



# IU GERIATRICS

NEWS FROM THE INDIANA UNIVERSITY GERIATRICS PROGRAM  
& THE INDIANA UNIVERSITY CENTER FOR AGING RESEARCH

## Miller Named Richard M. Fairbanks Chair in Aging Research

**D**ouglas K. Miller, M.D. has accepted the position of Richard M. Fairbanks Chair in Aging Research. He will assume his new appointment in November 2003. Dr. Miller will be the Associate Director of the Indiana University Center for Aging Research and a Scientist in the Regenstrief Institute, Inc.

Dr. Miller is nationally recognized for his work on frailty and its attendant complications in urban-dwelling seniors. His research also includes management of geriatric syndromes by general internists and family physicians and quality improvement in the care of older patients at the end of life.

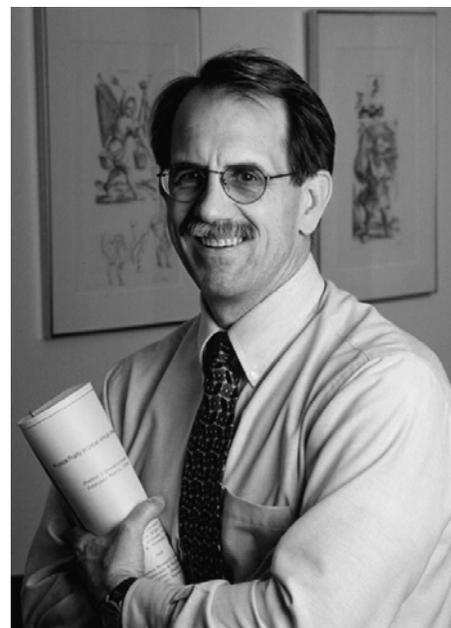
"Dr. Miller is an outstanding recruit to be the first Richard M. Fairbanks Chair in Aging Research," suggests Christopher M. Callahan, MD, Director of the Indiana University Center for Aging Research and the Cornelius W. and Yvonne Pettinga Scholar in Aging Research. "His recruitment represents the fruits of an extensive national search.

"Doug is a senior scientist with excellent credentials and his work has been consistently supported by the National Institute on Aging. He brings complementary skills in clinical epidemiology to our team and his research interest in vulnerable older adults is a perfect match with colleagues in the Center for Aging Research and the Regenstrief Institute.

"Our team seeks to improve the care of vulnerable older adults as provided by generalist physicians. Dr. Miller will take our research to the next level and he will help train the next generation of physician-scientists in aging research," adds Callahan.

Dr. Miller completed his undergraduate training at Stanford University. He obtained his medical degree from Washington University in 1972 and his advanced training in internal medicine from Jewish Hospital in St. Louis, the Affiliated Hospitals of the University of Arizona, and the Hospital of the University of Pennsylvania. He completed a Robert Wood Johnson Foundation Scholarship at the University of Pennsylvania in health services research in 1979 and faculty development in Geriatric Medicine (sponsored by the John A. Hartford Foundation) at UCLA from 1987 to 1988.

Most recently Dr. Miller was Professor of Medicine and Associ-



**Douglas K. Miller, MD**

ate Director of the Division of Geriatric Medicine at Saint Louis University where he was on faculty for 24 years.

He is currently the Principal Investigator of a \$6.5 million project funded by the National Institute on Aging entitled "Physical Frailty in Urban African Americans." He has published over 89 scientific articles and chapters and is on the editorial board of *Geriatric Emergency Medicine Reports* and *The Journals of Gerontology: Medical Sciences*.

Since 1994 he has served on the John A. Hartford Foundation-American Geriatrics Society project entitled, "Increasing Geriatrics Expertise in Surgical and Related Medical Specialties."



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# Annals of Internal Medicine: A New Perspective on Successful Aging

By Cindy Fox Aisen

**G**ood genes are not enough. Aging well also requires healthy lifestyles. Medical care is not enough. Aging well also requires caring families and supportive communities.

Researchers are increasingly interested in the interaction between genes and environment in explaining why some people and some communities age more successfully than others. Environment includes not only things like clean air and access to health care, but also safe streets, economic opportunities, and a helpful social network. The Regenstrief Institute, Inc., recently hosted 100 of the nation's top scientists in an interdisciplinary conference to discuss research on the multiple determinants of successful aging. The findings of the conference are reported in a special supplement to the September 2, 2003 issue of the *Annals of Internal Medicine*.

Christopher M. Callahan, MD, Cornelius and Yvonne Pettinga Chair in Aging Research and Director of the Indiana University Center for Aging Research and Colleen A. McHorney, PhD, Professor of Medicine and Center Research Director chaired the

8th Biennial Regenstrief Conference.

"The collection of papers in this supplement is unique in bringing together a group of aging researchers from different scientific disciplines who typically do not work together," Dr. Callahan reports. "These papers provide a compelling

the campus of the Indiana University School of Medicine, the Institute is supported by the Regenstrief Foundation and closely affiliated with the IU School of Medicine and the Health and Hospital Corporation of Marion County, Indiana.

Regenstrief Institute research scientists, including Institute President

"Baby boomers who want to live and work independently into their ninth and tenth decades are not simply playing a genetic lottery. The decisions we make for ourselves and our communities are at least as important as our genes."

Christopher M. Callahan, MD

argument for a balanced research agenda that includes all of the major determinants of health: biology, medical care, lifestyle behaviors, and social and physical environments."

The Regenstrief Institute, Inc., an internationally recognized informatics and healthcare research organization, is dedicated to the improvement of health through research that enhances the quality and cost-effectiveness of health care. Established in Indianapolis by philanthropist Sam Regenstrief in 1969 on

and CEO Thomas Inui, MD, Associate Dean for Health Care Research at the IU School of Medicine, and Institute Director Clement McDonald, MD, Indiana University Distinguished Professor of Medicine, form a highly respected cadre of health services researchers linked to one of the largest and most comprehensive medical informatics laboratories in the world.

The Supplement is available from the *Annals of Internal Medicine*, Susan Anderson, 800-523-1546, ext. 2653, or sanderson@mail.acponline.org.

## IU GERIATRICS

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