



The Practicing Academic

The Department of Periodontics and Allied Dental Programs
(DPADP)



“The Pre-Doctoral Issue”

July 2011



Chairman's Corner:

On Dealing With Loss

On April 15th we had dual tragedies to deal with as a Department and as a School. Jim Sarbinoff and Judy Goldblatt passed

away. This was very hard for all of us to deal with. The loss of both Jim and Judy was and will continue to be a challenge for all of us to deal with. Dealing with the loss of someone you know or a loved one is never easy. I lost my father when I was in my teens and it is a loss that I have never really overcome. Many of us tend to keep our emotions bottled up and the manifestations of this can be far reaching. For those of us in the Department having ‘grief counselors’ come and talk to us did help us as we tried to deal with the shocking loss of Jim. Jim made a big difference and his contribution in his all too brief tenure as a Full Time Faculty member in our Department was very significant. He had much to offer and he offered it selflessly and with a smile. We created a ‘memory book’ which we presented to Tammy Sarbinoff. Tammy graciously accepted our invitation to attend the graduation party for our residents and it was wonderful to see her and to present her with this book of memories.

Unbeknownst to us Judy Goldblatt was killed in a tragic car accident on the same day as Jim died. Judy was a wonderful ‘First Lady of IUSD’ for a long time. Sharmila (my wife) and I will always remember Judy as she made it a point to come and talk to us at every School gathering and always thanked me for supporting Dean Goldblatt and working toward the mission

of our School. Her loss was very hard for the whole IUSD family. It is important that we keep the memory of Jim and Judy alive and that we honor their contributions to IUSD in particular and the larger society in general.

On Serving as a Volunteer

The American Academy of Periodontology which is the parent organization of the Specialty of Periodontics is looking for volunteers for the different committee positions that are available. These include the Finance Committee, Leadership Development and Qualifications Committee (LDQC), State and Regional Assembly Coordinating Committee, ADA Liaison Committee, CE Oversight Committee, Education Committee, Patient Benefits and Advocacy Committee, Practice Management Committee, Research Submissions Committee. The details of each committee can be found at www.perio.org

At the recent LDQC meeting, we discussed the following. There were approximately 40 vacancies for 2011-2012 committees; many of which may be filled by members who are eligible to serve another term. Applications for volunteers were solicited via the member e-newsletter, an e-mail sent to committee members who are eligible for another term, and an e-mail to postdoctoral periodontal program directors, committee chairs/members and presidents of state/regional periodontal societies. **A total of twenty seven volunteer applications were received, 10 are from new volunteers, 17 are from volunteers who applied previously (out of these, 4 were from**

current committee members who wished to serve a second term)

In 2007, the LDQC established the following ground rules for recommending volunteers for committee positions:

- If possible, committees should be 1/3 new volunteers; 2/3 experienced volunteers.
 - Consider removing a committee member who has served awhile and providing the member with a new committee experience.
- Note: As a rule, only members who are ending a term should be removed.
- If possible, retain committee members who are at an early point in their current terms.
 - Try to match experience to the job.

Only one of the volunteer applications was from a IUSD alumni. While the AAP will always have an abundance of excellent volunteers, it would be nice to have more of our alumni be involved.

This issue of our newsletter is titled the “The Pre-Doctoral Issue”. At IUSD we are fortunate to have a wonderful group of students who choose to come and study here. The current group of fourth year dental students is a group that I have found significant satisfaction in working with and in teaching. Three of the students, Jiyun Thompson, Stephanie So and Mandy Kot have written articles highlighting their journeys. I know you will enjoy reading these articles and all the other information included in the newsletter.

Jiyun Thompson
Fourth Year Dental Student



To Walk With Someone...

People like to be liked and loved by others. It, I must say, is a part of human nature. We are born into a group of people under a title “family” and then we become a part of many other groups that represent something meaningful or important to our individual life. Through it all, all of us learn to depend on each other and live among others. From the moment when we learn to take the first step as a baby, we are to depend on someone. Today, I reflect back on my life and realize once again how my life is called mine and it distinctively represents who I am, only because there were people that were in and out of my life... those who seasoned it whether it was made to be bitter, sweet, or inimitable. Without people in my life, it would have been absolutely desolate with no flavor. As life becomes hectic, I think all of us tend to forget that and forget how to appreciate what’s around us and who make our lives full and live. People in our life are what make it perfect even when it appears to be imperfect, far from a perfection. In my life, they are the ones that shape and mold me. In my life, they are the ones that make my days adventurous. In my life, they are the ones that make my days exciting and hopeful. Through good and bad, I learn to become the one that I am supposed to be, only because those people are present in my life.

I came to America when I was 15 all by myself away from the group people where I thought I belonged for a long time. I did not abandon them, but I learn to move on to the next. Those people back in my hometown will always be present in my heart as part of who I am. When I came over here, it was not easy. From learning a new language and dealing with cultural differences, it wasn’t necessarily the perfect picture I thought of. I ran into different groups of people over this journey, away from home, and it is truly why I am here and how I got to where I am today. People around us teach us the most important things in life. People around us give us the core and purpose of existence. By learning to deal with certain people and by learning to embrace them with a sense of love that I thought I did not have, I

became who I am today. By them loving me the way I never deserved, I became capable of loving. By them freely giving themselves and the things that they treasured, I became bountiful to give in return. People in my life made it all complete...

At this moment in my life, I am among another group of people who share dreams together. This time, it is little bit different and unique in a sense that all of us are striving to reach for the same goal, but yet the goal is to give ourselves in many different forms, not necessarily to gain. Yes! There will be rewards by giving freely, but the point is, we all have to learn to give first. I, as one of dental students, admit it is not an easy concept. But then again, I am reminded once more that it was *my* dream and I was never asked to be in this position by volunteering. The goal is to give so that people around us can gain in some necessary ways. Past two years of strenuous and restless training is teaching me to give. It is about being broken and does not feel so pleasant at times, but the goal remains the same, especially by my own will. Patients are people, those people that are to be in my life to mold and shape me again and again.

Everyone's life revolves around other people that are in our lives. We all walk together and live together in one way or another. We walk together in a partnership of some sort. We help each other and we cause each other to hope and expect. We help each other to continue walking and not to give up. This picture gently brings me back to that ultimate goal of mine... to give... and to lean on. I had many people walk me through my life up to this point. I had many people that held my hands through difficult times when I thought I could not continue on. Becoming a dentist will be worth self-appraisal at times, but ultimately, it will be the most fulfilling career in the world when I know I walked with someone that day, with those that needed my help and those that needed someone to hold their hands through difficult times. Patients will become those people who put the pieces of my life together in a different way; because patients are going to be those

people that season my life. At the end of the day, all of us, even those who are of a high reputation and position, want to know and be assured of one thing and that is that we have someone to lean on and someone to walk us through this life and journey...



Stephanie Lynn So- Fourth Year Dental Student



My Journey, My Motivation

I am an avid rock climber. In rock climbing, my teacher taught me this: it's not about the destination; it's about the journey and how you get there, the ups and downs. The

same can be said about my journey in dental school. I am a third year dental student. Part of my job every day is to remind myself to apply the way I climb to the way I lead my life. I want to share with you the opportunities I have seized as a dental student and what my journey through dental school translates to me.

As a daughter of Khmer (Cambodian) expats, I have witnessed my mother's poor oral health from lack of dental care under the Khmer Rouge, a regime led by the infamous dictator Pol Pot. Dentistry was obliterated between 1975 and 1979, and the dental school recommenced in 1985 with only 13 trained dentists. Applying and matriculating into dental school became a reality after following a childhood dream of wanting to provide a health smile to my mother and healthy smiles to communities with lack of access and availability to dental care.

So, public health and dentistry have grown to become my niche. My peers will tell this to you, too. Classmate Ali Sajadi and I advocated for the IU School of Dentistry to become the 6th dental school in the nation to

conceive a student chapter of the Association of American Public Health Dentistry (AAPHD). Since our official recognition in October 2009 as a student chapter, the AAPHD-IUSD Student Chapter has accomplished many great things in community dentistry and public health. The AAPHD-IUSD Student Chapter and dental students have contributed their time and granted their support and effort in worthy causes such as providing free dental screenings and giving information on low-cost clinics to the homeless at the Overflow Event. Students *are* making a difference and trying to provide care for the most number of people for the least amount of money.

AAPHD-IUSD members have started an initiative to determine the need for domestic violence resource cards in the comprehensive care clinics. Currently there are cardholders installed in every restroom throughout the school. Student members have been refilling the holders and monitoring the number of cards that are being taken. This data will help the school to decide if having the cards available in the comprehensive care clinics as well as the

restrooms would be effective in helping students connect possible victims of domestic violence to appropriate resources.

Dental hygiene students and AAPHD-IUSD members partnered with Oral Health Solutions and the Hollis Adams Foundation in Indianapolis to promote oral health education and oral hygiene among adults with special needs at the Hollis Adams Adult Daily Living Program. This was a unique experience that granted students and me the opportunity to interact and communicate with adults with special needs.

Finally, our current project involves partnering with People's Health Center on 10th Street and the Academy of American Pediatric Dentistry-IUSD Student Chapter to advocate for the first IUSD student outreach clinic. This student driven vision of a student run clinic has long been supported by the student body, and this would facilitate the opportunity for clinical application and understanding of concepts and ideas. Creating these opportunities in dental school for other students and for me is in a sense a selfish act sometimes because I believe that

being a dental student means being an investigator in the community and a lifelong learner. To me, being a student means that learning is a faculty responsibility, but more importantly, *learning is a student responsibility*. This journey has taught me to ask questions in my own community, evaluate existing structures and programs, be the change and identify strategies, and finally, cultivate lifelong relationships in the community.

Learning never has an end. My future plan this year includes traveling to Cambodia in December as a dental student to volunteer at a dental clinic for orphans in Cambodia. While I am there I hope to partner with the University and encourage and support the manpower in Cambodia to evaluate oral health preventative programs in rural communities, where roughly 80 percent of the population is concentrated in rural communities along the Mekong River. We hope to examine risk factors, who is providing preventative care, how is it being provided and how dental nurse therapists are standardized in these communities.

My journey as a dental student has been

very humbling. I am thankful every day for the tests, challenges, and opportunities I have had. It is exciting to see where this journey will take me! Remember, whether you are a rock climber, a dancer, a student, or dreamer, it's not about the destination. It's about the journey.

Stephanie was involved with a horrible car accident on May 22nd. She is currently recovering from all her injuries. Please keep Stephanie in your thoughts and your prayers

Mandy Kot- Senior Dental Student



Seeing It From the Other Side

How do you know who you will be when you get older? How do you know what kind of person you will become? The truth is, you don't. Life is spontaneous. No one knows what will happen in the next hour, day, week, or even month. But what shapes who you become are the choices you make and the experiences you encounter. I don't have any family members in the field of dentistry, so I didn't grow up hanging out in my mom or dad's dental office.

For me, there was a specific memory from my teenage years that opened my eyes to what my future holds.

When I was younger, I was "blessed" with a mouth full of crooked teeth. Already having issues finding and keeping friends due to moving to Indiana at a young age, having crooked teeth caused my confidence level to decrease rapidly. It got to be so bad that I went through junior high and high school with a frown on my face because I was so ashamed of my smile. Combined with really bad acne, the crooked teeth did not help my personal appearance and, therefore, my social status. One of the most devastating things for me was that I would go *days* without looking in the mirror, afraid of what I would see.

I am not going to say that money was tight, but money definitely was not spent freely by my parents. I wanted and needed braces desperately, but finding the money to get them was the problem. This eventually changed when my parents got a divorce and my dad offered to pay for my orthodontic treatment. So I had braces put on my senior year of high school. Although this was not the most attractive look for graduation photos, it was better than the alternative. After two years of being called "metal mouth", the day finally came when the orthodontist was going to remove the braces.

As cheesy as it sounds, it was the moment that changed my life forever. It is such a vivid memory that I remember like it just happened. There I was, sitting in the 3rd chair from the left, as anxious as a person can be. The assistant came over in her bright purple scrubs and long blonde hair to ask how my drive down from Indy had gone. Then the orthodontist came over and started tearing my mouth apart. With each bracket that was removed, I seemed to get more butterflies in my stomach. When all the brackets were out, they still had to clean off the cement. Finally, they handed me a mirror and said, "Take a look." I paused, holding the dreaded mirror in my hand. When I finally gained the courage to face my reflection, my heart dropped. Sure, it wasn't a perfect smile with a class I molar and canine relationship, but it was perfect for me. I cannot even begin to

explain what it meant to see that smile. All of the bad memories and hurtful moments of kids making fun of me seemed to be non-existent. This was my new beginning.

From there I went to college at Marian University, a small Catholic school in Indianapolis. I was fortunate enough to receive a basketball scholarship and a great deal of academic scholarship. I have always been a motivated person, so I always stayed busy and involved. Balancing a school load of 18-20 credit hours each semester, attending basketball practice every day, lifting weights multiple times a week, and traveling on the road for games taught me many valuable life lessons that will help me be a better clinician in the future. Playing a collegiate sport taught me that being part of a team is better than being a solo player, just as a dental office staff needs to be able to work as a team instead of individually. Since I was the point guard, I had to learn how to not only be an equal team member, but how to lead the team throughout the whole game and during "crunch time." As a dentist, I have to be able to work well with my coworkers, but at the same time be the boss and run the business.

After three years of college, I decided to apply for dental school with the intent of having the experience of the application process to hopefully get accepted the second time. To my surprise, I was chosen for a first round interview. I didn't quite know what that meant, but I was told it was a good sign. The interview went about as bad as it could, so I knew that was it for me. When I called on December 1st to hear the news, I was in total shock when the secretary said I was accepted. At first I was totally ecstatic, but after thinking about my future and speaking with my mentors at Marian, I decided to decline the invitation to dental school so I could finish getting my Bachelor's degree and play my last year of basketball. At the time, I didn't know if it was a good decision or not. I was honored, but I felt that instead of entering dental school at the age of 20, I should use that extra year to mature. Like I said earlier, life is spontaneous and I can't be sure of the future. If dental school didn't work out, I would at least have a biology degree as a backup.

So here I am, on a journey with a mission to help others in similar situations. Having the chance to start over is something I am grateful for each day. I am still the same person, but my outlook on life was changed at that very moment when my braces were removed. Smiling is an everyday occurrence for me and I am not as self-conscious as I used to be. This experience opened my eyes to the field of dentistry. I realized that I wanted to give someone else that same smile and feeling inside. I wanted to see what it would be like sitting on the other side of the dental chair. Looking back now, as mad as I was for having crooked teeth, I truly do feel blessed because it opened my eyes to my calling in life of helping others find their own perfect smile.

Now He is A Legend



At the recent AAP Education Committee Meeting in San Diego, **Dr. E. Brady Hancock was chosen to receive the AAP's Outstanding Educator Award for 2011.** The Award for Outstanding Periodontal Educator recognizes an exemplary periodontal faculty member whose career demonstrates excellence in teaching and is an inspiration to students. It was my honor to be able to speak on behalf of the nomination that was spearheaded by Dr. Greg Phillips, at the Education Committee Meeting in San Diego. For those of us in education, especially, full time educators, this award would be similar to an Oscar for Lifetime Achievement in the

field. "A true and singular honor for a lifetime of dedicated work"

Dr. Hancock has been an inspiration to the specialty of Periodontics in general but especially to those of us who were privileged to be his residents. IUSD and the Department of Periodontics and Allied Dental Programs where Dr. Hancock spent 20 years of his career as Director of the Graduate Program and then Chairman of the Department are especially proud of this recognition. A certificate will be presented to Dr. Hancock at the AAP meeting in Miami later this year.

Recommendation letters as part of the nomination were written by the following:

Dr. Charles Goodacre, Dean, Loma Linda University

Dr. Vanchit John, Chairperson, IUSD, Department of Periodontics and Allied Dental Programs

Dr. William Parker, Chairperson, Department of Periodontology, Nova Southeastern University

Dr. Henry Swenson, Professor Emeritus IUSD

Dr. Gay Derderian, Assistant Professor of Periodontics, Marquette University

Dr. Scott Reef, Private Practice, Lafayette, IN

Dr. Cecil White, Atlantic Beach, Florida

Dr. Monish Bhola, Graduate Periodontics Director, University of Detroit Mercy

Dr. Jung Han, Assistant Professor of Periodontology, Nova Southeastern University

Please join me in congratulating Dr. Hancock on his being chosen as the AAP's Outstanding Periodontal Educator for 2011.

Dr. Hancock has been featured in the recent issue of 'Periospectives' an AAP Publication.

If you would like to send your personal message of congratulations to Dr. Hancock, you can do so at ehancock@iupui.edu

He is An Educator- Dr. Greg Phillips presented with an Educator Award from the AAP



Every year the AAP solicits nominations from the different schools for candidates to be considered for an Educator Award from the individual schools. Dr. Greg Phillips was presented with an 'Educator Award from the American Academy of Periodontology'. This award is in recognition of 'Outstanding Teaching and Mentoring in Periodontics'. Dr. Phillips is a part-time faculty in the Department of Periodontics and Allied Dental programs. He has been on our faculty since I was resident. He is one of our most loyal and generous alumni. Thank you Dr. Phillips for all that you do for our Department, for IUSD and especially for the Specialty of Periodontics. Our Department is very grateful and we appreciate all that you do. Thank you.

If you would like to send your personal message of congratulations to Greg you can do so at drGreg@drGregphillips.com

Department Recognitions



IUSD Alumni Association Distinguished Faculty Award for Teaching

Congratulations to Patricia Capps, Clinical Associate Professor of Dental Assisting and Director of the Distance-Learning Dental Assisting Program. You make us proud Professor. Capps.

Trustee Teaching Awards

Prof Lorie Coan and Dr. Vanchit John were recipients of 2011 Trustee Teaching Awards.

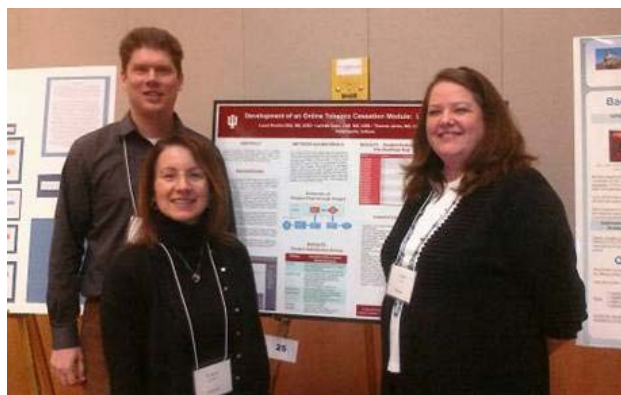
Maynard K. Hine Award for Excellence in Dental Research (for Best Research Manuscript)

Vivian WAHAIDI

PhD Degree in Dental Science, 2010
Manuscript: *Endotoxemia and the Host Systemic Response During Experimental Gingivitis*
Manuscript accepted by the *Journal of Clinical Periodontology*

Primary Faculty Mentor: Michael Kowolik, Periodontics and Allied Dental Programs
Congratulations to **Samira Toloue** (primary IUSD faculty mentor Steven Blanchard) for the 3rd place award earned at **IUPUI's Research Day on April 8**. Dr. Toloue compared calcium sulfate to freeze dried bone allograft for ridge preservation (poster #69).

Dr. Toloue was also a finalist for the "Volpe Award" competition which was held at Ohio State University on May 20th.



Dr. Laura Romito (left) and Prof. Lorinda Coan with Mr. Tom Janke at the symposium

DENTAL, DENTAL HYGIENE FACULTY REPRESENTED AT MOORE

SYMPOSIUM. Among this year's presenters for the Edward C. Moore Symposium on Excellence in Teaching were two IUSD professors whose project was mentored by a member of the Center for Teaching and Learning, the IUPUI unit sponsoring the conference. Prof. **Lorinda Coan**, clinical assistant professor of dental hygiene, and Dr. **Laura Romito**, associate professor of oral biology, presented a poster with Mr. **Tom Janke** titled "Development of the Online Tobacco Education Module: Lessons Learned." The online program was designed for both dental and dental hygiene students. "The module was piloted last fall," says Dr. Romito. "Funding for module development came in part from an IUPUI Curricular Development Grant." The Center for Teaching and Learning offers faculty across campus a variety of opportunities and helpful resources – check out the center at <http://ctl.iupui.edu>.

Welcome Back Dr. Funakoshi

The Department of Periodontics and Allied Dental Programs welcomed back periodontics alumnus and former IU faculty member **Dr. Eiji Funakoshi** (MSD'77) of Japan to present a course to the department and its alumni titled "LOOKING BACK AT 30 YEARS' PRACTICE FROM RESECTIVE THERAPY TO GUIDED BONE REGENERATION WITH OPEN BARRIER MEMBRANE TECHNIQUE". Dr. Funakoshi's presentation was held on April 4th



We took Dr. Funakoshi, Dr. Yasumasu (MSD 2007) and some of the other visitor from Japan to St. Elmo's Steakhouse for dinner

Dr. Tom Kecip spoke to our Department on May 26th at 5:15 on a presentation titled "Being Involved with Organized Dentistry- Lessons Learnt on My Way To the Presidency of the California Society of Periodontists". Dr. Kecip is now the President of the California Society of Periodontists. This is a very prestigious position for one of our most loyal alumni. Congratulations Tom, we are proud of all that you do for the Specialty and we appreciate your loyalty to our Department.

Meet Two of Our Second Year Residents

Dr. Duane Bennett



1. **Brief education background.** – I graduated from High School at Portage Northern High School in Portage, Michigan in 2002. I then went to the University of Michigan for undergrad (c/o 2006) and dental school (c/o 2010).
2. **Which Year in your training** – Right now I'm at the very end of the first of three years.
3. **Family** – I'm an only child. My parents live in West Michigan. I have a very large extended family though that is spread out mostly in between Chicago and Detroit.
4. **Things you did in school/college that you wish you never did.** – I think had my study schedule been a little more regimented in college, the transition into dental school would have been a little smoother.
5. **Things you did not do in school/college that you wish you did** – I wish that I studied abroad. I think I was the only person who minored or majored in French in college who didn't study in France or West Africa for at least a summer.
6. **Your hobbies** – We don't really get a lot of free time in our program. However, I spend quite a bit of time at NIFS. I grew up playing sports so I still stay pretty active playing various sports.
7. **Hidden talents** – I grew up a musician playing the Alto saxophone, drums and piano. However Alto saxophone was my principal instrument and the only one that I really still play.
8. **What would you have become (professionally/personally) had you not gone into dentistry** – I had a full

scholarship to go play football at a small college. However, I ended up getting into a preferred admissions program at Michigan for undergrad and dental school. So I hung up my cleats and decided to be a student. Had I played football, knowing myself, I wouldn't have wanted to take heavy science classes. I probably would have ended up going to law school which was always something in which I was interested.

9. **Like/Dislikes** – I love traveling and discovering new places.

10. **Why did you choose IU's Periodontics Residency Training Program** – I felt very comfortable here. The family atmosphere I got in the grad perio clinic here when visiting was very similar to my pre-doctoral clinic in dental school. Additionally, I had several mentors that I trusted who assured me that I'd be well educated here.

11. **Plans upon graduation** – I plan on going into Private practice, but also teaching at least 1 day a week in pre or postdoctoral clinics.

Dr. Dena Khoury



1. **Brief education background.**

I attended University of Michigan for undergraduate training. I was honored to be accepted into the IUSD family in 2004 and graduated dental school in 2008. I spent two years in a general practice residency in Hartford, Connecticut at St. Francis Hospital.

2. **Which Year in your training**

Currently, I am a first year graduate student in Periodontics at IUSD.

3. **Family**

I have an amazing family that resides in Michigan where I was born and raised. I have two older sisters and one younger brother. My mother and father are a great source of inspiration and have been a constant source of guidance and support throughout my educational career.

4. **Things you did in school/college that you wish you never did.**

I hate to say that I have any regrets about my educational past or my life in general. I believe each experience and encounter has contributed greatly to the person I am. I can't say that I handle things perfectly and with some outside guidance I am trying to be better about reserving comments to those in a position of authority when I may or may not agree with their thoughts or wisdom. The great thing about learning is being able to draw your own conclusions and form your own opinions, but I am learning that it is not imperative that everyone agrees.

5. **Things you did not do in school/college that you wish you did.**

I wish I listened a little more... My mind is always racing and sometimes it makes it hard to take in all of my surroundings. I try too hard to take it all in and may find it more beneficial if I just focus on what is in front of at any given moment.

6. **Your hobbies.**

I greatly enjoy baking/cooking. My secret wish is to have my own show on the food network some day!!

7. **Hidden talents.**

I can draw.

8. **What would you have become (professionally/personally) had you not gone into dentistry**

Be an Interior Decorator. At some point when I grow up and have my own home, I hope to take some time off of work to really be able to create my ideal surroundings.

9. Like/Dislikes

There is a lot I like... this could be a long list, but I will try to limit it. I always say that if I could have a constant IV set up of chocolate and coffee I would be a happy girl. What I don't like, unmotivated people. Life is too short to be wasted.

10. Why did you choose IU's Periodontics Residency Training Program

Honestly, Dr. John. He has been a great source of inspiration

11. Plans upon graduation

Make money to pay of all these ridiculous loans... I heart Salliemae!

Faculty Feature Section

We are featuring *Dr. Elizabeth Ramos in our Faculty Feature Section.*

Dr. Ramos joined the Full Time faculty on June 1st and we are looking forward to all her contributions to our mission. Welcome Dr. Ramos. We are glad you are part of the faculty at IUSD.

Faculty Member Profile- Liz Ramos



1. Education background:

1988- Padua Franciscan High School, Parma, Ohio
1992- B.S. Biology, University of Toledo, College of Arts & Sciences, Toledo, Ohio
1997- D.D.S. **The Ohio State University**, College of Dentistry, Columbus, Ohio
1998-Certificate, Advanced Education in General Dentistry, **The Ohio State University**, College of Dentistry, Columbus, Ohio
1998-2002-Private Practice; General Dentistry
2005-Certificate, Periodontics, Richard L. Roudebush VA Medical Center, Indianapolis, Indiana
2008-M.S.D.; Indiana University, School of Dentistry, Indianapolis, Indiana
2005-2010-Private Practice; Periodontics
Clinical Assistant Professor, Part-time **The Ohio State University**, College of Dentistry, Columbus, Ohio

2. Position in the Department:

Clinical Assistant Professor

3. My wonderful family: My husband of nine-years, Joe

Mom and Dad- Cleveland, OH
Mother- and Father-in-law- Charleston, SC
Both sets of parents celebrated their 50th wedding anniversaries this year!
Sister, her husband, kids- Columbus, OH
Sister-in-law, her husband, kids- Little Rock, AK
Brother-in-law- Blantyre, Malawi
Brother-in-law, his wife, kids- Charleston, SC
Sister-in-law, her husband- Charlotte, NC

4. Things you did in school/college that you wish you never did.

5. Things you did not do in school/college that you wish you did.

Questions #4 and #5 are tough to answer. I believe we are who we are because of the people we meet, the experiences we have and the choices we make. I look at every encounter as an opportunity for growth.

6. Your hobbies.

Eating, Cooking/Baking, Reading

7. **Hidden talents.**

I wasn't exactly blessed with natural talent; however, I do enjoy music. We don't have a piano in our home; however, when we visit my parents, I'll sit down at the piano, my dad will pull out his violin and we'll play a few pieces together. At Christmas, we can spend hours gathered around the piano at my parents' house. If you have an instrument you play it, those without are urged to sing!

8. **What would you have become (professionally/personally) had you not gone into dentistry**

Believe it or not, I knew I wanted to be a dentist when I was four-years-old. When my parents got their first recliner chairs in 1974, I played dentist on my sister with my Mom's silver nutpick.

9. **Pet Peeves**

Not taking necessary steps to be as prepared as possible-

My dad, a retired general surgeon, gave me advice before I began the graduate periodontics program: "Prepare for every procedure as if it is the first time. Because no two patients are exactly the same, every procedure is the first time." I fondly remember my dad reviewing his anatomy book in the evenings. I think he kept it on his nightstand.

10. **Like/Dislikes**

Likes: Cleveland Cavaliers; Indianapolis Colts; Carbohydrates, such as Macaroni and cheese (gruyere, maybe some truffle oil), Chocolate cake with buttercream frosting, and Ben and Jerry's Pistachio ice cream.

Dislikes: Exercise (considering most of my "likes," it is necessary!); Miami Heat (except Zydrunas Ilgauskas)

I am excited to join the IUSD team. I look forward to my role in continuing the tradition of integrity and excellence the Department upholds.

Graduation Party

The graduation party for the residents was held on May 21st at Hue Dine Restaurant. Our graduating class included; John Lee, Janice Kaeley, Samira Toloue, Vikas Puri, Erez Nosrati and Jerry Chang (VA Resident)



It was a really fun time for all present. It is always bittersweet to say goodbye to residents that you have worked with and helped train for the past 3 years. ***Dr. Blanchard presented Samira Toloue with the Henry M. Swenson Scholarship for Clinical and Didactic Excellence in Periodontology.***

Congratulations to all of you graduates

Remember the Department with your time and treasure as you set forth on your journey.

Resident Case of the Month



Dr. Vikas Puri, BDS

Vikas has just completed his residency program. He is currently interested in an Associateship to help develop his skills as a Periodontist

Guided bone regeneration and Implant placement

A 64 year old Caucasian male patient presented with the chief complaint of “I want to have some fixed teeth in the front area of my mouth”.

Patient took the following medications:

Benicar, Aspirin 81 mg, Uroxatral, Simvastatin
Fish oil.

He had been edentulous in the anterior area since for almost 52 yrs.

A diagnosis of “Generalized chronic gingivitis with localized mild periodontitis around the lower anterior teeth, and # 4 was made.

In addition, “Mucogingival deformity on edentulous ridge (horizontal ridge deficiency)” was noted.

The plan was to perform ridge augmentation using Osteocel bone graft along with the RCM6 membrane.

Osteocel

It is an allograft which has cellular bone matrix product that preserves the native MSCs (Mesenchymal stem cells) and Osteoprogenitors found in the marrow rich bone. It provides three components for bone formation.

Osteoinduction: MSC growth factor production and demineralized cortical bone

Osteoconduction: Cancellous scaffold

Osteogenesis: MSC and osteoprogenitors

RCM 6-A membrane matrix made from highly purified Type I Collagen was used

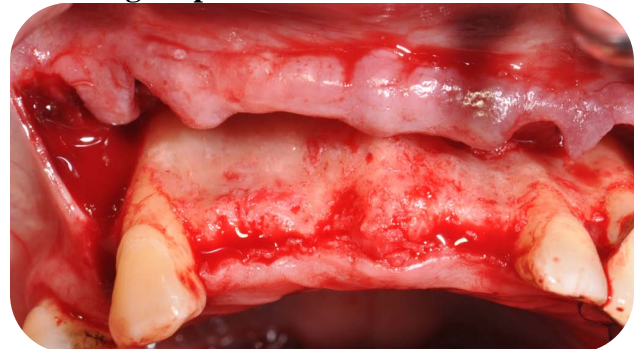
Initial Presentation:



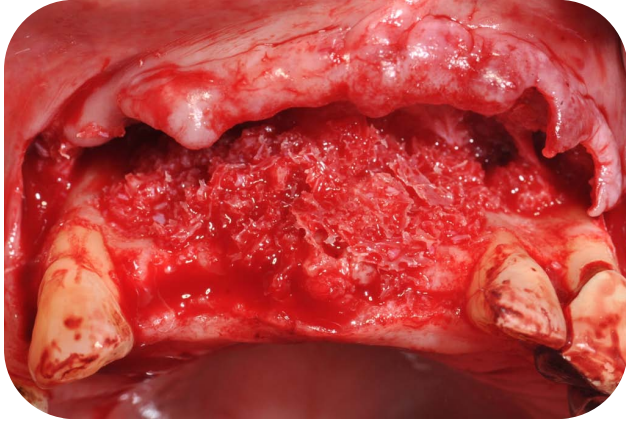
Palatal View:



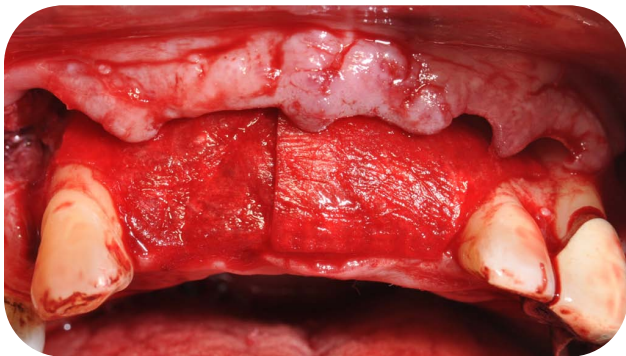
Following Flap Elevation:



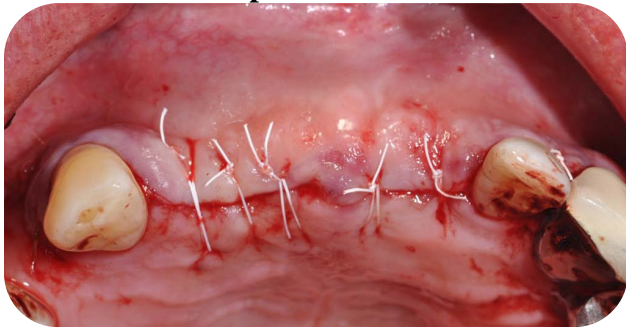
Placement of Osteocel Bone Graft



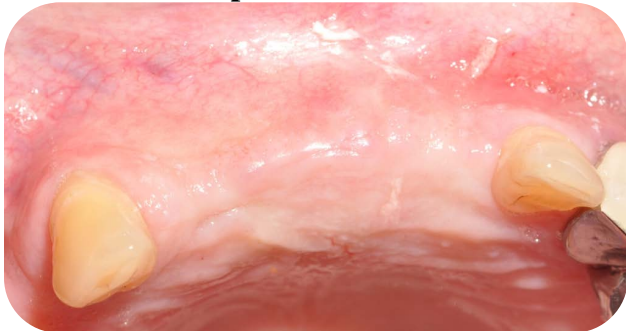
Membrane Placed



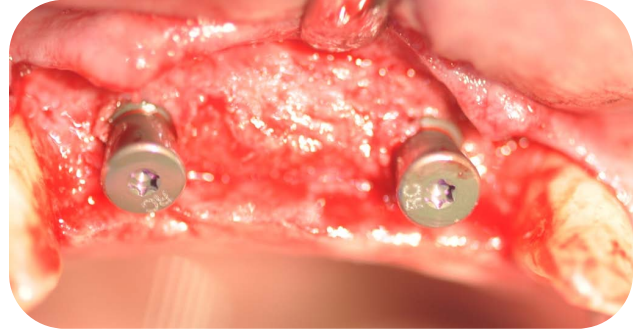
Immediate Post-Op



3 Months Post-Op:



Placement of 2 Implants



4 Weeks Post- Op



Following Restoration



Papers Published

A Survey of United States Periodontists Knowledge, Attitudes, and Behaviors Related to Tobacco-Cessation Interventions; Amit M. Patel, Steven B. Blanchard, Arden G. Christen, Robert W. Bandy, and Laura M. Romito. *J Periodontol*; 2011;82:367-376

Shin D, Blanchard SB, Ito M, Chu T-MG. Peripheral quantitative computer tomographic, histomorphometric, and removal torque analyses of two different non-coated implants in a rabbit model. *Clin. Oral Impl. Res.* 22, 2011; 242-250

Retail Promotions and Perceptions of R.J. Reynold's Novel Dissolvable Tobacco in a U.S. Test Market. Romito LM, Saxton M, Coan LL, Christen AG *Harm Reduction Journal* 2011, 8:10; May 2011

Blanchard SB, Averitt TR, Derderian GM, John V, Newell DH. *The Cervical Enamel Projection And Associated Pouch-Like Opening In Mandibular Furcations: Its Prevalence And Clinical Significance. In Print. J Periodontol*

Judy Doyle Set To Take Early Retirement



One of the main stays of our Department, Judy, is set to take early retirement that will take effect on June 30th. Judy first started working on Campus at an Indiana Regional Medical

When it no longer existed, Judy then worked for Art Lautzenheiser who was the Campus Business Manager.

In July of 1975, she quit for a while and then came back in February 1986 to work at Riley Hospital in Pulmonology. She worked there until Dr. Hancock hired her in July 1987. Since 1987, Judy has been helping graduate students get settled in to our Department among all the other things that she has done. She has been integral in making our Department the special place that it has been and continues to be. Personally, Judy, helped me settle in when I was a resident with her kind but insistent request to complete all the appropriate paper work that was needed at that time. In any time we residents had an issue it was always, "Judy, can you help me". Judy never hesitated to offer her advice when it was asked.

As the Chairman, I have benefited from Judy's expertise and wise counsel. Judy, we will all miss you and we thank you from the bottom of our hearts for all that you have done for our Department and for IUSD. Enjoy your retirement. Don't forget us. Please do come back and visit us from time to time.

I know that many of you would like to contact Judy and thank her for all her help.

You can contact her at jkdoyle@iupui.edu (before 6/30) or jkdoyle183@yahoo.com (after 6/30)

You can also mail Judy a card or letter and send it to;

Judy Doyle
Department of Periodontics and Allied Dental Programs
Indiana University School of Dentistry
Indianapolis, IN 46202

Upcoming Events

June 28th- Emergency Practice Drill- 2nd Year Residents to lead

June 29th- Our New Residents arrive to begin their journey in the Department

June 30th - Judy Doyle Retires

July 26th - Third Year Residents- Syncope and Stroke

August 30th – Faculty- Syncope and Seizure

September 27th – 1st Year Residents- Syncope and Acute Hypoglycemia

November 22nd – Third Year Residents - Syncope and Asthmatic Attack/ Bronchospasm

December 6th - - 2nd Year Residents- Syncope and Foreign Body Obstruction

November 12th-15th- AAP Annual Meeting, Miami Beach, Florida.

Keep your eyes and ears open for information about our alumni association gathering during the meeting



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