

# Alumni Bulletin

Vol. XXXI

Indianapolis, Indiana, November, 1947

## HOME-COMING

As early as last summer at Camp Brosius, Alumni inquired about this year's Home-Coming at Normal College and assured the writer that they will attend. Since then, many others have written about it and a good attendance seems assured for the three day celebration at Thanksgiving time. The following interesting program should attract many:

Thursday, November 27, afternoon and evening: Informal get-together at the Athenaeum.

Friday, November 28, 10:00-11:00: Round Table Discussions on "Current Problems in Physical Education." Alumni are urged to be prepared to present any problems which may be of interest to the profession. Discussion leaders will be asked to present some of the current problems. After that we hope that Alumni will feel free to present some for discussion.

11:00-12:00: "Camping and Its Relation to the Public School." This discussion is to be opened by Mr. Reynold Carlsen, a new member of Indiana University staff. Mr. Carlsen has been consultant for camping and outdoor recreation for the National Recreation Association. He has traveled widely throughout the country and knows the field of camping thoroughly. We are sure that he will present interesting viewpoints and that our Alumni will enjoy meeting him.

Noon: Class reunion luncheons.

2:00-3:30: Demonstration by the College classes.

4:00-5:30: Alumni-College games. These interesting meets should be re-

vived. A basketball or volleyball game of Alumni vs. students would certainly add interest.

6:30-9:30: Alumni banquet and meeting.

10:00-1:00: Dance.

Saturday, November 29, 10:00-12:00: Social recreation activities. Party games and activities will be presented by several members of our staff.

12:30: Fraternity reunion luncheons.

It has been the custom at Normal College Home-Coming to hold class reunions every fifth year since graduation. The classes scheduled for meetings this year are those of 1912, 1917, 1922, 1927, 1932, 1937 and 1942. Further information will be sent by letter.

The national physical education committee of the American Turners will meet Friday at 9:00 a.m.

Altogether, it will surely be an interesting event and we hope that many Alumni will plan now to attend Home-Coming this year.

### IN MEMORIAM

Edward (Red) Krueck, a member of the 1917 class, died July 3. He had been in poor health for several years and resigned from his position at Hughes High School, Cincinnati, in 1945. He was very successful as a coach and well liked.

Mrs. Ida Bose died October 23 in Indianapolis, at the age of 79. She was for many years matron of the Normal College dormitory for women students and also had charge of the messhall and the hotel dining room at Camp Brosius.

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*John*

## PERSONALS

## Appointments and Transfers

After serving as social director at Evansville College since January, Doris Kirk has been appointed faculty director for the Student Union. She attended Columbia University during the summer and received a Master of Arts degree and the Dean of Students diploma.

Louis J. Koster has been promoted to Lieutenant-Colonel of the Army.

Ernest Seibert is now Supervisor of Recreation in Newark, N. J.

Teaching at Manual Arts High School in Los Angeles, Bob Flanegin coaches football and swimming and has a very successful gym team.

Both Elizabeth Gutermuth Kerchusky and her husband have accepted positions in the New Castle, Delaware, high school.

After 28 years as teacher in the Peru, Illinois, schools, George Haegele is now in charge of the entire physical education system.

Ruth Ann Frasier Denton taught Kindergarten classes last semester, but is now back in physical education at the Junior high school in Freeport, Illinois.

Lawrence Howard has been appointed to the faculty of New York University.

Evelyn Romeiser has been appointed principal of the lower grades and teacher of the 8th grade at Marydale School of Indianapolis. She also directs the after-school recreational activities of 75-85 girls three times a week.

Rudolph Schreiber who was vocational advisor with the Veterans Administration at Baldwin-Wallace College and later in Cleveland, has been transferred to the Indianapolis office.

Captain Elsie Kuraner who worked in the Physio-Therapy department at Walter Reed Hospital in Washington for several years, has been transferred to Hot Springs, Ark. On the way, she stopped in Indianapolis for a visit with her aunt and uncle, the Steichmanns.

Richard Hockin is now head of the physical education department at Harris

high school in Jersey City and also instructs at the City junior college. His daughter Audrey is now five years old.

Irma Hartman Beck is teaching in the Daventport schools.

Richard Barrick has been transferred from Latimer junior high school to Perry high school in Pittsburgh and is assistant football coach. James Brown has also been transferred to Oliver high school and also assists in football coaching.

After teaching history for several years, Francis Mulholland is back in Physical Education and is teaching as well as coaching football and track at Nottingham high school in Syracuse.

William Kittlaus is teaching General Science at Central High school in Syracuse and is also night school principal at Eastwood high.

Hazel Gronemann thought that teaching physical education for 29 years is sufficient; she is now a class room teacher in Chicago.

Robert Duerr has received an appointment in the Buffalo schools.

Sam Blumer has been transferred to Fosdick-Masten Park high school in Buffalo.

Having finally decided to go back to teaching, Nelle Passant Jessup is now teaching health education at Temple University; she is first in line for an appointment in the Philadelphia schools.

Irene Schreiber has accepted a position as educational advisor in the Cincinnati schools.

Normal College students who were graduated at Bloomington this year have accepted the following positions:

Walter Mikolajek (who by the way, has lost the last two syllables of his name and is now Walter Mikols) is physical education instructor and varsity swimming coach at the University of Kansas.

Peggy Hope teaches at Technical High School in Indianapolis while Karl H. Schmidt and Anna Wessel are employed in grade schools.

Georgia Connelly teaches grades 4-8 in five schools in Blue Island, Illinois.

Iris Sollinger also teaches in grade schools in Utica, N. Y.

Marcia Roberts has a position in the Columbia City, Ind., schools.

Gaynell Schroeder teaches dancing in her home city, Cleveland, Ohio.

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### Weddings

William K. Streit and Mrs. Linda Schulte were married April 7.

The marriage of Anthony Beisman and Gladys Lang took place June 21; they live in Rochester, N. Y.

Nick Collis chose an attorney for a life partner, Helen Panarites; they visited Normal College on their wedding trip.

Virginia Schaub Coakley was married May 15 to Frank J. Caputa.

Ray Wirth was married this summer.

On August 16, Beverly Stierly was married to Alan Blewett; both are enrolled at Bloomington this year.

Harriet Talmadge and Sidney Schamber of the Marine Corps were married October 4.

Jacque Armantrout was married September 21 to Frank Lasky; they live at Tonawanda, N. Y.

Thelma Burnett is now Mrs. Ted Kleinhans. Her husband is head coach of baseball at Syracuse University and a former major league pitcher.

\* \* \*

### Births

Judith Lynn arrived June 2 at the home of Roberta (Brogan) and Bill Van Nostrand.

It's a boy, wrote Major and Mrs. Frederick Ploetz; he arrived August 24 at Mobile, Ala.

A boy, also, for Billie (Boettger) and W. H. Stewart at Bedford, Ind.

And another boy, Lerry Lee, August 18, for Ruth (Youll) and Warren House so that Marylin can play with a little brother.

Sam Rifkin also reports the birth of a son September 5.

The Bill Schaeferes in Chicago announce the arrival of Jane Linette August 20.

On September 21, Glen Raleigh arrived at the home of Emma (Hunt) and George Wallenta.

\* \* \*

Sorry to report that Laura Rosengarth's mother died recently.

Sorry to hear that Laura Mead Pettis is under observation at the Mayo clinic.

While swimming last summer, Harold Quinlan suffered a painful injury to his knee.

Marion Dadeker Schoenly and daughter Barbara spent the summer at Camp Netimus.

Glad to hear that Lillie Beckman is better after spending part of the summer in a hospital.

Ronald Moody's boys at South Park high school in Buffalo won the city Cross Country finals.

Bobbie Larsen and Rudy Schmidt are classmates again, studying Geology at Northwestern University.

While touring Canada, Emil and Therese Pletz accidentally bumped into Bobbie Larsen in Toronto.

Mildred Muench is secretary-treasurer of the New York Central zone of Health, Physical Education and Recreation.

Arthur Whalley and wife (LeMar Keltz) and daughter took an extended trip through the west this summer.

Cincinnati now has 130 members in its physical education department besides 20 academic teachers who coach sports.

Another new home owner among the Alumni is Ernest Senkewitz in Pittsburgh; he teaches at two high schools.

After a year's leave of absence during which he traveled in Mexico and the U. S., Alfred Diete is back in harness at Lane high school in Chicago.

The position of director of Physical Education, Recreation and Health at Witworth College, Brookhaven, Miss.,

was open this fall. The College has excellent equipment and facilities. It may be filled now, but experienced women interested may write the president, Sinclair Daniel.

Harvey Lecollier is president of the Allegheny County Association for Health, Physical Education and Recreation. Gretchen is still recuperating in Kissimmee, Florida.

Grover W. Mueller has been chosen as chairman of a new committee of the Health, Physical Education and Recreation Association on Intercultural and Intergroup Relations.

The Cincinnati School Board has ordered that every teacher must take a physical examination every five years; it includes an X-ray of the chest, a serology test and urinalysis.

Lane high school had a group of University people inspect it. The members of the Physical Education department were happy to meet Emil Preiss of the University of Pennsylvania.

Captain Norma Flachsland of the WACS is now stationed in Frankfurt, Germany. She has been in practically every European country as executive officer in charge of personnel.

Marion Notley Stowell is state membership chairman of the New York Health, Physical Education and Recreation Association and also a member of the national membership committee.

Harry Dippold and Karl Fehrenbach are square dance enthusiasts and assisted in presenting a fine square dance program at the Western Pennsylvania Education Conference in Pittsburgh October 17.

Alice Lange Dauer was badly injured in an automobile collision last summer, but has fully recuperated. Her husband accepted a position as instructor in Physical Education at Springfield College.

Clara L. Hester spent September 4 and 5 in Cincinnati lecturing and demonstrating in a Physical Education Workshop at Walnut Hills High School and presented a wealth of material and

methods in rhythms, conditioning exercises and apparatus work. Rudolph Memmel, Lewis Bockholt, Clarence Abrams, Joseph Kraus, Carl Duning and Louis Roth assisted.

While playing volleyball with the Philadelphia Ski Club, Dr. Henry Schneider was surprised to find Fred Foertsch and the Turner Bears as the opposition. He found that they take their volleyball matches seriously.

We understand that a new type of deer hunting took place near Spooner, Wis., and that Therese and Charley Wuehrmann had to tell it to the game warden. From what we hear, only their car and the deer suffered.

Several hundred people took part in a family reunion in Davenport, Iowa, which Nanon Roddewig attended. One hundred years ago her maternal great-grandfather came to the Mississippi from Schleswig-Holstein.

The 102nd annual meeting of the Western New York Teachers Association was held in Buffalo October 24. Rudy Heis was program chairman. Albert Haas was elected chairman of the physical education section.

Martha Gable is busy preparing for the national hockey tournament to be held in Philadelphia over Thanksgiving. On October 23, during the All-England vs. All-Philadelphia game, she gave commentary over television.

The American Turners conducted a second annual class leaders course in Cleveland in July. Therese Pletz and Carl Hein were again selected instructors and gave a fine exhibition of good teaching during the two weeks' course.

Fred Jacobi was in charge of a new playground program in Bettendorf, Iowa. He had seven play centers with seven assistants. The successful ten weeks' season included swimming and boating besides the usual playground activities.

After 10½ years at the Reynolds Engineering Co. in Rock Island, Leo Doering has moved over to the John Deere Harv-

ester Co. as a tool design engineer. His daughter has started teaching home economics at the Williamsfield Community high school.

At a recent meeting of the Philadelphia A. H. P. E. R., Mr. Raymond Leonard, chairman of the City Planning Commission, accepted an invitation from Grover W. Mueller who is a member of that commission, to speak at the meeting on plans for recreation in Philadelphia.

The Pennsylvania Association for Health, Physical Education and Recreation will hold a convention in Pittsburgh December 18-20. The Pittsburgh Alumni Chapter of Phi Epsilon Kappa has reserved a room at the Schenley Hotel and the members hope to see many brothers from other cities there.

Both Herbert and William Klier attended the summer session at the University of Wisconsin and studied under Robert Nohr and Joseph Kripner. Herbert instructs a class in square dancing at the University of Illinois extension center in Moline. Bill is like all other Turnverein teachers working hard with his classes for the St. Louis Turnfest.

When the Henry Meyer family moved to Missoula they could find no living quarters but a remodeled night club. Winter winds forced them to buy a small home where they are comfortable now. While getting his share of trout during the summer, Henry has had no luck yet with deer and elk, but hopes to get one of each to help out the meat situation.

The second annual Gymkana of five Turner societies from Moline, Davenport and Clinton, Iowa, was given May 24 and 25 at Moline and Clinton. Some 1000 men, women and children took part. The funds raised in this manner are to be used to send representatives of the five societies to the 1948 gymnastic meet of the American Turners in St. Louis at which the 100 anniversary of the founding of the first Turnverein will be celebrated.

How the Cincinnati Alumni spent their summer vacation: Elsa Kramer took a western tour; Maud Suter spent the summer at her Wisconsin cottage and fished from sun-up to sun-down; Hazel Orr took a freighter trip to the west coast of South America; Arch McCartney was director of a camp at Booth's Bay while his better half Mildred was at Merry Meeting Camp.

As usual, Bobbie Larsen went bicycling again during the summer. From Harper's Ferry which she reached by train she rode to Montreal, going through Gettysburg, New York City, the New England states including Cape Cod, Martha's Vineyard, Nantucket and North Haven Islands. Then by boat to Quebec and the Saguenay and returning via the Thousand Islands to Detroit and Chicago. She covered about 1500 miles.

After 40 years of service in the Cincinnati schools, Fritz Reuter, a member of the 1906 class, has retired. His colleagues arranged a testimonial dinner at which W. K. Streit was toastmaster; Superintendent Claude Courter, Mayor Carl Rich and Principal Walter Peebles spoke. On behalf of the department, Carl Varrelmann presented Fritz with a watch. The committee which arranged the affair consisted of Hazel Orr, Maud Suter, Bill Streit, Henry Schwegler, Carl Varrelmann, Ray Wirth and Arch McCartney.

The Alumni teaching in Turner societies in the Pittsburgh area are quite busy preparing for the national Turnfest to be held in St. Louis next June. Oscar Simmen, Hans Oechsle and George Reich-enbach are doing fine work. And so is Charley Geber who is not only teaching but also has the hard job of secretary of the American Turners' national physical education committee; he and George Heeschen in Cleveland, chairman of this committee, will have the job of preparing the various competitions, getting out record cards, etc.

Chicago Alumni spent the summer in various ways. Ernest Klafs went to Montana to visit Carl. Charlie Siebert supervised a camp for boys and girls in Wisconsin. Bill Horschke started to build a cabin near Spooner, Wis., under the supervision of Ed Hall. The Bob Pegels were at a Boy Scout camp at Owassippi, Mich. Hattie Hettich Vossel and family went to Door County, Wisconsin. Nanon Roddewig spent the summer at her cabin in Minnesota, but also took trips from there including Fort William and Port Arthur. Ruth Olson went for part of the summer to a lake in Wisconsin.

Those who won our independence believed that the final end of the state was to make men free to develop their faculties; and that in its government the deliberative forces should prevail over the arbitrary. They valued liberty both as an end and as a means. They believed liberty to be the secret of happiness and courage to be the secret of liberty. They believed that freedom to think as you will and to speak as you think are means indispensable to the discovery and spread of political truth; that without free speech and assembly, discussion would be futile; that with them, discussion affords ordinarily adequate protection against the dissemination of noxious doctrine; that the greatest menace to freedom is an inert people; that public discussion is a political duty; and that this should be a fundamental principle of the American government. . . . They knew that it is hazardous to discourage thought, hope, and imagination; that fear breeds repression; that repression breeds hate; that hate menaces stable government; that the path of safety lies in the opportunity to discuss freely supposed grievances and proposed remedies; and that the fitting remedy for evil counsels is good ones. . . . To justify suppression of free speech there must be reasonable ground to fear that serious evil will result if free speech is practiced.

—Louis D. Brandeis.

## CAMP BROSIUS

Another wonderful season at Camp Brosius, the summer headquarters of the Normal College.

The students camp in June enrolled fifty-five, twenty more than last year, reflecting the larger enrollment in the College. Mrs. Clara L. Hester and Fred Martin were in charge of it, assisted by four student instructors. The American Red Cross sent Mr. Silas Lyman to the camp for one week for a course in aquatics. 32 students qualified for the certificate in Swimming and Diving and Life Saving.

Enrollment in the children's camp was limited to fifty-two because the sixty children who attended the previous year proved to be just a little too much for the facilities. Mrs. Hester took a vacation, so Fred Martin was appointed director. The counselors were Mrs. Dorothy Martin, Carolyn Kuebler, Conna Harbin, Shirley Diehl, Andrew Voisard, Gerald Pate, Harry Carstens and Dande Danti while Eileen Gavaghan was camp nurse. Dr. Carl B. Sputh, Sr., as well as Dr. Carl B. Sputh, Jr., who were at camp as hotel guests, again volunteered their services as camp physicians. Many improvements were made: We now have an infirmary with nurse's room and meeting room for the counselors; it is a well constructed building. The tennis court was black-topped and also part of the road. A steel pier has taken the place of the old shaky board pier. A new dishwasher was installed and a new power mower purchased.

Likewise, improvements in the hotel resulted in better service: hot water in the rooms, a new dishwashing machine, and water-proofing and painting of the shower room. Among the guests were the following Alumni: Irene Schreiber, Emma Rolf, Katherine Zimmerman Green, Joseph Kripner, Esther Heiden, Martha Hehrlein, Vera Ulbricht, Lelia Gunther, Gertrude Jordan, Dr. Carl B. Sputh, Ray and Connie Zimlich.

## STUDENT ACTIVITIES

## Sophomores

This year was started off with the traditional Freshman Welcoming Dance. It was held on a larger scale than usual, with an orchestra and all the trimmings, because of the larger enrollment in both classes. During one of the intermissions we were treated to entertainment by Frank Benson and Edward Reisig, the former giving his impersonation of Big Friend on the high bar and the latter amazing us with a few magic tricks.

Most of the sophomores returned and it was good to see them back. A few were lost and some settled down to married life.

The class presented Mrs. Hester with a new tambourine and she has put it to good use already; just ask anyone after the Wednesday dancing class.

The sophomores spend Monday afternoons now observing teaching in the Indianapolis public schools. They have come in contact with many Alumni.

Election of officers resulted in choosing Bill Thewes as president.

—Barbara McDonald, Secretary.

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## Freshmen

A few years from now the class of 1947 will no doubt stand high on the ladder of success but for the time being we are content to be known as lowly freshmen. Fifty-two of us have survived the first few weeks of school, the mental orientation tests, and the physical examination which each of you readers have also experienced. We boast of the twenty-four veterans in our class, our graduate nurse, our master magician, our two married males, and several noted pianists. All in all we are a well-rounded, fun-loving, traditional group of freshmen who happily bear the honor of being a part of N.C.A.G.U.

We here formally thank the sophomore class for being such wonderful hosts and hostesses at the annual Welcoming Party. We were made to feel at ease and

thoroughly enjoyed ourselves dancing, talking, and in general getting to know each other.

Another treat we recently enjoyed was a "get acquainted" talk by Dr. W. W. Patty. Having heard so much about our Dean, we more than welcomed him as he explained to us the part we will play as students of Indiana University.

At the time of this writing the class officers have not been elected. We have been so busy playing soccer, getting lessons, and learning the difference between our right and left feet that the thought of class officers has completely slipped our minds. We promise to remedy the situation in the very near future.

Now as Home-Coming draws near we freshmen are becoming more and more excited. You alumni will be able to pick us out from your well known group. We sincerely hope that you will introduce yourselves so that we may know personally the people in whose steps we follow.

—Patricia Leffler.

## APPARATUS WORK FILM

Upon the request of many physical education instructors, the tenth consecutive championship gym. team of Blewett High, St. Louis, Mo., under the direction of Eugene Seitz, had a silent film produced, illustrating the progression of apparatus work. The demonstration shows the development of muscular strength, coordination, rhythm, and control.

Featuring the apparatus in the gymnasium, the boys demonstrate exercises from the beginners' group through the senior activities, followed by a similar progression of hand balancing.

The reel is a sixteen millimeter film, six hundred feet in length. About twenty minutes are required for showing it. This film may be obtained upon request from the school at a rental charge of five dollars to cover expenses of shipping and servicing.

# ALUMNI BULLETIN

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Tri-City District—Leo Doering, 204 8th St., Rock Island, Ill.

of A. G. U. These are the wholesome characteristics which our school offers returning Alumni in contrast to the usual football tilt used as bait by the larger colleges.

This year a point of exceptional interest to all Alumni will be the presentation of a suitable gift to Mr. Henry Steichmann. Our own Uncle Heine, the pipe-smoking man behind the desk, is retiring in '48 and this brief testimonial will replace the usual program of after-dinner speakers. There'll be plenty of memories for everyone at such a presentation, and this tribute should be a welcome change from routine speech-making.

So Homecoming at the Hoosier school will mean memories to her many graduates. So on behalf of your Alumni Officers let me extend a cordial invitation for you to make the Pilgrimage.

WALTER C. EBERHARDT,  
President.

## ADDITIONS TO THE LIBRARY

Albert Steinhauer, former publisher of the Turnzeitung and Mind and Body who last year sent three large boxes of books to the Normal College library, has again made a very welcome donation: an almost complete set of bound volumes of Mind and Body. Mrs. Carl Mettler has also promised to send Carl's library of books on Physical Education. Any and all books are welcome.

## DUES ARE PAYABLE

Alumni treasurer Ray Zimlich wants the Alumni to know that dues have not been paid as promptly as formerly. If you have not sent your dollar (that's all it is) do so now. By the way, Ray has moved and his new address is 6125 Haverford ave., Indianapolis 20, Indiana.

There is a trend to push high school team games and interscholastics for boys down into the elementary schools where they don't belong.

## "INVITATION"

Homecoming at the College is to many the Annual Pilgrimage. It is the memory time of every year when you see familiar faces, when you renew acquaintances and discuss jobs, when you have a chance to observe demonstrations by the College students of the newest trends in Physical Education. There's a certain thrill too, in strolling through the corridors and across the gym floor that not too many years ago was a daily routine. In the evening the Athenaeum, formerly sacred ground, is the place to enjoy the Gemuetlichkeit known only to the Alumni

### FIRST YEAR OF HPER SCHOOL

In his first annual report to President Wells of Indiana University, Dr. W. W. Patty, Dean of the School of Health, Physical Education and Recreation, could point with pardonable pride to the fine success of this new school during its first year of operation. Students in all departments of the school entered with enthusiasm in the various activities.

Total enrollment including that at Normal College, was 103 sophomores, 67 juniors and 52 seniors; total 222. In addition, there were 79 graduate students. There were also 287 freshmen, making the total enrollment 588. Furthermore, a summer session was conducted with 75 advanced undergraduates and 135 graduate students; of the latter, 35 were candidates for the Doctor degree.

At the commencement in June, the following degrees were granted to students of the HPER school: 29 Bachelor of Science, 21 Master of Science, 8 Director of Physical Education and 3 Director of Health and Safety.

The staff of the new school included 33 full-time faculty members, 12 part-time members and 14 graduate students.

Dr. Patty devoted several pages of his report to the Normal College and pointed out among other things, that the College furnished teachers for the Athenaeum Turners, South Side Turners, Y.M.C.A., Y.W.C.A., the Jewish Community Center and the Central Christian Church. Special mention is made of Mrs. Hester's outside activities; she served as chairman of the curriculum committee of the Indiana Association for Health, Physical Education and Recreation and attended both meetings of the Association; she also was chairman of the program committee for a three-day camp sponsored by the Indiana section of the American Camping Association. Fred Martin's apparatus and tumbling team gave demonstrations.

Much research work was done and assistance in recreational problems given by the faculty members of the school.

### PHI EPSILON KAPPA

Indianapolis Alumni Chapter of Phi Epsilon Kappa held its first meeting on October 5, 1947. The meeting took place at the home of Brother Dr. C. B. Sputh. After a long summer vacation, the brothers enjoyed visiting with each other and talking shop (P.E.), as is always the topic of conversation at such gatherings.

With the return of many Alumni from the service, meetings will be held every month. The meetings will be held on the third Monday of each month at the Athenaeum; the prospect of a large turnout is the reason for this change in meeting place.

Plans are being laid for a gala reunion at Home-coming in November, and for a big event at the Midwest Physical Education Meeting to be held here in Indianapolis, from April 5 to 10, at which time we hope to see many of our Brothers of Phi Epsilon Kappa.

The meeting was climaxed by the presentation of a Life Membership to Brother Geo. Lipps, by the Indianapolis Alumni Chapter. Brother Dr. Sputh made the presentation and congratulated our chapter on having as an active member one of the founders of this fraternity. Phi Epsilon Kappa Fraternity can well be proud of the fine work so many of its members have done to promote the ideals of this fraternity.

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If every pupil is to have the maximum physical activity of which he is capable, some adjustment must be planned for those who do not possess the maximum in health. The easiest course is to send such pupils to the study hall or give them small duties around the gymnasium, but this does not meet our major objectives wherein every pupil finds an opportunity for physical activity. We should establish a feeling of confidence among those physically handicapped, acquaint the student with the nature of his defect and assist him to compensate for it.

## SOME MORE "MIXERS"

In the May issue we printed some of the social recreation mixers which Norma Koster presented at last year's Home-Coming. A number of the Alumni have written that they were glad to get this material. So we print some more of them for which there was no space in the last issue.

## I've Been Working on the Railroad

FORMATION: Circle of partners—lady on right. Extra girls in center.

Sing: "I've Been Working on the Railroad"—walk eight steps

ACTION: "All the livelong day"—place left foot forward on heel, return, place right foot forward on heel, return, bend knees, straighten, shout Hi!

"I've been working on the railroad, just to pass the time away.

Can't you hear the whistle blowing, rise up early in the morn

Can't you hear the captain shouting, Dinah, blow your horn!"

Repeat action three times, omitting last "Hi!" for "whoo-whoo!"

Man steps in front of his lady to form a single circle. Extra ladies to circle each steps in front of a man. All place right hand on shoulder of person in front. Use left arm in circular motion to resemble wheel as chorus is sung:

"Dinah won't you blow-ch-ch

Dinah won't you blow-ch-ch

Dinah won't you blow your horn-whoo-whoo"

Repeat.

Man keeps lady in front of him for a partner.

Extra ladies to center—Begin action again.

\* \* \*

## Circle Mixer

FORMATION: Single circle of partners facing center.

Music: Foxtrot.

Action: Girls to the center with a ding ding

Gents to the center and form a ring

Once to the left around the ring  
Take a partner and then you swing.

\* \* \*

FORMATION: Circle of couples—social dancing position.

Music: Merry Widow Waltz.

Gentleman's part (lady opposite)

Step forward on left foot (3 counts), back on right (3 counts)

Repeat.

Step close left—sidew—rightw

Left swing right—step right swing left

Turn (side by side) step forward on left foot

Swing right foot forward and step right, step close left forward.

Face in opposite direction. Step forward on right foot.

Swing left foot forward, step left, swing right foot forward to rear and turn keeping weight on left foot.

Four waltz steps in circle. On the last man passes partner to man on his right.

Repeat all.

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FORMATION: Circle of couples—social dancing position.

Music: Narcissus.

Gentleman's part (lady opposite)

Three slides left sidew and hop. Repeat right.

Balance left and right sidew. Step swing left and right.

Six two-steps in a circle. Lady turns under partner's arm and moves up to gentleman on her right.

Repeat with new partners.

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Plain water is the best mouthwash according to the Council on Dental Therapeutics of the American Dental Association. Next best to plain water is a saline solution prepared by dissolving two teaspoonfuls of table salt in one quart of distilled water. Medicated mouthwashes should be used only when prescribed by a dentist or physician.

### SCHOOL HEALTH EDUCATION STUDY

A Public Health Federation committee composed of Mrs. Blanche Miller of the Staff of the Anti-Tuberculosis League and Merl Whorlow, Health Educator of the Cincinnati Department of Health, plus a number of other nominal members, charged with the responsibility for developing, planning and carrying out a study of certain phases of the school health education program in the three school systems within Hamilton County, has produced a preliminary report. The purposes as originally conceived were as follows:

1. To consider available printed materials used in each school system.
2. To study teaching procedures in current use and the extent to which present planned program is being put into operation.
3. To determine the interests of the teacher in the subject and the needs of the teacher in the total school health program.
4. To make necessary recommendations based upon the findings.

Following are the general summary and recommendations:

The review which has been made of textbooks and manuals serves to emphasize even more the fact that no matter how critical the plan of the review nor how adequate the materials may be in themselves, they form only one facet of the entire school health education program. More important even than the content of such materials is the way in which they are utilized by the teacher, as an individual and as an effective member of a functioning professional unit, in developing a total school health education program.

Materials will be used far more effectively by the teacher who has had a part in planning to meet the needs of the pupil in the specific school in which

she teaches. Supplementary materials will be more carefully selected and critically evaluated by the teacher who has been given sufficient opportunity to participate in joint planning.

The successful development and functioning of a broad health education program depends upon the interest, training and active participation of the teacher. Teachers, as well as pupils, require sound motivation. The teacher who is interested in the individual child and who is expected by the school administration to give attention to health needs, will seek to contribute to health education. If she is given the opportunity to function as a member of a team, she will find ways to strengthen her own professional competence and to solve the health problems of children. The importance of adequate and understanding supervision is obvious.

The scope of this report has necessarily been limited to a review of available materials. Certain underlying principles and general recommendations have been set forth.

It is recommended that those school systems which do not now have courses of study in health, plan as a first step to develop them, making the widest possible use of teacher committees. It is further recommended that those courses of study be based on current knowledge as to needs, interest and developmental characteristics of the child at the various grade levels.

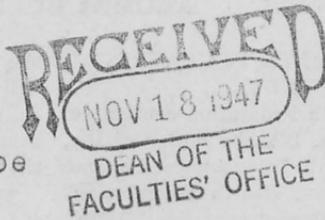
It is recommended that where sound courses of study have been developed, a study be made to determine the extent and ways in which they are being used. It is recommended that through adequate supervision there be constant exploration of the needs and interests of the teacher in improving skills, in securing more scientific information, and in utilizing consultant service within the schools.

(The Discobolus)

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#### THE 1947-48 CLASS

The Normal College is a busy place these days with 94 students enrolled in two classes, 20 more than last year. The sophomore class numbers 42, 16 women and 26 men, and the freshman class 52, 20 women and 32 men. 43 of the men are veterans.

The Normal College Scholarship Fund renewed three scholarships granted last year and awarded seven scholarships to freshmen. The American Turners renewed one full and one part scholarship and granted one full and one part scholarship to members. The Student Loan Fund of the Women's Auxiliary of the American Turners granted a loan of \$200.00 to a freshman girl.

In accordance with new rules of the State Board of Education, the curriculum has been changed slightly. The course in Chemistry was omitted and courses in Physical Education activities have been re-grouped, but are on the whole the same as before. All students are now required to take a six-hour course in American History. The faculty is about the same as last year except that Dr. W. J. Calvy is now teaching Anatomy in place of Dr. Chas. E. Kime who has moved to Richmond.

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Forty-nine and eight-tenths per cent — one-half — of all burglaries in the United States during 1945, and sixty-one and one-tenth per cent — nearly two-thirds — of all auto thefts were committed by boys and girls under twenty-one.

#### PUBLICITY ADVICE

The necessity of a good public-relations program which will interpret to parents and people generally what physical educators are endeavoring to accomplish was characterized as a pressing importance by Martha A. Gable, assistant supervisor of physical education, Philadelphia public schools.

Miss Gable spoke on "Let's Tell the World and Let's Make Sense" at Bennett High School this morning in connection with the 102d annual meeting of the Western Zone, State Teachers Association.

"We in physical education," she said, "are aiming to equip boys and girls with the security which comes with a sense of physical well being; with bodies that will do what their owners want them to do, when they want them to do it and in the manner which radiates confidence.

"We want our young people to know how to carry themselves well, with their shoulders squared to the world. This means all the things that you and I as physical educators include in a good activity program. It means co-ordination, skill, strength and a stamina, related to terms of everyday living

—Buffalo Evening News.

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Delta Psi Kappa, physical education sorority for women, announces a \$250.00 award to the woman doing an outstanding piece of research in the field of health and physical education during the year 1947-1948.