

# IU GERIATRICS e-news April 2012

A newsletter from [IU Geriatrics](#) and the [IU Center for Aging Research](#)

## Dr. Callahan Receives National Distinguished Investigator Award at Translational Science 2012



IU Geriatrics congratulates IU Center for Aging Research Director **Chris Callahan, MD** who received the 2012 National Award for Career Achievement and Contribution to Clinical and Translational Science at [Translational Science 2012](#), a conference held in Washington, DC, in April.

Dr. Callahan received the national award for work that his IU peers have acknowledged for over a decade. He is an expert in studying clinical interventions and new models of care designed to improve outcomes for older adults cared for by primary care physicians and has conducted clinical trials of older adults with Alzheimer's disease with a focus on behavioral



Pictured at right is Indiana CTSI Director Anantha Shekhar, MD, PhD, who nominated Dr. Callahan for his award. NIH Director Francis Collins, MD, PhD, pictured middle, addressed the translational science community on his vision for advancing translational science within a new center. He has moved the CTSA management to the National Center for Advancing Translational Sciences, a new center within the NIH Office of the Director.

outcomes, costs, and caregiver stress. More recently, his work has progressed to the study of implementation methodology to better understand how to disseminate new care models into routine clinical practice. He has developed highly innovative models of care across comorbid conditions, caregiver interventions, and sites of care to better reflect the real-world challenges of caring for older adults.

Anantha Shekhar, MD, PhD, associate dean for translational

research at the IU School of Medicine and director of the [Indiana Clinical and Translational Sciences Institute](#) attended the conference and noted, "Dr. Callahan has been a national role model for a clinician-scientist who has conducted large-scale outcome studies that have fundamentally changed our practice of medicine in the care of elderly patients. I am extremely proud to see him being recognized by these societies for his contributions."

## Dr. Boustani Named 2012 Research Frontiers Trailblazer



2012 IUPUI Research Frontiers Trailblazer Award winners (l to r) include Drs. Anna Malkova, Alexander Robling, Alexander Niculescu, and Malaz Boustani.

promise in becoming nationally and internationally known for their accomplishments in advancing the frontiers of knowledge.

Dr. Boustani received the award recognition as part of the 2012 IUPUI

Research Day which includes a celebration of its cutting-edge and multifaceted research and scholarly activities.

Dr. Boustani was nominated by David Crabb, MD, **Chris Callahan, MD** and external reference Sanjay Asthana, MD, professor and associate director of the Wisconsin Alzheimer's Institute and director of the Geriatric Research, Education and Clinical Center at the University of Wisconsin.

Congratulations to **Malaz Boustani, MD, MPH**, who received a [2012 Research Frontiers Trailblazer Award](#) from IUPUI in April.

The Trailblazer Award recognizes outstanding research and scholarly activity accomplishments on the part of first- through third-year associate professors and honors outstanding IUPUI researchers who are showing great

Several of Dr. Boustani's many research accomplishments were noted during the award ceremony.

At a relatively early stage in his research and scholastic career, Dr. Boustani has established himself as an exceptionally talented scientist with acknowledged expertise in studies targeting care of older adults with dementia. He has become a leading authority in the field of population-based screening for cognitive deficits, and is frequently consulted by various federal and non-federal agencies/organizations to help establish clinical guidelines and an agenda for future research in dementia.

### IU Geriatrics Faculty Join Wishard's Presentation to Senator Dan Coats



Representing IU Geriatrics were **Steve Counsell, MD**, back row fourth from left and **Malaz Boustani, MD, MPH**, middle row second from right. They joined Wishard CEO Lisa Harris, MD, middle front and Senator Dan Coats, to right of Dr. Harris.

Hard hats and bright striped vests reflected pride and progress as Wishard Health Services CEO Lisa Harris, MD, hosted US Senator from Indiana Dan Coats and guests for a visit and tour of the new Wishard/Eskenazi campus on April 3, 2012.

Joining the group were IU Geriatrics Director **Steve Counsell, MD** and IU Center for Aging Research Associate

Director **Malaz Boustani, MD, MPH**. They not only toured with the Senator and CEO but also were invited to present "Innovative Programs for Improving the Care of Vulnerable Populations While Reducing Health Care Costs" to the assembled group.

Dr. Counsell spoke about Wishard's GRACE Program (Geriatric Resources for Assessment and Care

of Elders) and Dr. Boustani described Wishard's [Healthy Aging Brain Center](#) and the [Wishard Critical Care Recovery Center](#).

Watch the construction progress for the Sidney and Lois Eskenazi Hospital from a webcam at <http://www.eskenazihealth.org/facility/webcam>.

### Staci Hollar Receives Darnell Medical Student Geriatrics Achievement Award



Staci Hollar, a fourth-year medical student at the IU School of Medicine, has been named the recipient of the 2012 Dr. Jeffrey C. Darnell Medical Student Geriatrics Achievement Award.

The purpose of this award is to recognize a medical student for outstanding service and leadership in the care of older adults. Ms. Hollar completed a one-month elective in geriatric medicine with IU Geriatrics during her senior year and plans to become a geriatrician.

Created in 2006, the award honors the founding father of geriatrics at Indiana University, **Dr. Jeff Darnell**, for his 31 years of service and dedication to his patients and to IU Geriatrics.

Ms. Hollar received an engraved crystal keepsake, and her name will join previous recipients on the Darnell Award perpetual plaque located in the Medical Science Building.

The Darnell Award was presented to Ms. Hollar during the Indiana Geriatrics Society Sixth Annual Spring Dinner held on March 15 in Carmel, Indiana.

The Society, a state affiliate of the American Geriatrics Society (AGS), was honored to welcome featured speaker Jennie Chin Hansen, RN, MSN, FAAN, and AGS CEO. She presented, "Carpe Diem: Our Evergreen Mission - So Needed Yet So Timely." (See related story on page 3.)

The Indiana Geriatrics Society is an interdisciplinary organization for those interested in the care of older adults in Indiana. The Society is a statewide initiative to enhance the visibility of Geriatric Medicine and the entire interdisciplinary team, provide educational programs, and collaborate with the AGS on public policy issues.

#### 6th Annual IGS Fall Conference

Friday, October 5, 2012 7:30 am – 5:00 pm  
Methodist Conference Center Indianapolis, IN  
Contact [Kathy Frank](#), phone 317-630-8183

### American Geriatrics Society CEO Visits IU Geriatrics

It wasn't quite the month of May in Indianapolis, but IU Geriatrics personnel kept AGS CEO Jennie Chin Hansen, RN, MSN, FAAN, on the fast track during her visit on March 14-15. After all, our administrators, medical directors, clinician/educators, nurse practitioners and social workers wanted to present and describe the full field of our program's geriatrics patient care and education activities to the CEO of the organization that leads geriatrics health professionals.

Before presenting the keynote address at the Indiana Geriatrics Society's Annual Spring Dinner, she heard an overview of the IU Geriatrics Program, observed a Wishard ACE Team meeting, and met with our personnel leading and providing care in the Healthy Aging Brain Center, the ABC Medical Home, the GRACE Teams at Wishard, IU Health Methodist and VAMC. She also met with leaders in our geriatrics education activities.

(Editors' recommendation: Read a revealing 2010 AGS News profile and interview with Ms. Hansen about how personal experiences have affected her career choices. <http://newsletters.americangeriatrics.org/2010Q1/jch.php>)

"I think that...many of us in the field ...have had very personal experiences that help us keep us anchored in our focus. This has not been a glamorous field. But there's something about the humanity and decency of this work. In some ways, there's a very deep 'true North' in what we do."

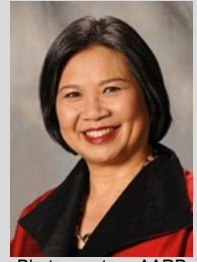


Photo courtesy AARP

Jennie Chin Hansen

### Presentations and Professional Activities

**Cathy Schubert, MD** was a featured speaker at CICOA's third annual Signature Breakfast on April 12, 2012, at the Riverwalk Banquet Center in Broad Ripple. The CICOA website noted that Dr. Schubert has received much praise for her work with our nation's veterans at the Richard L. Roudebush Veterans Hospital. The annual Signature Breakfast provides an opportunity to introduce new people to CICOA and the clients that they serve. The 2102 event drew over 300 attendees.

**Chris Callahan, MD** was the keynote speaker at the Annual Geriatrics Day Conference sponsored by MaineHealth at the Maine Medical Center in April in Portland, Maine. He presented "Caring for Older Adults with Dementia in Primary Care" and "Transitions in Nursing Home Care Among Older Adults with Dementia."

Kudos to **Babar Khan, MD** who was interviewed about [Wishard's Critical Care Recovery Center](#) on the April 15 broadcast of *Sound Medicine*. Dr. Khan is an IU-CAR and Regenstrief scientist, ICU physician and medical director of the Center.



**Malaz Boustani, MD, MPH** relates that Dr. Khan "did very well sharing with the public our vision of creating a bidirectional highway between clinical practice and research activities. Or what I recently started calling the R&D of learning the health care system."

Listen to the *Sound Medicine* interview at <http://soundmedicine.iu.edu/segment/3211/Less-Time-in-the-Intensive-Care-Unit>.

### PUBLICATIONS

**Torke AM**, Petronio S, **Sachs GA**, Helft PR, Purnell C. [A conceptual model of the role of communication in surrogate decision making for hospitalized adults](#). Patient Educ Couns. 2012 Apr;87(1):54-61. PubMed PMID: 21889865.



Murray TM, **Sachs GA**, Stocking C, Shega JW. [The Symptom Experience of Community-Dwelling Persons With Dementia: Self and Caregiver Report and Comparison With Standardized Symptom Assessment Measures](#). Am J Geriatr Psychiatry. 2012 Apr;20(4):298-305. PubMed PMID: 21989321.

Maidment ID, Fox C, **Boustani M**, Katona C. [Medication management-the missing link in dementia interventions](#). Int J Geriatr Psychiatry. 2012 May;27(5):439-42. PMID: 21714119 [PubMed - in process]

Phipps MS, Schmid AA, Kapoor JR, Peixoto AJ, **Williams LS**, Bravata DM. [Orthostatic hypotension among outpatients with ischemic stroke](#). J Neurol Sci. 2012 Mar 15;314(1-2):62-5. PubMed PMID: 22099880.

### SAVE the DATE

Irina Gradus-Pizlo, MD, FACC, will present "Congestive Heart Failure in Older Adults" at the IU Geriatrics Conference held on May 16, 7:30-8:30am in Wishard T2008 A&B. Dr. Gradus-Pizlo is associate professor of medicine at the IUSM and is director of the Heart Failure Program at the Krannert Institute. CME CREDIT IS OFFERED FOR WED 7:30 AM IU GERIATRICS CONFERENCES.