

Alumni Bulletin

VOL. I

Indianapolis, Ind., March, 1917

Number 1

THE ALUMNI BULLETIN.

The Alumni Bulletin of the Normal College of the North American Gymnastic Union herewith makes its first appearance. It is the realization of a wish frequently expressed by many alumni and definitely decided upon at the last annual meeting.

The executive board of the alumni was entrusted with its publication and hopes that the first issue meets with the approval of the members. We found it no easy undertaking and earnestly trust that we need not ask for assistance in vain.

We shall try to represent the interests of our alma mater and to bring to your attention such news from your classmates and colleagues as may be of value and of concern to you, for all are surely anxious to know what friends are achieving. The Bulletin shall be the carrier of interesting gossip. It shall keep alive in you the spirit of friendship born and fostered on the gymnasium floor, in the lecture room and in the social affairs of the Normal. Many pleasant and cherished memories will, no doubt, often be revived by it.

Let the Bulletin nurture in you this spirit of loyalty for your alma mater so that you will support the Normal in every possible way, by suggesting prospective students; by assisting our graduates; by proposing methods of increasing and perfecting our Normal College; by keeping us informed of what those in your vicinity are doing in physical education, and by many other means which may, from time to time, suggest themselves to you.

We furthermore solicit your assistance in perfecting our Bulletin so that it may

better meet the needs and interest of all. Do not hesitate to criticize and suggest, but be equally active in securing news of our alumni and representative professional articles for us.

May success attend our new effort and let us hope that the Alumni Bulletin will be an anxiously awaited and welcome guest of every graduate of the Normal School and College of the N. A. G. U.

PHYSICAL EDUCATION CONVENTION.

We wish to call the attention of the alumni members to the next convention of the American Physical Education Association which is to be held at Pittsburgh, Pa., in April. In connection with this meeting there will be two additional conventions, one of the American Association for the Promotion of Baths, and another of the Teachers of Physical Training of the N. A. G. U. This "get-together" movement is a splendid thing which, in the course of time, should receive the support of other interested organizations. There is no reason for the many separate meetings of organizations having the same general ideals. The inspiration which comes from the meeting of others working along the same or related lines is bound to be greater if one hears, or meets the leaders in each particular line at one great convention than at a number of smaller gatherings. Therefore, make your plans now to attend the Pittsburgh meeting. The papers and discussions will be of value to teachers in all branches, while the visits to playgrounds, and other institutions, and the practical work to be shown by the schools of all kinds should be of great help to all.

PHYSICAL TRAINING AS A PROFESSION.

(Opportunities for Active Turners)

Louis K. Appel, '11, Director of Physical Education, Holyoke, Mass.

The tendency of this present age is specialization in all branches of investigation and in all fields of work. This tendency has showed itself very strongly in education and has led to the establishment of departmental work in the regular subjects of the curriculum by the class-room teacher, and of special instruction in special subjects by special teachers. The latter innovation has caused a demand for "special" teachers, which has been so great that it could not be supplied. Men of technical training in special lines were hard to obtain when the special subjects were introduced, and in consequence a large number of inefficient individuals slipped into the teaching profession. At the present time, there still remain many of the latter type, but they are gradually becoming displaced by well-prepared teachers, who by their broader knowledge of their own particular subject and of the general teaching requisites, have been able to obtain gratifying results.

When physical training was introduced, and its introduction may be said to have been general, specialists in the various phases of physical activities were appointed teachers and even heads of departments. Boxers, wrestlers, sprinters, football players, athletes, etc., were in great demand as the aim of physical training was not clear in the eyes of the educators. However, it was not long before the mistake of such choice was discovered and the slogan of "efficiency" decreed that the ideal physical director was one who was proficient in all phases of physical training and who, moreover, possessed a thorough knowledge of the sciences dealing with

the mechanism, working principles and care of the human body, coupled with an understanding of psychological and pedagogical principles. With this conception of the "ideal physical director" once formed, the question arose, "Where could such trained men be found?"

The only answer possible was, "In the normal schools of physical education." Consequently many new schools and preparatory institutions devoted to physical training, sprung into existence. The older schools felt an extensive development and at the present time are thriving. However, they seem to be handicapped in one particular and that is, that a sufficient amount of good material (especially men) is very scarce. Why more young people do not avail themselves of the advantages offered by physical training has perplexed statisticians interested in this matter. There were enrolled in our own normal school, last year (1915), but 26 men and 46 women. It is strange that more "actives" do not take advantage of the excellent opportunities offered them in the field of physical training. The cry everywhere in our profession is, "More Men." Who has better qualifications to become a physical director than an active Turner, who possesses the fundamental necessities, a strong and well developed body and a keen and alert mind? Our graduates are making names for themselves throughout the country; what a pity that we can not make our college lead in enrollment and keep it in pace with quality, which is undisputedly recognized. Let every Turner consider the matter seriously and he will have to admit that a better vocation for him can not be found.

There are many reasons why physical training is such a good profession and why it should attract the young man and the young woman.

One can not find a more healthful field of work. To instruct children in the principles of acquiring and keeping health means to share in the benefits of instruction. Health is the result and what do we desire more in this world than to be constantly well? As far as I know, no other profession can be found which can boast of an equal amount of physical benefits to the individual himself as that of the physical director. We can conceive of no higher ideal than, "A sound mind in a sound body," and in the participation of one's duties as a director of physical training, an opportunity is offered one to exercise both mind and body, so as to approach more nearly the ideal of perfection.

Physical training as a branch of the teaching profession can also lay claim to its share of the ethical importance attached to the teaching profession in general. Among educators, physical training is not considered a "fad," but a necessity. To appreciate the value of physical training as a factor in the great process of uplifting humanity, one must be a teacher himself. In the last decade, the word "teacher" has come to receive a big impetus in reputation, and today the teacher is regarded by the members of the community as one of its most stable members and his opinion in matters of social and moral importance is eagerly sought.

What seems to be the greatest barrier to the choice of physical training, as a profession, is the mad chase after material fortune by the young generation. I admit that the accumulation of riches through teaching is an impossibility. However, the question may also be raised as to how many individuals are able to accumulate riches in other vocations. Surely, the number is small. Of course, we can not condemn an individual for considering the financial side of a profession as well as its ethical side, for man's first duty is to be self-supporting. But too often the "ethical side," man's duty to society and a

realization of higher ideals, is not even given a thought in the mad chase for the "almighty dollar." Surely it will come to be recognized in the near future and then mankind will look with satisfaction upon those who have had the desire to help humanity and who have put the desire into execution.

There are many lucrative positions open to competent physical directors in schools, colleges, private institutions, etc.; there is plenty of room for efficient and capable teachers. No more stable profession could be found, as instructing the young will go on as long as the world exists. It is for this reason that hard times are practically unknown to, and are not experienced by teachers, whereas, business and many other professions fluctuate with changing industrial and economic conditions. Considered from a purely financial standpoint, the teaching profession as compared to many other vocations, presents a situation identical with the "slow and sure" saving's depositor and the "get-rich-quick" type. I have reserved the financial aspect for the last argument, as in a "money mad" age, a financial statement of facts is the best means of approach to present the question. We must choose between stable and unstable, between slow and sure success with satisfaction, and failure with disappointment.

When a young man is deliberating what profession he should choose, he must take into consideration what health and lucrative offers it proffers. Furthermore, he must investigate whether the profession is over-run or not. As regards the latter, the demand is so large and the supply so small, that the assurances of always having a position are positive.

Surely physical training has wonderful opportunities and should be earnestly considered as a life work by those young men of the Turnerbund who are interested in the work and who possess the necessary qualifications.

THE CLASSES OF THE SEASON 1916-17.

On September 18th the regular session of the Normal College was resumed with an enrollment of 104 students. The entrance examinations which took place on September 15th and 16th were successfully passed by 19 men and 25 women.

A reception and dance was given at the school the following Saturday and a very good time was enjoyed by all.

After the dance, the seniors got busy with the initiation of the freshies. The newcomers were marched through town for a while, then formed a large circle in front of English's Theater, and each freshie was requested to do a little act toward entertainment. This was followed by a banquet at Cavett's for which the freshmen were asked to pay.

The second and third week found us in the midst of the Indiana Centennial Celebration. The juniors proved their loyalty to the school and to the state of Indiana by daily participating in the great pageant at Riverside Park. On October 7th the seniors gave an excellent exhibition at the Fairground. The College made a splendid showing on Educational Day, October 13th, when the entire student body took a hand in showing the public the work of the Normal College of the N. A. G. U. Early in the afternoon a great parade wound its way through the downtown streets and thence to the Fairground. The College participated with eight artistic floats which represented the different branches of our work. At the Fairground both the seniors and juniors, men and women, gave an exhibition of gymnastic dancing and free exercises which was highly praised by the newspapers of the city. Credit for this wonderful work must be given to our President, Mr. Emil Rath, and his able assistant, Miss Elsa Hein.

On October 28th the entertainment committee of the Students' Alliance ar-

anged a Farmers' Dance and Hard Time party. It was very well attended and every one was in for a good time. Mr. Rath conducted the Old Virginia Reel and it was so heartily applauded that it drew three encores. Normal College pennants were awarded to Miss Lillian McConnell and Mr. Edward Krueck for prize costumes.

All classes were dismissed for the afternoon of November 10th and the ladies under the leadership of Miss Hein, the men under the leadership of Mr. Rath, started on a very enjoyable hike. It was announced by the Dean that the hike was to be about seven miles along White River, but the Freshies estimated the distance to be twenty-seven miles.

The South Side Turnverein gave an exhibition November 12th, at which the Seniors put in three good numbers.

On November 13th the student body attended the concert of the Musikverein at the German House.

To show their appreciation to the seniors of the reception and dance tendered them, the juniors arranged a dance in honor of the seniors. Credit must be given to the committee in charge, (the Misses Funke, Law and Mason, and Messrs. Kalbfleisch, Hell, Whalley and Knoth) for their good work in making the affair such a huge success.

On December 2nd another dance was given by the Students' Alliance. This organization meets every second Tuesday of the month and the meetings are always well attended due to the entertainment afforded. Mr. George E. Mueller is the very competent president.

The College has, according to the decision of the board of trustees, put a basketball team in the field this year and almost twenty candidates reported for practice. Games have been arranged with some strong colleges. The Indianapolis "Star" had the following to say about the first game:

"The Normal College of the North American Gymnastic Union made a successful advent into active athletic competition last night at the German House gym by defeating the Indiana Veterinary College, 36 to 12, in a spectacular basket ball game. The Normals started fast and scored eight points before the Vets counted. The rapid pace of the Normal five bewildered the Horse Doctors and the half ended with the Gym team in the lead, 15 to 2. The second half was more evenly contested, but the better condition of the Normal team was not to be denied, and when the final whistle blew the Gymnasts had the game, 36 to 12.

"The passing and floor work of the victors was unusual in the opening period and the Vets were unable to solve their offense. Dodd scored the only points for the Veterinary College when he dropped in a long shot from the center of the floor.

"The Vets played desperate ball for a time in the second half and evened the score on Dodd's basket. The ability of Shafer and Smidl to hit the basket from any angle was too much for the Vet guards, however, and each player counted four baskets during this period. For the Veterinary team, Dodd and Wood played strong games. The entire squad of the Normal College showed marked basket ball ability and the team no doubt will win a number of games from state secondary colleges. The Normal team is coached by Arch Stevens. Lineup and summary:

Normal College (36). Vet. College (12).

Kalbfleisch,		Monroe,
Shafer	Forward	Friedmeyer
Spier	Forward	Ward
Ruzicka,		
Smidl	Center	Gates
Smidl, Knoth	Guard	Wood
Whalley, Abrams	Guard	Dodd

Field goals—Smidl 7, Shafer 4, Kalbfleisch 3, Ruzicka, Knoth, Dodd 3, Monroe, Ward, Wood. Foul goals—Shafer, Spier.

Referee—Pricher.

ADDITIONAL SUBJECTS TAUGHT AT OUR COLLEGE.

The great cry for "National Preparedness" has brought about the introduction of military training into our school. Although some difficulty was encountered in securing a permanent instructor, on account of the officers being called to the border, the result was satisfactory.

Under the direction of Captain Edward Coppock the class was making excellent progress, but as he was called to do duty at the Mexican border, we were left without a leader. Mr. Rath took charge of the company and proved to be a very competent general. Some time later one of our classmates, Mr. Louis J. Koster, Jr., returned from the border where he had been an officer in the army. He was given charge of the class, only to be recalled after a few weeks. It then depended upon Mr. Rath to conclude the course for this season. Since there are usually several regiments stationed at Fort Harrison, we expect to have one of the most competent officers instruct us in this branch as soon as the army returns from the south.

THE STUDENTS' ALLIANCE.

The one organization comprising all of the students and furnishing both social and literary entertainments, is the Students' Alliance. The officers of the present year are: President, George E. Mueller; Vice-President, Nelle C. Fuller; Treasurer, Myles Havlicek; Secretary, Lois Widner.

The programs have been very interesting, especially those talks by Mr. Rath and Mr. Moore, and the readings by Mrs. Carl H. Lieber.

The two dances given by the Alliance, one a Farmers' Dance on October 25th, the other a Thanksgiving Dance on December 2nd, were highly successful.

To be successful keep yourself in the very pink of condition.

BOOK REVIEWS.

"School Hygiene," by Fletcher B. Dresslar, Ph.D., published by the Macmillan Company, of New York, 1913, is, for students and teachers of physical training, one of, if not the best book on this subject. It consists of 363 pages divided into 24 chapters. Mr. Dresslar's chapter on "School Baths" is timely and up-to-date. The book is well indexed and each chapter concludes with "Topics for Investigation." These with "Selected References" make it a book of ready reference and also one which leads to further study of related subjects. List price is \$1.50.

W. A. O.

"Personal Health," a book written by Dr. William Brady of Elmira, N. Y. and published by W. B. Saunders Co., Philadelphia, 1916, is one of the latest editions on personal hygiene. Dr. Brady very truly says, "It is a book for discriminating people." As such it should appeal to every alumnus of our college. In the preface Dr. Brady states "In this manual such practical information as may properly be considered under the head of personal health will be presented in a form readily assimilable by the lay reader, and general matters more especially concerned with sanitation and public health will be excluded." Thus the objection often heard, namely that the students waste much time in separating the personal from the public hygiene as printed in the older books, is now overcome, for Dr. Brady gets right down to "brass tacks." List price of book is \$1.50.

W. A. O.

" . . . as to whether it is better to make a pupil more conscious of his failures than of his successes in order to develop his moral and intellectual vigor. It is a simple principle of human nature that if you magnify one's failures you are more likely to weaken than to strengthen him.

"What we want to do as a rule is to fill the minds of our pupils with the

thought of themselves as succeeding in whatever they undertake. Of course, if they are careless or indifferent or reckless and in consequence thereof fail in what they take up, then they must temporarily be made exceedingly conscious of their failures in order that they may exercise caution and give proper attention to the task to be performed. But speedily as possible the consciousness of failure must be supplanted by that of success. A child who is not succeeding in spelling, say, so that he is required to go to the foot of his class every day for a time, is likely to become dominated by the fixed idea that he cannot stay at the top no matter what he may do and he will inevitably be harmed by getting into this frame of mind."

Does this straight-from-the-shoulder sort of talk on teaching interest you? If it does then go to your book store and get "Everyday Problems in Teaching," by M. V. O'Shea, head of the department of Education of the University of Wisconsin. Bobbs Merrill Co. of Indianapolis are the publishers. The price is of no consequence when speaking of a book of this calibre.

K. R. S.

"How to Learn Easily." By George Van Ness Dearborn. Cloth. 12 mo. 227 pp. \$1.00 net. Little, Brown & Company, Boston.

This book may properly be described as "Applied Psychology." Its interest is to show to the twenty-five million American students, who are expending precious time, energy and money in learning, how to learn more economically, how to avoid waste of mental energy, how to produce "complete mutual interaction and integration of mind and body" in the individual. The first chapter, on "Economy in Study," and the second, on "Observation and the Taking of Notes," will indicate the nature and scope of the book. It is a phase of Educational Psychology that will appeal equally to the student and to the teacher, as throwing light on a subject which is too often known empirically, if not entirely ignored.

WHERE ARE THEY?

Quite a number of alumnae have, in the course of years, disappeared from view. We should like to keep in touch with them even if they are not working in the profession any longer. The following is a list of those whose present location is not known to us. We shall be thankful for their addresses or any other information about them which you may send to the Normal College.

- Adler, Moritz, '77.
- Allen, Madge, '07 (Mrs. Ira Mabie). Last address, Milwaukee.
- Appleton, Claude R., '10.
- Bartsch, Walter E., '93. Last address, Sacramento.
- Beckmann, H. B., '07, Milwaukee. Address unknown.
- Belitz, Dr. Alfred, '88, Milwaukee. Address unknown.
- Bigelow, Julia Alice, '06.
- Bissing, Theo., '77.
- Boos, Hermann, '90. Last address, San Francisco.
- Bornheim, Caroline, '03 (Mrs. S. S. Judd).
- Carstens, Agatha, '04.
- Conrad, August, '90.
- Dohs, Francis, '92. Last address, Yonkers, N. Y.
- Douglas, Lulu, '05. Last address, Topeka, Kas., Y. W. C. A.
- Ernst, Frank L., '07.
- Essers, Charles, '71.
- Feldmann, H. W., '82.
- Fuhrberg, Dr. A., '82. Last address, Seattle, Wash.
- Gebser, Karl, '78.
- Gerlach, L., '77.
- Granger, Josephine Mary, '08 (Mrs. Roberts).
- Grundhoefer, Joseph, '86.
- Hambrock, Paul, '93.
- Heers, Ernst A., '90.
- Heinze, Louis, '73.
- Held, Otto, '73.
- Hibbeler, Ernst, '88, Chicago. Address unknown.
- Jaenichen, Hermann, '73.
- Kaiser, Theo., '78.
- Kanters, Christine, '05. Last address, Seattle, Wash.
- Kroh, Karl, '79.
- Lampe, Otto, '77.
- Lehmann, R., '71.
- Lehr, Fr., '71.
- Lentz, W., '68.
- Lindenthal, Edmund, '73.
- Lueck, Fred, '75.
- Melms, Carl, '75.
- Meyer, H., '71.
- Mueller, Franz, '77.
- Mueller, Otto L., '94, Detroit, Mich. Address unknown.
- Nuess, Francis, '75.
- Osterheld, Dr. David, '90, Los Angeles, Cal. Address unknown.
- Preusse, Louis, '75.
- Retzer, G. W., '93, Seattle, Wash. Address unknown.
- Rhode, Carl, '86.
- Ricken, Robert, '76.
- Rieker, Meta, '03.
- Schmid, Robert, '79, Chicago, Ill. Address unknown.
- Schneider, Dr. Francis, '97, LaSalle, Ill. Address unknown.
- Seitz, Bertha, '05.
- Signor, Meta L., '07.
- Spitzer, Robert, '68.
- Stackhouse, Florence B., '09, Salem, N. J.
- Suetterle, Dr. C. J., '88, Chicago. Address unknown.
- Suetterlin, G. A., '91.
- Sultan, Charles, '81, Baltimore, Md. Address unknown.
- Thielecke, Emil, '81, Milwaukee, Wis. Address unknown.
- Tompkins, Mabel, '04.
- Vette, Marie Fr., '79.
- Wagner, Carl, '04. Last address, San Jose, Cal.
- Weber, L. W., '86.
- Webster, Margaretta W., '09.
- Wendelburg, Otto, '92.
- Werner, Guido, '95.
- Wertz, Guy C., '07.
- Wissbauer, Hermann, '73.
- Wuestefeld, Irene, '13. Last address, Jacksonville, Fla.
- Zenker, Karl, '69.

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WHAT ARE OUR AIMS?

Not very long ago a few prominent members of the Turnlehrerschaft of the N. A. G. U. asked this question: "What are the benefits of the Alumni Association?"

It is a timely question.

The Turnlehrerschaft, through mutual aid and death benefit, has as its chief aim the support of the individual member. The alumni has an aim not so directly personal, namely the support of the school (Turnlehrerseminar) from which we graduated. With the small dues of \$1 per year very little, of course, can be done financially. Nevertheless in 1915 we were able to make a donation of \$100 to our alma mater. At every commencement we have banqueted the new alumni, thereby launching them joyously into their responsibilities as members of the alumni.

The alumni, as an organization, maintains that by supporting our school we are getting nearer our goal, which is the raising of the standard of physical education throughout the country.

In order to foster co-operation among the members, we have decided to publish this paper, "The Alumni Bulletin."

We will be enabled to do so if the dues continue to come in as they have been during the past few years. There are still a number of graduates who have neglected to send in their dues. We urge them to join the great force of the alumni. Let us have the support of every one, morally and financially. Give us a lift!

C. T.

"These bones is got to be got!" These were the magic words that assembled the hazy outlines of a half-acquired anatomy lesson into a determination and desire to do better next time. Dear old Doc Morris is in Indianapolis giving his time entirely to his practice now. The lecture hall is no longer the scene of this rapid fire anatomical sharpshooter. All ye who stood in battle array before him bear in mind that the bleached-out bones of the humble hog, the carcass of an army mule were enough to make Doc Morris go into a rhapsody on osteology; and we, like the grave-digger in Hamlet, could only at that time, partly comprehend what it was all about. Since then, ah, how many of us have learned to read sermons from stones! But there the analogy ends for who would liken Doc Morris unto the melancholy Dane? He is a man, take him for all in all, and altho he did make our individual hairs stand up edgewise and on end (ask "Ted" Conger) we would nevertheless, all of us, "dare" to see his nibs again. K. S.

AUTOMOBILE GUIDE FOR THOSE OF US WHO TRAVEL AND WISH TO SAVE ON TAXI FARES.

St. Louis: Call Ella Haeseler, Julia Lindenschmit (prospective owner), Mrs. (Gertrude Krug) Sommers, Al Plag, Rudolph Hofmeister, Henry Foertsch.

Cincinnati: Call Sophie Eid, Johnnie Schwarz.

Buffalo: Call Heck (owner of a Chinese Mercedes, Ford.)

Alden, N. Y.: Call Hope Solbrig, who has been supplied with a Flivver by the county that she may cover her grounds.

Richmond, Ind.: Call Robert Nohr or his wife, Harriet Mead Nohr.

Peoria: Call Fritz Berg.

Indianapolis, Ind.: Call William Ocker, Gus Braun, Curt Toll.

N. B. Editor hopes to continue this list with each edition. Don't be shy, speak up and tell us that you have one and the make and license number.

TURNVEREIN NEWS.

The object of this column is to call the attention of the Alumni members to some of the more interesting and progressive activities of the societies constituting our Bund. Our space to be allotted to such news is naturally limited and we do not intend to enter into competition with other publications.

It is our wish, however, that any one of you who can give us information about Turnverein affairs, especially of new ideas and methods, will please send it to us.

We note from the various programs of Christmas entertainments and exhibitions that our Turnlehrer are keeping busy as usual, and that they are making liberal use of the material gone through with (or "sweated through") during our summer sessions of the Normal College. We find a number of dances on the programs, Skaters, Playfulness, Tatra, Flemish Folk Dance, Daisies, Valse Gracieuse, Brahms' Fifth Hungarian, etc.

Not only are the Turnvereins offering interesting instruction to their various classes, but a good number are striving to place their work before larger and, if possible, different audiences, that is, before the general public who are not yet acquainted with our ideas. Among the societies which are doing big things along this line and obtaining results, are: Dayton Turngemeinde, North Cincinnati Turnverein, St. Paul Turnverein, Indianapolis Sozialer Turnverein.

To these societies their own halls did not seem large enough to accommodate the crowds or not so situated as to attract the general public to them. For this reason they hold their exhibitions at the best theater or auditorium available and by so doing generally get good results. If you expect big results, you must do big things.

The Holstein Turnverein is putting Holstein, Iowa, on the map. It was on deck at the Denver Turnfest in 1913 under the leadership of the then director, Andrew Thoma. A Bezirks-Turnfest was held there in 1915. The Turnverein has succeeded not only in doubling its membership within a few years, but also to build an \$8,000 addition to its hall, besides making numerous other improvements. Some enterprise for a little town of 800 inhabitants!

H. R.

SCHOOL NOTES.

Shortly after the opening of the school strenuous practice ensued preparatory to our number of the Indiana centennial celebration. October 7 was athletic day. The Normal College was well represented in the men's athletic events and the entire senior class gave an effective club drill. On educational day, October 13, the college was decidedly in the limelight. Our eight floats and eight automobiles formed a conspicuous part of the stupendous parade that wound its way through the city to the fairground. Interesting exhibitions of various activities, as dancing, apparatus work, games and plays, free exercises, etc., were given places of prominence on special floats. The whole student body participated in the aesthetic dancing and club swinging exhibition at the fairground.

Various changes in the field and track work took place with the advent of the new school year. Willard park was a welcome substitute for Butler field and military tactics were introduced as a regular feature of our work.

The next event of interest was the annual visit of our non-resident trustees on December 1. Among the visitors addressing the student body were: Mr. A. E. Kindervater, St. Louis; Dr. A. A. Knoch, Cincinnati; Mr. William A. Stecher, Philadelphia; Mr. Henry Suder, Chicago.

Due to the irregular work of the fall only one hike was granted the students, the girls taking a lively hike through Ellenberger woods while the men followed the course of White river.

The activities of the sororities have been confined to the pledging and initiation of the freshman girls. The Phi Delta Pi pledged November 3 and initiated December 16. Their officers are: President, Emily Nowack; vice-president, Lillian Oppenheimer; corresponding secretary, Dorothy Wydman; recording secretary, Elsa Kramer; treasurer, Dorothy A. Elliott; sergeant-at-arms, Mable McHugh; chaplain, Lola Pfeifer.

The Delta Psi Kappa pledged November 9 and initiated December 16. Their officers are: President, Ella Sattinger; vice-president, Alice Morrow; corresponding secretary, E. Fosdick; recording secretary, Sylvia Handler; treasurer, Helen C. Schmitz; chaplain, Alice Morrow.

Another activity of the Psi Kappas was a Christmas celebration at the Free Kindergarten No. 30, where ice cream, cake and toys were added to the Christmas dinner of the numerous foreigners that crowd the kindergarten.

OPEN HOUSE.

In honor of the visiting members of the board of trustees the women's dormitory was "at home" Thanksgiving afternoon. A short program was given during the afternoon; vocal solo by Martha Evans; readings by Ruth Mason; a dance by Irene Mezek, and a piano solo by Lillian Oppenheimer.

RIGHT ACTION.

Hath man no second life? Pitch this one high!

Sits there no judge in heaven our sin to see?

More strictly than the inner judge obey. Was Christ a man like us? Then let us try

If we then too can be such men as he.

—Matthew Arnold.

THE HIDDEN LAND.

He sat by the side of the lonely hill,
A figure strangely sad and still,
And whatever bird or bee went by,
Or flaunting, floating butterfly,
He took no heed, but sat on still,
Silent and sad by that lonely hill.
Only sometimes his tattered hand
Would stroke a flute that for years had
been

His sad companion in many a land—
Thinking of all they two had seen.
A faded, smiling, withered thing,
He sat alone by the lonely hill
There was nothing quite in the world so
still.

It was that happy time of day
When children troop from school to play,
And as the minstrel sat so still,
Children came laughing up the hill.
His face was beautiful and good,
The little children understood
Why he sat there so sad and still,
With his lonely flute by the lonely hill,
And understood him, too, the birds;
The wild birds from the echoing wood
Nestled about his hands and knees,
Blue butterflies were in his hair,
And, crowding at his lips the bees
Stole all the honey of his words.

The children, as they ran up hill,
Stood round the man that sat so still,
And peered into his eyes,
And saw the bees and butterflies,
And wondered at the birds.
They saw, too, in his withered hand
The ancient flute that had been his friend
In many an ancient land.

He had sat silent, nor had cared
For bee or butterfly or bird;
But, when the children came,
And crowded round his knees,
He opened his blue eyes,
Young as the morning skies,
And smiled the love of God
Into those young, young eyes.

Then all the children danced and sang,
And, like the butterflies,
Kissed his old hair, and begged him play
On that old flute of his—
To pay him with a kiss.

"Children," he said, "what shall I sing
To such young hearts as yours,
What shall I sing to such small ears
That have not heard the years?
Tell me, what shall I sing to you—
Shall I sing the song of the bird
As it pipes first up to its mother's face?
Shall I sing you the song unheard
Of the opening rose in the morning light,
Or the little whispered word
The baby says to its mother's breast
In the hush of the fragrant night?
What shall I sing to such small ears
That have not heard the years?"

The children said: "O sing us the song
Of the rainbow in the sky!
Sing us the song of the bees and the
birds,
And the song of the dragonfly—
The song of the Beautiful Words."

He set the flute to his lips and blew
A little laughing note or two;
"Children," he said, "I will play for you
The Song of the Hidden Land.
It lies just yonder under the moon,
Where the soft-winged moths are born.
It is made of dew and daisies and
dreams,

And it vanishes at morn.
Dear children, will you come with me
To that Hidden Land, and you shall see
How they make the blue of the sky,
How they make the dragonfly,
You shall see the rainbow born.
Children, will you come with me?
Children, will you come with me?"

And he blew strange notes through that
flute of his—
A butterfly, a star, a kiss—
Strange sounds like growing grass or
birds.

Ah! far more beautiful than words;
In that battered flute was the sound of
the sea,
The song of the wind in the April tree,
The sound of the humming, humming
bee
The song of each beautiful thing that
flies,
Looks just once in your face—and dies.
"Children," he said, "will you come with
me?"
"Children," he said, "will you come with
me?"
And the children danced, and each little
hand
Took his—and they went to the Hidden
Land.

—Richard LeGalliene.

VITAL CONTRIBUTIONS TO THE COLLEGE.

In looking over the list of the men and women who have graduated from our College, we find that the Alumni have among them a number of graduates who have given a vital contribution to the College by sending a son, or daughter, or relative to enter the Physical Training profession and to attend the Normal College of the North American Gymnastic Union. May the following list serve as an index that we can look hopefully forward into the future:

Rudolph Braun '95, of Rochester, N. Y.—son: C. H. Braun, class of '17.

August Eckel '91, of Norwood, Ohio.—son: August J. Eckel, class of '16.

Hugo Fischer '88, of Culver Military Academy.—son: Armin Fischer, who attended the College during the year 1916.

Herman Hein '86, of New Ulm, Minn.—daughter: Elsa K. Hein, class of '13; and a son: Carl Hein, class of '14.

C. Julius Herrmann '78, of St. Paul, Minn.—son: Alvin Hermann, class of '11.

Fritz Krimmel '90, of New York, N. Y.—son: Paul Krimmel, class of '17.

Adolph Oppenheimer '90, of Moline, Ill.—daughter: Lillian Oppenheimer, class of '17.

George Pfaff '84, of Memphis, Tenn.—son: Arthur H. Pfaff, class of '14.

A. E. Poos, '91, of Cincinnati, Ohio—nephew: Nelson Walke, class of '17.

William Reuter '78, of Davenport, Iowa—sons: Hans Reuter, class of '11; Fritz Reuter, class of '06.

Louis Schmitt '92, of Buffalo, N. Y.—son: Louis J. Schmitt, Jr., class of '17.

Oscar Sputh '82, of Chicago, Ill.—son: Carl B. Sputh, class of '04.

Gust Stehn '91, of Cleveland, Ohio—daughter: Florence Stehn, class of '16.

Henry Suder '75, of Chicago, Ill.—daughter: Leonore Suder, class of '08.

Robert Nohr '90, of Cincinnati, Ohio—son: Robert Nohr, Jr., class of '13.

William A. Stecher '81, of Philadelphia, Penn.—son: H. Armin Stecher, class of '14.

Carl Barnickol '14, of Chicago, Ill.—son: Carl Barnickol, Jr., class of '18.

Edward Hell '14, of Chicago, Ill.—brother: Fritz Hell, class of '18.

Delia Gipe '10, of Milwaukee, Wis.—sister: Mabel Gipe, class of '13.

Fred Foertsch '11, of New Haven, Conn.—brother: Henry J. Foertsch, class of '14.

Gus Braun '15, of Indianapolis, Ind.—brother: Wm. G. Braun, class of '17.

These are but a few of the Alumni who have given a willing hand in the interest of the school and the students there. Surely we appreciate their efforts—they were not in vain. For they have helped young men and women to reach a nobler manhood and womanhood.

“Keeping everlastingly at it brings success.” This is true not only in learning a stunt, as all have experienced, but it is also true in acquiring anything, particularly success in our profession.

VITAL STATISTICS.

Alfred Diete '14, of Louisville, has married.

Frank Galles '15, of Buffalo, is another Benedict.

Alexander “Pop” Harwick, '13, took the vows in 1916.

Geo. Lipps '13 has a talented helpmate in his wife Ruby Lipps.

Frank Ohm, '13, of Sheboygan, entered matrimony in 1915.

Max Doering '15, of Johnstown, has entered the flowery path of conjugal felicity.

Herwig Toeppen and Flora Bush, both of '13, entered the paths of conjugal happiness in the year 1915.

Emil Kramer '15, took unto himself a wife, as also did Louis Zinsmeister, '14. Both brides are from the South Side Turnverein of Indianapolis.

Eugene Hofmeister and bride, Lillie Hopkins, both of '13, started housekeeping to the rhythm and harmony of a beautiful player piano in April, 1916.

Note: All scandal of the above variety should be promptly reported to the editors. Anyone in possession of such facts and not reporting them is a contributor to the paucity and poverty of this item.

Bill Mueller '13, now of Philadelphia, has a 1½ year old son.

Gene Seitz '14, of Kansas City, is the dad of a lusty boy.

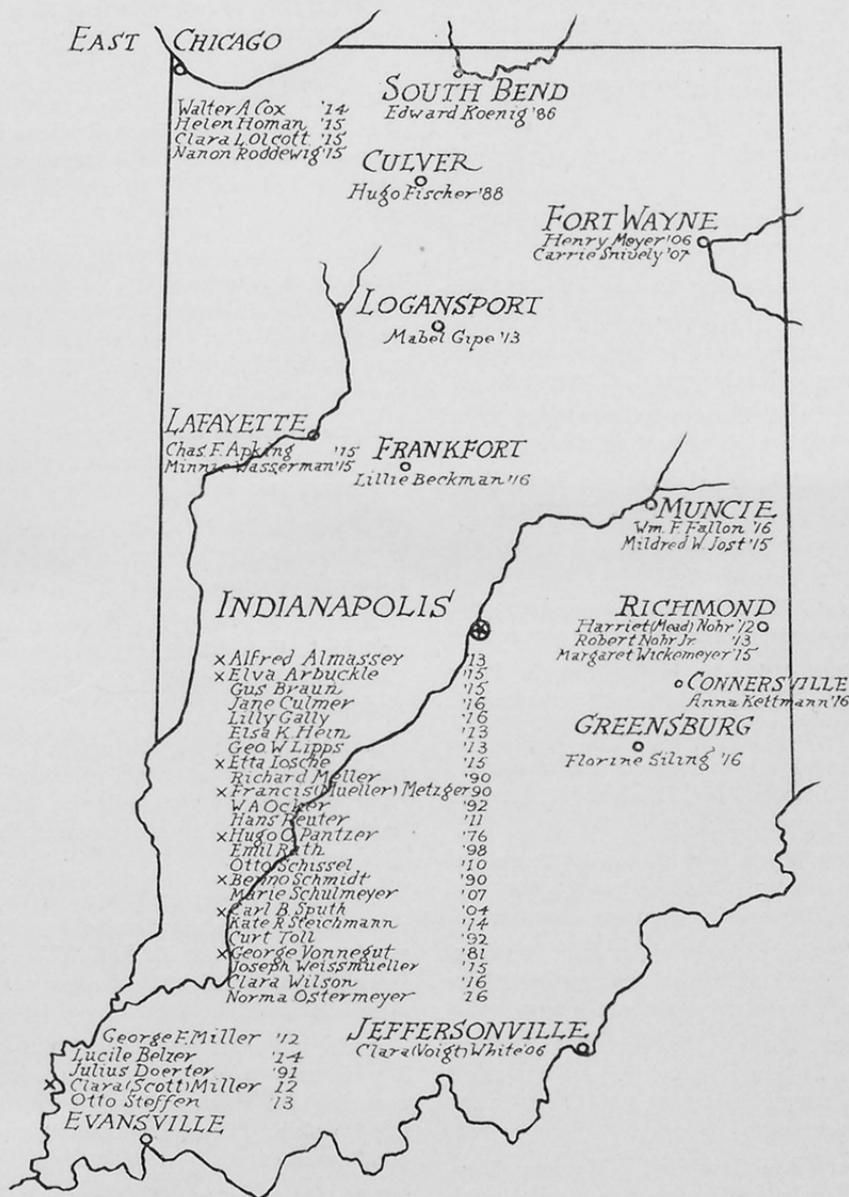
Bud Miller and Clara Scott, both of '12, announce that their little Bud has two beautiful teeth.

Al Hermann '10, St. Paul, also is a proud dad.

Marianna Reuter is the little lady who at the age of 17 months rules in Hans Reuter's household.

Fred Foertsch '11, of New Haven, has a bouncing daughter.

Alumnae in Indiana



Forty-nine alumnae reside in the state of Indiana, all of them with the exception of nine (those whose names are starred) working in the profession.

PERSONALS.

Art Pfaff '14 favor us with a poem.

There is no smile like Max Grueb's smile.

Tolly Wilson of '16 visited Florence Stehn.

Gail Jost '16 is an enthusiastic teacher in Rome, N. Y.

Anna Kettmann '16 is teaching in Connersville, Ind.

Pete Pendlebury teaches in Cleveland. Those who know will understand.

Lil Beckman '16 is located in Frankfort conveniently near Indianapolis.

Cecelia Heilbrunn (Cease) '14 is at Lake Park high school of Chicago.

(Doc) Ada Crozier '14 was home from Baltimore for the Xmas holidays.

Oh, Charlotte Roos, Oh Charlotte Roos. We miss your witty ditties.

Erna Fritson '14, St. Louis, gives private lessons in dancing and gymnastics.

Pickett '16, who is teaching in Pittsburgh, visited Ohio and Indianapolis recently. There is a reason.

Evansville is to have a stadium for the public schools. Mr. Doerter '91 deserves hearty applause.

Larry Molis has attained a new degree, namely Chief Stenographer and Handy Man of the summer courses.

Lilly Gally '16 is right in it, back at Shortridge high school, having left there as a graduate only two years ago.

(Pop) Steffens is certainly making things hum in Evansville. He has made the "Turnverein" mean something to the populace there.

Where are Ittybits? Marjory Reynolds '14 is continuing her studies with the intention of teaching physical training to the deaf.

C. H. Burkhardt of Buffalo is true and loyal to his ALMA MATER as his list of assistants shows. He has done much for the advancement of physical training.

Golden haired Lu Belzer '14 shines in the Evansville high school where she is monarch of all that she surveys. Her appetite for food and fun is the same as ever.

Dr. Burger, supervisor of physical training in Kansas City is a man of rare good taste. Kansas City has much to be thankful for; there's Louise Quast and Betty Stokes '16 and Frieda Martens of '15.

Frances Stark and Betty Stokes, both of '16, were in Indianapolis for the Thanksgiving holidays.

Gilcher E. Neeb '12, of St. Louis, while in Colorado this summer bought himself a becoming coat—of tan.

Harriet Schrader '14 is the energetic and ambitious teacher in a high school, Chicago. Her hobbies are dancing and French.

Armin Stecher '14, student in the medical department of the Philadelphia U. blew through Indianapolis on his way home from a fraternity convention in San Antonio.

Lockerbie street and two years residence in this Hoosier Capitol has left its mark on four of our N. A. G. U.'s—Heck, Harz, Haas, and Schuettner live on Riley street in Buffalo.

Andrew Thoma and Rose Quinn, after a year or two of interruption, are busy shearing the sheep—preparatory to taking its skin. "Keep everlastingly at it, etc.," is no empty phrase to them.

Videl Hudler, of St. Joseph, has announced her intentions of attending next year's shearing, skinning and all that.

Netta Oertel and Clara Fladoes got along so well in the two years they shared the same room in the Dorm they simply packed up their belongings and continued the same in St. Paul, where they both teach.

Mil Jost '15 writes from Chicago during her Xmas vacation. She tells of a Round Robin letter that the 15's are writing and reading. This is a timely hint for some other classes. The letter having finished its circuit would be rich in news for those not "in on it."

Dear Friends: My sense of rumor has gotten me into all this.—K. R. S.

REED DRILL.

Music: Southern Roses, waltz by Johann Strauss.

Formation: Open flank circle of flank ranks of four members, left side toward center.

I.

Eight waltz balance steps or waltz steps forward, circling the reed forward 8 M.
 Eight swing hops (half turn left on the last swing hop)..... 8 M.
 Repeat three times..... 48 M.

Interlude.

Step left forward and swing reed fore-downward—1. Transfer the weight backward and swing reed back-downward—2. Repeat —3-4. Balance stand left, raising arms and reed obliquely fore-upward (crossing reeds)—5-6. Step back right and lower arms sideward—7-8..... 8 M.

II.

Front circle. (Face inward and) Eight steps left sideward, crossing in front, circling reeds forward (leap over on the first of two steps)..... 4 M.

Balance hop left forward, circling reed forward; swing hop right backward, circling reed backward; balance hop forward, hopping twice..... 4 M.
 Repeat three times..... 24 M.

(Note: On the last four measures Nos. 1 and 3 take two jumping steps forward and face about toward Nos. 2 and 4 respectively. This forms two concentric circles facing toward each other.)

III.

Nos. 1 and 2 form an arch (gate), crossing reeds, and take three steps toward Nos. 3 and 4 and point on 4, while
 Nos. 3 and 4 place hands on hips (reed vertical) and pass through the gate in four waltz steps... 4 M.
 Repeat vice versa..... 4 M.
 Repeat all seven times..... 56 M.

IV.

Face right, forming flank circles facing in opposite direction and Repeat I..... 64 M.
 (Face left on the last swing hop, forming two front circles.)

Interlude.

Step left sideward and point right forward, arms sideward—1-2.
 The same right—3-4..... 4 M.

V.

Repeat II, both circles going left.. 16 M.
 Mill wheel right in eight knee swing hops, arms sideward (with new partner)..... 16 M.
 Repeat right (going back to original partner) and mill wheel left 32 M.

VI.

Nos. 1 and 2 form a gate as in exercise III, taking three steps, crossing in rear, and point foot

- forward, moving toward Nos. 3 and 4, and repeat away from them. Nos. 3 and 4 pass through the gate encircling Nos. 1 and 2 in a waltz turn and two waltz steps, going half-way, and repeat, coming back to position..... 32 M.
- Repeat with Nos. 3 and 4 forming the gate and Nos. 1 and 2 encircling 32 M.

Interlude.

- Step left sideward and place right foot back-inward and arms sideward. Same right..... 4 M.

VII.

- Eight leap jumping steps in place, alternating crossing and uncrossing the reed while circling it forward. Three step turn (jumping over the reed on the first and third measures) and swing hop left and two swing hops in place, circling the reeds forward 16 M.
- Repeat entire step right and then left and right again..... 48 M.
- (Note: Last step ends in pose, placing left foot back-inward and arms sideward.)

(Gate or arch: Partners face each other, pointing foot forward and raising arms and reed obliquely forward upward, crossing the reed to make it form a loop. The edges of the reeds touch each other.)

It was Josh Billings who said: "Every man who duz the best he kan iz a hero." Make up your mind now to do the best you can in assisting us by securing interesting news items for the Alumni Bulletin.

WRONG TACTICS.

The girls in one of the Chicago telephone exchanges that is located in a particularly smoky and dusty part of the city complained to the manager of the smoke and dust. He cheerfully advised them to forget the smoke and dust and go on with their work, which, having more hunger than money, they did.

A few months later a growing volume of complaints against bad service caused the manager to investigate. He found that the smoke and dust were interfering with the operation of the switchboards. The little brass tags were so gummed that frequently they did not fall when subscribers called. Nor did the grime of the "plugs" with which connections are made constitute a good medium for the flow of electricity.

When the manager learned what the smoke and dust were doing to his human machines he did nothing. But when he learned what smoke and dust were doing to his metallic machines he wasted no time. He laid the matter before his superiors, with the result that a plant was installed for the filtration, through water, of every particle of air that entered the exchange.

PAT AND THE ALARM CLOCK.

Pat's alarm clock went on strike by refusing to strike. Consequently Pat awoke one morning over an hour late for work. Between cusses and hurried preparation for the day's grind, Pat gave instructions to his wife to do something to break the strike.

This she attempted to do by gently tapping it with the broom handle, placing it upside down in the oven, and finally the third degree was applied, namely, a dose of kerosene, but nothing helped.

That evening Pat hunted up a screw-driver and unscrewed the back, whereupon a huge dead cockroach dropped out

"Begorry!" says Pat. "No wonder she can't run. The engineer is dead!"