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Wells Center gains four Irish interns

Four research interns arrived Aug. 17 from the University of Ulster in Northern Ireland to spend a year working at the Wells Center developmental cardiology research group.

Interns David McConville, Avita Ramroop, Rachel Houng and Claire Wilson are juniors at the University of Ulster, Coleraine campus in Northern Ireland, and honor students in the School of Biomedical Sciences. Their Wells Center supervisors are Tony Firulli, PhD, Simon Conway, PhD, and Mark Payne, MD.

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White Coat Ceremony student blog

Holly Kloss, MS 1 and a “Tour the Life” blogger, explains how it feels to wear the white coat for the first time: “... I was honestly worried I’d cry when I got to the stage, because I was so happy and excited.”

Read her first-hand account of the traditional ceremony for medical students on the IUSM blog provided by four medical students at blogs.medicine.iu.edu/holly_kloss/2009/08/16/orientation-white-coat-ceremony.

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Proposals needed for New Frontiers program

The first year of a new five-year cycle of the New Frontiers in the Arts and Humanities Program, a program of the Office of the Vice President for Research, is about to begin and proposals are sought.

The goal of this university-wide program is to help Indiana University faculty members expand their creative and scholarly work into disciplinary or interdisciplinary frontiers that promise new insights into the human condition or pursue innovative directions in artistic creativity. The program is open to faculty members on all IU campuses.

The call for proposals, descriptions of the different kinds of grants available, guidelines, forms, FAQ’s, and other information can be found on the OVPR website at research.indiana.edu/funding/newfron/index.html.

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IUPUI alumni mentors needed

The IUPUI Career Center offers the Alumni Mentor Database as a tool for career exploration that connects current students with hundreds of alumni from a variety of fields all over the country. Mentoring provides alumni the opportunity to give back to their community and university, as well as an avenue for molding the future of their profession.

To get involved, alumni complete a registration profile in which they choose their desired contact method (phone or e-mail), the number of times per month they wish to be contacted by students, and select one or more of the following mentor offerings: career advising, informational interview, job shadowing, mock interview, resume review, employer information, regional information, offer internship, and offer externship.

Students and alumni may choose to connect from a distance, or meet in person as their locations allow. Individuals interested in becoming alumni mentors can get started by visiting www.jagjobs.org, clicking the "Become a Mentor" link, and completing the registration profile. For more information about the IUPUI Alumni Mentor Database, contact Angie Carlen, experiential learning coordinator, at (317) 278-8630 or acarlen@iupui.edu.

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Primary health care and transgender panel

As a health-care provider, it is important that you create an atmosphere of openness where all patients feel supported and comfortable. Unfortunately, transgendered people have reasonable fears of discrimination when seeking health care. These barriers could result in transgendered people not seeking needed preventive screening tests and preventive interventions, delaying seeking treatment for acute health conditions, or exacerbation of a chronic condition.

A panel discussion on primary health care and transgender issues will focus on the barriers, possible solutions to those barriers, and discussion that will include positive interactions as well as those that were challenging, difficult, and/or inappropriate. Panelists will include transgender individuals and a health-care provider experienced in transgender health care on Wednesday, Sept. 2, at noon in Emerson Hall room 314.

To register, please visit <https://faculty.medicine.iu.edu/events.asp>.

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Aprison Lecture on schizophrenia

The fourth annual Aprison Lectureship in Biological Psychiatry, presented by the IUSM Department of Psychiatry, and sponsored by Morris Aprison, PhD, and family will be Sept. 4.

The guest lecturer will be Carol A. Tamminga, MD, interim chair and professor of psychiatry, vice chair for clinical research and director of translational neuroscience research in schizophrenia at the University of Texas Southwestern Medical Center in Dallas.

This lecture will be from 11 a.m. to noon in the Lilly Auditorium of the Riley Outpatient Center. It is free and open to the public. (1.0 Category 1 CME credit is available for attendance at this lecture.)

Dr. Tamminga will lecture on "Schizophrenia: A Learning and Memory Model of Psychosis." Information on this lecture can be found on the IUSM Department of Psychiatry website at psychiatry.medicine.iu.edu.

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Ride to Remember for palliative care kick-off Sept. 10

All are invited to Palliative Care's 10th anniversary celebration and kick off from 11 a.m. to 2 p.m. on Thursday, Sept. 10, for the Ride to Remember. The event will be Myers Auditorium, the Myers Multipurpose Room and the "W" elevator lobby, Myers main floor, at Wishard Hospital.

This September and October, Greg Gramelspacher, MD, director of the Wishard Health Services Palliative Care Program, will celebrate the anniversary of the program with the Ride to Remember. This 3,280-mile cross-country bicycle ride will honor the more than 3,000 patients served by Wishard's Palliative Care team over the past 10 years. Riding one mile for each patient, The Ride to Remember is also aimed at raising support for the Palliative Care Program while drawing attention to the needs of those who are terminally ill.

Activities at the event include remembering past patients, the Power Meter Challenge, prize drawings and refreshments. Ride to Remember T-shirts will also be available with a \$15 donation.

Come and join the celebration. If you have any questions, please contact Christine Slater-Turner, program manager, at 630-7767.

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Health reform panel discussion

Join experts and national leaders for a thought-provoking look at the current state of health care reform in the United States on Sept. 11 from noon to 2 p.m. in Lilly Auditorium at University Library.

Hosted by the IUSM Department of Public Health, this session will confirm that our current system has major deficiencies and is unsustainable. The presenters will engage students in a dialogue regarding the deficiencies and proposed health care reform options. Proposals under active discussions include incremental changes to our existing employer-based, health insurance model to plans involving the “public option” as well as the “single payer” or “Medicare for All” reforms.

Speakers and national guests include:

- Oliver Fein, MD, President, Physicians for a National Health Program (PNHP); and Clinical Professor of Clinical Public Health at Cornell University
- Sam Nussbaum, MD, Executive Vice President of Clinical Health Policy and Chief Medical Officer, WellPoint, Inc.
- Judy Monroe, MD, Commissioner, Indiana State Department of Health
- Eric Wright, PhD, Associate Dean, IUPUI School of Public and Environmental Affairs
- Eric Meslin, PhD, Director of the Center for Bioethics, Indiana University
- Aaron Carroll, MD, Associate Professor of Pediatrics, IUSM

Space is limited to 100 IUSM students. A live webstream of this event will open for the general public.

Registration is required for live and online viewing. Pre-registration is required. To register, go to www.publichealthconnect.org and click on “Events.” Select this program and follow the prompts.

Students attending in person will receive a free box lunch prior to the event. Lunch service will begin at 11 a.m. Student identification is required. One CME credit available.

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National Alcohol and Drug Addiction Recovery Month

September is National Alcohol and Drug Addiction Recovery Month. This year’s theme, “Join the Voices for Recovery: Together We Learn, Together We Heal” encourages people to educate themselves and others about the new tools, such as the Internet, that are available to help people who suffer from addiction.

In observance of the month’s designation, employees are invited to a lecture about understanding the basics of addiction from a common sense point of view on Wednesday, Sept. 16, from 11 a.m. – 12:30 p.m. in Myers Auditorium at Wishard Memorial Hospital. Presented by Dean Babcock, associate vice president of Midtown, the talk will cover what addiction is all about, the seriousness of consequences, and how this affects the personal and work lives of health-care workers. Refreshments will be available and door prizes awarded.

In 2007, an estimated 23.2 million people age 12 or older needed treatment for substance use disorders in the United States. Substance use disorders affect almost 69 percent of people in this country.

Addiction is a chronic illness, and, like many other illnesses, treatment is available and effective. Treatment can be accessed at Midtown Community Mental Health Center by calling 630-7791.

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Free lynda.com available

IU staff, faculty, and students statewide now have free access to the entire lynda.com elearning library. The free ends Dec. 20.

Lynda.com is a leading provider of video-based elearning primarily focused on Adobe applications, multimedia, and web development. Their training complements other online training materials offered at IU. The four-month pilot will help gauge interest in a wider range of lelearning options.

You can get more information and log on (using your IU user ID and passphrase) through the UITS IT Training site at <http://ittraining.iu.edu/lynda>

Lynda.com offers over 650 courses and exercises created by subject matter experts, including:

- In-depth coverage of Adobe, Microsoft, and open source applications
- Comprehensive training on multimedia, web design and development, programming, and more
- Training not currently available through UITS, on technologies such as WordPress, Ajax, AIR, Flex, Drupal, Blogger, ColdFusion, and Final Cut

Questions? Contact UITS IT Training at IUPUI at 274-7383 or ittraining@iupui.edu.

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Riley Heart Center organizing walk team

The American Heart Association is holding the *2009 Indianapolis Start! Heart Walk* on Saturday, Sept. 19, at White River State Park in downtown Indianapolis. Check-in is at 8 a.m. with the walk starting at 10 a.m. The heart walk is an opportunity for IUSM employees to make a difference and help save lives.

The Riley Heart Center is organizing team participation. To join or support them, contact Donna Fischer, dfischer@iupui.edu, 278-1130, or Lauren Sterrett, lsterrett@iupui.edu.

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IUPUI Inaugural Regatta seeks teams

The Student Organization for Alumni Relations (SOAR), the Central Indiana Chapter of the IU Alumni Association and the IUPUI Alumni Council are sponsoring an inaugural "IUPUI Regatta: A Canoe Race on the Downtown Canal," and students, faculty, and staff from the School of Medicine are encouraged to participate.

The half-mile race will be Saturday, Sept. 19, at the north end of the canal running from the Buggs' Temple end to the USS Indianapolis basin and back. There will be four-person teams of paddlers racing in canoes, two paddlers at a time. Each team may have up to four additional members to assist paddlers getting in and out of their canoes. Current students, alumni, faculty, and staff may enter.

Student teams will be charged \$50 for the 4 paddlers and \$10 for each additional team member. Alumni, faculty and staff teams will be charged \$100 for the four paddlers and \$15 for each additional member.

To register, visit www.iupui.edu/~soar. Registration deadline is **Friday, Sept. 10**.

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Cultural Arts Gallery lineup

Exhibits for fall in the Cultural Arts Gallery in the IUPUI Campus Center are:

August - "Rebillion Grafica", prints by Assemble de Artistas Revolucionarios de Oaxaca.

September - "Picture Yourself Here", paintings by Dr. Peg Brand.

October - "America in China 1907-1937-- A legacy of architectural gems in Lingnan/ Sun Yat-sen University", sponsored by The Confucius Institute.

November - "Scientific Inquiry, Artistic Expression", exhibit by the IU School of Medicine.

December - "LOOK HERE", a collection of three Herron students work.

Visit the Cultural Arts Gallery on the second floor of the IUPUI Campus Center or online at life.iupui.edu/campus-center/about/cag.html.

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Prostate screenings

The Indiana University Melvin and Bren Simon Cancer Center, in conjunction with the American Cancer Society, is offering free prostate cancer screenings from 5 p.m. to 7 p.m. Wednesday, Sept. 16, in the Urology Clinic, room 340, at the IU Simon Cancer Center.

Each screening should take less than 15 minutes. Screenings are limited to the first 100 men who call 274-6988 to schedule an appointment.

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Kripke Legend Award seeks nominations

Women Faculty Programs at M. D. Anderson Cancer Center established the Margaret L. Kripke Legend Award for Promotion of Women in Cancer Research and Cancer Medicine in 2008 in honor of Margaret L. Kripke, Ph. D. for her unwavering advocacy for and promotion of women in academic medicine and science. This award recognizes an individual who has made significant contributions to the advancement and promotion of women in cancer science and cancer medicine.

The deadline for applying is **Wednesday, Sept. 30**. Complete information is available at [Kripke Legend Award](#)

This week on *Sound Medicine*

Tune in at 2 p.m. Sunday, Aug. 30, or 8 p.m. Tuesday, Sept. 1, to *Sound Medicine*, the award-winning weekly radio program co-produced by IUSM and WFYI Public Radio (90.1FM) in Indianapolis. The program is hosted by Barb Lewis.

This week, William Roberts, MD, MS, a professor of family medicine and community health at the University of Minnesota Medical School and a member of the American College of Sports Medicine, will explain new guidelines on how to prevent heat stroke in high school athletes.

Aaron Carroll, MD, MS, associate professor of pediatrics and director for the Center of Health Policy and Professionalism Research at IUSM, will discuss the recent controversy involving a side deal between President Obama and the pharmaceutical industry in relation to health-care reform.

Larry Cripe, MD, associate professor of medicine and an oncologist at the IU Simon Cancer Center, will present his view that end-of-life discussions are a crucial part of any health reform package.

Bryce Mackie, will discuss his struggle with depression and his diagnosis of bipolar 1. Mackie is known for his documentary, *Eternal High*, about his ups and downs with depression and suicidal thoughts.

In this week's *Sound Medicine* "Checkup," Jeremy Shere, PhD, will explore non-head hair transplants.

Archived editions of *Sound Medicine* as well as other helpful information can be found at www.soundmedicine.iu.edu.

Sound Medicine is underwritten by Clarian Health, IU Medical Group and Indiana University-Purdue University Indianapolis. Primary care segments are underwritten by Wishard Health Services.