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About: Story Archives - January 1, 2006-December 31, 2006

Dec 20 - Sevilla Honored by Indiana Commission on Hispanic/Latino Affairs

Javier F. Sevilla Martir, M.D., received a Certificate of Appreciation from the 2006 Health Subcommittee by the Indiana Commission on Hispanic/Latino Affairs. Dr. Sevilla, a leading advocate, was recognized for exemplary contributions to the underserved Hispanic community in Indianapolis Indianapolis.

Dec 15 - This Week on *Sound Medicine*...December 17

Tune in at 4 p.m. Sunday, Dec. 17, to Sound Medicine, the weekly radio program co-produced by IUSM and WFYI Public Radio (90.1 FM) in Indianapolis. The program is hosted by Barb Lewis. Co-hosts of this week's program are Ora Pescovitz, MD, David Crabb, MD, and Stephen Bogdewic, PhD.

Guests will include William Kronenberger, PhD, associate professor of psychology in the IU Department of Psychiatry, who will discuss a study recently released at the Radiological Society of North America's annual meeting on the impact of violent video games on adolescents.

Bariatric surgery is a major gastrointestinal operation sealing most of the stomach to reduce the amount of food intake and rearranging the small intestine to limit the number of calories the body can absorb. In recent years, the procedure has become more popular among obese individuals. Stephen Clark, MD, bariatric surgeon at St. Francis Medical and Surgical Weight Loss Center in Indianapolis, explains the medical challenges these patients face during the holiday season.

Brian Wansink, PhD, the John S. Dyson Professor of Marketing and Nutritional Science at Cornell University and director of the Cornell Food and Brand Lab, is the author of *Mindless Eating: Why We Eat More Than We Think*, a book explaining the psychological reasons behind eating habits. Dr. Wansink talks about a few simple steps to avoid gaining extra holiday pounds.

Nearly 25 million Americans suffer from some form of heart disease which often is attributed to fatty foods clogging the arteries. Janet P. Wallace, PhD, professor kinesiology at IU-Bloomington, will discuss her recent study findings that exercise following a meal will help improve the function of the arteries and reverses the arterial dysfunction caused by foods high in fat.

Archived editions of Sound Medicine, as well as other helpful health information, can be found at soundmedicine.iu.edu/

Dec 11 - Sevilla Honored by HLMHCGI

Javier F. Sevilla Martir, M.D., was honored by the Hispanic/Latino Minority Health Coalition of Greater Indianapolis, Inc (HLMHCGI). Dr. Sevilla, a leading advocate for access to health care for the underserved Hispanic community in Indianapolis was honored in recognition for his valuable contributions to Indianapolis.

Dec 4 - Dankoski Elected Chair of the Council of Divisional Presidents of AAMFT

Mary Dankoski, PhD, Assistant Dean for Faculty Affairs and Professional Development, Indiana University School of Medicine; Lester D. Bibler Scholar and Assistant Professor of Clinical Family Medicine; and Director, Faculty Development and Fellowships Division, Department of Family Medicine has been elected by other divisional presidents to serve a two year term as Chair of the Council of Divisional Presidents of the American Association of Marriage & Family Therapy (AAMFT).

Dr. Dankoski is currently serving as President of the Indiana Association of Marriage & Family Therapy. In her upcoming two-year position as Chair beginning January 1, 2007, Dr. Dankoski will serve as a direct link between the Council of Divisional Presidents (CDP) and the Board of Directors. The Chair is to fully and strongly represent the the CDP thinking to the Board of Directors as policy decisions are considered and made, while keeping the best interest of the AAMFT in consideration.

The American Association for Marriage and Family Therapy is the professional association for the field of marriage and family therapy. We represent the professional interests of more than 23,000 marriage and family therapists throughout the United States, Canada and abroad.

Dec 1 - This Week on *Sound Medicine*...December 3

Tune in at 4 p.m. Sunday, Dec. 3, to Sound Medicine, the weekly radio program co-produced by IUSM and WFYI Public Radio (90.1 FM) in Indianapolis. The program is hosted by Barb Lewis. Co-hosts of this week's program are Ora Pescovitz, MD, Kathy Miller, MD, and Stephen Bogdewic, PhD.

This week, Eric Meslin, PhD, director of the IU Center for Bioethics, will discuss the many political issues surrounding the health care industry.

Age-related macular degeneration is a common eye disease that causes deterioration of the macula, the central area of the retina. Thomas Ciulla, MD, a retina specialist with the Midwest Eye Institute, talks about Lucentis, a new drug treatment for AMD.

"The First Year – Age-Related Macular Degeneration: An Essential Guide for the Newly Diagnosed" is a resource for those patients who want to be informed and actively involved in managing their condition. The author, Dan Roberts, is a visually-impaired educator and musician who founded MD Support, an international non-profit service organization for people diagnosed with macular degeneration. He will share his personal experiences with Sound Medicine listeners.

World Aids Day, established by the World Health Organization, is an international day of action on HIV and AIDS. Joe Mamlin, MD, professor emeritus of medicine at IUSM and co-

founder of the partnership between IU and Moi University in Eldoret, Kenya, continues a two-part discussion on his program and how it is affecting the community.

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Nov 13 - "Use of Herbal Remedies by Hispanic Patients: Do They Inform Their Physician?"

"Use of Herbal Remedies by Hispanic Patients: Do They Inform Their Physician?" was published in the November-December 2006 issue of the Journal of the American Board of Family Medicine.

Abstract

Purpose: This study measured the knowledge and use of herbs among Hispanics and assess their experiences when discussing herb use with their physician.

Methods: Self-administered questionnaires were collected from 620 Hispanic patients seeking treatment in urban health centers.

The article is authored by Laura Howell, MD; Komal Kochhar, MBBS, MHA; Robert M. Saywell, Jr., PhD, MPH; Terrell W. Zollinger, DrPH; Julie Koehler, PharmD; Christina Mandzuk, BSE; Brittany Sutton, MPH; Javier F. Sevilla Martir, MD; and Deborah Allen, MD.

Nov 10 - This Week on *Sound Medicine*...November 12

Tune in at 4 p.m. Sunday, Nov. 12, to Sound Medicine, the weekly radio program co-produced by IUSM and WFYI Public Radio (90.1 FM) in Indianapolis. The program is hosted by Barb Lewis. Co-hosts of this week's program are David Crabb, MD, and Stephen Bogdewic, PhD.

This week contributing reporter Shia Levitt will examine the strengths and weaknesses of the Veterans Administration's medical care system, which has undergone leadership changes and series of reforms in the past 10 years.

Doctors Without Borders co-founder Patrick Aeberhard, MD, will discuss the organization and his personal experiences practicing medicine in war-torn countries such as Rwanda.

Also scheduled is Siobhan McEvory-Levy, PhD, associate professor of political science at Butler University, who will discuss her recent trip to Israel and Palestine and the impact of war and conflict on children in those countries.

Physicians face many challenges in the war zone. Michael Murphy, MD, IUSM assistant professor of surgery, will relate his experience operating at the Combat Support Hospital in Baghdad for four months, performing general and vascular surgeries on war wounded Americans and Iraqis.

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Nov 9 - 2005 Marion County, Indiana Adult Obesity Needs Assessment Results Completed

The Marion County Health Department has made 2005 Marion County, Indiana Adult Obesity Needs Assessment Results available on-line at www.mchd.com/AONA_results_2005.htm.

The report is authored by P. Joseph Gibson, Ph.D., MPH; Terrell W. Zollinger, DrPH; Susan R. Moriarty, M.D.; Hesam Lahsae, MPH; Robert M. Saywell, Jr., Ph.D., MPH; Carolyn M. Muegge, M.S., MPH; and Virginia A. Caine, M.D.

Executive Summary:

The combination of poor diet and sedentary lifestyles is second only to smoking in causing preventable health problems and deaths in the United States. The consequences go well beyond health, impacting quality of life, productivity, and the general economy. These effects can be avoided through more active lifestyles, combined with good eating habits.

Until this survey was conducted, only a little more than anecdotal information was known about eating and physical activity habits within Marion County. There were many outcomes indicating unhealthy habits, including: high rates of diabetes and other chronic diseases; high state-level rates of obesity and obesity-related Medicaid expenditures; and county-wide obesity rate estimates that exceed the rest of Indiana. However, these estimates were based on too few people to adequately assess which groups in Marion County have the greatest problems. There was also little information about the habits, attitudes, and factors contributing to obesity among our 870,000 residents.

Oct 27 - This Week on *Sound Medicine*...October 29

Tune in at 4 p.m. Sunday, Oct. 29, to Sound Medicine, the weekly radio program co-produced by IUSM and WFYI Public Radio (90.1 FM) in Indianapolis. The program is hosted by Barb Lewis. Co-hosts of this week's program are Stephen Bogdewic, PhD, and Kathy Miller, MD.

This week National Public Radio reporter Joanne Silberner will dissect a new study published in the Annals of Emergency of Medicine concerning the use of female hormones to help heal brain injuries.

Karl MacDorman, PhD, IU associate professor of informatics, discusses his work with androids and explains the sometimes uncomfortable relationship between humans and too-humanlike robots.

Correspondent Eric Metcalf interviews Susan Clancy, PhD, postdoctoral fellow at Harvard, about her work with false-memory creation and people who claim to be abducted by aliens. Her new book is called *Abducted: How People Come to Believe They Were Kidnapped by Aliens*.

Archived editions of Sound Medicine, as well as other helpful health information, can be found at soundmedicine.iu.edu/

Oct 25 - Willis Receives Appreciation Award from the Indiana Immunization Coalition

Deanna R. Willis, M.D., M.B.A., Assistant Professor of Family Medicine; Director of Affiliate Faculty, Department of Family Medicine; and Medical Director of Quality and Medical Management, IU Medical Group was the Organizational Recipient of the Appreciation Award from the Indiana Immunization Coalition.

Dr. Willis was recognized for her leading organizational quality improvement efforts on immunization scores which resulted in the organization being recognized as one of four organizational recipients of the award.

Oct 23 - "Dankoski and Logio Appointed Assistant Deans"

Mary E. Dankoski, PhD, assistant professor of clinical family medicine and a Lester D. Bibler Scholar, and Lia S. Logio, MD, assistant professor of clinical medicine, have each been appointed as assistant dean for faculty affairs and professional development on a part-time basis. They will continue to work with Executive Associate Dean for Faculty Affairs and Professional Development Stephen P. Bogdewic, PhD, in the areas of diversity and faculty development. They will each retain their current titles and appointments.

Oct 20 - This Week on *Sound Medicine*...October 22

Tune in at 4 p.m. Sunday, Oct. 22, to Sound Medicine, the weekly radio program co-produced by IUSM and WFYI Public Radio (90.1 FM) in Indianapolis. The program is hosted by Barb Lewis. Co-host of this week's program is Stephen Bogdewic, PhD.

Guests include three Indianapolis-area medical professionals who will read part of their open letter sent to the Indianapolis Star regarding the Heparin dosing error at Methodist Hospital.

WBUR-Boston health reporter, Allan Coukell, shares a story about Linda Kenney, her physician and the medical mistake which nearly took her life. The experience inspired her to establish Medically Induced Trauma Support Service (MITSS), an organization linking those involved in providing and promoting healing.

Craig Berridge, PhD, a University of Wisconsin-Madison professor of psychology, will discuss a recent study finding attention deficit hyperactivity disorder (ADHD) drugs primarily targeting the prefrontal cortex, a region of the brain associated with attention, decision-making and an individual's personality.

Adderall is a stimulant used as a treatment for ADHD and narcolepsy. An increasing number of high school and college students are misusing, selling and trading the prescription drug which can have serious side effects if not taken correctly. Anantha Shekhar, MD, PhD, IUSM professor of psychiatry, talks about the types of individuals who use the drug and have not been diagnosed with ADHD.

Ronald Dworkin, MD, PhD, an anesthesiologist and senior fellow at the Hudson Institute, discusses his book, Artificial Happiness: The Dark Side of the New Happy Class. He contends "our culture's aim for a permanent state of happiness may lead to a generation of individuals who won't be prepared to handle genuine sadness."

Irene Wegner, the AARP Indiana associate state director for community development, talks about the "Community Drug Collection," an event aimed to gather unused prescription drugs and dispose them without causing environmental damage.

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Oct 16 - "IU School of Medicine Sports Medicine Specialist Will Care for Ironman Participants"

INDIANAPOLIS -- Douglas B. McKeag, MD, OneAmerica Professor of Preventive Health Medicine and chair of the Department of Family Medicine and the Indiana University School of Medicine, is one of six physicians invited to be a course physician for the 2006 Ford Ironman World Championship on Oct. 21, 2006, in Hawaii.

Dr. McKeag, who also is director of the IU Center for Sports Medicine, was previously invited as a course physician in 1999.

The Ironman event includes a 2.4 mile swim, a 112-mile bike ride and 26.2 mile marathon run. Medical tents along the route are staffed with medical personnel overseen by a course physician. Dr. McKeag will be the course physician at the final tent.

In addition, Dr. McKeag has been invited to present at the 18th Annual Official Ironman Sports Medicine Conference, October 15-19. He will be presenting on topics such as shoulder pain in the athlete, overuse injuries and arthritis and exercise.

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Media Contact: Eric Schoch
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Oct 13 - This Week on *Sound Medicine*...October 15

Tune in at 4 p.m. Sunday, Oct. 15, to Sound Medicine, the weekly radio program co-produced by IUSM and WFYI Public Radio (90.1 FM) in Indianapolis. The program is hosted by Barbara Lewis. Co-hosts of this week's program are Steve Bogdewic, PhD and Kathy Miller, MD.

Guests include Lloyd Kolbe, PhD, professor of applied health science at Indiana University, who will discuss the increase in childhood obesity.

Contributor Jeremy Shere infiltrates the dorm-food business to better understand the appetites of students, more specifically the difference between what they want and what they should eat. Daphne Oz, author of Dorm Diets, gives advice about making wise food choices while in college.

Sound Medicine reporter Shia Levitt goes inside the kitchen of Chef Ann Cooper, the "renegade lunch lady" and director of nutrition services for the Berkeley (CA) Unified School District, for an update on her school-lunchroom revolution. According to Cooper, it is possible to provide children with healthy, delicious school lunches without overspending.

Pauline Powers, PhD, a professor of psychiatry at the University of South Florida's College of Medicine and an expert in the field of eating disorders, will discuss the link between eating disorders and the obesity crisis.

Wesley Burks, MD, chief of the division of pediatric allergy and immunology at Duke University School of Medicine, will talk about peanut allergies. Dr. Burks is a leader in food hypersensitivity research, and he talks extensively about the origin of the peanut allergy and the potential for a vaccine.

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Oct 6 - Sneed and Jain Receive Honorary Degree of Fellow from AAFP

J. Brent Sneed, M.D. and Vipin Jain, M.D., achieved the Degree of Fellow from the American Academy of Family Physicians (AAFP).

Established in 1971, the AAFP Degree of Fellow recognizes family physicians who have distinguished themselves among their colleagues, as well as in their communities, by their service to family medicine, by their advancement of health care to patients and by their professional development through medical education and research.

Drs. Sneed and Jain, both 2003 graduates of the Indiana University Family Medicine Residency, were two of the five physicians honored in the state of Indiana.

Sep 22 - "IAFP Member Physician Presenting Harvard Collaborative Study at AAFP Annual Scientific Assembly"

Reprinted with permission from *IAFP e-Frontline*, September 21, 2006, a publication of the [Indiana Academy of Family Physicians](#).

Indiana family physician Dr. Vipin Jain is the recipient of the Harvard scholarship last year for various chronic disease initiatives serving underserved communities. He will be presenting his study on Friday, September 29 at the 2006 American Academy of Family Physicians (AAFP) scientific assembly in Washington, DC during the family medicine research session.

Dr. Jain implemented Chronic Kidney Disease (CKD) approach in a primary care setting based on Harvard's Brigham CKD care model. In this study; CKD clinic approach resulted in aggressive disease management for patients with diabetes and improved glycemic, blood pressure and lipid outcomes. Dr. Ajay K Singh who is the clinical chief of the Renal division at the Harvard's Brigham and Women's Hospital is very pleased with these results and would like to further explore underlying reasons behind refractory versus positive outcomes.

Dr. Jain is a 2003 graduate of the Indiana University Family Practice Residency. Dr. Jain is pictured with Dr. Dudley Herschbach of Harvard, who is the 1986 Nobel prize winner in chemistry.

Sep 15 - IU/IAFP Hospitality at AAFP Annual Scientific Assembly

Douglas B. McKeag, MD, MS, Chairman of IU Department of Family Medicine, and Windel Stracener, MD, President of the Indiana Academy of Family Physicians, and the Indiana University School of Medicine Alumni Association cordially invite attendees of the American Academy of Family Physician's (AAFP) Annual Scientific Assembly to a reception on Friday, September 29th from 5:00 - 7:00 pm.

The reception will take place in the Thoroughbred Room at the Hilton Washington. We look forward to sharing our hospitality with you in Washington, DC.

Sep 15 - This Week on *Sound Medicine*...September 17

Tune in at 4 p.m. Sunday, Sept. 17, to Sound Medicine, the weekly radio program co-produced by IUSM and WFYI Public Radio (90.1 FM) in Indianapolis. The program is hosted by Barbara Lewis. Co-hosts of this week's program are Stephen Bogdewic, PhD, and Ora Pecovitz, MD.

Guests will include, Ilam Wittstein, MD, a cardiologist at Johns Hopkins University School of Medicine, who coined the term "broken heart syndrome" and will discuss the phenomenon of heart failure after a emotional event.

Samuel Mann, MD, of Weill Medical College of Cornell University, will discuss his new study that questions the relationship between job stress and high blood pressure.

Janet DiPietro, PhD, professor at Johns Hopkins University Bloomberg School of Public Health, talks about her recently published study on how stress affects fetal development.

Anne Cunningham, PhD, professor of cognition and development at University of California at Berkeley, shares her work on reading volume and its contribution to children and adults.

Field reporter Shia Levitt talks with Naomi Miller of the National Library of Medicine and Gary Schwitzer, SJMC, director of the health journalism program at the University of Minnesota about making sense of medical information.

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Sep 8 - This Week on *Sound Medicine*...September 10

Tune in at 4 p.m. Sunday, Sept. 10, to Sound Medicine, the weekly radio program co-produced by IUSM and WFYI Public Radio (90.1 FM) in Indianapolis. The program is hosted by Barb Lewis. Co-hosts of this week's program are Ora Pescovitz, MD, and Stephen Bogdewic, PhD.

Guests include emergency room physician Frank Messina, MD, clinical assistant professor of medicine and associate medical director of emergency services at IUSM, will assess our nation's emergency response system five years after the 9/11 terrorist attacks.

Also appearing will be Michael Reece, PhD, MPH, assistant professor of public health, who will discuss the lack of thorough sex education in Indiana's public schools. Reece also is

director of the Sexual Health Research Working Group at Indiana University.

Field reporter Meghan Freeman will chat with high school students who attended the seventh annual Molecular Medicine in Action program at IUSM. The two-day program offers high-achieving students the opportunity work with medical scientists in the labs of the Herman B Wells Center for Pediatric Research. This program hopes to spark interest in the field of medical research.

Eric Meslin, PhD, will present a Sound Ethics moment on the United States policy that allows organ donation to occur after brain death. In some nations, organ donation after cardiac death is becoming the new standard. Dr. Meslin is director of the IU Center for Bioethics.

Sharon Kaufman, PhD, professor of medical anthropology at the University of California at San Francisco, will share information from her book, *And a Time to Die: How American Hospitals Shape the End of Life*.

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Aug 25 - This Week on *Sound Medicine*...August 27

Tune in at 4 p.m. Sunday, Aug. 27, to Sound Medicine, the weekly radio program co-produced by IUSM and WFYI Public Radio (90.1 FM) in Indianapolis. The program is hosted by Barb Lewis. Co-hosts of this week's program are Stephen Bogdewic, PhD, and Kathy Miller, MD.

Can cell phone usage affect driving? David Strayer, PhD, professor of psychology at the University of Utah, thinks it can. His latest study, which will be discussed on Sound Medicine, shows that drivers talking on cell phones can be as impaired as drivers driving intoxicated.

Seasonal Affective Disorder (SAD) is commonly under-treated and under-diagnosed, according to Anantha Shekhar, MD, PhD, IU professor of psychiatry. About six percent of American adults suffer from SAD, according to Dr. Shekhar, who will discuss the FDA approval of Wellbutrin for treatment of the disorder.

Daniel Merenstein, MD, research program director in the Department of Family Medicine at Georgetown University, will discuss his study on how common the use of Benadryl is as a sleep aid for children and its ineffectiveness for this purpose.

Kevin R. Nelson, MD, professor of neurology at the University of Kentucky College of Medicine, will discuss a study linking near death experiences to biological causes, such as cardiorespiratory responses during sleep.

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Jul 26 - Nalin Receives A. Alan Fischer Award

Peter Nalin, MD, FAAFP, Associate Professor of Clinical Family Medicine and Associate Dean for Graduate Medical Education, was chosen as the Indiana Academy of Family Physicians (IAFP) 2006 recipient of the A. Alan Fischer Award. The A. Alan Fischer Award was established in 1984 and designed to "recognize members who in the opinion of the Board of Directors of the IAFP have made outstanding contributions to education for family medicine, in undergraduate, graduate and continuing education spheres."

The award was named in honor of Dr. Alan Fischer, a long-time member of the IAFP who actively served both the Indiana Chapter and AAFP. Dr. Fischer established the Department of Family Medicine at Indiana University School of Medicine and the IU Methodist Family Medicine Residency Program.

Jul 10 - Profs Employ Industrial Methods to Re-engineer Health Care Clinic

WEST LAFAYETTE, Ind. — What began as an MBA class project at Purdue University's Krannert School of Management ended up applying factory management techniques that hold promise for improving medical clinic productivity and quality.

Herbert Moskowitz, Lewis B. Cullman Distinguished Professor of Manufacturing Management, said the student-faculty team's approach to improving health-care clinic operations is, of necessity, "multipronged."

"We started with the idea of the need to provide better service to more patients," Moskowitz said. "We soon realized that we could employ manufacturing principles emanating from factory physics and established industrial quality techniques to cut patient waits and better utilize medical personnel."

What makes a factory efficient is getting the right parts to the right places at the right time. In these days of just-in-time inventory and "lean" methods, factory managers use high-tech scheduling to manage global supply chains.

Operations management professor Suresh Chand said established industrial management processes provide tools to re-engineer a medical clinic so it could deliver more and better care as well as increase productivity.

"We decided to apply factory physics at a high level," Chand said. "Our goals were to increase the efficiency of the clinic in terms of patient time in the office, utilization of clinic resources, quality of care and, ultimately, revenue for the physician."

Physician revenue has been conspicuous in its absence from discussions about controlling health-care costs, Chand said. In fact, many organizational health-care arrangements limit physicians' revenue.

Moskowitz said that's a mistake in terms of making a clinic work more efficiently and ultimately in maximizing the quality of patient care.

"If we organize a clinic so a patient spends less time there, then we are maximizing the utilization of the doctors," Moskowitz said. "That means physicians are being more productive and giving better service while they also are generating more revenue."

Chand explained that better care also can cost less when the essential efficiencies are realized.

"What we've come to understand is that increased revenue and improved quality go hand-in-hand," he said. The simple fact is that if patients' clinic experience is fast and pleasant,

they will avail themselves of more care earlier, a prescription for better health.

In fall 2004, Moskowitz, Chand and the MBA class started working with the Indiana University Medical Group's physicians at Grassy Creek, one of their 18 outpatient clinics in Indianapolis serving low-income patients. Moskowitz describes the initial assignment as "collecting, recording and tracking data to evaluate, create designs and optimize systems using process control."

The Purdue professors and students worked closely with the nine-physician clinic staff, led by Dr. Deanna Willis, an IU assistant professor of family medicine. The team mapped clinic patient and physician flow and identified bottlenecks and flow improvement factors resulting in the clinic's being able to serve 37 percent more patients on a given day. Those recommendations included:

Scheduling existing patients to arrive five minutes prior to appointments and new patients 10 minutes early to complete necessary paperwork.

Centralizing incoming phone calls and not assigning that task to registration assistants.

Using a single "pooled queue," or one line, in place of the three separate physician-dedicated lines the clinic was using.

No "batching" of patient records — handling them one at a time in the order they arrive.

Including some same-day scheduling in addition to the traditional appointment model.

While the team used an animated simulation model, Moskowitz stressed that the success of the project stemmed from the cooperative relationship between the medical staff and the researchers. "One of the keys to our success was establishing rapport with the medical personnel so we could work with them to solve problems," he said. "The physicians and staff were wonderful."

The team is planning to continue its analysis in future projects with Grassy Creek.

"In our initial work, we didn't consider clinic demand or appointment scheduling," Moskowitz said. "There are other variables — finite number of patient slots, congested days, slow days, patient preferences — that we need to come to terms with."

Chand said that while the project's first phase was to reduce the time the patient spends in the clinic, a new goal is to reduce the time between when patients call for appointments and when they are seen by the clinic. The logic is twofold: Sick patients need prompt treatment, and when they go untreated the consequences tend not to be good.

The effects on the clinic's business are not good either because patients often fail to show up for appointments made too far in the future. This results in a loss of clinic and physician revenue and wastes slots in which other patients could have been served.

Chand said business models could supply solutions.

"We might want to employ a revenue management model — that is, charge different prices for services booked at different times — along the lines of airlines or hotels," Chand said. "After all, we're after the same thing. We want to use all the seats, beds and clinic slots, and there are established ways to manage these variables."

Moskowitz said, "We're starting at the end of the chain and working backwards to show how to make the clinic model work efficiently to provide both better care and a financial incentive for medical professionals to buy into a different way of doing things. The next step is to evaluate the broader implications of our work for health-care delivery."

John Norris, a Krannert School doctoral candidate in quantitative methods, said the team is considering using RFID (Radio Frequency Identification) tags in the clinic to track more precisely patient and doctor flow. The tags are the same devices big retailers have started to use to track products from the assembly line all the way to the cash register and out the store door.

"We're still considering the best way to utilize the technology," Norris said. "But we need the seamless collection of data that RFID technology can provide so we can build the 'industrial' tools such as statistical process control charts and process capabilities."

The research was supported by the Regenstrief Center for Healthcare Engineering at Purdue's Discovery Park. The Regenstrief Center, funded by a grant from the Regenstrief Foundation Inc. in Indianapolis, applies the principles of engineering, management, science, and information technology to improve the delivery of health care to consumers.

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"Improving Patient Flow at an Indiana University Medical Group Outpatient Clinic: An Application of Factory Physics and Six Sigma Principles" by Herbert Moskowitz, Suresh Chand, Deanna Willis, and John Norris

Jul 10 - Pais Featured on *Sound Medicine*...July 9

Tune in at 4 p.m. Sunday, July 9, to Sound Medicine, the weekly radio program co-produced by IUSM and WFYI Public Radio (90.1 FM) in Indianapolis. The program is hosted by Barb Lewis. Co-hosts of this week's program are Frank Messina, MD, and Ora Pescovitz, MD.

James D. Ulm, MD, assistant professor of otolaryngology – head and neck surgery at the IU School of Medicine, will discuss sinuplasty, a new treatment for chronic sinus inflammation.

William Tierney, MD, IU Chancellor's Professor of Medicine and Regenstrief Institute research scientist, and James P. Walsh, MD, PhD, associate professor of medicine and biochemistry, will talk about the differences between HDL and LDL cholesterol.

Shobha Pais, PhD, director of Behavioral Science and clinical adjunct assistant professor of family medicine, and Betsy Fife, PhD, MSN, senior research scientist at the IU School of Nursing, join Sound Medicine to discuss a recent study focused on strategies to help couples manage their psychosexual well-being following breast cancer.

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Jun 27 - Grannis Receives Promotion

Douglas B. McKeag, M.D., M.S., OneAmerica Professor of Preventive Health Medicine; Chair, Department of Family Medicine; and Director, IU Center for Sports Medicine is pleased to announce the appointment of Sharron Grannis, M.D., as the Director of the IU Family Practice Residency. Dr. Grannis' promotion from Assistant Residency Director is effective July 1, 2006.

Dr. Grannis graduated from the Michigan State University College of Human Medicine as a member of the Alpha Omega Alpha Honor Medical Society, and completed her residency at the MidMichigan Family Practice Residency Program in Midland, Michigan. She completed a Fellowship in Faculty Development at the University of Michigan Faculty Development Institute. Dr. Grannis joined the Indiana University Department

of Family Medicine in 2001 and was appointed Assistant Residency Director in 2002. While at the MidMichigan Family Practice Residency Program, Dr. Grannis received the Society of Teachers of Family Medicine Resident Teaching Award in 1999. She also received the Indiana University Family Practice Residency Faculty Member of the Year award in 2002.

Rock Tiffault, M.D. is the assistant residency director. Dr. Tiffault completed his medical degree at the New York University School of Medicine and his residency at the Indiana University Family Practice Residency. Immediately following graduation, Dr. Tiffault joined the Department of Family Medicine as an assistant professor of clinical family medicine. During his residency, Dr. Tiffault received numerous awards including the Society of Teachers of Family Medicine Resident Teaching Award in 2003 and in 2004 received the Resident Physician Patient Care Award, Resident Physician Teacher of the Year, and was Chief Resident. Additionally Dr. Tiffault has been accepted into the 2006 Association of Departments of Family Medicine (ADFM) Fellowship Program.

Jun 26 - Jones and Saywell Honored with Career Achievement Award

Thomas A. Jones, M.D., Assistant Professor and Director, Immunization Clinic for International Travel and Robert M. Saywell, Jr., Ph.D., M.P.H., Professor, Department of Family Medicine, were each honored with the IU Family Medicine Residency Career Achievement Award in 2006.

The award is appointed by the Residency Director in recognition of years of consistent dedication to improving the care of patients through the highest standards of education and quality of care. The award also recognizes the substantial contributions that both Dr. Jones and Saywell have made to the future of family medicine and the IU Methodist Family Medicine Residency program.

Jun 23 - This Week on *Sound Medicine*...June 25

Tune in at 4 p.m. Sunday, June 25, to Sound Medicine, the weekly radio program co-produced by IUSM and WFYI Public Radio (90.1 FM) in Indianapolis. The program is hosted by Barb Lewis. Co-hosts of this week's program are David Crabb, MD, and Stephen Bogdewic, PhD.

The problems faced by increasing numbers of uninsured Hoosiers will be analyzed by Matt Gutwein, president and CEO of the Health and Hospital Corporation for Marion County.

Anna Dusick, MD, IU professor of clinical pediatrics, will discuss premature births and the challenges these infants face catching up developmentally with full-term infants. Dr. Dusick directs the newborn follow-up program at Riley Hospital.

John Caffaro, Ph.D., a clinical psychologist and family therapist, joins Sound Medicine to discuss violence among siblings. He is the co-author of the book, Sibling Abuse Trauma.

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Jun 21 - "New Program To Teach Healthy Habits In Indiana High School Students"

INDIANAPOLIS—The Indiana State Department of Health today announced the launch of the INSight Youth Corps (Indiana's Network of Students Inspiring Good Health Today). This statewide network of high school students will be trained to serve as mentors and leaders in their schools and communities to promote and teach healthy behaviors. The INSight Youth Corps is a student-led initiative developed out of INShape Indiana, Governor Mitch Daniels' statewide health initiative to promote better nutrition, increase physical activity, and smoking cessation.

"INSight couldn't have come at a better time," said State Health Commissioner, Judith A. Monroe, M.D. "Our young people have the power and opportunity to serve as role models for healthy behavior. Indiana youth are improving in some areas of risky behavior, but we still have room for improvement."

The Department of Health is working with the Indiana Area Health Education Centers (AHEC) in recruiting Indiana high schools to establish INSight Youth Corps in several school systems. Each INSight Youth Corps will deliver health education within their school system, as well as design and carry out various creative health-related projects.

"Learning to practice a healthy lifestyle is just like any other habit," said Katherine Newland, Director of the Coordinated School Health Program. "We can learn healthy habits when we're young and hopefully practice them through our lifetimes. The INSight Youth Corps was designed to help teach these healthy habits to Indiana's young people, so they can be healthy role models for their families and communities."

All INSight Youth Corps members will receive training on public speaking, developing educational programs, and leadership and teamwork skills. The members will then educate their peers, younger students, and members of the community on important health issues, including, but not limited to, INShape Indiana's core message of increased physical activity, good nutrition, and tobacco prevention.

According to the latest findings from the National Youth Risk Behavior Survey (YRBS), released on June 8th from the Centers for Disease Control and Prevention (CDC), Indiana high school students outperform the national average in several areas, including:

- 3.8 percent of Indiana's female youth said they rarely or never wear a seat belt when riding in a car, compared to 7.8 percent nationally;
- 24.6 percent of Indiana high school students report riding with a driver who had been drinking alcohol one or more times during the past 30 days, versus 28.5 percent nationally;

- 29.3 percent of Indiana youth report being in a physical fight during the past 12 months, compared to 35.9 percent nationally;
- 21.8 percent of Indiana teens said they drank alcohol before age 13, versus 25.6 percent nationally;
- 31.9 percent of Indiana youth report watching three or more hours of television every day, compared to 37.2 nationally;
- 93.5 percent of Indiana teens report being taught about AIDS and HIV infection in school, versus 87.9 nationally.

However Indiana teens fare poorly compared to the national average in other areas:

- 92.3 percent of Indiana teens report rarely or never wearing a bicycle helmet, versus 83.4 percent nationally;
- 18.2 percent of Indiana high school students report purchasing cigarettes at a store or gas station, compared to 15.2 nationally;
- 15.5 percent of Indiana youth eat five or more fruits and vegetable servings per day, compared to 20.1 nationally;
- 20.5 percent of Indiana's male high school students are overweight, versus 16.0 nationally;
- 38.7 percent of Indiana youth are enrolled in a physical education class, compared to 54.2 nationally;
- 13.5 percent of Indiana's female high school students report dating violence, versus 9.3 nationally.

Indiana is nearly on par with the national average in many areas, including condom use during last sexual intercourse (62.6 vs. 62.8 respectively). However when broken down by gender Indiana females report higher rates of condom use than the national average (62.6 vs. 55.9 respectively) while males report lower rates (62.6 vs. 70.0 respectively).

"This confirms why we need initiatives like the INSight Youth Corps and INShape Indiana," said Judith Ganser, M.D., Director of Maternal and Child Health. "The INSight Youth Corps is a great opportunity for schools to encourage healthy behaviors, and to allow students to develop skills and serve as healthy role models."

Additional programs are already in place to address health risk behaviors among Indiana youth, including Indiana RESPECT, an adolescent pregnancy prevention initiative, and Voice, an Indiana youth movement fighting back against tobacco.

For more information on starting an INSight Youth Corps in your school, contact Katherine Newland at (317) 234-3395 or log on to the INShape Indiana Web site at www.INShape.IN.gov.

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317-234-2817

Jun 13 - International Elder Abuse Awareness Day

Richard Kennedy, Jr, MD, Fellow, Indiana University Geriatric Medicine, will be leading the conversation, "Informal Caregiving for Dependent Elders: The Association with Elder Abuse and Neglect" in conjunction with the IU Methodist Family Medicine Residency on Thursday, June 15, 2006. This conversation will be held in Methodist Hospital DG422C from noon to 1:00p.m. For more information regarding this conversation, which is open to the public, please contact Debbie Lewellen at 317-962-5312 or email iufammed@iupui.edu.

The International Network for the Prevention of Elder Abuse (INPEA) announces the 1st Annual World Elder Abuse Awareness Day on June 15, 2006. The day is in support of the United Nations International Plan of Action which recognizes the significance of elder abuse as a public health and human rights issue. Governments, non-governmental organizations, educational institutions, religious groups, professionals in the field of aging, interested individuals as well as older persons themselves will promote a better understanding of abuse and neglect of older persons by organizing activities around the world to raise awareness of the cultural, social, economic and demographic processes affecting elder abuse and neglect.

Throughout the world, abuse and neglect of older persons is largely under-recognized or treated as an unspoken problem. Unfortunately, no community or country in the world is immune from this costly, public health and human rights crisis. Research indicates that public education campaigns like World Elder Abuse Awareness Day (WEAAD) are vital for informing people in a growing number of countries about elder abuse and active involvement of the media is central to its success.

The International Network for the Prevention for Elder Abuse (INPEA) was founded in 1997 and is dedicated to global dissemination of information as part of its commitment to world-wide prevention of elder abuse. Acknowledging the diversity of culture, background, and life style of the world population, the International Network for the Prevention of Elder Abuse (INPEA) aims to increase society's ability, through international collaboration, to recognize and respond to the mistreatment of older people in whatever setting it occurs, so that the latter years of life will be free from abuse, neglect and exploitation. For more information, please see our website at: www.inpea.net.

May 30 - Nalin Named to Graduate Medical Education Post

Peter Nalin, MD, Associate Professor of Clinical Family Medicine, has been named associate dean for graduate medical education effective July 1, 2006.

Dr. Nalin will provide leadership and oversight of graduate medical education, assume leadership of the Internal Residency Reviews, supervise the role of residency directors, serve as the designated institutional officer for the Indiana University School of Medicine as it reports to the Accreditation Council on Medical Education, continue the successful institutional accreditation with the ACGME, chair the GME Committee of the School of Medicine, and lead the implementation of new and current educational programs regarding the ACGME competencies, including program assessments, evaluations, and outcomes. As with all educational deans, the associate dean for graduate medical education will report to the office of the executive associate dean for educational affairs.

Dr. Nalin completed his undergraduate work at Cornell University and received his medical degree from the University of Vermont in 1989. He has been a faculty member in the Indiana University Department of Family Medicine since 2001.

He is past president of the National Association of Family Medicine Residency Directors and is the chair-elect of the Organization of Program Directors Association. Currently Dr. Nalin serves as IU/Methodist Family Medicine Residency program director, a position he will relinquish when he assumes his new duties as associate dean for graduate medical education.

May 19 - Kiovsky Awarded as Indiana University School of Medicine "Outstanding Teacher"

Richard Kiovsky, MD, Professor of Clinical Family Medicine and Director, Indiana Area Health Education Centers Program Office was awarded "Outstanding Teacher -- Family Medicine". Dr. Kiovsky was one of only eleven Indiana University School of Medicine faculty selected on behalf of the Indiana University Medical Class of 2006.

Apr 24 - McKeag Family Volunteers with IMSIG for NCAA involvement in Habitat for Humanity

Douglas B. McKeag, MD, MS, his wife Diana, and daughter Heather, an Indiana University School of Medicine medical student volunteered with the Internal Medicine Student Interest Group (IMSIG) to help the NCAAA build permanent houses for people displaced by hurricane Katrina. The houses were built on April 2 during the Men's Final Four in Indianapolis. The frames, built in collaboration with Habitat for Humanity International, were shipped to Beaumont, Texas, for placement and completion.

There were 120 volunteers who helped frame three houses, including National Guard members who led the build. The houses were built as part of the relationship the NCAA and Habitat for Humanity International formed last fall to provide hurricane-disaster relief.

Apr 19 - Turner Honored with Indiana University Trustees Teaching Award

John L. Turner, Jr., M.D., C.A.Q., Assistant Professor of Clinical Family Medicine was honored as one of the recipient's of the 2006 Trustees Teaching Award.

The Trustees Teaching award emphasizes an excellence in teaching can be documented through the use of teaching strategies that:

- Are based on sound pedagogical and content knowledge
- Engage students through collaborative learning, service learning, or other active learning methods appropriate to the context
- Provide students with timely feedback and assessment
- Encourage critical thinking
- Provide appropriate challenge
- Employ technology effectively
- Promote diverse perspectives
- Display general characteristics of effective teaching such as organization, clarity, fairness, enthusiasm, creativity, and flexibility.

Also honored were Carla Aldrich, PhD; Andrew Beckman, MD; Glenn Bohlen, PhD; Talmage Bosin, PhD; Suzanne Bowyer, MD; Timothy Brady, MD; Richard Burgett, MD; Thomas Davis, MD, PhD; Joseph DiMicco, PhD; Taihung Duong, PhD; Stephen Echtenkamp, PhD; Waqas Ghumman, MD; Philip Gibbs, MD; Mitchell Goldman, MD; Robert Goulet, MD; Robert Harris, PhD; Roberta Hibbard, MD; Victor Jolgren, MD; Abigail Klemsz, MD, PhD; William Kronenberger, PhD; Sue London, MLS; Bruce Martin, PhD; David Matthews, MD; Rakesh Mehta, MD; Glenn Merkel, PhD; Bruce Molitoris, MD; Robert Nelson, MD; Susan Robinson, MS; Ann Roman, PhD; Mark Seifert, PhD; Jeff Sperring, MD; Frederick Stehman, MD; Christopher Suelzer, MD; Virginia Thurston, PhD; James Walker, PhD; Joanne Wojcieszek, MD; Donald Wong, PhD

Apr 10 - University of Missouri School of Medicine Honors Dr. Willis

Deanna R. Willis, M.D., M.B.A., Assistant Professor of Family Medicine; Director of Affiliate Faculty, Department of Family Medicine; and Medical Director of Quality and Medical Management, IU Medical Group was honored with the "Outstanding Young Physician Award."

The Outstanding Young Physician Award is given to alumni 45 years old or younger who have distinguished themselves in medicine.

Apr 10 - Kochhar a Scholarship Recipient for National Tobacco Conference

Komal Kochhar, MBBS, M.H.A., Project Coordinator, Bowen Research Center and Department of Family Medicine, was selected to receive a presenter scholarship to attend the Access 2006 Conference: Preventing Youth Access to Tobacco in Seattle, Washington, April 12-14, 2006.

Scholarships were given based on need and quality of the abstract submitted. Dr. Kochhar's abstract, "Factors Affecting Youth Awareness of Anti-Tobacco Media Messages", was determined to be exceedingly relevant to the topic of this conference. The abstract was co-written by Robert M. Saywell, Jr., Ph.D. and Terrell W. Zollinger, DrPH.

Abstract

Purpose: Prior to initiation of a state-wide media campaign, this study measured the impact of selected variables on youth awareness of national and local anti-tobacco messages in the media.

Method: A telephone survey in 2001 of 610 randomly selected Indiana youth (12 to 18 years old) obtained information on respondent's tobacco-related knowledge, beliefs, use history, demographics and level of awareness of anti-tobacco messages.

Results: Three-fourths (78%) indicated that they had seen or heard an anti-tobacco message in the previous six months. Nearly all (94%) reported seeing the messages on TV, 69% heard them on the radio, 74% saw them in print media, and 68% saw the messages on billboards. Overall, 68% reported that the anti-tobacco message made them think about their tobacco use behavior, with little variation among the media types. Demographic factors were not related to awareness of anti-tobacco messages on TV. However, higher parental education led to greater awareness to the radio messages and white youth were more aware of the print media and billboard messages. There was not a consistent association between awareness of the anti-tobacco messages and use of tobacco products. Individual responses to the tobacco-related knowledge and beliefs items generally did not differ between those who were aware and those who were not aware of anti-tobacco messages.

Conclusion: This study found that most youth are aware of the TV media messages and two-thirds were aware of messages in the other media venues. Most indicated that the messages did make them think about their tobacco use.

Mar 20 - “Operation Honduras”

Global Health Honduras Project

In 2003, the Indiana University Department of Family Medicine (the Department) began to explore ways to address medical education issues brought about by the significant growth of Indiana's Hispanic population. From 1990-2000, Indiana's population grew by 9.7%; the Hispanic community grew by 117% and continued at a rate of 12% from 2000-2003. Indiana's Hispanic population is rising; if the state continues to mirror national trends, there is no slowdown in sight. With these skyrocketing statistics, many question if Indiana can meet the demands of this growing community, particularly in the health care delivery system.

The Department's Hispanic Health Initiative meets this demand by improving health issues and eliminating health disparities facing Indiana's Hispanic population. The Hispanic Health Initiative combines a systematic and methodical offering of educational, clinical, linguistic, service and research training and activities focused on medical students, public health students, and primary care residents.

In 2003, the Department created the Global Health Honduras Project to expand and diversify medical education under the department's Hispanic Health Initiative. Global Health Honduras Project is a partnership between the Department and the Honduran medical school located in Tegucigalpa. This new exchange program allows students at Indiana University to broaden cross cultural medical and global health experience by spending one month in Honduras.

Twice a year students participate in a 4-week elective in Honduras where they work on a week-long medical brigade, rotate in local hospitals and clinics, practice Spanish and learn life in a developing country by living with host families. To date, 13 medical students, 4 masters in public health students, 1 masters in health sciences student, 1 family practice resident, and 4 family medicine faculty have participated.

Those participating on the February 2006 trip were Andrew King, MS IV; Adrienna Lona, MS III; Allison Meadows, MS III; Elizabeth Emory, MPH student; Philip Adams, MPH student; Javier Sevilla, MD, International Program Director, Department of Family Medicine; Douglas McKeag, MD, Chair, Department of Family Medicine; Gaylen Kelton, MD, Assistant Chair, Department of Family Medicine; and Jennifer Custer, Program Manager. Volunteers Diane McKeag and Bob Custer ran the pharmacy.

In June 2006, Indiana University is thrilled to host the first three Honduran medical exchange students. The next medical education trip to Honduras is August 1-7, 2006.

Operation Shoebox: Honduras

Children in rural areas of Honduras lack even basic school supplies. To address this issue, Jennifer Custer, Program Manager, Underserved Medicine and International Health, Department of Family Medicine organized the first “Operation Shoebox: Honduras”. Each box contained a variety of items such as pencils, paper, toy cars, underwear, photographs, candies, puzzles, hair ribbons, toothpaste, tooth brushes, shampoo, hair brushes, combs, soft balls, rulers, pencil sharpeners, calculators, crayons and coloring books, scissors, glue sticks, yo-yos, socks, soap, stuffed animals, t-shirts...and hand written messages of love and friendship.

The boxes were given out the last day of the medical brigade in the remote mountain community of La Angostura. After the last patient had been seen, the medical brigade team went to the soccer field where Operation Shoebox: Honduras was put into action.

Jennifer described the scene as one of happy chaos and noted that one little girl, who had been seen that morning for club feet, was especially taken with her shoebox. “As I stood and watched her, her mother came over and thanked me. She told me that was the very first toy, the very first gift that her daughter had ever received. In that moment, I knew without a shadow of a doubt that we had made a difference in the life of that little four-year old girl.”

Approximately 250 boxes were handed to the children of La Angostura. Locally, Operation Shoebox: Honduras was generously supported by the Department of Family Medicine, Our Lady of Lourdes Girl Scout Troupe, and Cumberland First Baptist Church. For more information about this program or how to contribute boxes for the upcoming trip in August 2006, please contact Jennifer Custer at iufammed@iupui.edu.

Mar 15 - Statewide Family Medicine Summit

Douglas B. McKeag, M.D., M.S., OneAmerica Professor of Preventive Health Medicine Chair, Department of Family Medicine, Indiana University School of Medicine, convened a meeting on family medicine in the state of Indiana on March 3, 2006. The summit discussed the discipline of family medicine...from the standpoint of the academic partnership with Indiana University, private physicians throughout the state, statewide residency programs, and financial constraints that affect all participants. The summit provided a forum for family medicine physicians and leaders throughout the state to discuss the future of family medicine. Considering that 66% of all physician-patient interactions in the state involve a family physician and the 75% of all health care provided to Indiana children is by a family physician, the future of health and health care in this state is very much the issue. The open-ended theme of the summit was, “How should we advance our discipline in Indiana?”

Indiana State Health Commissioner, Judith A. Monroe, M.D., discussed her participation at the national governor's association meeting which was focused on a healthy America. When the burden of the needs is realized, the cost of care is unsustainable—there is a continuation in the increase of chronic disease that is preventable. According to Dr. Monroe, “There is a window of opportunity for family physicians to address wellness, prevention, and fitness in patient care. That's something family physicians can do.”

The participants divided into six groups to discuss various sub-themes: unifying family medicine physicians, medical school marketing, lobbying and data driven collection, redefining family medicine training, and reimbursement of preventative health. In all of the sub-theme group discussions, the common denominator was disease prevention and wellness of Hoosiers. According to the Center for Disease Control, over 20% of Hoosiers are clinically obese. With obesity comes health care issues which include type 2 diabetes, heart disease, stroke, hypertension, etc., and premature death. Additionally, increased health care issues translate to increased dollars spent on health care.

At the summit's closing, a steering committee was created to recommend further activities. Members include Larry Allen, M.D.; Mary E. Dankoski, Ph.D.; Jason Marker, M.D.; Peter Nalin, M.D., Residency Director, Indiana University Family Medicine Residency; and Joyce A. Smidley, M.S., P.M.C. The next summit is tentatively scheduled for June 2006.

The summit was co-sponsored by the Indiana Academy of Family Physicians, Indiana University Department of Family Medicine, National City Bank, and StockYards Bank & Trust.

Mar 7 - Two IU Family Practice Residents Win at IAFP

Third-year resident, Dilum Illamperuma, M.D. and first-year resident, Azita Chehresa, M.D., PhD won awards at the Indiana Academy of Family Physicians (IAFP) statewide Annual Resident's Day and Research Forum on March 2, 2006. Dr. Illamperuma's presentation, “Familial Pheochromocytoma and VHL Syndrome: A Retrospective Case Review” won

second place in the case presentation category. Dr. Chehresa's, "Living and Dying with Chronic Pain, Drug Abuse, Depression, and Strokes" won second place in the poster presentation category.

Also competing were chief resident Lam T. Van, M.D., for original IRB-approved research, "A Glimpse into Family Medicine Using GIS MAPs" and second-year resident Jianming Song, M.D., for the case presentation, "Mixed Cryoglobulinemia in a Patient with Hepatitis C: A Case Report". Vipin Jain, M.D., a 2003 IU Family Practice Residency graduate and Medical Director of the Madison County Community Health Center in Anderson, Indiana, presented his poster research, "Cardiorenal Outcomes of CKD Clinic Approach Among Patients with Diabetes".

Second-year resident Tamika Dawson, M.D. was elected alternate resident director of the IAFP. First-year resident Ruben Hernández, M.D. was elected as the alternate delegate to the AAFP National Conference.

Indiana University faculty contributing either co-authorship or mentoring for the success of IU FP Residency submissions included Douglas B. McKeag, M.D., M.S.; Michael Graham, M.D.; Rock Tiffault, M.D.; Terrell Zollinger, DrPH; Jeffrey Wilson, PhD; and Peter Nalin, M.D., Director, IU Methodist Family Medicine Residency.

Mar 3 - This Week on *Sound Medicine*...Mar 5

Tune in at 4 p.m. Sunday, March 5, to Sound Medicine, the weekly radio program co-produced by IUSM and WFYI Public Radio (90.1 FM) in Indianapolis. The program is hosted by Barb Lewis. Co-hosts of this week's program are David Crabb, MD, and Stephen Bogdewic, PhD.

Assisted suicide and palliative care will be the topics of first portion of the show. An essay by California physician and journalist Lonny Shavelson, MD, will begin the program. When his own father was dying, Dr. Shavelson found himself in the middle of the assisted suicide debate. In his moving first person essay, Dr. Shavelson shares his struggle to comply with his father's wishes as well as his own responsibilities as a son and doctor.

Discussing what effect palliative care can have on patients and their families will be director of the Palliative Medicine Fellowship Program, Gregory Gramelspacher, MD. He also directs the Palliative Care Program for Wishard Memorial Hospital and is an associate professor of medicine at the IU School of Medicine.

In his 'first of the month' bioethical discussion, Eric Meslin, PhD, will talk about the advantages and disadvantages of privately funded medical research. Dr. Meslin is the director of the Indiana University Center for Bioethics.

Archived editions of Sound Medicine, as well as other helpful health information, can be found at <http://soundmedicine.iu.edu/>.

Feb 13 - Willis Featured on *Sound Medicine*

Patient and physician relationships were the topic of an article in a recent issue of the journal, Family Practice Management of the American Academy of Family Physicians. The author of this article, Deanna Willis, MD, discussed what to do when the doctor/patient relationship is no longer benefiting either party. Dr. Willis is the medical director of quality and medical management for the IU Medical Group in Indianapolis.

The program which aired on Sunday, February 11, 2006 was hosted by Barb Lewis. Co-hosts of this week's program were David Crabb, MD, and Stephen Bogdewic, PhD.

Additional guests included Stuart Spechler, MD, chief of the division of gastroenterology at the Dallas VA Medical Center, who explained how occasional heartburn can lead to a condition called Barrett's esophagus and a higher risk of esophageal cancer. Dr. Spechler is an expert on the condition.

Mike Murphy, MD, discussed his research on stem cell treatment for peripheral vascular disease or PVD. Dr. Murphy is an assistant professor of surgery at the Indiana Center for Vascular Biology and Medicine.

Co-host David Crabb, MD, shifted to the guest seat to discuss common medical terminology.

Archived editions of *Sound Medicine*, as well as other helpful health information, can be found at soundmedicine.iu.edu/.

Feb 13 - Tiffault Awarded ADFM Fellowship

Rock Tiffault, M.D., Assistant Professor of Clinical Family Medicine and Assistant Residency Director, IU Methodist Family Medicine Residency, has been accepted into the 2006 Association of Departments of Family Medicine (ADFM) Fellowship Program. This is the third year of the ADFM fellowship and the largest group. The ADFM started with two fellows the first year, eight fellows the second year and are now at ten fellows.

The purpose of the ADFM is to promote the philosophy and interests of family medicine in medical schools in the United States, to further the efficient and effective administration and operation of academic departments, divisions, and sections of family medicine for the benefit of society, faculty, students, and institutions, and to support research and scholarship within activities in family medicine in United States medical schools.

Dr. Tiffault's participation in the upcoming 2006 Winter meeting, February 22-25, 2006, in Albuquerque, New Mexico, will constitute his fellowship activities. Activities in this intensive four-day meeting include workshops in "New Models of Care: Actualizing the Future of Family Medicine," "Management Dilemmas," and "How can Departments of Family Medicine and Academic Health Centers Help Each Other?"

Jan 10 - "Indiana Physician Recipient of the Prestigious Harvard Scholarship"

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Dr. Vipin Jain, alumni of the IU Family Practice Residency, has been awarded a scholarship from the prestigious Harvard University. During the month of October 2005, Harvard School of Public Health organized a specialty workshop of ambulatory health care in a community health setting.

Dr. Jain has taken many chronic disease initiatives as a medical director of the Madison County Community Health Center in Anderson, Indiana. Dr. Frank Campbell, a retired family physician who also serves as chairman of the center's clinical committee, states, "I strongly feel that Dr. Jain's work on diabetes is meeting the chronic disease needs of the uninsured at the national level which is evidenced by the recognition has has received from the leading organizations such as the American Academy of Family Physicians, the American Medical Association, and the American Diabetes Association.

Dr. Jain feels that this Harvard scholarship will help secure an ongoing partnership with the esteemed Harvard faculty in designing an efficient, cost effective and collaborative model of chronic disease management that overcomes health disparities ailing the uninsured and underserved. Dr. Jain's work in this field has been featured in Anderson's *The Herald Bulletin*, the American Diabetes Association's *DocNews* and the American Medical Association's *American Medical News*, amongst others.

Jan 3 - Dr. Nalin Elected Chair of the OPDA

Peter Nalin, M.D., has been elected Chair of the Organization of Program Director Associations (OPDA) for the United States. Dr. Nalin is serving in the role of Chair of OPDA, ending in November 2007.

Dr. Nalin is the liaison from American Family Medicine Residency Directors (AFMRD) to OPDA and is the current past-present of the AFMRD.

The purpose of the OPDA is to promote the role of the residency director and residency program director societies in achieving excellence in graduate medical education. The OPDA includes representatives from the Directors Associations from many specialties throughout the United States and is sponsored by the Council of Medical Specialty Societies. Dr. Nalin's previous roles with OPDA's Executive Committee include Secretary-Treasurer and Chair Elect.

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