# Alumni Bulletin

Vol. XXXI

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No. 2

#### HOME-COMING REPORT

That was a wonderful Home-Coming for me last Thanksgiving. When I asked Alumni president Walter Eberhardt to write a Home-Coming invitation for the November Bulletin he included an announcement of a testimonial for me because he had heard that I planned to retire next year. I wrote him that the affair would be somewhat premature because I expect to be here yet for next Thanksgiving and perhaps even a year or two longer. But Walter made a special trip to Indianapolis and persuaded me to consent to having the testimonial this year for my 37 years as secretary and recorder of the Normal College.

Exactly one hundred Alumni guests attended the banquet, among them Mr. J. A. Franklin, treasurer of Indiana University (my boss) and Mrs. Franklin, and Dr. W. W. Patty, Dean of the School of Health, Physical Education and Recreation (my other boss) and Mrs. Patty. After some enthusiastic singing led by Bill Streit, Walter Eberhardt started the speech-making and called on Dr. Patty, Mr. Franklin and Mrs. Hester (my third boss), and then on Dr. C. B. Sputh who related some amusing incidents of my life. Then presents were brought in, two fine traveling bags and grand fishing equipment, and even a case of beer; the College class gave me a fine billfold. And then it was up to me to reply and thank my friends. The following are some of my remarks that may be interesting to the Alumni:

# Personal Remarks

"It may seem amusing that an immigrant with only an eight grade schooling in a German village school could be registrar of a college for 37 years. But it

really is a wonderful thing and could, I believe, happen only in America. Only our country offers such opportunities, and I am very grateful for having had the chance.

"I was fifteen years old when I came to America. After working on a Chicago German paper for four years, first as printers' devil and then as reporter, I got the wanderlust. Of course I had no money for traveling and like so many others during the depression year of 1896, went on freight trains and saw some of our big, wonderful country. I worked off and on in New York, Cincinnati and Buffalo and was then called to Detroit as editor of a weekly German paper-at the age of 21 years. After three years in this position, I had edited the paper so well that the owner was compelled to guit. With \$300 loaned to me and a partner, I purchased the paper and printing establishment, but after another 41/2 years I gave up the business. My partner later developed it into a well-paying printing plant.

"I wrote to several large German papers and went to Cleveland and also to Akron looking for a position. When I returned to Cleveland I had not enough money for the trip to Detroit and went to the post office to send a card home. There I found a five dollar-bill on the floor and returned to Detroit the same day where I found a letter asking me to come to the Westliche Post in St. Louis at once. If I had not found that five dollars I would probably have returned to Detroit too late to get the position in St. Louis; I would most likely never have met my wife and never gotten to Indianapolis.

#### Coming to Indianapolis

"When I was called to Indianapolis in

1910 I found a position to my liking. Having always been a Turner I was happy as secretary of the Turnerbund and of the Normal College. The year I came here the College had eight students; the next year there were twenty-six and in a few years (before the first world war) we worked attendance up to nearly 150. But don't think that I claim the credit for that. The credit belongs to another man, Emil Rath.

"Emil Rath was exceptionally well equipped for the position of director of the College. A Turner from boyhood on, he knew the practical side of physical education. After graduating from the Normal School in Milwaukee, he gained experience as instructor of the Pittsburgh Turnverein and in the Pittsburgh schools. As director of the College he made it his business to enlarge his knowledge of the theoretical side of physical education and keep up with its modern development; yes, we can truly say that Rath was instrumental in furthering many new ideas in his field. It was my privilege to work with Emil Rath for twenty-four years.

"Rath was a student under George Brosius who directed the normal school from 1875 on. I am happy that I got to know Brosius yet and also the man who taught in the first normal school of the Turners in New York in 1866, Henry Metzner, the historian of the Turnerbund.

"It was also my privilege to meet many of the older graduates of the normal school who worked unceasingly for the introduction of physical education into the public schools. There was George Wittich, in Milwaukee, also director of the normal school for some years; Henry Suder in Chicago; Henry Luther in Cleveland; Dr. Herman Groth in Pittsburgh; Dr. Carl Ziegler in Cincinnati; Alvin Kindervater in St. Louis; Dr. Fred Burger in Kansas City; William Reuter in Davenport; Dr. Robert Fischer and Dr. William Ocker in Indianapolis; Carl Burk-

hardt in Buffalo, and our grand old man William Stecher in Philadelphia. Only the last two are still with us. These are the men who developed physical education in the public schools; they built the platform on which you younger men and women are now standing."

### Other Events

Although Home-Coming was not as well attended as the previous one, it was one of the most successful affairs. The meetings on Friday and Saturday were well attended by Alumni who showed considerable interest and took a lively part in the discussions. The demonstration by the College students was well received. The dance Friday evening was enjoyed by all.

The Alumni meeting re-elected the officers with the exception of the secretary. Present officers are: Walter C. Eberhardt, president; Therese Pletz, vice-president; Lucille Spillman, secretary, and Ray Zimlich, treasurer.—H. S.

#### ANOTHER GENEROUS GIFT

Having already contributed \$1800.00 during the last six years to the Normal College scholarship fund, Mr. Leo M. Rappaport added another \$200.00 at Christmas, so that his entire contribution to this fund now amounts to \$2000.00. Thanks very much, Mr. Rappaport.

#### IN MEMORIAM

Emmett Rice died after a long illness at the age of 55 years. Many Alumni will remember him as a member of the Normal College faculty. He was the author of A Brief History of Physical Education, a textbook used in many Physical education schools. For the last four years he was director of Physical Education in the Indianapolis public schools. His widow is the former Lilly Gally, a graduate of the College.

Of Ohio's 1100 secondary schools, 843 have an enrollment of less than 300 pupils.

#### BOOK REVIEWS

Methods in Physical Education, by Hilda C. Kozman, Rosalind Cassidy and Chester Jackson. 552 pages. W. B. Saunders Co., Philadelphia. \$4.25.

This new methods book follows the usual procedure. The greater part of it is educational philosophy which could be obtained from other sources. Too little tangible material on actual teaching methods is included. The Physical Education student or the new teacher is much more concerned with "how to do it" rather than "why to do it." The book is very well written.

—C.L.H.

Technic of Team Sports for Women, by Margaret H. Meyer and Marguerite M. Schwarz. 431 pages with 258 figures. Second edition. W. B. Saunders Co., Philadelphia. \$4.25.

This book, first published in 1942, gives the technique for the following games: basketball, hockey, soccer, softball, speedball and volleyball. It is clearly written and can be understood by any one in the physical education field. The authors have added very good rules charts which are not merely a reprinting of the rules for each game, but show in chart form at a glance when penalties are called for.

Health Facts for College Students, by Maude Lee Etheredge. 439 pages with 75 illustrations. Fifth edition. W. B. Saunders Co., Philadelphia. \$2.50.

This is a textbook of individual and community health that can be highly recommended for college students. The new edition has been revised to include our rapidly increasing knowledge of health facts. A new chapter on housing has been added. It is indeed one of the best books on health.

#### TEACHER'S WORK HOURS

Detroit has recently completed a study of the working hours of 1450 of its teachers, in 19 schools. It all started when the Coaches' Association requested extra compensation for coaching and other work outside school hours. The question was, was this fair to the academic teachers who also put in many hours of after-school work without pay?

Detroit's survey disclosed that the average work-week for all the high school teachers was 44.5 hours, 12 of which were outside the regular school hours. English teachers averaged as high as 48.6 working hours per week!

Detroit's study is significant in several respects: It shows clearly that teachers in general work a long week as compared with workers in general. It raises the question of what is the best use to make of overtime working hours. And, finally, it demonstrates the high professional character of the teaching staff—many working long hours in order to do their job well.

#### CAMP BROSIUS

Another successful season is anticipated for Camp Brosius. During the month of June approximately ninety students will occupy the camp. The courses to be taught this year include track and field work, boating and canoeing, nature study, and swimming, and also archery for the women.

The children's camp will be conducted from July 3 to August 14. Fred Martin will be in charge again.

The hotel will be operated from July 1 to Labor Day. Mabelle Muenster Schueler will be hostess again. Many requests for reservations in the children's camp as well as the hotel have already been received.

#### MID-WEST CONVENTION

The annual convention of the Mid-West District of the American Association for Health, Physical Education and Recreation will be held in Indianapolis, April 7-10. The program has not been completed; watch the Journal of HPER for announcements. We hope that many Alumni will attend.

# ALUMNI BULLETIN

Published three times a year at Indianapolis, in November, February and May by the Alumni Association of the Normal College of the American Gymnastic Union.

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# STUDENT ACTIVITIES Sophomores

At this time of the year, Normal College students have settled down to the job of preparing for final examinations. The usual noon hour activities have slackened; the dancing to the newly acquired juke box has practically stopped, the boys have slowed down their workout on the apparatus, and all the love birds have vanished from the corners.

We regret that we will lose some of the fellow students at the end of the semester: Jack Conley, Herb Dixon, Bill Miller, Joe Rubel and Bull McCarthy are transferring to Bloomington as they have completed the two years at Normal.

During Christmas vacation, two of the students were married: Ed Burns and Leonard Downarowicz. Neither has been able to find a nice place to live.

We have had only one occasion to be sad this semester, at the time of the death of Mr. and Mrs. Bill Luttinger's baby at New Year's.

The sophomores are finishing their observation in the public schools and are looking forward to practice teaching.

On February 2, the last day of exams, we celebrated with the first social event of this year, a hard times dance.

-Barbara McDonald, Secretary.

# Freshmen

As finals roll around for the first time, the freshmen can look back to a first semester packed full of fun, laughs, new experiences, new friends and some hard work. The class is sorry to report the loss of four of its members: Ernest Jackson, John Kallfelz, John Mesagno, and Melda Younger. We hated to see them leave but we all wish them the best of luck in their newly chosen fields.

We must admit that we have broken our promise to elect class officers. No need has yet arisen for such people to lead the class. If such an occasion occurs, then will be time enough to exercise our rights as democratic voters.

Homecoming, as far as we were concerned, was a howling success. We enjoyed meeting you alumni and hearing you voice your worldly-wise opinions at several of the open discussions. Thank you for advancing money to help pay for the dance decorations. They added just that much more to our festive spirit. We will be looking forward to seeing you all again next year.

Our class has really taken a beating from the sophomores in sport competition. We did manage to beat them in basketball but the extra year of experience proved too much for our fellows in soccer, speedball, and volley ball. Next year will be our time to shine; besides, Mrs. Hester claims that freshmen get too conceited if they continuously beat the sophomores. Could the proposition work both ways?

Through the kind efforts of Lew Evans and money from the Student Fund, Normal College has purchased a juke box which sits like a king on throne in the small upstairs gym. At noon the fellows and girls gather around for a short period of relaxation before returning to classes. It has proved a fine place for practicing new dance combinations as well as just a place for friendly chats and a good time.

Christmas arrived slowly but surely and the out-of-towners crossed off their calendars, packed their suitcases, and hurried home. From the reports we have heard all had a wonderful time at home but were glad to get back to school. It seems a few Easterners who were continuously griping about Indiana's snowless skies got their fill of Santa's white holiday. Two of our class left the ranks of the "foot-loose and fancy free" squad. Leonard Downarowicz was married on December 27; his wife came back from Chicago with him and all seems to be going well. John Angelo became engaged to a "Buffalo gal" while home on vacation. He, also, seems quite happy. Previous to the departure of the students we had a very nice Christmas dance. A gift exchange was held and the committee worked hard to entertain us. Such antics as "hat making" contests and a "truth and consequence" routine kept smiles on our faces. Mrs. Hester's question was: "How is N.C.A.G.U. like a Model T Ford?" It seems they both have lots of little nuts inside and a crank at the front. With such pranks as these you can easily see why we enjoyed ourselves.

That just about brings this semester's events up to date. As soon as finals are

over we are going to start thinking about camp. From all we have been told it must be a wonderful place. Time has certainly flown; it seems only yesterday that school began. Before we know it, we will be sophomores.

-Pat Leffler.

#### BUILDING ORGANIC VIGOR

The foundations of strength are laid in childhood; its building stones are adequate nutrition, freedom from disease and vigorous physical exercise. These are within the reach of all Americans, when we give them priority over other interests.

Weakness makes us slaves; strength sets us free. It was Montaigne who wrote, "The stronger the body the more it obeys; the weaker, the more it commands."

#### LET US THEREFORE:

- Establish real physical education programs in every school in the nation.
- 2. Conduct the program daily, with attention to significant outcomes.
- Build adequate facilities in every school for a vigorous program of physical education.
- 4. Secure teachers who are well prepared to lead in this essential work.
- Refuse to permit an athletic program for the few to deny opportunity for all to participate.

-J. F. Williams.

## HEALTH AND HAPPINESS

If you study people who have especially good health, you will find that they are the ones who have a good deal of zest for life. They are busy at useful work but they are not driven by their work. They are happy in their family life and in their friendships. Happy people seem to have a high resistance to illness, while people who feel useless and unwanted are ill a great deal of the time.

#### PERSONALS

# Appointments and Transfers

The Wild West attracted Cheo Ninos who is now teaching in Glasgow, Montana.

Harold Riess is laboratory assistant in the New York University Safety Center in Schenectady, New York, and also working toward his Master's degree.

Ermal Thorpe Haynes conducts the Tolenos Girls Club in Santa Monica, Cal., for girls 7 to 13 years of age.

After teaching for 25 years in Chicago schools, Georgia Veatch is now editor of The Woman Bowler and president of the Chicago Women's Bowling Association.

Martha Schneider is no longer teaching physical education, but typing in the School for the Blind in Louisville.

The following Alumni were appointed last fall to the teaching staff in the Buffalo schools: Peter Cipolla, Chester Lesniak, Bertram Chalmers, James Butler, George Kuhn, William Kleinman, Kenneth Schreiber, Robert Duerr, Ted Bednarcyk, Anne Messore, Elfriede Wandrey Townsend, and Celia Witczak.

Hildegard Hein is now teaching in the Boulder City, Nevada high school.

Thomas Marshall has resigned from his position in the Buffalo schools and has joined Thomas Roberts and Alfred Sapecky in the rehabilitation program at Batavia (N. Y.) Veterans Hospital.

Effective January 1, Emil L. Pletz has accepted the position of full-time secretary of the American Turners.

# Weddings

Kathryn Schemel was married last May and is now Mrs. Puffet; she lives in Syracuse.

Having built a new home in Pittsburgh, Ernest Senkewitz thought it should be properly filled, so he married a lady with two small boys November 21.

Fred Plag was married last May to Miss Nancy Gilbert of Ocean City, N. J. The marriage of Coila Mae Snider to Mr. Donald Stevens took place December 21 in Indianapolis.

# Births

Lieutenant and Mrs. Clarence Edmonds announced the arrival of a son November 9. Lt. Edmonds is stationed in Frankfurt-on-Main, Germany.

Barry Jay arrived at the home of Mr. and Mrs. Nelson Lehsten in Bloomington on November 28.

On January 16, David John arrived at the home of Mr. and Mrs. Kenneth Rupert in Syracuse. Mrs. Rupert was Elizabeth Underwood.

Marion Dadeker Schoenly lost her mother December 26.

Bob Pegel and wife went to Florida during Christmas vacation.

Sorry to hear of the death of Irene Mezek's father in Chicago.

Mrs. Arthur Buehler was hospitalized recently, but is now recuperating.

Arthur Reisner's cross-country team won both the city and the district championships last fall.

Gretchen and Harvey Lecollier spent the Christmas vacation visiting in Chicago and Wisconsin.

Frank Bild is now practicing Law, but continues his teaching at the Schiller Turners in St. Louis.

Wonder if George Wallenta has his pilot license? We understand that his Plymouth "flew" home after Home-Coming.

Robert Pegel and wife motored to Florida during the holidays. Their trailer was too much for their Chevrolet, so they bought a new Kaiser.

Grover W. Mueller has been appointed chairman of the committee on intercultural relations of the American Association for Health, Physical Education and Recreation. Saturday afternoon walks around Philadelphia, started by W. A. Stecher in 1909, are still conducted by the Wanderlust organization of which Fred E. Foertsch is chairman.

The University of Michigan and Michigan State College have gymnastic teams this season, for the first time in many years. One of the regular judges at their meets is Harry Warnken of Detroit.

The exercises for the women's mass drill at the forthcoming St. Louis festival of the American Turners were composed by Therese Pletz of Detroit. Therese is an advisor to the national technical committee.

In an effort to stimulate and encourage the promotion of gymnastics in Michigan, an A.A.U. gymnastic committee was organized. Harry Warnken is one of the four coaches and instructors appointed.

Among the Alumni vacationing in Florida during Christmas holidays were Louis and Mrs. Thierry; they stopped in Louisville on the way to see Joseph Weissmueller's Christmas program at Louisville Turners.

Fred Foertsch is kept busy with a huge athletic program among the boys in the Philadelphia schools. Basketball games are played in the Palestra of the University of Pennsylvania in order to accommodate the large crowds.

John Kiefer is chairman of a three-day health conference to be held under auspices of the health and welfare council of the Philadelphia council of social agencies. John is special assistant in the division of school extension which sets up adult and other out-of-school education.

Having resigned his position as instructor of Social Turners in Cleveland where he was succeeded by Otto Eckl, Jr., Carl Hein was given a testimonial dinner by the Turners September 20. The hall was filled to capacity and among the guests were many Turners from other

cities. Carl taught in this society for 33 years.

Martha Gable has been temporarily transferred from the Division of Physical and Health Education in the Philadelphia schools to the office of school community relations. She is working mostly with publicity and television. Martie has ordered her tickets for the Olympic Games to be held in London this summer.

W. K. Streit has been named an associate editor of the Journal of Health, Physical Education and Recreation and also a member of the national Professional Education Committee to study existing standards in curriculum, facilities and personnel in undergraduate professional educational institutions and recommend basic standards.

The hall of Central Turners in Cincinnati was destroyed by fire. Rudy Memmel and Bob Ploetz who taught the Turner classes and were looking forward to taking teams to the national festival at St. Louis in July, may have to change their plans. Central Turners is the oldest Turner society in the country; it was founded in November, 1848.

Richard Heinrich retired from the Buffalo schools at the end of the last schoolyear because of illness. Richard came to the Normal College from Denver with his wife and son. He was graduated in 1916 and taught in the Buffalo schools for thirty years; he also taught at Buffalo Turners from 1916 to 1923. His son Carl is now teaching in Buffalo. His friends will welcome the news that Richard is improving.

A testimonal dinner was held in December for Eugene "Sarge" Heck, physical education instructor at Fosdick-Masten Park high school in Buffalo for the past 33 years. Some 275 graduates who are now doctors, lawyers, dentists, etc., honored him at this occasion and presented him with one of the latest model F. M. radio. Eugene Hofmeister, supervisor of physical education in the

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Buffalo schools, was one of the principal speakers.

A miniature Home-Coming was held in Detroit January 2 and 3 when the national executive committee of the American Turners called a conference of Turner instructors, regional directors and national committees. Among those attending were Carl Hein, George Heeschen and Otto Eckl, Jr., of Cleveland; Emil and Therese Pletz and Harry Warnken of Detroit; Charles Geber, Oscar Simmen, Harvey Lecollier, Hans Oechsle and George Reichenbach of Pittsburgh; Carl Lakosky of Akron; Harry Grabner of Fort Wayne; Joseph Weissmueller of Louisville; Rudolph Memmel of Cincinnati; Louis Kittlaus, Frank Bild and Henry Stroer of St. Louis; Wm. Klier of Moline; Fred Bifano of Davenport; Henry Schiget of Clinton, Iowa; Erwin Volze and George Wallenta of Chicago; Fritz Nicke of Syracuse; Andy Lascari and John Stocker (and Mrs. Stocker) of Buffalo; Henry Schroeder of New York.

Even if the day ever dawns in which it will not be needed for fighting the old, heavy battles against nature, muscular vigor will still always be needed to furnish the background of samty, stainly never before have the problems serenity and cheerfulness to life give moral elasticity to our disposition, to

round off the wiry edge of our fretfulness, and make us good-humored and easy of approach.

-William James

#### A CHALLENGE

The future of health and physical education rests squarely upon the shoulders of the persons now engaged in the profession. There is no other way. And of primary importance is the fact that we stand alone-as the halfback on a naked reverse whose progress depends largely on his own skill. The challenge of this position brings out the best in us-loyalty to the profession, determination to succeed despite impending obstacles, and consecration to the task of effecting the inherent values of health and physical education in improving the lives of youth.

The golden opportunity of the present for constructive planning and effective leadership must not be ignored, neither does this opportunity allow for mistakes which might easily retard the program in this country for a generation if not for a century. Never before has so great an opportunity appeared within our professional vista, and cerbeen more complex and difficult.

. Clifford Lee Brownell

FEB 18 1948