



INDIANA
UNIVERSITY
SCHOOL OF
DENTISTRY

First Friday

Dean's Update to the IUSD Community

JADA Article

Evidence-Based Dentistry:
Pain Management Review

In case you missed it, the JADA cover story (April 2018) featured an evidence-based dental systematic review of pain relievers. The article reports that a review of studies of medication and medication combinations for pain relief shows "over-the-counter pain pills are safer and more effective than prescription opioids for controlling the pain following dental procedures."

Study co-author Dr. Anita Aminoshariae, an associate professor at Case Western University, said, "You have to start with an NSAID," adding, "If that doesn't work, add Tylenol. No one should go home in pain, but opioids should not be the first choice." The [study](#) was published in *The Journal of the American Dental Association*.

Given the concern about pain management with opioid use both in Indiana and elsewhere, I highly recommend review of this EBD article.

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It is hard to believe, but the month of May marks the culmination of hard work for another outstanding graduating class of IUSD students — DDS, Dental Hygiene, Dental Assisting, MSD, and PhD. IUSD Commencement Weekend (May 10-12) events are highlighted [here](#). We always look forward to celebrating this wonderful weekend with our students and their families and friends. We have some very special guests attending. First, from the American Dental Association, President Dr. Joseph Crowley, will serve as our Commencement speaker. In addition, the DDS class requested that Dr. Bill Babler, retired professor of anatomical sciences and retired acting chair of the Department of Biomedical and Applied Sciences, bring greetings to the DDS class as he was instrumental in launching this class toward the success it enjoys today. Congratulations to all! Educating students and creating new knowledge are the keystones to further our efforts to make Indiana...*one of the best dental schools of the 21st century*.

Meet our 2018 Commencement Speaker – Dr. Joseph Crowley

IUSD is pleased to welcome ADA President Dr. Joseph Crowley to Indiana as Commencement speaker. Prior to being elected ADA president in 2017, Dr. Crowley served the ADA as 7th District Trustee (Indiana & Ohio), as a board member on the American Dental Political Action Committee, and as a member and chair of the Council on Government Affairs. He also served as a member of the Dental Quality Alliance Committee, ADA Library Transition Plan Task Force, and Board of Trustees Standing Committees on Audit and on Information Technology. Dr. Crowley served as ADA liaison to the Dental Lifeline Network and participated in the ADA delegation for multiple years. He served as liaison to the Council on Communications, Council on ADA Sessions, American Student Dental Association, and New Dentist Committee. He is past president of the Ohio Dental Association and the Cincinnati Dental Society. A general dentist, Dr. Crowley earned his dental doctorate degree from The Ohio State University College of Dentistry. Welcome, Dr. Crowley!

Moving into Fritts Clinical Center in May

Dr. Harvey Weingarten, Associate Dean of Clinical Affairs, has shared some of the next moves into the new Fritts Clinical Center. Endodontics led the way on the third floor for clinical operations for both graduate and undergraduate clinics in April. Right after the IUSD/IUPUI Commencement on May 12, we will begin moving equipment and supplies into the Fritts Clinical Center on the second floor on Monday, May 14. The new D4s will be working there, and since the new D3s are still in class, we will have the opportunity to begin to "stress" the systems. The first class to populate the clinic will actually be our current D1s, as they poke and prod each other in their Stab Lab exercise on May 15. Led by Dr. Kyle Kramer, they will have a tutorial on the clinic equipment followed by the opportunity to inject their first patient...a classmate. The following week we go "live" in the Fritts Clinical Center with existing Clinics A, B, and C temporarily reassigned to the second floor. Thanks to all for the detailed planning and organization.

FULFILLING *the* PROMISE

Meet the Artist at the Fritts Clinical Care Center

You may have wondered about the various large art pieces hanging on the walls of the Fritts Clinical Center. These are the work of IUSD graduate and Carmel prosthodontist Dr. R. Stephen Lehman, who is a 1973 DDS dental graduate of Indiana. Dr. Lehman has combined his passion for dentistry with that of photography, cooking, landscaping, and other artistic pursuits. Dr. Lehman attributes much of his success in dentistry to the IUSD faculty who were leaders in dental materials (Professor Ralph Phillips and Professor Marjorie Swartz) while he was in school and during his residency in prosthodontics working with Drs. Don Cunningham (DDS'52) and Roland Dykema (DDS'47), co-chairs of Fixed and Removable Partial Prosthodontics; and Prosthodontics Professor Ned VanRoekel (DDS'65, M'67). The photography is a collection of U.S. and international photographs Dr. Lehman has assembled over the years. I am most appreciative of the colorful additions to the Fritts Clinical Center. Each photograph is described in detail by the accompanying plaques displayed next to each piece.

Five habits can significantly increase life span

A recent article in the *IBJ (Indy Business Journal)* caught my eye that quantifies how we would be better off if we could maintain five health goals in perpetuity: follow a healthy diet, control body weight, exercise regularly, drink alcohol in moderation, and refrain from smoking. Whether we actually can muster the effort is another story, but maybe part of the problem is that we only have a general idea of the benefits. A new large-scale study from Harvard University now can tell us with much more authority how much more time we can earn by following these five guidelines, [according to The Guardian](#). Enjoy!

Task Force Report on IUSD Admissions

One of several recommendations following the Dean's Five-Year Review was to convene a faculty-driven task force made up of key IUSD stakeholders to systematically review DDS admissions criteria and student success, including that of underrepresented minorities and the overall admissions process. I appointed this task force in April 2017, and they have worked this past academic year to finalize their report. It will be delivered to the Faculty Council in the very near future (May or June 2018). In brief summary, when the task force looked at the past five years (2012-2017), it determined that the IUSD Admissions Committee's work, with the support of the Office of Admissions and Student Affairs, demonstrated an ongoing practice for improvement. This has resulted in the implementation of significant changes to establish standardization and fairness in the DDS admissions process. Overall, the task force commends the work of Admissions Committee, which has enhanced the quality and caliber of the DDS student body. Look for more details being released soon. Thanks to the task force members.

CBDE Update

Orientation begins this Friday for the new Community-Based Dental Education (CBDE) curriculum, which goes into effect late August 2018 for our new D4 DDS students. Dr. Tammy Button and assistant Kibi Prior have been working hard to finalize all the details to have a successful launch at five public health organizations in eight or nine sites statewide. Since this is year one, each student must complete one two-week rotation as part of the D4 DDS curriculum.

Michigan Street Renovation

IUPUI administration informed the Deans recently that completion of the reworking of Michigan Street into a two-way thoroughfare will be wrapped up in June 2018. Watch out for traffic coming both ways when it opens.

Coffee and Donuts — Join us this Friday from 7:30 to 9 am for the monthly First Friday school gathering. Complimentary coffee, donuts, and fruit will be served in the student lounge.

• Upcoming IUSD Events

- Saturday, May 12 – [IUSD Open House and Commencement](#); [IUPUI Commencement](#)
- Thursday-Saturday, May 17-19 – [IDA Annual Session](#) and [IUSD Alumni Class Reunions](#), French Lick, Indiana



Thanks to each of you for your dedication to and support of the Vision and Mission of IUSD. I'll be back next month with another edition of *First Friday...Dean's Update*.

-John

Check out all the current IU Dentistry news on our website: www.dentistry.iu.edu or on our Facebook page: www.facebook.com/IUDentistry

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