



Weekly news for faculty, staff and students from  
the **Indiana University School of Medicine**

Features

Past Issues

Subscribe

Contact

September 11, 2014



IUSM Dean's Office appoints executive vice dean, executive associate dean and chief of staff



IUSM Student Research Program in Academic Medicine caps summer with poster session

## News to Use

Everyone invited to participate in 10th annual Miles for Myeloma

IUSM curriculum reform update

## Faculty and Staff News

IUSM Faculty Barbeque: Register now to welcome faculty and meet the dean on Sept. 20

## Student News

Alpha Omega Alpha Honor Medical Society inductees announced

---

Student call out: Brain Challenge info session

## Research News

IU Center of Excellence in Women's Health earns new state grant

---

IU research explores sexual risk factors in teenage girls

## Opportunities

Free campus flu shot clinics to begin in October

---

Mark your calendars -- Spinal Cord and Brain Injury Research Fund

---

Department of Biostatistics to offer walk-in clinics

## Kudos

Four named RSNA Honored Educator Awardees

## Sound Medicine

Reducing drug overdoses, living with hemophilia, raising HPV vaccine awareness and more

## Around Campus

2014 United Way Campaign launched

# Events

9/11/2014

Panel discussion on women in science, technology, engineering and math

---

9/12/2014

Grant Writers' Seminars and Workshops: Write Winning Grant Proposals

---

9/18/2014

IU Center for Diabetes Research seminar: Kidney regeneration in diabetes

---

9/19/2014

Midwest Motoneuron Consortium Inaugural Meeting to run Sept. 19-20

---

9/26/2014

PCORI leader to deliver keynote at Indiana CTSI Annual Meeting

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[View more events »](#)

## News to Use

### Everyone invited to participate in 10th annual Miles for Myeloma

The 10th anniversary of Miles for Myeloma -- an annual bike ride in which a team of cyclists led by IUSM faculty member Rafat Abonour, M.D., will cover 300 miles over three days to raise funds and awareness for the cancer multiple myeloma -- is Oct. 3 to 5.

This year, in celebration of the ten-year milestone, Miles for Myeloma will also include multiple other events leading up to the final ride, with everyone invited to support the cause. These events include:

- **Sept. 20 and 21** -- Eagle Creek Park Rides: The cyclists will ride an eight-mile loop from 8 a.m. to 5 p.m. at Eagle Creek Park, to 7840 W 56th St., Indianapolis, to reach 120 miles each day.

- **Sept. 27 and 28** -- Eagle Creek Park Rides: 8 a.m. to 5 p.m., Eagle Creek Park, 7840 W 56th St., Indianapolis. The cyclists will ride an eight-mile loop from 8 a.m. to 5 p.m. at Eagle Creek Park to reach 120 miles each day.
- **Sept. 29 and 30** -- Decade of Dedication Celebration: A Miles for Myeloma cyclist will be riding a stationary bike in the lobby of the IU Health Simon Cancer Center from 9 a.m. to 5 p.m. All are welcome to hop on a second stationary bike alongside the cyclist and show your support for the cause. Patients, friends, family, researchers, nurses and other supporters may [sign up to ride](#) on the stationary bike in 15-minute increments.
- **Oct. 3** -- Miles for Myeloma 2014 Send-Off: 8 a.m., Fesler Circle on the IUPUI campus. All are welcome to enjoy donuts and coffee at 8 a.m. on Fesler Circle on the IUPUI as they send off Dr. Abonour and the Miles for Myeloma cyclists on their three-day, 300-mile ride. Parking is available in the IUPUI Vermont Street garage. The Fesler Circle is located on the north side of Michigan Street just behind the Eugene and Marilyn Glick Eye Institute.
- **Oct. 3 to Oct. 5** -- Miles for Myeloma 2014: The cyclists will travel from the IUPUI campus in downtown Indianapolis to Spencer, Ind. On Saturday, they will continue on to Terre Haute, Ind. On Sunday, they will return to downtown Indianapolis.
- **Oct. 5** -- Miles for Myeloma 2014 Finish Line Celebration: All are welcome at the finish line at 4:15 a.m. at the Scottish Rite Cathedral, 650 N. Meridian St., Indianapolis, as the cyclists conclude their 1,000-mile mission. Free parking is available at the cathedral. The finish-line celebration will be immediately followed by the annual [dinner and educational symposium](#) for myeloma patients and families.

In addition, everyone is invited to participate in "[Your Miles for Myeloma](#)," a way for individuals not participating in these other events to dedicate mileage they cover during a run, bike, swim or walk to the cause. The goal for this year's program is to collect a total of 200,000 miles to honor and remember myeloma patients.

For more information or to register for these events, [visit the Miles for Myeloma website](#).

[BACK TO TOP ▲](#)

---

## IUSM curriculum reform update

In a message distributed to the IU School of Medicine on Sept. 8, IUSM Dean Jay L. Hess, M.D., Ph.D., announced that implementation of the IUSM curriculum reform process will be moved to fall of 2017.

"When Peter Nalin became our executive associate dean for educational affairs, I asked him to assess where we stood in this key effort, especially in light of our need to prepare for the Liaison Committee on Medical Education (LCME) visit in 2016-2017," said Dr. Hess, also the vice president for university clinical affairs at IU.

"After considerable discussion and consultation with numerous faculty members and outside experts, we have concluded that the self-study process required for LCME accreditation needs to be our highest priority and will provide a wealth of information to inform the curriculum reform process. With that, and concerns that more time is needed to address curriculum reform across all our campuses, we have moved implementation of curriculum reform to the Fall of 2017.

"This does not mean the work done to date is being scrapped. Quite the contrary, curriculum reform work will continue in the background and a number of key changes will be implemented earlier.

"I want to thank all who have contributed to the curriculum reform and I look forward to completing the implementation process following a successful LCME site visit."

[BACK TO TOP ▲](#)

## Faculty and Staff News

### IUSM Faculty Barbeque: Register now to welcome faculty and meet the dean on Sept. 20

Join the School of Medicine Dean's Office at this year's IUPUI Regatta canoe race on north end of the Indianapolis Canal Walk.

This family-friendly event will offer an opportunity for all IU School of Medicine faculty to welcome new faculty members and to meet Jay Hess, M.D., Ph.D., dean of the IU School of Medicine and IU Vice President for University Clinical Affairs in a relaxed environment.

While the Regatta runs all day, IUSM will welcome faculty members and their families into the Fairbanks Hall lobby for a barbeque lunch at noon. Dr. Hess will make brief remarks at 12:30 p.m. All attendees are encouraged to stay, enjoy the activities and cheer the IUSM Regatta Teams on to victory.

Free parking will be available for IUSM faculty in the Fairbanks Hall parking lot beginning at 11:30 a.m. This event is sponsored by the IUSM Office of Faculty Affairs and Professional Development.

**Early registration is encouraged.** Questions to [ofapd@iupui.edu](mailto:ofapd@iupui.edu) or 317-278-3089.

[BACK TO TOP ▲](#)

## Student News

### Alpha Omega Alpha Honor Medical Society inductees announced

Indiana's Chapter of Alpha Omega Alpha Honor Medical Society recently announce that the following medical students, house staff and faculty members were recently elected to membership in the organization.

AOA members include over 50 Nobel Prize winners and more than 75 percent of U.S. medical school deans. New members are elected based on their scholarly achievement, character, leadership and service.

**Class of 2015 students inductees:** Megan G. Baker, Robert S. Bednarek, Sophia I. Binz, Alyssa J. Bolduan, Chelsey Caldwell, Jacob M. Capito, Han T. Cun, Alhasan Elghouche, Anthony R. Ferrantella, Kevin J. Flynn, Kathryn E. Hodgdon, Brandon S. Huggins, Ryan M. Kammeyer, Michelle L. Kerr, Erin E.

Ketchum, Alexander L. Kuzma, Brandon G. Lucas, Rachel J. Macias, Jordan C. Maryfield, Logan R. McNeive, Elizabeth Nafziger, Ryan A. Nixon, Jonathan M. Parish, Joshua S. Park, Sarah H. Parrish, Elizabeth A. Peacock, Alexander L. Schneider, Katherine E. Seat, Jennifer R. Sondhi, Annette N. Sullivan, Hunter J. Underwood, Ethan D. Valinetz, Jenny Wang, Scott M. Wentz, Mallory Williams, Christopher A. Wrobel and Ryan W. Zipper.

Other members of the class of 2015 students who were elected as third-year students include: Ashish Arshanapalli, Manickavelu Balasubramanian, Scott W. Barton, Cody R. Bearden, Rachel E. Eldert, Ishan Gohil, Tyler P. Hoovis, Christopher J. Lehmann, Adam R. Miller, Kenneth A. Moore, Stephen D. Rhodes, Laura B. Secor, Scott J. Speelziek and David Y. Yang.

**Class of 2016 student inductees:** David T. Collins, Christopher R. Deig, Patrick C. Hackler, Woody Han, Benjamin K. Hendricks, Heather L. Hopf, Wajeeha A. Hussain, Michael J. Isaacs, Kali M. Kuhlenschmidt, Elizabeth R. McMahon, Kathryn J. Meyer, Andrew S. Pfaff, Karen E. Trevino and Megan M. Tuohy.

**House staff inductees:** Katherine N. Ash, M.D. (Emergency Medicine), Ray Chihara, M.D. (Surgery); Joseph T. Davis, M.D. (Radiology); Bridget Graney, M.D. (Pediatrics); Megan S. McHenry, M.D. (Pediatrics); Reto Baertschager, M.D. (Surgery); and Robert A. Rhea, M.D. (Emergency Medicine).

**Faculty inductees:** Richard Bihle, M.D. (Urology); Lawrence H. Einhorn, M.D. (Oncology); Raghu L. Motaganahalli, M.D. (Surgery); Mara E. Nitu, M.D. (Pediatrics); Julie L. Welch, M.D. (Emergency Medicine); and David S. Wilkes, M.D., Executive Associate Dean for Research Affairs.

All new members will be inducted at the annual banquet on Friday, Feb. 27, at the Crowne Plaza Hotel. The keynote speaker will be Jaishri Blakeley, M.D., associate professor of neurology and director of the Comprehensive Neurofibromatosis Center at Johns Hopkins University.

For questions about AOA or any of its programs and activities, contact Richard Gunderman, M.D., Ph.D., councilor of the AOA Indiana Chapter, at [rbgunder@iupui.edu](mailto:rbgunder@iupui.edu) or 317-948-6302.

**BACK TO TOP ▲**

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## Student call out: Brain Challenge info session

Graduate students involved in business and/or science-related fields are invited to network and form teams for the first "Brain Challenge" at IUPUI from 4 to 6 p.m. on Monday, Sept. 15, in the VanNuys Medical Science Building, room B26.

"The Brain Challenge" is a unique business plan and start-up challenge for multi-disciplinary teams of graduate students sponsored by a collaboration between the National Institute of Health, The Heritage Provider Network, and the Center for Advancing Innovation. Each team must include a graduate medical science student and a business student and be mentored by a seasoned entrepreneur. In addition to networking, this event will be a change to learn about the 16 projects in this year's challenge and network to form teams!

Graduate students from the IU School of Medicine, Kelley School of Business, IU School of Informatics, Purdue School of Engineering and Technology, IU School of Law and Purdue School of Science are encouraged to attend this event. Though most projects are best suited to the aforementioned schools, any graduate student with an interest in the challenge may attend to learn more.

To RSVP, [fill out this online form](#). For more information, visit [www.neurostartupchallenge.org](http://www.neurostartupchallenge.org).

If you have questions, contact Brandy Wood, IUSM Graduate Division, at [bsw@iu.edu](mailto:bsw@iu.edu).

[BACK TO TOP ▲](#)

## Research News

### IU Center of Excellence in Women's Health earns new state grant

The [IU National Center of Excellence in Women's Health](#), a program of the IU School of Medicine and the IU Department of Obstetrics and Gynecology, [has been awarded its fourth grant](#) in three years from the Indiana State Department of Health.

The grants, which total over \$835,000, provide funding to improve access to health care, increase awareness of healthy lifestyle behaviors and connect women -- particularly those age 14 to 24 -- with local resources for optimum health. Using the Center of Excellence's outreach program, which includes a mobile health unit called the Women's Wellness on Wheels (WOW) Bus, they provide free screenings for body mass index, blood sugar and blood pressure, plus individualized consultation and education on activity levels, nutrition and reproductive health. Those with abnormal findings are paired with a health coach to help women overcome barriers to leading a healthier lifestyle.

The center also convenes partnerships in the state toward the fulfillment of its mission to improve the health of Indiana women. The director of the IU National Center of Excellence in Women's Health is Theresa M. Rohr-Kirchgraber, M.D.

For more information about center events or programs, or to make a donation, contact Teri Brown Duell at [tbduell@iupui.edu](mailto:tbduell@iupui.edu).

[BACK TO TOP ▲](#)

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### IU research explores sexual risk factors in teenage girls

An IU researcher who combed through 80,000 daily reports written by 14- to 17-year-old girls has revealed a relationship between skipped classes, failed tests and risky sexual behavior in teenage girls.

The IU study [published Sept. 9 in the Journal of Adolescent Health](#) is the first to examine the day-to-day relationship between teenage girls' reports about school-related events, how they felt and the sexual behaviors they participated in. The findings are based on a 10-year study of the development of 387 teenage girls' romantic/sexual relationships and sexual behavior. During the study, the teens entered their daily activities and mood into a log. The study demonstrated that young women's weekday reports of skipping school and failing a test were significantly linked to more frequent vaginal sex, less frequent condom use and different sexual emotions on the same day.

The lead author on the study is Devon J. Hensel, Ph.D., assistant research professor of pediatrics in the Section of Adolescent Medicine at the IU School of Medicine and an assistant professor of sociology at IUPUI. The study was supported by the Eunice Kennedy Shriver National Institute of Child Health and Human Development.

For more information on the study, see the [IUSM Newsroom](#).

[BACK TO TOP ▲](#)



## Opportunities

### Free campus flu shot clinics to begin in October

***Editor's Note: Due to additional delays, IUPUI Campus Health now expects to receive its first order of flu shots by Oct. 31. Because of these unforeseen circumstances, Campus Health will postpone its outreach clinics, rescheduling them from October to November. The new dates will be shared on the Campus Health website and via InScope.***

Free flu vaccinations will be available at IUPUI Campus Health starting in late September. All IUPUI faculty, staff and students, including members of the IU School of Medicine, can obtain a flu shot at Campus Health (Coleman Hall), IUPUI Campus Center Student Health (students only) at this time.

In addition, IUPUI Campus Health will hold a number of outreach flu shot clinics starting in October. Flu shot clinics at IUSM locations include:

- **Oct. 6:** IUSM Neurosciences Research Building, Room 4235 -- Noon to 2 p.m.
- **Oct. 16:** Health Informatics and Translational Sciences (HITS) Building, Lobby -- 10 a.m. to noon
- **Oct. 21-22:** VanNuys Medical Science Building Atrium -- 8 a.m. to 4 p.m.
- **Oct. 23:** IU Health Methodist Hospital Emergency Department -- 11 a.m. to noon (residents only)
- **Oct. 29:** Glick Eye Institute, Spitzberg Conference Room entrance area -- 7 to 9 a.m.

IU School of Medicine faculty, staff, students, fellows and residents considered employees, affiliated physicians, volunteers, students, contractors and vendors at IU Health and Eskenazi Health -- or who provide care or interview patients, perform any clinical research or whose primary office is located in an IU Health or Eskenazi hospital -- are required to receive an influenza vaccination this flu season. Richard L. Roudebush VA Medical Center employees are encouraged, but not required, to receive an influenza vaccination.

A valid JagTag ID is required to receive a free flu shot. IUPUI students with insurance through Aetna or Anthem are asked -- but not required -- to provide proof of insurance. IUSM house staff and students who opt to receive vaccination from IU Health, a personal physician or elsewhere must submit their flu shot consent form to IUPUI Campus Health at [healthsv@iupui.edu](mailto:healthsv@iupui.edu) or via fax at 317-278-6929.

 [A complete list of flu clinic locations and dates is online.](#)

[BACK TO TOP ▲](#)

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### Mark your calendars -- Spinal Cord and Brain Injury Research Fund

In 2007, the Indiana established the [Indiana Spinal Cord and Brain Injury Research Fund](#) (login required), which releases a request for proposals each December.



The overall objective of this request for proposals is to foster and encourage research for the prevention, treatment and cure of spinal cord and brain injuries, including acute management, medical complications, rehabilitative techniques, and neuronal recovery.

The Indiana Clinical and Translational Sciences Institute supports this initiative for PIs and/or collaborators from its affiliated institutions (IU, Purdue and Notre Dame) by providing assistance with successful proposal development via its Project Development Team program. The Project Development Teams are teams comprised of members with a wide variety of expertise who can provide feedback on study design, protocol development, biostatistical design and grantsmanship, as well as facilitating collaborations and networking.

For more information on how the PDTs can assist with your Indiana Spinal Cord and Brain Injury Research Fund proposal prior to submission, contact Julie Driscoll at [jdriscoll@iu.edu](mailto:jdriscoll@iu.edu).

**BACK TO TOP ▲**

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## Department of Biostatistics to offer walk-in clinics

The IUSM Department of Biostatistics will soon begin to host a no-cost weekly walk-in clinic. A biostatistician will be available to provide brief consultations on study design, sample size and power calculations, data analysis advice, interpretation of results and statistical software.

If more in-depth (or potentially fee-based) support is needed, a biostatistician will guide you to the appropriate person.

No reservations are required. This service is provided courtesy of the Department of Biostatistics and the Indiana CTSI Design and Biostatistics Program.

For the time and location of the weekly clinic, [visit the Department of Biostatistics website](#).

**BACK TO TOP ▲**

## Kudos

### Four named RSNA Honored Educator Awardees

Four IUSM faculty members have received 2014 Honored Educator Awards from the Radiological Society of North America. The recipients are:

- **Fatih Akisik**, M.D., associate professor of clinical radiology and imaging sciences
- **Valerie P. Jackson**, M.D., Eugene C. Klatte Professor Emeritus of Radiology and professor emeritus of radiology and imaging sciences
- **Kumar Sandrasegaran**, M.D., associate professor of radiology and imaging sciences
- **Temel Tirkes**, M.D., associate professor of clinical radiology and imaging sciences

These awards are given to members who have produced exceptional Radiological Society of North

America educational materials to further the radiology profession. This year, 42 radiologists from around the world were chosen to receive the honor.

[BACK TO TOP ▲](#)

## Around Campus

### 2014 United Way Campaign launched

The IUPUI United Way Campus Campaign, which launched Sept. 9, will run through Oct. 31.

This year's campus goal is to raise \$340,000 for the [United Way of Central Indiana](#), which serves Boone, Hamilton, Hancock, Hendricks, Marion and Morgan counties. The mission of the UWCI is to help people learn more, earn more and lead safe and healthy lives. By focusing on issues that are bigger than any single agency can handle, United Way both meets the immediate needs in our community, while also creating long-lasting changes that prevent problems from happening in the first place.

Employees who give a new gift of \$150, or increase last year's gift by \$150, will be entered to win a trip for two to the 2015 Super Bowl.

Individuals can contribute to their individual department or unit's fundraising goals via the email sent to their IU email account, or visit the [IUPUI United Way Campaign donation page](#).

For more information, visit the [IUPUI United Way Campaign website](#). Questions to LaTika Webster, project manager for the IUPUI United Way Campaign, at [lrwebste@iupui.edu](mailto:lrwebste@iupui.edu).

[BACK TO TOP ▲](#)

