

IU GERIATRICS e-news April 2010

A newsletter from [IU Geriatrics](#) and the [IU Center for Aging Research](#)

Program Newsletter Highlights National Focus on Models of Care

For more than a decade, IU Geriatrics clinicians and researchers, and their partners in primary care and hospital medicine, have collaborated to develop and test new models of health-care delivery for seniors throughout the continuum of care.

The spring 2010 issue of the newsletter, *IU GERIATRICS*, provides a brief summary and peer-reviewed references for each of five new models.

As director of IU Geriatrics, **Steve Counsell, MD**, notes that “the national debate on healthcare reform has brought significant attention to geriatric care issues. The next decade promises to be especially gratifying as new

models of care are more broadly implemented toward better healthcare and outcomes in older Americans.”

The newsletter also cites how IU Geriatrics, as a geriatric medicine program model of care, interacts with our academic urban public health system to define the local domain of geriatric medicine.

Readers meet the 25 IU Geriatrics faculty members who contribute their clinical, education and research expertise to create and sustain the local domain.

The newsletter is available at <http://medicine.iupui.edu/IUCAR/news/newsletters/2010may.pdf>.

IU GERIATRICS
NEWS FROM THE INDIANA UNIVERSITY GERIATRICS PROGRAM
& THE INDIANA UNIVERSITY CENTER FOR AGING RESEARCH
Spring 2010

MODELS OF CARE GAIN NATIONAL SPOTLIGHT

Next year the first baby boomer will turn 65. Finally, it seems, our national leaders and policy makers can no longer ignore the aging tsunami. Already, older persons with multiple chronic illnesses and geriatric conditions often do not receive recommended standards of care, and account for a disproportionate share of healthcare expenditures. New models are urgently needed that improve the quality of care without increasing costs, optimize the roles of primary care and geriatrics healthcare professionals, and better integrate medical care and social services.

For more than a decade, IU Geriatrics clinicians and researchers, and their partners in primary care and hospital medicine, have collaborated to develop and test new models of healthcare delivery for seniors throughout the continuum of care. This newsletter provides a brief summary of each of five new models developed by our faculty.


The Institute of Medicine, in their 2008 report “Resolving for an Aging America”, highlighted two of these models – GRACE care management and the IMPACT model of collaborative care for depression. Three of our models have been tested in randomized controlled trials with results published in *JAMA* – GRACE, IMPACT, and the PREVENT model of collaborative care for dementia. Dissemination efforts are underway for all three of these models in private, public and VA healthcare systems.

IU Geriatrics has also helped to inform the future of geriatric practice by better defining the domain of geriatric medicine. Our geriatric teams work to provide primary care to the most complex and frail seniors while assisting primary care providers and hospitalists in the care of elders with geriatric syndromes and those at risk of functional decline.

The national debate on healthcare reform has brought significant attention to geriatric care issues. The next decade promises to be especially gratifying as new models of care are more broadly implemented toward better healthcare and outcomes in older Americans.

Steve R. Counsell, MD

Steve R. Counsell, MD
Key Elizabeth Medical Professor in Geriatrics
Director, IU Geriatrics
Senior IU Center for Aging Research
2009-2010 Health and Aging Policy Fellow



Dr. Lammers Honored with Leadership Award and Named to Medical Directorship



Dr. Gene Lammers receives a Clarian President's Values Leadership Award from CEO Dan Evans.

The month of April brought recognition and new responsibilities to **J. Eugene Lammers, MD, MPH**. He was honored as the recipient of a Clarian President's Values Leadership Award and was named medical director of palliative care at Methodist Hospital.

Developed in 2001 and based on nominations by colleagues, the annual Leadership Award acknowledges staff and affiliated physicians who inte-

grated Clarian's values into their work lives and have shown exceptional dedication to Clarian's mission.

The April 5 issue of *The Clarian* newsletter noted that Dr. Lammers is known for his commitment to total care of his patients. No matter what he is assisting his patients with, he engages them with integrity, compassion and skill. His “Would you recommend?” scores are consistently above the 90th percentile.

Dr. Lammers is a geriatrician, adjunct clinical professor of medicine at IU Geriatrics, medical director of Clarian's [Senior Health Center](#) and is active in medical staff leadership. He served as president of Clarian's medical staff in 2009.

Dr. Lammers has served on the Methodist Hospital Ethics Committee and the Ethics Consultation Team and is a senior affiliate faculty of the [Charles Warren Fairbanks Center for Medical Ethics](#).

"Patients and their families want a voice in their care and palliative care is at the very heart of patient-centered care."

Dr. Eugene Lammers

Representing the values of his profession with quiet dignity, Dr. Lammers is respected by his peers. His commitment to quality and patient safety is expressed through his calm, yet effective, leadership of physician and quality activities.

Now in his 18th year at Methodist, Dr. Lammers has over 10 years of experience in hospice and palliative care. Continuing to improve the quality of palliative care is a strategic priority for him as he assumes new duties as medical director of palliative care at Methodist Hospital.

"Patients and their families want a voice in their care and palliative care is at the very heart of patient-centered care," notes Dr. Lammers.

Presentations and Professional Activities

Arif Nazir, MD, presented "Beauty Lies in the Eyes of the Beholder: What Constitutes Quality Care in Nursing Homes?" on April 14, 2010 at the Summit to Enhance the Care of Older Adults with Cognitive Impairment within the Extended Care Facility presented by Community Hospitals Indianapolis.

Teresa Damush, PhD and **Daniel Clark, PhD** attended the 31st Annual Meeting & Scientific Session of the [Society of Behavioral Medicine](#) held in April in Seattle, Washington. Dr. Damush presented "Stroke Self-Management: Outcomes of a Randomized Controlled Trial" in a paper session. **Linda Williams, MD**, was a co-author.

Douglas K. Miller, MD, FACP and **Greg A. Sachs, MD, FACP** have been named Fellows of the American College of Physicians. Fellowship is a mark of distinction and represents recognition by one's peers for personal integrity, superior competence in internal medicine, professional accomplishment, and demonstrated scholarship. **Michael Sha, MD, FACP**, governor of the [Indiana chapter of the ACP](#), announced the recognition in the March 2010 issue of the *Governor's Newsletter*.

A large contingent of IU and VA investigators participated in the International Stroke Conference 2010 and State of the Art Stroke Nursing Symposium 2010 held in February in San Antonio, Texas. Among the scientists who presented at symposiums and authored/co-authored posters were IU-CAR Scientists **Teresa Damush, PhD**, **Gregory Arling, PhD**, and **Wanzhu Tu, PhD**. IU-CAR Affiliated Scientists presenting or authoring were **Tamilyn Bakas, DNS, RN**, **Arlene Schmid, PhD, OTR**, **Linda Williams, MD**, **Barbara Habermann, PhD, RN** and **Susan M. McLennon, PhD, RN**.

Publications

Campbell KH, **Sachs GA**, Hemmerich JA, Smith SG, Stankus N, Dale W. [Physician referral decisions for older chronic kidney disease patients: a pilot study of geriatricians, internists, and nephrologists](#). J Am Geriatr Soc. 2010 Feb;58(2):392-5.

Weiner M, Perkins AJ, **Callahan CM**. [Errors in completion of referrals among older urban adults in ambulatory care](#). J Eval Clin Pract. 2010 Feb;16(1):76-81.

Schootman M, Andresen EM, Wolinsky FD, Malmstrom TK, Morley JE, **Miller DK**. [Adverse Housing and Neighborhood Conditions and Inflammatory Markers among Middle-Aged African Americans](#). J Urban Health. 2010 Mar;87(2):199-210.

Bruera E, Billings JA, Lupu D, Ritchie CS; **Sachs GA**: Academic Palliative Medicine Task Force of the American Academy of Hospice and Palliative Medicine. [AAHPM position paper: requirements for the successful development of academic palliative care programs](#). J Pain Symptom Manage. 2010 Apr;39(4):743-55.

Schmid AA, Van Puymbroeck M, Kocejka DM. [Effect of a 12-week yoga intervention on fear of falling and balance in older adults: a pilot study](#). Arch Phys Med Rehabil. 2010 Apr;91(4):576-83.

Chumbler NR, **Williams LS**, Wells CK, Lo AC, Nadeau S, Peixoto AJ, Gorman M, Boice JL, Concato J, Bravata DM. [Derivation and Validation of a Clinical System for Predicting Pneumonia in Acute Stroke](#). Neuroepidemiology. 2010 Mar 3;34(4):193-9.

Save the Dates for Geriatrics Presentations

Lyle Fettig, MD, will present "Dealing with Difficult Families" at the June 2 IU Geriatrics Conference held from 7:30-8:30am in Wishard T2008 A&B. Dr. Fettig is a palliative care physician at Wishard Hospital and the IU School of Medicine.

IUSM Distinguished Professor Bernardino Ghetti, MD, invites you to visit the website of the 7th International Conference on Frontotemporal Dementias to be held October 5-8, 2010, in Indianapolis, Indiana. The website is located at <http://www.ftd2010.org/>.

May 12-15

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Watch for the
May e-news
featuring
IU GERIATRICS
in Orlando!

