

# Alumni Bulletin

Vol. XIV

Indianapolis, Indiana, November, 1930

No. 1

## HOME-COMING PROGRAM

The fall's big event in the Normal College will be the annual Home-Coming during Thanksgiving week. According to letters received at the College, attendance this year will be greater than ever before. Let's all try to make this the biggest Home-Coming. Last year over two hundred Alumni came back for a visit of their Alma Mater; see if we can't push it up to 250.

While the program is in many ways similar to that of previous years, it contains several new items, most interesting of which will be the demonstration of "Gymnastik" and Dancing by the class conducted by Fraeulein Liesle Fox of Germany, a pupil of Mary Wigman. A more detailed description of this work is to be found on another page of this issue.

The non-resident members of the Normal College Board of Trustees: Mr. Burkhardt of Buffalo, Mr. Heckrich of Minneapolis, Dr. Hofmeister of St. Louis and Mr. Mueller of Philadelphia, with the Administrative Board, will take place on Wednesday, November 26 and continue on Thursday.

Open House at the Women's Dormitory and the Phi Epsilon Kappa House will as usual, be held on Thursday afternoon, Thanksgiving Day. There may

also be other entertainment by the Fraternities.

Friday morning, the Turnverein instructors will meet for discussion of various matters, especially of the Buffalo Turnfest and lessons to be derived from it. Graduates who are not teaching in Turnvereins, will be welcome at these meetings.

The annual Alumni Dinner is scheduled for Friday noon.

A demonstration of activities by the classes is to take place Friday afternoon.

In the evening, the Indianapolis Turnverein will arrange some form of entertainment for the visitors.

Meetings will continue on Saturday, and the annual meeting of the Board of Trustees is set for Saturday afternoon.

Home-Coming will end with a dance given by the All-Student Association.

In former years, it sometimes was difficult to place all guests at the Alumni Dinner because many would neglect to reserve places for it. In order to avoid this, graduates who intend to come to the dinner on Friday noon, are requested to advise the College office at least two days ahead. The price of the dinner is \$1.25.

Alumni president Lilly Gally Rice wants all visitors to be at the dinner. Because the usual Alumni meeting could

## HOME - COMING

NOVEMBER 26, 27, 28, 29, 1930

not be held in spring, an election of officers did not take place and Mrs. Rice is holding office until a successor can be elected. She will propose a change of the constitution so that the election can be held at Thanksgiving instead of spring which will no doubt be the better plan as hundreds of Alumni attend Home-Coming while but few come here for commencement. So let's get together for Home-Coming and make it a hundred per cent. attendance at the Alumni Dinner and annual meeting.

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#### DELTA PSI KAPPA INDIANAPOLIS ALUMS

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The new year has opened with an unusual spirit of interest. This is probably due to our new president whose middle name is pep, personality and enthusiasm. In fact she's president of so many Normal College alumni organizations that her husband, Mr. Emmett Rice, has almost decided to stop teaching to take care of the babies while Lilly attends to business.

Also Billie Wild came back with so much convention news that we've been in a whirl ever since trying to absorb and meet the many new requirements.

Here's what we have done though that our Psi Kap Alums should try to consider as a special inducement to attend Home Coming. We promise "One Great Time." The alums have decided we needed more punch, more pep, more informal get-togethers, more opportunities to relive the "days we spent in Psi Kap." So we're going to do it! How? Come and find out! You'll never regret.

So if you haven't made up your mind to spend the Thanksgiving holidays here, reconsider, for the Indianapolis Alums are sending out special invitations right here to each and every one. Be here!

C. L. H.

#### A LIVELY "OLD-TIMER"

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Way back in 1868, just sixty-two years ago, the Turnlehrerseminar of the American Turnerbund sent out the first class of instructors for the Turner societies. It was twenty years after the founding of the first Turnverein, in Cincinnati, and it was one year after the first introduction of Turnen in any public schools of this country, also in Cincinnati. The Turners had early realized the need for trained instructors and had indeed, tried to establish their training school seven years before, but the Civil War put a stop to practically all Turner activities because nearly all young able members joined the ranks.

Well, all of this is history and well known to Alumni who have not forgotten their lessons in history of the American Gymnastic Union. Few, however, will know that one of the graduates of this first course of the Seminar is still among the living and although eighty-two years old, is still taking a lively interest in all matters relating to the Turnerbund, to its College and to physical education in general. This man is Adam Schoening of Mount Vernon, N. Y. He has not taught for many years but follows advents with keen interest. To prove it we will mention that Pioneer Schoening has subscribed to and possesses every Annual published by Normal College classes since the first one appeared in 1913. We don't believe that any of the younger colleagues can match this record.

Mr. Schoening raised his son George to be a Turnlehrer, also, and he was graduated in 1898; he taught for years in New York, but died a few years ago.

We hope that Adam Schoening will live many years yet; we know that he will always be interested in and support in every possible way our Normal College.

### THE 1930 SUMMER SESSION

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Although the summer session of 1930 brought an increase of attendance, it was not as big as the College authorities had hoped for. Forty-one students registered as against thirty-one in the previous year. An enrollment of fifty is required to make the session self-supporting.

With the weather what it was during July and August, Camp Brosius again proved to be the ideal place for summer work. On some days it was warm but never was the heat as oppressive as below the great lakes' region. If it was somewhat warm occasionally, that made the swimming so much nicer; water temperatures varied between 75 and 80 during the entire five weeks.

Because of the small attendance, some courses were omitted, and this enabled Otto Eckl to drop out of the faculty this summer; he was glad to do this as preparations for and the running of the national Turnfest had left him tired. Mr. Rath and Mrs. Hester took over some of his classes. Mr. Eugene Hofmeister's courses were well attended, and so was Dr. Rudolph Hofmeister's course. Mr. Paine could not keep his agreement to teach swimming, and the College in looking for another man found our old friend Ernst C. Klafs willing to handle this work once again; needless to say that Mr. Klafs was successful.

As usual, several entertainments were given by the class and provided the necessary amusement and variation of the day's work.

Hotel Camp Brosius was rather well attended this summer; in fact, it was crowded for several weeks so that some guests had to be placed in the village of Elkhart Lake. The camp is more and more becoming the summer meeting place of Normal College Alumni and Turners and their friends. Next year,

the biennial convention of the American Gymnastic Union will again be held at Camp Brosius; let's hope that many of the Alumni usually attending these conventions, will remain for the next summer session.

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### THE NEW CLASS

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Entrance examinations at the Normal College were held September 26 and 27, and regular class work began September 29. Sixty-four Freshmen presented themselves for the examinations and all but one were admitted to the class. The entire enrollment this year is 147, twelve more than last year, and there are also three special students taking one or two subjects.

The Senior class consists of nine men and three women; the Junior class of twenty men and nine women; the Sophomore class of twenty-one men and twenty-one women, and the Freshmen class of forty-two men and twenty-one women; the total is ninety-three men and fifty-four women.

Courses are given as scheduled in the catalog; the twelve Seniors are quite proud of the fact that theirs is the first class to receive completely separated instruction. Their courses include an extra one not listed in the schedule, a course in Modern European History given by Mr. Rinsch. Because of the large size of the Freshman class, it had to be divided into two or more sections for many of the courses.

Seven of the new men passed the examinations for the two-year scholarship and two were awarded the elementary one-year scholarship.

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The term intellect includes all those powers by which we acquire, retain and extend our knowledge, as perceptions, memory, imagination, judgment, etc.—Fleming.

## PERSONALS

A boy arrived at the home of A. C. Maley '22 in April.

Louise Bessire '18 (Mrs. Griswold) received a baby boy in May.

Leah Braden '24 (Mrs. Norman Ketchum) has joined the Chicago colony.

Dorothy Eck '24 (Mrs. John Bierley) became a happy mother in August.

Vera Ulbricht '22 has been transferred to Beaumont High School in St. Louis.

As usual, Elsa Kramer '17 spent the summer travelling and sent greetings from Bermuda.

Lucille Spillman '28 of St. Louis is now teaching in the Franklin Intermediate High School.

After a siege of illness, Eva Mohler '25 (Mrs. Robert Pegel) is now recuperating very nicely.

Winona Fitzgerald '26 of Louisville is now Mrs. Wilbur Lindley, and is teaching in a high school.

Priscilla Lockwood '27 (Mrs. J. Allen Campbell) became the happy mother of a baby boy on May 11.

Marjory Hiatt '23 was married in April and is now living in Chicago; her new name is Mrs. O. P. Wise.

Another wedding: Evelyn Larkin '25 became Mrs. Bridges in spring and is now living in Franklin, Ind.

The marriage of Georgia Renwick '26 to Dr. J. H. Clarke took place May 24; they are living in Pittsburgh.

Marylin Louise is the name given a daughter of Mildred Bushnell '20 (Mrs. H. G. Quig) who arrived May 1.

Barbara is the name given a little baby girl who arrived at the home of Harriet Schrader '14 (Mrs. Otto Harz).

The marriage of Helen Humphrey '21 to James E. Scott took place October 25; they are at home in Oak Park, Ill.

Three Chicago grads, Viola Schneberger '22, Lillie Beckman '16 and Irene

Mezek '16, spent part of the summer in Colorado.

The fourth boy arrived at the home of Jewel Gordon '19 (Mrs. H. R. Beyer) on October 13; Jewel has three boys living now.

In July, Margaret Holzbauer '19 (Mrs. Edmund G. Steis) presented the captain with a fine boy in her home at Fort Shafter, Honolulu.

Ray Reess '18 was transferred from Yeatman Intermediate to Roosevelt High School in St. Louis to teach physical education and health.

After thirty-seven years of service, Dr. Fred Burger resigned his position as Supervisor of Physical Education in the Kansas City schools.

At the time of the Indiana Teachers' Convention, Esther Hoebner '23 (now Mrs. John Ehlen) and her husband were welcome visitors at the College.

From Vienna, Carl R. Barnickol '18 sent greetings. He spent the summer in Europe and among other things, attended the Hygiene Exhibition in Dresden.

Anne Hausknecht '22 was married August 19 to Mr. Clifford A. Miller and is living in Van Wert, Ohio, where her husband is engaged in the hardware business.

Chicago Alumni Chapter of Delta Psi Kappa celebrated Founders Day on October 25 at the Medina Country Club; it's fourteen years since the chapter was organized.

After spending two years in Seattle, George Wallenta '28 and wife (Emma Hunt) have returned to Chicago with their little daughter; he received appointment at Crane Junior College.

Emil Preiss '25 has left the Turnverein in Aurora, Ill., where he taught for five years, and has accepted a position in the department of physical education of the University of Pennsylvania. This place was formerly held by

Emil Rothe '29 who has gone to a high school in Chicago. Bernard Brockmann '30 has taken Preiss's place in Aurora.

After teaching for five years in the Southwest Turnverein in St. Louis and holding the position of District Turnwart for most of this time, Max Grob '25 has changed to the position of instructor of the Dayton Turners Association.

Indianapolis Alumni have for several years arranged one gettogether each year in the form of a picnic. This year's gathering occurred on September 28 at the summer home of Mr. and Mrs. Emmett Rice on White River. About thirty people were present. A baseball game in which even the Dean and the secretary of the College participated was followed by a picnic lunch and the usual talkfest. In place of Kate Steichmann who had been chairman for two years, Evelyn Cornell Romeiser was elected.

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### CHIEF WAWOKIYA

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It sounds weird—but that is the new name of Thomas Pfaender '25 and it was given to him by Indian chiefs when he was adopted into a Sioux tribe at the Indian village of the Minnesota State Fair.

Tommy spent last summer in Boy Scout work and was director of the Minnesota Valley area camp. Later he toured the area with eight eagle scouts demonstrating scout activities. The last two weeks before schools opened he spent at the Fair where the National Boy Scout Council in conjunction with the United States government had established an Indian village. This is the first time the government officially cooperated in such a project and it kept close record of all activities and took many reels of moving pictures. In the village were 30 white and 50 Indian boys

and 25 Indian adults. The camp closed with a pageant worked out by Mr. Pfaender depicting the life of the Indian, and it was in appreciation of his work with their boys that the Indian chiefs bestowed on him the special honor of making him Chief Wawokiya.

Having returned to his position of director of physical education in the schools of Marshall, Minn., Mr. Pfaender writes among other things:

"The teaching profession may become crowded but there seems to be no let-up in the demand for people well trained in special lines. Pageantry and scout work are two fields in which much may be expected to develop within the next few years, and Normal College students are indeed most fortunate to be able to take courses which will prepare them for work along these lines.

"My first year's public school work was most interesting and gave me an opportunity to try about everything my College notes suggested. I finished the year with an all school point system field and track meet. Competition, carried on for two weeks, was close and the lead "see-sawed" back and forth between the two teams. My fall work is well under way. I have a soccer league for girls and a speedball league for boys. Volleyball, fencing and archery will follow when out-door activities are no longer possible.

"I hope to come to Indianapolis for the Home-Coming; that is a pleasure I have been looking forward to for a long time."

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He who would resist the prompting of nature, and prevent their going as nature wills and must, what else does he but endeavor to resist nature's being nature, that fire burn, water wet, that man eat, drink and sleep.—Martin Luther.

## WHAT DIVISIONS SHALL A HIGH SCHOOL PROGRAM OF PHYSICAL EDUCATION COMPRISE?

By EMIL RATH,

President, Indianapolis College of  
Physical Education

(From The Indiana Teacher)

In many communities physical education is still compelled to prove its worth as a high school subject. Not only laymen, but also many school men are of the opinion that physical education is merely one of the "frills and fads" which have been smuggled into the school system. Evidently they do not understand that education can be obtained through physical activities as well as through mental activities. To many, physical education consists only of building up muscles, acquiring strength, ability to sprint, play a game, etc., etc. But there are mental, moral, and social values associated with physical activities and growing out of them; there are opportunities for character building, for the improvement of health, for increasing vigor in physical practice. Furthermore, there are worthwhile attitudes and habits which an ably conducted program of physical education will produce. These are the important reasons for the program. The program of activities is a means of educating the youth and not the end.

To obtain the most fruitful results from a program of physical education it must contain certain essential divisions, each of which is a contributing factor to its success.

The opinions on the significance of such divisions of a program are still varied, and often show a lack of appreciation of the importance of the various divisions. A questionnaire sent to 200 Indiana high school principals selected at random, has shed some light upon

prevailing opinions on this subject. The principals were asked to rank the following six divisions of physical education (not including Health Education) in the order of their importance and indicate the divisions they considered as "minimum essential" of such a program: The General Lesson in Physical Education, Swimming and Diving, Physical Examinations and Measurements, Corrective Physical Education, Medical Examinations, and Intra-mural and Proficiency Activities.

Eighty replies were received. Because of lack of space tables showing the divisions ranked in the order of their importance and in groups of "minimum essentials" based on the number of votes received have been omitted. The principals ranked them in the following order: Medical Examinations, Physical Examinations and Measurements, the General Lesson in Physical Education, Corrective Physical Education, Intra-mural and Proficiency Activities, and Swimming and Diving.

The order resulting from the number of times a division was checked as a "minimum essential," was slightly different from the above. The first two mentioned in order of importance, Medical and Physical Examination, change places when rated as "minimums." The others remain in the same order.

Swimming and diving rated low as a "minimum," receiving only four votes and also in the order of importance when compared with the others. No doubt, the cost of equipment and upkeep for this activity influenced principals to vote in this manner. From a biological and health point of view, it should have been ranked much higher.

In checking the divisions as "minimums," each principal indicated his choice of the divisions essential for an activity program. The first choice of

groups of divisions considered as "minimums" for a program consisted of Medical and Physical Examination, Corrective Physical Education, and the General Lesson. About twenty per cent of the principals favored such a program. The second choice of groups added Intra-mural work to the above. The number voting for this was only about half as large (ten per cent) as the number voting for the first group. A program made up of these five divisions is usually found in progressive cities and is to be highly recommended. The third choice of groups of divisions was contented with Medical and Physical Examination and Corrective Physical Education. The number voting for this choice was nearly as large as those voting for the second choice. This group has no use for an activity program except to correct physical defects. The other principals, approximately sixty per cent, expressed choices for three and two divisions grouping them in all sorts of combinations. There were a great number who seemed contented with but a single division.

Thus about seventy per cent of those expressing their opinions differ from the program generally accepted as essential in a modern, up-to-date, high school; namely, Medical and Physical Examination, Corrective Physical Education, the General Lesson, and growing out of it, the Intra-mural Activities.

Since this inquiry dealt neither with time allotment nor equipment but confined itself to obtaining opinions on the significance of the make up of a program, the results appear discouraging. However, the number replying is too small to suggest definite conclusions. It does give one some idea as to opinions and trends of thought that prevail. These are not representative of educators in general, they are not in harmony with modern educational theory and principles, and neither are they in accord with

what leading physical educators deem essential in high school programs.

Health is the foundation upon which all progress in education depends, upon which happiness and the enjoyment of life are based; and health activities are the means of producing this state. Locke's observation: "A sound mind in a sound body is a short but full description of a happy state in this world. He that has these two has little more to wish for; he that wants either of them will be but little better for anything else," is as true and significant today as on the day when it was written. Teaching health habits cannot take the place of physical activity, but only supplement it. Activity, varied, vigorous, and in sufficient quantity is needed.

One is apt to conclude from this brief study that the true worth of physical education is not appreciated. This is probably true and is due to lack of opportunities to study it. Many institutions now offer courses which deal with physical education in its relation to principals and superintendents. There has long been a great need for them. A better understanding of this subject will lead to the organization of better programs of physical education in high schools.

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#### SOUNDS LIKE A PLAINT OF TODAY

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The children now love luxury, they have bad manners, contempt for authority, they show disrespect to elders and love chatter in place of exercise. Children are now tyrants, not the servants of their households. They no longer rise when elders enter the room. They contradict their parents, chatter before company, gobble up the dainties at the table, cross their legs, and tyrannize over their teachers.—Socrates, 469-399 B. C.

# ALUMNI BULLETIN

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## BOOK REVIEWS

"Women and Athletics" by the Women's Division, National Amateur Athletic Federation. A. S. Barnes and Co., New York, 1930. Price, \$.75.

The Women's Division has had much material written at different times on the subject of Women's Athletics. This little book of ninety-five pages is merely a compilation of the best of this material.

Miss Perrin, the chairman of the Executive Committee, says in the introduction, "This publication is an effort to put in convenient and permanent form the sayings and writings of some of the prominent women and men who from their long experience speak with authority on the subject of athletics for girls and women."

The aim of the pamphlet is to advance the principles and policies of the Women's Division.

Consequently, it can only be used by someone who is trying to spread principles of athletics as fostered by the N. A. A. F., Women's Division. Some of the authorities quoted are Mrs. Herbert Hoover, Dr. Fredrick Rand Rogers, Dr. Jesse Feiring Williams, Miss Agnes Wayman, and Dr. J. Anna Norris.

Anyone interested in women's athletics

should read the book as it contains valuable viewpoints.

C. L. H.

"Principles of Women's Athletics" by Florence Somers. A. S. Barnes and Co., New York, 1930. Price, \$1.60.

This interesting book is organized in six chapters and contains 135 pages. The author has set forth the problems found in athletics for girls and women.

The first chapter states the objectives of an adequate athletic program. They are briefly as follows: First, provisions for every girl to participate; Second, to continue to play through life; Third, to acquire love for activity and outdoor recreation; Fourth, opportunity for social development through group relationships.

In the second chapter, the author points out the fundamental differences between the two sexes. Here some interesting data has been compiled through quoting various authorities, and by making comparisons and by deriving conclusions.

Chapter three is a discourse on the historical background of athletics for women.

The fourth chapter sets forth definite principles which should guide teachers of women and girls as well as supervisors in the matter of planning and carrying out an adequate program of athletics.

The fifth chapter deals chiefly with the needs of the problem. It points out that very little in the way of scientific study and research of any consequence has been done. Women's athletics are chiefly being guided by traditions and "guess work" rather than by definite conclusions derived from scientific study.

The last chapter is very brief and merely states the author's conclusions.

Altogether the book is very interesting and worthwhile. The mere fact that it

contains so many ideas and conclusions of a great many authorities makes it a valuable contribution to physical education literature.

C. L. H.

"Track and Field For Women" by Alice W. Frymir. A. S. Barnes and Co., New York, 1930. Price, \$2.00.

Miss Frymir has approached the subject from three angles. The first part of the book deals primarily with the historical background of track and field for women.

The major part of the book deals with an analysis of the technique of all the standard track and field events, and ways of training for competition.

The last part of the book discusses different programs and ways of conducting events and meets. Methods of classifying competitors and scoring events are included.

The book should be helpful chiefly to the inexperienced teacher. For the experienced teacher it contains nothing very new or unusual.

C. L. H.

"Field Hockey for Coaches and Players" by Hilda V. Burr. A. S. Barnes and Co., New York, 1930. Price, \$3.00.

Miss Burr has written one of the clearest and most helpful books on the subject of coaching field hockey.

Her description of the various fundamentals are excellent. The methods described for teaching these fundamentals are unusually good. All kinds of game forms and lead-up games are included.

The chapters on team play are equally as good. Special work for each of the lines is included. Set plays are given.

A separate chapter on "Hints to Coaches" furnishes an excellent guide as to standards one may expect from skilled and unskilled players, faults to look for in technique, and points to emphasize with reference to team play.

The last chapter gives advice on umpiring.

I am sure any teacher teaching hockey will find the book well worth the price asked for by the publishers.

C. L. H.

"Athletics in Education" by Jesse Feiring Williams, M. D., and Wm. Leonard Hughes, A. M., 12 mo. of 420 pages, illustrated. W. B. Saunders Co., Philadelphia, Pa. Price, \$3.00.

The authors discuss the question of athletics and their relation to education in the schools, colleges, and universities of today. The first five chapters discuss athletic conditions as they now exist and the remaining ten propose methods for the conduct of athletics.

The rather general discussion of athletics, physical education, aims of physical education and objectives of athletics in the first part of the book seems to be a more or less rambling discussion seeking to justify athletics as a part of education. There seems to be no absolutely clear idea as to whether the physical educational program should be made up of only athletics or whether it should include athletics, or if such athletics should be of an intramural or varsity nature.

The last ten chapters of the book deal principally with the conduct of athletics as varsity competition and give a fairly comprehensive idea of how such competition can be handled efficiently. Since the authors place so much stress on varsity competition, one must assume that they favor varsity athletics primarily as the means of education. If so, the reviewer feels that it is pertinent to ask how varsity athletics are to educate the great mass of students everywhere, and what is to be done with all the other physical education activities and their various methods of presentation?

Although the book contains nothing

essentially new, it is most valuable in presenting sane methods of conducting varsity competition, but it leaves one wondering if the authors have not been just a little bit too narrow with their subject, "Athletics in Education."

ERNEST A. SENKEWITZ.

"The Elements of the Free Dance," by Elizabeth Shelton, 163 pages. A. S. Barnes and Co., 1930. \$1.50.

There are five parts to this book. The first part is devoted to the dancer, rhythm, and music. The musical, physical, emotional, and dynamic rhythms are discussed presenting new viewpoints. Rhythm of feeling has a life of its own which may become translated into physical movement with the use of dynamic, all of which may be based on musical rhythm.

In part two, very interesting comparisons are made between the old ballet and the new free dance. The difference between the stereotyped, fixed form of movement and the unlimited possibilities of the human body in action are pointed out.

In part three, movements and positions of the body as well as modes of action are discussed. There is, however, no explanation of detailed movements. The reader can only get a general idea of what this free dance means. It must be learned by doing.

The book on the whole is excellently written and contains much useful information as to the purpose, scope, and value of the free dance. Every teacher of dancing should read it and learn the underlying principles of this form of expressive activity. There is a splendid appendix and a glossary of terms added to the book which familiarizes the reader with the terms of the free dance.

E. R.

"The Art of Social Dancing," by Lawrence Hostetler, 140 pages. A. S. Barnes and Co., 1930. \$2.00.

This book discusses the principles that underlie ballroom dancing. Part one contains fundamental suggestions for the development and teaching of graceful dancing. In part two the author takes up the waltz and waltz combinations, the fox trot and its combinations, and the French tango. The descriptions are good and clear. The teacher of ballroom dancing and the high school teacher of physical education who is frequently expected to teach this work will find this book useful and helpful in assisting him or her in the teaching of ballroom dancing to men and women and boys and girls.

E. R.

"Basket Ball for Coaches and Players," by George F. Veenker, basketball coach, University of Michigan. Cloth bound  $9\frac{1}{4} \times 6\frac{1}{4} \times \frac{3}{4}$  inches, 232 pages. Published by A. S. Barnes and Company, New York, 1929. Price, \$3.00.

It is extremely important that the fundamentals, defensive and offensive styles of play be mastered by coaches if they expect to prepare successful teams. The purpose of this volume is to introduce new formations with many plays possible from them.

The author has his material well organized; cuts and diagrams very clearly describing and illustrating each phase of the game are offered.

Each step from the first call for candidates in the fall, work throughout the season, and at the close of the season in the spring, is very well treated. Attention is given to dangers to avoid and to the solutions of difficulties that may crop up during a season's grind.

Many good plays and stunts with diagrams are given for the mastering of the fundamentals.

A chapter on the treatment of injuries is of invaluable assistance.

To coaches, and athletic directors who are called upon to act in the capacity of a basketball coach, this splendidly diagrammed and illustrated book is highly recommended.

BILL NEU.

"The Football Quizzer," by William J. Sheeley. Paper bound  $7\frac{1}{2} \times 5 \times \frac{1}{4}$  inches. 100 pages. Published by A. S. Barnes and Company, New York, 1930. Price 50 cents.

"The Football Quizzer" is by far the clearest, most concise copy of the rules of football on the market today. The interpretation of the revised rules is excellent. The purpose of this book is to furnish in compact convenient form an accurate series of questions and answers about the official football rules including approved rulings or decisions.

The procedure suggested in the book tends to create a competitive spirit among the members of the squad. In this way they make themselves better acquainted with the rules and when the more problematic situations in games are discussed they are ready for them.

Coaches, fans, and players will find this handbook a valuable aid in gaining a thorough understanding of the game of football.

BILL NEU.

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#### CITIZENSHIP TRAINING.

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Dean E. M. Freeman of the College of Agriculture, University of Minnesota, wrote in "School and Society" (August 9) on "Educational Preparedness versus Compulsory Military Training", and criticised this type of training as now given in colleges. He says that we need a larger concept of this training and argues for a citizenship training which he defines as follows:

"A citizenship training on the college level should include most, if not all, of

the following: A knowledge of American government; an adequate basis of history, perhaps a social course in American history; a knowledge of our great natural and national resources and the importance of their wise control and sound administration in our national life; personal hygiene and public health; physical education; a knowledge of social relations; an appreciation of the public relations and responsibilities involved in each student's specific profession."

All of this sounds very well; if emphasis on "nationalism" had been omitted it would sound still better. And why not have training for international friendship on a par with military training?

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#### IN MEMORIAM

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Rudolph Lautenbach died in Chicago on August 15. Born in Germany, he came to the United States as a young man and attended the Turnlehrerseminar in Milwaukee from which he graduated in 1894. For several years he taught in Chicago Turnvereins and in 1899 he conducted one of the first playgrounds in Chicago; later he became connected with the playground administration. For a number of years until his death he taught in public schools. Lautenbach was also active in the Turnverein Vorwaerts. He was a lover of and beloved by children. His widow and a daughter survive him.

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Maintaining a battleship costs seven million dollars per year. This is about the cost of maintaining a great university. This sum would provide 3,500 scholarships in universities. Who doubts but that the distribution of such scholarships among students from foreign lands would do more to secure peace than all the battleships?

## STUDENT ACTIVITIES

## Student Council

School opened on September 29th, and the student ruling body of our institution, the Student Council, met with the thought of organizing for the coming school year. After a short discussion, it was decided to instruct the incoming Freshmen as to the purpose and the function of the Student Council. Under the guidance of an upperclassman, election of Freshmen representatives was held.

The Student Council for the coming semester will be composed of: William Horschke, Richard Barrick, Regina Horschke, R. R. Schreiber, Henrietta Zimmerman, Ruth Bachman, Lester Hunt, Leonard Pielmeier, Dorothy Sinclair, Carl Dannenfeldt, and Beatrice Massman.

The officers for the coming semester are: Richard Barrick, Pres., Regina Horschke, Vice-Pres., R. R. Schreiber, Secretary.

The Student Council hopes to conduct the student's end of the school affairs in such a way as to benefit all concerned. Cooperation so far has been splendid, and everyone hopes that this year will see some material accomplishments in all activities.

R. R. S.

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## All Students' Association

The activities of the All Students' Association were a little late in getting started this year but they finally did. On October 18th we gave our first dance initiating the freshmen into the social side of our school life. Needless to say, a grand and glorious time was enjoyed by all who attended. With the classes as large as they are we can see many more of these good times in store for everyone. Our next dance will be at Home-Coming and the committee is planning to make this "the dance of dances."

## Seniors.

This year is the first time that the Senior course is entirely separate from that of the Juniors. Eleven of our original class have returned (as sober and staid Seniors?), to complete the B. P. E. degree; two girls, Miss Thompson and Miss Wilhelm; and nine men, Engel, Fissler, Heesch, Horschke, Kraus, Mixie, Neu, Nowak, and Schack. Miss Finske, who entered last February with advanced standing, is also one of us. Class officers were elected at an early meeting—Heesch, president, and Horschke, Student-Council representative.

The course is extensive enough, and as interesting as can be; including six hours each week at the Dental College laboratory studying and experimenting on hearts, and three hours each week under Miss Fox, of the Mary Wigman School of Dancing in Germany. Miss Fox has succeeded in getting us to do some body movements hitherto unknown to us. Under her instructions, though we get stiff and sore all over, we should become supple as the proverbial willow. But, oh! the "out-of-the-way muscles she exploits. Dr. Linton, of Indiana University, has been explaining politics and political science every week.

Our class has always been known for the close companionship between its members, and this fourth year promises to seal the friendships tighter than ever. Already we can advise future Seniors that without question, the fourth year at Normal is the best.

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## Juniors

The Junior class elected its class officers recently. They are as follows:  
 President, Richard Barrick;  
 Vice President, Maxine Heacock;  
 Treasurer, Harold Oden;  
 Secretary, James Brown;

Sargeant at Arms, Delmar Warde.

We, the Juniors, hope to give a few entertainments in the near future. The Entertaining Committee, under the leadership of Mr. Weis, is arranging something different in the form of stage productions.

We are looking forward to a successful year and a greater Junior Class.

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#### Sophomore Class

At last we have reached the aim of every college freshman. We are upper-classmen. Our feeling is somewhat similar to the one the butterfly must have when it comes out of a cocoon. We're sorry to miss those who have not returned; however, we expect a pleasant year of comradeship with John Simcox as president, Josephine Gronis as vice president, Marian Hickey as secretary, and Leonard Pielmeier as treasurer.

Our professors have made us feel at home by extending the usual courtesies in the form of almost daily quizzes.

And now, we extend a hearty welcome to the Freshmen, and wish them a most successful and happy school year.

M. R. H.

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#### Freshmen

We came, we saw; whether we will conquer or not depends on the future. The freshman class this year has already made an auspicious start, for it exceeds all other classes in number. We hope some day to be as high in quality as in quantity.

At a recent meeting of the class, the following officers were elected: Wm. Treichler, president; Virginia Fox, vice president; Irene Schreiber, secretary; Stephan Paar, treasurer.

We are grateful to the entire school for their successful efforts in making us feel at home. Under such a pleasant at-

mosphere, we will surely maintain the standards of Normal College.

Irene Schreiber.

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#### The Freshman Class

And now we've boarded the ship  
The "A. G. U. Normal College";  
That sails the Sea of Education,  
Seeking the Port of Knowledge.

We're pretty green as we set sail—  
But that doesn't make us blue;  
Under Skipper Rath, we will steer  
A course both straight and true.

At first, no wind is in our sails—  
A fly is in our ointment;  
The Sophomore Sailors haze us—  
A passing disappointment.

"Survival of the Fittest"  
Is the challenge that greets us here;  
'Twill follow us through life  
Recalling this college career.

And when this trip doth end  
After one year on the sea;  
We hope to have a worthwhile log  
Of our collegiate infancy.

Our vessel is surely seaworthy,  
Our crew, the best in the lands,  
Our skipper and mates, a loyal group,  
But the sailing is in our hands.

Beatrice C. Massman.

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#### Phi Epsilon Kappa

The beginning of the new school year found the collegiate membership of Alpha Chapter, sad to say, badly depleted. Of the forty-six active members at the close of school last year but twenty-eight have returned. Most of those who have left are teaching, while others have transferred to other institutions of learning. But in spite of this the chapter is on a better financial basis

than ever before, thanks to the whole-hearted support of all the brothers.

On October 23rd, we formally pledged seven men and hope to have them with us as brothers by Home-Coming.

Speaking of Home-Coming reminds us to inform our alumni brothers that they will find many changes in our "happy home." Rooms have been papered, linoleum laid, new furniture purchased, and the house renovated in general. A radio purchased last Spring is lulling the brothers who attempt to study in its near vicinity to sleep. (That's bad!) A beautiful chair, the gift of Brother Dean Rath and Mrs. Rath, now graces our living-room. We assure the donors that we are more than pleased with their gift.

As usual we are expecting a large delegation of Alumni to be with us at Home-Coming. With this in view we are planning to give them a royal welcome. Brother Schreiber, our house-manager, has informed our cook (the best one in Indianapolis) of the coming invasion, so our guests may be assured that they will not want while at "the house." Those planning to be here will facilitate matters if they will drop us a line and inform us of their intentions.

Alpha is planning to make this a lively year, and as a beginning we are holding a bowling party at the Athenaeum in a week or so. Rest assured that flying splinters will fill the air as the balls smash the pins, and that our pledges will get plenty of posterior trunk and arm strengthening exercises.

The gentle (???) breeze that is sighing(?) thru "our dorm" is calling, so we are saying, until the next time, good night.

AEK.

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#### Phi Delta Pi

Hello everybody: We're all glad to get back to school and more. Hope you are too.

We are very happy to announce that we have two pledges—Miss Jean Peterson and Miss Angela Tripi. They were pledged at the Lumley Tea Room previous to a dinner. We were delighted to have our Alums with us at this dinner—Mrs. Morgan, Miss Schulmeyer, Irma Iselin, Tooty Thorpe Haynes and Louise Karle. We hope that they enjoyed being with us as much as we enjoyed having them.

We are anticipating a good time at Home-Coming.

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#### Delta Psi Kappa

The past summer was an eventful time for all Psi Kap's, because they celebrated their sixth biennial convention at Dallas, Texas. Mrs. Alice Morrow Wild and Miss Evelyn Claire Sackett were the Indianapolis representatives.

Alpha has been very busy since the beginning of the school year. We are making plans to initiate Josephine Gronis of Leavenworth, Kans., and Marian Hickey of Altoona, Pa.

Founder's Day was celebrated by both the alumni and active chapters at the Kopper Kettle.

The Benefit Card Party given at the Antler's Hotel, November 5, was a huge success.

A big surprise is being planned for Home-Coming so don't disappoint us by not being here.

Annette Negus.

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#### COMMENCEMENT

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The 1930 commencement exercises were held May 29 in the Athenaeum. Mr. Stanley Coulter, chairman of the Indiana Conservation Commission, a well known educator, made the principal address; Mr. Louis A. Roth was valedictorian and diplomas were presented by Mr. George Vonnegut, president of the Board of Trustees.

The degree of Bachelor of Physical Education was awarded to nine members of the regular class and to nine former graduates who completed the last year's work in absence. The "regulars" are given in the following list together with the positions they now hold:

Miriam Danner, High School, Jeffersonville, Ind.

Lawrence Handschu, High School, Chicago, Ill.

Delfina Maridon, High School, Leechburg, Pa.

Paul E. Morse, Y. M. C. A., Dayton, Ohio.

Mabelle Muenster, High School, Menomonie, Wis.

Clarence Overman, High School, South Bend, Ind.

Catherine Risch, Public Schools, East St. Louis, Ill.

Lloyd J. Sistik, Turnverein and Schools, Highland, Ill.

Dorothy Van Aller, St. Louis, Mo.

Others who received the degree, were:

Oral Bridgford, Indianapolis, Ind.

Rhoda Cameron, Johnstown, Pa.

Herman Freuck, Chicago, Ill.

Margaret F. Greiner, Chicago, Ill.

Meta L. Greiner, Chicago, Ill.

Clara Ledig Hester, Indianapolis, Ind.

Edwin O. Hoppe, Milwaukee, Wis.

Minna Pritzlaff Johnson, Buffalo, N. Y.

Louis W. Kittlaus, St. Louis, Mo.

Kate R. Steichmann, Indianapolis, Ind.

Joseph M. Ulrich, Rochester, N. Y.

Arthur W. Whalley, Buffalo, N. Y.

The following received diplomas for the three-year course and are now engaged in the work unless otherwise noted:

Albert Alvin, Pittsburgh, Pa.

Arthur R. Boehm, Public Schools, Schenectady, N. Y.

Salvatore Contino, Public Schools, Syracuse, N. Y.

George W. Crumbo, Indianapolis, Ind.

Marion Dadecker, Public Schools, Philadelphia, Pa.

Eleanor Hegman, Public Schools, Dayton, Ohio.

Richard H. Hockin, Indianapolis, Ind.  
Elizabeth Holtzhauser, Philadelphia, Pa.

Ina B. Johnson, Children's Dispensary, South Bend, Ind.

Gretchen Klee, Indiana University, Bloomington, Ind.

Francis Minella, Public Schools, Rochester, N. Y.

Dorothy F. Rich, Public Schools, Oil City, Pa.

Louis A. Roth, Cincinnati University, Cincinnati, Ohio.

Herman Schmitt, University of Pittsburgh, Pa.

Nicholas Schreiber, Michigan University, Ann Arbor, Mich.

Frank Spaeth, Indiana University, Bloomington, Ind.

John Walsh, Buffalo, N. Y.

Special Turnlehrer diplomas were awarded to Bernard Brockman (Turnverein Frisch Auf, Aurora, Ill.); Joseph Mueller, Baltimore, Md., and Henry Zingg, Turnverein Madison, Wis.

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#### INTERESTING—TO SAY THE LEAST

Examination in Anthropometry at Summer Session:-

Question: Name some of the instruments used for anthropometrical measurements:

Answer: Barometer, Thermometer and Telescope.

Examination in Pageantry at Normal College:

Question: What is a pantomime?

Answer: A pantomime is a dumb show.

## STREIT FOLLOWS DR. ZIEGLER

William K. Streit was appointed August 20 by the Cincinnati Board of Education as Director of the Department of Physical Education in the public schools, to succeed Dr. Carl Ziegler who resigned after holding this position for thirty-five years.

Streit was graduated from the Normal College in 1921. He accepted a position as instructor of the Newport, Ky., Turnverein. There he found vast opportunity to use his talents as teacher, organizer and executive. In a few years, he made the Newport Gymnasium "the" one community center in which the future citizens were taught how to live and play so that they would truly have a sound mind in a sound body. While thus fully employed, Streit attended the University of Cincinnati and during summers came to the Normal College summer sessions and also went to Columbia University. He has for seven years been a member of the Turnerbund's Technical Committee, and for five years was president of the Ohio District of the Turners; he also is secretary of the Newport Rotary Club.

Cincinnati's, the front page columnist of the Cincinnati Post, wrote about this appointment: "Excellent judgment has been shown by the Board of Education in the appointment of W. K. Streit as director of physical education in Cincinnati's schools.

"Streit, who for the past nine years has been director of the Newport Turner Gym, in addition to ability as an executive and as a teacher, possesses the rare qualification of being able to inspire others to effort.

"Streit, as his work in Newport testifies, is the type of man who can make sports and athletics interesting and that is two-thirds of the battle to make boys

and girls build sound bodies as well as sound minds."

## HOME COMING DEMONSTRATION

As usual, Friday afternoon will be devoted to the annual demonstration for the Alumni. This year, however, we are going to deviate slightly from our usual procedure.

As most of you have probably heard, Miss Liesle Fox of the Mary Wigman School of Dancing in Munich, Germany, has been teaching a special class of the Seniors plus some of the Indianapolis alumni. The entire hour of the demonstration will be devoted to the presentation of this new work to the visiting alumni.

Conditioning exercises, locomotor work preparatory for dance activities, and interpretations will be included in the program. It should make a program of unusual interest to alumni who are open-minded and are always ready to see new avenues through which the body may be developed.

The chief purpose in presenting such a program is to see to what extent our graduates will be interested in this new work. It is the plan of the College to have Miss Fox come back to us in July to teach in our summer session. This can only be possible if enough graduates will support such a proposition. During the Home Coming, Mr. Rath will outline the scheme more in detail and you will be asked to state definitely whether or not you would be interested in spending the summer at Camp Brosius enrolled in such a class.

Those who are in the class are highly enthusiastic. I am sure they will endorse Miss Fox's work. Ask any one.

So come prepared to see something just a bit different in the way of a Normal College Home Coming. C. L. H.