

# The IUPUI Sagamore

Monday Morning  
February 8, 1993

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The weekly newspaper of Indiana University-Purdue University at Indianapolis

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1 Section  
**Free**

## Work-A-Day opens eyes of students

Law students volunteer time at local homeless shelter for new project.

By Ann-Marie Whitfield  
Contributing to The Sagamore

While most law students were buried in their books, IUPUI law student Greg Nester spent Saturday morning feeding the homeless.

In an effort to improve community relations, 75 law students volunteered at the Boys and Girls Clubs, the Wheeler Mission homeless shelter and the Concord Community Center.

To many law students, this first annual Work-A-Day project was a real eye-opener.

"I feel like I need to do more for the homeless," said Nester, a second-year law student who worked at the Wheeler Mission, a homeless shelter.

"You always see the stereotypical homeless people, but I saw one guy come through wearing a suit. These are just ordinary people down on their luck," he said.

Andrea Mays, a second-year law student, said it surprised her to see the homeless were just ordinary people.

"Seeing these people face to face kind of shakes you up," Mays said. "I saw an old man that could easily have been my grandfather or something."

As the men lined the basement walls of Wheeler Mission, none seemed to care that their servers were law students. They just wanted a hot meal.

"I think it's great to have these law students down here," said Wheeler Mission cook Ronald Coles. "We need more people to take an interest and help out."

With only an eighth grade education and having lived on the streets for 30 years, Coles said there is a solution to the homeless problem.

"Instead of the government using funds to hire more social workers, we need to take that money and get people off the streets," Coles said.

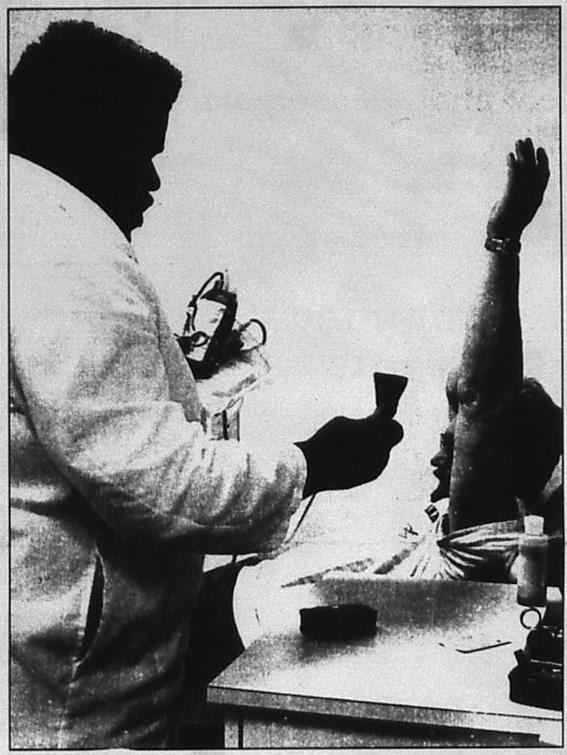
The students don't claim to have an answer to the homeless problem, but what they can offer is a helping hand, said Pam Jones, second-year law student who helped coordinate the Work-A-Day project.

"I think what the law students have learned is that we can help out the community," Jones said.

Despite his busy schedule, Nester said he plans on returning to Wheeler Mission to help out next year.

"It's easy to forget. But three hours on a Saturday morning isn't much. I'm going to make the time," he said.

## A gift from the heart



Joe Matthews, a technician at the new Central Indiana Regional Blood Center branch, instructs Sherman Richardson to elevate his arm to slow the bleeding after a blood donation.

## Regional Blood Center sets up shop on campus

By Amy May  
The Sagamore

IUPUI students who want to give a little of themselves during the Valentine's Day holiday can do so by simply walking across the street to University Hospital. On Jan. 4, the Central Indiana Regional Blood Center brought a branch to the IUPUI campus. It is located Room 1700 of the hospital.

The entire process of giving blood lasts about 20 minutes. It begins with an interview in which the donor is asked about lifestyle and health problems. The blood is then drawn, and afterward, the donor is given cookies and juice until the strength returns. A person can donate every 56 days.

It is recommended that the donor eat a full meal four hours before donating to help avoid dizziness and nausea.

Terrance Mahone, supervisor of the

new branch, said he is pleased with the response from the area hospitals and students.

The Blood Center is open Monday through Friday, 1 to 6 p.m. Anyone can come in and donate, said Dr. Connie Danielson, assistant director of the Transfusion Medicine Department at IU Hospital.

"It's very convenient for IU medical patients to have CIRBC here," she said.

## Admission rules ready for change

IUPUI prepares to amend rules to reflect standards approved by IU.

By Brian Moore and Darin Crone  
The Sagamore

High school students wanting to enroll at IUPUI may be forced to look at other options if the Faculty Council Academic Affairs Committee's proposed admission plan is approved by the full Council.

But according to Richard Fredlund, president of the Council, a vote will not take place until further discussion and research is done on the proposal.

"It was simply a piece of paper, we will continue to explore it."

Karen Gable, chairwoman of the Academic Affairs Committee, has different plans, though.

"Faculty members have had the opportunity to provide input into the proposal since it began at the faculty forums last September," said Gable.

In the proposed plan outlined by Gable, the current IUPUI admission standard would more closely match that approved by the IU Board of Trustees during the fall semester of 1987.

The proposed plan has two parts.

The first component is the proposed processing flow for direct admission of students into the Undergraduate Education Center (UEC). In order to be directly admitted to the UEC according to the plan, students must be in the upper 50 percent of their high school graduating class. In addition, all the required high school academic units, such as foreign language and science requirements, must have been completed.

The second part of the proposal, which is still being researched by the committee, would require students to earn at least 750 points on the Scholastic Aptitude Test (SAT).

According to the system-wide procedure, admittance is approved if

Please see POLICY on Page 3

## No-smoking policy brings confrontation

Student ignores ban in Cavanaugh, faces action from administrator.

By Kim Coleman  
The Sagamore

The smoking issue caught fire in Cavanaugh Hall last week, prompting another debate between students and administrators resulting in a disturbance call to the IUPUI.

Jack Rhodes, director of orientation, made the call last Wednesday morning after a student refused to identify herself to Rhodes.

"Around 9:55, I came to the Commons for a cup of coffee and noticed a group of four students smoking. Politely, I asked them to put out their cigarettes and reminded them of the university's smoking policy. Then I asked for their names and social security numbers, although I really didn't know what I would do with them later. However, one student really became (verbally) abusive."

"She hunched back and forth with me. She was really good at putting me on the defensive. When I asked her

for her social security number, she asked me if I would give her mine. The questions really became inappropriate."

"I gave her a choice - either she work with me or I call the campus police."

Although smoking prompted the debate, Rhodes said smoking is really not the reason he phoned the police.

"I believe students should have a place to smoke. It's their right. But, this issue is about insubordination. As an administrator, students need to work with me and (identify) themselves."

Three of the four students confronted for smoking readily offered the information requested by Rhodes. Yet, one 22-year-old female student, a sophomore English major, said she didn't know she was required to give any information about herself. She told police that Rhodes did not identify himself, said Deputy Chief Larry Probst of the IUPUI.

This student agreed to an interview as long as her name was kept confidential.

"It happened the way (Rhodes) said.

Please see SMOKING on Page 3

## Students lobbying General Assembly to preserve Indiana's Civil War history

John Gulyas, Tom Ayer and David Frye want to protect about 300 Civil War flags stored in the basement of the Indiana War Memorial.

By Darin Crone  
The Sagamore

Three students have taken it upon themselves to preserve Indiana history.

John Gulyas, Tom Ayer and David Frye are lobbying the Indiana General Assembly to pay for approximately 300 Civil War flags currently stored in the basement of the Indiana War Memorial.

"These flags are very historical and significant to the state," said Gulyas, a third-year law student. "The whole Civil war is painted on these flags."

As each battle was won, the regiment would paint the name of it on the flag. In this manner, the flags trace the footsteps of the regiment.

The three students, who are also members of the Indiana Civil War Round Table, are trying to convince the Indiana General Assembly to appropriate \$150,000 for environmentally-sound cabinets to prevent any further

deterioration of the flags.

"The room they are stored in looks like your grandma's attic," said Gulyas.

Only four of the flags are displayed in the memorial. The rest are stacked in piles on shelves, draped over two-by-fours and stacked along the walls in the dust-filled, moist room.

The flags are worth between \$6,000 and \$7,500 each, according to Gulyas.

"Most of them dollars is a lot in monetary value," said Frye, a sophomore engineering major. "But they are priceless in a historical sense."

Two banners - one with the U.S. colors and one with the community colors - were given to the regiment when it was formed during the Civil War.

"Most of them were made by the wives or families of a person joining the regiment," said Ayer, a second-year law student.

Members of the regiment would take an oath to protect the flag with their lives.

Because the flag meant so much to the

regiment, each time the person holding it was shot, another member of the regiment would pick the flag up and display it during the battles. Because of this loyalty to the flag, about 10 flag-bearers were killed during each battle, said Ayer.

"You can see bullet holes in some of the flags," he said.

The flags have been stored in the same place for 30 or 40 years, said Charles Cosand, executive director of the Indiana War Memorial.

"The problem we have is money" said Cosand. "It is up to the General Assembly to pay the money and take care of the flags."

The money should not be the issue, however, said Frye, who is also involved with the 49th Indiana Re-enactors' Unit.

"We have the largest collection of Civil War flags in the country," said Frye. "Indiana is lagging behind. All four states around us have already taken efforts to preserve their flags."

"We basically want to get it in the budget right now, and then fuss with the General Assembly later on," he added.

Ayer said if lobbying efforts fail, they will attempt to raise the money on their own.



The Second Indiana Infantry flag used during the Spanish-American War is prominently displayed at the Indiana War Memorial. Four flags out of approximately 300 are on display. The rest of the flags are deteriorating in a basement room of the memorial.

Darin Crone/The Sagamore

PAID ADVERTISEMENT

# THE STUDENT ACTIVITIES PAGE

INFORMATION COMPILED BY JIM HUNT

## Author presents positive look at sex, passion and intimacy

Despite rising fears about AIDS and the negative turn personal relationships have taken over the years, a former English teacher turned author and talk show host presents a fiery lecture on personal relationships.

Drawing from her arsenal of discussion topics, Ellen Gootblatt presents "Sex, Passion and Intimacy," Feb. 17 at 6 p.m. in the University Place Conference Center Auditorium. The talk is part of a series of workshops offered by the Student Activities Programming Board to help break down barriers separating students and faculty.

Using a cultivated, common-sense approach to solving relationship problems, Gootblatt advises on relationships

— how to find them, keep them, and end them.

The former junior-high teacher cultivates a commonsense, light approach to the subject of relationships.

"I don't think there's anything more important in a person's life than his or her personal relationships," said Gootblatt.

"We deal with the relationship toward oneself, to lovers, friends, family and anyone else who touches an individual's life. I also like to ask questions most people just wonder about."

For more information call 274-3931 or 274-4239.

## Gospel fiesta features local choral ensemble

The IUUPI African-American Choral Ensemble joins other musical groups in the Madame C.J. Walker Theatre Feb. 13 at 7 p.m., to support the 8th annual Gospel Music Fiesta.

Among the other groups are: national gospel recording artist Keith Dobbins and the Resurrection Mass Choir from Columbus Ohio, Eastern Star Missionary Baptist Church—Sounds of Praise group, the DePauw University Gospel

Choir, Indiana State Mass Choir.

The theme for 1993 is "When Nothing Else Could Help ... Love Lifted Me!"

Event organizers said past events are well attended, usually selling out the theatre. They strongly urge purchasing tickets in advance.

Tickets cost \$5 when purchased in advance. Call 274-4239 for reservations or more information.



Deborah Asante joins performers, dancers and actors in presenting "A Celebration of the African-American Experience" Feb. 21 at 4 p.m. in the IU School of Nursing Auditorium. Tickets for adults (18 and over) cost \$4, children tickets cost \$1. Purchase tickets at the School of Nursing 147. Call 274-1548 for more information. This event is presented by the Minority Nursing Student Organization.

### Diversity workshops

A series of workshops designed to break down barriers separating students and faculty continues under the title of diversity workshops They are:

■ The SAPB presents, "Sex, Passion and Intimacy," Feb. 17 at 6 p.m. in the University Place Conference Center Auditorium.

■ The University of Indianapolis will join the SAPB in presenting "An Anthropological Perspective on Cultural Diversity: A Cultural Scale Approach," Feb. 24, at 8 p.m. in Lecture Hall 100. John H. Bodley, chair of anthropology at Washington State University, will speak.

■ Four groups combine in presenting "Gender, Race, and Representation" March 4, at 8 p.m. in Lecture Hall 100. The SAPB, History, Political Science Association and the Women's Studies Student Caucus present Pippa Norris, senior lecturer in politics, Edinburgh University, Scotland.

■ Patrick G. Gill and Craig R. Dean, Equal Marriage Rights Fund, Washington D.C., will present "Gay Marriage: A Civil Right," March 31 at 8 p.m. in Lecture Hall 100.

## Upcoming Events

Call 274-3931, 274-4239 or Phyllis McQueen, School of Liberal Arts Council president at 841-0239 for more information.

### Geography Club series

The Geography Club presents the 1993 Spring Geography Colloquium Series. The first presentation, "Terra Incognita: A Human Dimension of Global Environmental Change," will be held Feb. 23 at 4 p.m. in Business/SPEA 2003. B.L. Turner II, director, George Perkins Marsh Institute at the Graduate School of Geography, Clark University will speak. Call 274-8877 for more information.

### Income tax help available

The Accounting Club presents the Volunteer Income Tax Assistance Program Feb. 19, from 9 a.m. to 6 p.m. in Business/SPEA 3013. Anyone desiring help on their federal income taxes should stop by for this free service.

### Outstanding advisor awards

The School of Liberal Arts Student Council invites SLA students to nominate academic and club advisers for honors. Awards will be given for Outstanding Academic Adviser and Outstanding Club Adviser. Nomination forms are available at the student affairs office in Cavanaugh 401. Nomination deadline is March 12. Call 274-8877 for more information.

### Women and technology careers

The Association of Computing Machinery presents "Women and Careers in Technology," at noon, Feb. 15 in Science/Engineering 2100. Joe Teague, professor of computing and mathematics at Eastern Michigan University will present "Computing Careers for Women." Call 274-9705 for more information.

### Spring break alternative

The IUUPI Newman Center offers an alternative to students during spring break. Spend a week helping runaway kids at the Covenant House, Ft. Lauderdale, Fla. Information packets are available in the Student Activities Office Library 002. Call the Newman Center at 632-4378. There is a fee of \$40.

### Monday/8th

- The Spanish Club craft sale continues from 10 a.m. to 4 p.m. next to the graduate student lounge in the Nursing Building.
- The Accounting Club meets at noon in Business/SPEA 4093 to discuss the CPA exam. Call 545-2419 for more information.
- The National Society of Black Engineers hosts a study session at 4 p.m. in Business/SPEA 3023. Call 547-3379 for more information.

### Tuesday/9th

- The Organizational Communications Association sponsors a tour of a local public relations, marketing and graphic design firm at 9:30 a.m. Space is limited. Call 274-3215 or 783-7890 for more information.
- The Spanish Club hosts the final day of its craft sale from 10 a.m. to 4 p.m. in the Nursing Building next to the graduate student lounge.
- The Restaurant and Hotel Society Souper Snacks host a fund-raiser: 11 a.m. to 12:30 p.m. in Engineering/Technology 1201. The fare includes chicken or 15-bean soup, cornbread and choice of desert for \$2. Call 274-8772 for more information.
- The International House, Le Cercle Francaise and Student Historical Society present "Les Miserables" (1935) at 12:30 p.m. at the International Commons, Warthin Apts. The film, part of a series, is based on Victor Hugo's novel by the same name. This epic depicts France's post-Napoleonic era. Refreshments will be served.
- Campus Crusade for Christ meets for Bible study at 1 p.m. every Tuesday in Business/SPEA 3023. Call 238-0727 or 247-0323 for more information.
- Intersivity Christian Fellowship presents Bible study at 4 p.m. in Cavanaugh 219. Call 357-8164 for more information.
- Cue, the IUUPI Theatre Association, hosts a meeting for students

## Activities Calendar

interested in saving the theatre at 8:30 p.m. in the University Theatre, located in the Mary Cable building. Call 865-9915 for more information.

### Wednesday/10th

- The Undergraduate Education Center student council meets at 11 a.m. in Union 154. Lunch will be provided. Call 278-2225 for more information.
- Intersivity Christian Fellowship meets for Bible Study at noon in Education/Social Work 2108. Bring a sack lunch, your Bible and enjoy "Luke for Lunch." Call 634-6891 or 297-0407 for more information.
- Alpha Phi Alpha presents "Male/Female Roles and Relationships," at noon in Library 318. This is the first in a series of forums and panel discussions focusing on the unifying theme, "Rebuilding the African-American Family." Call 283-1145 for more information.
- The Computer Science Club meets at 3:30 p.m. in Science/Engineering Technology II 2228. New members are welcome. Call 274-9727 for more information.
- The Goldman Center for Jewish Learning and Congregation of the B'nai Torah presents a mini-course in Israeli history at 7 p.m. at the Congregation B'nai Torah, 6510 Hoover Road, Indianapolis. The class meets each Wednesday through March 10 and costs \$10. Discover the history of Israel, call Lawrence Newman at 257-3868 for more information.
- The Student Activities Programming Board and Office of Multi-cultural Student Affairs sponsors "Different But Equal: Mastering the Concept of Diversity," at 7 p.m. in the University Place Auditorium. Call 274-3931 or 274-4239 for more information.

• The Advocate, an organization for students with gay, lesbian and bi-sexual concerns, meets at 7 p.m. in a place to be announced later. All students, faculty and staff are welcome.

• IUUPI Libertarians meet at 7:30 p.m. in Mary Cable 204. This is an organizational meeting. New members are encouraged to attend. Call 856-4098 for more information.

• The German Club will host "Stammtisch," a German conversational hour, 3 p.m. at the Foodcourt, near Blondies. Call Michael Vernon at 897-2949 for information.

### Thursday/11th

- The Finance Club presents "An Overall Look at Opportunities in Finance — Today and Tomorrow," at 4 p.m. in Business/SPEA 4093. Joseph Hanley, School of Business will present the seminar and discuss various finance tracks offered at IUUPI. The meeting and lecture are open to all students. Call 238-9421 for more information.
- The Afro-American Studies, History Society and Department of Anthropology present "Public History and the African-American Museum Movement," as part of Black History Month activities at 7 p.m. in Lecture Hall 102.
- The Intersivity Christian Fellowship presents video night at 8 p.m. in Lecture Hall 104. The event is open to anyone. Call 357-8164 for more information.

### Friday/12th

- The House of Organizations meets at 9 a.m. in Business/SPEA 2002. Call 274-3907 for more information.
- The International House presents "India," during an International Coffee Hour at 4 p.m. in the International Commons Warthin Apts. Call 274-5024 for more information.

# Briefly Noted

Compiled by Darin Crowe

## Series begins with U.S. Rep. Hamilton

U.S. Rep. Lee Hamilton (D-Ind.) will be the first of five speakers in this year's Breakfast with Scholars series at IUPUI Columbus.

In its fourth year, the series is scheduled to begin Tuesday at 7:30 a.m. in Room 143 at the Columbus campus.

In addition to Hamilton's speech, "Around the World with Lee Hamilton," the speakers include:

- Frank Dobson, assistant professor of English, will give a speech titled "Where is the New Black Leadership?" on March 10;
- Fred Wolinsky, professor of Medicine, will give a speech titled "Is National Health Insurance Inevitable?" on April 1;

- David Smith, director of the Poynter Center for the Study of Ethics and American Institutions and professor of religious studies will give a speech titled "How Do We Really Know if We Are Doing the Right Thing?" on April 22; and
- Angela Barron McBride, dean of the School of Nursing, will give a speech titled "How Will the Influence of Women Change America in the Decade Ahead?" on May 6.

The cost for a season ticket is \$45 for the public and \$35 for senior citizens. Tickets for individual breakfasts are \$10 and \$7.

For more information or to reserve tickets, call IUPUI Columbus at (812)-372-8266.

extension 7226 or extension 7205.

## Writing contest deadline March 22

The Department of History announces its annual Thelander Award competition for the best paper on a historical topic written by an undergraduate at IUPUI. First place prize is \$250.

The deadline for submissions is March 22.

For more information, contact the department office in Cavanaugh Hall 504M.

## IUPUI theater closing its doors

The Theatre Division of the Department of Communications will close its doors within two years under a proposal by the administration.

All students, faculty and staff are invited to attend a meeting at the Mary Cable Building tomorrow at 8:30 p.m. A representative of the administration is reported to be attending this meeting to explain the decision.

## Financial Aid forms now available

The 1993-94 school year Federal Student Aid forms are now available in the Office of Financial Aid.

Students may stop by any time to obtain the applications. The application deadline is March 1.

# Policy

Continued from Page 1

students attain the mean of the SAT scores for high school graduating seniors, which is 866. The average mean of entering freshmen in last fall was 878 points.

"We're just wondering if the 750 SAT total is compatible with the trustees' score above the median," said Gable.

The students who are denied acceptance to the university by these standards would have a second option. They could apply to the university according to the proposed processing flow for students denied direct admission. In this plan, the student would have to send a deferral letter that explains that they can be considered for admission via the Undergraduate Education Center Preparatory Division based on placement testing.

"The proposal recommended would work better at identifying students who need help," said Gerald Bekko, IUPUI chancellor. "The goal is to help as many students as possible and to elevate the educational level of this campus."

However, raising the admission requirements would have an adverse effect on the university, said Fredland.

"If our enrollment drops, our financial base will drop," he said.

Because Indiana University's budget is partially based on enrollment figures, if enrollment experiences a decrease at this campus, the funding will also fall. This would dry up the financial resources on campus, said Fredland.

Alan Crist, director of the Admissions office, said these

preparatory students will be the only students affected, though.

"Admission requirements per se have not been proposed to be changed," said Crist. "Admission of students on the exception basis have been."

These exception students are the ones who have not met all the requirements for admission to the

**"If our enrollment drops, our financial base will drop."**

Richard Fredland  
Chairman of the Faculty Council

university.

"If students don't score high enough in reading and writing, they will be denied admission," Crist added.

However, Fredland still has his reservations about the value of changing the standards.

"There are also social implications to doing this," said Fredland. "To my understanding, the black population seems to think that they will be the ones who are effected most by the proposal."

"It is really a sensitive topic. The faculty on this campus are finally coming to grips with the problem."

Gable said she believes the policy is going to be more clear as to the admissions and policy standards.

"The Committee has listened to both sides of the issue on whether to raise or maintain the current rate," she said.

"We're very aware of the adult learners."

# Smoking

Continued from Page 1

I was smoking. He may have thought I was rude, but I feel if he couldn't enforce the smoking thing with a penalty, then he was going to get me because I didn't give him my name."

According to the Indiana University Code of Student Ethics, a student may be disciplined by the university for failing to identify oneself when requested to do so by an authorized university official.

Rhodes said, "I identified myself, showed her my card, and then later, showed her my staff identification card with my photo on it."

Rhodes plans to file a report outlining this single student's behavior. "Again, this is not a smoking issue, it's a conduct issue. As administrators, it is our responsibility to educate students on what is appropriate and what is not. He said he will take no actions where the other three students are concerned."

Brian Lehigh, a sophomore journalism major, was also present at the smoking table. He said, "We were smoking and having a good time. The guy was just trying to do his job. Actually, he was really nice and wanted to hear our side of the issue."

The English student agreed that this is not a smoking issue. "Primarily this whole thing is in violation of our rights as students. If we allow (the administration) to take this one right, then they will feel free to take another, then another, and so on."

"I think they're teaching us that democracy doesn't work on this campus and (these decisions) are all made by the power elite. We've tried to speak our minds with a petition of over a thousand names. It was ignored

by our student government.

"Just because a majority of student government members believe in a non-smoking policy, doesn't mean I've elected them to speak for me," the student said.

Attempts to contact the Undergraduate Student Assembly for comments before press time were unsuccessful.

"We're not even asking for a place to smoke that has a television or cafeteria or all these amenities. We just want a place indoors where we don't have to feel socially outcast. And, I'm really confused by the whole law/policy issue," she said.

The policy may be confusing, but the law is fairly clear. Prupt said Indiana state law includes public schools in the domain of enforceable bans on smoking. "It's a violation carrying the penalty of a fine determined by the Marion County fine schedule."

"This means a person can be summoned and if they're found guilty, then a fine is assessed."

Prupt said IUPUI isn't interested in policing the smoking issue and won't take action in this instance. "But, if people continue to smoke, we'll be forced to get more involved."

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Larry Barclay & Regina Turner  
*A Dialogue-Triologue: Male/Female, African-American/African-American, Human/Human*  
Tuesday, February 16, 1993  
3:30 p.m.-5:00 p.m., Cavanaugh Hall, Room 435

Susan Shepard  
Department of English  
*Language and Oppression*  
Wednesday, March 24, 1993  
4:00 p.m.-5:00 p.m., Business/SPEA Building, Room 408S  
Refreshments served after each program.

Tell your family and friends about

# IUPUI Campus Day

For Returning Adults

Saturday, February 20, 1993  
8:30 am - 11:30 am

The Office of Admissions will host a program designed to inform non-traditional aged students about the many exciting educational opportunities that are both convenient and accessible to them as a student at IUPUI.

We will discuss the application process, academic opportunities, financial aid planning and other information pertaining to future enrollment at Indiana University-Purdue University at Indianapolis.

To make a reservation please call:  
The IUPUI Admissions Office  
(317) 274-4240 or 274-5516



Reservations accepted until noon on Friday, February 19, 1993

ALL SERVICES CONFIDENTIAL ULTRA-SOUND EQUIPMENT

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# Vogue

6259 N. College Ave.  
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no cover (doors open 5:30)

Wed Feb 10 Q95 Welcomes  
Uncle Jon's Band  
10¢ Drafts (\$1 before 9)

Thur Feb 11 Nuvo Winter Gala w/  
The Glamorous Starlettes  
\$2 cover (doors open 7)

Fri Feb 12 The Oliver Syndrome  
w/ The Rain Chorus  
\$2 first 100 people  
w/ Zero Boys  
\$2 first 100 people

Sat Feb 13 IU vs. Purdue  
No Cover/\$1 Drafts

Sun Feb 14 WTPJ welcomes  
Al DiMeola w/ special guest  
\$15 Advance

# Patio

6308 N. Guilford

Mon Feb 8 Blues Jam  
w/ Gene Deer  
No Cover/\$1.25 Well Drinks  
\$1.75 Micro Beer

Tue Feb 9 Unplugged w/ Pat Webb  
Acoustic Folk Blues  
\$2 Cover/\$1.25 Well drinks  
\$1.75 Domestic

Wed Feb 10 Dance Clubbed  
No Cover/50¢ Drafts  
\$1.25 Schanapps Shots  
\$1.25 Well Drinks

Thur Feb 11 Rain Chorus w/  
Flood light  
\$2 Cover/\$1.75 Pitchers  
50¢ Draft

Fri Feb 12 The Freddy Jones Band  
\$1 Cover/\$1.50 Draft Cans

Sat Feb 13 Hopscotch Army w/  
Reaction information  
\$3 Cover/\$1.50 Draft Cans

The IUPUI Sagamore

1993 The Sagamore Indianapolis, Indiana

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Editors must be enrolled in at least three IUPUI credit hours each semester. Staff are paid through the paper's advertising revenue.

Readers may submit letters of any length and on any topic, although preference will be given to letters less than 300 words which are related to matters of interest to the IUPUI community.

Letters must include the writer's name, address and phone number, and must be dated and signed by the writer for verification purposes. Addresses and phone numbers will not be published and names can be withheld upon request.

Anonymous letters will not be printed. Letters may be edited for clarity and brevity. Those deemed potentially libelous, obscene, or defamatory in your state will be rejected.

Send letters, preferably typed and double spaced to:

The Sagamore  
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428 University Blvd., Rm. CA 0018  
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# One year later, officers stand trial again in Rodney King beating

BY Linda Deutsch  
From the Associated Press

The quest for 12 impartial jurors to hear the second Rodney King beating trial began in earnest last week as prosecutors and lawyers for four police officers reviewed questionnaire answers from 333 prospects.

A defense attorney predicted more prospects will have to be called before the officers can be tried in federal court on charges they deprived King of his civil rights.

Attorney Harland Braun suggested that many of the 333 people who filled out the jury questionnaires Wednesday would be dismissed for bias in their answers.

"What kind of person volunteers

## Jury selection began to hear the second Rodney King beating trial last week as 333 prospects.

for the Rodney King case?" he asked. "My fear is you will have people with a secret agenda and that could be on either side."

Sgt. Stacey Koon, Officers Laurence Powell and Theodore Briseno and former Officer Timothy Wind are charged in the beating of King after a freeway chase on March 3, 1991. Wind, a rookie who was still on probation, was fired after the beating. The others have been suspended.

The officers' federal trial opened a year after they went on trial on state assault charges in the mostly white suburb of Simi

Valley. Their acquittal on most charges last April triggered rioting that killed 54 people and caused \$1 billion property damage.

A federal grand jury subsequently indicted the officers. The officers are white and King is black, but U.S. District Judge John Davies ruled that prosecutors need not prove the beating was racially motivated.

A videotape of the beating, made by a neighborhood resident, is expected to endure as key evidence.

The daunting 53-page jury quiz required essay answers to most of its 148 questions. It asked whether prospects participated in the riots and

whether they could put aside fear of new riots to give the officers a fair trial. Questions about racial attitudes also were included.

Davies released a blank copy. One of the questions asked:

"What was your personal reaction to the verdicts in the state court trial? Did you feel that justice had been served or were you disappointed with the verdict?"

Trial was recessed until Feb. 10 to give lawyers time to read the answers. Jury selection could take about two weeks, with oral jury questioning beginning Feb. 16.

Outside court, Braun said the new trial didn't exemplify justice.

"This is a part of the mob rule. We wouldn't be here if there wasn't

the mob that burned the city and the mob of politicians that have forced this prosecution," he said.

"So we're just really concerned that we get 12 people who have the courage to stand up to the mob, whether they're politicians or looters or federal prosecutors who we regard as part of the mob line."

Davies ordered the prospects not to read, watch or listen to media accounts of the case or discuss it with each other or anyone else. Once an anonymous jury is chosen, Davies said, the jurors will be sequestered under guard at a hotel during the expected eight weeks of trial.

About 10 percent of the pool was black and 10 percent appeared to be other minorities. A quarter of the

panel appeared elderly. The trial is being held in downtown Los Angeles and jury prospects were drawn from several counties.

The defendants were introduced to the jury pool Wednesday in a session closed to the public. Only three pool reporters were allowed inside.

Davies promised the jury candidates that their answers would be kept secret. But one prospect was skeptical.

"Can I ask a question of the judge or whoever is in charge?" the man said, walking toward the judge.

"You are asking us to solemnly swear but you are not solemnly swearing that our questions will be confidential," the man snapped.

# Psychology Department broadcasting lectures on cable systems in Marion County

## Along with the broadcast lectures, students meet once a week with instructors in a 75-minute recitation period.

By Brian Moore  
The Sagamore

Imagine sitting in a La-Z-Boy with a bag of chips and a Pepsi at your side, armed with a notebook and pen, preparing to hear a lecture for a class.

For some students a class like this does exist. American Cablevision and Comcast Cablevision in Marion County are

broadcasting introductory psychology lectures this semester. Students who do not get cable or students who commute to class from surrounding counties will be able to watch the lectures in their assigned classrooms.

Robert Bringle, associate professor of psychology, said the change in format will shift the focus of classroom activities from the lecture format to other teaching strategies designed to enhance student learning.

Along with the broadcast lectures,

students meet once a week with instructors in a 75-minute recitation period, Bringle said.

In these recitation meetings, instructors will initiate more student to student and teacher to student interactions with study groups, work sessions or writing assignments that enhance interest in the material, he added.

To ensure the teacher to student relations are effective, recitation class sizes have been limited to 50 students or less.

"The only rule we have for these recitations is the instructor is not to behave on the old system," Bringle said.

In addition to the broadcast of lectures, tests

will be administered on computers. The Psychology Department has reserved space in computer clusters for testing.

"Students can make reservations to take the test, or it is available on a walk-in basis," he said. "There will be an attendant there to check the students in with their picture IDs."

The old system of students sitting in a classroom listening to lectures will no longer be used, he said.

"This is a permanent change. We want to refine it based on student feedback," he said.

Bringle said out of the 40 introductory psychology sections, 38 are using the new

system. The other two are still being conducted under the old format.

The switch to this new system required cooperation between many campus organizations including the Office of Integrated Technologies, Special Media Projects, Office of Faculty Development and the Undergraduate Education Center.

Essential personnel, funding, materials and guidance were provided by these organizations to get the program started.

Erwin Boschman, associate dean of the Office of Faculty Development, reviewed the proposal, and put forth funding for the project.

# Thefts, vandalism, robbery reported on campus

## Student loses \$37 worth of books from Cavanaugh Hall basement.

Criminal activity reported to the Indiana University Police Department for the week ending Jan. 25 includes textbook theft, robbery and fire-slashing.

On Jan. 22 a student reported sometime between 11:30 a.m. and 2:30 p.m., someone took two textbooks valued at \$37 from where they were left unsecured in the basement of Cavanaugh Hall.

An employee reported on Jan. 23 sometime between 12:10 a.m. and 9:10 a.m., someone entered an attendant's booth and took \$300 from the cash register in Lot 9, located at 811 N. Wilson.

A resident reported on Jan. 23, between 11:10 and 11:35 p.m., someone attempted to steal his vehicle from W. Green Ash Ct., in student housing. Investigation revealed the vehicle's steering column, dashboard and rearview mirror were damaged.

A hospital employee reported a vehicle tire had been slashed on Jan. 24, sometime between 7 a.m. and 4 p.m. The vehicle was parked near JY, Vermont St.

Another hospital employee reported \$23 missing from an unlocked cabinet sometime between 5 p.m., Jan. 22 and 7:30 a.m., Jan. 25.

An employee reported a damaged lock to an office door in the Medical Science Building. The damaged

occurred sometime between 3 p.m., Jan. 22 and 7:30 a.m., Jan. 25.

An employee reported sometime between 9 a.m. and 4 p.m., Jan. 25, someone entered his vehicle parked in Lot 56, on W. Vermont St., and removed a stereo valued at \$500.

A visitor reported damage had occurred to her locker located in Riley Hospital for Children. The locker and another one had been vandalized sometime between 11:10 and 11:20 p.m., Jan. 25.

A student reported three textbooks were stolen from Science, Technology and Engineering II Building on Jan. 26, sometime between 11:20 a.m. and 1:25 p.m. They were not secured.

Two visitors at the Natatorium reported \$56 missing from a locker they were sharing on Jan. 26, sometime between 7:20 and 8:45 p.m. The lock was still locked and had not been damaged.

A University Hospital employee reported her purse missing on Jan. 26, sometime between 10:55 p.m. and 11 p.m., when she left it unattended in an employee lounge. The purse was found at 1:58 a.m., Jan. 27, but the employee's drivers license was missing.

Another University Hospital employee reported a pager valued at \$283 was taken from her office sometime between 3 p.m., Jan. 21 and 6:30 p.m., Jan. 25.

# Campus celebrates Black History Month with events

From Sagamore Reports

Several events will take place on campus to celebrate Black History Month.

Today—The Fourth Annual Joseph Taylor Symposium, "Liberating Visions: The Public Mission of Black Churches," will last from 9:30 a.m. to 4 p.m. at the University Place Conference Center and Hotel. Keynote speaker for the symposium is theologian Robert Franklin, director of the Program for Black Church Studies in theandler School of Theology at Emory University in Atlanta. It is sponsored by the School of Liberal Arts and the POLIS Research Center.

Wed., Feb. 10—Angela Cain, reporter and anchorwoman for WRTV, will give a lecture titled "Images of African-Americans: Past, Present and Future." The event is scheduled from 6 to 9 p.m., in Business-SPEA 4088 and is sponsored by the Black Student Union.

Also on Wednesday, a workshop will take place at 7 p.m. at the Conference Center. The title for the event is "Different But Equal: Mastering the Concept of Diversity." Rodney S. Patterson, director of the Center for Cultural Pluralism at the University of Vermont, and recently appointed assistant mayor of Burlington, Vt., is the speaker. It is sponsored by the Student Activity

Programming Board and the Office of Multicultural Student Affairs.

Feb. 13—The Eighth Annual Gospel Fiesta, "When Nothing Else Could Help—Love Lifted Me!" will be at 7 p.m. at the Madame Walker Theater. Some music for the event will be performed by the IUPUI African-American Choral Ensemble.

Feb. 26—"A Taste of History: An African-American Perspective and Implications for Health and Health Care," featuring Louise Goggins, director of Nutritional Services at Regensrief Health Center, will be from 4 to 6 p.m. at Crispus Attacks Junior High School. The event is the third in a series of minority forums, sponsored by the School of Nursing.

# Students tell Trustees of problems

From Sagamore Reports

Ray Richardson and Eric Todd, members of the board of Trustees heard first-hand the problems confronting students on IU campuses last Tuesday.

As part of the monthly Trustee meetings, which took place last week at IUPUI, smoking and the rights of individuals dominated the Student Affairs Committee.

Representatives from other campuses discussed moves made to institute no-smoking policies within the IU system. Currently, only IU-Southeast and IU-East have banned smoking completely from all university buildings.

Chancellor Leon Rand, IU-Southeast (New Albany), said the decision was made there because of air recirculation problems. All buildings on that campus recirculate the air, so the decision to force smokers outside was unavoidable.

IU deals with the smoking issue at the local level. The university has no policy for regional campuses to adhere to, allowing each campus to determine its own policy concerning smoking.

Earlier in the meeting, TeNaj McFadden, secretary of the Undergraduate Student Assembly, addressed the problems she sees at IUPUI. One problem is that students have no formal grievance procedure to follow when an educational problem occurs with a member of the faculty, she said.

Todd responded, stating that a grievance procedure is outlined in the Code of Student Ethics, a pamphlet available to all IU students.

IU-East Chancellor Charles Nelms said, "I can think of several examples on our campus where I have worked (in the student's favor."

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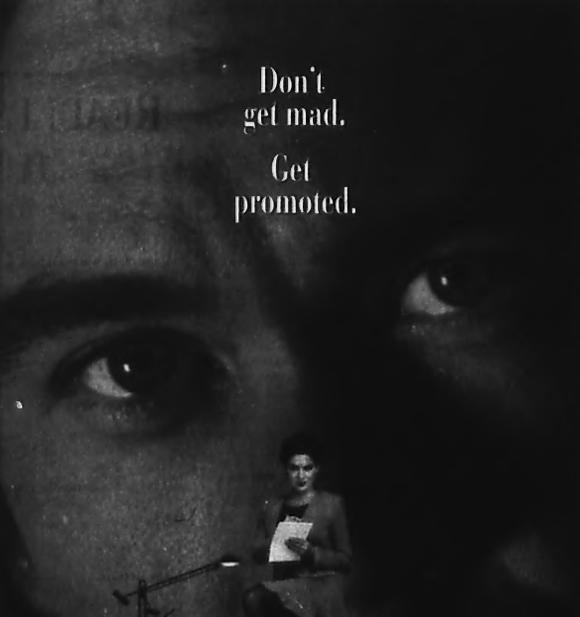
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WELFARE REFORM

The Governor's proposed changes ignore an entire area of service delivery, could mean problems for townships.

Recently, in his state of the state address, Governor Evan Bayh announced his plans to reduce the states mounting Medicaid and welfare budgets. There is little doubt that this must be done. Medicaid costs in particular are skyrocketing out of control and threaten the state's fiscal stability.

This is a mistake. Any cut in services at the state level will have a direct and possibly devastating effect on townships, particularly urban townships with large poor relief demands.

And as has been evident by the situation in Center Township in Marion County, those demands have created financial crises. If a township lacks sufficient resources to meet the demand for poor relief assistance there is no alternative other than borrowing the money. Court rulings have held that lack of funding does not diminish the townships legal responsibilities. On the other hand many city and county officials, in their commitment to resisting tax increases, fight township bond issues at nearly every turn.

In 1990, Indiana townships spent \$32 million in assistance. At that level some were in dire financial straits.

If even a small percentage of the governor's proposed cuts become law, that number can be expected to increase dramatically.

Why then, is poor relief not mentioned in these reform proposals? Just because you wish something would go away doesn't mean it will.

If the Governor wants legislation that will truly reform the state's welfare system he must first address it as it operates now, not as he would like to imagine it.

Ed Groves writing for The Sagamore

Among those items conspicuous in their absence from the speech was the role of poor relief in these changes to the social service network in Indiana.

For those who don't know, poor relief could be loosely described as locally funded and administered welfare. Township trustees receive a share of local property taxes to fulfill their legislative responsibility to the poor in their townships.

This system is old, very old, and Indiana is among only a handful of states that retain such a system. Many of the laws that pertain to poor relief were written before the turn of the century.

There are many in public assistance circles, on both sides of the desk, who would like nothing more than to see the poor relief system dismantled and the responsibilities - and the money - go to the State Department of Families and Children.

Maybe that is why the governor made no mention of poor relief in his address and why the accompanying information distributed to the media likewise ignores the issue.

Chancellor Bepko wants you It seems that the Student Center is again taking a prominent position in campus affairs. Students are asked for their suggestions. Don't disappoint the chancellor.

Here's your chance, folks. Chancellor Gerald Bepko has requested your input regarding the development of a student center. Do not let this opportunity pass you by. You may not get another. Don't wait for the survey phone call you will be getting. Write the chancellor with your opinion on how the present library could best be utilized as a student center.



This is your personal invitation from the chancellor. It would be terribly rude not to RSVP. Send your comments to: Gerald L. Bepko, IUPUI Chancellor 355 N. Lansing Rm 104B Indianapolis, IN 46202

Here is the Chancellor's letter: Dear Students: We need your help! Within the next few weeks some of you will be contacted by telephone as part of an IUPUI Public Opinion Laboratory survey. The call will seek opinions on how to build a sense of community and campus involvement among students, as well as ask advice on the use of some student activity space in the new Student Center. As you probably know, the current library building will be vacated later this year. It will then be renovated to become a Student Center. We hope you will respond to this call so that we can get a good sampling of opinions from students on how to allocate space in the new student activity area.

ED GROVES

Do you want office space, meeting rooms, secured areas for storage? What do you want? Maybe you don't have a specific request. If not, then simply write to show your appreciation for this gesture and to state your agreement that a sense of community and campus involvement are important goals that need to be realized.

Even if you don't represent some organization or another. Just let him know that you think this is important. Now is the time to write that letter - don't put it off.

Students here are famous for their apathy, here is a chance to correct that situation. Write to Chancellor Bepko and let him know that we, the students, want to be considered. Our needs are important because, without us, there would be no IUPUI.

It might be argued that a lack of response reflects that there is no need for a more visible and accessible center for campus activities. But I doubt many people would make that argument so, let's not take any chances. Speak up.

We will prepare other announcements to keep you informed of the progress of this important initiative. Meanwhile, thanks for your cooperation and best wishes for the new year.

Ed Groves is a senior majoring in journalism



Reader responds to column, agrees ending military ban on gays should move slowly, disagrees with description of homosexuality as a choice.

I am writing in response to Trent McNeeloy's column on President Clinton and gays in the military. I agree with McNeeloy that Clinton's meeting with Gen. Colin Powell and the Joint Chiefs of Staff was cursory at best. Clinton has found out the hard way this matter is something that cannot be rushed. He needs to listen to Powell and the others and get their input. It will require the six months or even longer to find a suitable solution for all involved. The decision, however, will ultimately be Clinton's.

My father was in the Air Force for 20 years. He served in Vietnam and was awarded the Bronze Star. He is not opposed to gays in the military. My brother served in the Air Force for 14 years. He is not opposed to gays in the military. Both know they have probably served with closet gays during their 34 years of service to this country. Both my father and brother believe Clinton is right in his decision to lift the ban. But both also believe Clinton needs to take it slowly.

I also strongly disagree with McNeeloy's flippant statement that, "Homosexuality is a clear choice of personal preference" or that homosexuals are "a group of people who choose to participate in a certain lifestyle."

I struggled with it over the years and just now am happy and healthy enough to admit that I am gay. I did

not "choose" this. Why would anyone "choose" to be gay? When homosexuals have to struggle everyday against ridicule and the fear that others will brand them as "going against God", why would anyone "choose" to walk this path?

Gays are of every faith and every walk of life. They are artists and writers. They are teachers, doctors and lawyers. And, yes, gays are soldiers who feel they are serving their country honorably.

It is up to President Bill Clinton to get the military establishment and Congress to see these gay soldiers in the same honorable light. I hope that in the months ahead, he can.

Christina K. Poynter Senior/Journalism

Childcare not IUPUI's responsibility.

Well, well, it is sure good to hear the whinies are still here. I get a kick out of hearing that child care is not readily available at IUPUI. So tell me, would it be OK if the Chancellor picks up our little munchkins and walks us to class if it is cold outside?

Get a grip folks! It is not the responsibility of IUPUI to manage your life. Instead of dropping little junior off at a designated child playpen for a period or two, why don't you take a little time and check out your options.

Somewhere, in close proximity, is your little niche in child care. Do I hear the echo of asking for a reduced cost if you drop off your child at IUPUI's little kiddie campus?

Child rearing and school is a bear of a task, believe me. I have two children, ages 17 and 7, and a job, and I have hopes of beating little Andrew, age 7, to the IU Alumni Association.

But you've got to have your priorities folks, and I think that kids should come first.

I can't believe I agree with the administration for once.

Thomas Walsh Senior/Education

Theater student protests termination of IUPUI Theatre.

Theatre students have been informed that the School of Liberal Arts has decided to terminate the Theatre Department. We are formally protesting this decision.

The IUPUI Theatre Department has clearly made an impact on the academic, practical and cultural experiences of students as well as the Indianapolis community and residents all over Indiana. Over the past 25 years, the solid academic education that IUPUI theatre majors have received, under the tutelage of Drs. Edgar and Dorothy Webb, has been enriched by a variety of practical experiences. The children's touring program provides valuable training for students as well as presenting theatre to children/tear off the state.

Premier productions of such playwrights as Auraland Harris, Virginia Koste, Wendy Kesselman and Joanna Kraus have been produced on our stage. Student playwrights, directors and designers have had the opportunities to present their work on the mainstage and in the studio theatre. The playwrighting symposium has gained national acclaim from the American

Alliance for Theatre and Education, and brought students and faculty in contact with professionals from all over the country. Both students and faculty invest in the youth of the area through the Saturday School program which offers drama and acting classes for young people. Part-time faculty, such as Larry Gard from the Children's Museum, Clara Marshall McClure from Edysen Repertory Theatre and Janet Allen from IRT, have brought not only their expertise to students, but cooperative liaisons with their respective institutions as well.

These programs and opportunities for theatre students were not created overnight, and we must question how a department with such outstanding accomplishments, and which makes a definite impact on the Indianapolis community, can be dismissed so easily. Some might look at theatre as a glamorous career choice, but most IUPUI theatre students are not looking for their big break on Broadway. Theatre provides a social and cultural education for participants and audiences alike. How mechanical our society will be if we graduate business professionals, engineers, doctors and lawyers, but not playwrights and performers who can stir our inner humanity.

Sandra Hartlieb Senior/Theater

Librarian questions legitimacy of research and education debate.

Everyone who values real education must take exception to the unfortunate wording of the headline of your Page 1 story on January 25: "Research vs. Education." Without research no one could ever receive an

education, or at least an education worth receiving.

You might recall that at one time we tried to have education without research. Nothing was taught that was not known to the "ancients." History, however, calls

this period the "Dark Ages" Is this what we, or the IU Trustees, really want to achieve?

James A. Baldwin Associate Librarian

YOUR VOICE

Answers compiled by Ed Groves Photos by Lori Weber

What do you think should be done to reduce Indiana's welfare and Medicaid budgets?



Nadine Davenport/Junior Social Work

"I don't know if it needs to be reduced or if these people need to be retrained and given the tools to get off welfare."



Carol Brestler/Project Assistant Welfare Training Project

"I think that we need more family oriented programs that teach skills. I believe people want to be independent, but it becomes discouraging."



Michael Hudson/Sophomore Psychology

"We need to work on programs that integrate state and local organizations. It seems like it's every man for himself now."



Crystal Troutman/Freshman Nursing

"I feel transportation is costly and should be cut. I also think they ought to cut back on increases based on the number of dependents in the household."

# Struggling Metros look ahead

■ Adversity defines men's basketball squad, however team nearing .500 mark.

By Luke Heidelberger  
Contributing to The Sagamore

The Metros have faced a great deal of adversity this season: losing their first five games, and losing three players to academic ineligibility and two players to injury.

One would think it impossible to lose anymore, at least Coach Bob Lovell hopes so. In their first home game for three weeks, the Metros are looking forward to playing Findlay University. "We have been struggling," Lovell said.

After an 0-5 start, the team rebounded to 6-6, but then proceeded to lose five of their next eight games, bringing their record to 9-11. If the Metros can win their next two games, they will threaten to break the .500 mark for the first time this season with a win at Findlay on Feb. 13.

"It's possible, and I think we can be at .500," Lovell said.

The comforts of home won't be the only ammunition the Metros need to defeat Findlay. "They (Findlay) have got a great team in the sense that they have great quickness, and athleticism on the perimeter, and their front line guys are big, strong, and very versatile," Lovell said.

When the Metros take the floor on Saturday afternoon it will be with a familiar lineup. Lovell said they are "a hard nosed, tough group of kids who take a lot of pride in what they're doing right now."



Rob Weber/The Sagamore

Metros Rhett Dallas attempts to avoid a foul in a recent game with the Indiana Institute of Technology Warriors. IUPUI won 219-83.

Asunja Robertson, Rhett Dallas, Mike Boles will make up the starting line-up, along with one of the most formidable weapons in Lovell's arsenal: sophomore point guard Chad Pate.

Pate is the only player to start all 20 games this season, ranking fifth in the NAIA for three point field goal percentage, and averaging 23 points per game.

"He (Pate) is a hard working, intense kid who just loves to play basketball," Lovell said.

Lovell admits not looking past the next game, he has a good feeling for the Findlay squad.

"They beat us by 14 points a year ago, and I was very impressed with their team," he said. "They are probably as good of a team as we'll play all year."

# Freshman sensation brings winning history to men's squad

■ Jared Lux left Waldron High School for college and brought the Metros a fresh face for the basketball season.

By Rex Boney  
The Sagamore

Making the transition from high school to college is a giant step for any student, but it may be an even more difficult challenge for student athletes.

For freshman basketball player Jared Lux the jump to college has matched his expectations both athletically and academically.

"I knew college was going to be tough, but it has been both easy at times and exhausting at others," Lux said.

Academically, Lux has a 2.4 GPA after his first semester at IUPUI. A secondary education major, Lux said his classes require an enormous amount of reading, and sometimes it is hard to find the time to keep up with all the reading assignments.

However, the athletic transition has been much easier for Lux to grasp. "I fit into the up-tempo style of play here at IUPUI very well and I feel extremely comfortable with it," Lux said.

The style of offense and the chance at getting to play everyday were the two main attractions that lured Lux to IUPUI rather than attending a larger, NCAA Div. I school.

He is averaging nine points per game and fires at a 59 percent clip from the field. Lux has established a 76 percent average from the charity stripe and averages 2.2 assists per game.

Lux has played in the team in just five games, but has played an integral part in the Metros success thus far, helping them recover from an 0-5 start to a 9-11 record.

Lux noted the tremendous talent on the college level compared to high school where there might be one or

two good players on a team. In college there are five players just as strong and quick going against you.

However, there are not many around more athletic than Lux, who sports a 36-inch vertical leap.

"Jared is a great athlete with great athletic ability," Greg Taylor, sports information director, said. "I'm where I want to be, I just want to keep improving and winning," Lux said.

He added that his parents have helped him enormously, and that they are always there for him whenever he needs them.

"My parents have always backed me 100 percent and they are the single biggest influence in my life," Lux said.

Lux attended Waldron High School in Shelby County where he left as the all-time scoring leader, among numerous other accolades.

His high school head coach was Steve Cox, but Lux's father has coached him from the time he was young until the end of his high school career, where the elder Lux served as an assistant coach.

Another of Lux's coaches had good words to say about this versatile athlete.

"Jared has a great knowledge for the game and he has exceeded our expectations as a player," Bob Lovell, the Metro's head coach, said.

Lux said he likes the school and everyone he is around, both on and off of the basketball court.

"The coaches are really great. They are always so unpredictable and you never know just what to expect out of them from day to day," Lux concluded.

Jared Lux



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"When I heard UPS had part-time jobs for students, I figured a job is a job, right? WRONG! I could make about \$10,000 per year for working about four hours per day in Operations. And before I could blink, they threw in great benefits like:  
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I was speechless! But then they went on talking about my promotion opportunities. They even said I could pick my own hours: mornings or evenings - whichever I wanted. Plenty of time to study, and I can have my weekends free. That nailed it!  
It's not like UPS is doing more for me, it's like they can't do enough for me.  
That's my kind of company!"



"My part-time job is a lot more than just work."  
Schedule an interview for on-campus recruiting Friday, February 12th, from 9 a.m. to 11 a.m.  
Students must register with Career and Employment Services BUS/SPEA Room 2010

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Equal Opportunity Employment M/F

# Perspectives

## Positive vibrations for Positive K

■ Debut album for young rap artist proves to be a hip-hop treat.

By Frankie Kudjoe  
Contributing to The Sagamore

The album, "The Skills Dat Pay Da Bills," is full of metaphors, colorful tales and entertainment. Positive K's debut album is full of explicit lyrics, especially on tracks like "Carhoppers."

"Got A Man" is a skillful master mix of today's musical programming. It features an unknown female and is excellently rapped by Positive himself. This one song on the album makes it worth having.

After a decade of dreaming and working with great energy and persistence, Positive K is within reach of his goals.

His Island/Polygram debut album, "The Skills Dat Pay Da Bills," produced a hit single "I Got A Man." The tune is currently No. 1 on "Billboard's" rap chart and is steadily climbing the R'n'B chart as well.

Twenty-four-year-old Darryl Gibson, born in Da Bronx, was inspired by many rap artists, including Mele Mel, Grandmaster Flash and Afrika Bambaata. With a loan from his mother, Positive started his Harlem-based business, Creative Control. He teamed up with Big Daddy Kane



Photo courtesy of Island Records

Positive K, above, blends rap and hip-hop grooves with some explicit lyrics to "Pay Da Bills."

to record and produce "Nightshift," which came out on his own Creative Control label and sold over 20,000 copies. Positive then signed with Island Records and sold 40,000 more copies.

From his advance and earnings, Positive invested in a studio-office.

his jagged-smooth soundscapes to support various rhyme styles that he boasts, "even moves a mannequin."

"Carhoppers" is about girls who turn on for sleek rides with a great sound system ("Just blow your horn and she'll run like Lassie"), while "A Flower Grows in Brooklyn" tells of a woman who is not interested in money at all.

"How the F— Would You Know?" is all about him (Positive) - "acrobatic, charismatic, Asiatic/No-not a crack addict/See, when I vote, I

### Album Review

Title: The Skills Dat Pay Da Bills  
Artist: Positive K  
Label: Island Records  
Release date: Out now

Rating: ★★★★★: excellent

vote Democratic."  
Then it's on to a stuck-up cutie ("I Got A Man"), where he is whispering sweet things into her ears: "I'm Big Daddy Longstroke/Your Man's Pee Wee Herman... Your man's a headache/I'll be your aspirin."

So Positive is just using the skills God gave him to pay the bills, and he's holding nothing back.

He said, "I just want people to hear me and say 'That man gave his all!'" We can look forward to more funky hip-hop brass sounds (like "I Got A Man") and future tour dates from Positive K.



Photo courtesy of Bed and Boards Dinner Theatre

Teddy Brewster (Skip Harris) is convinced he's President Teddy Roosevelt in the comedy "Arsenic and Old Lace."

## Arsenic and Old Lace

By Darren Jackson  
The Sagamore

Bed and Boards Dinner Theatre celebrates its 20th anniversary by opening the theater season with the classic comedy, "Arsenic and Old Lace."

The comedy is about Mortimer Brewster, a conservative theater critic, who discovers that his beloved and seemingly harmless old aunts have a ghastly secret.

Mortimer, who has just gotten engaged to his sweetheart, finds a dead body in his aunts' hideaway chest.

As it turns out, Aunt Abby (Ethyl Boob) and Aunt Martha

(Jacqueline Rohrbacker) have been slipping poison to unsuspecting elderly men who come looking for rooms in their boarding house.

New York-based actor Doug E. Holmes plays the disturbed, if not frantic, Mortimer with unbridled energy.

Adding to the delight is Skip Harris as the forgettable Teddy Brewster, who is convinced that he is President Teddy Roosevelt. The "canal" that Teddy is digging in the cellar is really a grave for the dead bodies.

Playing through Feb. 14, "Arsenic and Old Lace" goes down well with the meal and a glass of untainted wine.

For showtimes and ticket information call 872-9664.

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Please call this number for further details  
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Now that's different!

<p><b>2</b> Regular Roast Beef Sandwiches for only: <b>\$2.50</b></p> <p>with this coupon. Not Valid with any other offer. Expires 2-15-93</p> <p>IUPUI Food Court</p>	<p><b>50¢ Off</b> Any Arby's Sandwich (except the Junior)</p> <p>with this coupon. Not Valid with any other offer. Expires 2-15-93</p> <p>IUPUI Food Court</p>	<p><b>Arby's Beef n Cheddar \$1.99</b></p> <p>with this coupon. Not Valid with any other offer. Expires 2-15-93</p> <p>IUPUI Food Court</p>
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## FAFSA's are available at the Office of Scholarships and Financial Aid in Cavanaugh Hall, Room 103 or The Sagamore display stands.

# DID YOU?

There is **NO FEE** to apply for financial aid. File the Free Application for Federal Student Aid (FAFSA) by **March 1** to be considered for ALL Federal, State & University programs.

### Free Application for Federal Student Aid

1993-94 School Year

NOTICE

You can use the "Free Application for Federal Student Aid" to apply for federal and non-federal student financial aid programs. However, for some federal and non-federal aid programs you will have to fill out other forms. To find out more about what forms you should fill out, contact your financial aid advisor or office in State Scholarship Agency. You'll find more information about federal student aid programs on this page.

Be sure to read: Information on the Privacy Act and Use of Your Social Security Number - on page 12

WARNING: You must fill out this form accurately. The information which you supply can be checked by your college and State in the U.S. Department of Education.

You must provide U.S. income tax returns, the numbers of all social and other information, you can't get your information and it will get federal student aid based on the information you fill out to get a loan. You may also use this form to get information on other federal or non-federal aid programs. You may also use this form to get information on other federal or non-federal aid programs.

What is This Application For?

—Federal Student Financial Aid  
You can use this form to apply for the federal aid programs listed below. You must also complete the FAFSA if you are applying for any of the following aid programs:

- Federal Pell Grants
- Federal Supplemental Educational Opportunity Grants
- Federal Perkins Loans
- Federal Work-Study

Also:

- Be a U.S. citizen or permanent resident
- Be a high school senior or college student
- Be a resident of the state where you are applying for aid
- Be a high school senior or college student
- Be a high school senior or college student
- Be a high school senior or college student

In Addition:

- Federal Student and Family Services Loans must be repaid
- Graduate students are not eligible for some Federal Pell Grants and Federal SEOGs
- You must provide all information required by the State Scholarship Agency
- Federal Supplemental Educational Opportunity Grants are awarded on a competitive basis
- Federal Perkins Loans are awarded on a competitive basis
- Federal Work-Study is awarded on a competitive basis
- Be a U.S. citizen or permanent resident
- Be a high school senior or college student
- Be a resident of the state where you are applying for aid
- Be a high school senior or college student
- Be a high school senior or college student

DEADLINE for Federal Student Aid May 2, 1994

We will require your form by May 2, 1994. You will not receive any aid unless you have filed your form by this deadline. If you have not filed your form by this deadline, you will not be eligible for aid. You must file your form by this deadline date even if you are not sure if you are eligible for aid.

State and College Student Financial Aid

For more information on FAFSA to apply for State and College Aid, contact your State and College financial aid advisor. You may also use this form to get information on other federal or non-federal aid programs. You may also use this form to get information on other federal or non-federal aid programs.

# Arts & Entertainment Calendar FEBRUARY

<p><b>8th</b></p> <p><b>"Japan In Print"</b> Indianapolis Museum of Art through Feb. 13</p>	<p><b>9th</b></p> <p><b>Spike Lee speech</b> IU - Bloomington Auditorium 7:00 p.m.</p>	<p><b>11th</b></p>	<p><b>13th</b></p> <p><b>Gospel Music Fiesta</b> Madame C.J. Walker Theatre 7:00 p.m.</p>	<p><b>14th</b></p> <p><b>Valentine's Day</b></p>
<p><b>"Arsenic and Old Lace"</b> Beef and Boards through Feb. 14 Reservations: 872-9664</p>	<p><b>10th</b></p> <p><b>Diversity Workshop</b> Conference Center auditorium 7:00 p.m. Info: 274-4239</p>	<p><b>12th</b></p> <p><b>"The Imagery Invalld"</b> A Comedy by Mollère University of Indianapolis Theatre 8:00 p.m.</p>	<p><b>"The Imagery Invalld"</b> University of Indianapolis Theatre 8:00 p.m.</p>	<p><b>"The Imagery Invalld"</b> University of Indianapolis Theatre 3:00 p.m.</p>

## Historic Meridian Street remembered

■ Three professors look at historical and architectural value of the North Meridian Street area in new book.

By Jodi Fields  
Contributing to The Sagamore

The historic section of the "main street" of Indianapolis is the topic of a new book authored

by three IUPUI professors. David Bodenhamer, Lamont Hulse and Elizabeth Monroe are the authors of "The Main Stem—The History and Architecture of North Meridian Street," a 200-page book with more than 300 photos of the North Meridian Street Historic District.

The section of Meridian Street, stretching from 40th Street to Westfield Boulevard, has been listed in the National Register of Historic Places since 1986.

Research for the book, which took 18 months, was compiled from such sources as city maps, old newspapers and photo archives along with letters, diaries and

interviews of present and former residents and people who worked for residents throughout the years.

Although the half-block deep neighborhood has a planned look to it, most of the houses were built in the 1920s and '30s as the result of builders' speculations.

### Book Review

**Title:** The Main Stem - The History and Architecture of North Meridian Street

**Authors:** David Bodenhamer, Lamont Hulse, Elizabeth Monroe

**Rating:** \* \* \* \* \*: excellent

"Meridian Street is clearly the 'grand street' of Indianapolis," said co-author David Bodenhamer, director of the POLIS Center and professor of history.

"It is and always has been the most prestigious place to live in the city," he added.

Meridian Street has a reputation far outside the city limits.

Pulitzer Prize winning author Booth Tarkington, who lived on Meridian Street, often described the setting of the street and its residents in his books.

According to Lamont Hulse, co-author and senior associate in the POLIS Center, the people who lived on Meridian Street have been old families and up-and-coming members of society. Thirty to 40 percent of all Meridian Street residents were listed in the Blue Book, a listing of significant people in Indianapolis society.

People who have lived on Meridian Street include former Vice President Charles Fairbanks and former Democratic party chairman Frank McKinney, Sr. The Indiana Governor's mansion has also been located on Meridian Street since 1946.

Former President Harry Truman, a frequent guest in McKinney's home,

often enjoyed taking walks along Meridian Street.

During the 1960s and '70s, the area was in slow decline as commercialism began to establish in the southern end of the neighborhood.

Today, with the help of legislation establishing the Meridian Street Preservation Association, the neighborhood has been restored to its former glory.

"The Main Stem," using words and pictures, describes the importance of the street itself, the people who lived and worked in houses on the street and the architecture of the individual mansions.

"It is a well designed book," said Bodenhamer.

"We were pleased to be a part of it," he added.

The book, published by the Historic Landmarks Foundation of Indiana, is available at local bookstores.

Stop by or call our leasing office today. We're only ten minutes from IUPUI with easy access to I-465.

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<p><b>Starting at \$270</b></p> <ul style="list-style-type: none"> <li>☐ 20 Exciting Floor Plans</li> <li>☐ 1 &amp; 2 Bedrooms</li> <li>☐ Efficiencies</li> </ul>	<p><b>Starting at \$350</b></p> <p>THE COURTYARDS AT WESTLAKE</p> <ul style="list-style-type: none"> <li>☐ 1 &amp; 2 Bdrm. Apts.</li> <li>☐ 2 Bdrm. Townhomes</li> <li>☐ Heat/ A.C. PAID</li> </ul>
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**At University Place**  
**For The Romance Of It**

A special Valentine dinner for two in Chancellor's, a night's stay in a luxurious University Place guest room.

**\$105 for two**  
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Or simply come to Chancellor's for the special Valentine dinner featuring both a petite beef filet and lobster tail - a dinner made even more romantic with a split of champagne and the gift of a long-stemmed rose -

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Menu and special prices available Feb. 12 or 13

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<h2 style="text-align: center;">PARK LAFAYETTE</h2> <p><b>APARTMENTS</b></p> <p>1 Bedroom      \$ 303**</p> <p>2 Bedroom      ***\$ 329 - \$ 360**</p> <p>3 Bedroom      \$ 380***</p> <p><b>TOWNHOUSES</b></p> <p>2 Bedroom      \$ 255 - \$ 305*</p> <p>3 Bedroom      \$ 286 - \$ 341*</p> <p>4 Bedroom      \$ 320 - \$ 329*</p> <p><small>(Key: *with basements - **includes utilities - ***includes heat &amp; water)</small></p> <p>Just 10 minutes northwest of the IUPUI campus, Park Lafayette offers suburban living on 21 acres of well-maintained, landscaped lawns. Some utilities are furnished and coin-operated laundry facilities are centrally located on the complex.</p> <p>Tennis, basketball, softball, volleyball facilities and jogging paths are adjacent to Park Lafayette. Parking is plentiful. Convenient shopping is available: Lafayette Square is approximately two miles north of the complex.</p> <p style="text-align: center;">Call us at: (317) 635-7923</p>	<h2 style="text-align: center;">SHORELAND TOWERS</h2> <h1 style="font-size: 4em; margin: 0;">2</h1> <p style="font-size: 2em; margin: 0;">TWO</p> <p style="font-size: 1.5em; margin: 0;">Great Places for IUPUI Students to Live!</p> <p style="font-size: 1.2em; margin: 0;">Call now for Information</p>
<p><b>EFFICIENCIES</b></p> <p>All Utilities Furnished</p> <p>Combination Kitchens      \$ 236</p> <p>Full Kitchen      \$ 255</p> <p><b>1 BEDROOM APTS.</b></p> <p>Combination Kitchens      \$ 312</p> <p>Full Kitchens      \$ 341 - \$ 360</p> <p><b>2 BEDROOM APTS.</b>      \$ 395 - \$ 555</p> <p>Located on North Meridian Street, Shoreland Towers is an apartment building for IUPUI students. It is close to IUPUI's 38th Street campus and Herron with daily shuttle service to the main campus, giving students timely access to classes.</p> <p>At Shoreland, your security is our concern. We offer a locked building with security provided by IUPUI Police Department. Shopping and recreation are within walking distance. However, both city bus routes &amp; the intercampus shuttle are at Shoreland's door. We offer off-street parking and rental carports, plus an in-house laundromat, cable TV connections and storage facilities.</p> <p style="text-align: center;">Call us at: (317) 925-3420</p>	

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**Line Rates**

- \$1.30 per line of 8 pt. classified type
- 3 line minimum.
- 22 characters per line.
- Discounts given for multiple insertions of classified ad.
- Classified Ads must be paid in full prior to first publication.
- Make checks payable to *The Sagamore*.

**Payment**

- All classified ads must be paid in full in advance of the first insertion.
- Visa, MC, cash, check, and money orders

are accepted.

- Payment for classified ads is accepted by US mail, but must be received at *The Sagamore* business offices in advance of the first insertion. *The Sagamore* will not be held liable for the deletion of a classified ad if payment does not arrive in US mail prior to the first publication.
- Address payments to:

The Sagamore  
Attn: Classified Ad-  
425 University Blvd.  
Room C400  
Indianapolis, Ind. 46202

**Deadlines**

Classified ads must be received at *The Sagamore* business office, Cavanaugh Hall Room 001H, by noon Wednesday, prior to the Monday of publication.

**Office Hours**

Advertising office hours are Monday and Wednesday 9 a.m. to 4 p.m., Tuesday and Thursday 9 a.m. to 2:30 p.m., Friday 1 p.m. to 4 p.m.

**Terms and Conditions**

- No refund or credit is given for cancelled ads.

- If *The Sagamore* is in error, credit will be given for the total cost of the ad.
- Classified ads for nude models will be accepted only if the ad clearly states that nude models are required.
- Classified ads for term paper services are not accepted under any circumstances.
- Personal ads are not accepted.
- Rental advertisements that discriminate on the basis of race, sex, creed or color are not accepted.
- However, male or female preference can be stated in classified ads for roommates and for housing that has shared living facilities with other tenants.

- Ads containing profanity or distasteful language will be rejected or edited at the discretion of *The Sagamore* publisher. *The Sagamore* will not be held liable for failure to contact an advertiser if an advertiser's ad is edited or rejected.
- The acceptance of all advertising is subject to the final approval of the publisher of *The Sagamore*.

**Questions**

Questions regarding classified ads should be directed to Julie at *The Sagamore* business office:  
**(317) 274-3456.**

**Services      Services      Help Wanted      Help Wanted      Help Wanted      For Rent      For Sale      Roommates      Travel**

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**Math Tutor.** First year Calculus and below. Call Steve at 293-4882. LV MSG.

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**A Foreign Student needs an English tutor** to improve his English. Call 329-0144, after 6 p.m.

**Part-time Position in Downtown Area.** Flex. hrs. Telephone / Word Processing / Filing. Call Hoosier State Press. 637-3966, 1.5 p.m. to schedule interview.

**Be Your Own Boss.** Gain valuable business experience while earning money to pay for school and much more. Looking for enthusiastic, goal-oriented students. If interested, send your name, number, & goals, financial & otherwise to: P.O. Box 53131, Indianapolis, IN 46131.

**Friendly, Clean and dependable sales person** wanted for the Heideberg Haus Gift Shop and German Bakery, weekends and part-time. Flexible hours. Please apply at 7625 Pendleton Pike, Indianapolis. 547-1230.

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**READ The Sagamore.**

**Easy Work! Excellent Pay!** Assemble products at home. Call 1-800-467-5566, ext. 6839.

**Earn \$1000 weekly** by stuffing envelopes. Guaranteed! Send Self Addressed stamped envelope to: Fiscal Holdings, Box 44635, Washington, DC 20026.

**Need More Money?** Want to help others? As a BeautyControl Image Consultant you can do both! P/T-F/T Prof. training provided. Janet, 881-1189.

**For Rent**

**Two Newly Remodeled** 1800 sq. ft. townhomes located in historic old N side. Jbr. 2 1/2 bath. Gas, heat, CA. WD hook-up. 2 car gar. security sys. All new appl. \$850/900 + utilities. Call 352-0448.

**Large Efficiency Apt.** East side. \$175/mo. \$150 dep. 897-0748.

**Nice One Bedroom** (1/3 of a triple house). \$250 plus utility. Call Narjia at 274-7132 or 322-0191.

**Off Campus Student Housing.** Share kitchen. Private sleeping study room. \$100-\$150/mo. Call after 3 p.m. 925-0558.

**2 Bedroom Apts. Available.** Heat pd. \$300 per mo. Call Pleasant Run Apts. 788-0441.

**Roommate needed** ASAP, for 3-bdrm large home w/ many options. Minutes from school. Female preferred. Call 238-0081.

**For Sale**

**Studio/Condo.** 801 N. Penn., across from Marion Co. Library. Newly remodeled, secured off street pkg. Great location. \$24,900. Steve. ERA. 254-0795.

**'83 Dodge Aries, Exc.** Con. No rust. 28 MPG. 852-3373.

**For Sale Couch/Sofa** bed, in very good condition. \$125. Call Julie, 274-3456.

**Adoption**

**A Warm and Caring Couple** bursting with love, wishes to adopt a newborn. Eager to share their loving home and hearts. Legal & confidential. Maybe we can help each other. Please call Linda and Annie. 1-800-793-6374.

**Adoption:** A loving family from Southern Indiana would love to adopt. For more information please call Paula and Duncan at 1-800-326-1833. Please call anytime. Medical and legal expenses paid.

**Roommates**

**Male Non smoker.** Share house on west side. \$250/mo. No util. Call 299-5238. LV MSG. Avail. immed.

**Speedway resident** seeks responsible female to share large furnished home. \$275 + utilities. 241-2332.

**Male Non smoker.**

Share apartment on Northside. \$220/mo. No utilities. Call Steve at 293-4882. LV MSG.

**Male, Non smoking Grad.** Student looking for a roommate to share nice 2BR house. 10 min. from campus. \$150 + 1/2 utilities. 237-9604.

**Free Room & Board** in exchange for help in my home. Call 861-9032.

**Female Roommate** to share home of college student in Hendricks County. Possibility of rent in exchange for personal assistance. 481-5143 Deborah.

**Computer Terminal Rental:** \$50. Used XT Computer w/ hard drive. \$225. AT's from \$425. 849-6428.

**Florida Springbreak.** 7 nights beach front. \$139-149 quad. Reserve rooms now! Call Lee, 466-6039. Deadline soon.

**Misc.**

**Valentine Special For Your Sweetie!** Alpha Phi Omega is selling singing telegrams and balloon bouquets. Feb. 8, Feb. 11. Telegrams - bouquets delivered. Feb. 12 and 15 on campus. See booth in Bus/SPEA Concourse or any APO brother to purchase.

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**Get Results!** Call 274-3456 for information.

Sell your car or find that perfect job through the Classified Ad Section in *The Sagamore*!

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**PATIENTS. PATIENTS. PATIENTS.**

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**Focus**

# WAR on Stress



Stress management tips may assist students in coping with everyday problems.

By Kim Coleman  
The Sagamore

This is the dead of winter, but maybe you don't have the simple 'blahs.' Are you feeling a great deal of tension and stress? Do you often find yourself over-committed and can't remember that simple two letter word - NO? Maybe there are just excessive demands on your time because of the marriage, the divorce or the move. Then again, you could be procrastinating, having relationship problems, or feeling a little low about yourself and can't seem to shake it.

If you find yourself nodding yes, then read on, there may be some help right here on the IUPUI campus - and it doesn't cost a fortune.

**A MAGIC CURE?**

"There's no magic cure, however," said Dr. Don Wakefield, director of Counseling and Psychological Services (CAPS). Although CAPS offers workshops for stress management and other more common personal issues, sometimes therapy is necessary to reach the root of the stress problems.

"Each person is different and has a different set of problems," he said. "Stress is a common response to life's big changes." Changes in work situations, school schedules, death of a loved one, pregnancy and birth, moving, marriage, breakups and divorce are all big changes which can stress a person out.

**MANAGING THE STRESS**

Stress management teaches people how to identify the amount of stress, the source of the stress, and how to develop coping thoughts and behaviors like relaxation techniques, proper diet, and exercise, Wakefield said. "Stress management is about taking care of yourself, meeting your own needs, saying no when you need to, and enjoying your life as you live it."

"These workshops help people adjust to the unpredictable factors in life, such as the unpredictable workloads and expectations of school or the beginning of a new semester. Learning new coping skills can empower you to take charge of your life and enjoy it."

However, Wakefield said stress management techniques don't magically work for those people whose lives are out of hand. People who can't manage their basic personal lives, money and relationships have bigger problems than just a lack of stress management skills.

**ARE YOU AT RISK?**

In more severe instances of stress, counseling may be more appropriate, he warned. Some of the danger signals are:

- Frequent or prolonged unhappiness or boredom;
- Explosive anger or violent responses to minor provocations;
- Anxiety or tension lasting more than a few days;

- Insomnia or feeling unable to slow down and relax;
- Psychologically induced physical upsets in the digestive, cardiovascular and respiratory systems; and
- Increase consumption or dependence upon alcohol or drugs.

Wakefield said people must identify the source of their perceptions before they can cope with them. This can be difficult when things seem to be going wrong all at once. These perceptions are unique to each individual, he said, so general solutions may not be helpful.

"We individualize therapy. We have the client fill out a psychological assessment which helps us to understand these perceptions."

**WHAT YOU PAY**

Although individual counseling, group, or couples' therapy is free through CAPS, there is a \$10 fee for the initial assessment.

"Problems with relationships at work home or with family seem to be the number one reason people come to see us here," Wakefield said.

"In individualized therapy, we start with journalizing. We want the client to understand what he's doing, then we discuss why, set goals, and contract to change the (destructive) behaviors."

Sometimes issues appear to be stress related when they aren't. Wakefield said, "People often create their own stress because the anxiety has some payoff or some reward for them. The adrenaline flows. It motivates them and moves them along."

Procrastination is a good example of this. Innocently enough, it appears that procrastination and stress cycle with one another, but, Wakefield said, "It's really quite separate."

**GET A LIFE**

"Procrastination comes from avoiding something painful. It's a perfectionist's trait - dreading the beginning of a project because you know it won't be perfect or avoiding taking a risk at all because you might fail and don't want the (criticism) or blame."

"People who chronically procrastinate convince themselves they have plenty of time to get started. For example, an exam is scheduled for a week from Monday. They think there's still plenty of time to study. Then, they plan to do it over the weekend. Friday comes; they still have Saturday and Sunday so they go out to a movie with their friends. Saturday, they spend all day preparing to study. Then, Sunday night comes, and they find themselves anxious because they just started," he said.

This behavior is not characteristic of normal life stresses. Although procrastinators have difficulty managing stress, they also have difficulty managing their personal lives as well. Wakefield said this behavior is self-created for a reason, and each individual has their own reason for doing it this way. He cited 10 symptoms of procrastination from a book written by Dennis Waitley and Rene Witt, "The Joy of Working":

- Ignoring difficult work situations, hoping they'll change;
- Putting off routine tasks like answering letters or organizing your desk;

- Staying with a job long after the challenge is gone;

- Being afraid to take risks or make changes, such as relocating;

- Frequently getting sick or having a minor accident when life starts to get difficult;

- Delaying a task for so long, or doing it so poorly, and hoping someone else will step in to rescue them from the job;

- Avoiding confrontations even when there's a legitimate grievance;

- Avoiding participation in a task or event with the excuse, "It's boring," and

- Never putting into action those major goals in life.

**A MISERABLE EXISTENCE**

Wakefield said the quality of life is greatly diminished by procrastination.

"Procrastination is a miserable existence, and you make everybody else miserable and drive them away with these unrealistic expectations. I tell people who are chronic procrastinators to 'Get a life!' Get some help. Life just can't be enjoyable this way."

CAPS offers individual, group and couples therapy for a wide range of issues including domestic violence, drug and alcohol issues, men's issues, women's issues, survival of incest and much more. The service is free to students with a \$10 fee for the initial psychological assessment. CAPS is located on the fourth floor of the Union Building, Room 418. Three full-time, permanent staff members and approximately 10 graduate students, who have neared the end of their training, see more than 750 people in a year.

Average sessions last about 50 minutes. Generally, students will attend from 8 to 10 therapy sessions in a semester's time. CAPS also offers referral assistance for HIV positive persons, along with information on testing, contraction and behavioral risks of HIV. Five more workshops are offered this semester. For more information, or to make an appointment, call 274-2548.

**-Twelve tips to beat stress-**

- Start your day with breakfast.
- Avoid excessive caffeine, try fruit juice or water instead.
- Get organized, set priorities, write it all down to give your memory a break.
- Don't try to do everything perfect all the time.
- Take one thing at a time, instead of two or three things at once.
- Reduce noise level when possible.
- Limit phone calls when you're busy.
- Speak up. Be assertive, make requests, say no with respect to other's feelings.
- Take plenty of short study breaks.
- Optimize health with good habits.
- Develop a wide variety of fun things to do.
- Strike a balance between work, play, rest, time with friends, time with family, and time alone.

**CAPS Schedule of Spring Semester Workshops**

February 17	Time Management:	(Wednesday)	6:00-8:30 p.m..
February 24	Fear of Tests:	(Wednesday)	6:00-8:30 p.m.
March 27	Assertiveness Training:	(Saturday)	9:00 a.m.-Noon
April 7	Self-Esteem:	(Wednesday)	6:00-8:30 p.m.
April 21	Fear of Tests:	(Wednesday)	6:00-8:30 p.m.

**FEES: Students \$1/Non-Students \$5**  
**Please call 274-2548 to register.**

## WANTED

Undergraduate Education Center students that are interested in organizing their own student activities this semester. This is your chance to have a say in where your Student Activity Fee is going. Funding for your activities will be provided for by your Student Activity Fee money. Hurry, don't miss out on this great opportunity! We want to hear from you.

Contact the UEC Student Council at 278-2225.

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