IUPUI HRA Work/Life E-News – June 2012

You will either step forward into growth or you will step back into safety.

Abraham Maslow (1908-1970) Professor, developer of Maslow’s hierarchy of needs

HRA Work/Life Events/Programs/Activities

Walking Results
The team winner of the 2012 Walking Challenge is Athletics with an average of 393,610 steps per team member. The individual winner is Sara Hemmick in Athletics with a three-week total of 562,390 steps. Congratulations! And congratulations to all persons who completed the three-week challenge; each of you is a winner! Special thanks to those who took on the role of team leader. You are key to making it happen for your department, and your efforts have helped people get healthier.

The participating groups from whom we received final completion results and their group leaders (in no particular order) were: Athletics (Sara Hemmick), Purchasing (Juanita Mimms), Center for Service & Learning (Mansi Patel), Library & Information Science (Melanie Hollcraft), IU School of Medicine – Graduate Division (Brandy Wood and Monica Henry), Financial Aid & Bursar (Marilee Taylor), School of Public and Environmental Affairs (Kristin Lively and Cortnee Martin), Office of the Vice Chancellor for Research and Center for Research and Learning (Darla Campbell), Ruth Lilly Medical Library (Michael Wilkinson), IU School of Medicine – Department of Family Medicine (Miranda Benson and Jennifer Custer), Environmental Health & Safety (Janet Jones), IU School of Medicine and Regenstrief (April Bell), Department of Medicine HLA Lab (Kim House), Admissions (Latasha Staten), Pulmonary (Christi Rider), IU School of Medicine – Radiology and Radiologic/Imaging Sciences (Donna Clark), Business (Tammy Martin), IU School of Nursing – Center for Research & Scholarship (Renee Stratton), School of Medicine – Family Medicine (Jennifer Taylor), Nephrology (Joni Price and Billie Dance), University Library (Robin Crumrin), School of Law (Faith Long), Pediatric Nephrology (Sherry Wilson and Jill Beeler), Physical Education and Tourism Management (Rose Baker), IU School of Medicine – Office of Administration,
Nursing Mothers’ Rooms
Thanks to Linda Blacketer for taking the lead to establish a nursing mothers’ room in Coleman Hall. Bravo!

Angie Vinci-Booher and Merle Illg report that a nursing mother who uses the nursing mothers’ room in Cavanaugh Hall wrote a note saying, “Fantastic! Thank you for providing these for us and our babies,” an indication that these spaces are very much appreciated by our nursing mothers.

As most of you know, I cannot go into buildings and commandeer space for nursing mothers. Making it happen requires that someone in the building take the lead to identify the space and let me know. I can provide advice on how to set up a room and offer, without cost, some of the furnishings (chair, small table, bulletin board, and coat hooks, for example), as well as add the room to the list that is shared with nursing mothers and share the User Agreement with prospective users.

Hear from a local pediatrician, a local mom and others about the decision to breastfeed -
http://www.inhealthyweight.org/203.htm?itemCode=1VNSUcOd686EC2ly5FOK6A6239EQ90L6239EQ90L&v=6

21st Century Management/Leadership Cues for Current/Aspiring Leaders

Why Employees Lose Motivation
Most new employees come to work quite enthusiastic when they start a new job but, in about 85% of companies, employees’ morale sharply declines after their first six months and continues to deteriorate for years afterward found a survey done by Sirota Survey Intelligence and reported on in Harvard Business School’s April 10, 2006, Working Knowledge for Business Leaders. The article notes that employees have three goals: (1) to be respected and treated fairly (2) to be proud of one’s job, accomplishments and employer and (3) to have good productive relationships with fellow employees.

While the article makes it clear that satisfying those employee goals depends on both organizational policies and the practices of managers, it points out that a good manager can often satisfy these goals even when organizational mismanagement must be overcome. They outline the following ways that managers can have a profound influence: (1) instill an inspiring purpose for the work (2) provide recognition (3) be a facilitator by giving employees what they need to be successful (4) coach employees for
improvement by providing regular feedback, which is specific and done in an unemotional way and then praising improvement and providing further course correction as needed (5) communicate fully and honestly (6) identify and deal with poor performers (7) promote teamwork and (8) use a participative style – listen and involve.

For more on this topic, visit http://hbswk.hbs.edu/archive/5289.html http://gmj.gallup.com/content/1144/First-Break-All-Rules-Book-Center.aspx, the source of information for this article. For more extensive information, visit http://www.cognitionnet.com/member/resources/summaries/Personnel_HR/Enthusiastic_Employee.pdf.

Work/Life Partner Activities & Information of Interest

Work/Life programming is about wellness, career/personal enrichment, dependent care, “life” education (finances, home maintenance, legal issues, etc.), and ideas for better balancing work, life and school. In a nutshell, it’s about providing information that you, as a whole person need/want. Since HRA’s Work/Life office cannot meet all these needs, we are happy to let you know of work/life-related opportunities that other organizations on and off campus are offering, along with other general information.

Health, Wellness & Safety (Check with your Dr. to learn what’s appropriate for you, health-wise, before making changes.)

Wellness Tip of the Month (from the Centers for Disease Control & Prevention)
Things YOU can do to prevent foodborne illness - http://www.cdc.gov/foodsafety/facts.html#whatprotect

Low T
Ads for what they are calling “Low T” are proliferating in the media. So is testosterone therapy the answer? Here’s what the Mayo Clinic has to say http://www.mayoclinic.com/health/testosterone-therapy/MC00030.

IUPUI Health & Benefits Fair
Block Wednesday, October 31st on your calendar for the IUPUI Health and Benefits Fair. It’s always a great opportunity to take part in health screenings, learn something new, get caregiver information and more.

Got a Nutrition Question?
INShape Indiana has a place to go to ask your nutrition questions. Visit https://secure.in.gov/inshape/2463.htm.

Induced Labor for Non-Medical Reasons: It’s Convenient, but . . .
Though ultimately decisions about induced labor are between the mother and her doctor, the March of Dimes wants mothers to know that it is usually best to carry babies until at least 39 weeks if there are no medical reasons not to because (1) the baby is
less likely to have vision and hearing problems (2) important organs like the brain, lungs and liver get all the time they need to develop (3) the baby is less likely to have feeding issues and (4) the baby is more likely to have a normal birth weight. See article at http://www.marchofdimes.com/pregnancy/getready_atleast39weeks.html. Read or listen to the National Public Radio (NPR) story on the subject at http://www.npr.org/2011/07/18/138473097/doctors-to-pregnant-women-wait-at-least-39-weeks.

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**Personal/Home/Family/Financial Life**

**Give Yourself a Financial Boost**
In March and August of 2012, IU employees who are paid biweekly, get three checks instead of two. Here are some ideas for how to use that “extra” money: (1) pay off credit card debt – this is often where you get the most bang for the buck (2) add some extra onto your mortgage payment and specify that it be “applied to the principal,” if that makes sense in your situation (3) start or add to a retirement or college fund (4) start or add to a savings or money market account so that you have at least a 3-6 month emergency fund built up (5) do home repairs that help to maintain the value of your home or (6) add home insulation, caulking or other things to save money on energy.

**Steel Ponies Exhibition at the Eiteljorg – FREE for IUPUI People**
Whether you like to ride motorcycles, enjoy the history of motorcycles or love the art of the motorcycle, you won’t want to miss the “Steel Ponies” exhibition at the Eiteljorg Museum of American Indians and Western Art at 500 W. Washington St. through August 5th. The “Captain America” bike made famous in the movie, “Easy Rider,” one of Evel Knievel’s bikes and a bike made for the Chippewa Nation on the show “American Choppers” are part of the exhibition. Admission is free for IUPUI staff, students and faculty, if you show your IUPUI ID. General information is at http://www.eiteljorg.org/ejm_WhatsHappening/Exhibitions/details.asp?id=3574. It’s not a huge exhibit but, if you take the time to appreciate the bikes and read the provided information, I think you’ll enjoy it as much as I did. Check out the related events in the Free and Fun/Interesting list below.

**GeekDad: Raising Geek Generation 2.0**
Obviously, it’s not just for dads, but this site is a great place to have fun learning new and quirky things, often in a hands-on way, with kids or on your own. With categories such as survival, gadgets, DIY, video, travel, photo, iPod/iPhone and more, you’ll find plenty of stimulating and fun ideas. I find the how-to section (http://howto.wired.com/wiki/Main_Page) especially interesting. From simple projects like making electric play-doh (http://www.wired.com/geekdad/2012/05/ff_playdoh) to building a hovercraft (http://www.wired.com/geekdad/2012/05/ff_hovercraft), this site is truly a playground for inquiring minds.

**Big Car Art Events**
Big Car aims to bring art to people and people to art, so they're offering a variety of activities at their Service Center located in a former automobile service garage at the corner of Lafayette Road and 38th Street. In June, they're offering a class for aspiring young women authors, Dorkbot (for fans of programming, Arduino projects, circuit bending, welding, home brew industrial automation, open source hardware, generative art and other “strange” things involving electricity), a drum circle and more. See specifics on events in the Free and Fun/Interesting list below. You can keep up with their events at www.bigcar.org and/or facebook.com/servicecenterindy.

Artists, writer, experts, tinkerers and thinkers are invited to volunteer there. You can even suggest your own event, workshop, class, discussion, game, etc.

**IUPUI Summer Camp Offers Language, Science/Math and Music Electives**

IUPUI offers Summer Day Camps that include a choice of morning electives (for an additional fee) such as German, Spanish, music and science/math. General camp information can be found at [http://www.iunat.iupui.edu/camps](http://www.iunat.iupui.edu/camps). Click on “Electives” in menu on left for details on electives. Questions? Contact the IUPUI Sports Complex at 317-274-6787 or daycamps@iupui.edu.

**Indy Summer Youth Pass**

With a $30 IndyGo Summer Youth Pass, children and teens – ages 18 and under – can hop aboard the bus and ride to museums, the zoo, summer school, Indy Parks, jobs and other destinations throughout Marion County from June 1 to August 31. “Learning to use transit is a life skill and the summer youth pass program is typically the first entrance into the world of mobility independence,” says Samantha Cross, vice president of IndyGo.

Children ages 18 and under are eligible for the Summer Youth Pass and IndyGo Half Fare Programs. Passengers using the youth pass or any reduced-fare pass must present a valid student ID (K-12) or an IndyGo Half-Fare ID card when riding the bus. ID cards may be obtained for only $2 by completing the Half-Fare ID card application, available online at [www.IndyGo.net](http://www.IndyGo.net) or at the Customer Service Center. Half-fare ID applications must be completed and presented in person at the Customer Service Center, 34 N. Delaware Street.

**Project Noah**

Project Noah, a tool to explore and document wildlife and a platform to harness the power of citizen scientists, comes to life as a mobile app, available for iOS and Android (there are still a few bugs with this one). The app is a tool for anyone — from an amateur nature lover to a professional scientist — who wants to document the wildlife and plants around he/she sees. You can take photos, called “Spottings,” add observations and tag your location. If you don’t know what you’ve found, you can ask the Project Noah community for help identifying what you’ve spotted. Project Noah contains a map of all Spottings made, so you can explore what other people have seen in your area or across the globe. The spicebush swallowtail larvae that are currently pictured on the home page are worth a visit even if you don’t get involved.
Free and Fun/Interesting

IUPUI

_Gardening 103: Tomatoes_; Wednesday, June 13, 6-8:00; Lockefield Village room 4401, 980 Indiana Ave. Bring a two-gallon container that would make a suitable pot. Register at [https://adobeformscentral.com/?f=*NIO5knWH3lmR-B9W5le3A](https://adobeformscentral.com/?f=*NIO5knWH3lmR-B9W5le3A). FMI, call 274-2550 or visit [http://events.iupui.edu/event/?event_id=6758](http://events.iupui.edu/event/?event_id=6758).

Local

_Insect Song (tour for ages 5+, with an insect specialist and a musician);_ Saturday, June 2, 9:00 a.m. Meet at the Ruth Lilly Visitors Pavilion at the Indianapolis Museum of Art. FMI, visit [http://www.imamuseum.org/special-event/saturdays-park](http://www.imamuseum.org/special-event/saturdays-park).

_eBook Tinker Station (learn how to select an eReader and how to download library materials);_ Saturdays, June 2 and 9, 10-12:00 and Sunday, June 17, 2-4:00; Central Library, 40 E. St. Clair St. FMI, call 275-4100.

_Publishing Club for Aspiring Young Women Authors (ages 11-20);_ Saturday, June 2, 12-2:00; Big Car Service Center, 3819 Lafayette Road. FMI - [www.bigcar.org](http://www.bigcar.org).

_Free eBooks & eAudio @ Your Library (basics of finding/downloading ebooks and audiobooks);_ Saturday, June 2, 2-4:00; Central Library, 40 E. St. Clair St. FMI, call 275-4100.

Meet the Purdue Rube Goldberg Award Winners and See Their Amazing Machine; Saturday, June 2, 2-4:00; Central Library’s Clowes Auditorium, 40 E. St. Clair St. FMI, call 275-4100. You’ll get the chance to do hands-on activities, one of which uses Pivot Stickfigure Animator software.

_I Want to Be a Social Entrepreneur: Now What?_ Monday, June 4, 6:30 p.m.; Central Library, 40 E. St. Clair St. FMI, call 275-4100.

_Circle City Pride Week (5K run, picnic, concert, parade, festival, etc.);_ June 2-9. FMI - [http://www.circlecityinpride.org/index.htm](http://www.circlecityinpride.org/index.htm).

_Irregular Immigration to Europe: An Economic, Social or Politically Constructed Crisis?_ featuring Bruce Leimsidor, professor of asylum law at Ca’Foscari University; Tuesday, June 5, 12-1:00; Lutheran Child and Family Services Chapel, 1525 N. Ritter Avenue. Lunch included. Register with Danielle Stiles at 317-359-5467 ex. 410 or dstiles@lutheranfamily.org by June 3, 2012.

_After-Work Yoga;_ Wednesday, June 6, 6-7:00; Big Car Service Center, 3819 Lafayette Road. FMI - [www.bigcar.org](http://www.bigcar.org).

_Luke Austin Daugherty band;_ Wednesday, June 6, 6:30 p.m.; Eagle Creek Park, 7840 W. 56th St. or 5901 DeLong Rd. Event is free, but you will need to pay park admission. FMI, call 327-7148.

_Free Night at Children’s Museum;_ Thursday, June 7, 4-8:00; 3000 N. Illinois St. Celebrating Juneteenth. FMI - [http://www.childrensmuseum.org/target-free-family-night](http://www.childrensmuseum.org/target-free-family-night).

_John Vander Gheynst Jazz orchestra;_ Thursday, June 7, 6-8:00; Indiana History Center Stardust Terrace, 450 W. Ohio. Bring a blanket for free seating in grassy area above canal. FMI - [http://www.indianahistory.org/events/concerts-on-the-canal](http://www.indianahistory.org/events/concerts-on-the-canal).
Think Farm: Innovate Indy (showcase of volunteer community action team projects around education, recycling/job creation, gardens, local currency and more); Thursday, June 7, 7:00; Big Car Service Center, 3819 Lafayette Road. FMI - www.bigcar.org.

Naptown Fantasy Swingers band; Thursday, June 7, 7:00; Garfield Park Sunken Garden, 2505 Conservatory Drive. FMI – 327-7184.

TJ Reynolds and the Freehand Orchestra; Friday, June 8, 7:00; Broad Ripple Park, 1550 Broad Ripple Ave. FMI – 327-7161.


Talbott Street Art Fair; Saturday, June 9, 10-6:00 and Sunday, June 10, 10-5:00; Talbott Street between 16th and 20th (just east of Meridian). FMI, call 317-745-6479.

Folk Music Festival; Saturday, June 9, 12-7:00 and Sunday, June 10, 12-5:00; Eagle Creek Park, 7840 W. 56th St. or 5901 DeLong Road. FMI, call 327-7110. Event is free, but you do have to pay park admission.

Automaton Creation Workshop (ages 6-11); Sunday, June 10, 2:30 p.m.; Central Library, 40 E. St. Clair St. FMI, call 275-4100.

Harvey & the Bluetones (blues); Sunday, June 10, 5:00; Watkins Park, 2360 Dr. Martin Luther King, Jr. St. FMI – 327-7175.

Global Hunger discussion (with SPEA graduate students); Tuesday, June 12, 6:30 p.m.; Big Car Service Center, 3819 Lafayette Road. FMI - www.bigcar.org.

Jared Thompson & Premium Blend (jazz); Wednesday, June 13, 6:30; Eagle Creek Park Marina, 7840 W. 56th St. Event is free, but you do have to pay park admission. FMI, call 327-7110.

Drop-in Drawing Class; Thursday, June 14, 5-7:00; Big Car Service Center, 3819 Lafayette Road. FMI - www.bigcar.org.

Philharmonic Orchestra of Indianapolis; Thursday, June 14, 7:00; Garfield Park, 2505 Conservatory Drive. FMI – 327-7220.

Matt Roush band; Thursday, June 14, 7:00; Holliday Park, 6363 Spring Mill Road. FMI - 327-7180.

Blair Clark (neo soul, R & B, jazz); Thursday, June 14, 6-8:00; Indiana History Center Stardust Terrace, 450 W. Ohio. Bring a blanket for free seating in grassy area above canal. FMI - http://www.indianahistory.org/events/concerts-on-the-canal.

Nitro Joe 2012: Air in Action (children’s science program part of Scientist in Residence series); Sunday June 17, 2:00; Central Library’s Learning Curve, 40 E. St. Clair St. FMI, call 275-4100.

Cara Jean Wahlers band; Saturday, June 16, 6:00; Ellenberger Park, 5301 E. St. Clair St. FMI – 327-7176.

Stockwell Road band (country); Sunday, June 17, 5:00; Southeastway Park, 5624 S. Carroll Road, New Palestine, IN. FMI – 861-5167.

Dorkbot (for fans of programming, Arduino projects, circuit bending, welding, home brew industrial automation, open source hardware, generative art and other ‘strange’ things involving electricity); Monday, June 18, 7-10:00 p.m.; Big Car Service Center, 3819 Lafayette Road. FMI - www.bigcar.org.
**Flatland & Harmony Experience band:** Wednesday, June 20, 6:30; Eagle Creek Park Marina, 7840 W. 56th St. Event is free, but you will need to pay park admission. FMI, call 327-7110.

“A Bridge Between Centuries: Central State Hospital and Medical Education in Indiana to 1910” presented by Lois Allis; Thursday, June 21, 6:00 p.m. Indiana Medical History Museum, 3045 W. Vermont St. Due to limited seating, RSVP is required. Call 635-7329.

**Juneteenth Celebration:** Thursday, June 21, 6:30 p.m. Big Car Service Center, 3819 Lafayette Road. FMI - [www.bigcar.org](http://www.bigcar.org).

**Endless Summer (dance hits from the last 50 years):** Thursday, June 21, 6-8:00; Indiana History Center Stardust Terrace, 450 W. Ohio. Bring a blanket for free seating in grassy area above canal. FMI - [http://www.indianahistory.org/events/concerts-on-the-canal](http://www.indianahistory.org/events/concerts-on-the-canal).

**Drum Circle:** Thursday, June 21, 6:00 p.m. Big Car Service Center, 3819 Lafayette Road. FMI - [www.bigcar.org](http://www.bigcar.org). Bring your own drum.

**Michael Kelsey band:** Friday, June 22, 7:00; Broad Ripple Park, 1550 Broad Ripple Ave. FMI – 327-7161.

**Athenaeum Pops Orchestra:** Thursday, June 21, 7:00; Garfield Park, 2505 Conservatory Drive. FMI – 327-7220.

**Gears are Everywhere (part of Scientist in Residence series):** Saturday, June 23, 2-4:00; Central Library, 40 E. St. Clair St. FMI, call 275-4100.

**Blue Alchemy band:** Saturday, June 23, 7:00; Irving Circle, south Audubon Road and University Ave.

**The Valley of Gwangi (vintage movie from 1969):** Saturday, June 23, 8:00; Garfield Park Arts Center, 2432 Conservatory Dr. FMI, call 327-7135

**Chamber Music Concert:** Sunday June 24, 2:00; Central Library’s Clowes Auditorium, 40 E. St. Clair St. FMI, call 275-4100.

**Science of Silica (ages 6-17):** Sunday June 24, 2:30; Central Library’s Learning Curve, 40 E. St. Clair St. FMI, call 275-4100.

**Music Box band (blues):** Sunday, June 24, 5:00; Watkins Park, FMI – 327-7175.

**Rob Dixon Quartet (jazz):** Wednesday, June 27, 6:30 p.m.; Eagle Creek Park Marina, 7840 W. 56th St. Event is free, but you will need to pay park admission. FMI, call 327-7110.

**Shannon Forsell and the Roy Geesa Band (a tribute to the lounge era):** Thursday, June 28, 6-8:00; Indiana History Center Stardust Terrace, 450 W. Ohio. Bring a blanket for free seating in grassy area above canal. FMI - [http://www.indianahistory.org/events/concerts-on-the-canal](http://www.indianahistory.org/events/concerts-on-the-canal).

**Greater Greenwood Community Band:** Thursday, June 28, 7:00; Garfield Park, 2505 Conservatory Drive. FMI – 327-7220.

**KRS Trio (band):** Thursday, June 28, 7:00; Holliday Park, 6363 Spring Mill Road. FMI – 327-7180.


Regional

Hoosier Hills Fiber Arts Festival; June 1, 12-6:00 and June 2, 9-5:00; Johnson County Fairgrounds, Franklin. FMI, visit www.hoosierhillsfiberartsfestival.com or call 812-876-9583.

Round Barn Festival; June 7-9; Rochester, IN. FMI, visit http://www.contactrochester.org/events/rbf.htm or call 574-224-2666.

Pioneer Days; June 8 and 9; Logansport, IN. FMI, call 574-753-4856.

Community Farm & Home Auction, Bake and Quilt Sale; June 9; Ferndale, IN. FMI, call 765-569-5226.


Civil War Heritage Days; June 23-24, Danville, IN. FMI, visit http://civilwarhendricks.com or call 317-745-2604.

Becoming More World/Culture Wise

Selected Holidays of Note (Source: University of Kansas Medical Center Web site)
June 5 – World Environment Day
June 6 – D-Day (U.S.)
June 7 – Corpus Christi (Roman Catholic)
June 14 – Flag Day (U.S.)
June 16 – Martyrdom of Guru Arjan (Sikh)
June 17 – Father’s Day (U.S.)
June 19 – Juneteenth (U.S., African-American)
June 27 – Martyrdom of Joseph & Hyrum Smith (Mormon)

Ethnic/World/Cultural Events/Classes
Note: I gather information from a variety of sources. Some sources include contact information, cost, etc. and others don’t, so please excuse the sometimes less than comprehensive information.

Local and Regional

Fort Wayne Germanfest; June 2-10; Fort Wayne’s Headwaters Park, 330 S. Clinton St. There is an admission charge. FMI - http://www.germanfest.org

Asian Fest; Saturday, June 9, 11-5:00; Garfield Park Arts Center, 2345 Pagoda Dr. Free admission and parking. FMI – 327-7135.

Searching for Your German Family; Wednesday, June 13, 7:30 p.m.; Athenaeum’s Damenverein Room. Free. FMI, visit http://www.athenaeumfoundation.org/index.php?option=com_content&view=article&id=65&Itemid=138 or call 655-2755.
**Miscellaneous**

**Got Suggestions?**
Got a suggestion for any aspect at IUPUI? Visit [http://www.surveymonkey.com/s/5M3JBZW](http://www.surveymonkey.com/s/5M3JBZW). You can choose to remain anonymous. Even though this suggestion box is a service of Staff Council, you do not need to restrict yourself to Staff Council issues; there are no restrictions on topics, as long as they are IUPUI related.

**High-Deductible Health Plan**
The next of the high-deductible health plan information sessions is Tuesday, June 5, 12:30-2:00 in Campus Center 307.

**Part-Time Student Employment Job Fair**
If you plan to hire students this fall, consider attending the job fair scheduled for August 23, 10-1:00 in the Taylor Hall courtyard. Registration information can be found at [http://events.iupui.edu/event/?event_id=6312](http://events.iupui.edu/event/?event_id=6312). Questions? Call Jennifer Weinmann at 274-2713.

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**Get Involved in the Community: Volunteer Opportunities/Civic Engagement**

*Comment:* You might wonder why I include a section on volunteerism. I believe that partnering with the community we work and live in is a win/win. The organization you work with gets the value of your services. It potentially allows you, the volunteer, to network and build relationships with other people, explore one of your passions, learn a new skill, experience a leadership role, get the great feeling that you get for making a contribution and have fun. Plus, civic engagement is part of IUPUI’s mission. Reason enough to include this section? 😊

**Want to Build Your Leadership Skills? Serve on a Board/Committee**
Pals Paws, a no-kill animal rescue in Kokomo, is looking for additional board members to help expand the organization and start a new low-cost spay/neuter clinic. If you have questions or are interested, e-mail infopalsforpaws@gmail.com.

**Other Volunteer/Donation Opportunities**

*Be a mascot* at Let’s Meet PBS Kids in the Park on June 9th. FMI - [http://www.volunteermatch.org/search/opp1080884.jsp](http://www.volunteermatch.org/search/opp1080884.jsp).

New Day, a directional group for families experiencing divorce, is seeking volunteer support group facilitators for their Fall 2012 season. All necessary training is provided, and this would be an ideal experience for college students, those in a human services field or anyone who has a desire to help children and parents. Visit
www.NewDayIndy.org to download a volunteer application or call 317-252-5518 for information.

The Cornea Research Foundation is looking for volunteers to help plan their annual Luncheon and Auction to be held on September 28th in Carmel. Contact Jessica Dingledy at jessica@cornea.org or call 317-814-2993.

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**Career/Professional/Personal Enrichment/Recognition/Funding**

**Grants, Scholarships, Student Internships and Study Abroad**


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**Notes**

If someone forwarded this Work/Life e-newsletter to you, you picked it up via the Web or link or received a paper copy and want to subscribe to receive online, just send a note to mstimmin@iupui.edu. This newsletter can also be found at [www.hra.iupui.edu/worklife](http://www.hra.iupui.edu/worklife) under “News & Upcoming Events,” generally within a day of when it was sent.

*Note: In order to provide as many good resources as possible to participants, we will often acquire speakers and informational pieces from a variety of sources and will list Web sites of various companies/organizations. We do not necessarily endorse the persons/companies/organizations whose information we use or whose Web sites we list (though we have done some basic research to try to ferret out reputable organizations, of course). The information we provide is not intended to be advice, simply information. Be a wise consumer and do the appropriate research before using the goods/services/information of any of these companies/organizations/sites.*

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