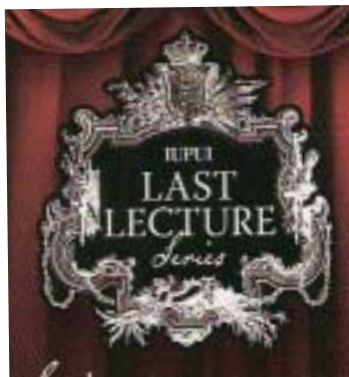


Senior Sentinel

Newsletter of the IUPUI Senior Academy

April 2010

Jan Shipps is Our Next Last Lecturer



The second Senior Academy Last Lecture program will feature **Jan Shipps**, emeritus professor of history and religious studies. For more than 40 years she has become the media darling to explain the Mormon Church to the world. She is quoted world-wide for her insights to this fast-growing religion. The church's official name is The Church of Jesus Christ of Latter-day Saints.

Her topic for the Last Lecture will be broader than her specialty: "A Half-Century of Pioneering along the Academic Frontier" This title introduces her pioneering as an academic female back when the academy was mainly populated with males; pioneering in a university (IUPUI) as it came into existence; in religious studies as this discipline came into existence in the 1960 and 70s; and being one of, if not "the original pioneer," that shifted academies' interest in Mormonism from history to "Mormon Studies"

The purpose of the Last Lecture is to share with the audience

the wisdom a person has gained through academic pursuits and life experiences—to distill a life of inquiry, reflection, and service into important guidance for successive generations.

This is the second year of what is planned to be an annual community-wide program to honor individuals

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The program will be at 1 pm on April 30 in the Lilly Auditorium of the University Library. A reception will follow. Parking will be provided in the North and the Natatorium Garages.

New Twist for Annual Meeting

An insight to what some of our colleagues are doing in retirement will be a feature of the annual meeting of the Senior Academy on Wednesday, May 26. It will also be in a new location: The Athenaeum on East Michigan St.

The meeting will begin at 2:30 pm and parking can be found along Michigan and New Jersey streets, plus limited parking in the Athenaeum parking lot. A report of the progress of Academy committees, a financial report will be given, and the new board members will be introduced along with the scholarship winners. (See details on Page 2)

Notice to Readers: A printed edition of the *Senior Sentinel* is sent to those without Internet service or who have slow connections. Some items are edited for printed page space. Complete stories are on the IUPUI Website and can be downloaded or read. www.iupui.edu/~sacademy/index.htm

NEEDED: Your Post-Retirement Adventures

Are you (or is someone you know) doing some interesting and exciting things in your retirement? Have you undertaken a physical challenge that most people our age won't (or can't) do? Have you visited a place that few people from Indiana have ever seen? Have you developed new skills or polished old ones to a higher, maybe even professional, level? Have you used your retirement freedom to help others in a special way? Is there another story you'd like to tell?



We're looking for two or three members or former colleagues who have good stories to tell about their activities in retirement. We'd like them to share their stories with us at our annual meeting "to inspire and challenge the rest of us," says Academy President **Harriet Wilkins**. If you'd like to volunteer or know someone whom we should invite, please contact hwilkins@iupui.edu. A committee from the Board will review suggestions and invite the panel participants.

Recession Lifting?

Academy Funds Gain

All funds held by the Senior Academy showed an increase during the year. Most critical are the three scholarship funds which provide \$2,000 each to three students each year.

According to Treasurer **Shirley Newhouse**, one scholarship fund has exceeded the \$40,000 benchmark set to allow it to be endowed. Two others are close to that goal. A goal of \$50,000 will allow a 4% gain to guarantee the endowed funds always will be adequate to supply the scholarships.

The scholarship program is named for **Arthur Mirsky** who has championed the Academy's support of students since its inception. He also has been a major donor.

Planning Ahead: Academic Calendar Up to 2020

If you like to plan ahead, way ahead, here's a spot that has the academic calendar up to 2020 - <http://registrar.iupui.edu/longterm.html>

The Last Lecture...

(From Page 1)

for their life's work and give them a chance to expound on their careers. Last year the honoree was **Robert M. Einterz** of the School of Medicine who was co-founder of the IU-Moi University School of Medicine in Kenya, a project to help eradicate AIDS-HIV from that country. In 2009, the Last Lecture coincided with the Chancellor's Honors Convocation and drew about 400 avid listeners.

The year's honoree, a practicing Methodist, is regarded as the leading "insider/outsider" of the Latter-day Saints faith, being the first woman and the first non-Mormon to be president of the Mormon Historical Society. She has written two books on the church, her first "Mormonism: The Story of a New Religious Tradition" which showed that the church was distinct in its beginnings and practices from most other Christian religions. Her second, "Sojourner in the Promised Land," is her account of 40 years in studying Mormon culture.

Shippo has resided in Bloomington as her husband, Tony, was a librarian at the IU-Bloomington campus. She commuted almost daily to her office and classrooms at IUPUI. She presented a program on the LDS Church at a Senior Academy program two years ago.



Get Healthy:
Use Your
Vowels

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New Indygo Service

As part of an effort to encourage more Indianapolis residents and visitors to use the local transit system, IndyGo has launched an online trip planner at www.IndyGo.net/tripplanner.

The new stop for IndyGo's Green Line/ Airport Express will serve four new downtown hotels, including the Fairfield Inn & Suites (open February 3), Courtyard (open February 18) and Spring Hill (open February 18) as well as the J.W. Marriott (opening February 2011).

Due to summer construction, IndyGo bus routes may experience delays due to road conditions. Call the IndyGo Customer Service Center at 635-3344 (open weekdays 7 am - 7 pm) for details on bus locations. IndyGo will post service updates, including detours and delays, on Twitter (@IndyGo Bus).

The June 2008 issue of the Hope Health Letter reminds us to use our vowels to remind us how to stay healthier.

*"A = always wear your seat belt;
E = every day, make it a point to get at least 30 minutes of brisk physical activity;
I = include 2 cups of fruit, 2 1/2 cups of vegetables and 3 servings of whole grains in your daily diet;
O = once a year, talk to your doctor about preventive screenings for cancer, heart disease, diabetes, etc.;
U = use no tobacco - smoke or smokeless;
Y = your family, friends and pets are an important supportive network, so take time with them. Also, protect yourself from excessive sun exposure."*

Classifieds for IUPUI On IU's OneStart Web

Cleaned out your closets and want to get rid of all that "stuff" or looking to buy an item, score a free item, find your lost mitten or pair up with someone looking for a language tutor (and much more)? Consider the IU OneStart Classifieds.

Just go to OneStart, at <https://onestart.iu.edu/my2-prd/portal/0> log in, click on "Classifieds" in menu on left (it defaults to IUPUI campus, but there is the option to switch to other campuses) and pick the category of interest (antiques, electronics, lost and found, tickets and more). If, rather than searching by category, you want to see only the most recent additions, click on "Activity Partners" in menu on left, then click on "View All Ads."

Board Members 2009-2010

Harriet Wilkins, President	hwilkins@iupui.edu	Engineering/Tech.	298-9315
Giles Hoyt, Vice President	ghoyt@iupui.edu	Liberal Arts	253-9509
Mary Grove, Secretary	mgrove2@iupui.edu	Administration	291-8759
Shirley Newhouse, Treasurer	snewhous@iupui.edu	Medicine	251-6754
Margaret Applegate	mappleaga@iupui.edu	Nursing	821-9442
Theodore Cutshall	cutshalltw@yahoo.com	Science	875-0612
Noel Duerden	nduerde@iupui.edu	Administration	293-7596
Mark Grove	mgrove@iupui.edu	Administration	291-8759
Joseph Hingtgen	hingtge@iupui.edu	Medicine	257-0298
Golam Mannan	gmannan@iupui.edu	Education	228-0324
Richard Patterson	rpatterson@math.iupui.edu	Science	545-7034
Leon Rand	lrاند@iupui.edu	Administration	843-9524
Sheldon Siegel	ssiegel@iupui.edu	Social Work	577-0437

Senior Academy, AO 139, 255 N. Lansing St., Indianapolis 46202, 278-2444

Dottie Swinney, 244-8018, Newsletter Editor, Noel Duerden, Website Editor, Judy Silence

Committees and Chairs

Bepko Medallion	Mark Grove	mgrove@iupui.edu
Communication	Walter P. Linne	wlinne@iupui.edu
Membership	Harriet Wilkins	hwilkins@iupui.edu
Program	Carlyn Johnson	cjohnson@iupui.edu
Scholarship	Art Mirsky	amirsky@iupui.edu
Social	Jean Gnat	jgnat@iupui.edu

In 15 Years...

Senior Academy Serves Many Interests

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In its 15 years, the all-volunteer Senior Academy has an impressive list of programs and services to members and guests, students, and established three \$2,000 scholarships. The funds are for a returning student, an academic excellence student, and an outstanding freshman student from IPS system. Each of the funds are nearing the \$40,000 level at which they are projected to be self-sustaining and endowed.

The Academy collected \$25,000 in two years to sponsor a room in the Campus Center. And members have mentored students, assisted in registration of foreign students, and for years has been the leading per capita contributor to the Campus United Way campaign.

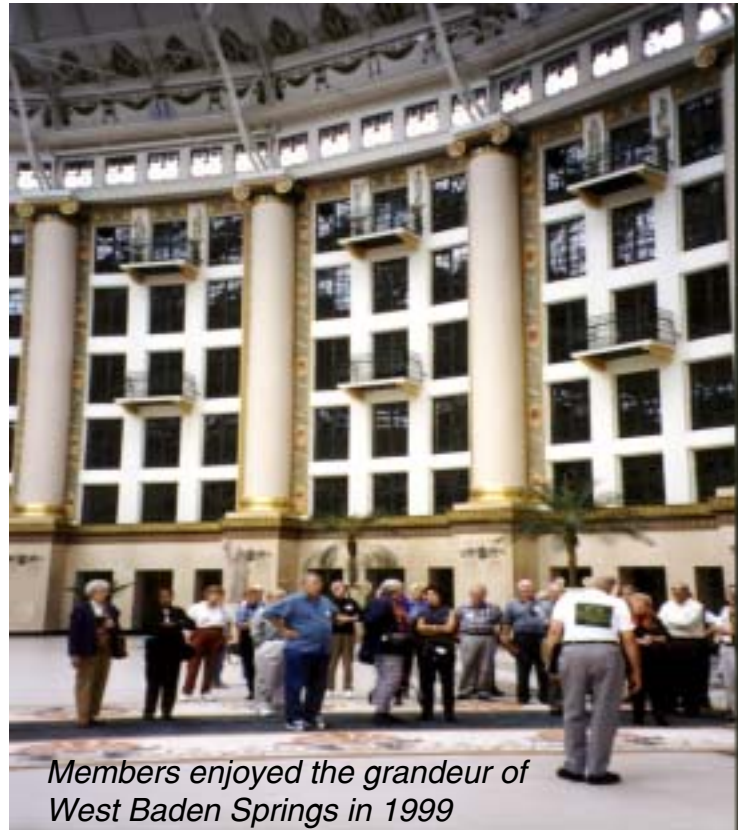
The most recently developed program, in 2009, is the Last Lecture where an individual who has made a notable contribution to scholarship or service, can outline his or her accomplishments for the public, as if it would be the last time they could review their careers. The second in this annual sponsored series by the Academy will be April 30.

The list of socials includes overnights to Turkey Run, Stream Cliffs Herb Farm, Spring Mill, West Baden Springs, and tours to points around Central Indiana: Stutz Building, Indianapolis Museum of Art special

exhibits, IU Lilly Library, Peru Circus Hall of Fame, and Eiteljorg Museum. The full list and descriptions of most of the events are on the Academy website: www.iupui.edu/~sacademy/events.htm.

Programs have included semi-monthly lectures, usually by IUPUI faculty on topics of current interest. Health, finances, politics, religion, and current events.

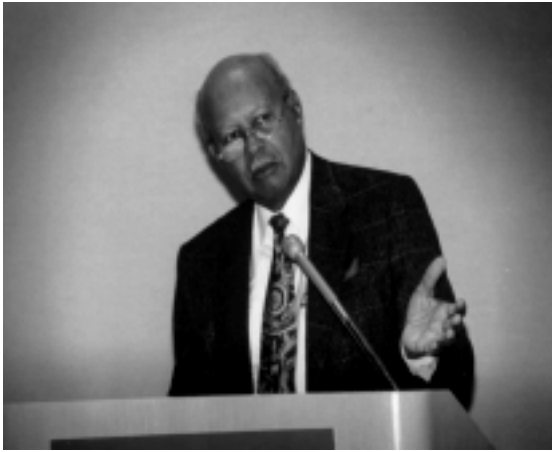
The Senior Academy collects dues of \$10 a year and receives generous support from the Administration for an office, mailing, and a part-time office manager.



Members enjoyed the grandeur of West Baden Springs in 1999



Some overnights at Spring Mill, Turkey Run and Corydon



At a 15th year recognition program for the Senior Academy, about 40 members and guests gathered for lunch at Charbonono's in Avon for a slide presentation showing "over the years" activities of the Academy. It was assembled by **Ron Frank** and **Mark Grove**.

Al Bynum, one of scores of faculty in presentations to the Academy

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Reception at Chancellor's Residence, 1998

An annual gala is the Christmas holiday dinner at Hollyhock Hill Restaurant. It's always sold out.



In 2000, members visited Grissom Air Museum near Kokomo.



Dedication of the Senior Academy Room in the Campus Center, 2009

Understanding Our Children and Grandchildren

“It’s a different world” we live in now from our own maturing years, **Tom DeCoster** said at the first Academy program of 2010. Distinct differences between the generations, and how to recognize them, understand them and meet them helped seniors demystify today’s “youngsters”.

DeCoster said each of the four generations generally classified has “different sets of values, some shared...and we need to know them to understand our grandchildren.”

The four generations he labeled as Veterans, 1922-1946, now ages 88 to 64, generally “our” generation. The others are Boomers, 1946-1964, now ages 46 to 64; Generation X, 1964-1980, now ages 30 to 46; and Generation Y, 1980-2000, now ages 10 to 30

Those in the Veterans Generation he described as polite, respectful, appreciative, tradition-bound, logical, silent, which we can relate to very well. On the job he said we felt that we likely had done a good job if we didn’t hear from supervisors. He classified us as hard workers, didn’t challenge management and worked first then expected pleasure later.

The Boomers’ value system likes seniority, security, fairplay, teamwork, and “think they are the stars” of their generation. They “ignore personal conflict and like preservation of good.”

Generation X seem to be more complex and are the first of dual income families and single heads of households. DeCoster said that they became the latch-key kids, thus becoming self

reliant. They became skeptical—of management and of seniority values. They seem to be the most independent, wanting “time off from work for personal things,” and they are informal—marked by calling people by first names. And they want to do things faster, largely using the technologies.

On the job they disdain networking, they are impatient with non-performers, and like projects to have a beginning and an end.

The last labeled group is Generation Y that we deal with often as our grandchildren. They are doting and coddled by their DeCoster used as an example, that parents drive them to school,

put an umbrella over their heads and protect them until they get to the overhead canopy at school. In the home there is no more “go to the corner” and figure out why they are being punished and what to do about it. Instead, parents sit down and counsel with them to determine “why” they did something wrong.



p a r e n t s .

Jag Perks :

Academy members can receive discounts through JagPerks. There are over 70 JagPerks that you can take advantage of ranging from discounts at apartment complexes, cell phone providers and auto dealerships, hotels, travel agencies and more. New discounts are being added all the time so bookmark the website and start saving. (http://www.jagtag.iupui.edu/discounts_jagperks.aspx)