

About: Story Archives - January 1, 2004-December 31, 2004

Dec 21 - "Leadership Training"

Reprinted with Permission from Clarian Employee Development and the *Pathfinder Newsletter* Staff. By Lori Lowe

When LPN Melissa Beebe was promoted to Team Leader at Indiana University-Methodist Family Practice Center, she had no experience managing others. After a month in the position, she was overwhelmed in dealing with staff performance issues, personality conflicts, and changes she wanted to make.

Then she attended Leader Essentials in October 2003. It was a turning point. "I was nearly ready to throw in the towel and quit until I went through this program. I learned how to lighten up on myself because big changes in how employees perform take time," says Beebe. She says she uses the information she learned every day in her job. "I think the program was wonderful, and Jim Jones was a great instructor." Specifically, Beebe says she gained insight into her own and others' personality traits. She learned how to best provide negative feedback, and was reminded to provide positive feedback "as frequently as I can remember to give it." In addition, Beebe says, "I have learned to try to help staff work out their problems between them and not just jump in and fix the problems for them. The program was an invaluable use of my time. I would highly recommend this program to others. It should be made a standard part of any new employee orientation or any promotion to a supervisor/manager position."

For more information on programs offered to public in healthcare through the Clarian Health Education Center, please call 317-962-2527.

Nov 17 - "Physician's Outreach Efforts to Latinos Lauded"

INDIANAPOLIS – An Indiana University physician has been recognized for bringing more health-care services to the city's Hispanic community. Javier F. Sevilla Martir, M.D., assistant professor in the Indiana University Department of Family Medicine, is the recipient of the Provider of the Year Award from the Hispanic/Latino Health Summit.

Dr. Sevilla was recognized for his extensive efforts to promote health care and increase access to it for Hispanics, and providing more accurate interpretation services to patients in the Indianapolis area. He has been on faculty at the Indiana University School of Medicine since 2002 and is an advisor to the Society of Latino Medical Students (SOL), a student interest group.

Dr. Sevilla also has led efforts to establish a medical partnership between his native country, Honduras, and the School. The program provides physicians and students with the opportunity to work in clinics and underserved areas throughout Honduras.

The November 12, 2004 summit was sponsored by Clarian Health Partners.

Media Contact

Joe Stuteville
317-274-7722
jstutevi@iupui.edu

Oct 27 - FMSIG and SOL Students Volunteer at Westside Health Fair for Primary Care Week

Under the supervision of Indiana University physicians, students organized a health fair open to the community and hosted by the IUMG Westside Community Health Center located at 2732 W. Michigan Avenue, on Saturday, October 23rd. The event coincided with National Primary Care Week (Oct. 17-23), which advocates the importance of health care and brings health professionals together to serve those with limited or no access to care. This year's event, organized by the Internal Medicine Student Interest Group, included immunizations for adults, information on pediatric immunizations, and blood pressure, diabetes and cholesterol checks. Also, information about colorectal cancer, prostate health, osteoporosis, smoking cessation, breast cancer, poison control, consumer safety and nutrition were available.

Scott Renshaw, M.D. and the Family Medicine Student Interest Group (FMSIG) and Javier F. Sevilla Martir, M.D. and the Society of Latino Medical Students (SOL) students volunteered. FMSIG Student Leader, Jennifer Schamerlon, 4th year medical student and Maryann Chimhanda, 3rd year medical student checked blood pressures. Ginger Reed, 1st year medical student, Rachel Simmons, 2nd year medical student, and Nykki Boersma, 4th year medical student, had booth duty tobacco cessation. The SOL students provided much needed interpretations for those speaking only Spanish.

For the children, IUMG had a giant bunny, octopus, and cabbage-kid to entertain as well as plenty of balloons. Tables were set-up for coloring health-related pictures. Food and snacks were also provided throughout the day.

Oct 21 - Jennifer Burba, "Glenn W. Irwin, Jr., M.D. Experience Excellence Recognition" Award Winner

Jennifer L. Burba, A.S., Programs and Grants Coordinator, was a 2004 Glenn W. Irwin, Jr., M.D. Experience Excellence Recognition" award winner. In support of her nomination, colleagues cited a number of personal and professional attributes that made Jennifer an excellent choice for this award that recognizes extraordinary service to IUPUI.

Oct 6 - Dr. McKeag a "Top Doc"

Douglas B. McKeag, M.D., M.S., OneAmerica Professor; Chairman, Department of Family Medicine; and Director, IU Center for Sports Medicine, was named one of *America's Top Doctors*. Dr. McKeag is recognized for his work in Primary Care Sports Medicine. The 2004 issue of *America's Top Doctors* includes 41 Indiana University School of Medicine

physicians. The issue recognizes 54 physicians practicing in Indiana, and of those, 75 percent practice or teach at the IU Medical Center.

From the Department, Deborah I. Allen, MD, Gaylen M. Kelton, MD, Richard D. Kiovsky, MD, Peter Nalin, MD, and John L. Turner, MD were named America's Top Family Doctors.

America's Top Doctors is published by Castle Connolly Medical Ltd, and is a consumer guide to the nation's top specialists. The list of physicians is based on nominations by their peers, and the physicians listed are included only after extensive surveys have been conducted.

America's Top Doctors focuses only on the top 1 percent of specialists and sub-specialists across the United States. Less than 1 percent of the hospitals in the United States have more than one doctor listed in the guide.

Sep 8 - "Kids’ Smoking Choices Sparked by Parents’ Attitudes"

INDIANAPOLIS – Inner-city youngsters residing in households with smokers are more likely to take up the habit and hang out with friends who also smoke, an Indiana University School of Medicine study reports.

A survey of more than 8,100 middle-school aged students in the Indianapolis Public Schools system shows that children residing with smokers are three times as likely to be smokers themselves and those who are smoking are four times as likely to say they started because family members light up. About two-thirds of survey participants said they live in homes with adults or other youths who smoke.

The study appears in the September issue of the [International Journal of Health Promotion and Education](#), an England-based publication.

“Living in a home with others who smoke has a significant impact on a child’s smoking behavior,” says lead investigator Terrell W. Zollinger, DrPH, professor in the IU Department of Family Medicine. “Parents and older siblings need to understand that their behavior and anti-tobacco messages definitely impact children’s decisions.”

Parents – particularly mothers – who give clear antismoking messages to their children appear to exert a significant deterrent to children experimenting with tobacco use and becoming regular users. Disapproval of smoking by parents and other family members can reduce peer influences on children’s decisions.

The study also revealed that white children (78 percent) were much more likely to be in homes with smokers than their African-American counterparts (54 percent).

Non-smoking kids living in non-smoking households were five times as likely to say the reason they don’t smoke is because their families and friends are not users. Among the study’s other findings:

- Smoking children from non-smoking households more often indicate their parents were unaware that they are smoking
- Non-smoking children from non-smoking households were only a third as likely to say they would try smoking in the next year
- Children from non-smoking households were more concerned about the health effects of their families’ and friends’ smoking habits
- Youngsters in smoking households were less likely to believe that smoking causes ill health

IU investigators point out that study participants are inner-city children and that their responses might be markedly different from suburban and rural children. However, parents and influential adults still can make a difference.

“Children in middle school, 12- to 14-years-old, are still susceptible to home influences,” Dr. Zollinger says. “As they become older adolescents, they may become less open to the messages they get at home. The bottom line is that parents need to have the skills to effectively communicate anti-smoking values to their children – and they need to be encouraged to take responsibility for giving those messages.”

Other IU study investigators included Robert M. Saywell Jr., PhD, MPH; Carolyn M. Muegge, MS, MPH; Lora J. Bogda, MPH; Sandra F. Cummings, MSW, Marion County Health Department; and J. Scott Wooldridge, MHA.

Media Contact

Joe Stuteville
317-274-7722
jstutevi@iupui.edu

Aug 2 - Welcome New Faculty

Inis J. Bardella, MD, FAAFP, Rock Tiffault, MD, and Scott E. Renshaw, MD, recently joined the Department of Family Medicine faculty. Dr. Bardella is an associate professor of clinical family medicine and the junior clerkship director. She comes to us from University of Pittsburgh School of Medicine. Dr. Tiffault is an assistant professor of clinical medicine and a 2004 graduate of the IU Methodist Family Medicine Residency. Dr. Renshaw completed his Underserved Medicine fellowship within our Department of Family Medicine and is now an assistant professor of clinical medicine.

Jul 30 - Bogdewic Receives IAFP Jackie Schilling Certificate of Commendation

Stephen P. Bogdewic, Ph.D., Professor and Vice Chair, Department of Family Medicine; Indiana University School of Medicine was awarded the Jackie Schilling Certificate of Commendation by the Indiana Academy of Family Physicians (IAFP). The Jackie Schilling Certificate of Commendation was established to recognize non-family-physicians who have been deemed to contribute in a distinguished manner to the advancement of family medicine in Indiana. Those considered for the award come from careers in many fields, including medical education, government, the arts and journalism. In 1999, the award was named after past IAFP Executive Vice President, Jackie Schilling.

Jul 15 - Using Bilingual Staff Members as Interpreters

Javier F. Martir Sevilla, M.D. and Deanna R. Willis, M.D., M.B.A., co-author a recent paper, "Using Bilingual Staff Members as Interpreters" which appeared in the July/August 2004

issue of the American Academy of Family Physicians (AAFP) journal, [Family Practice Management](#).

Jun 29 - Bogdewic Honored with Career Achievement Award

Stephen P. Bogdewic, Ph.D., Professor and Vice Chair, Department of Family Medicine; Indiana University School of Medicine received the Career Achievement Award from the Indiana University Family Practice Residency.

The award is appointed by the Residency Director in recognition of years of consistent dedication to improving the care of patients through the highest standards of education and quality of care. The award also recognizes the substantial contributions that Dr. Bogdewic has made to the future of family medicine and the IU Family Medicine Residency program.

Jun 4 - Bogdewic Appointed to Associate Dean Post

Stephen P. Bogdewic, Ph.D., Professor and Vice Chair, Department of Family Medicine; Indiana University School of Medicine, will become the first associate dean for faculty affairs and professional development at IUSM. Dr. Bogdewic assumed the new position effective June 1. In his duties as associate dean, he will counsel faculty, department chairs and directors, and oversee initiatives to enhance professional development.

May 25 - Family Medicine Clinics are 2004 Consumer Choice Award WinnerSTM

The Family Practice Centers at Methodist Hospital (IU-Methodist Family Practice Center) and IU Hospital (IUMG Family Practice Center) were winners of this year's Consumer Choice AwardTM. Award winners are chosen based on survey feedback from Indianapolis residents and business managers. The survey was conducted Synovate, a global research company

The Consumers' Choice AwardTM is like the "Academy Awards" for local businesses. It commissions a leading independent research firm to conduct unbiased surveys in major U.S. and Canadian cities. It is unique in North America, as the recipients are determined by consumers and not by a panel of judges. It covers a broad range of categories of interest to the public and business community. Its purpose is to publicly identify and honor those businesses which have been voted by consumers as being their choice for excellence. The Consumers' Choice AwardTM is a prestigious tribute which has become an important institution on the North American business scene. It is encouraged by all levels of government and business leaders.

Department of Family Medicine faculty physicians practicing at the IU-Methodist Family Practice Center include: Philip C. Ferguson, M.D.; David Fryman, M.D.; Michael Q. Graham, M.D.; Sharron Grannis, M.D.; Steven W. Hartman, M.D.; Gaylen M. Kelton, M.D.; Peter Nalin, M.D.; and John L. Turner, Jr., M.D., C.A.Q.

Department of Family Medicine faculty physicians practicing at the IUMG Family Practice Center are Anthony Akosa, M.D., M.B.A.; Deborah I. Allen, M.D.; Kevin Gebke, M.D.; Thomas A. Jones, M.D.; Richard D. Kiovsky, M.D.; Kurt Patterson, M.D.; and Deanna Willis, M.D., M.B.A.

Apr 19 - Dankoski Invited Attendee of the Leadership Conference of the American Association for Marriage and Family Therapy

Mary E. Dankoski, Ph.D., was in Washington DC on March 25-28th, as an invited attendee of the Leadership Conference of the American Association for Marriage and Family Therapy (AAMFT) - a conference for division leaders. Dr. Dankoski is President-Elect of the Indiana Division.

During her trip, she met with staff of Senator Lugar's office, Senator Bayh's office, Rep. Hostettler's office, and Rep. Buyer's office regarding the national agenda of the AAMFT to improve access to marriage and family therapy services for Medicare recipients and military personnel and their families.

Apr 2 - IU Physicians, Students Forge Bonds with Hondurans

INDIANAPOLIS – Nearly 1,800 miles separate the Hoosier capital from Honduras, but physicians and medical students are working to bridge that distance and the two cultures through a new program at the Indiana University School of Medicine. The Indiana University Department of Family Medicine has established the International Medicine Honduras Project in partnership with the Honduran government and physicians there. The project focuses on cross-cultural medical education and providing clinical, research, and outreach opportunities for IU medical students and residents.

"Our overall goal is to improve the quality of life for the underserved populations in rural Honduras, especially for the elderly and children," says project director Javier F. Sevilla Martir, M.D., assistant professor of clinical medicine. "Both of these groups are at particular risk for malnutrition, anemia, and other illnesses associated with extreme poverty."

Only a small percentage of Honduras' 6 million people have access to health care of any kind. Most Hondurans cannot afford doctors, medications or transportation to health care facilities, which may be located far from where they live.

Dr. Sevilla, a native of Honduras, is leading a six-member team of medical faculty, residents, and students to that Central American nation in early April. They will work with Honduran health professionals for a week in Las Lajas, a community in the south of the country, and then labor at selected rural and urban clinics throughout the country.

Three of the students, all of whom graduate from the IU School of Medicine on May 9, will complete rotations honing education and clinical skills in areas such as obstetrics/gynecology, general and tropical medicine, and general pediatrics and pediatric intensive care.

Department of Family Medicine faculty and students have traveled to Honduras on other occasions. During a visit in October 2003, Douglas B. McKeag, M.D., M.S.; Gaylen M. Kelton, M.D. and Dr. Sevilla met with the Surgeon General of Honduras, who expressed interest in the establishment of the Family Medicine residency program and issued a letter of support.

To advance the program, the IU Department of Family Medicine will continue to work as a consultant to develop a family medicine residency program in Honduras and help establish family medicine as a core area of study for medical students in that country.

"The support of the IU School of Medicine and academic medicine professionals in Honduras, plus the ability to procure and transport donations of medical equipment and other supplies from Indianapolis to rural communities in Honduras, is an integrative model that offers wonderful opportunities for participation and growth," Dr. Sevilla says.

Media Contact

Joe Stuteville
317-274-7722
jstutevi@iupui.edu

Mar 23 - How to Decide Whether to Buy New Medical Equipment

The article, How to Decide Whether to Buy New Medical Equipment" by Deanna R. Willis, MD, MBA, was published in the March 2004 (v11 n3) issue of Family Practice Management. This article includes tips and tools to help determine whether this type of investment will be beneficial to a practice.

Mar 15 - Latin American Student Conference, March 26 & 27

The 14th annual conference of the National Network of Latin American Medical Students Midwest Region will be March 26 and 27, 2004.

The purpose of the conference is to bring together Latino pre-medical students, medical students, residents and physicians from the Midwest who are interested in the health care of their communities. A series of workshops on the health care needs of the Latino community, student leadership and education opportunities will be Saturday, March 27, from 7:30 a.m. to 4:45 p.m. in the Riley Hospital Outpatient Conference Center auditorium.

The conference will begin on Friday night with a dinner and conclude Saturday evening with a banquet and dance at the Indianapolis Arts Garden.

The cost for the conference is \$10 for pre-med students and \$15 for medical students and physicians. The banquet is an additional \$30 for non-medical students. Registration forms can be obtained from Trina Helderman at thelderm@iupui.edu, or from Lilly Santeliz at lsanteli@iupui.edu. Conference registration can be done at the door the day of the conference. The registration deadline for the banquet is Friday, March 19.

This conference is sponsored by the School of Medicine and Indiana University Medical Group, along with the Department of Family Medicine and the IU Family Practice Residency. Javier F. Sevilla Martir, M.D., Assistant Professor of Clinical Family Medicine, Department of Family is a guest speaker and student advisor.

Mar 9 - Nutrition Education Project Successful in Second Year

In November 2002, Third-Year IU Family Practice Resident, Vipin Jain, M.D., initiated an innovative nutrition education project. This project was to benefit the tribal communities of the Madhya Pradesh state within India. Dr. Jain employed an anthropologic-based model of nutritional education to enhance local nutritional empowerment by using regionally grown resources such a soybean and drumstick leaves. In its second year, the program not only is continuing but has improved.

According to A.K. Tiwari, B.Sc., M.B.B.S., M.S., Medical Officer at the Ataheda Primary Health Center in Depalpur, "The nutrition education project that was initiated last year has been going on very successfully. Many malnutrition prevention-related activities were organized by the community volunteers themselves throughout the year. We are noticing improvement in nutritional status among children and pregnant females. Arm fold thickness has improved significantly among children between 0-5 years of age and Soya bean consumption for family food has improved among the local community." Dr. Tiwari also states that, "the local community is eager to continue their partnership in this Nutrition Empowerment program. My primary health center is extremely pleased with the progress made in this community-oriented nutrition project using local resources."

Upon graduating from the IU Family Practice Residency program, Dr. Jain was named Medical Director of the Madison County (Indiana) Community Health Center, Inc. For more information, please email iufammed@iupui.edu.

Feb 20 - Bowen Research Center's Contract with Learning Well, Inc. to Evaluate School-Based Clinics Extended Through September 2006

"Learning Well, Inc. has extended the contract with the Bowen Research Center, the research arm of the Department of Family Medicine, to evaluate their school-based clinics for another two and one half years (through September, 2006). Learning Well, Inc. is a not-for-profit corporation dedicated to providing the majority of Marion County public and private children with access to primary and preventive health care through school-based health services. Learning Well corporate partners include all of the school districts in Marion County, four hospitals, two Federally Qualified Health Centers (FQHC), a public health department, a community health care center, a Health Maintenance Organization (HMO), and seven additional professional organizations that are included as advisory partners. All of these partners joined forces under the Learning Well umbrella to deliver school health services to Marion County schools at no direct costs to the schools.

The primary mission of the Learning Well program is to improve the health, well-being, and school performance of students in Marion County through improved access to integrated, preventative, and primary health care services. The stated goals of the Learning Well program focus on five important health care domains:

1. Provide access to quality medical care (process).
2. Improve primary care utilization (process).
3. Improve the school attendance and school performance (outcomes).
4. Better meet the students' health needs (satisfaction).
5. Provide health education support to the school and community (outreach).

The Bowen Research Center is evaluating the impact of the school-based health clinic program, Learning Well, on the health and well being of the children using the school-based

health clinics. The seven data streams needed for evaluating the Learning Well clinics include: patient encounter forms, clinic activity logs, outreach worker logs, student surveys, parent surveys, clinic staff surveys, and school faculty and staff surveys.

The Principal Investigator is Terrell W. Zollinger, Dr.P.H., Professor, IU School of Medicine and Associate Director, Bowen Research Center; Co-Investigator is Robert M. Saywell, Jr., Ph.D., M.P.H., Professor, Department of Family Medicine and Senior Investigator, Bowen Research Center; and Project Manager is Komal Kochhar, M.B.B.S., M.H.A., Project Coordinator, Bowen Research Center and Department of Family Medicine.

Feb 5 - Estimating the Economic Impact of Secondhand Smoke on the Health Community

"Estimating the Economic Impact of Secondhand Smoke on the Health Community" was published in the Jan/Feb 2004 [American Journal of Health Promotion](#). The purpose of this study provides a model to estimate the health-related costs of secondhand smoke exposure at a community level.

- **Model Development:** Costs of secondhand smoke-related mortality and morbidity were estimated using national attributable risk values for diseases that are casually related to secondhand smoke exposure for adults and children. Estimated costs include ambulatory care costs, hospital inpatient costs, and loss of life costs based on vital statistics, hospital discharge data, and census data.
- **Application of the Model:** The model was used to estimate health-related costs estimates of secondhand smoke exposure for Marion County, Indiana. Attributable risk values were applied to the number of deaths and hospital discharges to determine the number of individuals impacted by secondhand smoke exposure.
- **Results:** The overall cost of health care and premature loss of life attributed to secondhand smoke for the study county was estimated to be \$53.9 million in 2000--\$10.5 million in health care costs and \$20.3 million in loss of life for children compared with \$6.2 million in health care costs and \$16.9 million in loss of life for adults. This amounted to \$62.68 per capita.

To order reprints of this article please visit the website of the American Journal of Health Promotion.

For additional information, please email us bowenctr@iupui.edu.

About the authors:

- Terrell W. Zollinger, Dr.P.H., Professor, IU School of Medicine and Associate Director, Bowen Research Center
- Robert M. Saywell, Jr., Ph.D., M.P.H., Professor, Department of Family Medicine and Senior Investigator, Bowen Research Center
- Amanda D. Overgaard, B.S., student, Indiana University M.P.H. program
- Stephen J. Jay, M.D., Professor and Chair, Department of Public Health
- Angela M. Holloway, M.H.A., Assistant Director of Academic and Community Affairs, Indiana Area Health Education Centers (AHEC) Program

Sandra F. Cummings, M.S.W., Director of the Chronic Disease Section, Marion County Health Department

Jan 5 - Program Director Named for Indiana Area Health Education Center (AHEC)

James R. Springer, Ed.D., has been named as the Program Director for the Indiana Area Health Education Center. Dr. Springer was President and Chief Executive Officer of the Grand Rapids Medical Education and Research Center for Health Professions (MERC) and Community Assistant Dean and Chief Academic Officer, Grand Rapids Campus, College of Human Medicine, Michigan State University, from 1996 to 2002. He was also Professor, Department of Psychiatry, Michigan State University from 1973 to 2003.

The Indiana Area Health Education Centers (Indiana AHEC) play an important role in providing communities with health care professionals prepared to meet their needs.

Dr. Springer holds a Doctor of Education degree in Counseling Psychology from Western Michigan University and is a Michigan licensed psychologist. He is a Fellow of the Academy of Psychosomatic Medicine.

In 1997 and 1998, Dr. Springer received the Outstanding Faculty Award for the Grand Rapids Campus, College of Human Medicine, Michigan State University, and in 1987, he was presented with the Distinguished Educator Award, Academy of Neuropsychiatry.