

# IU GERIATRICS e-news March 2012

A newsletter from [IU Geriatrics](#) and the [IU Center for Aging Research](#)

## AFAR Announces 2012 Hartford Centers of Excellence in Geriatric Medicine Awards



### The Hartford CoE Geriatric Medicine Award

- maximizes its impact by giving the leaders of geriatrics training programs a high degree of flexibility in how they use the award,
- helps recipients build a network of professional colleagues and mentors in the field of geriatrics,
- provides recipients the freedom to be innovative in their research, and
- aims to open doors to subsequent career development awards.

The rapid aging of the American population and the shortfall in the number of geriatricians creates an urgent need for more medical faculty who can impart geriatrics to all medical trainees, and for researchers who can develop innovative ways to improve the care of older adults.

The American Federation for Aging Research (AFAR) has selected five IU Geriatrics faculty members to receive career development awards which are designed to increase the number of academic leaders in geriatric medicine.

The awardees, pictured left to right, are clinician-educators **Tochukwu Iloabuchi, MD, Todd James, MD,** and

**Arif Nazir, MD, CMD;** and clinician-researchers **Michael LaMantia, MD, MPH,** and **Kathleen Unroe, MD, MHA.**

“These scholars are extremely impressive, both in their accomplishments and in their dedication to the important cause of promoting excellent medical care for older adults through their research, teaching, and leadership,” said Richard Besdine, MD, Chief Medical Officer for AFAR which administers the program.

IU Geriatrics is one of 26 Hartford CoE’s focused on geriatric medicine. The five awardees are among only 83 advanced fellows and junior faculty members nationwide who will share in

\$2.5 million as Hartford Scholars. Overall, IU was one of the top-funded institutions, and all of the candidates proposed by IU were funded.

“We have been fortunate to assemble a very passionate and talented group of young faculty members in geriatric medicine who aim to improve the health care of older Americans. Support from the Hartford Foundation is critical to helping them achieve their goals of becoming better teachers and researchers,” said **Steve Counsell, MD,** Mitchell Professor of Geriatrics and director of IU’s Hartford Center of Excellence and of IU Geriatrics.

## IU Geriatrics Presence Grows at AMDA and Its Annual ‘Long Term Care Medicine’ Forum

The number of IU Geriatrics faculty and fellows who attend AMDA’s annual national Long Term Care Medicine Forum has grown each year as their clinical and professional leadership activities have expanded.

Faculty and fellows who attended the 2012 forum in San Antonio are **Asha Chakka, MD, Alex Garrido, MD, Tochukwu Iloabuchi, MD, Kristi Lieb, MD, Arif Nazir, MD, CMD, Monica Tegeler, MD,** and **Kathleen Unroe, MD, MHA.**

Long Term Care Medicine is the only educational and informational forum of its kind in the field of long term care. Attendees are exposed to the latest clinical developments in geriatric medicine, best practices in medical management and direction, policy and regulatory updates, advances in translating research into practice, as well as practical tools to help implement new ideas and projects in practice settings.

### POSTERS

Lead author **Arif Nazir, MD, CMD,**

presented two posters with co-authors **Asha Chakka, MD** and **Glenda Westmoreland, MD, MPH.** The posters were titled “Internal Medicine Faculty Survey Regarding Resident Post-Acute Care training” and “Senior House Staff Survey Regarding Post-Acute Care Training.”

### PROFESSIONAL ACTIVITIES

**Arif Nazir, MD, CMD,** participated on a panel that presented case-based examples for the education session titled “Stop the Confusion: An Overview of Delirium Recognition and Management in Long Term Care.”

He also was an expert panelist for the session, “Teaching the Next Generation: Is it Possible to Teach and Practice Medicine Efficiently in Long Term Care Under the Current Regulations?”



**Monica Tegeler, MD,** assumed the presidency of the Indi-



ana Medical Directors Association State Chapter at a meeting of members held during the conference. Dr. Tegeler formerly served as state treasurer. She is the medical director of

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Craig Huey Photography

### IU Geriatrics Expands Presence - Continued from page 1

American Village and of Harrison Terrace long term care facilities in Indianapolis.

#### NATIONAL PRESENCE

The IU Geriatrics presence expanded from the state level to the national organizational level at the forum when **Dr. Nazir**, outgoing president of the Indiana Medical Directors Association, was elected to the AMDA Board of Directors as a representative on the State Presidents' Council for a term of 3 years. Locally, Dr. Nazir is the medical director of Westpark Rehabilitation, of Extended Care for Senior Care at Wishard and of the Nursing Home Service at IU Health.

#### AMDA FUTURES PROGRAM

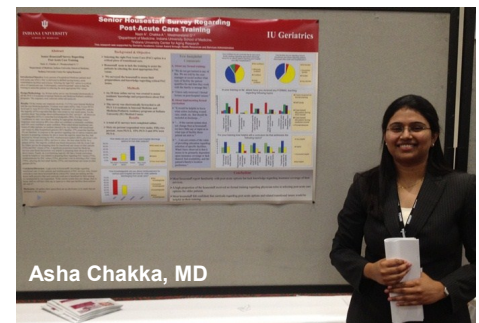
IU Geriatrics PGY5 Fellow **Toch Ilobuchi, MD** (right back), PGY4 Fellows **Asha Chakka, MD** (left middle),

and **Alex Garrido, MD** (right front), were granted awards by the AMDA Foundation to participate in its Futures Program held during the Long Term Care Medicine forum.

The Program is designed to expose fellows and residents to the numerous career opportunities available in long term care.

Selection was based on scores from their submitted CVs, letters of interest, and letters of support. They received admission to the Futures Program, registration to Long Term Care Medicine - 2012, AMDA membership for a year and access to the AMDA Mentoring Program. In addition to these benefits, Dr. Chakka was granted a full award and also received transportation and lodging.

[AMDA – Dedicated to Long Term Care Medicine](#) (formerly the American Medical Directors Association), is the



professional association of medical directors, attending physicians, and others practicing in the long term care continuum.

Visit the Indiana Medical Directors Association State Chapter of AMDA at <http://www.inmda.com/>.

### SAVE the DATE

Richard Jackson, DMD, will present "Oral Diseases and Disorders in Older Adults" at the April 11th IU Geriatrics Conference held from 7:30-8:30am in Wishard T2008 A/B. Dr. Jackson is an associate professor in the Department of Preventive and Community Dentistry at the IU School of Dentistry.

Rakesh Mehta, MD, will present "Anemia in Older Adults" at the April 18th IU Geriatrics Conference held from 7:30-8:30am in Wishard T2008 A/B. Dr. Mehta is associate professor of clinical medicine in the Division of Hematology/Oncology, IUSOM.



CME CREDIT IS OFFERED FOR WED 7:30 AM IU GERIATRICS CONFERENCES

### Presentations and Professional Activities

**Malaz Boustani, MD, MPH**, was quoted in an article published in the February 27, 2012 edition of the *New York Times*. "[Cocktail of Popular Drugs May Cloud Brain](#)," was written by Roni Caryn Rabin in Tara Parker-Pope's Well column on Health.

**Babar Khan, MD, MS**, was quoted in an article "[Critical Care Recovery Center assesses physical, psychological and cognitive impact](#)," in a March 5, 2012 news release on The New Wishard website. Dr. Khan, an IU Center for Aging Research scientist, is the medical director of the Wishard Critical Care Recovery Center. The CCRC is an outpatient setting that treats adult patients who were recently released from a Wishard ICU.

**Ella Bowman, MD, PhD**, was interviewed for the article, "Research in Hospital-to-Home Care Transitions" which will appear in the April 2012 issue of *Retirement Living* magazine, a publication of May Communications Group, LLC. The article is an offering in the publication's feature on research in geriatric medicine.

**Steve Counsell, MD**, reports that the GRACE geriatric care management model is featured in "[Service Models and Promising Practices Report](#)" by Carrie Farrell, MPA, CPC of C-Far Consulting in San Diego, California. The report was prepared for Aging and Independence Services County of San Diego.

### Schubert Named AGS Fellow

IU Geriatrics congratulates **Cathy Schubert, MD**, who has advanced to Fellow status in the American Geriatrics Society. Her application for advancement was accompanied by letters of support from **Steve Counsell, MD** and **Greg Sachs, MD** and was reviewed by a panel of current AGS Fellows followed by AGS Board of Director approval.



Dr. Schubert's advancement will be announced at the AGS 2012 Annual Meeting Members Business Meeting in May. Look for her name, IU and VA affiliations, and her photograph in the Annual Meeting Final Program and in the AGS June Newsletter!

### Publications

Bouw JW, **Campbell N**, Hull MA, Juneja R, Guzman O, Overholser BR. [A Retrospective Cohort Study of a Nurse-Driven Computerized Insulin Infusion Program Versus a Paper-Based Protocol in Critically Ill Patients](#). *Diabetes Technol Ther*. 2012 Feb;14(2):125-30. PMID: 22011007 [PubMed - in process]



Zamora Z, McCall B, Patel L, Biese K, **Lamantia M**, Platts-Mills T, Naus N, Jerkewitz HP, Cairns CB, Busby-Whitehead J, Kizer JS. [Implementation of a Web-Based System to Improve the Transitional Care of Older Adults](#). *J Nurs Care Qual*. 2012 Apr;27(2):182-9. PMID: 22048013 [PubMed - in process]

Hammes BJ, Rooney BL, Gundrum JD, **Hickman SE**, Hager N. [The POLST Program: A Retrospective Review of the Demographics of Use and Outcomes in One Community Where Advance Directives Are Prevalent](#). *J Palliat Med*. 2012 Jan;15(1):77-85. PubMed PMID: 22233467.

**McLennon SM, Habermann B**. [Accruing the sample: strategies for recruiting older adult and African Americans caregivers for persons with Alzheimer's disease](#). *Appl Nurs Res*. 2012 Feb;25(1):e1-6. PMID: 21945377 [PubMed - in process]

Phipps MS, **Schmid AA**, Kapoor JR, Peixoto AJ, **Williams LS**, Bravata DM. [Orthostatic hypotension among outpatients with ischemic stroke](#). *J Neurol Sci*. 2012 Mar 15;314(1-2):62-5. PubMed PMID: 22099880.

Bravata DM, Ferguson J, Miech EJ, Agarwal R, McClain V, Austin C, Struve F, Foresman B, Li X, Wang Z, **Williams LS**, Dallas MI, Couch CD, Sico J, Fragoso C, Matthias MS, Chumbler N, Myers J, Burrus N, Dube A, French DD, **Schmid AA**, Concato J, Yaggi HK. [Diagnosis and Treatment of Sleep Apnea in Patients' Homes: The Rationale and Methods of the "GoToSleep" Randomized-Controlled Trial](#). *J Clin Sleep Med*. 2012 Feb 15;8(1):27-35. PubMed PMID: 22334806; PubMed Central PMCID: PMC3266333.