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M&M: Mindfulness in Medicine

Quality of Care, Then and Now

We had a patient come onto our team who had suffered a sudden cardiac arrest and severe anoxic brain injury. She was young - only in her mid-50's - and had been otherwise fairly healthy, so her condition in the ICU was a very difficult thing for all of her family members. Our medicine team worked with the ICU and neurology teams to manage the patient in hopes of some neurological recovery, but the likelihood of her regaining function became bleaker and bleaker.

I was really impressed by the way the physicians addressed the family in their time of crisis. In particular, one day our team left the patient's room and the ICU on our way to complete rounds on the floor. My attending noticed a daughter of this patient sitting in the waiting area with some of her family crying. My attending took the time to stop and put her arm around the daughter, even though we had already expressed our condolences and spoken with the family a few minutes earlier. I was impressed by this kind act, and I know that it meant a lot to the family. – *Third-year medical student, IUSM*

The quality of mercy is not strain'd,

*It droppeth as the gentle rain from heaven
Upon the place beneath: it is twice blest;
It blesseth him that gives and him that takes...*

William Shakespeare. The Merchant of Venice. 1600

M&M: Mindfulness in Medicine is an editorial collaboration among the Teacher-Learner Advocacy Committee, the Relationship-Centered Care Initiative and the Office for Medical Education and Curricular Affairs. Each column features true stories, letters, poetry or art from members of the IUSM campus community. Comments, questions, submissions or ideas for columns may be sent to meca@iupui.edu.

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PBS story to air on AMPATH

An upcoming episode of the PBS show “Religion and Ethics Newsweekly” will feature a story on USAID-AMPATH and Kenyans’ inspired response to the post-election violence of this winter. PBS correspondent Fred de Sam Lazaro and crew visited Eldoret this spring and spent several days interviewing AMPATH staff and patients, along with the many Kenyan friends who found physical and spiritual refuge inside the walls of the IU House during the worst of the crisis.

Local listings can be found at www.pbs.org/religion. The program also will be rebroadcast on the web after the show airs on TV. In central Indiana, the show is scheduled for broadcast on Friday, June 20, at 6:30 p.m. on WFYI Channel 20.

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Predoc, postdoc training in translational research available

Indiana University and Purdue University have successfully partnered to receive NIH funding for the Indiana Clinical and Translational Research Institute. The CTSI is seeking applicants for special research training in translational research.

Translational research consists of either “T1 research” (interface of basic science to human studies) or “T2 research” (interface of human studies to the community). Funding is available for pre-doctoral graduate students, junior faculty scientists and post-doctoral fellows.

Criteria for **predoctoral training** applications include:

- Mentors must be faculty investigators and include researchers from at least two different disciplines (preferably a clinician and a nonclinician-scientist).

- A training plan that involves coursework relevant to the translational research

Predocutorial training funding is for one year and is renewable for an additional year. Benefits include a training stipend as well as health insurance, tuition and fees for coursework, pilot research funds, and travel funds.

Applications must be submitted by **Tuesday, July 15**, and awards will begin Friday, Aug. 1.

If you are interested or know of qualified candidates, contact Jon Story, PhD, at jastory@purdue.edu; Ph: 765-496-7352. A copy of your CV or resume can be forwarded to Dr. Story. Candidates must be U.S. citizens or permanent residents.

Criteria for **postdoctoral training** applications include:

- Applicant must be a clinician-scientist with a doctoral degree (such as physicians, nurses, dentists, optometrists, pharmacists, clinical psychologists, other allied health care professionals, etc.).
- Mentors must be faculty investigators and include researchers from at least two different disciplines (preferably a clinician and a nonclinician-scientist).
- Plans to submit a grant for external funding (either a career development award or independent research grant) during the first 12 months of the award.
- A training plan that involves coursework relevant to the translational research

Training funding is for one year and is renewable for an additional year. Benefits include partial salary support as well as health insurance, tuition and fees for coursework, pilot research funds, and travel funds.

Applications must be submitted by **Tuesday, July 15**, and awards will begin Friday, Aug.1. If you are interested or know of qualified candidates, contact Kurt Kroenke, MD, at kkroenke@iupui.edu or 630-7447. A copy of your CV or resume can be forwarded to Dr. Kroenke. Candidates must be U.S. citizens or permanent residents.

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Promoting female faculty careers – June 17

IUPUI has an opportunity to expand its conversation about fostering the work and careers of all its faculty members. On Tuesday, June 17, at 1 p.m. in UL 1126, Maïke Ingrid Philipsen, a researcher who has done recent and extensive research on what works best to promote the faculty careers of women, will speak at an audio conference lasting one hour. During the second hour, attendees will have an opportunity to create a set of recommendations for enhancing the careers of women at IUPUI.

Those in charge of hiring, mentoring, and promoting women faculty are invited to be part of this conversation. RSVP to Christy Cole (ckcole@iupui.edu) if you'd like to attend. Questions? Contact Mary Dankoski, Kathy Grove, Richard Turner, or Etta Ward.

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Emergency preparedness for kids with disabilities

The sixth annual Conference on Health, Disability and the Law, will be from 8 a.m. to 4 p.m. Friday, June 20. “Emergency and Disaster Preparedness for Children with Disabilities” will be presented at the William S. and Christine S. Hall Center for Law and Health at the Lawrence W. Inlow Hall, 530 W. New York St.

The deadline for registration has been extended until **Monday, June 16**. For additional information or to register, contact Heather McCabe at hamccabe@iupui.edu

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Hone your writing skills at two-day workshop

Scientific Writing from the Reader’s Perspective, featuring George D. Gopen, JD, PhD, professor of English at Duke University, will be from 8 a.m. to 5 p.m. July 28-29, in Emerson Hall auditorium. Lunch will be provided each day.

This unique workshop is a must for anyone who desires to either enhance their competitive edge in obtaining external funding or significantly increase the chances of getting their work published. This two-day, hands-on workshop will provide an in-depth analysis and understanding of the essential skills for effective scientific writing. Attendees are expected to attend both full days. Registration is required. See ctl.iupui.edu/events/eventsRegistration.asp?id=1221.

As a special feature of this workshop, a limited number of attendees will have an opportunity for individual writing consultations with Dr. Gopen. The consultations will take place on July 30. To schedule an appointment by calling Marsha Quarles at 278-3089. Each individual will be asked to bring to the consultation several pages of writing that they and only they have produced. You must attend all the of the two-day workshop in order to take advantage of the opportunity for a personal consultation.

This event is sponsored by the IUSM Office of Faculty Affairs and Professional Development and the IUPUI Office of Research and Sponsored Programs. Questions may be directed to Stephen P. Bogdewic, PhD, executive associate dean for faculty affairs and professional development at Bogdewic@iupui.edu or 278-5461.

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Assistance needed for Faces of Cancer campaign

The IU Simon Cancer Center is seeking volunteers to help place ribbons across the IUPUI campus as part of the grand opening celebration's Faces of Cancer ribbon campaign.

There are three opportunities to volunteer:

Thursday and Friday, July 17-18, 11 a.m. to 2 p.m.

Donate your lunch break to help label and sort ribbons in the Indiana Cancer Pavilion lobby.

Saturday, July 19, 9 a.m.

Help honor and remember those who have battled cancer by placing 5,000 ribbons with the names of those who have survived or succumbed to cancer. The ribbons will be placed around the IUPUI campus. Meet at the Cancer Pavilion entrance at 9 a.m. to join a team of volunteers. All volunteers should bring a tape measure and a water bottle.

Saturday, July 19, 9 a.m.

Volunteer to be a team leader. Volunteer team leaders will be assigned a group of 5 volunteers and a specific area for placing signs. The team leader will be in charge of ensuring signs are accurately placed in the correct order.

Team Leaders will need to attend a short training session in the Cancer Pavilion lobby on either Thursday, July 17, at 5:15 p.m. or Friday, July 18, at 11 a.m. to receive further instruction and their assigned area.

Please help honor and remember those who have faced cancer by volunteering for the Faces of Cancer campaign. To sign up to volunteer, contact Laura Feagans at lfeagans@indiana.edu.

There is still time to reserve ribbons to honor or remember special individuals. Go to cancer.iu.edu/help/waystogive/lifetime/ribbon.php to reserve free ribbons.

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Gift-givers to be acknowledged in IUSCC healing garden

Very soon the expanded Indiana University Melvin and Bren Simon Cancer Center facility will be accepting patients. Opportunities remain for employees to donate to the expansion campaign and gifts of all amounts are appreciated.

Staff members who contribute \$500 or more to the expansion project during 2008 will have their names engraved on brick pavers in the new healing garden. For more information on tax-deductible gifts to the IU Simon Cancer Center, see www.cancer.iu.edu/giving.

If you have any questions or if you have already given to the campaign and have not received an acknowledgment, call the Office of Gift Development at 274-7409.

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Volunteers needed for national VA games

The Roudebush VA Medical Center will host the 2008 National Veterans Golden Age Games, the U.S.'s premier senior adaptive rehabilitation program and the only national senior program in the world designed to improve the quality of life for all senior veterans, including those with a wide range of abilities and disabilities.

The games, which will be Aug. 20 -24. This is the first time in the 22-year history of the games that they will take place in Indianapolis.

Hundreds of volunteers, working a minimum of 4 hours each, are needed Aug.19-25 in a variety of areas including hospitality, registration, competition venues, award ceremonies and many more. Visit the volunteer website at www.2008NVGAGVOLS.com to for more information and to volunteer.

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Language development researcher seeks kids

The Department of Otolaryngology invites children between the ages of 8 and 15 to participate in a study of the development of language in children. Interested parents or guardians should send an email to phonolab@iupui.edu for further information.

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This week on *Sound Medicine*

Sound Medicine will air a summary of popular shows June 14-15 and will return with new programming June 21-22.

Sound Medicine is an award-winning weekly radio program co-produced by IUSM and WFYI Public Radio (90.1 FM) in Indianapolis. The program is hosted by Barb Lewis.

Archived editions of *Sound Medicine* as well as other helpful information can be found at <http://www.soundmedicine.iu.edu>. *Sound Medicine* is underwritten by the Lilly Center for Medical Science, Clarian Health, and IU Medical Group. Jeremy Shere's "Check-Up" is underwritten by IUPUI.

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Continuing Medical Education at your fingertips

Online registration and a list of grand rounds, conferences and courses are available on the Continuing Medical Education website at cme.medicine.iu.edu.

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Scientific Calendar online

A comprehensive listing on IUSM seminars, lectures and Grand Rounds can be accessed at [the new Scientific Calendar website](#). To place items on the Scientific Calendar, please forward them to Iona Sewell at imsewell@iupui.edu.

To access calendars and information prior to 2003, visit the old site [at www.medlib.iupui.edu/calendar](http://www.medlib.iupui.edu/calendar).

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***Scope* submission guidelines**

Scope wants your news items.

The deadline for submission is 8:30 a.m. on Thursdays. *Scope* is published electronically and sent to faculty, staff, students, and residents.

There are three easy ways to submit story ideas or information to *Scope*:

- e-mail the information to mhardin@iupui.edu
- mail the information to Mary Hardin, Z-7, Ste. 306, IUPUI
- fax your information to (317) 278-8722

Contributions submitted by e-mail should be forwarded in 12 point, plain text format.

In the interest of accuracy, please do NOT use:

- acronyms
- abbreviations
- campus building codes (use full, proper name of building and include the room number)
- Dr. as a preface before names (designate MD or PhD)

To keep the electronic version of *Scope* as streamlined as possible, only seminars and lectures of general or multidisciplinary interest will be included.

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