

# IU GERIATRICS e-news July 2011

A newsletter from [IU Geriatrics](#) and the [IU Center for Aging Research](#)

## IU Geriatrics Welcomes Geriatric Medicine Fellows



**Felipe P. Perez, MD**, director of the IU Geriatric Medicine Fellowship, welcomed three new PGY4 fellows for the 2011-2012 academic year. They are pictured left to right, **Asha Chakka, MD, Alex Garrido, MD, and Alicia Scott-Wright, MD, ScD**. They join advanced geriatrics fellows PGY5 **Tochukwu "Toch" Iloabuchi, MD**, and PGY7 **Heather Riggs, MD**.

Prior to arriving at Indiana University, Dr. Chakka completed her medical degree at the Osmania Medical College in Hyderabad, India and an internal medicine residency at the Interfaith Medical Center, an affiliate

of SUNY in Brooklyn, New York.

Dr. Garrido completed a family medicine residency at IU where he was chief resident in 2010-2011. He graduated from medical school at the Universidad del Norte in Barranquilla, Columbia. He plans to practice family medicine.

Dr. Scott-Wright looks forward to honing her clinical skills at IU. Her background includes master's level training in public health & tropical medicine and in medical informatics, and she has a doctor of science in health policy and management from the Harvard School of Public Health.

She completed her MD degree at Albert Einstein, Yeshiva University, Bronx, NY.

Dr. Iloabuchi completed his one year clinical fellowship at IU Geriatrics. This year's advanced activities include working with **Dr. Steve Counsell** on publishing GRACE data and with **Dr. Arif**

**Nazir** on skilled nursing facility curriculum development. Consistent with his passion of disseminating best geriatrics practices through patient care and clinical education, he will complete the Academy of Teaching Scholars Tier 2 program and update the resident geriatric modules.

Dr. Riggs is entering her fourth year in a combined Geriatric-Hematology/Oncology fellowship. The first year two years focused on clinical geriatrics and clinical hematology/oncology. The final two years are primarily research combining the two sub-specialties.

## Dr. Beck Honored for Senior Care at Wishard Service and Leadership



Accolades, awards and smiling faces awaited **Robin Beck, MD** on March 30, 2011, as colleagues gathered to celebrate her service to Senior Care at Wishard. After nearly six years as medical director of the program, Dr. Beck is shifting the focus of her work to increase direct patient care and advance the House Calls for Seniors Program.

Speakers **Steve Counsell, MD**, director of IU Geriatrics and **Beth Nikides**, manager of Senior Care at

Wishard, expressed gratitude and praise for Dr. Beck's outstanding leadership of Senior Care and dedication to the program's patients. They presented her with a plaque and crystal award to commemorate her contributions.

A tribute by Wishard President and CEO Lisa Harris, MD, brought the crowd to their feet in a standing ovation for Dr. Beck.

In a new role as associate medical director for Senior care, Dr. Beck will



provide ongoing leadership in the areas of quality, documentation and coding, and e-prescribing. She will help the program continue to move toward "medical home" certification for House Calls and the IU Center for Senior Health.

A national search is under way to identify her successor. Fortunately for Wishard's seniors, Dr. Beck will log many more miles as she and her patients continue their relationship with [LivingLongerBetter.org](#).

### Dr. Tu Promoted to Professor

The IU Center for Aging Research congratulates Center Scientist [Wanzhu Tu, PhD](#), whose promotion to professor has been approved by the IU Board of Trustees.

Dr. Tu is a biostatistician who conducts his own independent research, and currently is the PI of two NIH-funded R01's. He also collaborates with colleagues in aging research and health services research.

Dr. Tu completed a PhD in Statistics at the University of South Carolina, Columbia, in 1997. Before joining the IUSM faculty in 1999, he was a post-doctoral fellow in the Division of Biostatistics, now the Department of Biostatistics.



### Presentations and Professional Activities



Stewart



Campbell



Schubert



Nazir



Terrell



Counsell

[Jesse Stewart, PhD](#), is the PI of "[Computer-Based Depression Treatment to Reduce Coronary Artery Disease Risk](#)," a pilot clinical trial funded through the National Clinical Research Program of the American Heart Association.

[Malaz Boustani, MD, MPH](#), is the president of the [American Delirium Society](#) which held its inaugural meeting in June 2011, in Indianapolis. The ADS fulfills the leadership role in the US for advancing professional, consumer, governmental and health-industry knowledge concerning delirium and the most promising strategies for minimizing its human and capital costs.

[Noll Campbell, PharmD, FASCP, BCPP](#), presented "Enhancing the Care of Hospitalized Older Adults with Memory Problems (eCHAMP)" at the 2011 meeting of the American Delirium Society.

[Cathy Schubert, MD](#), was a moderator and presented "ACE: Heading off Problems Before They Start" and "GRACE: Concept and Application" at the Veterans Health Administration Employee Education System's conference, *Safe Acute and Urgent Care for Frail Elderly Veterans* held in June in Indianapolis.

[Arif Nazir, MD](#), presented the poster "A New Tool for Delirium Screening in Skilled Nursing Facilities" and made a state chapter working session presentation, "Indiana Medical Directors Association (IMDA) Was not Rebuilt in a Day!" at the [AMDA](#) Long Term Care Medicine 2011 conference held in March in Tampa, Florida.

[Kevin Terrell, DO, MS](#), has been named a member of the Board of Directors for the [Indiana Health Care Policy Institute](#). The Institute's mission is to promote healthcare issues concerning minorities, aged and chronically ill Hoosiers. Its multi-disciplinary group conducts research on key issues in long-term care health policy with outcomes that help shape Indiana's LTC policy.

[Steve Counsell, MD](#) was quoted in an article "[Shortage of geriatrics specialists growing](#)" in the April 24, 2011 edition of *USA Today*. The article mentions GRACE—[Geriatric Resources for Assessment and Care of Elders](#) as a successful model for teams of health care providers working in concert with geriatricians.



**INDIANA GERIATRICS SOCIETY'S  
5th Annual Fall Conference**

**Geriatric Interdisciplinary  
Best Practices**

October 5, 2011 • 7:30am-5:00 pm  
Methodist Conference Center  
1801 N. Senate Blvd  
Indianapolis, IN

<http://www.indianageriatricsociety.org/news-events.html>

### Presentations at the Indiana Alzheimer Disease Center 2011 Spring Symposia

The session *Aging and Dementia: On the Cutting-Edge of Translational Research*, included:

- New Models of Care for Older Adults with Alzheimer Disease: Understanding the Continuum of Care by **Chris Callahan, MD**
- Exploring the Role of End-of-Life Care, Palliative Care, and Hospice Care in Alzheimer Disease by **Greg Sachs, MD**
- Research at The Point of Care: The Emergency Department-Nursing Home Interface by **Kevin Terrell, DO, MS**
- Research at the Point of Care: Surrogate Decision-Making for Hospitalized Older Adults by **Alexia Torke, MD, MS**
- Putting Research into Practice: Challenges and Opportunities in Implementing New Models of Care for Alzheimer Disease by **Malaz Boustani, MD, MPH**

Presentations at the *5th Annual Martin Family Alzheimer Disease Symposium*, included:

- The Wesley P. Martin Memorial Tribute and Caring and Coping: The Family Perspective by **Mary Guerriero Austrom, PhD**
- Alzheimer Disease: Research and Treatment Update by **Ann Marie Hake, MD**
- Maintaining Function in the Home by **Arlene Schmid, PhD**

### Publications

**Boustani MA, Sachs GA, Alder CA, Munger S, Schubert CC, Guerriero Austrom M, Hake AM, Unverzagt FW, Farlow M, Matthews BR, Perkins AJ, Beck RA, Callahan CM.** [Implementing innovative models of dementia care: The Healthy Aging Brain Center.](#) Aging Ment Health. 2011 Jan;15(1):13-22.

**Callahan CM, Boustani MA, Weiner M, Beck RA, Livin LR, Kellams JJ, Willis DR, Hendrie HC.** [Implementing dementia care models in primary care settings:](#)



[The Aging Brain Care Medical Home](#) (Special supplement). Aging Ment Health. 2011 Jan;15(1):5-12.

Mayeux R, Reitz C, Brickman AM, Haan MN, Manly JJ, Glymour MM, Weiss CC, Yaffe K, Middleton L, **Hendrie HC**, Warren LH, Hayden KM, Welsh-Bohmer KA, Breitner JC, Morris JC. [Operationalizing diagnostic criteria for Alzheimer's disease and other age-related cognitive impairment-Part 1.](#) Alzheimers Dement. 2011 Jan;7(1):15-34.

**Liu CJ, Latham N.** [Can progressive resistance strength training reduce physical disability in older adults? A meta-analysis study.](#) Disabil Rehabil. 2011 Jan;33(2):87-97.

**Unverzagt FW, Ogunniyi A, Taler V, Gao S, Lane KA, Baiyewu O, Gureje O, Smith-Gamble V, Hake A, Hendrie HC, Hall KS.** [Incidence and risk factors for cognitive impairment no dementia and mild cognitive impairment in african americans.](#) Alzheimer Dis Assoc Disord. 2011 Jan-Mar;25(1):4-10.

**Pollock AB, Tegeler ML, Morgan V, Baumrucker SJ.** [Morphine to Methadone Conversion: An Interpretation of Published Data.](#) Am J Hosp Palliat Care. 2011 Mar;28(2):135-40.

**Schmid AA, Van Puymbroeck M, Knies K, Spangler-Morris C, Watts K, Damush T, Williams LS.** [Fear of falling among people who have sustained a stroke: a 6-month longitudinal pilot study.](#) Am J Occup Ther. 2011 Mar-Apr;65(2):125-32.

**Roumie CL, Ofner S, Ross JS, Arling G, Williams LS, Ordin DL, Bravata DM.** [Prevalence of Inadequate Blood Pressure Control Among Veterans After Acute Ischemic Stroke Hospitalization: A Retrospective Cohort.](#) Circ Cardiovasc Qual Outcomes. 2011 Jul 1;4(4):399-407.

**Torke AM, Sachs GA, Helft PR, Petronio S, Purnell C, Hui S, Callahan CM.** [Timing of Do-Not-Resuscitate Orders for Hospitalized Older Adults Who Require a Surrogate Decision-Maker.](#) J Am Geriatr Soc. 2011 Jul;59(7):1326-31.

**Carpenter CR, Shah MN, Hustey FM, Heard K, Gerson LW, Miller DK.** [High Yield Research Opportunities in Geriatric Emergency Medicine: Prehospital Care, Delirium, Adverse Drug Events, and Falls.](#) J Gerontol A Biol Sci Med Sci. 2011 Jul;66(7):775-83.

**Mehta KM, Pierluissi E, Boscardin WJ, Kirby KA, Walter LC, Chren MM, Palmer RM, Counsell SR, Landefeld CS.** [A Clinical Index to Stratify Hospitalized Older Adults According to Risk for New-Onset Disability.](#) J Am Geriatr Soc. 2011 Jul;59(7):1206-16.

### From the IUSMNEWSROOM

#### Common Drugs Linked to Cognitive Impairment and Possibly to Increased Risk of Death

June 24, 2011

INDIANAPOLIS --

A large, long-term study confirms that medications with anticholinergic activity, which include many drugs frequently taken by older adults, cause cognitive impairment. The research is also the first to identify a possible link between these drugs – which include over-the-counter and prescription sleep aids and incontinence treatments – and risk of death. [Read more...](#)



#### Writing DNR Orders Takes Longer, Death More Likely When Surrogate Decision-Maker Involved

July 11, 2011

INDIANAPOLIS -- Indiana University and Regenstrief Institute researchers report that it takes significantly longer for orders to forgo resuscitation in the event of cardiac arrest to be written for patients who had that decision made for them by a surrogate decision-maker compared to patients who made their own decisions, even though patients with a surrogate were sicker and the resuscitation issue might arise sooner. [Read more...](#)



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