

Alumni Bulletin

Vol. XVI

Indianapolis, Indiana, November, 1932

No. 1

REUNION IN INDIANAPOLIS!

HOMECOMING PROGRAM

of Unusual Merit Awaits

LOYAL ALUMNI

November 24-25-26

Visit the new palatial girls' Dormitory,

The Frat House will ring with songs and laughter,

Dean Rath will tell of the "Indiana Affiliation".

See authentic movies of the Olympic Games at Los Angeles.

Hear Mrs. Albert Metzger describe her trip around the world.

The students will present new material in a new way.

A snappy Alumni Banquet program has been arranged.

Alumni-Varsity basketball games for men and women.

See physical education movies taken in Europe and Elkhart Lake.

Swingball, a new game, will be introduced.

Mingle with the students at the annual dance.

Hear plans for attending Stuttgart Turnfest and study tour.

Enjoy the group tennis demonstration.

Important meetings for Turnverein teachers.

✦ ————— ✦

Bring Back Those College Days—What a Reunion!

ALUMNI PRESIDENT W. K. STREIT SAYS

Take a tip from one who has come home to his Alma Mater for eleven consecutive years—don't miss this year's Homecoming! It's a real pleasure to shake the hand of a prof whom you haven't seen for ages, or to converse with a class mate who has many thrilling experiences to relate, or to greet another who is all smiles as he tells about Junior's pranks. To turn back the pages of time and recall the fun and work, the heavy program of studies and the flat pocketbook, to tell the present students what a snap they have as compared to the good old days when you were a student—just to come back to the old halls is worth a lot to any loyal graduate.

For me, homecoming has always been the outstanding event of the college calendar. Who does not feel the thrill that comes from belonging to such a fine body of men and women when he renews friendships of an earlier day and makes new ones on the spot? Surely graduates within a reasonable radius of the Hoosier Capitol should not hesitate to make a small financial investment that yields such big dividends in good will, happiness and fellowship. After all, a true measure of our social worth lies in our ability to share our pleasures and joys with our fellows, to remember the old ties and not to live as a recluse.

I challenge you to start a series of successive Homecomings that will eclipse, in time, my mere dozen.

HOME-COMING PROGRAM

Home-Coming, the big annual affair at Normal College, will take place on the last three days of Thanksgiving week; Thursday, Friday and Saturday, November 24, 25 and 26.

The Normal College has been established in Indianapolis for twenty-five years and this year's Home-Coming should therefore be a gala affair. The Alumni Committee in charge of it has done its best to make it the greatest Home-Coming ever held, and it is hoped that attendance will be greater than in any previous year.

The program is especially good this year; President Streit has taken much trouble to arrange it and to provide interesting meetings. Friday forenoon, Turnverein matters will be discussed. In the afternoon, the new trends of physical education in Germany will be demonstrated. See the details in the program printed below. One of the most interesting parts of the entire program will be the moving pictures taken by Joseph Kripner during his fourteen months' tour through Europe, which show many fine views of physical education schools; pictures taken last summer at Elkhart Lake, of the work given by Carl Loges, are also very good. Don't miss the show on Friday evening. By the way, some Alumni in former years seemed to think that they would not find anything interesting in the meetings of the Turnverein instructors, or that they were not welcome there; all Alumni coming here, and especially the men, should attend these meetings.

There will of course be open house as usual at the women's dormitory and the Fraternity house on Thursday. The new dormitory will be an attraction. And don't forget the dinner Friday noon. The price will be one dollar and you get the speeches gratis; also the interesting description of her tour around the world to be given by Mrs. Albert Metzger.

And don't overlook the Kommers for the men Friday evening. It is again arranged by the Business Men's class of the Indianapolis Turnverein.

Meetings of sororities, luncheons, reunions, etc., will also be scheduled.

Let's make the 25th anniversary Home-Coming the biggest we ever had.

Friday, November 25

9:00 A. M. to 12:00 N.

W. K. Streit, chairman and discussion leader.

Three 10 minute papers.

(a) The Turnverein of Yesterday—Adolph Varrelman.

(b) The Turnverein of Today—William P. Beyer.

(c) The Turnverein of Tomorrow—Ernst Thoma.

12:30 to 2:30 P. M.

Alumni Banquet.

1. Introduction by classes.

2. Group singing.

3. Introduction of guests.

4. Selections by student's double quartet.

5. "The Indiana Affiliation" by Emil Rath.

6. Four minute talks by:

(a) Leo Rappaport—College Board.

(b) Robert Nohr—Universities.

(c) Carl H. Burkhardt—City Directors.

(d) Lelia Guenther—High Schools.

(e) Elsa Hoyler—Elementary Schools.

(f) Carl Hein—Turnvereins.

(g) George Seibel—American Turnerbund.

7. "My Trip Around the World"—Mrs. Albert E. Metzger.

8. Meeting of the Alumni Association.

3:00 to 5:00 P. M.

The New Physical Education in Germany.

(a) Introductory Remarks—Dr. A. A. Knoch. Demonstrated by Wm. Bischoff.

(b) Practical application of Loges' Work—Mrs. T. Pletz.

(c) Swing ball demonstration—Max Grob.

(d) The 1933 Turnfest at Stuttgart and Study Tour.

3:45 to 4:15 P. M.

Tennis demonstration by students.

4:30 to 5:45 P. M.

Alumni-Varsity basketball games.

Women and men.

7:30 to 9:00 P. M.

Physical Education movies taken in Europe and Elkhart Lake by Jos. Kripner.

9:00 P. M. to 12:00 M.

Kommers.

Saturday, November 26

10:30 A. M. to 12:30 P. M.

Demonstration by College Students under the direction of Emil Rath.

8:00 P. M. to 12:00 M.

Home coming dance arranged by the All-Student Association.

IN MEMORIAM

Oscar Carl Lang '88 died in Peru, Illinois, September 12. Born in Germany, Mr. Lang came to America in 1883, three years after his marriage. At the age of 28, he attended the Normal School of the American Turnerbund in Milwaukee and upon graduation taught in a number of Turnvereins, the last one being the Peru Turngemeinde, where he remained from 1901 to 1912. He then entered business in that city. Mr. Lang was 74 years old and died of heart disease.

Many Normal College Alumni, especially those in the East, will be shocked to hear of the death of Henry Panzer, head of the Panzer School of Physical Education in East Orange, N. J., at the age of 64. Panzer came to America from Switzerland and for many years was connected with the Newark Normal School of Physical Education which after its removal to East Orange, changed its name to Panzer College.

PERSONALS

A baby boy arrived at the home of "Bill" Gerber in St. Louis on May 22.

Clifford Baum '17 is now principal of the Baum School of Dancing in Cincinnati.

"Whitey" Scheitlin's '32 new car has shortened the distance between Dayton and Louisville.

Anna Mae Zitzman '29 has been transferred to the Herron Hill Junior high school in Pittsburgh.

James Brown '31 is teaching in the Frick Training School at Pittsburgh and also attends the university.

Coleman Kortner '24, of Pittsburgh, is now living in wedded bliss. He was married June 23, to Lillian Dorn.

Herman Schmitt '31, the erstwhile tumbler at Normal College, is still working for his M. D. at Pittsburgh University.

Normal College students of three years ago will be pleased to learn that "Mutzie and Louie" are now Mr. and Mrs. Louis Roth '30.

Edna Hoffman '23 was married during the summer and is now Mrs. Parkinson; she lives in Whitefield, near her home city, Manchester, N. H.

Mr. and Mrs. Ralph D. Morris (the latter the former Olive Roberts '20) of Indianapolis, announce the arrival of a baby boy on September 8.

June the 25th was the wedding day of Alice Katharine Teal '31. Her name now is Mrs. James C. Gerry and she lives in Fort Erie North, Ontario.

The Saturday Morning Hockey Club under the managership of Martha Gable '26 is making rapid strides toward the leadership of the Philadelphia teams.

Max Grob '25 has joined the enthusiastic Normal College Alumni group in Cincinnati by accepting the position of director at the North Cincinnati Gymnasium.

Lewis Bockholt '18 will give his impression of the recent Olympic Games to the Cincinnati Health and Physical Education Association at their November meeting.

Nellie Passant Jessup '28 has been transferred to the Roxborough High School in Philadelphia where she has charge of the physical education for the senior girls.

"Slippery car tracks," says Sophie Eid '13 "should be avoided when driving an automobile." Her failure to do so was responsible for a three week's vacation in October.

Harry Pierson '21 is now with the Black Foxe Military Academy in Los Angeles. He coached the swimming team from India that represented that country at the Olympics.

Having finished a year's work at Columbia University, "Augie" Auernheimer '26 was married in Missoula, Mont., to Miss Mildred Elenor Peat on August 10. They live in Seattle.

With an attendance varying between 200 and 300, and with hours from 1:00 to 8:00 p. m., Leo J. Doering '24 was kept busy on his playground in Rock Island during the summer.

Walter Pickett '16 has a real championship team in Edgewood high school in Pittsburg, at least as far as football is concerned. Frances Brallier '27 has charge of the girls' side at this school.

Four of the Pittsburgh Alumni, Harvey Lecollier '24, Coleman Kortner '24, Harry Dippold '26 and Ernest Senkewitz '28 are working at the University of Pittsburgh for their Master's degree.

Russel H. Schott '23 did some important touring and visiting last summer with Mrs. Schott and baby Carol. Russel has recently joined the staff of the Philadelphia Normal School Extension Division.

Henry Schwegler '29 surprised his Cincinnati friends by returning from a

pleasant vacation spent in Kiel, Wisconsin, with a young lady who now answers to the name of Mrs. Henry Schwegler.

Before an assembly of over 1,000 interested spectators, the girls' gymnasium classes of the Illinois State School for the Deaf in Jacksonville gave an exhibit under the direction of Emma Sollberger '18.

Andy Lascari '23 conducted a successful summer camp for the Buffalo Turners at the Alleghany State Park, New York. Andy expects another leather medal at the forthcoming, his tenth consecutive Homecoming.

Hard times forced the Y. W. C. A. of Van Wert to combine the offices of health education director and office secretary, but Maxine Heacock '32 was not afraid to tackle both jobs and we hear that she is very successful.

After taking care of the Indianapolis Turnverein for four years, Ernest Senkewitz '28 is now at Arsenal Junior high school in Pittsburgh which is a new school with two gymnasiums, swimming pool and all other new features.

In addition to pursuing his studies at Columbia University, W. K. Streit '21 attended the N. E. A. Convention in Atlantic City and visited in St. Louis, Philadelphia, Forest Hills, Alleghany State Park and Camp Brosius, this summer.

Sun-baths and swimming in the gulf help Julius Doerter '91 on the road to health, and he exercises his strength by working in his garden in St. Petersburg, Fla. He "vacationed" for ten weeks during the summer in Indiana, Ohio and Michigan.

Forty years after graduation from the Normal College, William Hesse celebrates his anniversary as teacher in the same Turnverein for the entire period. The Turnverein Brooklyn, E. D. (East District) has good cause for thanking

Mr. Hesse for his untiring efforts in behalf of the society and for his successful career in that society, and it will tender a testimonial to him on November 12. We do not know of another case of an instructor remaining so long with the same society. The Alumni Bulletin adds its congratulations.

Among the visitors at Normal College during the Indiana State Teachers Convention was Laura Mead '20 (Mrs. Bressler-Pettis) who, however, did not come for the convention, but just for a friendly visit. Laura is still "homeless," traveling most of the time with the Doctor.

Conventions are usually putting considerable expense upon the interested people of the convention city and deficits are in order. Grover "Bill" Mueller '13, 1932 convention manager of the American Physical Education Association, did his job so well that after paying all expenses, some cash could be refunded to the contributors.

Ray Wirth '25 as chairman of the physical education section of the Southwestern Ohio Teachers Association was responsible for the organization and presentation of the best practical program seen by that group in recent years. One of Ray's best bids for a place in the "Hall of Fame" was the arrangement of a banquet entirely devoid of speeches.

There will be little juvenile delinquency if we give boys and girls a chance. No young person I ever met wanted to go wrong. What they wanted were chances to succeed. But we fail them in our public schools, and exclude them from school, and then wonder why they go wrong. I am bold to say that boys and girls do not fail; the home, the church, the school and society fail, and juvenile crime follows a natural consequence.—Francis W. Kirkham.

A GREAT STEP AHEAD

Normal College Affiliated with Indiana University

An agreement that will be of immense benefit to future Normal College students and that carries with it advantages to both institutions, has recently been reached between the authorities of Indiana University and the Normal College of the American Gymnastic Union, and it means the affiliation of our College with the University.

While it retains its status as an independent institution, its students may enter Indiana University's School of Education for their fourth year's study and upon satisfactory completion will receive the degree of Bachelor of Science in Education from Indiana University, and the degree of Bachelor of Physical Education from Normal College. The affiliation of the College with the University was accomplished through the efforts of Dean H. L. Smith of the School of Education; Mr. W. W. Patty of the Physical Welfare Department, and Dean Rath.

This arrangement is naturally of great value to Normal College students as the possession of Indiana University's degree in addition to the Normal College degree, will enable them to acquire a teacher's license in any state of the Union. But it means more. While the Normal College is accredited only for the training of teachers of physical education, the courses are now so arranged that upon completion of the senior year's work at Indiana University, graduates may receive a license to teach 1. Physical Education; 2. Physiology and Hygiene (Health Education); 3. a third subject of the student's choosing, either English, German or Social Science.

A few changes of the curriculum were

necessary to comply with the requirements of Indiana University and those for the additional licenses. On the whole, however, Normal College retains the subjects so necessary for the teacher of physical and health education. It should be mentioned that no change in the department of Theory and Practice of Physical Education was considered as the work done by Dean Rath and his assistants in that department is generally acknowledged as a distinct and outstanding feature of the College. Some of the courses heretofore given by teachers of the Indianapolis high schools will now be in charge of faculty members of Indiana University.

As stated above, Dean Emil Rath and his assistant, Mrs. Clara Ledig Hester, remain in charge of physical education, theory and practice. Mr. Emil Rinsch also remains as full-time instructor in education and history. Other members who will continue as part-time professors and instructors, are: Dr. C. B. Spath for Anthropometry and Physical Diagnosis, Applied Anatomy, Physiology of Exercise, and First Aid; Dr. Edwin Kime for Descriptive Anatomy; Dr. J. Wm. Hofmann for Sex Hygiene; Mr. John H. Moffat for Public Speaking; Miss Anna Locke for English; Mr. Eugene Mueller and Miss Emma Bopp for German. New members who belong to the Indiana University faculty and will teach part time in the Normal College, are: Dr. F. A. Welcher, Chemistry; Dr. A. C. Michael and Dr. Floyd Boyer, Physiology; Dr. Russell Noyes and Dr. Stith Thompson, English; Dr. Winthrop Kellogg, Psychology.

Opportunity. They do me wrong who say I come no more when once I knock and fail to find you in; for every day I stand outside your door, and bid you wake, and rise to fight and win.

TREASURER'S REPORT

Receipts for dues during the past year were \$240.00 as against \$340.00 the previous year. There is no reason for the decline except the negligence of Alumni who put the statement aside and then forget about it. In order to eliminate unnecessary expense, the Alumni Bulletin is not sent to Alumni who are in arrears. So if you do not want to miss the Bulletin, send in your dollar at once. Surely it is worth one dollar a year to belong to the Alumni Association and to receive the Bulletin bringing you the news of the College and the colleagues. Just see what the older Alumni are doing. Adam Schoening of Mt. Vernon, N. Y., the oldest graduate (class of '68) does not receive a bill for dues because he is on the honor roll. Mr. Schoening writes: "The arrival of the Bulletin reminded me of the dues; I enclose my check for one dollar." You young fellows and girls, follow suit.

Balance, June 1, 1931	\$170.89
Dues collected	240.00

\$410.89

Printing Alumni Bulletin, postage and envelopes	\$287.02
Other postage	23.00
Miscellaneous expenses	8.00
Graduates' banquet	47.00

\$365.02

Balance, June 1, 1932	\$ 45.87
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CURT TOLL, Treasurer.
326 N. Riley St., Indianapolis.

"Over-seriousness," said Voltaire, "is a disease. Goodness, studiousness and gayety are three sisters who must not be kept apart."

We all make mistakes, but we don't have to give encores.

DEAN RATH IN MILWAUKEE

On November 4, Dean Rath spoke to the Physical Education Section of the Wisconsin State Teachers' Association convention in Milwaukee. Mr. Hans Reuter of LaCrosse, a graduate of the Normal College, is president of the section. About two hundred teachers of physical education were present. The subject was "Core Activities in Physical Education." The address was followed by an interesting discussion.

The need of certain core activities in a program of physical education was emphasized. Their place in the instructional period was explained and justified. This necessitated a reconsideration of the Laws of Learning, particularly the Law of Effect. In education, the Law of Effect has caused considerable confusion in the minds of teachers in regard to the work and play attitude. Dean Rath contended that programs of physical education based upon this law were inadequate in organized instruction and did not meet the needs of children.

At a luncheon of the section, Mr. Henry Suder, formerly director of physical education in the Chicago public schools, and Mr. George Wittich, formerly director of physical education in Milwaukee, were guests of honor. Mr. Suder, who is now 84 years of age, was introduced and made one of his characteristic charming talks. He is still hale and hearty and enjoying life.

Sing and the hills will answer;
Sigh, it is lost on the air;

The echos bound

To joyful sound,

But shrink from voicing care.

Rejoice and men will seek you;
Grieve, and they turn and go;

They want full measure

Of all your pleasure,

But they do not want your woe.

ALUMNI BULLETIN

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OFFICERS: Wm. K. Streit, Cincinnati, President; Alvin Romeiser, Indianapolis, Vice-President; Thelma Armfield, Indianapolis, Secretary; Curt Toll, Indianapolis, Treasurer.

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THE DEAN'S COLUMN

The Summer Session. It was a delightful summer session. Frequently I thought of the many graduates who were missing the "time of their lives"; of those whose souls are still capable of experiencing thrills; the thrill of the beauty of nature, of rhythmic activity, of inspirational teaching, of exquisite performance; of those whose souls are still plastic and in a condition to "absorb." They will never know what they have missed. The other groups have missed nothing; those who are "old", not in years, No! but whose souls no longer vibrate to inspirational words, songs, performances, and picturesque landscapes.

Carl Loges is a teacher who looks upon pedagogy as an art, who combines with his teaching, song, music, poetry, sculpture, philosophy, and the thoughts of great minds on all forms of art. Quotations from Goethe and Schiller, references to the great sculptors, and words of wisdom from the philosophers were mingled with common physical education terminology.

* * *

The title of our field of work, Physical Education, is not as good a term as "Bodily Education." It places too much emphasis on the thought, "physical", the

education of the physical. The Germans often use the term, Leibesuebungen, Bodily Exercises. One cannot think of the living body without also including the mind and the soul. Since our profession is concerned with education of the mind, body, and soul, why not Bodily Education?

* * *

Physical education terminology has received a set-back during the last 10 to 15 years. Various activities in tumbling and many forms of new games and new procedures have been included in our material and methods. They have brought with them a commonplace, hybrid, non-descriptive type of nomenclature. There are likewise many poor terms in the fundamental free exercises. The greatest offense against good taste are such expressions as "Liver squeezer," "Neck twister," "The topman lies on his belly," etc. Teachers of children should not make use of such terms. The dignity of the profession forbids it.

* * *

The following is from Mr. Carl Schrader, State Supervisor of Physical Education, Massachusetts. It appeared in his monthly bulletin.

"The best administrator is he who can utilize to the greatest degree the equipment that is available. When our opinions are solicited, we should discourage the buying and installation of unnecessary equipment. For example, it is difficult to defend all the equipment of shower baths for girls in numbers of seventy-five or more; ideal, yes, essential, no. We have much more time than money, and so bathing in two or more relays is not only good economy but is good administration. Better to strive for more time than for more equipment.

"Another extravagance for which there is no substantial reason is the prevalence of the 'team room.' Such a room, with all its appointments, costs as

much as a classroom, anywhere from \$12,000 to \$15,000, and a demand for it is not only extravagant but uneducational; there is ample space in the locker room at the time of a game. The need stressed by coaches for eleventh hour psychology, to be uncorked in a sound-proof compartment, had better be laid aside as so much 'bunk.' Instead, we should realize that in the mingling of players while dressing and bathing is the solution of what we all talk of so glibly, good sportsmanship. A friendly mingling of contestants would serve this purpose far better than the cold-blooded handshake before the game starts, and the supposed evidence of good sportsmanship in the 'rah-rah' after the game.

"Let us make a voluntary survey in our local field before someone else makes it. A careful study of the budgeting of time, space, equipment and instructors is bound to result in a more economical and more efficient department of physical education." * * *

"What about the poor posture which is always so evident? Findings from individual schools, in both towns and cities, indicate the prevalence of poor posture to be anywhere from 40% to 90%. As a result, there are remedial exercises devised and prescribed for this large percentage of pupils, and of what do they consist? In a large measure they consist of those exercises that we have deliberately eliminated from our program as being useless. The program that is void of effective key exercises involving those muscle groups functioning in the erect carriage of the body, is no program at all. It is in the conscious effort which the individual must make that the corrective value of these exercises lies. This inconsistency needs to be corrected before we are openly laughed at. Less entertaining and more constructive teaching will remedy this existing evil."

Teachers of Turnvereins should familiarize themselves with the various tests in use, particularly those for boys and girls, published by the National Recreation Association and the Scout organization; and also the National Achievement Standards for boys from 8 to 18 years of age. Use the latter to see how your boys compare with others and give them a chance to secure a certificate of achievement. It is a splendid incentive. Necessary information can be obtained from the National Recreation Association, 315 Fourth Avenue, New York City.

* * *

Comments on the Fort Wayne Turnfest. The following observations made at the Fort Wayne Circuit festival may be of interest. Other festivals would no doubt reveal similar conditions.

The need of thorough organization, well thought out, even to details; only then administration can function effectively.

The need of an administrative office on the field from which the meet may be conducted. In this office a group of men should be available to set up and remove apparatus quickly and lay out activity places. There should also be a room containing the various implements that may be needed.

Even the district turnfests should not be conducted without a first aid tent adjacent to the athletic field with a doctor and nurse available.

Dressing rooms should be provided for young women on the field.

The comic finish that competitors use at the completion of an apparatus exercise (three steps forward and close; rest position) should be abolished.

It was a great pleasure to see some of the "Bears" classes in action. One recognizes that the work that they pursue has actually accomplished several things:

1. It has kept stiffness, old-age, away and given supple bodies to men in the 50's.

2. It has kept the spirit of friendly rivalry alive. To them it was all fun.

3. These men get a social pleasure out of it that has no equal—old friendships and acquaintances are renewed, new ones made. A welding together of the turner family takes place.

Poor form in sprinting by both men and women was shown; poor breasting of the tape, sudden stopping. There was also poor form in the broad jump; 40-50 feet is not enough for the run. Not enough emphasis seems to have been placed on the track and field events during practice. As a result, "charley horses," sprains, and sore muscles resulted. The technique of the puts and the throws could have been improved upon considerably. Some threw the basketball without the running start.

During the distribution of the prizes, some teachers of Turnvereins were absent and, therefore, could not receive the prizes earned by their boys and girls or by themselves. What is it, lack of interest?

STUDENT HANDBOOK OF ARCHERY

By Phillip-Rounsevelle. 1932. 25 cents.

A. S. Barnes & Co.

This handbook for the beginner in archery by the author of *Archery Simplified*, is in reality an abridged edition of his book for the instructor in archery.

The author tells in a concise manner many points on the selection of equipment; shooting; the care of equipment; and archery games. It also contains a number of score cards that may be used during matches and shoots.

This booklet written especially for the beginner, will greatly aid any teacher of archery if used as a class text-book.

L. P.

FALL GRADUATES

Nine graduates of the former three-year and two-year courses completed the requirements for the degree of Bachelor of Physical Education during the summer, several of them having attended the Normal College summer session at Camp Brosius. Their diplomas will be presented at Home-Coming. The number of graduates who have completed the fourth year's work partly in absence, is increasing and it is hoped that before long all those who are teaching and who still lack credits, will finish the requirements. A number of those possessing the Bachelor degree are now working toward the Master degree. Those who will receive the degree this fall, are:

Thelma M. Armfield, Indianapolis.

Frank W. Clark, Buffalo.

Alma A. Fenske, Pittsburgh.

Gladys B. Larsen, Chicago.

Wm. H. Meissner, Buffalo.

Francis H. Mixie, Cincinnati.

Raymund Graham Reess, St. Louis.

Helen L. Young, Eaton, Ohio.

Anna Mae Zitzman, Pittsburgh.

Former graduates who completed the requirements for the degree last spring and received their diplomas at the commencement in May, were:

Cora Baldauf, Syracuse, N. Y.

Theofil J. Bednarczyk, Buffalo.

W. H. Browne, Lincoln, Nebr.

Ada B. Crozier, Indianapolis.

Leo J. Doering, Rock Island, Ill.

Ralph S. Duquin, Buffalo.

David D. Gregg, Cincinnati.

Lelia V. Guenther, St. Louis.

Wm. S. Hubbard, Buffalo.

Coleman F. Kortner, Pittsburgh.

Raymond Ping, Buffalo.

Clarence S. Porter, Missoula, Mont.

Elmer C. Rosenthal, Buffalo.

Mildred Schaefer, Chicago.

Vera L. Simon, Buffalo.

BASKETBALL NOTICE

The annual Alumni-Varsity basketball game will be played again this year on Friday afternoon, Nov. 25th, and the Alumni coaching staff is anticipating a victory.

The Alumni coaching system is worked through correspondence courses, (a new experiment) and the outcome of this game will determine the failure or success of this system.

Let's train hard for once, Alumni, and give this year's bunch of youngsters a few lessons on how basketball should be played.

Please write to me care of the College stating that you will be here, in condition, and also give some suggestions of how you are getting in shape for this fray so that I can send the good word to the other "Has-beens" and that a well rounded squad can be ready for the opening bell to annex their long longed-for victory over the Varsity.

Sincerely yours,
BILL NEU,

Acting Czar of the Alumni Basketeers.

INDIANAPOLIS ALUMNAE, DELTA PSI KAPPA

Like Tennyson's brook, we go on forever! The first meeting of the year was held in September at the home of Clara Ledig Hester. In spite of a pouring rain, most of the old faithfuls managed to be present.

Mrs. Albert Metzger not only helped to "brew" the coffee, but also entertained us with tales of her travels through the Orient.

Since then we have had our October meeting with Jo Workman and Mabel Loehr as hostesses.

Lily Gally Rice gave us a splendid report about the convention, so that we feel that we got our money's worth.

It might interest some of the alums to know that "Jo" Workman is again living on a budget. For information write her in care of Washington High School.

Come on "Home" soon and meet the "charming" girls who make up the Indianapolis Alumnae Association. They are planning some really good entertainment.

C. L. H.

NEW DORMITORY

The women's dormitory on Broadway which housed the Normal College women students for eight years, was closed at the end of the last year, and a new home for the girls was opened in October at 1304 North Delaware street. Several reasons led to this change, chief among them the fact that the apartment building on Broadway was too large for the steadily decreasing number of women students.

The new building offers sufficient space for thirty girls, and when the number increases again, it will be an easy matter to lease another building in fine residential neighborhood on Delaware street.

Both inside and outside, the house is beautiful. A picture of it was sent to the graduates in summer, but both the Dormitory Organization and the matron, Mrs. Anna Smith, hope that many of the Alumni will return at Home-Coming to see the splendid quarters provided for the girl students.

It will interest all that the National Women's Auxiliary of the American Turnerbund has given \$75.00 to aid in purchasing additional furniture, and that \$25.00 for the same purpose was donated by the Women's Auxiliary of the Upper Mississippi District of the Turnerbund and a like amount by the Women's Auxiliary of the Germania-Turnverein Vorwaerts in Cleveland.

STUDENT ACTIVITIES

All-Student Association

The student body of the Normal College is smaller this year than it has been for many years; it consists of 126 men and women. The drop is entirely due to the reduced number of freshmen, of whom there are 28. Still, this is not so bad when the depression is considered.

A most successful Freshmen Welcome dance was enjoyed by everybody on October 15. Many new activities have been started. There seems, in fact, to be a return to the old spirit of enjoying simpler things; the depression may in this respect be a blessing.

For the first time, as far as we know, a straw vote was taken in the Normal College. The result: Hoover, 46; Roosevelt, 37; Thomas, 28. Wet, 78, dry, 9.

Officers for the year are: President, Arthur Werder; Vice-President, Frank Bild; Secretary-Treasurer, Frederic Plag; Budget Committee, Virginia Fox, chairman, Carl Klafs and Anton Grossman; Social Committee, Wm. Klier, chairman, Agnes Rapp and Frank Philipps.

* * *

Seniors

Members of the present Senior class are wondering how the other classes and the College will be able to get along next year when there is likely to be no senior class because of the affiliation with Indiana University; it seems impossible that things will run without the constant guidance of the brilliant seniors.

After due deliberation and argument the twenty seniors elected the following officers: President, Oscar Staiber; Vice-President, Angela Tripi; Secretary-Treasurer, Louis Jurinich; Sergeant-at-Arms, Edward Sturni. Present indications (note Oscar) are that this year's class will outdo all previous seniors.

Dues were fixed at \$1.00 which the treasurer is to collect if he can. A luncheon is to be held near the close of the year; the plans also include theatre parties and hikes.

LOUIS C. JURINICH.

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Dormitory News

We are just about settled in our new home, and needless to say, are delighted with it.

We had a "house warming" party October 22, to familiarize all our students, and friends with our new domicile.

At Thanksgiving, we are having open house and extend a hearty welcome to all our alumni and friends. E. R.

* * *

Phi Delta Pi

The Phi Delts were glad to return this fall and to start the new school year together again.

We have held several meetings thus far.

At present we are looking forward to the Sectional Convention. Our section includes Illinois, Indiana, Kentucky, and Ohio. Our chapter, as hostess, will entertain with a banquet at the Hotel Antlers on Friday evening, November 25.

T. B.

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Delta Psi Kappa

We are looking forward to a grand reunion at Home-Coming. In order to make the alums feel that they are welcome, we are planning a gala time for Friday evening, November 25. With the help of the Alumnae Association, we are going to celebrate by having a progressive dinner party. Be there! And then to furnish a real thrill and to make everything complete, we are initiating Miss Emma Rolf and Miss Lucille Jost. That should be of special interest to alums who have not witnessed an initiation for some time.

On October 17, the Alumnae Association entertained the Actives with a dinner at the home of Mrs. Emmett Rice (Lily Gally) in celebration of Founders' Day. Mrs. Charles Bressler-Pettis (Laura Mead) who was visiting in Indianapolis, managed to spend a short time with us.

We are expecting Bobbie Larsen, our North Central Province Chairman, to be with us at Home-Coming.

ALUMNI AT CAMP BROSIUS

Hotel Camp Brosius enjoyed a good season during the 1932 summer, although it was not quite as well attended as during the previous year. The weather was ideal right through, and swimming was enjoyed from the very beginning of the season until the end.

The new well brings fine, clear water from a depth of 512 feet, and this water is now pumped through the entire grounds into all houses.

Of the Alumni attending the summer session, Dr. Knoch, Dr. Nohr, Mr. and Mrs. Kriper, Mr. and Mrs. Bachman and Elsa Kramer stayed in the hotel. Other Alumni who came for periods of a few days to several weeks, were Dr. and Mrs. Hofmeister and daughter; Mr. and Mrs. John Feller and daughter; Oscar Ruther; Hilda Ratterman; Mr. and Mrs. Herman Freuck; Mr. and Mrs. Grover Wm. Mueller and son; Mr. and Mrs. August Pritzlaff and son; Ray Reess with his parents, Mr. and Mrs. J. G. Reess, and sister Stella, and Wm. K. Streit.

Whoever is looking for a quiet vacation and a chance to recuperate, will not make a mistake by going to Hotel Camp Brosius.

Aim above morality. Be not simply good; be good for something.—Thoreau.

SUMMER SESSION

The 1932 summer session was attended by forty-six students. What it lacked in numbers, it made up in enthusiasm, kindled by the most enthusing Herr Carl Loges, director of the Physical Education Institute of Hannover, Germany. The Normal College was fortunate in securing his services. His course in Modern Physical Education gave to some of the students an entirely new group of activities and served as an inspiration to all. Courses were also offered by Dean Rath, Mr. Rinsch and Mrs. Hester.

Although most summer students studied seriously, entertainment was not overlooked. The class elected Mr. Lloyd Sistik president, Miss Helen Smith, secretary, and Mr. Jacob Kazmar, treasurer, and appointed various committees for entertainments. The first was a get-acquainted dance; then came an old-fashioned minstrel show; the next week, a truly realistic medicine show followed by a camp fire, and then the opening of the Jockey Nite Club. Some of the other events that stand out in memory, were the volleyball tournaments, the trip to St. Nazianz, the Kommers and the card party. We were also afforded the opportunity to see some highly interesting films which Mr. Loges had brought with him, portraying his school and activities of the German turners. The farewell banquet was held at Schwartz's. Here, Mr. Loges was presented with a "diploma" bearing the signatures of all the students and a seal of three gold coins. The next day, the entire camp escorted him to the train, and with many a "Gut Heil," said good-bye.

Thus ended another happy summer session at Camp Brosius, to many, the most happy and congenial they had ever known.

THELMA SIMMONS.

THE 1932 CLASS

Commencement was held on May 26, two days before the Sophomores' and Freshmen's departure for Camp Brosius. The address of the evening was delivered by Rabbi Milton Steinberg. Frederic A. Plag was valedictorian, and the diplomas were presented by Mr. Geo. Vonnegut, president of the Board of Trustees. The Glee Club Choir of Butler University's School of Education helped to make the evening enjoyable by presenting several songs.

Seventeen members of the class received the degree of Bachelor of Physical Education and eight were awarded the three-year diploma. Those named below have mostly found employment in their home city except where noted.

Bachelor degree:

- Valetta L. Bachman, Cambridge City, Ind.
 Frank H. Bosse, Cincinnati, Ohio.
 Paul D. Earnest, Altoona, Pa.
 Robert F. Flanegin, Los Angeles, Cal.
 George W. Geoghan, Buffalo, N. Y.
 Maxine Heacock, Dublin, Ind. (Y. W. C. A., Van Wert, Ohio.)
 Chas. F. Hertler, Philadelphia, Pa. (Central Turnverein, New York City.)
 Geraldine E. Hower, Decatur, Ind. (Menomonie, Wis.)
 Alvin Kremzier, Schenectady, N. Y.
 Harold L. Oden, Chicago, Ill.
 Jean Ruth Peterson, Knox, Pa.
 Clarence Powers, St. Louis, Mo. (Los Angeles, Cal.)
 Evelyn C. Sackett, Sault Ste. Marie, Mich.
 William Schaefer, Jr., Chicago.
 Chas. W. Scheitlin, St. Louis. (Dayton, Ohio, Turners.)
 Rudolph Schreiber, Cleveland, Ohio (Kirschbaum Community Center, Indianapolis.)
 Henrietta L. Zimmerman, Dayton, O.

Three-Year diploma:

- Ruth E. Bachman, Philadelphia, Pa.
 Ruth V. Bohon, Louisville, Ky.
 Chester J. D'Amato, Buffalo, N. Y.
 Henry A. DeNies, Manchester, N. H.
 Marian R. Hickey, Altoona, Pa.
 Norman Kreuter, Buffalo, N. Y.
 Dorothy Rath, Indianapolis. (Los Angeles, Cal.)
 Joseph Statz, Indianapolis.

THE NEW CLASS

Twenty-five years have elapsed since Normal College of the American Gymnastic Union was moved to Indianapolis; the present is the 26th course since that time, and it is the 24th in charge of Dean Rath. Many changes have taken place in the training of physical education teachers since then, and one of the most important has just been consummated, namely, the affiliation of the Normal College with Indiana University. More is told of this in another article in this issue of the Alumni Bulletin.

Total enrollment is not quite as heavy as last year; the course began with 127 students in the various classes. While more upper classmen returned than the College authorities expected, the Freshmen class is the smallest in many years. The present economic situation is of course responsible for that. If there is an up-grade as everybody hopes, a larger Freshmen class should be enrolled next year.

Registration by classes is as follows: Seniors, 15 men and 5 women; Juniors, 27 men and 9 women; Sophomores, 31 men and 12 women; Freshmen, 20 men and 9 women.

Twelve of the Freshmen passed the scholarship examinations and five of them were granted the two-year scholarship, and the other seven a one-year scholarship.

BOOK REVIEWS

"The Athlete in the Making," by Jesse Feiring Williams and Eugene White Nixon. W. B. Saunders Company, Philadelphia.

The book is divided into 25 chapters of 251 pages. Part I which includes 7 chapters, deals with "The elements of Athletic success." The authors give a discussion of the scientific facts underlying all athletic skill, coordination, speed, endurance, strength, intelligence, spirit.

The chapter dealing with coordination is very interesting and many sound facts are given. Intelligent teaching or learning of skills in physical activities must recognize the fact that every skill involves a specific coordination. It is true that skill in one activity may assist one to attain proficiency in another, but it does so only in so far as there are identical elements in the two activities.

Speed is commonly thought of as an ability to move quickly from one point to another, but is of little value to the individual if he does not possess a good coordination between mind and muscle.

In modern athletics the leaders, captains of our baseball, basketball, football, soccer teams have come from ranks of men who were highly intelligent men. Intelligence is usually defined as the capacity of an individual to adjust himself to meet any situation. The athlete who only plays by instinct and by habit will play fair ball as long as his opponents are playing with this same carefree manner, but as soon as his opponent begins to think and play scientifically, solves his weaknesses and then plays them the slow thinker will be lost.

Part II is devoted to the discussion in detail of the practical points of training and conditioning, the intelligent direction of training efforts toward definite

ends. The authors state methods of training should be based on sound knowledge. In the past we have been guided in our training and conditioning practices too much by tradition, prejudice and superstition. The sciences of physiology and psychology have many important facts to tell us about guidance in the learning process and about the development of fine physical and mental condition.

The authors bring out many interesting points when dealing with the chapter "Training For Endurance." Failure in endurance may be the result of two things. The first: The burning up of all the glycogen which has been stored up and the heart not able to sufficiently supply the necessary food or, the second; the failure of the blood supply to assimilate the waste products and properly eliminate them from the body.

A good definition of "Second Wind" is given. The athlete gets his second wind when the whole process of taking in oxygen, and the giving off carbon dioxide is in balance.

The chapter devoted to injuries and care for injuries is very helpful to the beginning coach or athletic director. Cases are cited where athletes have been permanently disabled for life because of the taking part in an athletic contest before an injury had fully healed; also many valuable suggestions are given for the prevention of injuries.

The third part of the book is the application of Principles of Athletic Proficiency to various sports as football, golf, baseball, track and field, tennis and swimming.

The authors bring out the fact that our game of American Football is the most healthful, beneficial for any growing boy because it contains all the elements of development.

The contents of this book offer much aid for all who are striving for greater familiarity with and proficiency in their

favorite sports and also offer assistance to the thousands of others who are engaged as instructors in these activities, by presenting the scientific facts which are basic to the acquisition and appreciation of all such skills and proficiency.

M. W. NEU.

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Folk Festivals, by Mary Effie Shambaugh. A. S. Barnes & Co., New York. 160 pages. 59 illustrations. \$3.00.

A very interesting collection of folk dances grouped for festival use. The arrangement makes the book very practical. It is divided into six chapters giving hints for the organization of folk festivals; feasts of the Sioux Indians with four Indian dances; fiestas of Spanish and Mexicans in California; folk gatherings in Central Europe and material for an Austrian, a Moravian and a Russian festival; the same for South-eastern Europe with Bulgarian, Greek and Yugoslav dances; festivals based on folk tales. Numerous illustrations portray costumes in their proper setting; there are outlines for the production of five folk festivals, and there is an index of dances arranged according to school grades from junior high school through university.

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A Text-Book of Anatomy and Physiology, by Jesse Feiring Williams. Fourth edition, 601 pages with 416 illustrations. W. B. Saunders Co., Philadelphia. \$2.75.

The fact that this book has gone through three editions and ten reprintings during nine years, indicates its general use as a text-book. The present (fourth) edition has been entirely reset and many illustrations have been added. More space has been given to the physiology of bodily processes, including a rewriting of the section on the physiology of digestion. Additions have been made to the sections on the physi-

ology of the circulatory system, the nervous system and the reproductive system. The book is written by a professor of physical education, with the intention of making it especially practical for the student of this subject.

* * *

Fundamentals of Personal Hygiene, by Walter W. Krueger. 291 pages. Illustrated. W. B. Saunders Co., Philadelphia. \$1.75.

Professor Krueger, who teaches in the Grand Rapids Junior College, has written a book on the fundamentals of personal hygiene with the view of stressing their practical application to healthful living. He selected only those phases of the subject that are vital to the well-being of the individual and presented them in such manner that they may become functional in the life of the student; he emphasizes the importance of health practices and habits in daily life and encourages correct attitudes, desires and ideals. His aim is to teach health rather than physiology or the prevention of disease.

In the 17 chapters, Professor Krueger touches upon all important phases, such as posture, feet, physical activity, skin, clothing, air, nutrition, mouth and throat, sunlight, health of the mind, recreation and rest, sex, health fads, prevention of common diseases. The teacher of health and hygiene in high school and college will find this book of much help in outlining the course which in almost all cases must be rather brief and still comprehensive.

A rich man said: People call me successful; but I am not a success. I picked up a little wisdom as I grew older. If I had to do it over again, I'd put the emphasis on contentment, and the accumulation of a few fine friendships and I'd remind myself that we pass this way but once.