Overman discusses Metro program

By Ann Miller

Last week, J. Kirby Overman resigned as head basketball coach at IUPUI after four seasons at the Metro helm and 13 years in the coaching profession.

The Metro has never had a winning—or even a .500—season in their seven-year history, their best mark, 11-14, came during Overman's first year in 1978. In the past two years, the team fell to 10-17, but better and brighter things were forecast for the '77-78 squad, which included three members of Overman's star high school championships team and several bearded junior college players. After much presumption hype, the team split by internal dissent, backsliding under a new coach and foundering to an extremely disappointing 11-14 record.

The turbulence in the Metro camp this past season is well-known. At the beginning of the year, a partly-triumphant Metro struggled to a 3-1 edge before the mid-season grades decimated the squad. A host of grab-bag players were hastily rounded up as replacements; some of the new members left after a few games and were succeeded by still others of questionable ability. Despite the efforts of the returning stars that put Metro back on the right track after the first two games, the winter plummeted to their worst season ever, 5-21.

In a post-season interview, Overman expressed his opinion on the present state of the Metro and clai ed his views on why the IUPUI men's intercollegiate basketball program has yet to get off the ground.

Q: Coach Overman, it seems that this decision was a sudden one.
A: Not really. Although the decision itself came quickly, it was something I've thought about for eight to ten months.

Q: What was the main factor behind your decision to leave?
A: It is, was, and always has been basically a question of money. IUPUI just does not have the scholarship and financial aid to keep the team afloat. This forces the program to depend on transfers and walk-ons. We had been trying to raise money for the program through the Metro Booster Club—where we were especially making inroads with some very influential people in political circles—but the money just hasn't come in yet.

There were at least three all-bid players from the AP, UPI, Basketball Weekly, etc. lists interested in coming here, but they will go elsewhere because the school just doesn't have the necessary funding for the athletic department and it just doesn't provide enough scholarship and financial aid.

Q: And the Booster Club doesn't have enough to—legally, of course—fill the gap?
A: The money has been slow in coming in. Also, I personally have no control over the Booster Club money. In the past I've done a lot of fund-raising activity for the booster club, but I never received any assurances that the money was going to stick around. The athletic department is strapped. This makes it hard to keep the team afloat. We've been working on the athletic department to provide more scholarship and financial aid.

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Q: Is the lack of adequate scholarship aid for the athletes the only reason behind your resignation?
A: No, there are quite a few reasons. Also, I believe that the school needs to improve the athletic department. In the past, I've been a big supporter of the athletic department, but I believe that the school's attitude has been one of laissez-faire. The school should be more involved in the athletic department.

Q: If the school ever intends to have a quality program, the powers that be are going to have to spend more money and improve the athletic department. In my years here I've had to wear many hats at the same time. At least, the school needs to hire a sports information director, a business management man, and perhaps another assistant coach. Then the head coach can concentrate on coaching, recruiting and teaching, doing those jobs well and improving the athletic department. In my years here I've had to wear many hats at the same time. At least, the school needs to hire a sports information director, a business management man, and perhaps another assistant coach. Then the head coach can concentrate on coaching, recruiting and teaching, doing those jobs well and improving the athletic department.

Q: Is there any specific situation that will make the program better?
A: There are a few things that need to be done. One is to hire a sports information director. Then the head coach can concentrate on coaching, recruiting and teaching. Another is to hire a business management man to handle the business end of the program. Then the head coach can concentrate on coaching, recruiting and teaching. Another is to hire a business management man to handle the business end of the program. Then the head coach can concentrate on coaching, recruiting and teaching. Another is to hire a business management man to handle the business end of the program. Then the head coach can concentrate on coaching, recruiting and teaching. Another is to hire a business management man to handle the business end of the program. Then the head coach can concentrate on coaching, recruiting and teaching. Another is to hire a business management man to handle the business end of the program. Then the head coach can concentrate on coaching, recruiting and teaching. Another is to hire a business management man to handle the business end of the program. Then the head coach can concentrate on coaching, recruiting and teaching. Another is to hire a business management man to handle the business end of the program. Then the head coach can concentrate on coaching, recruiting and teaching. Another is to hire a business management man to handle the business end of the program. Then the head coach can concentrate on coaching, recruiting and teaching. Another is to hire a business management man to handle the business end of the program. Then the head coach can concentrate on coaching, recruiting and teaching. Another is to hire a business management man to handle the business end of the program. Then the head coach can concentrate on coaching, recruiting and teaching. Another is to hire a business management man to handle the business end of the program. Then the head coach can concentrate on coaching, recruiting and teaching. Another is to hire a business management man to handle the business end of the program. Then the head coach can concentrate on coaching, recruiting and teaching. Another is to hire a business management man to handle the business end of the program. Then the head coach can concentrate on coaching, recruiting and teaching. Another is to hire a business management man to handle the business end of the program. Then the head coach can concentrate on coaching, recruiting and teaching. Another is to hire a business management man to handle the business end of the program. Then the head coach can concentrate on coaching, recruiting and teaching. Another is to hire a business management man to handle the business end of the program. Then the head coach can concentrate on coaching, recruiting and teaching. Another is to hire a business management man to handle the business end of the program. Then the head coach can concentrate on coaching, recruiting and teaching. Another is to hire a business management man to handle the business end of the program. Then the head coach can concentrate on coaching, recruiting and teaching. Another is to hire a business management man to handle the business end of the program. Then the head coach can concentrate on coaching, recruiting and teaching. Another is to hire a business management man to handle the business end of the program. Then the head coach can concentrate on coaching, recruiting and teaching. Another is to hire a business management man to handle the business end of the program. Then the head coach can concentrate on coaching, recruiting and teaching. Another is to hire a business management man to handle the business end of the program. Then the head coach can concentrate on coaching, recruiting and teaching. Another is to hire a business management man to handle the business end of the program. Then the head coach can concentrate on coaching, recruiting and teaching. Another is to hire a business management man to handle the business end of the program. Then the head coach can concentrate on coaching, recruiting and teaching. Another is to hire a business management man to handle the business end of the program. Then the head coach can concentrate on coaching, recruiting and teaching. Another is to hire a business management man to handle the business end of the program. Then the head coach can concentrate on coaching, recruiting and teaching. Another is to hire a business management man to handle the business end of the program. Then the head coach can concentrate on coaching, recruiting and teaching.
Nursing jobs...

Summer positions are available for junior and senior nursing students at Wishard Memorial Hospital. Students seeking the challenge of unique nursing experiences and a variety of patients should apply immediately. Call LaVerne Proctor, 631-6064, for additional information.

Inter-Varsity...

Inter-Varsity Christian Fellowship will be holding a meeting at the Union Building on the Mezzanine floor at 7:30 pm, Friday, April 27. It is their final meeting of the year. All interested students are invited to attend.

SPEA meetings...

Informational meetings regarding SPEA undergraduate and graduate programs and careers in Public Affairs will take place Monday, April 23, at noon in Cavanaugh Hall Room 117, and a 6 pm in Cavanaugh Hall Room 217. Interested students are encouraged to attend.

'Scared Straight'...

'Scared Straight,' a powerful story of hardened criminals' rehabilitation of juvenile delinquents, will be repeated by WTTV, Channel 4, at 9 pm on Thursday, April 26, at the same time and place.

Philosophy Club...

A program on "The Intrigues of Language" will be presented by IUPUI's Philosophy Club on Thursday, April 26, at 8:15 in the Faculty Lounge, Cavanaugh Hall Room 507. The program will be followed by a film, A Shaped Experience, and a provocation and discussion led by Professor John Ritter. Refreshments will be served, and all interested persons may attend.

Science dean...

Interviews with candidates for the position of Dean of the School of Science will be continuing this week in the Faculty Lounge of the Kraner Science Building at 38th Street. Dr. Edward A. Stanley of IU of Pennsylvania will be available for student questioning on Wednesday, April 25, from 9-30 to 10-30 am. Dr. Walter Chavin of Wayne State University will be interviewed on Friday, April 27, from 10-30 to 11:30 am. Students are encouraged to attend these open forums.

SAE Club...

IUPUI's SAE Student Club will be sponsoring a technical discussion of ballooning, to be followed by free hot air balloon rides, on Wednesday, April 26, beginning at 4 pm at the ET Building. Donald L. Menchhofer, president of Fabri-Tech, Inc. in Noblesville, will speak on the technical aspects of ballooning in Room 1302 of the ET Building. His son, Jeff Menchhofer, who owns Balloon Port of Indiana and is an IUPUI student, will follow the lecture with free rides in a hot air balloon behind the building.

If the Hoosier weather is uncooperative, the program will be held Thursday, April 27, at the same time and place.

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IUPUI News

Honor society inductees listed

The University Division of IUPUI announced that 37 freshmen will be inducted into the national honorary societies of Phi Eta Sigma and Alpha Lambda Delta. Each student has carried a 3.5 GPA or higher, and completed between twelve and twenty-six semester hours. The students to be inducted are:

- Robert Lee Armstrong, Mark Alan Smith and Constance Luria majoring in Computer Science;
- Marie Bryant, Cynthia Ann Rice, Stephen D. Bean and Jay Okie Moles majoring in Psychology;
- Steven Scott Robinson, Donald L. Menchhofer, president of Fabri-Tech Inc., will be inducted into Phi Eta Sigma.

Other initiates include:

- Robert Frost majoring in Computer Technology;
- S. Cloud majoring in Exploratory;
- Karen S. Fisher majoring in Physical Education; and
- Rebecca Theresa Walker majoring in Education.

The initiation ceremony will be held at 7:30 pm on April 24 in the Hoosier Room of the Union Building. Dr. Richard K. Curtis, professor in the Department of Speech/Theatre/Communications, will be the featured speaker. A reception will follow the ceremony.

Business seminar starts April 25

A seminar on "Strategic Planning for Organizational Performance" will be held in the Roof Lounge of the Union Building April 25-27 by the IU Graduate School of Business as a part of its "Management in Action Seminar Series" for community managers.

The program, from 9 am to 4:30 pm each day, is designed to assist entrepreneurs and general managers of large and small companies and not-for-profit organizations in long-range planning. It will define planning and systems, through case studies, demonstrate actual systems and some of the "people problems" encountered in implementing strategic planning systems.

Enrollment is $375 per person and covers all lunches and materials. Overnights accommodations are available in the Union Building. For further information, contact the School of Business, 364-3648.

Senior Banquet on May 6

The Fourth Annual Senior Banquet for School of Business graduating seniors will be held at the LaScala Restaurant on Sunday evening, May 6.

The speaker for the event will be Dr. Stephen M. Huse, president and chairman of the Board of Noble Roman's Inc. Entertainment for School of Business Alumni Association. Guests are welcome at $5 per person.

Interested students should call the School of Business office at (317) 257-1919 for further information.

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4 a.m.

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No memory of having stared
Atoms for later disregard.
Or keeps the end from being hard.
Better to go down dignified
With boughten friendship at your side
Than none at all. Provide, provide!

Provide, Provide
Robert Frost
Pat on the back

If a university can truly be judged by its accolades, then these weeks are proving that IUPUI is a school to be proud of. Excuse us for a moment, while we lavish the students, faculty, and administrators of IUPUI with a few moments of well-earned praise.

Student activities is, for the most part, a virtually thankless job. Sure, volunteers are occasionally given some credit for their efforts, but it seldom equals out with all the flack, deadlines, and plain hard work these individuals must deal with.

Academic excellence is, after all, what the higher education system is all about, yet at times those who excel—who earn, in fact, the school’s good name—seem to be loot in the university shuffle. Can you really blame us if our pride is showing?

So, let’s take the honors and awards presented in various campus ceremonies seriously. And pardon our gushiness but at least we did not compose those words.

Cult on campus

After numerous phone calls requesting many of our articles to be used for student papers, we decided to investigate the sudden surge in the number of student publications. What we uncovered

1. The libraries appear to be full lately with students taking a special interest in what they are reading.
2. Bars around town have reported business has dropped off considerably, while the discos are deserted.
3. The libraries appear to be full lately with students taking a special interest in what they are reading.
4. Bars around town have reported business has dropped off considerably, while the discos are deserted.
5. IUPUI bookstores have reported increased sales of pencils, white-out and Cliff Notes.
6. Our crack team of reporters has overheard students uttering things like, “I’ve been here all day,” and “Is it essay or multiple choice?”
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10. Our crack team of reporters has overheard students uttering things like, “I’ve been here all day,” and “Is it essay or multiple choice?”
“Hurricane” a wind-bag; flounders endlessly

by Jean Kane

The problem with Hurricane is that director Jan Troell (Emigrants) never made up his mind whether he wanted a Pavoison Adventure with a dash of beachtime nookie or a Love Story coming of age in Samoa. Evidently producer Dino de Laurentis (King Kong) had similar problems, as he changed the emphasis from disaster to love at the last minute. They wound up with an unfortunate film that flounders endlessly.

Hurricane is set in American Samoa in the 1880s, when the US Navy governed the territory. It begins with the budding romance of the naval commander’s visiting daughter, Charlotte Bruckner (Mia Farrow) and the soon-to-be-installed high chief of a neighboring island, Mantangi (Dayton Ka’Ne). Dad (Jason Robards), once deserted by his wife, is not about to lose his other woman.

Charlotte, courted by a simpering naval booby (Timothy Bottoms), is not about to lose this brassy hunk of cupertino flesh, Anti Mantangi, whose lust is superseded only by his lust for a blonde, forgets all about his impending marriage to a local girl. We are given facile psychological indications of why the characters act the way they do; these hints are ludicrously predictable because they are superficial and predictable.

We are treated to numerous picture post card scenes of native ceremonies, thatched huts, the lovers frolicking in the also water, and the lovers cuddling on the beach, but at the expense of more potentially interesting drama. It is hard to understand why the two even consider making huge cultural concessions to marry, the only thing they seem to have in common is English.

Credibility aside, other themes are brushed away after a fingertip touch: the destructive element of love—the two wind up destroying the people around them in pursuing their commitment to one another; the father-daughter relationship, the native attitude toward their condescending American protectors.

After overcoming a series of obstacles, including Mantangi’s unjust conviction to jail by Bruckner, the lovers are caught in flight by a pre-hurricane squall at sea. They arrive at Mantangi’s island just in time for the big bang.

The hurricane occupies the last half-hour of the film, it is needlessly long and repetitious, as hurricanes are wont to be. Here comes another wave! Natives screaming. Natives being carried away with a whoosh! More land covered. Here comes another wave! The lovers run. The lovers cling to the nearest upright object. Do they survive? Will Mantangi live to look funny strolling along on the Charles River in his loincloth? It’s hard to sustain even curiosity through the soggy ending of this movie. Better you had stayed in Boston. Charlotte, watching reruns of Hawaii Five-O.

In order to save his own neck, the Connecticut Yankee (Greg Richards) that is transmigrated back to the days of King Arthur seizes the timeliness of the total eclipse of the sun and commands the sky to darken. Frightened and amazed are Mike Scott, and (from left to right) Andrea Siddens, Ruth Avitia, and Martha Naughton.

‘Yankee’ runs through Thursday

UPUI Listener’s Theater or as director and adaptor Dr. Bruce Wagner describes it—“the theater of the mind”—will present Mark Twain’s Connecticut Yankee in King Arthur’s Court Tuesday through Thursday, April 24-26, at 8 pm in the Union Building Cafeteria. Admission is $1.

Listener’s Theater, unlike conventional theater, is an unusual experience for both reader and audience. Stimulated almost entirely by dialogue alone, audience members use imagination to create dramatic action, while actor, freed from thinking about movement and gesture, can concentrate on interpretation of lines and plot.

In some ways A Connecticut Yankee in King Arthur’s Court is a story about a Yankee who is transmigrated back in time to the days of the Round Table will be experimental. Technology will be used to create Arthur’s time. Nearly 300 photographic slides, 10 projectors and five screen will provide visual background. Slides for one sequence, the total eclipse of the sun (lasting three minutes), were especially created by Lou Schakel for the production.

Background music, played from Dolby-ized stereo tape, will contain portions of Mussorgsky’s Pictures at an Exhibition. Explosions for a battle scene will be real, set off from flashpots containing gunpowder.

The cast includes Listener’s Theater and University Theater veterans Ruth Avitia, Martha Naughton, Greg Richards, Paul Siddens, Andrea Siddens, and Mike Scott.
records

‘Age of Aquarius’ dead

Hair
Original Soundtrack
(RCA CBL 3-3724)
Various Artists
Disc Jockey — Inspired by the Film Hair
(RCA APL 1-336)
by David Ely

I’ve had the opportunity to listen to these two albums extensively over the past week and a half. Both albums involve the music of the sixties music
Hair. I’ve come to ask myself this question. What is the hit in Hair trying to tell? They’ve pulled out all the stops to convince the American con-
sumer that Hair is absolutely essential to life. So far I’ve been able to live without it and hordes of locusts haven’t descended upon me

The original soundtrack album fails miserably, crumbling under its own weight, and the other is a devastingly
had attempted slipping off old class-
ics for the dance floor. This is an
important sound of things being ripped off.
The Disc Jockey is a rush job. It was recorded in February of this year and was in the stores before the end of March. The producer evidently
had very little time to create the new
arrangements for the songs and simply decided to discreetly rip off some material. Unfortunately, the producer was about as discreet as the
bookers on Meridian Street. Anyone with even the smallest knowledge of disco should be able to recognize every lick, riff and vocal arrange-
ment used on this record.

Once the producer had decided what he was going to rip off, he had to mix the songs from Hair with the new
material. The results are rather
unfortunate. The majority of this
material is hardly recognizable as the
songs we know in the sixties.

Hair/Let the Sun Shine In.” as it
was originally written, taken up only
three to four minutes of this
almost ten minute epic. The song
has been filled out with material culled
from Thieves in Paradise and various
from Instant Funk’s latest album. Someone
very definitely wants the American
public to embrace the phrase “Sacred
Whaasaa!”

The other three songs used to fill out this rush job are the same basic nucleus of songs, all
unrecognizable as material from “Aquarius.”

The original Hair songs are almost
unrecognizable in the mire of the new
arrangements. These arrangements
were designed for maximum frenzy
on the dance floor, ignoring any musical value the songs had originally.

The original soundtrack album is somewhat better, but not much. The music has not survived the test of
time too well, but this judgement may be based too much on the poor rendi-
tions heard on this record. I remem-
ber liking the songs when they first came out, but after listening to this album, I find myself bored with the whole thing.

RCA has made it widely known that the arrangements were improved and that the songs were recorded with a
much-improved technology, but the original still has much more imme-
diacy and appeal than the newer ver-

The two current Hair albums are
not really necessary and I can’t recommend buying them unless you
have to. I would prefer that you
have to. I would prefer that you
must have every Hair album or you
cannot continue to exist. The age of
Aquarius is as Empty as it is — and
we can rest in peace

the year of the horse

You can bet on Horses to be the popular centers of atten-
tion at all the activities since their cheerful, winning nature makes them true ‘party animals’. separation in the Year
bask in the spotlight. Horse People are
the most enthusiastic of all the signs, and their impatient, funny
moments can make them seem as temperamental as a
thoroughbred. But generally, their friendliness and sei-
navenous nature makes them the favorite at the game of love
particularly when matched with the mild-mannered,
compassionate Goat.

— the theatre —

The best ‘side’ is at the Cabaret

by Susan J. Ferrer

Who says local productions of
Broadway shows can’t be good? The
town production of Side by Side
by Sondheim, currently playing at the
Cabaret, 2146 N. Talbott St., is great
in fact, for this castmember it was far
more entertaining than the touring show that stopped at Clem’s Hall last December.

Randy Gailen’s, owner of the Black
Curtain Dinner Theater, has reopened the Cabaret with the perfect combina-
tion of atmosphere (rustic charm and dark intimacy) and a grand show.

Side by Side is a tribute to the greatest composer/lyricist since Oscar Hammersteins — Stephen Sand-
heim. Sondheim is a word that has been used three straight years for his musicals
Company, Follies and A Little Night Music.

He also wrote the music and lyrics for A Funny Thing Happened on the Way to the Forum; and the lyrics for
West Side Story. Gypsy and Do I Hear
a Waltz?

In Side by Side, three performers narrate and sing their way through 23
songs and then end with a montage of
23 additional Sondheim songs.

The show is well-suited for the
Cabaret’s intimacy — at times, the
singers were only a few feet from this
patron. The costumes added a dimen-
sion that Clooews lacks.

The performers were superb. R. G.
Moore, former member of Bloomington and Butler, entertained
the audience with his rich and com-
manding voice. His memorable renditions included “I Remember,” a
song sung by a character who lives in
a department store and never sees the
outsiders and “Could I Leave You,” an
angry mate’s contemplation about leaving a spouse.

Jodie Mathis Boone, also a former
IU student of music and owner of the
Indianapolis Young Arts Studio, pos-
sesses an enviable vocal range —from
melodious low tones to powerful so-

texts

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daily pinball champion
ship — free beer to the win-
ers!

sell YOUR USED TEXTBOOKS
April 25, 26, 27, 30
7:00-10:00pm
May 1, 2
Cash for all textbooks. All the latest editions of textbooks will be purchased, whether or not they are used on this campus.

Campus Bookstore
Cavanaugh Hall
38th St. Bookstore
Krannert Bldg.
April 23
Physiology Seminar, "Hyperosmolarity and Capillary Function," speaker, Dr. Julius J. Friedman, 4 pm, Medical Science Building, Room 305

April 24
Ultrasound Research Laboratories Seminar, "Pattern Recognition in Abdominal Ultrasound," speaker, Dr. B. Burney, 3 pm, University Hospital, Room N059
Listener's Theater (through April 26), "A Connecticut Yankee in King Arthur's Court," Fee $1, 8 pm, Union Building
Six-Week Course, "Hazard Recognition," sponsored by I.U. Division of Labor Studies and Marion County Labor Advisory Committee, every Tuesday from April 24 to May 29, free, 7-9 pm, Cavanaugh Hall, Room 207, (to enroll call 264-3471)
Nursing Research Colloquium, "Method for Change of Design in an Intensive Care Unit," speaker, Jean Steiner, noon, Nursing School, Room 305

April 25
Continuing Medical Education, "Dermatology for Primary Care Physicians," Fenster Hall
Acting Finals, 6 pm, Marrott Building
Chemistry Seminar, "Theoretical Studies of B-lactum Antibiotics," noon, Krannert Science Building, Room 231
IUPUI Faculty Club Meeting, Topic: "Physical Education at IUPUI," speaker, Nick Kellum, noon, Physical Education Building, W. 44th Street

Continuing Business Education Seminar, "Strategic Planning for Organizational Performance," 9 am to 4:30 pm, Union Building, Roof Lounge
Computer Science Seminar, "A Linguistic Approach to Program Testing," speaker, Professor A. Duncan, 3 to 4 pm, Krannert Science Building, Room 123

April 26
IUPUI Toastmasters' Meeting, Noon-1:15 pm, Union Building, Mezzanine Floor
(for more information, call 264-7442)

April 27
TV Series for Women Returning to Work, (through April 28), planned and produced in part by Indiana University, 2 pm, April 27; 11:30 am, April 28, Channel 20
Career Integrated Program Recognition Banquet, School of Business, 6-10 pm, Indianapolis Athletic Club

Law Classes End

April 28
Speech Department Banquet, 7 pm, Union Building, Hoosier Room
Continuing Medical Education, "Indiana Workshop on Medical Communication," sponsored by the American Medical Writers Association and the I.U. School of Medicine, 9 am to 4 pm, Fenster Hall
Concert, "An Evening of Indian Music," 7 pm, Lecture Hall, Room 101
Real Estate Licensing Examination, 8 am, all Lecture Hall
Indianas Film Series, 7 pm, Lecture Hall, Room 101

Cholesterol poses complex problems

Cholesterol is a substance associated with cardiovascular disease (as anyone who has read a margarine advertisement can tell you.) But the implications of that crucial relationship constitute a complex problem for modern medical science.

Indiana University’s Edward Goh, assistant professor of pharmacology, is one of many researchers working on the problem. In a three-year project funded by the American Heart Association, Goh is studying the synthesis and breakdown of cholesterol in the liver.

"The liver is important in the metabolism of cholesterol. Cholesterol is formed in the liver and released into the bloodstream. The liver also removes cholesterol from the blood and breaks it down. But in what manner does the liver regulate the synthesis and breakdown of cholesterol?" Goh said.

To address this question and to examine the synthesis, breakdown and transportation of blood cholesterol, it is necessary to isolate the liver from the rest of the body. In his work, Goh uses a rat liver "kept alive" in an apparatus known as a perfusion chamber, a sort of simplified mechanical circulatory system that simulates physiological processes to keep the liver working for several hours. This arrangement allows Goh to measure changes in the synthesis and breakdown of cholesterol by the functioning liver.

Goh has detected a significant increase in the amount of cholesterol formed and secreted by the liver after unsaturated fat has been introduced into the organ.

For experimental purposes, Goh uses oleic acid, a common dietary fatty acid, which the liver converts into various kinds of fats released into the bloodstream as "lipid packages."

Low density lipoproteins have been identified as a culprit in atherosclerosis, commonly known as hardening of the arteries, a condition in which cholesterol deposits build up, causing severe damage to blood vessels.

Once cholesterol is in the blood vessel, it tends to stay there, because the body is not efficient at disposing of it.

Cholesterol is not always a villain, Goh pointed out. The substance is important to hormone synthesis and cell-building, both of which are vital bodily processes.
Amount of Sleep varies with age

by Susan J. Ferrer

The final days of a semester bring exams and sleepless nights for the majority of college students, who are infamous for procrastination and all-nighters.

Robert Frost aptly summed up this age-old college tradition of chaotic completion with his familiar line: "And miles to go before I sleep." Well, for all those students who ever tried to go the distance by cramming into the wee hours of the night, and then attempted to take a final exam—take the following advice instead: Get some sleep!

For those of you who have forgotten, Funk and Wagnall's reminds us that sleep is the period of unconsciousness necessary for the preservation of life—yes, it's that important. Generally, the necessary amount of sleep varies with age. Babies need 16-18 hours of Dreamland; college students only need seven to nine hours to recharge.

Then there are those who claim they only need four or five hours; and perhaps a prescription of benzedrine (a stimulant, war and peace can induce a wonder sleep). The most helpful advice (and the hardest to follow) can be found in a high school health book: "Sleep becomes pleasant and of greatest value only when you learn to drop the cares of the day when you retire." How true.

Worrying is truly a waste of time, and troubled sleep; that is if you get to sleep; is almost as bad as no sleep at all. To avoid worrying about exams, plan so that you don't have to cram. Simple, huh? Good night and sweet dreams.

Overman

(continued from page 1)

ed in the next few years will substantially improve the whole situation.

At the end of this moratorium period, if they (the Athletic Department) have received enough feedback and interest in the program, then they should go ahead with it. But if they receive indications that there is not enough interest in continuing, perhaps they should put the money into the intramural program.

Q: Before you accepted the IUPUI coaching job, you had amassed a most impressive record in the high school ranks, including a state championship. Then you went on to a position as an assistant coach in a Division I university. After all that has happened, do you regret coming here?

A. No, I don't. I think that some good things have happened during my tenure here, notably the acquisition of NAIA sanctioning and the Market Square agreement. But I think it is time for me to step aside. I don't believe I am advancing myself professionally.

Q. In your resignation statement, you expressed gratitude to several people that you have worked with during your stay here. However, you failed to mention Dr. Robert Bussell, the school's athletic coordinator. Was this an oversight, or an omission?

A. In my statement I thanked those who were directly responsible for bringing me here, namely Dr. Irwin and Dean Keilman. Although I did not mention her in the statement, I should have included Lola Lohse, former dean of the School of Physical Education. These people stuck by me and always gave me all the support that they had to give.

Q. What are your plans for the future?

A. I hope to make a decision in the next two weeks. I had a very successful high school history. But, although I have not shut the door on returning to high school coaching, I really am not considering this. I may become involved with the WBA (Women's Basketball Association). But I really believe that I will probably accept an assistant coaching job at a major out-of-state university.

Q: Do you have anything to say to the ballplayers that you leave?

A. Yes. It troubled me to hear that a couple of them are thinking of transferring because I am leaving. I hope that they stay and support the new coach in his efforts to build a new program.
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