

Alumni Bulletin

Vol. XXX

Indianapolis, Indiana, November, 1946

No. 1

HOME COMING

After a wait of five years, we will have a Home-Coming again at Normal College November 28-30, the end of Thanksgiving week. So many Alumni have asked about it during the past year that a very large attendance seems assured.

The program includes the usual get-together Thursday evening, November 28, at the Athenaeum.

On Friday, instructors of the Turner societies will meet for a discussion of various problems, including the arrangement of the next national meet to be held in 1948 as a celebration of the 100th anniversary of the founding of the first Turnverein in America. Other Alumni will meet for a round table discussion of teaching problems.

Reunion luncheons will be held Friday noon. Several Alumni have already written their classmates and invited them to come for a reunion. It is suggested that others who are interested do the same.

A demonstration by the Normal College students will be given Friday afternoon.

In the evening there will be the Alumni Banquet to be followed by a dance in the Athenaeum.

While instructors of Turner societies will probably continue their meeting Saturday forenoon, other Alumni will participate in recreational activities in the gymnasium.

The customary luncheons of the sororities and the fraternity are scheduled for Saturday noon.

Hotels are crowded in Indianapolis as in other cities and it is advisable to re-

serve rooms early. It would also be nice to have all Alumni who will attend, send a post card to the College office.

THE NEW CLASS

The Normal College opened September 27 for the 1946-47 school-year with 76 students enrolled, 45 more than last year. However, two of the men, veterans, have since withdrawn because of illness. So enrollment today is 74, of whom 19 are sophomores and 55 freshmen. Of the sophomores, 7 are women while 21 women are freshmen. Eleven of the sophomores and 28 of the freshmen are veterans who attend under the G. I. Bill of Rights. It looks good to have so many on the floor again.

There have been no changes in the faculty, except that Fred Martin, who was part-time instructor during the second semester of the last year, is now engaged full-time. Since the organization of the School of Health, Physical Education and Recreation of Indiana University the College is a part of this school. Dr. W. W. Patty, until now Director of the Normal College, was appointed Dean of the new School and Mrs. Clara L. Hester is now Director of the College. Emil Rinsch teaches the courses in Education and Social Studies again and Dr. Carl B. Sputh, Jr., teaches First Aid. Dr. Chas. E. Kime will teach Anatomy again during the second semester. Mrs. Constance Zimlich, Mrs. Lola Lohse and George Lipps are part-time instructors. Courses in Chemistry and English Composition, as well as Literature, are given at the Indiana University Extension Division.

THE NORMAL COLLEGE OF THE
AMERICAN GYMNASTIC UNION
as a part of the
SCHOOL OF HEALTH, PHYSICAL
EDUCATION, AND RECREATION
of
INDIANA UNIVERSITY

By Willard W. Patty, Dean

The new School of Health, Physical Education, and Recreation of Indiana University is the outgrowth of programs started by the Normal College of the American Gymnastic Union and by Indiana University. The Normal College, the oldest institution for the preparation of teachers of physical education, began operating in 1866. Indiana University was founded in 1820. It was not until 1926, however, that the activities upon which the new School is based had grown to a point where candidates for the B.S. degree with a major in physical education were graduated. By 1927 graduate courses for M.S. degree candidates were offered. In 1932 the first doctorate with a major in physical education was conferred.

In 1933 a working agreement between the Normal College and the University was made, by which Normal College students transferred to the Bloomington campus for their senior year and qualified for B.S. degrees with a major in physical education under the auspices of the Physical Welfare Training Department of the School of Education of Indiana University.

In 1941 the Normal College was merged with Indiana University and operated as an autonomous junior college of the University. Normal College students transferred to the Bloomington campus at the beginning of the junior year.

By 1945 the work on the two campuses had grown to a point where the Board of Trustees of Indiana University felt that the program could be advanced best by the formation of a School of Health, Physical Education, and Recreation.

The emphasis of the program of the new School has been influenced by three harmonious factors:

1. The past philosophy and program on the Bloomington campus.
2. The national program and organization of the American Association of Health, Physical Education, and Recreation.
3. The philosophies and programs of the American Turners and the Normal College of the American Gymnastic Union.

It is especially interesting to note how closely in accord with the organizations and purposes of the new School are the published beliefs of the American Turners.

II. Purposes of Physical Education

I have been given access, through the courtesy by Dr. Carl B. Spath, to some of the publications concerning American Turnerism. I was interested in noticing that the statement of the goals of American Turnerism are in close harmony with the statement of purposes, already mentioned, for a modern physical education program. Ernst A. Weier, on page 15 of "The Work of the American Turner Societies," asks: "What is the ultimate goal of American Turnerism?" His answer is: "The goal of American Turnerism will be achieved when every boy in the United States and every girl, for that matter, receives the education which aims to make him or her physically, mentally, and morally sound—an education quite as advantageous for peace as for war." He states further that: "The physical training of Turnerism develops mind and character as well as body. Such training counts heavily in war, but it counts still more in the production of cheerful, efficient, and peace-loving citizens." It would appear that leaders in the physical education program have been strongly influenced by the philosophies and by the examples of programs of the Turner Societies.

III. America's Debt to the Turner Movement

I have long admired the Turner movement in America. The Turner Societies in Indiana, such as the Athenaeum Turners, are held in high respect. It has been my privilege to know personally some of the leading citizens of Indiana who are members of this organization. I was thrilled, however, when reading the history of the North American Gymnastic Union, to realize the prominent part played by this organization in developing many of the things that we hold as most valuable in America today.

A. Concepts—Social and Political

When we remember that Carl Beck, Carl Follen, Francis Lieber, and others who played important parts in establishing American Turnerism came to the United States primarily in order to live and work in a nation of free men, we can understand why the organizations which they helped to found have continued to work and to fight for freedom and for those provisions that are favorable to the happiness and success of free people.

It would be difficult, indeed, to find in brief form a better statement of a program for preserving democracy than that of the "American Turners Creed" which you know so well:

"Liberty against all oppression; Tolerance against all fanaticism; Reason against all superstition; Justice against all exploitation; Free speech, Free press, Free assembly for the discussion of all questions so that man and woman may think unfettered and order their lives by the dictates of conscience—Such is our idea, which we strive to attain through—A Sound Mind in a Sound Body."

B. Health

The Turners have long believed in the value of health. They were among the pioneer leaders for a public health movement in the United States. Among the resolutions passed at the national convention of the Turnerbund at Cleve-

land in 1878*, the Turners "recommended laws for the inspection of factories, food, and lodgings as a sanitary safeguard, and for the restriction of child labor in factories." The well-known emphasis upon physical activities for all, as well as for the few who excel, has been an important contribution of Turnerism to health.

C. Physical Education

Since 1824 when Carl Beck established the first gymnasium in America, patterned after the plan of Friedrich Jahn, at the Round Hill School for Boys until the present, the physical education program has been developing. It still needs much expansion and improvement to be entirely satisfactory. The present program, however, owes much to the Turners. The first physical education classes in public schools were introduced in the systems of Cincinnati and St. Louis about 1860 by Turners. Turners, both as organizations and as individuals, deserve much credit for progress in physical education in our schools and colleges.

D. Playground Movement

Play has always been considered an important part of Turner activities. The first work of Friedrich Jahn was carried on out-of-doors. The History of the North American Gymnastic Union states on pages 56 and 57:

"As early as the late sixties, boys and girls in Cincinnati enjoyed the giant stride and swings in the large playground or garden, as it was then called, back of the old Turner Hall, and did stunts upon the horizontal bars, jumped and vaulted into jumping pits filled with tan-bark, threw the javelin, and played ball. It was, therefore, perfectly natural when the modern playground movement swept over Europe and over the United States that the Bund's teachers and leaders were again willing to cooperate

* A Brief History of the North American Gymnastic Union, pp. 49-50.

in organizing and supervising playgrounds."

E. Family Recreation

I have often thought that the Turner Societies constitute the best example of family recreation in America.

In these days when one hears so much concerning juvenile delinquency and of homes whose members are said to be practically strangers to each other, the Turner programs are an inspiration. Reference to the publication, "The Work of the American Turner Societies" shows activities planned for boys and girls aged three to men and women of old age.

Reference to the publication, "Athenaeum Turners" shows a listing of social activities, gymnasium, dramatics club, recreation room for old and young in such activities as table tennis and shuffleboard, card parties, male chorus, symphonic orchestras, educational programs, restaurant services and women's auxiliary activities. What better influence toward preserving the American family can be proposed than recreation and educational centers such as the Turners provide where the entire family may find attractive activities of mutual interest?

F. Teacher-training of Physical Educators

History reveals that the Turners founded the first American institution for the preparation of teachers in physical training. Even though the Civil War delayed the actual operation of the Normal College until 1866 after its conception in 1860, it holds a proud place as the pioneer training institution in an important field.

This long service and the efficiency of the college have enabled it to contribute many strong professional leaders to the field. Anyone who considers the fact that its alumni now serve as directors of physical education in such important cities as Buffalo, Chicago, Cincinnati, Milwaukee, Philadelphia, and St. Louis must recognize its excellence. Its many alumni who serve successfully in Turn-

vereins, colleges and universities, and public and private schools are further evidences of the value of its services.

IV. Indiana University's Appreciation

Indiana University expressed its appreciation of Turnerism and of the Normal College of the American Gymnastic Union in concrete terms. In 1933, when invited by the directors of the College, a working agreement was effected by which Normal College students transferred to Indiana University for their senior year of work and received a degree from the University, as well as from the College. In 1941, again at the invitation of the directors of the Normal College, there was a merger of the College with Indiana University. It is now a part of our new School of Health, Physical Education, and Recreation. Also, Indiana University granted special diplomas to several hundred alumni of the Normal College who received their Bachelors degrees prior to the working agreement of 1933. This insured those alumni a permanent alma mater and recognition of their training by accredited agencies as of approved standard by the American Association of Universities—the highest accrediting agency in North America.

Why did Indiana University do this? It was because our investigations indicated that work of excellent quality had been done by the Normal College of the American Gymnastic Union. It was because our eight years of operation of a working agreement had brought increased respect for the College, its students, and its friends—The American Turners. It was because we felt that the College and its supporters had a valuable philosophy of physical education that should be perpetuated.

V. The New School of Health, Physical Education, and Recreation

The new School of Health, Physical Education, and Recreation of Indiana University still stresses physical education. In its organization and curricula

the importance of the fields of health and safety and of recreation is also recognized.

The Normal College of the American Gymnastic Union continues its work in the same physical surroundings at Indianapolis and at Camp Brosius as during the past decades. It is to have the status of a separate department of the new school. It will continue with the same faculty as last year excepting that Frederick Martin has been appointed as a regular full-time instructor, instead of part-time instructor as formerly. Also, Mrs. Clara L. Hester has been appointed as Director of the Normal College Department of the new School, succeeding Dr. Willard W. Patty who has been named as dean of the new School. The staff will continue to have the same freedom in carrying on the first two years of preparation of teachers for schools and instructors for Turner societies as in former years. Students will transfer to the Bloomington campus of the University at the beginning of the junior year and complete the work for the Bachelor of Science in Physical Education degree in the same manner as has been followed since 1941.

The new School of Health, Physical Education, and Recreation is composed of seven departments and one bureau:

1. Department of Physical Education for Women. Includes physical education service courses, adapted and restricted classes (correctives), and intramural sports.
2. Department of Recreation Training and Service.
3. Health and Safety.
4. Normal College of the American Gymnastic Union.
5. Bureau of Service and Research.
6. Professional Department.
7. Department of Intercollegiate Athletics. The staff belongs to the School faculty, but the direct control of the athletic program is in the hands of the Indiana University

Faculty Committee on Athletics as prescribed by Western (Big Nine) Conference regulations.

8. Department of Physical Education for Men. Includes physical education service courses, adapted and restricted (corrective) classes, and intramural sports.

This is the first of a series of brief articles concerning the new School. Additional information concerning the School, its curricula, its personnel, and its services will appear in the Bulletin from time to time.

APPARATUS WORK FILM

Upon the request of many physical education instructors, the championship gym team of Blewett High School, St. Louis, Mo., had a silent film produced, illustrating the progression of apparatus work. The demonstration shows the development of muscular strength, coordination, rhythm and control.

Featuring the apparatus in the gymnasium, the boys demonstrate exercises from the beginners' group through the senior activities, followed by a similar progression of hand balancing.

The reel is a sixteen millimeter film, six hundred feet in length, and about twenty minutes are required for showing. This reel can be obtained upon request from the school at a rental charge of five dollars to cover expenses of shipping and servicing.

DONATIONS TO THE LIBRARY

A welcome collection of books and pamphlets to be added to the College library was received from Albert Steinhäuser, in New Ulm, Minn., for years publisher of the Amerikanische Turnzeitung and Mind and Body. He sent three big boxes. Mr. Rinsch is still busy classifying them.

Several books were also received from Herman May of Ballston Spa, New York, a graduate of the class of 1891.

THE STAR WRITES OF MRS. HESTER

The Indianapolis Star publishes a series of articles about outstanding women in profession and business under the title "They Achieve." In the issue of September 1, Clara Ledig Hester was added to the women thus honored. The article follows:

Just because the war is over we should not forget all about our big campaigns for physical fitness, according to Mrs. Clara Hester, who is a professor and dean of women at the Normal College of the American Gymnastic Union of Indiana University. "Emphasis on complete physical fitness is one of the things our school always has stood for," she said. "We consider physical education as much a part of schooling as academic subjects.

"Children ought to have certain basic skills. They should be taught to walk properly, to run without exertion, to have good posture, to throw a ball with a reasonable amount of skill. Too many of them can't handle their bodies or any of the simplest play equipment," she said.

"No child dislikes physical activities under normal situations. It is when he is asked to play quietly in street shoes, in a tiny room with no equipment, that he tries to get out of it. Gym classes should be as small as those for mathematics."

Mrs. Hester has been training physical educators since 1924. Since the school became affiliated with Indiana University in 1941, students have two years in the school here in the Athenaeum, then two years on the Bloomington campus.

"It takes brains as well as brawn to be a physical education teacher," Mrs. Hester says. "People who have played baseball or basketball and like to swing on rings and think they can spend their college years doing just that have a big surprise in store—they must carry a full academic load, including chemistry, psychology, English, anatomy. For after

all, it is physical education—not physical culture or training."

Mrs. Hester is concerned primarily with dancing and rhythmic— which are taught to both men and women. She also has charge of women's sports, teaches methods, supervises practice teaching in local schools. Each summer she goes to Camp Brosius at Elkhart Lake, Wisconsin, which is operated by the school. Students spend the month of June there, then the following six weeks it is operated as a children's camp for about 60 boys and girls between 7 and 15. She has served as director for the past four years.

Clara Ledig Hester was born on the South Side, attended Schools No. 31 and No. 18, and Manual. "Like everyone who grew up on the South Side, going to the South Side Turners was routine, whether you were athletically inclined or not," she said. "In those days I was more of a student than an athlete."

After graduating from the old Indianapolis Normal School, she taught the fourth and fifth grades in local schools, including the Lincoln (No. 18) which she had attended.

"I became interested in recreation work with children," she said, "working with the city department at the center at Ringgold Avenue and Greer Street. Soon I realized how little I knew and took a year off to go to the gymnastic normal school. I got so interested that I just stayed on. My second year I was a supervisor of physical education in public schools, and in the fall of '24 I became a teacher here."

She received a bachelor of science degree from Indiana in 1930, a masters in '36, and has an honorary degree from her own school. She is a past president of the Indiana State Physical Education Association, has been active in the revision of physical education curricula in the state, belongs to Delta Psi Kappa, national professional organization, and the women's club of the Athenaeum. She

keeps house for her husband, Clarence Hester, and her parents. Her chief form of exercise is walking, her major recreation, making her own clothes.

This week end she is on the program of the American Turners conference—the organization out of which interest in physical education in the United States sprung—and through which early teachers of the subject were trained.

As for the qualifications for a physical education teacher today, she says, "It takes the same qualities that make for any good teacher, plus some liking for out-of-doors sports and unselfishness. It is unquestionably a field for young people—and it is necessary for them first of all to get over the silly idea that physical education is just gymnastics."

Mrs. Hester thinks parents and students should demand good physical education programs in the schools—or they will be minimized with drastic results to the national health.

TURNERS' CONVENTION

The 41st biennial convention of the American Turners was held in the Indianapolis Athenaeum August 30 to September 1. It was the best attended convention in many years and, according to opinions expressed by many delegates, the best organized. Dr. Carl B. Spath, Sr., president of the Athenaeum Turners and chairman of the arrangements committee, was elected convention chairman.

Many interesting topics were discussed. Among other things, the convention adopted a resolution creating a pension fund for instructors in Turner societies, also one for the creation of a special fund to perpetuate the work of the Turner societies, and one arranging for another class leaders' course in Cleveland next July. Such a course was held last summer under the direction of Carl Hein and Therese Pletz, with 20 men and 19 women attending. Three of the men and two of the women have since entered the Normal College.

The Women's Auxiliary of the Turners also held its meeting in the Athenaeum. Of special interest to Alumni is the resolution to provide support from the Student Loan Fund to Turner girls attending the College; until now loans were restricted to men. This fund now totals \$4,900.00.

The National Executive Committee of the American Turners was again entrusted to Detroit Turners and the by-laws were changed so as to make it a six-year term of office instead of two years as heretofore.

At a joint meeting of the Turners and the Women's Auxiliary, Dr. W. W. Patty and Mrs. Clara Hester spoke of the Normal College, while Dr. Herman B Wells, president of Indiana University, spoke at the banquet.

IN MEMORIAM

With deep regret we report the death at the end of May, of Ward Gray Biddle, vice-president and treasurer of Indiana University, at the age of 55 years. Long before the merger of the Normal College with the University, Mr. Biddle took great interest in the College, which he considered one of the best schools of its type. He loved Camp Brosius and looked forward to spending another summer there; he gave much thought to plans for its improvement. The College lost a good friend.

One of our "grand old men in physical education," Edward Funke, died during the summer, at the age of 74, in his home in New Holstein, Wisconsin. Since he was 15 years old, he helped to teach classes of the New Holstein Turnverein and continued as instructor until the very last. Ed Funke also was very active in civic affairs, holding elective and appointive offices in his city for many years. One of his daughters, Janet (Mrs. Morris of Kansas City), is a graduate of Normal College.

ALUMNI BULLETIN

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PRESIDENT'S MESSAGE

Dear Alumni: The time we have looked forward to has finally arrived. Home-Coming will really be held this year, and I hope that your plans are now complete and that we will be seeing you down at the "Ath."

We shall be so happy to see our ex-G. I.'s and all of our Alumni and classmates. Do write to several of your classmates and get your group together for that class reunion. There will be so many to see, and so much to say, that you really couldn't miss Home-Coming. We are looking forward to seeing you, so don't disappoint us and yourself.

Sincerely,

Bobby Larsen.

BOOK REVIEWS

Growth and Development of the Young Child, by Winifred Rank, Mary E. Sweeny and E. Lee Vincent. Fourth Edition. 481 pages with 63 illustrations. W. B. Saunders Company, Philadelphia. \$3.00.

This book is a complete revision of one which first appeared 15 years ago. The newer knowledge of medicine, nutrition, physiology, psychology, sociology, and education, have been put into the picture. The book carries the various phases of child development from pre-natal influences until the child is ready for school. The physical growth is taken up in several comprehensive chapters. The nutritional care of the child, his intellectual growth, social and emotional development are taken up in subsequent chapters. All influences which play a part in the child's development are discussed. Altogether, the book is a splendid and comprehensive treatment of the development of the pre-school child.

* * *

Health Education in Rural Schools and Communities, by Nina B. Lamkin. 209 pages. A. S. Barnes & Company, New York. \$2.50.

This book, of course, is a treatment of a specific problem, the problem of health in rural communities. It deals with the type of material that one is accustomed to associate with the problem of health: the health services, the aspects of mental health, health instruction, the health problems of the high school, community cooperation, and the health of the teacher, are discussed in various chapters. At the end of the book, various types of record forms and check lists for evaluating conditions and programs are included. A very comprehensive bibliography and a list of publishers, commercial firms, and magazines that furnish health materials, are given.

The Health of the School Child, by Gertrude E. Cromwell. 256 pages with 46 illustrations. W. B. Saunders Company, Philadelphia. \$2.50.

This book deals with the various health problems of the school child. In eleven chapters, the author discusses briefly the growth of the child, the school environment and its influences upon health, the school medical program, the problem of communicable diseases, sight and hearing conservation, the physical education program, the health instruction program, the problem of the handicapped child, nursing program, and finally homes, school, community relationship. Naturally for such a wide scope of material, each subject is treated rather briefly. However, the entire subject is rather well treated.

* * *

The Administration of Health and Physical Education, by Jesse Feiring Williams and Clifford Lee Brownell. Third Edition. 483 pages, with 65 illustrations. W. B. Saunders Co., Philadelphia. \$3.00.

Since everybody is familiar with this particular book, we need not give a more detailed description.

* * *

Guidance of Children Through Physical Education, by Dorothy LaSalle. 292 pages. A. S. Barnes & Company, New York. \$2.50.

Miss LaSalle has made another contribution to her splendid list of volumes dealing with the problem of physical education at the elementary level. This time she has devoted quite a number of chapters to the very practical phases of the physical education program. The second part of her book is devoted entirely to activities which should be given to elementary school children. The first part of the book deals with the objectives, the child's needs, development of health and health instruction, the organ-

ization of classes, and the guidance necessary for the development of skill and social adjustments. At the end of the first part the author discusses methods of evaluating the program. This book has much to offer to those teaching at the elementary level.

* * *

Personal Hygiene Applied, by Jesse F. Williams. Eighth Edition. 564 pages with 156 illustrations. W. B. Saunders Co., Philadelphia. \$2.50.

This well-known text on personal hygiene is now in its eighth edition, a proof of its wide use as a text-book. It can be highly recommended for high schools and colleges.

CAMP BROSIUS

Camp Brosius had the biggest season last summer since it was started by the College in 1921.

Thirty-five students attended the camp in June and, unlike that of last year, the weather was fine throughout.

Sixty children came for the children's camp from July 1 to August 10, which was again under the direction of Mrs. Clara Hester. This is the largest enrollment the camp can have; both the girls' and the boys' side were filled to capacity.

The hotel did a bigger business than ever before and was pretty well filled throughout the season; many requests for reservations had to be turned down for the height of the season from the beginning of July until the end of August. Among the Alumni who visited were Dr. Carl B. Sputh, Sr., and Mrs. Sputh; the Kripners; Mrs. Ruth Hessler Roberts and husband; Anita Hartung; Lucille Spillman; the Greiners; Ray and Connie Zimlich; Bernard Brockman and family; Winona Fitzgerald Lindley and husband; Esther Heiden. Although it was sometimes difficult to get meats and other items, excellent meals were served in the camp as well as the hotel.

PHYSICAL UNFITNESS, AN AMERICAN TRAGEDY

It is a shock when you go to the doctor and he tells you bluntly that you had better begin to take care of yourself—that there are dangerous symptoms of downright serious ailments.

Pearl Harbor brought war and Dr. Uncle Sam called in all his young men. What he discovered about their health was shocking. Selective Service records fairly shout that it's time for the nation to take care of its health.

Health was vitally important for war; it is no less so in peace. You can throw away tanks and build better ones tomorrow, but a healthy race of people can't be built that way. Here are some of the facts revealed by World War II:

More than one out of every three men, 18-37, called before the Selective Service boards was found unfit for duty.

Even among the youngest men called, the 18-19 year old draftees, approximately one out of every four called up for military service was rejected—most of them for physical defects. Among whites, rejections in this age group were 23.8 per cent, while the Negro percentage was 45.5. The rejections for farm youth were 41 per cent compared to 25 per cent for all occupational groups.

Many accepted were later discharged due to a lack of physical endurance to meet the strenuous conditions of basic training. Far too many were found lacking in muscular development and endurance and others suffered from emotional handicaps.

Human waste on such a scale is an extravagance we cannot afford. Estimates made from time-lost figures supplied by the United States Public Health Service and based on a sample of industrial workers, reveal that between 400 and 500 million days per year are lost among the civilian working population because of illness.

Who is responsible for the nation's

health defects? Individuals, parents, schools, public health services, doctors, lawmakers—all have a share.

The average citizen bears responsibility not only for safeguarding his own health but also for helping to develop public sentiment leading to adequate health and educational policy.

Our health and fitness program should begin with prenatal care, home supervision of all health building factors in early childhood, an adequate program for school and college days, conditioning and recreational activities for youth and middle life, and a regimen of health protection and conservation for later years.

At all age levels, medical and dental services should be available upon individual need. Continuous public health and sanitation measures are essential.

Many schools where resources are adequate have excellent health and physical education programs.

Much more frequently the resources available to the schools make such programs impossible. Example: In 1943-44 only 50 per cent of the boys and girls in the last two years of high school throughout the U. S. were receiving any kind of organized physical education instruction. Only 20 per cent were receiving any kind of organized health instruction.

Adequate school health programs are imperative. The formative years of school age are critical ones for developing health and physical fitness. A strong school health, physical education, and recreation plan will go far toward the development of a healthier citizenry.

Every individual community and state should study its health needs and make available the necessary leadership and facilities to meet them. No more urgent and certain investment in the welfare and security of the United States can be made.

The Public and Education.

PERSONALS

Appointments and Transfers

Alumni added to the Indianapolis schools: Jean Westphal at Howe high school; Caryl Gaines at Manual Training high school in place of Dorothy Siling Huber, who resigned; Virginia Eckel at Washington high school; Steve Geisler, Robert C. Shoemaker (both received the M. S. degree from Indiana University in June), Joseph Goldenberg and Joseph Statz in elementary schools.

June Bosworth has been appointed to teach in Central high school in Muncie, and Minnie Rose Snow in the Junior high school of the same city.

Cheo Ninos is teaching in the Terre Haute schools.

Lester Webber has taken the position of physical director in the Fort Wayne Y. M. C. A.

Several changes occurred in Missoula, Montana. Charles Hertler, who left the University to become state supervisor of physical education, has returned to the University faculty. Carl E. Klafs, who was city director of physical education, took over the state supervisorship and Henry O. Meyer took his place in the city schools. Mary Beth Schafer, who was married and whose husband, Herbert Allender, is a student in the Montana State University, is teaching swimming, tap dancing and volleyball in the University. One other Alumnus is located in Missoula: Clarence Porter, who is superintendent of schools.

Rudolph Schreiber is now vocational adviser with the Veterans Administration at the Baldwin-Wallace College Guidance Center. He visited the Normal College at the beginning of October.

Karl K. Klein has joined the faculty of the Syracuse University physical education department.

Edward Leibinger is teaching in the Tonawanda, N. Y., schools and coaching football after school. He found that his nearest competitor, North Tonawanda

high school, is coached by his classmate Jack Christman.

Nick Schreiber has advanced to the principalship of the Ann Arbor, Mich., high school.

The Akron Turners Club, for several years without an instructor, has engaged Carl Lakosky.

Buffalo PEK honored Ray Glunz at their October meeting for having been appointed assistant supervisor of physical education in the public schools; Gene Hofmeister was appointed supervisor after the retirement of Carl Burkhardt.

Pearl Barnekow has received permanent appointment in the Buffalo schools and the following Alumni were appointed temporarily: James Butler, Albert Coakley, Robert Duerr, Renilda Kittlaus Glunz, Mina Schnitzer Johnston, William Kleinman, George Kuhn, Chester Lesnick, Anne Messore, Joseph Palmeri, Richard Roberts, Elaine Polsek Roeder, Alfred Sapecky, Kenneth Schreiber, Lucille Sielski, Fay Skerker, Evelyn Johnson Tanzine, Elfriede Wandrey Townsend, LaMar Keltz Whalley, Celia Witczak. Theo. Bednarczyk and Kaseal Peck-off have resigned.

William Baltz has taken a position in Ellicottville, New York.

After returning to Cincinnati for a while, David Gregg has resigned and gone to Florida again.

Taking the place of Alfred Diete, who is on a sabbatical leave, Robert Kreutzer was transferred to Lane high school in Chicago.

Karl Fehrenbach is back teaching and has been promoted to the Herron Junior High School in Pittsburgh. Ernest Senkewitz has also taken up teaching again and is at Arsenal Junior High School.

* * *

Weddings:

During the summer, Naomi Liebl changed her name to Mrs. Wayne. She lives in Bloomington, where her husband attends the University.

Another summer wedding was that of Clair Fissler in Buffalo.

Several Alumnae in Buffalo have been married for some time, but the Bulletin was not informed. Grace Stephan is now Mrs. Coughlin; Vera Simon, Mrs. Graesser; Mina Schnitzer, Mrs. Johnston, and Alberta Shear, Mrs. Carberry. All but the last are still teaching in Buffalo schools.

The marriage of Loretta Thierry to Mr. Malcolm Hodges took place in Detroit September 14.

Carl A. Priest and Miss Sylvia Sholty were married August 19 in Indianapolis.

May 30 was the wedding day of Ruth Frasier, who is now Mrs. Lee Denton. She has resigned from the Kansas City schools and is living in Freeport, Illinois.

Marjorie White was married June 25 to Paul Armstrong; she lives in Fort Wayne, but still teaches at Howe High School.

* * *

Births:

Caryl Ann arrived at the home of Fred Ploetz in Cincinnati during the summer.

Harold Oden and Estelle announce the arrival of Jeanne Lynette on May 8.

The Heeschens reported the arrival of the fifth baby, Russell Clifford, on July 9.

Edith Kern, now Mrs. Howard F. Best, reports the birth of Thomas Peter on October 11; she lives in Lakeland, Fla.

In June, a little girl called Karol Ann, arrived at the home of Louis Kittlaus in St. Louis.

Alvin Baer who is in the insurance business in Newark, N. J., announces the arrival of a daughter six months ago.

Another little girl came to the home of Mr. and Mrs. Richard Barrick in Pittsburgh September 29.

* * *

We regret to report the death of Mrs. Clara Hestor's father, October 30.

George Reichenbach is teaching at the Johnstown Turner Society.

Elsa Kramer went to Texas during the summer visiting a friend.

Jake Kazmar undertook a long canoe trip in Canada during the summer.

Among the new home owners is Florence Thorelius Green in South Bend.

Ed Krueck has retired from the Cincinnati schools and spent last winter in Florida.

Welcome visitors in Buffalo during the summer: Lelia Gunther and Vera Ulbricht.

After several years in service, Fred Plag is back at North Side Y. M. C. A. in St. Louis.

Nelson Lehsten was director of recreation on the Bloomington campus during the summer session.

After several months of serious illness, Gustav Heinemann is back on his job at Temple University.

Alfred Diete has taken a sabbatical leave from Lane high school in Chicago and is now in Mexico.

A trailer housed the Pegels this summer while he was director of a boy scouts' camp in Michigan.

Edward Stanley gave up his position in the Indianapolis Boys' Club and is managing his farm near Knox, Indiana.

Albert Haas has been elected president of the western zone of the New York Physical Education Association.

Having been completely converted to farming, Nelle Passant Jessup could not be tempted to return to teaching this fall.

Martha Hehrlein combined a grand trip to Florida and Havana with a visit with her classmate Vinetta Barnitt Bosworth.

After being hit by a careless auto driver and spending some time in the hospital, Bill Hertel is well and hearty again.

Frank Eckl's daughter Shirley has just returned from London after completing an engagement with the American Ballet.

Gretchen Lecollier had a thyroid operation in August, but feels quite well again; however, she is now in Florida recuperating.

The Shafers spent the summer in western Canada. Now they are back on the job and Ralph is busy refereeing football games.

Fire destroyed the Lecollier-Danver hunting lodge near Clarion, Pa., during the summer. They are now renovating the chicken house as a "Junior Hunting Lodge."

Marion Dadeker Schoenly spent the summer as camp counselor in the Pocoson; her daughter Barbara was with her. Her husband and son were at a boys' camp nearby.

We regret to announce the death of Bill Streit's father at the age of 80; Edna Goedde Swezey's father; Elsa Hoyer Tuthill's mother and Edna Shafer Eggleston's husband.

John Kieffer is busy with adult education as part of Philadelphia's division of school extension. This fall he assisted in setting up an exhibit of art work done in adult classes.

Alice Lange Dauer lives in Willow Run, Mich. Her husband is attending the University of Michigan for his doctor's degree. She has a son, Teddy, almost three years old.

Martha Gable is the chairman-elect of the national section on women's athletics and a member of the Board of Managers of the Pennsylvania Congress of Parents and Teachers.

For about three years, Dr. C. F. Weege took over the office of a physician who went into service, but he is out of that now and working again in his garden in Des Plaines, Illinois.

Mrs. Agnes Bridgford, president of the Delta Psi Kappa Alumni chapter, wants to remind Psi Kaps of the reunion luncheon Saturday noon, November 30, and asks for early reservations.

The Henry Schneiders flew to San Francisco to attend the meeting of the

American Proctologic Society and spent the remainder of the summer at their farm in Bucks County, Pennsylvania.

Having reached his 81st milestone in May, Dr. Robert Nohr is still as active as ever. He bowls regularly, attends social dancing classes and during the summer worked again on a playground.

Anne Hausknecht Miller is so anxious for her children to get the right instruction in dancing that she has formed a dancing class and is teaching it herself; she also has an adult folk dancing class.

St. Louis Alumni had a grand reunion at Concordia Turners when Therese Pletz came to town for a visit. It was just a preview of the reunion all are looking forward to at Home-Coming.

Melvin Oppliher received the Master of Arts Degree from St. Louis University in May, with a major in Education. His thesis was: A self-rating scale for directors of recreational guidance activities.

The Pritzlaffs did the unusual this summer and stayed home. Their older son, on inactive duty, is teaching physics at Northwestern University, while the younger has just entered that institution.

After serving on Philadelphia's playgrounds as supervisor, Fred Foertsch flew to Kansas City and Indianapolis. He is president of the Philadelphia Association for Health, Physical Education and Recreation.

Phi Delta Pi held its convention at Hershey, Pa., August 20-23. Lucille Spillman was reelected president and Louise Karle Murphy was elected treasurer; Margareth Greiner was appointed finance chairman.

Of the Chicago Alumni, Nanon Rodde-wig spent the summer at her cabin near Brainerd, Minn., while Lawrence Handschu and family divided their vacation between visits with Indiana relatives and their farm in Wisconsin.

Dr. Carl B. Sputh and son, Dr. Carl B. Sputh, Jr., took a week off in October and attended the American Academy of

Ophthalmology and Otolaryngology in Chicago, and also the meeting of the International Rhino-otolaryngology society.

A committee of Philadelphia teachers, of which Grover Mueller was chairman, compiled a report on proper facilities for gymnasiums, playgrounds, athletic fields and swimming pools for elementary and high schools. Blue prints and a thick booklet are now ready for the printer.

Reo Olson retired this spring from the Chicago schools. She met Laura Mead Pettis and husband in Philadelphia this summer and drove with them to Nova Scotia. While she then returned to Chicago, they went on through Canada and then headed for Mexico.

The St. Louis Board of Education is launching an after-school recreation program for elementary schools to combat the problems of juvenile delinquency. Louis Kittlaus, director of physical education, is working on it with the assistant superintendent of schools in charge of elementary schools.

Older Alumni who met Franklin Vonnegut when he was a member of the College Board of Trustees, will be interested to know that he celebrated his 90th birthday on October 20. His brother George, a member of the 1881 class of the normal school, was 86 on October 22. Both work in their offices at the Vonnegut Hardware Company in Indianapolis every day.

At 83 years of age, C. Otto Meier still works his five-acre farm at Harvey, Illinois. He takes his exercises every morning and then he tends to his animals and works in the garden. He likes the Alumni Bulletin and is still much interested in the progress of physical education. He taught for 18 years at Lincoln Turnverein in Chicago and then for 22 years in the public schools.

STUDENT ACTIVITIES

Sophomores

Hi, Sophomores! Glad to see that so many of you have returned. All but two of our classmates are back with us this fall. Bett Nicholson is now working for R. C. A. and Christine Matthews is employed by an insurance company. By the way, Chris recently became engaged to LaMarr Williams of the freshman class.

Our class has increased since last year. Bob Mayberry, Bob Marx, Joe White, Pat Fiumano and Charlie Sallwasser now bring the total to nineteen.

We had our first class meeting September 30 and elected Roy Broadwell president and Betty Byrne, secretary.

On Friday, October 4, we had our first social affair of the year, a dance held to welcome the freshmen; everybody seemed to enjoy himself.

Jack Conley is now the proud father of a baby boy, Michael James.

At present we are anxiously awaiting Home-Coming which will be a new experience for us. We sincerely hope that many Alumni will be able to come back and renew friendships. Betty Byrne.

* * *

Freshmen

We freshmen, fifty-four strong, were welcomed to Normal College on September 28 with a physical and mental examination. Our class is proud of its veteran membership of twenty-eight former servicemen and one service-woman.

We wish to thank the Sophomore class for the very fine Freshmen Welcoming Party. The mixers and dances were fun; and the impromptu entertainment by the Freshmen boys, funny. One of the highlights of the entertainment was Robert Mulligan's skit and Russian dance.

The 1946-47 Freshmen class officers are Robert Mulligan, President, and Helen Beck, Vice-President-Secretary, with William Luttinger and Shirley Diehl

serving as Co-chairmen of the Social Committee.

We are looking forward to Homecoming and hope we will have the pleasure of meeting many of the Normal College Alumni. Helen Beck.

BOBBIE TRAVELS

Of all the Alumni the editor believes no one travels more during the summers than Alumni President Bobbie Larsen. Just read this tale of her trips this last summer:

I was sorry not to have been up at Elkhart Lake, but my bike took me in a different direction. I biked up to Duluth via Madison, Eau Claire and Spooner. As I pulled into the outskirts of Superior, a car was at the curb—containing the Greiner twins and their relatives. It is a small world! I saw Vera Carr Robertson for a couple of hours. When I got to Duluth, Margaret Wright Albenberg and children were vacationing in Wisconsin. Then I went to Winnipeg by bus. I took the boat trip on Lake Winnipeg. It was a glorious six-day trip. The boat primarily carries food to the Indian villages and the missions. We had priests, missionaries, Indians, etc., on board, plus the tourists. We swam when loading and unloading took a lot of time. The northern lights were gorgeous.

Then I took the train to Churchill on Hudson Bay. Another six-day trip, 2,300 miles. The railroad offers this trip only once a year and this was the first since the war started. We were treated royally. They arranged a dance for us at Churchill (we were 250). The Mounties, Canadian Air Force, Indians, natives and crews of three ships from England joined us, so we didn't lack for partners. The trip is to be written up in Collier's Magazine; American and Canadian papers each had a group of photographers and writers and they took many pictures of all—so we may be in Collier's.

I returned to Duluth. Marg had returned by that time. Then a friend met me and we went back into Canada, Port Arthur and Fort William.

When I got back to Chicago I started night school at Northwestern, three nights a week. I was tired of lugging home rocks and rocks and not knowing what they were. So—a course in Geology and one in Geography!

SPLENDID HELP

Two of our Alumni have done a wonderful job to help out the College office and the Alumni Bulletin. Margery Wood Stocker in Buffalo and Bobby Larsen in Chicago went over the entire list of Alumni in those cities, called everyone and corrected addresses. It must have taken them weeks to do it. They can be assured that their help is greatly appreciated.

MORE BUFFALO NEWS

After the forms of this issue of the Bulletin had been made up, Margery Stocker sent some more news items about Buffalo Alumni:

The convention of the Western Zone of the New York Association for Health, Physical Education and Recreation was held October 25 and 26. Albert K. Haas, president, was chairman at all meetings. Rudy Heis was program chairman. Demonstrations were given by Ray Ping, George Geoghan, Lucille Sielski, Elfrieda Townsend and Herbert Suedmeyer. Normal College Alumni occupied all but three places on the entire program.

Richard Frazer, married, and father of a little girl, is teaching in Pine Hill, just outside of Buffalo.

Joseph Ciesielski is teaching in Johnstown City, N. Y.

Eleanor Doerr is teaching in Gowanda, Betty Venus in Middleport, John Tanzine in the North Delaware Y. M. C. A., and Roger Lonien in Niagara Falls, N. Y.

Peter Cipolla was recently married.

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RECENT TRENDS IN PHYSICAL EDUCATION

There are many indications that we are now entering a Great Era of Competitive Sports, a Golden Age of Athletics similar to the one experienced immediately after the last war. This boom in sports doubtless will be a far greater one with all the attendant interest and evils. In view of the great record of physical fitness and leadership exhibited by athletics during the war we should welcome this upsurge in sports competition, retain all the worthwhile features and eliminate any evils which rear their ugly heads.

While welcoming this Golden Age of Varsity Competition one is sobered by the fact that throughout the nation only about 5 to 15 per cent of our high school and college boys and men participate on varsity teams. The great indictment against varsity sports is that they reach too few individuals. What of the other 85 to 95 per cent of our young men? What of the girls and children of elementary school age? Will there be a Great Era of Sports Participation for them? How successful can we be in extending health education, and recreation to every city, village, and hamlet in this country and to rural areas everywhere? This is the postwar challenge now facing the profession.

In addition to the increased interest in athletics other trends include: the addition of more time in the curriculum for physical education, the promotion of a more vigorous type of program than was the general rule before the war, and the

rapid increase in the amount of health teaching, particularly on the secondary school level. There is increased interest in testing, public relations, and in programs for elementary schools and rural areas.

Wm. L. Hughes.

HOME FRONT MOST DANGEROUS

Accidents on the home front took a greater toll in the number killed and injured than war casualties during the period from the attack on Pearl Harbor on December 7, 1941, to V-J Day on August 14, 1945.

According to statistics released by the National Safety Council, total war casualties in the Army, and Navy were 1,070,524, including 261,608 killed; 651,911 wounded, 32,811 missing; and 124,194 prisoners.

From Pearl Harbor to V-J Day there were 355,000 killed by accidents on the home front and 36,000,000 injured, including 1,250,000 cases involving some permanent disability.

There were 66,000 workers killed on the job. Deaths in traffic numbered 94,000 and 118,000 were killed at home.

If Juvenile delinquency is largely the result of misdirected energy, inadequate parental influence and lack of right direction and supervision of youth in wholesome leisure activities, why then is not the school investment being used to provide the program recognized as a vital part of the solution?

Frank W. Hubbard.

