

IU GERIATRICS e-news for SEPTEMBER 2006

A newsletter from [IU Geriatrics](#) and the [IU Center for Aging Research](#)

Welcome Dr. Muna Jneidi

In September IU Geriatrics welcomed geriatrician [Muna Jneidi, MD](#), to our program. Dr. Jneidi is an assistant professor of clinical medicine with clinical activities that include providing consultative services to patients and families in the Senior Health Center at Methodist Hospital, and in providing primary care to residents of local nursing facilities. She completed an Internal Medicine Residency at the University of Pittsburgh Medical Center-Shadyside Hospital and a Geriatric Medicine Fellowship at the Mayo Clinic College of Medicine in Rochester, Minnesota.



ACE at IU Hospital Marks First Anniversary

[Cathy Schubert, MD](#), reports that the Acute Care for Elders (ACE) consultation service she provides at Indiana University Hospital is “alive and well” as it passed the one year mark. She reports that she currently works closely with hematology, oncology, and internal medicine services and adds that the ACE consults “have been well received thus far.” On the educational front, Dr. Schubert began hosting residents on ACE at IU Hospital in July of 2006.



“Bridge” Pilot Program Reduces ED Visits

A pilot program funded through the [Indianapolis Retirement Home Fund](#) has bridged the gap in quality health care for low-income patients aged 65 and older. The patients had been seen in Wishard Hospital’s Emergency Department (ED) and/or were discharged from the hospital but did not have a primary care physician.

The Bridge program utilized the [GRACE model of care](#) including an advance practice nurse (APN) and social worker (SW) of the Senior Care program at Wishard who performed a complete geriatric assessment of the patient in their home and developed a plan of care with an interdisciplinary geriatrics team (geriatrician, pharmacist, mental health social worker, and community-based services liaison) to fully address the needs of the patient and family. A primary care physician was identified for the patient and an appointment arranged. The Bridge APN and SW collaborated with the patient’s new physician to jointly follow the patient, implement the plan of care, connect the patient with community services, and coordinate the patient’s care for up to six months.

In tracking the before and after use of the Wishard ED, the 100 Marion County pilot program participants showed a more than 50% reduction in ED visits after being connected with a primary care physician. Wishard continues to support the Bridge program to continue to provide vulnerable elders ready access to primary care services and to reduce ED utilization.

GRANTS

Principal Investigator [Matthew Bair, MD, MS](#), has received funding from the [IU Roybal Center](#) for a pilot study, “Self-Management for Patients with Chronic Musculoskeletal Pain – Finding What Works.” In the context of a clinical trial of primary care patients with musculoskeletal pain and depression, Dr. Bair and his research team are conducting a series of focus groups to identify which self-management strategies patients perceive to be most helpful for their chronic pain, as well as the barriers and facilitators to adopting these strategies. He is also examining patient and clinical characteristics that predict adoption of pain self-management strategies by analyzing data from PI Dr. Kurt Kroneke’s R01, “Stepped-Care for Affective Disorders and Musculoskeletal Pain.”

The IU Center for Aging Research is home to the National Institute on Aging Edward R. Roybal Center for Research on Applied Gerontology, known locally as the IU Roybal Center.

PUBLICATIONS

Terrell KM, Miller DK. [Challenges in Transitional Care Between Nursing Homes and Emergency Departments.](#) J Am Med Dir Assoc. 2006 Oct;7(8):499-505.

Callahan CM. Depression in primary care: encouragement and caution for the business case. J Gen Intern Med. 2006 Oct;21(10):1125-7.

Bakas T, Champion V, Perkins SM, Farran CJ, **Williams LS.** [Psychometric testing of the revised 15-item Bakas Caregiving Outcomes Scale.](#) Nurs Res. 2006 Sep-Oct;55(5):346-55.

Mikesky AE, Mazzuca SA, Brandt KD, Perkins SM, **Damush T,** Lane KA. [Effects of strength training on the incidence and progression of knee osteoarthritis.](#) Arthritis Rheum. 2006 Sep 29;55(5):690-99.

Wolinsky FD, **Unverzagt FW,** Smith DM, Jones R, Wright E, Tennstedt SL. [The effects of the ACTIVE Cognitive Training Trial on clinically relevant declines in health-related quality of life.](#) J Gerontol B Psychol Sci Soc Sci. 2006 Sep;61(5):S281-7.

Hauptman PJ, **Pressler SJ,** Sackner-Bernstein J, Ordroneau P, Udelson JE; CASPER Investigators. [Rationale and Design of CASPER: Compliance and Quality of Life Study Comparing Once-Daily Carvedilol CR and Twice-Daily Carvedilol IR in Patients with Heart Failure.](#) Am J Cardiol. 2006 Oct 2;98(7A):60-6.

PRESENTATIONS

Michael Weiner, MD, MPH, presented testimony to the American Health Information Community's Confidentiality, Privacy, and Security Workgroup in a hearing held on September 29, 2006, in Washington, DC. One of 9 experts presenting testimony, Dr. Weiner discussed "Identity Proofing and User Authentication Methods for Secure Messages between Patients and their Clinicians." His testimony and the workgroup archives are available on the [US Health & Human Services Web site](#) at http://www.hhs.gov/healthit/ahic/cps_archive.html.

Kathy Frank, RN, DNS, Susan Moore, DNS, RN, and Prudence Twigg, MSN, RN presented a poster, "A collaborative faculty/clinician geriatric interest group (GIG)" at the annual conference of the National Gerontological Nurses Association held October 6-8, 2006 in Cincinnati, Ohio.

PROFESSIONAL ACTIVITIES

Malaz Boustani, MD, MPH, presented "Looking through the Lens of a Complex Adaptive System: The e-CHAMP and the IDND Studies" at Grand Rounds at the University of Alabama-Birmingham's Department of Medicine on October 6, 2006.

Chris Callahan, MD, presented "Addressing Older Adults Mental Illness in Primary Care Settings" at the Third Annual Indiana Mental Health and Aging Conference and NASMHPD Older Persons Division meeting held September 26, 2006 in Indianapolis. NASMHPD is the National Association of State Mental Health Program Directors.

Mary Guerriero Austrom, PhD, presented "Addressing Problem Behaviors of Individuals with Dementia and/or Mental Illness" at the conference. The meeting targeted and was designed for social workers, psychologists, primary care physicians, and others who work with older adults to increase knowledge concerning mental health, addictions and aging in Indiana.

Glenda Westmoreland, MD, MPH, Youcef Sennour, MD, and **Kathy Frank, RN, DNS,** attended the Annual Meeting of the [Donald W. Reynolds Foundation](#) held September 27-30, 2006 in New York City. Since 2000, the Foundation has funded 30 of the nation's academic health centers, including IU Geriatrics, to undertake comprehensive programs to strengthen the training in geriatrics of medical students, residents and practicing physicians. A popular meeting venue was the "marketplace" display of

educational products, such as our [GENI](#)'s Council of Elders training CD and the Geripardy2 Game. By popular vote, the game was selected 4th best out of 60 products on display! These products will eventually be available on the [POGOe Web site](#).

ANNOUNCEMENTS

Michael Weiner, MD, MPH, will present Medicine Grand Rounds titled "Gero-Informatics: How Information Systems Help Us Take Better Care of Older Patients" on October 25, 2006, at 8:30am in Wishard's Myers Auditorium. Dr. Weiner is associate professor of medicine in the IU Department of Medicine and directs Gero-Informatics at IU Geriatrics. He is a scientist in the IU Center for Aging Research and the Regenstrief Institute, Inc.