

# IU GERIATRICS e-news February 2010

A newsletter from [IU Geriatrics](#) and the [IU Center for Aging Research](#)

## Dr. Hendrie Named to HHS National Advisory Council on Aging

IU Center for Aging Research Scientist **Hugh C. Hendrie, MB, ChB, DSc**, has been named to the [National Advisory Council on Aging](#). His appointment came from Kathleen Sebelius, secretary of the US Department of Health and Human Services and extends through December 2013.

Dr. Hendrie, an internationally respected geriatric psychiatrist and health services researcher, has spent 40 years studying the psychiatric issues of aging, focusing on Alzheimer's disease and depression in older adults. He served for a quarter of a century as chairman of the IU School of Medicine Department of Psychiatry and is now professor emeritus.

"I am honored and thrilled to be named to the Council," states Dr. Hendrie.



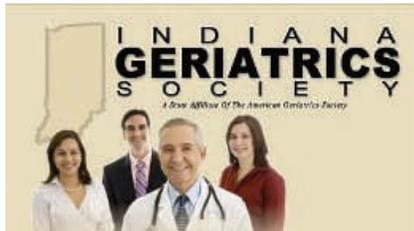
The National Advisory Council on Aging advises the HHS secretary, assistant secretary for health, the director of the National Institutes of Health, and the director of National Institute on Aging in its mission to lead a broad scientific effort to understand the nature of aging and to extend the healthy, active years of life.

Dr. Hendrie spent more than 20 years conducting a large ongoing cross-cultural study of various

aspects of Alzheimer's disease in African-Americans in Indianapolis and Africans in Ibadan, Nigeria. During his distinguished career, he has written more than 400 peer reviewed articles, book chapters and abstracts.

The National Advisory Council meets three times a year to consider

applications for research and training and to recommend funding for those applications that show promise of making valuable contributions in the field of aging research. It also makes recommendations to the director of NIA regarding research conducted at the institute.



**Learn about the IGS at [indianageriatricsociety.org](http://indianageriatricsociety.org)**

## Dr. Nazir Leads Education Efforts with The Waters of Indiana

IU Geriatrics is partnering with The Waters of Indiana to provide their leadership with Indiana-specific educational resources for its Medical Directors. Indiana University Geriatrician **Arif Nazir, MD, CMD**, is leading the collaboration.

The Waters is an affiliated group of 23 skilled rehab centers and nursing homes located throughout Indiana. Dr. Nazir serves as Senior Vice President of Medical Education for the organization and will conduct activities consistent with their mission of providing their Medical Directors with the knowledge and tools to continue providing excellent care to their residents.

The Waters leadership envisions that this relationship will help create open dialogues across their facilities and provide direct access to the latest trends in geriatrics and skilled care while dealing with the



evolving complex regulations that guide the nursing and rehabilitation industry.

The new educational efforts began with a survey to ensure the medical directors' ideas and concerns are included in planning activities. Dr. Nazir will facilitate a spring icebreaker and a subsequent retreat with the directors and will learn about their clinical and administrative needs in face-to-face meetings.

Dr. Nazir has worked extensively in the nursing home environment. As a Certified Medical Director, the current president of the Indiana Medical Directors Association, and medical director of IU Geriatrics' Extended Care Program, he attests to the value of available resources to keep medical directors at par with recent advances in long-term care and regulations.

## Geriatricians Recognized for Excellence in Teaching



Dr. Bowman

Dr. Nazir

Dr. Schubert

The Department of Medicine has awarded **Ella Bowman, MD, PhD**, **Arif Nazir, MD, CMD**, and **Cathy Schubert, MD**, with \$2,500 teaching bonuses.

The geriatricians earned the award when trainee evaluations ranked them in the top 20% for excellence in teaching among the faculty from the entire department. The bonus amount also reflected their timely and 100% completion of trainee evaluations.

"This is really impressive for IU Geriatrics to have three faculty recognized for teaching excellence. Congratulations Ella, Arif, and Cathy. We are most proud of you," adds Steve Counsell, director of IU Geriatrics.

### Publications

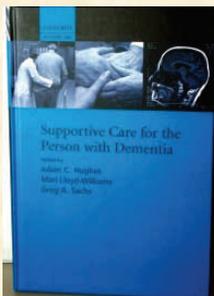
**Boustani M**, Baker MS, **Campbell N**, **Munger S**, **Hui SL**, **Castelluccio P**, Farber M, Guzman O, Ademuyiwa A, **Miller D**, **Callahan C**. [Impact and recognition of cognitive impairment among hospitalized elders](#). J Hosp Med. 2010 Feb;5(2):69-75.

Xu H, **Weiner M**, Paul S, Thomas J, Craig B, Rosenman M, Doebbeling CC, Sands LP. [Volume of Home- and Community-Based Medicaid Waiver Services and Risk of Hospital Admissions](#). J Am Geriatr Soc. 2010 Jan;58(1):109-15.

Gershon RC, Cella D, Fox NA, Havlik RJ, **Hendrie HC**, Wagster MV. [Assessment of neurological and behavioural function: the NIH Toolbox](#). Lancet Neurol. 2010 Feb;9(2):138-9.

**Habermann B**, Broome M, Pryor ER, Ziner KW. [Research coordinators' experiences with scientific misconduct and research integrity](#). Nurs Res. 2010 Jan-Feb;59(1):51-7.

Holland D, Brewer JB, Hagler DJ, Fenema-Notestine C, Dale AM; the Alzheimer's Disease Neuroimaging Initiative, **Farlow M**, **Hake AM**. [Subregional neuroanatomical change as a biomarker for Alzheimer's disease](#). Proc Natl Acad Sci USA. 2009 Dec 8;106(49):20954-59.



**Greg Sachs, MD**, is a co-editor and co-author of chapters in [Supportive Care for the Person with Dementia](#).

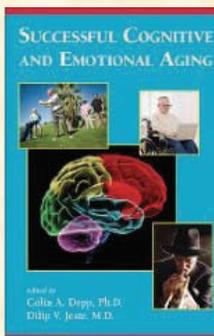
Why the editors recommend supportive care for people with dementia and their carers is established in the preface which offers a foundation for the book's contents.

"Dementia is not one thing, nor are the people who live with it... Therefore the contributors demonstrate the length and breadth of dementia care, of what is required, and of the ways in which a supportive care model can help."

The textbook is a practical guide on providing high quality multi-disciplinary care across health care sectors.

**Hugh C. Hendrie, MB, ChB, DSc** and Research Coordinator **Christianna Purnell, BA**, are among the co-authors of "Defining and Assessing Cognitive and Emotional Health in Later Life," a chapter on behavioral and psychological aspects of [Successful Cognitive and Emotional Aging](#).

The book is edited by Colin Depp, PhD and Dilip Jeste, MD who enlisted foremost experts on behavioral and psychosocial aspects of aging, biological aspects, and prevention and intervention strategies. Each chapter lays out the most recent research and summarizes key points and recommended reading.



### Presentations and Professional Activities

**Felipe Perez, MD**, **Susan McLennon, PhD, RN**, and **Susan Hickman, PhD**, have been named an Affiliated Scientists with the IU Center for Aging Research. Visit the [Center's website](#) to learn about their research interests.

**Greg Sachs, MD**, presented "Palliative Care for the Patient with Dementia" at Neurology Grand Rounds on February 4, 2010.

### Save the Dates for Geriatrics Presentations and Meetings

**Larry E. Humes, PhD**, will present "Hearing Impairment & Aids for Older Adults" at the March 31 IU Geriatrics Conference held from 7:30-8:30am in Wishard T2008 A&B. Dr. Humes is professor of Speech & Hearing Sciences at IU Bloomington and he is adjunct professor of Otolaryngology-Head and Neck Surgery, IUSM.

The [Indiana Geriatrics Society](#) will host its Annual Fall Conference at the Methodist Conference Center on October 22, 2010 8:00am - 5:30pm. Visit the new IGS website at <http://www.indianageriatricsociety.org/>.