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## MAX-WELL '87 OFFERS HOPE AND HEALTH FOR THE NEW YEAR

Jerry, as in Vice-President Bepko, jogs for fun and fitness and admits it's sometimes difficult to stay on a health regimen without a little help from your friends and associates. Ye ol' editor, who stopped smoking for the same reason, agrees, as do a lot of other people in the business of helping folks whip themselves into shape. So, beginning in January, for free or very little money, all staff and faculty are urged to plan and work toward their own "maximum wellness" through MAX-WELL '87. For instance, beginning Jan. 2 at the natatorium and for every month thereafter, you can check out the facilities and decide what fitness approach suits you--swimming, walking/jogging or weight training for the Total Fitness Program. Then there is the Freedom from Smoking program from the American Lung Association, which works for many (including your editor). There is a fun "Slim-A-Thon" where teams vie for cash prizes. And, for a long-term approach to looking and feeling good, there will be SHED, Sensible Healthy Eating Daily classes, where you will learn to adopt good eating habits. A lot of people on campus are ready to help. The university, IU Hospitals, the natatorium and the IUPUI Staff Council are all involved in MAX-WELL '87. For your own brochure, call Personnel, 4-4537.

## HOLIDAYS CHANGE DEADLINES, WORKDAYS, PAYDAYS AND PLAYDAYS

It's tradition. During the upcoming holidays some buildings on campus will close completely, some partially and some not at all. Some days off for people working in closed buildings will be M days, some VE days.... Libraries and the credit union will have special hours, the Green Sheet schedule changes, and paychecks arrive differently for some.

Not closing are all hospitals and other medical services. Closing from 5 p.m., Dec. 24 through Jan. 1 are: Administration, Bus/SPEA, Mary Cable, E/S and Nursing Buildings, the 1317 Michriver St. and Counseling centers, all Herron buildings, Lecture Hall and C building at 38th St. Buildings that will operate on a limited basis include Dentistry, Law, PE/Natatorium, University Library, Coleman Hall, the north wing of the Union Building, Oral Health Research Institute and Cavanaugh Hall. In Cavanaugh Hall the offices of Admissions, Bursar, Financial Aid and Registrar all close Dec. 25 and Jan. 1 but have hours at other times. Paychecks: Monthly will be distributed Jan. 2; biweekly on Dec. 24. The Green Sheet will be published for the last time this year on Dec. 21 and will resume Jan. 11. The campus branch of the IUI Federal Credit Union closes at 2 p.m. Dec. 24, and will be closed Dec. 25-26, Dec. 31 and Jan. 1. Other branches will be open Dec. 26. Check the library you use for special hours. Finally, the deadline for submitting research protocols involving human subjects is moved to Dec. 22. Call Roxanne in Research and Sponsored Programs, 4-8289.



TAX MAN TAKES HIS TIPS ALL OVER You will start getting his tax tips next month, but since last June thousands of people have already heard from law professor Lawrence A. Jegen III about the new tax law. When December ends, Larry will have given 35 major speeches on the subject to IU alumni, lawyers, accountants, insurance reps, bankers and IRS officials in cities that include Indy, Atlanta, Tampa, Tallahassee, Dallas, Colorado Springs, Boston, Bloomington, Chicago and Minneapolis.

#### NEWS 'N' NOTES FROM HERE 'N' THERE

B-r-r-r--Seventy-five years ago on Dec. 14, after seven centuries of searching by many, Roald Amundsen (cq) and four companions found the South Pole. They and 12 of the 52 sled dogs that set out made it back to base camp. A month later Capt. Robert F. Scott, five other people and their dogs didn't fare so well attempting the same feat. They all died and were found 11 months later.

Dinner Tickets--Tickets are on sale now for the Black Student Union's annual Martin Luther King Jr. Dinner to be held Jan. 19 at the Indiana Roof ballroom. Call Marie Brunsman, 4-2223.

Faris Comments--If you have comments on the administrative performance of K. Gene Faris, dean, IU Learning Resources, you are invited to contact any of the review committee members from our campus. They are Marvin Ebbert, Barbara B. Fischler and Dr. George Lukemeyer.

PDP Deadline PDQ--Jan. 16 at 5 p.m. is the deadline for submitting proposals for the Project Development Program Cooperative Grants competition. The grants are for faculty members who want to develop cooperative projects with local industry, community organizations or interdisciplinary relationships between schools at IUPUI. Call Ann Kratz, Research and Sponsored Programs, 4-8285.

Off-campus Spanish--In addition to campus, Greenfield, Lafayette and an Indianapolis location have been added to language certification sites for the '97 Pam Am Games volunteers. Director of our Pan American Events and Language Programs Office, Mary Carr, and her volunteers will be assessing language skills at those sites on designated days. Call 4-7314.

Notre Dame--Nancy Cole from the South Bend Center for Medical Education, U. of Notre Dame, presents "Interactions of Human Herpes Viruses and Central Nervous System Cells In Vitro" on Dec. 18, 4 p.m., MS 205. All welcome.

No Name Correction--Seems a slightly irate reader who did not use a name wants us all to know that Dale Neuburger, manager of the natatorium and track and field stadium, is not "our" assistant director of intercollegiate athletics, but rather holds the title at IUB. We're trying to get the facts correct!

Dynamic Summer Days--Enrollment in the terrific summer day camp at the Indianapolis Sports Center filled so fast last year that campus folks are getting an early chance to enroll kids 5-12 years old for day camp sessions June 12-July 24. Call Julie Stemm, director, 4-7364.

Find Out--TV host Dick Wolfsie, legislators, lobbyists and other public leaders will talk about lottery, school funding and a lot of other critical issues facing the state in the legislative awareness seminar "Focus '87." Sponsors are Women in Communications and the Woman's Press Club. For details, call Paula Brici, 634-8841.

POLICE OFFER LIFESAVER TAGS FOR CHILDREN

LIFESAVER I.D.	
Name	_____
Address	_____
City	_____ State _____
Phone	_____
2nd	_____
3rd	_____ Age _____
MEDICAL	
Ins. Co.	_____
Ins. #	_____ Blood Type _____
Allergy	_____
Medication	_____
WE CARE ABOUT YOUR SAFETY	

A small tag that can be sewn into tennis shoes or clothing and that can save the life of your child is being offered by the IUPUI Police Department. The free lifesaver emergency tags identifies parent and child, gives medical information, permits an emergency room physician to call your physician and gives parental consent for the child to be treated at a hospital. To get your tags, or for more information, call 4-2057, or drop by the police department.

actual size

**NEED VOLUNTEERS FOR RESEARCH** The Oral Health Research Institute, School of Dentistry, seeks volunteers for a new study that begins next month. Participants will evaluate a new toothpaste that is designed to reduce gum inflammation. Participants will attend four examination appointments of 15-20 minutes each and two dental cleaning appointments of one hour each, all scheduled between late January and August, 1987. People successfully completing the project receive \$50 at the conclusion. For more, call 4-8822, weekdays, 8:30 a.m.-4:30 p.m. People involved in testing other dental products need not apply.

CITY SEEKS FOUR-WHEELERS FOR EMERGENCIES

If you remember the great Hoosier blizzard of a few years back, you might also remember that owners of four-wheel drive vehicles were heroes and heroines. When no one else could move, they delivered food and medicine, transported patients and helped VIPs get to work so they could run the hospitals, cities and towns. They may be needed again some time for help in tornados, floods or other hazards. Insured, licensed owner/drivers are asked to contact Darren Klinger at the Emergency Management Div., Indianapolis Dept. of Public Safety, 633-3900.

POSITION AVAILABLE

CHAIRMAN, Dept. of Computer and Information Sciences, IUPUI. Must have Ph.D. in computer science or related field and demonstrated professional accomplishment in computer science research. Administrative experience highly desirable. Will be expected to provide leadership in the development of the department of seven faculty members who are interested in information theory, database design, fault-tolerant computing, numerical analysis and compiler theory. Department offers B.S. and M.S. degrees and includes computing facilities in the IU computing network as well as a department microcomputer lab. Send applications by Dec. 31 to Dr. Judith Gersting, Dept. of Computer and Information Science, 1201 E. 38th St., Indianapolis, 46223.

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If you get this Friday Friday, Dec. 12, you are invited to a relaxing evening of public readings of prose, poetry and drama in the Mary Cable Building, Room 108 at 7:30 p.m. No charge. Refreshments offered.

### LOW, LOCAL BIDDERS GET \$27 MILLION IN CONTRACTS

Following a nod from the IU trustees during a recent meeting here, \$27 million in contracts for the construction of the Medical Research Building and Library were awarded to Indianapolis-area companies, all of which submitted low bids. For \$17.1 million, Geupel DeMars, Inc., will do the general construction of the new building to be located north of University Hospital and east of the Medical Science Building. BMW Constructors, Inc. was awarded the \$6.3 million mechanical construction contract and the \$3 million electrical construction contract went to Ermco, Inc. Johnson Controls, Inc. was awarded a temperature controls contract for \$555,200. The \$34,135,000 project will be funded from Academic Facilities Bonds and through gifts to the IU Foundation through the Campaign for Indiana. Expected to begin in the spring, the 214,807 gross-square-foot six-story structure will be of poured concrete with a brick exterior. It will house the School of Medicine Library, the Walther Oncology Research Center and research centers for medicine, medical genetics and radiology. Space is also allotted for research in anesthesia, dermatology, ob/gyn and surgery, as well as common research support space.

Basketball Yearbooks All Sold The nifty \$6 IU Basketball yearbooks that IUB Intercollegiate Athletics wanted us to help sell, are all sold. If you sent checks to Tom Henry in University Relations for your very own copy of Bob and The Boys, he will be refunding your checks soon. Sorry.

**STREAMLINING OPERATIONS** Construction starts now on a \$6.7 million project to consolidate the adult surgery facilities into renovated areas of University Hospital. The total project will cost \$9 million. There will be 18 operating rooms for in- and out-patient surgery, including the elimination of five operating rooms now at Long Hospital. The IU trustees okayed contracts for the project that will be funded from the Hospitals Improvement and Repair Reserves Account, pending appropriate state approvals.

### CHILD CARE CENTER WILL HELP OVER THE HOLIDAYS

If over the holidays, Dec. 22-Jan. 2, your school-age children need a place to stay and play, consider the IUPUI Child Care Center. Among the many activities, bowling, swimming and movies are planned. Cost is \$10 each day and includes meals. To reserve your child's place, call Peggy, 4-3508.

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**WRONG!** The Martin Luther King Jr. celebration Jan. 19 will NOT include the topic "HANGING ethnic representation in Indiana," but rather CHANGING ethnic representation. Thanks to our readers who pointed out the omission of the c in last week's issue of the Green Sheet, and for the sense of humor in people running the celebration. Another note on the same sore subject. It was without any humor at all that my boss Tom Henry told me to tell you that the number to call for Martin Luther King Jr. dinner tickets is 4-2223. Please, do not call 4-2134 for tickets.

green sheet 

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## ¡Feliz Navidad y Prospero Año Nuevo!

Latin America rejoices with Christmas traditions. The season invites singing, dancing and solemn prayer.

After the Catholic beliefs and practices were accepted by the American peoples of the Western Hemisphere, they were adapted to the Indian and African rituals. The costumes remained colorful and elaborate but the themes were those of Christianity.

The nativity scene is the basic decoration and inspiration during the holiday season. There is more of a religious feeling and fervor during the celebrations. This is because most of the population in Latin America is loyal to Catholicism, the historically imposed religion of the Spanish crown.

Practices vary among countries and socio-economic classes. In the Caribbean, music and dance are present from December well into the middle of January.

The "parrandas" or "asaltos" are a very enthusiastic type of carolling where people play gourds, maracas, guitars, drums, claves and even trumpets and saxophones. These groups of people visit people's homes late in the evening and the idea is to wake the host. Once in the house, the guests are treated to traditional Christmas dishes.

Some of these dishes are coconut or rice pudding, sweet potatoes or papaya candy, dry pork meat, "coquito" (alcoholic beverage made with rum and

coconut cream), egg nog and soft drinks. Once the guests sample a bit of everything, the host family joins the group and goes on to wake someone else. This can go on until dawn.

Just about every family looks forward to the Christmas Eve dinner and to attend Midnight Mass. In some countries, gift exchange occurs on Christmas Eve. In other countries, gift exchange is on January 6.

The Epiphany is celebrated on that day. The fantasy for children is that of the Three Wise Men in comparison with the United States' Santa Claus. As the Three Wise Men travelled by camel, some children leave grass and water for the camels and the Kings leave presents for the children. In other countries, children leave the oldest shoe out with some hay for the camels.

Much could be said about Christmas traditions and practices in Latin America since they vary from country to country. Even though it is Christmas time, in Latin America poverty, hunger and homelessness still exist, as in many parts of the world. They know it is Christmas time and they believe the Bethlehem Star means the good news. They still have faith that the Savior was born. Let us remember the unfortunate ones in Latin America and in all the world.



### Calendar Pan Am-Related Events

Latin America: Physical  
Environments  
Mary M. Carr, Coordinator  
PANAMELP, IUPUI

Dr. Frances Rhome  
Humanities Institute  
274-2477

City Center on  
Circle

Jan. 21  
Noon

Latin American Quest for  
Identity: Society,  
Literature and Art in the  
20th Century  
COURSE

Dr. Peter Sehlinger  
274-3811

Indianapolis  
Museum of Art

Starts  
Jan. 20  
5:30-8:30

Latin Expressions: The  
World of Art  
Holly Day, Indianapolis  
Museum of Art

Dr. Francis Rhome  
Humanities Institute  
274-2477

City Center on  
Circle

Feb. 18  
Noon

If you are planning a Pan Am related meeting, conference or special event, and would like it placed on the Piñata Calendar, please contact the PANAMELP Office at 274-7314 at least two months in advance.

## 10 High Schoolers Go to OAS Meeting

Ten outstanding students from all over Indiana were selected to observe the fifth annual Model General Assembly of the Organization of American States (OAS) in Washington, D.C., December 10-13.

The program, sponsored by the Pan American Events and Language Programs Office at IUPUI, aims to acquaint the high school students with the goals and activities of the organization. Nearly 150 students applied for the trip. The ten selected students and the five alternates were chosen on the basis of their scholarship, leadership, Spanish language abilities and a 500-word essay.

The Washington trip should help the students explain the OAS to their peers and also help them plan an Indiana version of the Model OAS meeting next April at IUPUI.

The students selected for the Washington trip were:

**Rachel Maria Dreiband**—Bishop Dwenger High School, Fort Wayne; **Michelle Gutierrez**—Lawrence North High School, Indianapolis; **Mary Elizabeth Keller**—Reitz Memorial High School, Evansville; **Raegan Kilgore**—South Newton High School, Kentland; **Stacy E. Maugans**—Western High School, Russiaville; **Lucinda A. Nord**—Heritage Hills High School, Lincoln City; **Angie M. Strange**—Twin Lakes High School, Monticello; **Shannon Thomas**—Madison Consolidated High School, Madison; **Muriel L. Vass**—Ben Davis High School, Indianapolis; **Ronald Lee Williams**—Richmond High School, Richmond.

Alternates are: **Leslie Ann Warren**—Lawrence High School, Lawrenceburg; **Rachele Yvonne Whitely**—Indiana School for the Deaf, Indianapolis; **Henry Kim**—Saint Joseph's High School, South Bend; **Linda Ann Timmerman**—DeKalb High School, Waterloo; **Michael Denner**—Mater Dei High School, Evansville.

## Moving Company Gears Up For Pan Am Performances

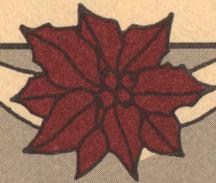
Pan Am Panorama is the theme for IUPUI Moving Company's performances and workshops. The dance troupe, under the direction of Mary Maitland Kimball, associate professor of Physical Education, developed a program that shows the sights and sounds of the Pan American Games and of many of the countries participating in the Games.

Many types of dance are used during the performance. A modern dance piece titled, Friendship, incorporates many of the sports of the

Games. Ethnic pieces from Canada, West Indies and Mexico shows the diversity of the folk dances in this hemisphere. A jazz piece, Conga, has the latin rhythms such as mambo and cha-cha-cha. The ballet piece, Interlude Español, reflects the Spanish heritage.

During January, February and March the Moving Company will perform and conduct workshops at local elementary schools. Students learn a dance and some improvisation so that they can get the flavor of the program. Each program and workshop is tailored for each school visited.

On April 3, the troupe will perform at the Indianapolis Museum of Art. The tentative date for the Moving Company's Spring Concert on campus is April 30. The performance will be in the School of Physical Education Gymnasium at 8 pm. For further information, contact Mary Maitland Kimball, 274-0611.



## Pan Am Treats For the Holidays

### Coquito

2 cans Coco-Lopez (coconut cream)  
1 can evaporated milk (Carnation or Pet)  
1 pint Bacardi Rum (white)  
2 tablespoons cinnamon  
1/4 cup lime rinds  
2 tablespoons vanilla

More rum can be added if desired. Use a glass jar to shake the ingredients well before serving and for storage. Keep covered (a lid). Coquito can be served cold or at room temperature in elegant small glasses (sherry or shot glasses).

### Spiced Pecans (Mexico)

1 cup sugar  
1/2 cup water  
1 teaspoon cinnamon  
1/4 teaspoon salt  
1 teaspoon vanilla  
2 1/2 cup pecan halves

Combine first 4 ingredients in saucepan; cook over medium heat to 232 degrees on candy thermometer or until mixture spins a thread. Remove from heat. Add vanilla and pecans; heat until nuts are well coated and mixture is creamy. Pour onto greased platter or baking sheet. Separate pecans with spoons or forks.