

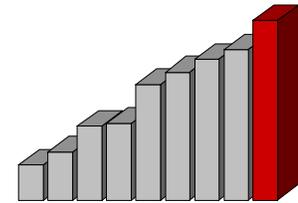
# IU GERIATRICS e-news for JANUARY 2007

A newsletter from [IU Geriatrics](#) and the [IU Center for Aging Research](#)

## IUCAR Publishes 05-06 Annual Report

"The strategy of thinking globally but acting locally keeps our scientists busy both at home and on the road," notes Indiana University Center for Aging Research Director Dr. Chris Callahan in the Center's *2005-2006 Annual Report to President Herbert*.

In the new report Dr. Callahan discusses how professional travel aids the Center and may play a role in attracting new scientists to Indiana University. [Available online](#), the yearly publication features graphs depicting the Center's extramural funding amounts and sources and how they compare to other US research centers. Read the report to learn about the Center's involvement in the Fairbanks Institute's first research platform and how the IU-Roybal Center is identifying and funding projects in chronic disease self-management education and support.



Number of  
IUCAR Publications  
97-98 ~ 05-06

## AGS Indiana Affiliate Announces Education Session for March

Save the date! The Indiana Geriatrics Society, a state affiliate of the American Geriatrics Society, plans to hold its first geriatrics educational program on March 13, 2007. The evening session is open to members and non-members and will feature a dinner followed by an educational presentation on depression by **Dr. Chris Callahan**.

It's not too late to become a founding member of the IGS. Contact IU Geriatrics Program Administrator [Kathy Frank, RN, DNS](#) by following the link found on the AGS Web site.



## GRANT

Principal Investigator NiCole Keith, PhD, has received funding from the [IU- Roybal Center](#) for a pilot study, "Developing Self-Report Fitness Measures."

Physical fitness evaluations can be combined with medical information to reveal a need for lifestyle changes that could slow or reverse potential illness and/or reduced physical function. However, the lack of exercise test technologists, equipment, time, and space in a clinical setting restrict the feasibility of performing exercise tests during a routine health examination.

The primary aim of Dr. Keith's pilot research is to develop a set of valid and reliable fitness questions, and ultimately a physical fitness survey, that could address these limitations. In addition, both observational and intervention research could benefit from a set of validated fitness questions.

Dr. Keith is an assistant professor in the Department of Physical Education at IUPUI. The IU-Roybal Center is located in the IU Center for Aging Research and is funded by the National Institute on Aging.

## PUBLICATIONS

**Michael Weiner, MD, MPH**, was lead author of a top 20 article noted as "The Best of JGIM" from July 2005 to June 2006. Since 2002, it's become a tradition for the editors of the *Journal of General Internal Medicine* to publish a list of best articles which this year were judged by quantitative and qualitative measures (full-text downloading from JGIM's Blackwell Synergy website and deputy editors' opinions). The article of note was co-authored with Paul Biondich, MD, and is titled "The influence of information technology on patient-physician relationships."

[Visit the JGIM web page](#) to view the top 20 and to look for additional publications by IU School of Medicine faculty.

**Damush TM**, Perkins A, Miller KD. [Brief Report: The implementation of an oncologist referred, exercise self-management program for older breast cancer survivors](#). *Psychooncology*. 2006 Oct;15(10):884-90.

Rolland YM, Haren MT, Patrick P, Banska WA, Malmstrom TK, **Miller DK**, Morley JE. Adiponectin levels in obese and non-obese middle-aged African-American women. *Obesity Research & Clinical Practice*. 2007;1(1):27-37. (Note: [ORBC](#) is a new peer-reviewed journal publishing clinical and basic research relating to the epidemiology, mechanism, complications and treatment of obesity.)

Wolinsky FD, **Unverzagt FW**, **Smith DM**, Jones R, Stoddard A, Tennstedt SL. [The ACTIVE Cognitive Training Trial and Health-Related Quality of Life: Protection That Lasts for 5 Years](#). J Gerontol A Biol Sci Med Sci. 2006 Dec;61(12):1324-9.

Crowe M, Andel R, Wadley V, Cook S, **Unverzagt F**, Marsiske M, Ball K. [Subjective cognitive function and decline among older adults with psychometrically defined amnesic MCI](#). Int J Geriatr Psychiatry. 2006 Dec;21(12):1187-92.

Russell KM, Monahan P, Wagle A, **Champion V**. [Differences in health and cultural beliefs by stage of mammography screening adoption in African American women](#). Cancer. 2007 Jan 15;109(2 Suppl):386-95.

## PROFESSIONAL ACTIVITIES

**Hugh Hendrie, MB, ChB, DSc**, participated in a Healthy Brain Initiative Planning Meeting in Washington, DC on January 23, 2007. Dr. Hendrie is member of the Program Planning Steering Committee for the initiative which is "A National Public Roadmap to Maintaining Cognitive Health."

In fiscal year 2005, the US Congress appropriated funds to the Centers for Disease Control to address brain health with a focus on lifestyle issues. The CDC has partnered with the Alzheimer's Association to collaborate on identifying public health opportunities and outlining recommended strategies for addressing the critical issue of cognitive health for adults. To assure the initiative's success, a broad base of key national, state, and local partners, including Dr. Hendrie, is working to develop and implement the recommendations. Release of the final plan is anticipated in June 2007.

Visit the [Healthy Brain Initiative's Web page](#) to learn about the initiative's research, program development and communications activities.



**Michael Weiner, MD, MPH**, was quoted in "[WellPoint will test e-prescriptions to cut errors](#)," an article that appeared in the January 23, 2007 edition of the Indianapolis Star. WellPoint announced a new e-prescribing program that will be pilot tested through an Anthem Blue Cross and Blue Shield subsidiary in Ohio. Dr. Weiner's comments addressed issues related to reducing medication errors, the cost of implementing an e-prescribing system and the compatibility of new technology with systems currently in use.

Quotes by **Steve Counsell, MD**, and **Chris Callahan, MD**, were featured in "Looking Down 'Abbie' Road," an [Indiana Alumni Magazine](#) feature that asked the question, "What lies ahead for aging baby boomers (abbies), and the rest of us?". Opinions from Indiana University faculty were described under song titles that boomers remember – Eve of Destruction, American Pie, Time Is On My Side and Everyday People. The feature, written by Liz Rosdeitcher, appears in the Jan./Feb. 2007 issue.

## ANNOUNCEMENTS

Special guest speaker Diane Healey, MD, will present "Osteoporosis in the Elderly: Practical Considerations," at the IU Geriatrics Conference on February 7, 2007, from 7:30-8:30 am in Wishard T2008 A&B. Dr. Healey is Co-Medical Director of the St. Vincent Hospital Institute on Aging.

Tatiana Foroud, PhD, will present "Genetics of Alzheimer's Disease for the Clinician" at the IU Geriatrics Conference on February 21, 2007, from 7:30-8:30 am in Wishard T2008 A&B. Dr. Foroud is the P. Michael Conneally Professor of Medical and Molecular Genetics and directs the Division of Hereditary Genomics within the Department of Medical and Molecular Genetics at Indiana University.

Visiting Professor Edward Marcantonio, MD, MSc, will present Medicine Grand Rounds, "Confusion about Confusion: Delirium in Older Patients," on February 28, 2007, 8:30am, in Wishard's Myers Auditorium. Dr. Marcantonio is Director of the Cognition and Health Program at the Hebrew Rehabilitation Center for Aged, and Director of Research in the Division of General Medicine and Primary Care at Beth Israel Deaconess Medical Center in Boston.