# Alumni Bulletin

Vol. XXIV

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No. 1

# HOME-COMING AT NORMAL

# Full Program and Good Time November 21-23

One of the best programs ever arranged for Home-Coming at Normal College is promised Alumni who will attend the festivities at Thanksgiving time, Thursday to Saturday, November 21-23.

Outstanding among this year's features will be Miss Anne Rudolph's dancing and teaching of dances. Miss Rudolph conducts a school for Modern Body Education and Dance in Chicago. She promises to teach new ways and means to attain and preserve beauty and health. Her lecture and demonstration should be very interesting.

Another welcome part of the program will be the teaching of Cow Boy dances by Miss Elsa Kramer of Cincinnati who attended the Cow Boy Dance School in Colorado Springs this summer.

New material will also be available in the demonstration of various Physical Education Activities by the College classes under direction of Mrs. Hester and Mr. Schreiber.

Another interesting feature will be the showing of movies on health and safety education furnished by the Indiana State Board of Health.

Instructors of Turner societies will meet to discuss the program and rules for the national Turnfest to be held in Springfield, Mass., next June; this meeting will be in charge of George Heeschen, chairman of the Turners' technical committee.

The Alumni Banquet and annual meeting and the reunions of classes are of course also important parts of the celebration. Classes to meet this year are those of 1890, 1895, 1905, 1910, 1915, 1920, 1925, 1930 and 1935. Members of the 1890 class who received their diploma from Normal College fifty years ago are: Mrs. Frances Metzger, Hans Ballin, Dr. Jos. Funk, Fritz Krimmel, Dr. Robert Nohr, Dr. David Osterheld and Emil Rahm.

Four Normalites who have completed the requirements for the degree of Bachlor of Physical Education will receive their diplomas at Home-Coming. They are Leona H. Kestner, Hubert C. Lee, Louis C. Montgomery and Lewis Szeles.

The complete program for Home-Coming is as follows:

Thursday afternoon (Thanksgiving day):
Informal get-together at the Athenaeum.

Thursday evening: Dance sponsored by Delta Psi Kappa, Phi Delta Pi and Phi Epsilon Kappa. Friday, 9:00 a. m.: Meeting of society instructors.

Friday, 10:30 a. m.: Teaching of Cow Boy Dances by Miss Elsa Kramer.

Friday noon: Reunion luncheons.

Friday, 2:30 p. m.: Demonstration by Normal College classes.

Friday, 4:30 p. m.: Movies on Health and Safety Education.

Friday, 6:30 p. m.: Alumni Banquet and annual meeting of the Alumni Association.

Friday, 8:30 p. m.: Meeting of the College Board of Trustees.

Friday, 9:00 p. m.: Dance sponsored by the All-Student Association.

Saturday, 9:30 a.m.: Demonstration and teaching of dancing by Miss Anne Rudolph.

Saturday noon: Luncheons of Delta Psi Kappa, Phi Delta Pi and Phi Epsilon Kappa.

We believe that the above is an attractive program that guarantees something of interest for three days and we hope that many Alumni will come back to Normal College this year.

#### IN MEMORIAM

Berthold Seiffert was a member of the class of 1890. After some years as instructor of the Burlington, Iowa, Turnverein, he went to the Detroit Social Turnverein and was the first Physical Director in one of the high schools of the city. Always interested in art, he became one of the best known painters in Detroit. He died May 1 at the age of 78 years.

John A. Schwarz died October 13th in Cincinnati after having been partially paralyzed for fourteen years. He was a member of the class of 1913. After war service in 1918-19, he taught at Woodward High School until his illness compelled retirement.

#### PRESIDENT'S MESSAGE

To the Members of the Alumni of Normal College:

Greetings! Since the President of the United States has designated Thursday, November 21st, as Thanksgiving Day, the Board of Directors has decided to hold our annual Homecoming that weekend. It will be a real pleasure to meet the members of the Alumni again, the students and faculty of the college, and join with old friends in making this season's Home-Coming the best in our history.

The program committee is making every effort to arrange a program which will be interesting and we hope that you will find it possible to attend.

These are trying times. Everyone is troubled with the question, "When will we get down to normal again." There is excitement all around us. It is in no small sense a responsibility of the teaching profession, schools, colleges, and universities to improve the situation and I trust that everyone engaged in education will give more time and thought than ever before to solving some of the problems which are before us.

Space in the Bulletin will not permit a lengthy dissertation and it is for this reason that I shall refer only to one very important item in which everyone engaged in health and physical education is interested.

For some time, a committee on "National Preparedness and Legislation" representing the National Physical Education Association, and a committee representing the New York State Association for Health, Physical Education and Recreation, of which I happen to be President, has been engaged in formulating a bill which has to do with the improvement and increase of personnel, facilities and equipment in connection with the health and physical education programs in schools and the establish-

ment of school camps. This bill (H. R. 10606) which was introduced into Congress recently by Representative Pius L. Schwert provides for financial aid through federal funds to increase the efficiency of health and physical education among the youth of the nation.

Such legislation emanating at a time like this should be welcomed by members of our profession and should have their unqualified support.

I am taking this means of asking every member of the Alumni to do everything possible to bring about the passage of this bill. Communicate with your Congressmen, Senators and other representatives and, if you are not familiar with the bill, ask them for a copy of it.

Our profession has a golden opportunity to do something worth while, not only for the profession, but for the youth of the nation as well, and I trust that you will act at once.

If you are in doubt regarding procedures in this matter or if you care for additional information regarding the content and purpose of this legislation, please do not hesitate to write to me at the Board of Education, Syracuse, New York.

Hope to see you in Indianapolis at Homecoming! With all good wishes,

Sincerely,

PAUL KRIMMEL, Alumni President.

#### DELTA PSI KAPPA ALUMNI

The Indianapolis Alumni and Alpha Chapter were hostesses to the National Convention of Delta Psi Kappa from June 30th to July 4th. Under the able leadership of Lee Metzger Norris and Lillie Gally Rice, a most successful convention was held. Headquarters were in

the Marott Hotel where all business sessions, luncheons and the formal dinner were held. A dinner at the Meridian Hills Country Club, a visit to the Indianapolis Speedway and an Abe Martin dinner in the garden of the Athenaeum were enjoyed by all delegates and visitors. The convention of course meant lots of hard work before the session but the results were so satisfactory that we are ready to assume the responsibility again. It truly was a pleasure to meet and entertain so many fine young women from the various active and Alumni chapters throughout the United States.

The first meeting of this year was held at the home of Clara Ledig Hester with Constance Apostol Zimlich as cohostess. The chapter has grown to considerable size since so many of the younger girls have been graduated and have joined. At the present time there are twenty members who are in active attendance. In fact, the group is getting so large that the hostesses are finding it rather difficult to entertain so many at luncheons. But, since no one minds being crowded, most likely we'll continue with the present arrangements.

The new officers for the year are: Jo Workman Hatfield, president; Mary Mc-Cracken, vice-president; Lillie Rice, secretary, and Virginia Marcus Selig, treasurer.

On Wednesday, October 23rd, the Alumni Chapter entertained the Active Chapter with a dinner party at the home of Lee Norris with Mrs. Metzger and Virginia Selig as co-hostesses. About thirty members were present. Founder's Day services were given by the Active Chapter with Ruth Adams as chaplain. Following the services, games were played and a good time was had by everyone.

We are now looking forward to the reunion luncheon and the gabfest with all of the out-of-town grads at Home-Coming.

## PHYSICAL EDUCATION FOR ALL

Alumni President Paul Krimmel, in his message to the members, has called attention to the bill introduced in Congress providing physical education for everybody. This is, of course, in line with principles taught by the American Turners for seventy-five years and for which they have maintained the Normal College at considerable expense. bill (Mr. Krimmel helped to formulate it) was introduced by Representative Pius Schwert of Buffalo. If adopted, it would cause immense demand for trained physical educators. It should receive the support of all Alumni members. Regarding the purposes of the measure, Mr. Krimmel wrote the following article for newspapers:

"The bill aims to improve physical fitness which includes the development of endurance, stamina, power, agility and skills through a diversified program of physical education and athletics along with a program of health education to discover defects, stimulate individuals and parents to secure treatment of defects, and to inculcate desirable health

knowledge and behavior.

"It also emphasizes social fitness which includes the development of courage, initiative, self-discipline, teamwork, cooperation and loyalty through the use of physical education and athletic activities.

"Federal aid as provided in the bill would benefit all pupils enrolled in the schools. It also provides for the establishment of school camp programs which will extend camp experiences during summer and vacation periods to schoolage boys and girls. Furthermore, it would extend recreation programs to non-school youth, adults of draft age and adults needed for home defense and production of defense materials. This extension is possible through the use of school recreation facilities after school hours, evenings, and vacation periods.

"Both federal and state funds are to be made available for this purpose. These funds are to be administered through the U. S. Office of Education, the State Education Agencies, and the territories. For the first year, fifty million dollars is allocated for the development of the program through the schools in the various states and territories. Another fifty million dollars is allotted for the development of school camp programs.

"War and chaotic international conditions have aroused the nation in the present emergency to develop an unprecedented peace-time program of preparedness and national defense. Reports of recruiting offices show that 30 per cent of the volunteers for the army during the last six months were rejected because of physical unfitness. Reports of the recent army maneuvers show that the men were so soft physically that after sustained marches, many of them were not fit to continue in the maneuvers.

"The program is designated to utilize existing and extended school facilities to serve the following groups: (1) boys and girls of school age (5-21); (2) out-of-school youth (16-21); (3) draft-age group (21-35), with special emphasis on pre-induction conditioning and morale; and (4) home defense and industrial groups (both sexes). The program thus becomes an important link in national preparedness for both war and peace.

"A broad recreation program is necessary to meet the leisure-time needs of youth and adults. This program is needed to develop and maintain physical fitness for all groups. Particular attention must be given to developing wholesome leisure activities for youth groups who are often prey to subversive influences. A year around program should be available for children during afterschool hours and vacation periods when the schools are closed.

"The program is sponsored by the

American Association for Health, Physical Education, and Recreation and is indorsed by the National Education Association. It has the active support of all persons vitally interested in the physical and social welfare of our youth.

"The need for a program of this kind is immediately apparent. In many states, the health examinations of school children are woefully inadequate, or entirely absent. Health instruction is handicapped by an overloaded curriculum of outmoded and traditional subject matter. In a country endowed with abundant food supplies, thousands of our youth are suffering from malnutrition.

"Physical education programs are either conspicuous by their absence or fail to engender the skills and ideals of strength and physical endurance. There is great need for the building of strong bodies, skilled and conditioned to meet the rugged demands of American democracy. Every youth should be given instruction and the opportunity to engage in a wide variety of sport and athletic activities.

"The bill provides for a wider and more extensive use of existing facilities including state and federal park sites. It also provides for the coordination of effort among state and local agencies now responsible for the welfare of youth.

"The goal of this program is the development of a courageous, self-disciplined, loyal and physically fit citizenry capable of maintaining and perpetuating the ideals of American democracy. It is a program that is positive. It is a program of action."

The Work Projects Administration, New York City, in a booklet entitled "Record for 1939," showed:

381 new park acres added 3,844 park acres improved

8 new athletic fields

54 new playgrounds built

11 playgrounds improved

27 new swimming-wading pools

#### COMMENCEMENT

Commencement at Normal College was held May 28. The diploma for the threevear course was awarded to twenty-seven students of whom all but four are now attending Indiana University. The members of all classes gave a demonstration of varied Physical Education activities. Mr. Herman W. Kothe, Indianapolis attorney and prominent member of the Athenaeum, spoke about Normal College, now in its 75th year since its founding and its 34th year since final removal to Indianapolis. Nelson W. Lehsten said the farewell and the response was given by Margaret Daigger. Dr. Sputh presented awards, the pins presented by the Buffalo Alumni Association each year going to Gladys Lang of Rochester and Nelson Lehsten of Buffalo. Mr. George Vonnegut, president of the board of trustees, presented the diplomas.

Two students who completed the requirements in absence, were awarded the degree of Bachelor of Physical Education, Georgia Veatch and Wm. Kultzow.

#### THE 1940 CLASS

Enrollment at Normal College this year is 79, twelve less than last year. While the freshman class is larger than in the past two or three years, the other two classes are smaller. There are 25 juniors, 21 sophomores, 32 freshmen and one special student. Twenty-seven of the students are women.

Nine of the freshmen took the examination for the Turner scholarship consisting of free tuition and it was awarded to six of them for two years and to three for one year.

Of twenty-nine honor students in the University of Cincinnati this year, fifteen were majors in Health and Physical Education.

#### REP. JACOBSEN EMPHASIZES NEED OF BODY-BUILDING

Before the Schwert bill for Physical Education was introduced in Congress, Representative William S. Jacobsen of Clinton, Iowa, a graduate of Normal College, stressed the need of systematic body-building in an address in the House on September 6. He recommended the proper training of all youth through a federal program as follows:

"Mr. Speaker, while the question of compulsory training and the recruiting of our manpower for the national defense is under consideration, I believe it appropriate to call attention of this body to the appalling percentage of rejections in both arms of the service who have volunteered. These rejections are due almost entirely to a lack of physical fitness which disqualifies these men.

"The experience of the last war demonstrated very definitely the need for a program of development of physical well-being in our Nation, and apparently we have not profited well by that experience. Because a large part of the defense of any nation is dependent upon healthy personnel, I should like to suggest that it is now time we ought to give consideration to some well-planned program of providing physical and health training for our young people.

"I realize that our schools have long advocated programs of physical training in connection with their regular curriculum. However, there has been no program of this kind sponsored by our Federal Government. It seems to me that there is an obligation upon our Government to be vitally interested and concerned with the health and physical wellbeing of our people as a consideration for our national welfare. I do not advocate such a program of training primarily for the purpose of national defense. However, its part in this is important and not entirely incidental.

"It is true that totalitarian governments have long emphasized such programs and have thereby provided for their armies physically fit manpower. In a democracy such as ours necessarily such an extravagant program could not be put into operation, vet a program could be sponsored and fostered which would pay dividends in better health and a more virile manhood and womanhood in our country. I believe the old principle of a sound mind in a sound body is as necessary and true today as it was centuries ago when practically all emphasis was placed upon physical well-being.

"I should like to suggest for your consideration a program sponsored by our Federal Government in cooperation with our schools throughout this Nation by which such training in health and physical development should begin in the earliest stages of education and continue in a progressive manner throughout the school life of every child. We have the machinery already set up in our schools for such a program. Unfortunately, in its present use this machinery, because it has emphasized sports such as baseball, football, basketball, and so forth. has failed to reach the larger percentage of our young people and for that reason has not attained the ends for which it was theoretically designed.

"I believe a system of physical education can be designed and carried out so that it will produce the desired results and be a genuine contributing factor to the welfare of our Nation, if such a program is sponsored and aided by our Government. Certainly the result of such sponsorship in vocational education in schools and health programs of various kinds through other local organizations has met with splendid success. I see no reason why a program such as this could not be established and carried out so that we shall have as a result young manhood physically fit to contribute to

the needs of our Nation in a time of emergency.

"Opportunity it seems to me should be offered every boy and girl in our Nation wherever he or she lives to learn thoroughly, appreciate, and be enthusiastic about whatever makes for physical fitness. Whether or not military training as such should be a part of this training is a question which could at any time be determined by the needs of our Nation. If necessary it could be worked in easily and appropriately without disturbing in any degree the primary objectives sought.

"While I am not proposing any specific or particular manner of accomplishing these purposes, nevertheless I feel that some thought and consideration on the part of the Congress should be given to these suggestions and, if it is found desirable, that such a program should be inaugurated and appropriate legislation be prepared to carry it out."

#### DEATH RATE DROPS TO LOW

The death rate in the United States in 1938 was the lowest ever recorded, and health conditions generally continued to improve during the year, Surgeon General Thomas Parran said in his annual report.

The decline in maternal mortality continued throughout 1939.

Typhoid and paratyphoid fever, scarlet fever, diphtheria, poliomyelitis, epidemic cerebrospinal meningitis, tuberculosis, malaria, pellagra, diseases of the digestive system, nephritis, and diseases of pregnancy and child-birth showed the lowest death rates on record.

The mortality rates from influenza, pneumonia and accidental causes were the lowest in recent years. Accidents, however, continue to take a heavy toll of lives. Automobile casualties alone account for one-third of the total accidental mortality and cause practically

three times as many deaths as do typhoid fever, measles, scarlet fever, whooping cough and diphtheria combined.

For the first time since preliminary mortality figures have been available from an appreciable number of States the death rate from tuberculosis was less than 50 per 100,000 population, and Dr. Parran believes that further substantial reductions can be made.

Cancer and heart disease were the only major causes of death for which higher rates were recorded in 1938. The trend in mortality from both those diseases has been consistently upward for several years—an increase due in part at least to the larger proportion of the population reaching the older age periods in which cancer and heart disease are more prevalent.

## YOUTH HOSTELS IN MID-WEST

The Discobolus, organ of the Cincinnati Public Schools Department of Health and Physical Education, in its May issue told of youth hostels in the Cincinnati area. Heretofore these accommodations for hikers and cyclists have been known only in the east. The example of Cincinnati should be followed in other mid-west territory. The Discobolus article follows:

All over the country the zest for youth hosteling is stirring. Back roads for bikers, foot paths for hikers, canoeists' lakes and rivers, bridle trails, and ski runs call to youth to go a-hosteling.

Recently, a Cincinnati District Committee was organized and has made rapid progress. Spreading westward from New England where the first American Youth Hostel was established in 1934, Ohio and Cincinnati are now a part of the national movement.

#### What is a Youth Hostel?

An inexpensive overnight accommoda-(Continued on page 16)

# ALUMNI BULLETIN

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Officers: Paul Krimmel, Syracuse, President; Gladys Larsen, Chicago, Vice-President; Margery Wood Stocker, Buffalo, Secretary; Curt Toll, Indianapolis, Treasurer.

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# THE FUTURE OF NORMAL COLLEGE

## Merger With a University Approved by American Turners

Resolutions of the greatest importance to the Normal College and its Alumni were adopted by the convention of the American Turners held at Camp Brosius at the end of June. The first paragraph of these resolutions reads:

"Resolved that it is deemed to be to the best interest of the American Turners and of the Normal College of the American Gymnastic Union, that the school be absorbed by some well established University."

Explaining the reasons for the introduction of this resolution, members of the Board of Trustees stated the following to the delegates:

That the loss in membership suffered by the American Turners in the last ten years makes it impossible for this organization to pay to the Normal College the full amount of the annual appropriation for the maintenance of the College.

That the plan to raise sufficient sums for a building and endowment fund has not brought the hoped for results.

That the financial situation of the College prevents needed improvements of facilities and expansion of program necessary to compete successfully with other institutions training teachers of Physical and Health Education.

That because of the lack of means for such purposes the College may have to be closed sooner or later.

That through absorption of the College by a well-established institution it might preserve the traditions of the school and the American Turners.

That the Alumni of the College can only be benefited if recognized as Alumni of another well-known institution.

The proposal caused long discussions at the convention; in fact, a whole day's session was devoted to it. Some of the delegates wished that the College be continued as a Turner institution, but after the facts were disclosed, all felt that under present conditions this seems hopeless and the resolutions were finally unanimously adopted.

One of the paragraphs reads: "Be it further resolved that in connection with such transfer . . . the College try to secure from the institution to which it may be transferred, an agreement that said school is thereafter to be known by its present name, or one approximating the same, and that it be conducted as a school or college within such institution of learning to the end that the traditions of the school and of the American Turners may be preserved, and that the

Alumni of the Normal College may be recognized in the future as Alumni of said institution accepting said school."

Another paragraph provides for continued contributions of the American Turners and Alumni to a fund for the purpose of establishing scholarships in about the same manner as they are now granted to members of the organization.

Since 1933, the Normal College has been affiliated with Indiana University; students attend the College for three years and take their senior year's work at the University in Bloomington; after successful completion of that course, they receive the degree of Bachelor of Science in Education from the University. Because of this working agreement, the Trustees of the College approached the University authorities with a plan for complete absorption of the College under the terms as contained in the above resolutions. Meetings have been held first with the administrative officers of the University, and then with a committee of its Board of Trustees. It can be reported that the representatives of the University showed great interest in the plan. The administrative officers have during the past seven years observed the Normal College closely because of the annual transfer of the juniors and they are well aware of the splendid reputation of the College and of the exceptional training students receive here. therefore favor the proposed merger.

That is as far as discussion of the merger has progressed until now. A more definite statement regarding the outcome may perhaps be made at Home-Coming.

## THE SUMMER AT BROSIUS

Camp Brosius, at Elkhart Lake, enjoyed a delightful season this year.

After the June camp when the College students took the various camp courses,

came the convention of the American Turners attended by over 250 delegates and ladies. This large attendance was a surprise to everybody. Many of the visitors remained for one or two weeks after the convention and Camp Brosius won many new friends. Convention sessions were held in camp three days, the men using Jahn Hall and the delegates to the Women's Auxiliary the Ling Hall. A banquet and a Kommers were held on two evenings at Schwartz Hotel in the village.

The hotel also had a rather good season, considerably better than last year. This in spite of the fact that some of the older Camp Brosius guests are going to the great beyond year after year. Our Mrs. Ida Bose had charge of the mess hall and the hotel dining room again; needless to say that everybody enjoyed her fine meals. Alumni who attended the convention or came later for a visit at Camp Brosius, included Mr. and Mrs. George Heeschen, Mr. and Mrs. Fred Martin, Mr. and Mrs. Albert Schintz, Mr. and Mrs. Henry Zingg, John Goos, Emil Rath, Dr. Rudolph Hofmeister, Carl Mettler, Oscar Simmen, Chas. Geber, Mr. and Mrs. John Stocker, Mr. and Mrs. Otto Eckl, Mr. and Mrs. Emil Pletz, Mrs. Wilbur Lindley and Mr. Lindley, Margareth and Meta Greiner, Martha Gable, George Wittich, Dr. and Mrs. Carl B. Sputh, Mr. and Mrs. George Vonnegut, Mr. and Mrs. Jack Feller and daughter. Lucille Spillman, Mr. and Mrs. Joseph Kripner, Gladys Larsen, Rena Mae Gilchrist Powell and Dr. Powell.

The children's camp was attended by 28 boys and girls, again under direction of Dean Rudolph Schreiber. The children had a grand time at the camp which is so well suited for activities needed by them for proper development. Next year the children's camp will again be conducted and Alumni who know of children who might be interested should get in touch with Mr. Schreiber.

#### PERSONALS

#### Appointments and Transfers

Esther Plischke, who worked in the Milwaukee Recreation Department for a year before she went to Indiana University, is back in the department at an increased salary. And she is going to get married Thanksgiving to Mr. Herbert Boettcher.

Two more Normal College graduates will be married before the end of the year: Dorothea Holoubek and Adolph Winter. Miss Holoubek, who taught in Chicago elementary schools last year, has been promoted to the new Taft High School; Mr. Winter is still with the Chicago Turngemeinde.

George Walper, who was Scout Executive in Poughkeepsie last year, has accepted the same position in Syracuse and is enjoying the work very much.

After several years with Spalding's at Cincinnati, Erwin Knoth has taken the position of manager of the Lowe & Campbell store at Cleveland, his home town.

Walter A. Cox, who worked with Carl Schrader at Ithaca College for a year, has accepted the position of Professor of Physical Education at Springfield College.

Sargent College, of Boston University, has a new director in the person of Nelson S. Walke. He took the place of Ernst Herman.

Ralph Sigel is teaching in the McKeesport, Pa., Turnverein.

Joseph Goldenberg returned to Indiana University as teacher of health and safety education.

Clarence Edmonds is attending Northwestern University and teaching the Swiss Turners in Chicago. Carl Klafs who was with the Swiss last year, has taken over the Forward Turner Society besides teaching in Chicago schools.

Jack Brogan has accepted a position in the Jeffersonville, Ind., high school.

Chester Lesniak is doing part-time teaching in Riverside High School, Buffalo.

Mildred Muench is teaching in the high school at Clinton, N. Y.

Rudolph Memmel was appointed to a full-time position in the Cincinnati schools and has resigned his position with the Cincinnati Turners, which is now held by Henry Zingg.

Albert Weis is now teaching full-time in the St. John's high school in St. Louis.

#### Weddings

Lola Lennox and Henry Lohse, both Normal College graduates, June 8 in Indianapolis.

Another couple who met in the College, followed suit four days later, Jean Seager and Barret Diehl, also living in Indianapolis.

Mary Alice Shively became Mrs. John Lynn Hobson on June 15 and is living in Palo Alto, Calif.

Joseph Statz was married August 3 to Miss Emilouise Gerhard in Indianapolis.

Rudolph Memmel and Miss Betty Lupp were married in Cincinnati on August 17.

## Future Normalites

A baby girl, named Virginia Lee, arrived in the Earl Vornheder home on August 23.

Mr. and Mrs. Francis McCarthy announced the arrival of a boy in August.

Also a boy at the home of Mr. and Mrs. Marvin Steuernagel, on September 9.

Another girl, May 6, at the home of Mr. and Mrs. Richard Barrick.

A boy arrived in June at the home of Albert Weis in St. Louis, the third child in the family.

Henry Stroer is the proud father of a boy since September.

Paul Fiening has gone into the homeowners group and bought a house in Cleveland.

Another new home of an Alumnus is that of Emil Katz in Detroit.

Ray Reess, always finding something new and interesting to do, is now a licensed pilot.

The Pletz's are about ready to move into their new home in Grosse Pointe, near Detroit.

Lavinia Davidson went to Columbia University this summer to work toward her master's degree.

Hildegard Hein received her master of arts degree this summer at Colorado State Teachers College.

Sailing her boat "Heigh Ho" in a series of races, Hyacinth Kolb won the Dr. Leopold open class trophy.

Lelia Gunther has again turned to studying and enjoyed a ten weeks' course at Boulder, Colo., this summer.

Coleman Kortner and family have moved into a new home in the exclusive Mt. Lebanon district of Pittsburgh.

Among the summer's visitors in Buffalo were Arch and Mildred Jost McCartney and Frances Brallier Ewing.

Sorry to report that Alfred Linde resigned his post at Rothenberg High School in Cincinnati because of ill health.

Paul Foran spends his spare hours adding to his house on St. Clair Lake Shores near Detroit which he occupies alone.

Dr. and Mrs. Sputh enjoyed a visit recently by Mr. and Mrs. Albin Schmidt of Leadville, one of the healthy old Turners.

Cow boy dancing is one of Elsa Kramer's specialties now; she attended the school at Colorado Springs during the summer.

The Alumni member of Congress, Representative William S. Jacobsen, is now chairman of a House subcommittee on the navy.

Fred Braun's championship football

team at Bennett High School in Buffalo is again coming along fine despite some replacements.

We regret to report the death of Mr. C. A. Webb, husband of Dorothy Padden Webb, as the result of an automobile accident in Wisconsin.

Dr. Louis and Elsa Stange Schmitt have moved into a new home in Snyder, N. Y. Leslie and Mrs. Boehmer also have a new home.

At the recent convention of the Western New York Health and Physical Education Association Carl H. Burkhardt was elected president.

Nanon Roddewig seems to be a "nature fiend"; she built a cabin at Long Lake in Minnesota and plans to spend Christmas vacation there.

Bill Streit says he will surely come to Indianapolis for Home-Coming and this will be his twentieth consecutive attendance—never missed once.

The annual picnic of the Buffalo Alumni was attended by a large number of members and most of the Buffalo students now attending Normal College.

Devoting full time to the job, Ralph Ballin has taken charge of a drivers' training course in his St. Louis high school; it is part of the new safety education.

All his credits completed and all examinations passed successfully, Harry Dippold is now working on his dissertation and shortly expects to get the doctor's degree.

Jacob Kazmar attended Western Reserve University this summer and is working for his master's degree. He writes that he will surely be at Home-Coming this year.

Vinetta Barnitt (Mrs. Bosworth) has moved from Chicago to Miami with her husband and they expect to stay there permanently. They have a boy of nine and a girl of four years.

Harvey Lecollier has returned from a semester's leave of absence which he spent at Northwestern University, and is again teaching in the Fifth Avenue High School in Pittsburgh.

Louis Thierry still spends the summers at his cottage on Torch Lake in Michigan. For a week last summer he had Mr. and Mrs. Emil Rath and Mr. and Mrs. Emil Pletz for his guests.

Dr. Carl B. Sputh attended the American Academy of Ophthalmology and Otolaryngology in Cleveland, October 7-10 and, of course, inspected the new gymnasium of the Social Turners.

Miriam Danner and Adele LaDuron King attended the three weeks' summer session of Indiana University in Experimental Psychology Applied to Learning which was given in Mexico City.

Lucille Spillman attended the New York University Camp in the Palisades Park this summer. After that she came to Camp Brosius for a real vacation with her mother and a girl friend.

Minnie Wassermann Braker and family visited Charlotte Herringer at her cabin in Estes Park, Colorado, and also went into Yellowstone Park. Her sister, Caroline, also traveled through the West.

Louis Montgomery's boys of Kensington High School in Buffalo won the high school track and field meet at the end of the school-year while Carl Baer's boys of School No. 78 won in the elementary school competition.

The Phi Delta Pi Alumni group in St. Louis conducted its second and very successful Folk Dance Evening. American and foreign groups showed native dances in exhibition and then everybody joined in to be taught some dances of other lands and square and round dances of our own country.

Kansas City Alumni seem to spend more than their share in continued study. Gladys Stetson went for a year to Teachers College and is now doing elementary class room work. Laura Bell French spent a year of study at the University of Southern California and is now teaching Physical Education at Central Junior High School. Lena Hoernig attended the University of Colorado last summer while Ruth Ann Frasier went to the University of Iowa.

Three of the Chicago travelers completed their sabbatical leaves this summer. The Greiner twins, Margareth and Meta, visited Japan, Australia, New Zealand, the Philippines and other eastern points. Bobby Larsen toured parts of Europe, the United States, South America and Canada.

Alumni who have met George Seibel, former president of the American Turners, at Home-Coming celebrations, will be pleased to know that he has accepted a position particularly to the liking of one so interested in books, that of Director of the Carnegie Free Library in Allegheny (Pittsburgh).

The Cincinnati Physical Education Society, composed of teachers of physical education, elected Joseph Kraus president. The society has a fine program for the season including rubber tire hikes, a play night, a tennis institute, an address by Dr. J. B. Nash and a visit to the Longview Hospital for the Insane with a talk by the director, Dr. E. A. Bader.

Social Turners of Cleveland erected a new gymnasium during the summer. It is one of the finest and largest in the state. Not to be outdone by the society of which he is the director, Carl Hein bought a new home in Berea, just outside of Cleveland. Carl visited Normal College in September on the way to Greencastle where his son is now enrolled as a freshman at DePauw University.

Another Alumnus who writes that he will attend Home-Coming this year is Thomas Pfaender. He is director of the Department of Health, Physical Education and Athletics in the New Ulm, Minn., schools and has a fine new plant. He is also president of the Minnesota

Physical Education Association and chairman of the recreation committee of the State Congress of Parents and Teachers.

At the end of the last school-year, Wm. Hertel retired after forty-three years of service in the Pittsburgh schools. He was one of the members of the original supervisory staff in the Physical Education department. He spent his youth in East Liverpool, Ohio, and at one time hiked twenty-six miles to Steubenville to take part in an athletic meet; he took four prizes and next day walked home. He is a member of the 1897 class.

During her sabbatical year's traveling, Bobby Larsen visited some of the Alumni in the far-away places. Walter and Elizabeth Rath Hente are living in Alhambra, Calif., while Dorothy Rath Applegate lives in Los Angeles. Albert Tauscher is director of Multnomah Athletic Club in Portland. The University in Scattle keeps Augie Auernheimer busy; right after the end of the summer session he and his family enjoyed a vacation in Montana.

The Ralph Shafers traveled west this year. They camped in Yellowstone National Park, spent two weeks in Glacier National Park, and then crossed into Canada where they were among the first to travel on the new Jasper-Banff highway. They describe this rather narrow road as one of the most scenic on the continent. They camped two weeks at Jasper and ten days at Banff, climbing all over the glaciers. The last two weeks were spent in the Grand Tetons where Mrs. Shafer's sister, Hildegard Hein, joined them.

The Wisconsin Physical Education Association celebrated its 35th anniversary and is probably the oldest state association. One of its founders was George Wittich, now over eighty and still hale and hearty.

#### BOOK REVIEWS

An Anatomical Analysis of Sports, by Gertrude Hawley. A. S. Barnes & Company, New York, N. Y. 191 pages. Price, \$3.00.

Miss Hawley has done a fine job of analyzing the typical positions and movements involved in the sports and activities which are practiced in schools and colleges. She hopes to promote a better understanding of the mechanical and physiological factors underlying many of the injuries to the ankle, knee and shoulder joints, the clavicle, etc., which so frequently occur either in competitive games or during practice.

The book is divided into fourteen chapters covering The Functioning of the Joints, Muscular Action, Archery, Baseball, Basketball, Equitation, Fencing, Field Hockey, Football, Golf, Swimming and Diving, Tennis, Track and Field, and Winter Sports.

The Appendix is devoted to a classification of the skeletal muscles according to their actions.

The book should be valuable in aiding the teacher or coach to recognize physical defects in individuals and thus be able to recommend suitable activities.

The posture aspects of sports is given especial attention.

R. R. S.

The Fundamentals of Personal Hygiene,
by Walter W. Krueger. Third, revised
edition. 304 pages. Price, \$1.75. W.
B. Saunders Co., Philadelphia.

The fact that this book has run through two editions within a few years proves that it is generally accepted as a text on personal hygiene. It is fine for classes in high school and college and can be recommended to every teacher of Physical and Health Education.

#### STUDENT ACTIVITIES

#### JUNIOR CLASS

The Junior Class had its first meeting early in September at which time election of officers was held. Charles Sutton was re-elected president, having performed an excellent job last year as Sophomore Class President. The other officers are: Paul Romeo, vice-president; Walter Mikolajek, sergeant-at-arms, and Doris Pottenger, secretary-treasurer.

The entire class went out to the home of Doris Pottenger for an afternoon and evening of frolic. The self-elected entertainment was the playing of miniature golf followed by a wiener roast.

No definite plans have been made as yet but we hope to have a full and interesting year.

D. P.

#### SOPHOMORE CLASS

The Sophomore Class, with twentyone members, has begun another year.
Our first meeting was held on October
10th at which time the following officers
were elected: Alfred Kayworth, president; Roy Baumann, vice-president; Allen Schueneman, treasurer; Vera Menapace, secretary, and Albert Coakley,
sergeant-at-arms. The intramural leaders were also chosen at this time. They
are: Martha Goodlet and Henry Montoye.

Although our class is small, we expect to hold our own in the intramurals and we are looking forward to a very successful year.

V. M.

#### FRESHMAN CLASS

Our first year at Normal College looks as though it will be a most enjoyable one and we have found things to be very interesting since we started school on September 30th. Our first real chance to become acquainted with classmates and upperclassmen was given us when an all-school picnic was held on October 5th

at Morgan Monroe State Forest. Two buses were chartered to take us to and from the park and needless to say, everyone had a wonderful time. Our second big event was the freshman welcome dance on October 19th. After these two affairs, we all seem to be out of the "stranger" class.

At our first class meeting we had election of officers and the results were: Julian Posner, president; Harriet Peters, vice-president; Virginia Schaub, secretary; Graydon Peeples, treasurer; Gordon Lemke, sergeant-at-arms. The intramural captains elected were Joseph Schwenk and Naomi Liebl. A "splash" party was suggested but nothing definite has been planned. V. S.

#### PHI DELTA PI

Greetings Phi Delts! Alpha's 1940-41 season really began with the election of officers in June. After a too brief vacation during which a "Round Robin" letter was sent to all members, we returned to Normal College to plunge into an active season.

Several meetings and social get-togethers have been held during which our chapter's coming activities were discussed.

Plans for a Phi Delta luncheon at noon, November 23rd have been made, so try to make your Home-Coming plans include this event.

F. A. R.

#### DELTA PSI KAPPA

Alpha Chapter of Delta Psi Kappa has launched on another year, a year which we hope will be most successful. Since this is the first Alumni Bulletin to appear since last May, we'll have to catch up a bit on the activities of Alpha Chapter.

During the National Convention in Indianapolis last June, Pledges Dorothy Spaulding, St. Louis, Mo., and Martha Goodlet, Indianapolis, were installed as model initiates at a most impressive ceremony. Now that school has begun, four more pledges have been made members. Those girls who were initiated are: Doris Pottenger, Indianapolis; Celia Witczak, Buffalo; Ruth Adams, Cincinnati, and Vera Menapace, Syracuse, N. Y. Formal initiation took place at the home of Miss Edna Judson, an Indianapolis Alumni on Sunday, October 20th. Following initiation, the new members were entertained at dinner.

Election of officers was held October 22nd and the officers for the year are: Dorothy Spaulding, president; Doris Pottenger, vice-president; Vera Menapace, secretary-treasurer, and Ruth Adams, chaplain.

Founder's Day was celebrated with a dinner at the home of Lee Norris at which all members of the Alumni and Active Chapter were present. As usual, this was a most impressive affair.

Our next event is Home-Coming. We'll be expecting to see all you Alums at that time. Don't forget the annual luncheon and get-together! Saturday noon, November 23rd is the day. Please make reservations with Vera Menapace, 415 East Michigan street, for the luncheon. Let's make this one of the finest reunions we've ever had! V. M.

# \* \* \* PHI EPSILON KAPPA

Alpha Chapter of Phi Epsilon Kappa Fraternity is looking forward to a busy and successful season.

As sponsors of intramurals, Alpha Chapter plans to enlarge the intramural program for the year. As an incentive to participation, attractive trophies and medals are to be awarded the winners of the various activities. New activities to be held this year include an indoor field meet for both men and women. To afford better participation in the gym meet, varsity gym team members will be allowed to compete, and there will be three

classes of competition—high, middle, and low grade. Awards will be given for all-around competition winners in all three grades. All members of the Fraternity have pledged themselves to push the intramural program to the fullest.

Two sophomores, Steve Rychnowski and Roy Baumann were pledged on October 13. We hope to welcome them as members in the near future.

In collaboration with the two sororities the fraternity is planning the tri-fraternity dance to be held during Home-Coming. We hope to see many of the Alumni present at the dance.

Tentative plans have been made to hold a joint formal initiation for the pledges of Alpha Chapter of Normal College, and for those of Alpha-Alpha Chapter of Indiana University. The two chapters will endeavor to hold at least one joint social function during the year and if possible, more than one. C. L.

#### INTERESTING SCHOOL FACTS

There are approximately 276,500 public and private schools and colleges in the United States.

From 1934 to 1936 the number of elementary schools decreased by 4,000. During the same period there was an increase of 900 public high schools. The number of public high schools increased from 16,300 in 1918 to 25,600 in 1936.

Full-time day schools in 1936 enrolled 30,587,000 persons. Elementary schools reported 22,770,000; secondary schools, 6,435,000; and higher education institutions, 1,208,000. Practically 90% of all full-time pupils are enrolled in publicly controlled schools.

Approximately 95% of all elementary-school-age children in the United States are enrolled in school. Only 67% of those at the secondary school age may be found in school, and only 12% of our college-age persons are registered in a college or university.

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#### YOUTH HOSTELS

(Continued from page 7)

tion usually set up in farm buildings with friendly farm folk acting as "house-parents." A hostel has separate sleeping rooms for girls and boys, separate washing facilities, common kitchen and common dining rooms. Bunks, mattresses, blankets, and heavy cooking equipment are provided by the hostel. If grocery stores are not conveniently near, house-parents keep supplies on hand. Overnight charge 25c, plus 5c or 10c for fuel.

## Who Sponsors Youth Hostels?

A community committee representing local schools, churches, character-building organizations, civic and outdoor clubs. The committee selects hostel and house-parents and assures maintenance of youth hostel standards.

#### Where Are Hostels Located?

Usually on secondary roads, about 15 miles apart, in chains, loops, or networks so that one may hike or bike from hostel to hostel.

# Are There Required Essentials for Hosteling?

You need an AYH Pass, Handbook, and Sheet Sleeping Sack, all obtainable at National Headquarters or the nearest hostel.

#### Who May Go Hosteling?

All those "between 4 and 94" who enjoy the outdoors and like to travel "under their own steam"—by bicycle, foot, skis, horseback, or canoe. Autos, trains or buses are used only to reach the starting

point of hosteling adventure. Hostelers cook their own meals, make their own beds, wash their own dishes, and tidy the hostels. There is no racial, creed or class discrimination.

# What Is Planned for the Cincinnati Area?

Plans of the Cincinnati Committee have been progressing rapidly. The first hostel will be located in the vicinity of Newton, Ohio, where a committee has been formed under the chairmanship of Mrs. Mary Catherine Wersel. This is planned as the first step in a hostel loop up the Little Miami River Valley with one branch off toward Chillicothe where it will connect with the chain of the Columbus Committee, the other branch continuing northward toward Yellow Springs and Antioch College where a youth hostel is being set up by some of the college people. It is planned to make as full use as possible of the scenic and historic places in this region, particularly the State Parks.

A Speakers' Bureau is being set up and we will be glad to furnish speakers to any group wishing to know more about this movement, and we hope shortly to have a motion picture available.

Two information booths will be set up—one at the University of Cincinnati, and one in the downtown district, where information on hosteling may be secured and where passes to use youth hostels may be bought.

Many teachers have acted as leaders for youth groups and have taken short weekend trips, or even extended trips, over youth hostel trails.