the nation's top electronic classrooms--got a "go" last week and celebrated by hosting the 1990 Edward C. Moore Symposium, the annual faculty event to celebrate teaching and update learning technologies. Garland C. Elmore, associate dean of the faculties responsible for learning technologies on campus, said, "The renovation connects LE 101 to the world." He said LE 101 contains computers that include a keyboard and processing unit built into the lectern and connected to local, regional and national networks. And via the IUPUI Coaxial Broadband Network, IHETS and satellite, the room is capable of classroom-to-classroom, as well as worldwide sending and receiving. The complexity of the technology involved is simplified through the user interface system, a small device similar to a television remote control pad that makes it possible for instructors to control projection, lighting and sound. Erwin Boschmann, associate dean of the faculties responsible for faculty development, said that faculty is being prepared to make the best use of LE 101 and added: "Our aim in all of this is not to celebrate technology, but to refine it into a powerful tool that allows for a more efficient education process."--S. Rogers

**PE SEEKS PEOPLE AND PLEDGES FOR PRESSING ISSUE** LiftAmerica, a maximum bench press event to benefit Special Olympics, is set for campus Apr. 12. Students will solicit pledges of 5 cents or more per pound. They will win individual prizes based on the amount of money pledged and collected. (Collection is done by mail by LiftAmerica). Coordinators are Julie Blevins and Bettye Ellison, associate instructors in the School of Physical Education. All IUPUI students can participate and faculty and staff are welcome to make pledges. The event also benefits the National Strength and Conditioning Association. Call 4-0621 or visit the School of Physical Education, room 271.





#### NEW CAMPUS MEDIA SPECIALIST IS AWARD-WINNING TV REPORTER

Sandy Matthys Roob (pronounced robe) has joined the Office of Media Relations (News Bureau) as writer/editor and media specialist. She was an anchor and reporter at WNDU-TV/AM/FM in South Bend, where she covered general news, generated assignment ideas and field produced and wrote news reports. In 1988 she won the Associated Press Award for Best News Series for a five-part series called "Faces of the Philippines" done while on location in 1988 when she was selected for the Professional Women's Study Exchange in the Philippines. Roob also received the Michigan School Bell

Award for Best News Series of 1987 for "Education on the Brink" and in 1986 she received the Associated Press Award for Best News Documentary for "Lake Michigan. . .Concern on the Rise." She is a 1983 graduate of DePauw University where for two years she was director and anchor for WGRE/FM.

#### NEWS 'N' NOTES FROM HERE 'N' THERE

Taxing--Don't worry--yet, but it is estimated that the IRS loses 2,000,000 documents each year. On some of them is probably some of the estimated 16 gallons of ink and 2,200,000 gallons of coffee used last tax season by H&R Block offices. (Harper's Index, April)

Student Show--There's lots to see at the annual Herron School of Art student show that runs through Apr. 7 in the Herron Gallery. Use your campus parking permit and visit 10 a.m.-7 p.m., Mon.-Thurs., and 10 a.m.-5 p.m., Fri.-Sat.

'N' 'Rithmetic--More than 60 top math students from 28 junior high schools in the state meet here Saturday (Mar. 24) for the state Mathcounts competition. Sponsors are the Indiana Society of Professional Engineers and the School of Engineering and Technology. The national contest to reward excellence in math will also attract some of the state's finest math teachers who "go above and beyond the call of duty to coach young people to excel in mathematics," said Christine Fitzpatrick, assistant dean at the school.

Be Seated--Seats are still available for University Theatre's "Goodbye Charlie," George Axelrod's comedy about a dastardly guy reincarnating as a female. Call 4-2094.

All Welcome--U.S. District Judge Robert L. Carter, who in 1954 won the famous Brown v. Board of Education of Topeka in the U.S. Supreme Court, gives a free public talk Mar. 26, noon, IS 102. He is the law school's 1990 Distinguished Jurist in Residence.

Deadline Nears--Mar. 28 is the last day to buy tickets for IUPUI's "Dancin' at the Roof" Mar. 30. They are in LY 002 and will not be sold at the door.

Math Sciences--Gregor Novak, Physics Dept., IUPUI, presents "Inside MacIntosh/A Structural View of the Macintosh Operating System" Mar. 30, 3-4 p.m., KB 059.

Future Planning--Everyone is invited, but campus folks 55 years old and older and their spouses will find helpful information during Human Resources' annual retirement event "Designing Your Financial Future," all day Apr. 6 in University Place. Call 4-4537.

Summer's Coming--Faculty and staff are eligible for early enrollment discounts to the Indianapolis Sports Center's Summer Day Camp for children ages 5-12. There are five two-week sessions that run Jun. 11-Aug. 17. Call 4-6787.

Art--Linda Haas from Women's Studies invites you to "Border Crossing: Women and Art in Indiana," a "communal tribute" on campus Apr. 6-7. Call 4-7384.





#### LAW NAMES KANE NEW ASSISTANT DEAN

Jonna M. Kane, professor, journalist, lawyer and executive director of the Indiana High School Press Association (IHSPA), returns to her alma mater to undertake an appointment as assistant dean for administration at the School of Law. In the revamped position held recently by James Bindley, Kane will direct all placement and the school's publications. Law Dean Norm Lefstein notes that Kane has worked part-time at the school and he respects her work in education and is pleased that she has accepted the position. Kane holds a bachelor's degree in journalism and English and a master's in journalism

from IUB, and a doctor of laws degree from the law school on campus. She comes to us from Franklin College where for three years she was assistant professor of journalism, teaching mass media law and ethics, and directed the IHSPA. Earlier she was advertising copy chief for L.S. Ayres & Co., was promotions and marketing director for the Div. of Continuing Studies at IUPUI, and practiced law in the public and private sectors. She is a member of the Indianapolis and the American Bar Associations and other professional organizations.

Discount tickets for Kings Island go on sale Apr. 1 in the University Hospital Gift Shop. They are \$10 for children 3-6 and \$17.50 for adults. The Gift Shop can accept only personal checks and cash for the tickets.

INTERNATIONAL FARE Greek food of faki (lentil soup), choriatiiki salata, pastitsio and fasoulakia is offered in the next lunch buffet in the Hoosier Room, Apr. 4, noon-12:30 p.m. Lunch is \$8 and reservations are required. Call the sponsor, the Dept. of Restaurant, Hotel and Institutional Management, Jim Bennett, 4-0810.

#### FINALLY...

...North Street north of Michigan Street and east of campus no longer runs into Indiana Avenue but into the parking lot of Sigma Theta Tau International's new facility at 550 W. North Street, Sigma Theta Tau kindly reminds us.

...and into the building mentioned above has moved the IU Center on Philanthropy, including The Fund Raising School, formerly located in the Conference Center. The new address is 550 W. North Street, Suite 301, 46202-3161. The telephone numbers are the same, the FAX number is 317-684-8900.

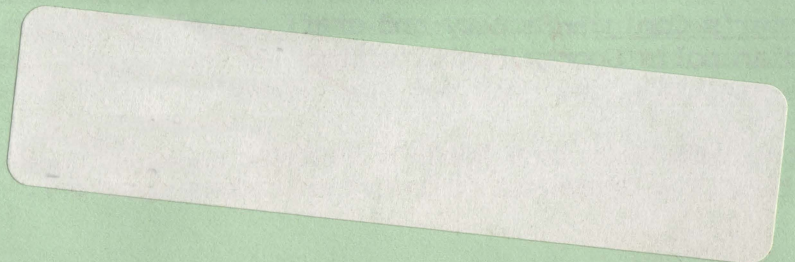
...women with normal blood pressure, who are average weight and who have been in menopause for one or more years and are not taking hormones are needed for a study of estrogen replacement treatment. Study medication and some diagnostic procedures are provided free. Study directors are Dr. Marguerite K. Shepard and Dr. Robert E. Rogers, Dept. of OB/GYN, IU Hospitals. For information, contact Kim Cox, RN, MSN, in the department, 4-4875.

...last in the Social Work brown bag lunch series is Angee Walberry, ACSW, AIDS social worker, presenting "AIDS Discrimination in the Health Care Setting," Mar. 27, noon-1 p.m., UH W507B. IU Hospitals Social Work Department welcomes everyone.

**green sheet**

\*News Bureau

Indiana University-Purdue University  
at Indianapolis  
355 Lansing Street  
Indianapolis, Indiana 46202





# WELLNESS ACTIVITIES CALENDAR APRIL, 1990

The following calendar summary has been compiled as a service of the MAX\*WELL Program. For further information about an activity, please call the sponsoring unit.

Key: Information listed is based on the following format.

Activity	Time
Location	Fee
Sponsoring Unit	
Misc. Information	
Phone Number of Sponsoring Unit	

## 2 Monday

Total Fitness Orientation	Call for time
NAT	\$22/mon 3-day/wk
Natorium	\$27.50/mon 5-day/wk
Program times: 6-8am or 11:30am-1pm or 4-6:30pm	
43517	

Recreational Jogging & Walking Begins	11am-1pm/4-7pm
TF	\$1.50/day
Track & Field Stadium	\$14/mon
43517	

## 3 Tuesday

Aqua-Fitness	6-7am
NAT	\$22
Natorium	
Session length: 4/3 - 5/3/90 (T,TH)	
43517	

## 4 Wednesday

Fun Run (1500 meter)	6pm
TF	No Charge
Track & Field Stadium	
Registration: 4/4/90 5:30pm	
43517	

## 7 Saturday

Synchronized Swimming	9-10am
NAT	\$20-40*
Natorium	
Session length: 4/7 - 4/28/90	
*Fee varies with skill level	
Julie Thaden 43517	

## 10 Tuesday

Scuba	6pm
Divers Supply Headquarters/NAT	Call for fee
Natorium	
923-5335	

## 11 Wednesday

Fun Run (800 meter)	6pm
TF	No Charge
Track & Field Stadium	
Registration: 4/11/90 5:30pm	
43517	

## 12 Thursday

Alcohol & Substance Abuse	6-8:30pm
Call for location	\$1 Students
Counseling Center	\$5 Non-Students
Call to register	
42548	

## 18 Wednesday

Fitness Assessment	11am-1pm
PE/NAT Concourse	No Charge
MAX*WELL & School of Physical Education	
Drop-in -- no appointments necessary. T-shirts & shorts required.	
40610	

Fun Run (400 meter)	6pm
TF	No Charge
Track & Field Stadium	
Registration: 4/18/90 5:30pm	
43517	

Fear of Test/Test Anxiety	6-8:30pm
Call for location	\$1 Students
Counseling Center	\$5 Non-Students
Call to register	
42548	

## 19 Thursday

Scuba	6pm
Divers Supply Headquarters/NAT	Call for fee
Natorium	
923-5335	

## 23 Monday

Aqua-Fitness	3-4pm
NAT	\$22
Natorium	
Session length: 4/23 - 5/18/90 (M,W,F)	
43517	

Aqua-Fitness	7-8pm
NAT	\$18.50
Natorium	
Session length: 4/23 - 5/16/90 (M,W)	
43517	

Hydro-Fit (deep water aqua-fitness)	7:30-8:30pm
NAT	\$20
Natorium	
Session length: 4/23 - 5/16/90 (M,W)	
43517	



## APRIL -- CANCER CONTROL MONTH

### 24 Tuesday

Blood Glucose Screening 7-9am & 1-4pm  
Riley Hospital Atrium \$1  
UH Outpatient Diabetes Program & MAX\*WELL  
See program highlight -- next column.  
40610

Aqua-Fitness 8-9am  
NAT \$22  
Natatorium  
Session length: 4/24 - 5/18/90 (T,TH,F)  
43517

Aqua-Fitness 7:30-8:30pm  
NAT \$18.50  
Natatorium  
Session length: 4/24 - 5/17/90 (T,TH)  
43517

### 25 Wednesday

Blood Glucose Screening 8am-Noon  
Riley Hospital Atrium \$1  
UH Outpatient Diabetes Program & MAX\*WELL  
See program highlight -- next column.  
40610

Fun Run (5000 meter) 6pm  
TF No Charge  
Track & Field Stadium  
Registration: 4/25/90 5:30pm  
43517

### 26 Thursday

Blood Glucose Screening 7-9am & 1-4pm  
University Hospital Rm. C240 \$1  
UH Outpatient Diabetes Program & MAX\*WELL  
See program highlight -- next column.  
40610

### 27 Friday

Blood Glucose Screening 10am-2pm  
University Hospital Rm. C240 \$1  
UH Outpatient Diabetes Program & MAX\*WELL  
See program highlight -- next column.  
40610

### 30 Monday

Assertiveness Training 6-8:30pm  
Call for location \$1 Students  
Counseling Center \$5 Non-Students  
Call to register  
42548

Most cancers may be related to life-style and environment. You can take control and make decisions to reduce the risk of cancer.

### 10 Steps to a Healthier Life & Reduced Cancer Risk

1. Eat more cabbage-family vegetables.
2. Add more high-fiber foods to your diet.
3. Choose foods with Vitamin A.
4. Choose foods with Vitamin C.
5. Control your weight.
6. Trim fat from your diet.
7. Avoid salt-cured, smoked nitrite-cured foods.
8. Stop smoking.
9. Go easy on alcohol.
10. Protect yourself from the sun.

### Know Cancer's Seven Warning Signals

- \*Change in bowel or bladder habits.
- \*A sore that does not heal.
- \*Unusual bleeding or discharge.
- \*Thickening or lump in breast or elsewhere.
- \*Indigestion or difficulty in swallowing.
- \*Obvious change in wart or mole.
- \*Nagging cough or hoarseness.

Information based on the publication "Taking Control" by the American Cancer Society. The following publications are available: "Cancer Facts for Women", "For Men Only" (re: testicular cancer), "Breast Self-Exam", "Eat Smart Indiana . . . and fight cancer", and "Fry Now. Pay Later" (re: sun exposure). Please call 40610 to receive any of these pamphlets.

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## HIGHLIGHTS

### Blood Glucose Screening

Diabetes is a disease in which there is an insensitivity to or an inadequate amount of the hormone insulin. An imbalance in the level of insulin results in a low absorption of glucose, a primary source of energy for the body, and also causes a high level of glucose in the blood. A simple test can help determine your blood glucose level.

Millions of Americans may have diabetes yet be unaware of their condition. Diabetes can be controlled once diagnosed. Blood glucose screenings will be conducted April 24-27 by University Hospital's Outpatient Diabetes Program. See the calendar dates for more info.

### Fitness Assessment

Concerned or curious about your fitness level? Have some of the basic components tested at the MAX\*WELL Fitness Assessment, Wednesday, April 18, 11am-1pm. Assessments for blood pressure, resting heart rate, body composition, flexibility, and muscular endurance will be conducted on a drop-in basis (first-come, first-served). Testing will take place on the PE/NAT main concourse. A t-shirt and shorts are required apparel. For more information call 40610.