# IMPACTS

THE MAGAZINE OF THE SCHOOL OF HEALTH AND REHABILITATION SCIENCES







## IMPACTS



School	4
Faculty & Staff	10
Students	14
Alumni	22
Development	25

Project Manager Kaitlin Bell

Editor Jill Jansen

Designer Angel Perez

Contributors
Augustine O. Agho, PhD, Christine Baldwin, BS,
Ali Cotton, MEd, Brenda Lawless, BA,
Joyce Mac Kinnon, EdD, PT, Sharon Pape, MS, OTR,
Richard Schneider

## Greetings from the Dean

Dear Friends,

Welcome to the 2013 issue of IMPACTS. We look forward each year to producing this magazine to highlight and share our school's many accomplishments. As the articles within these pages reveal, it's been another outstanding year for the School of Health and Rehabilitation Sciences. With guidance from our talented faculty, SHRS students continue to make important strides both in the classroom and in the community in preparation for rewarding careers in healthcare. As a



supporter of our school and its mission, you are an important part of our success, and I thank you for your continued dedication to the School of Health and Rehabilitation Sciences.

This was the last year in our most recent five-year strategic plan, which began in 2008. The article on pages 4 and 5 includes information about the milestones and goals we've reached in the past five years. Most notably, I'm delighted to share that our enrollment since 2008 has increased by more than 136 percent, as we welcomed 502 undergraduate and graduate students to the SHRS in fall 2012. We also expanded our academic programs with the introduction of two new degree programs – the Bachelor of Science in Health Sciences and the Master of Physician Assistant Studies. By the time you read this message, our first class of PA students will be immersed in graduate studies to prepare for exciting careers in the evolving world of patient care. We've already started implementing our 2013-2018 strategic plan continuing our efforts to improve our academic offerings and maintain our national reputation as a highly regarded health professions school.

IMPACTS provides a forum for us to promote the achievements of our students, many of whom enter the school as high achievers and graduate from our programs with distinction. On page 16, you'll read about Lydia George, a graduate of the Doctor of Physical Therapy program, who is one of only three students in the U.S. to receive the distinguished Mary McMillan Scholarship from the American Physical Therapy Association. Lydia is just one of the remarkable students we've highlighted in this issue. Our students not only excel academically, but they continue to make an impact in the community through their volunteer efforts and strong commitment to service.

As you know, we have entered a new era in healthcare with monumental changes affecting the way we provide patient care – and fundamentally, in the way we educate the next generation of healthcare professionals to adapt to continuing change. Our ability to remain a leader in health professions education depends on the dedication of our accomplished faculty, the success of our students and the support and contributions we receive from alumni and donors. The School of Health and Rehabilitation Sciences is poised to meet the challenges of this new era – providing an academic environment and course curriculum that fully prepare our students to reach their potential.

On behalf of our Alumni Board, faculty and students, thank you for your interest in our school and your continued support.

Best Regards, Augustine O. Agha

Augustine O. Agho, PhD Dean and Professor



## **Q&A** with the Dean

The editor of IMPACTS recently sat down with IU School of Health and Rehabilitation Sciences Dean Augustine O. Agho, PhD, to discuss the school's history, priorities and recent developments.

#### Q: How has the IU School of Health and Rehabilitation Sciences (SHRS) evolved since its inception?

A: The School of Health and Rehabilitation Sciences traces its origin to 1941 with the initial offering of allied health sciences degrees through the Indiana University School of Medicine. In 1959, the Division of Allied Health Sciences was formed, and in 1960, the Trustees of Indiana University conferred upon the School of Medicine faculty the responsibility and authority to qualify for the Bachelor of Science degree those students who successfully completed the prescribed curriculum in four allied health programs.

Since that time, additional baccalaureate programs and new programs at the associate, bachelor and graduate levels have been approved and initiated. In April 1991, the Division of Allied Health Sciences was granted school status. Eleven years later, in 2002, the School of Allied Health Sciences was restructured to better align campus resources in support of the allied health sciences degrees. The resulting School of Allied Health Sciences focused solely on delivering graduate degrees in select health and rehabilitation sciences disciplines. The undergraduate allied health sciences degrees migrated to other academic units on the IUPUI campus.

In June 2003, the Trustees of IU approved a name change to the School of Health and Rehabilitation Sciences to better reflect the more focused academic mission of the school. Today, the school offers a Dietetic Internship program, Bachelor of Science in Health Sciences, Master of Science in Nutrition and Dietetics, Master of Science in Occupational Therapy, Master of Physician Assistant Studies, Doctor of Physical Therapy, and PhD in Health and Rehabilitation Sciences.

#### Q: The school recently completed a five-year strategic plan. What significant milestones have been achieved since 2008?

**A:** The SHRS made significant progress meeting goals outlined in our most recent strategic plan, which concluded this year. Some of the major accomplishments include:

- New degree programs and certificate offerings We added two degree programs (Bachelor of Science in Health Sciences
  and the Master of Physician Assistant Studies), two graduate certificate programs (Global Health and Rehabilitation
  Studies and Rehabilitation and Disability Studies) and three online undergraduate certificate programs (Gerontology,
  Global Health and Rehabilitation Studies, and Rehabilitation and Disability Studies).
- Enrollment and credit hour increases School enrollment reached 502 in fall 2012, up from just 211 in 2008. This represents an increase of 136 percent. Credit hours also increased by 36 percent since 2008.
- More online courses The number of courses offered online surged from 10 in 2008 to 35 in 2012, representing an increase of 250 percent.
- Minority student enrollment Minority students now represent 18 percent of the school's population up from just 6 percent in 2008.
- Outreach to alumni and donors SHRS worked with the Office of Alumni Relations to establish the Distinguished Alumni award and the SHRS Interdisciplinary Research and Education Conference.
- New communication channels The school created IMPACTS Magazine and the Dean's Update to facilitate communication with internal and external stakeholders.
- Research investments Annual research expenditures increased from an average of \$500,000 to more than \$1 million per year in the past five years.
- Fundraising achievements The school raised \$141,451 in 2012 an increase of 93 percent from 2008.
- National rankings According to the 2012 *U.S. News and World Report*, our occupational therapy program is now ranked 21 out of 154 accredited programs and the physical therapy program is ranked 44 out of 213 accredited programs.

#### Q: Tell us about SHRS students. What kind of students are they? How employable are they upon graduation?

A: While the majority of our students come from Indiana and the Midwest, we are fortunate to have 31 international students enrolled in our school. SHRS students are accomplished – across our programs, students enter the school with an average cumulative GPA of 3.5 or higher. Graduates of our school are highly successful when entering the workforce. Our occupational therapy program evaluation indicates that students are employed within two months of completing the program, and most graduates have more than one job offer. Ninety-nine percent of our physical therapy students are employed shortly after graduation.

#### Q: The SHRS added a Master of Physician Assistant Studies program in 2012. Why is this addition to the school's degree programs important?

A: There is a tremendous need for primary care providers in Indiana and across the country. With the healthcare industry undergoing such dramatic change, physician assistants are becoming a more integral part of today's healthcare solution – working alongside physicians to reach more patients, especially in underserved areas. In fact, according to the U.S. Bureau of Labor Statistics, employment of physician assistants is expected to grow 39 percent from 2011 to 2018, much faster than all other healthcare occupations. The SHRS is delighted to welcome its first class of PA students. As the program continues, we hope to attract more talented students who have a desire to help meet the urgent need for qualified primary care providers in local communities.

#### Q: What is the status of the Bachelor of Science in Health Sciences and the PhD program?

A: The program accepted its first certificate students in 2009 and its first bachelor's degree students in 2010. Since then, the program has grown by leaps and bounds. The first five certificate students graduated in 2011, and the first bachelor's degree student graduated in 2012. For the program as a whole, there are currently seven certificate students formally registered and 261 students in the program.

This year, the school has three certificate graduates and 16 bachelor's degree graduates, several of whom graduated with various levels of distinction. One of the BSHS graduates is staying with the school, as she has been accepted into the charter Master of Physician Assistant Studies program. Several graduates are preparing for other graduate degree programs, including the accelerated nursing program at IUPUI, the IU genetic counseling master's program and the veterinary medicine program at Purdue University. Future plans of other graduates include employment in private industry. The PhD in Health and Rehabilitation Sciences program graduated its first student in the doctoral program in the summer of 2012, and three additional students graduated in late 2012 and 2013. The doctoral program continues to grow, with 21 students currently enrolled, and several others accepted to start in fall 2013. Areas of student expertise include pediatric dietetics, exercise programs for African-American women, using dance as a method for socialization of children with Down's syndrome, yoga as an intervention for patients post-stroke, and the relationship of post-traumatic stress disorder with musculoskeletal pain.

#### Q: What are some of the school's current fund-raising priorities?

A: As part of the IUPUI IMPACT Campaign, the SHRS identified seven funding priorities and identified a wide variety of naming opportunities. Meeting our fund-raising goals helps our school maintain our position as one of the nation's top-tier schools for health professions. Our primary funding priorities include: scholarships and fellowships; faculty development and research; visiting professorship; department professorships; endowed lecture series; physician assistant studies program and international service opportunities.

#### Q: Why is the SHRS consistently among the nation's premier schools for health professions education?

A: I can think of two distinct advantages that help ensure the school's continued preeminence – our accomplished, dedicated faculty engaging in groundbreaking research and our talented students who, after receiving high-quality education here, go out into the world making important contributions in health and patient care. Our school's comprehensive curriculum, which is grounded in hands-on experiential learning, and our commitment to community service are other distinguishing characteristics that make us a top choice among prospective students.



## Dr. Karyl Rickard Celebrating four decades of achievement

After a distinguished career with Indiana University spanning more than 40 years, Karyl Rickard, PhD, RD, FADA, retired in June 2013 from the IU School of Health and Rehabilitation Sciences. Dr. Rickard's affiliation with the university dates back to her 1972 appointment as assistant professor and director of pediatric food and nutrition services, Department of Nutrition & Dietetics at Riley Hospital for Children. She was promoted to associate professor in 1979 and achieved the status of full professor in 1989. Dr. Rickard is a charter fellow of the Academy of Nutrition and Dietetics.

A retirement reception was held in Dr. Rickard's honor on June 7. Many colleagues spoke of Dr. Rickard's commitment to the field of pediatric nutrition and dietetics. One friend and colleague, Stephen P. Bogdewic, PhD, executive associate dean for Faculty Affairs & Professional Development and George W. Copeland Professor, Indiana University School of Medicine, shared (with respectful humor) his impressions of Dr. Rickard's best traits, including her tenacity.

"Karyl Rickard cares deeply about the work she does and those she serves," Dr. Bogdewic said. "She has explosive and abundant energy and enthusiasm, and no matter what strategies you may think you can employ to get around doing something for or with her, you are wasting your time."

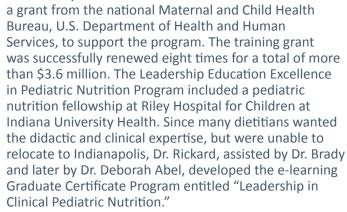
#### Recognized leader in the field of pediatric dietetics

An exemplary role model in the dietetics profession, Dr. Rickard was a superb pediatric clinician, an inspirational teacher and effective leader. Collaborating with Professor Emerita Dr. Sue Brady, Dr. Rickard developed the nutrition program at Riley Hospital for Children into a nationally recognized model for clinical nutritional care for children with therapeutically demanding illnesses. Additionally, she was instrumental in developing the role of the neonatal dietitian, as it exists today. Also working with Dr. Brady, she created and provided one of the first clinical training programs for dietitians working in tertiary care pediatrics. The program, originally the Neonatal Nutrition Training Program, evolved into today's Leadership Education Excellence in Pediatric Nutrition Program – one of three highly specialized



pediatric nutrition programs in the United States.

In 1978, Dr. Rickard successfully obtained



#### **Accomplished researcher**

Dr. Rickard's groundbreaking research in nutrition support in pediatric neuroblastoma and Wilm's tumor demonstrated the efficacy of supportive nutrition in children with cancer. Dr. Rickard also published in the fields of pediatric obesity, cystic fibrosis and pediatric diabetes. Her work in childhood diabetes was the first to demonstrate that sucrose could be included in the diets of children with well-controlled diabetes mellitus. Most recently, she addressed the topic of nutrition education for children and published significant work on the play approach to learning about "healthy eating" and "active play." This concept was implemented under her direction at the Indianapolis Children's Museum in the Health House Exhibit.

#### Supporting the next generation of pediatric dietitians

Dr. Rickard and her husband, Dr. Eugene Rickard, established the Dr. Karyl Rickard Pediatric Nutrition Award to recognize SHRS graduate students who are committed to improving the lives of infants and children through nutrition education, service and research. For more information about contributing to this award, please contact: Christine Baldwin, chrbaldw@iu.edu or 317-274-5151. Contributions may also be made by using the donor envelope enclosed with this magazine.



## Dr. Stuart Warden

#### Appointed associate dean for research

By Richard Schneider



Dr. Stuart Warden has been appointed associate dean for research at the IU School of Health and Rehabilitation Sciences, effective July 1, pending approval by the IU Board of Trustees.

IU School of Health and Rehabilitation Sciences Dean Augustine Agho described Dr. Warden, an associate professor in the Department of Physical Therapy, as an accomplished researcher and scholar. Warden has served as interim associate dean for research since 2010.

#### Impressive track record in research management

Under Dr. Warden's leadership, the school implemented a generous research incentive policy and restructured the distribution of indirect cost recovery funds and salary savings from external grants and contracts to ensure an equitable

allocation of funds to departments and principal investigators.

He also led efforts to implement an internal funding opportunity, the Promotion of External Applications for Research program, that provides funds for faculty to perform initial pilot research, travel to meet a potential collaborator, purchase research equipment or have an external funding application pre-reviewed by an expert in the field.

For the past two years, he has organized and recruited faculty and students to present their research during the Alumni Interdisciplinary Research Conference, a signature event for the school.

An associate editor of the British Journal of Sports Medicine and Journal of Musculoskeletal and Neuronal Interactions, Dr. Warden is also a member of the editorial boards of Bone, Journal of Orthopaedic and Sports Physical Therapy, and Journal of Science and Medicine in Sport.

Dr. Warden's clinical and teaching experience is primarily in sports medicine. He worked for a number of years in sports medicine clinics and provided physical therapy coverage for numerous amateur sporting teams in Australia. In addition, he has provided physical therapy services at many sporting events, including the Sydney 2000 Olympic Games and Australian University Games.

#### Innovative translational research focus

Research is a major component of Dr. Warden's work, in which he investigates normal and abnormal functioning of the musculoskeletal system. He has research interests in musculoskeletal responses to exercise and injury, the musculoskeletal effects of pharmaceutical agents (especially anti-inflammatories and anti-depressants), and the efficacy of physical therapy interventions for musculoskeletal conditions. Common conditions investigated in Dr. Warden's research include osteoporosis, bone fractures, stress fractures, tendon overuse injuries and ligament sprains.







### Inaugural Class of the Master of Physician Assistant Studies

By Richard Schneider



The first students to begin the Master of Physician Assistant Studies program in the IU School of Health and Rehabilitation Sciences at IUPUI are eager, enthusiastic and altruistic. But most importantly, they are needed. The group of 44 students will help fill an incredible need for healthcare practitioners, particularly in medically underserved rural and urban areas in Indiana, said Dr. Gaylen M. Kelton, founding director of the program and a professor of Clinical Family Medicine. Physician assistants work in partnership with a physician to serve patients' needs.

The students have just begun the program at a facility at 21st Street and Capitol Avenue that will be their educational home for the next 27 months. They will graduate in August 2015.

Dr. Kelton said the 1,000 physician assistants currently in Indiana is significantly short of the projected number needed over the next 10 years. Three other physician assistant programs are offered by universities in the state, but all of the graduates from all of the programs still will leave an unmet need, he said.

The need stems from a low number of doctors in certain areas and from the Affordable Care Act, which is expected to bring even more patients into the healthcare system, stated Kelton.

All of the physician assistant students in the IU School of Health and Rehabilitation Sciences program have a bachelor's degree. Some also have a master's, and one student has a PhD. Nearly all of the students, 38, are from Indiana; 34 are female; and their average age is 26. One of the requirements for program admission is that applicants must have a minimum 500 hours of direct patient care experience at the time they apply. The 44 students had amassed an average of nearly 2,000 hours each of patient contact hours. Many of them have entered training from a variety of clinical backgrounds.

The students' training addresses six broad areas:

- Instructive coursework (fundamental science and medical knowledge).
- Clinical skills, including communication, patient interview and physical exam techniques, critical thinking and clinical procedures.
- Professionalism.
- Inter-professional collaborative education and work environments.
- Cultural awareness.
- Clinical rotations in urban/rural community-based practice settings as well as rotations in large, university-affiliated academic medical centers.

In rural areas, there may be only one doctor for a large population. That's where the physician assistant can extend the reach of that physician. ~ Dr. Gaylen M. Kelton

To meet the learning needs of students and have access to clinical rotation sites, the program has established collaborative arrangements with internal and external parties, including IU Health System, St. Vincent Health Systems, Indiana Area Health Education Center and the IU School of Medicine.

The physician assistant studies program has begun recruiting students for its next class.



## Laurencelle Returns to Campus to Deliver First Hamant Lecture

At age 90, Patricia Laurencelle, PhD, OTR, FAOTA, former faculty member at the School of Health and Rehabilitation Sciences, says she still "lectures students as she falls asleep at night." Founding director of Indiana University's Department of Occupational Therapy, Dr. Laurencelle returned to campus in April to deliver the inaugural address in the Cel Hamant Lecture Series, which is part of the department's Research and Faculty Development initiative. Dr. Laurencelle's address was entitled "Philosopher's Stone: Occupational Therapy A Long Perspective."

During her storied 40-year career, Dr. Laurencelle taught occupational therapy at a number of universities, including the University of Kansas, University of Florida, Northern Illinois University and Southern Illinois University. She retired in 1985 after serving 11 years as founding chairman of the Department of Health

Sciences and Arts at Northwestern University's Feinberg Medical School where she was also a professor of community health.

From 1957 to 1962, Dr. Laurencelle served as chairwoman and associate professor of occupational therapy at the IU School of Medicine and was in charge of undergraduate curriculum and clinical services. The school's Department of Occupational Therapy, which Dr. Laurencelle helped start, was one of the first allied health programs initiated by the IU School of Medicine.

While teaching at various institutions, Dr. Laurencelle's professional interests included curriculum design, health professions education administration, health professions manpower development, teaching and research. Throughout her career, Dr. Laurencelle was involved in a number of professional organizations, most notably the American Occupational Therapy Association (AOTA), the American Sociological Association, the Association of Schools of Allied Health Professions and the World Federation of Occupational Therapists. Dr. Laurencelle authored many journal articles and papers and was listed in the "American Men and Women of Science," "Who's Who of American Women" and "Who's Who in America." She was also inducted into the Roster of Fellows of the AOTA.

**About the Lecture Series:** The Cel Hamant Lecture Series, launched in April 2013, features distinguished and prominent individuals discussing topics related to occupational therapy education, research and practice. Ms. Cel Hamant was program director of the occupational therapy undergraduate program from 1984 to 2004 and is currently an associate professor emeritus and editor of the IUOT Alumni Newsletter.

In 2003, Dr. Thomas Fisher, PhD, OTR, FAOTA, professor and current chair of the Department of Occupational Therapy, and his wife, Debbie, seeded a professorship in Hamant's name. This was converted in 2012 to the Occupational Therapy Faculty Development & Research Fund. The Cel Hamant Lecture Series is named and funded through this gift agreement. There were 17 other donors to the fund originally established by Dr. Thomas and Mrs. Deborah Fisher.





## New SHRS Faculty



#### Brent Arnold, PhD

Brent Arnold joins the SHRS as the chair of the Department of Health Sciences. Dr. Arnold received his PhD in sports medicine from the University of Virginia in 1994. He comes to the SHRS from Virginia Commonwealth University where he was a professor in the Department of Health & Human Performance and Physical Medicine & Rehabilitation. Prior to his tenure in academia, Dr. Arnold served as head athletic director at both the high school and college levels, including a position at Princeton University. He even spent a summer as the athletic training intern for the Indianapolis Colts.

Dr. Arnold has amassed extensive publications over two decades, including authoring the book, Research Methods in Athletic Training, published in 2005.

He is currently under contract for another book.



#### Jill Gardner, PA-C

Jill Gardner is the clinical education/academic specialist for the Physician Assistant Studies program. A 1990 graduate of the George Washington University Physician Assistant Program, Jill worked at the George Washington University School of Medicine in the Primary Care Center treating patients and teaching PA students and third-year medical students. She also worked in an urgent care center and volunteered at a medical clinic for the underserved.

Jill then moved to New York City where she worked in an emergency room and as assistant director of the Cornell University Medical School Physician Assistant Program. She later moved to Charlottesville, Virginia, where she worked in primary care before relocating to the Indianapolis area.



#### Niki Munk, PhD

Niki Munk joins the SHRS Department of Health Sciences from the University of Kentucky where she received her PhD in gerontology in 2011.

Since earning her doctorate, Dr. Munk has worked in UK's Department of Family and Community Medicine, first as a project manager/statistician and most recently as the department's research protocol manager.

Dr. Munk's research focuses specifically on functional decline, preservation and enhancement across the lifespan and considers such topics as chronic pain, fatigability, integrative medicine within primary care, methodological considerations for trials of manual therapy, and the dynamics of age, physical function, and massage therapy application and theory. Her training as a gerontologist and practitioner has prepared Dr. Munk to lead interdisciplinary teaching and research endeavors; she has collaborated with other gerontologists, physicians, psychologists, physiologists, biomedical engineers, healthcare professionals, integrative medicine specialists and behavioral scientists.

Her work has been disseminated through peer-reviewed publications and presentations at regional and national conferences.



#### Rebecca Rebman, MPAS, PA-C

Rebecca Rebman graduated from the University of Medicine and Dentistry of New Jersey Physician Assistant Program in 2005. She holds a BA in Biology from Denison University. Rebecca is currently working on her doctorate degree in Health Behavior with a minor in Social Science Approaches to Health & Healing Systems at Indiana University-Bloomington.

Rebecca worked as a Physician Assistant at DePauw University in the student health center for five years. She was primarily responsible for providing women's health, primary care and acute care outpatient services. In addition to her daily outpatient clinical duties, Rebecca was involved with student outreach health education and the sexual assault services on DePauw's campus. In 2010, Rebecca began working on her doctoral degree at IU and was annually awarded an assistantship as an Associate Instructor for Personal Health and Women's Health courses through the School of Public Health.

Rebecca's primary interests are in women's health, with a focus in preventive care and adolescent gynecology, and autoimmune diseases, especially inflammatory bowel disease.



Elyse Watkins, MS, PA-C

Elyse Watkins graduated from the George Washington University Physician Assistant Program in 1993. She received her BA from Virginia Commonwealth University in 1990 with a major in Anthropology/Sociology and earned a Master's degree in Healthcare Management from California State University, Bakersfield in 2000.

As a National Health Service Corps scholar, Elyse moved to Bakersfield, California where she worked in family practice at an underserved migrant clinic. After completing her NHSC obligation, Elyse then joined a multi-practice specialty group and worked in family medicine and urgent care. In 1999 she joined a private OB/Gyn practice and has worked clinically in OB/Gyn since that time.

Elyse's primary interest is in women's health, but she has also served on international medical missions and will be cultivating that passion while on the faculty at Indiana University.



Wei Li, MD, PhD

Wei Li received his medical degree in clinical medicine from Xinxiang Medical College, Xinxiang, China, in 1997; a master's degree in neurophysiology from Capital University of Medical Sciences, Beijing, China, in 2000, and a PhD in physiology with an emphasis on cancer biology at Southern Illinois University Carbondale in 2006. Before becoming an assistant professor at Culver Stockton College, he served as a graduate teaching assistant for physiology courses and graduate research fellow for six years. He received the Graduate Dissertation Research Assistantship Award and the Arthur Menendez Memorial Award during his doctoral studies.

Dr. Li's academic interests include teaching anatomy, physiology, medical terminology, pathophysiology and other biomedical classes. He has been actively participating in genomics research for the past three years with the National Genomics Research Initiative sponsored by the Howard Hughes Medical Institute.



## New SHRS Staff



#### Miriam Barr

Miriam Barr joined the SHRS as the Director of Fiscal Affairs in November 2012. She graduated from Butler University in 1999 with a bachelor's degree in accounting. In 2005 she received her master's in English from Indiana University, Indianapolis, and is currently enrolled in the Kelley Evening MBA program with expected completion in 2016. She comes to the School of Health and Rehabilitation Sciences after an eight-year tenure in finance and research grant administration with the Indiana University School of Medicine. Miriam enjoys spending time with her family and friends, listening to live music, and traveling.



#### Kim Crockett

Kim Crockett joined the SHRS as Admissions Coordinator in August 2012. She has worked in various administrative support capacities in higher education for the past five years. Kim received her associate's degree in 2010 and is currently pursuing her bachelor's degree at IU. She has one son who is a junior at Purdue University. Kim enjoys playing and watching tennis, writing inspirational books, and relaxing at home with friends and family.



#### Lynn Gerrard

Lynn attended Hanover College for two years following high school and spent 13 years as a stay-at-home mother raising three sons before obtaining her bachelor's degree in elementary education at Purdue University. She has work experience as a public school teacher and librarian, social worker and administrative support staff person within several different higher education offices and programs. She is an avid reader, book club facilitator and participant, and grandmother to nine (almost 10)! She is extremely excited to help build the IU Master of Physician Assistant Studies program into one of the best.



#### Jackie Glimp

Jacqueline (Jackie) Glimp joined the SHRS in July 2012 as Administrative Secretary in the Office of the Dean. After graduating in 2006 with a BFA in fine art printmaking from Colorado State University in Fort Collins, Colorado, Jackie spent six happy years in Fort Collins as an artist performing various tasks, including trophy engraving, free-lance design, and content writing. She also worked at a health-food store and had a brief stint at a rafting company before relocating to the Indianapolis area with her partner, Zach. In addition to drawing and painting, Jackie spends her free time reading, cooking vegetarian meals, and fussing over every cat and dog she encounters.



#### Monica Harmon

Monica Harmon is the Clinical Program Assistant for the Department of Occupational Therapy. She received her medical assisting diploma in 2008 and graduated with her associate's degree in business administration from Indiana Institute of Technology in June 2013. Monica is currently working towards her bachelor's degree. She enjoys crafts, cooking, outdoor activities, and spending time with her family and friends.

## Faculty & Staff Awards



#### PROFESSOR SHARON PAPE - 2012 SHRS EXCELLENCE IN TEACHING AWARD

Professor Sharon Pape, Lecturer/Academic Fieldwork Coordinator in the Department of Occupational Therapy, received the 2012 SHRS Excellence in Teaching Award in recognition of her outstanding contributions to teaching and learning and student engagement. As faculty advisor of the Student Occupational Therapy Association (SOTA), Professor Pape facilitated the involvement of occupational therapy (OT) students in the Indiana University Student Outreach Clinic. This innovative interprofessional service initiative is an excellent opportunity for OT students to work with students in other health disciplines (i.e., medicine, physical therapy, pharmacy, social work, and dentistry) to provide faculty-supervised health services to underserved populations and to integrate classroom knowledge with occupational therapy practice. Under the guidance of Professor Pape, several OT students attended and participated in state and national conferences.



#### DR. FENGYI KUO – 2012 SHRS EXCELLENCE IN SERVICE AWARD

Dr. Fengyi Kuo, Clinical Assistant Professor of Occupational Therapy, received the 2012 SHRS Excellence in Service Award in recognition of her dedication and commitment to the occupational therapy profession and the community. Since joining the school in 2010, she has facilitated student involvement in servicelearning activities in order to enhance students' critical thinking, clinical reasoning, knowledge translation and empathy skills. In April 2012, Dr. Kuo established the first Health Fair for the Southside Burmese refugee community in Indianapolis and developed and implemented a life skills training curriculum to assist Burmese high school students in overcoming culture shock and the language barrier, preparing for higher education or employment, and becoming productive citizens. She has been recognized locally and nationally by her peers for her service contributions to underserved diverse communities. Recent awards include the Diversity Volunteer Award by the Burmese American Community Institute, the Diversity Community Service Recognition by the United Way of Central Indiana, and the Community Service and Volunteerism Award

recognition by the American Occupational Therapy Foundation.



#### MS. LINDA BLACKETER – 2012 STAFF RECOGNITION AWARD

Ms. Linda Blacketer, Senior Administrative Assistant in the Office of the Dean, received the 2012 Staff Recognition Award at the school's annual faculty and staff luncheon on May 17. The award recognizes a staff member who exhibits a high level of commitment and dedication to the strategic direction of the school, willingness to provide excellent service beyond his/her scope of responsibilities, commitment to collaboration and teamwork, and positive interaction with faculty, staff, students and alumni. Since joining the school in 2003, Ms. Blacketer has provided valuable service to the Director of Fiscal Affairs and served as the Building Coordinator for Coleman Hall. She is commended by faculty and staff for her ability to stay current on campus policies and procedures related to financial, purchasing, and travel matters. She played a huge part in bringing the student learning lab to reality and renovating and furnishing offices and classrooms for the Physician Assistant Studies program. Ms. Blacketer's commitment to the school's mission and "going the extra mile" has

earned her the respect of her peers, the faculty and the dean.



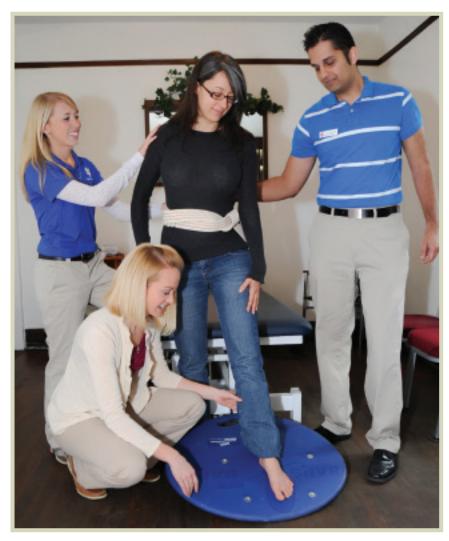
#### DR. M. TERRY LOGHMANI – 2012 INDIANA UNIVERSITY TRUSTEES TEACHING **AWARD**

Dr. M. Terry Loghmani, Clinical Associate Professor in the Department of Physical Therapy, was awarded the 2012 Indiana University Trustees Teaching Award in recognition of her superior ability to engage students through collaborative and active learning methods. Over the years, Dr. Loghmani has established a noteworthy record of supervising graduate projects, securing internal grants to enhance teaching and learning, mentoring junior faculty members, presenting teaching-related papers at national conferences, and publishing in peer-reviewed journals. She received the Feitelberg Journal Founder's award, an award given by the Journal of Physical Therapy Education for her collaborative work on the published article, "An Integrative Longitudinal Case-Based Learning Model as a Curriculum Strategy to Enhance Teaching and Learning." This article highlights an innovative curricular design using integrated case study methodology designed by Dr. Loghmani and several other faculty members. In May 2013, physical therapy students presented her with

the Annual Golden Goniometer Award, an award given to a faculty member who demonstrates excellence in teaching and leadership within the Department of Physical Therapy. Students and faculty also recognized Dr. Loghmani for spearheading and supporting the involvement of physical therapy students in the Indiana University Student Outreach Clinic.



## SHRS Students Make Positive Impacts in the Community



## Physical therapy students bring clinical skills to IU Student Outreach Clinic

Student-led physical therapy services are now being offered at the Indiana University Student Outreach Clinic (IU-SOC). The clinic, located at Neighborhood Fellowship Church in Indianapolis, was established in 2009 to provide free healthcare and other services to underserved communities on the city's east side. Beginning last fall, physical therapy students in the School of Health and Rehabilitation Sciences' doctoral program (IU DPT) and University of Indianapolis (UIndy) physical therapy students began offering services at the clinic, which has been staffed by IU medical students since its inception.

"I am thrilled we are partnering with the IU-SOC," says Lydia George, a recent graduate of the DPT program. "Together, IU and UIndy will be able to help our patients return to their daily activities with improved functional mobility, decreased pain and enhanced quality of life."

## Occupational therapy students help Burmese young people adapt to U.S. life

Working in collaboration with the Burmese American Community Institute, School of Health and Rehabilitation Sciences' occupational therapy (OT) students have participated since 2011 in a special program to help Burmese high school students adapt to school and life in the United States. The Upward College Program is a program designed to improve participants' study skills, increase college enrollment and retention rates, strengthen social skills through group activities and teach transitional life skills to foster success as productive U.S. citizens. In addition to providing life skills training to the Burmese students, the SHRS OT students offer tutoring and serve as mentors.

#### **DPT students promote community** health and wellness

Second-year students in the school's doctor of physical therapy program (DPT) participated in the development of health, wellness and fitness programs at the following community organizations:

Hawthorne Community Center - Provides services to meet the economic, educational, financial, social, recreational, and civic needs of community residents. IU DPT students serve Hispanic children and seniors struggling to meet basic healthcare costs.

Christamore House – Serves Haughville community's African-American children in an afterschool program to target childhood obesity.

Damar Services – Assists at a residential facility for children and teens with mental disabilities or autism. IU DPT students work with children with autism.

Noble of Indiana – Provides day services to adults and children with intellectual and physical disabilities.

#### **New Physical Therapy Student Community Engagement Fund**

In March, Terry Loghmani, PhD, PT, and the SHRS Class of 1983 alumna, established the School of Health and Rehabilitation Sciences Department of Physical Therapy Student Community Engagement Fund to support physical therapy students who are actively involved in the Student Outreach Clinic or other community engagement programs endorsed by the school.

The endowed fund will generate annual student awards or funds for students to travel to professional conferences to disseminate findings related to community engagement. Additional donations will continue to grow the endowed corpus, generating larger annual awards. In 2013, third-year DPT students, Chelsea Bird and Lydia George, were presented with the inaugural Physical Therapy Student Community Engagement Award for their unfailing leadership in establishing PT services at the IU Student Outreach Clinic.



#### IU SOTA students help Parkinson's patients "Rock Steady"

This spring, the IU Student Occupational Therapy Association (IU SOTA) established a unique service partnership with Rock Steady Boxing Foundation in Indianapolis. Established in 2006 by former Marion County (Indiana) Prosecutor Scott C. Newman, Rock Steady Boxing is a "first of its kind" gym to provide individuals afflicted with Parkinson's disease opportunities to participate in effective exercise (non-contact boxing) to experience relief of their symptoms and maintain their highest level of independence.

IU SOTA students provide hands-on assistance and are active participants during the sessions – assisting patients with external balance support and helping with transitions between activities. IU SOTA students also interact with participants and their families to provide encouragement and motivation.

"This service experience provides students valuable perspectives on what it is like to live with Parkinson's or as the caregiver," says Sharon Pape, MS, OTR, AFWC, IU Department of Occupational Therapy faculty advisor to IU SOTA. "The experience also encourages students to share their knowledge about occupational therapy and promote IUPUI in the community."



## PT Student Presented with 2013 McMillan Scholarship

Lydia George, a recent graduate of the doctor of physical therapy program in the School of Health and Rehabilitation Sciences, is one of only three physical therapy professional education students in the U.S. to receive a prestigious 2013 Mary McMillan Scholarship from the American Physical Therapy Association.

The association awards the \$5,000 McMillan Scholarship to students exhibiting superior scholastic ability and potential for future professional contribution. There are more than 200 physical therapy professional education programs in the country, with each program allowed to nominate one student.



In addition to academic excellence, the association looks for nominees' involvement in service, research and teaching to determine scholarship recipients, said Dr. Peter Altenburger, co-chair of the SHRS Department of Physical Therapy. Lydia's work in those areas made her stand out, even among the top students from other physical therapy programs, he explained.

Lydia was a driving force in initiating physical therapy services at the IU Student Outreach Clinic – an interdisciplinary student-run free clinic for an underserved area on

Indianapolis' eastside. Instrumental in establishing a mission for the clinic, she also developed policies and procedures and helped to secure funding and donations of equipment. In research and teaching, Lydia has served as a research assistant for the past two years in the IU Center for Translational Musculoskeletal Research. She is one of the authors of a published paper and an author of other collaborative papers scheduled for publication. Lydia also teaches physical therapy techniques to underclassmen.

On her scholarship application Lydia wrote, "I want to be a physical therapist that represents professionalism, practices evidence-based medicine, commits to continued learning, advocates for my patients, mentors physical therapy students and promotes health and wellness in my community."

"Lydia's scholarship is testament to her individual capabilities and future promise, but also reflects the high standing of the IU Doctor of Physical Therapy program," Altenburger said. "Lydia is the fourth IU physical therapy doctoral student since 2005 to receive the Mary McMillan Scholarship from the American Physical Therapy Association."

Additionally, Lydia is the first IU DPT student to graduate with a 4.0 grade point average. She earned the 2013 IUPUI Chancellor's Scholar Award for SHRS. This award is given to one student from each school at IUPUI and is based on academic achievement, grade point average and participation in extracurricular activities.

## OT Students Honored with Prestigious William M. Plater Civic Engagement Medallion

By Sharon Pape, MS, OTR, AFWC IU Department of Occupational Therapy

Recent IU occupational therapy graduates Rachel McFadden and Kelly VanKoevering were awarded the William M. Plater Civic Engagement Medallion in recognition of their community service and civic engagement while attending IUPUI. Both women were nominated by the IU Department of Occupational Therapy faculty and received their medallions during a special ceremony in April.

The university award is named in honor of Dr. William Plater, former IUPUI Executive Vice Chancellor and Dean of the Faculties, who was a strong advocate of civic engagement during his career. Specifically, award recipients "are expected to have engaged in a variety of activities demonstrating depth and diversity of commitment in serving their communities, while making a significant investment in at least one community experience over time."



#### Rachel McFadden – IU OT Class of 2013 Plater Civic Engagement Medallion Recipient

(Photographed by Eric Sickles – Courtesy of IUPUI Center for Service and Learnina)

Rachel McFadden demonstrated excellence as a "civic-minded" student" through her leadership and participation in a variety of community groups, notably Special Olympics of Central Indiana and the Fraternal Order of Police-Auxiliary #86. Rachel was motivated to volunteer for Special Olympics by her niece who has a developmental disability. As a volunteer, Rachel views her effort as a natural opportunity to integrate her academic knowledge and technical skills learned in the curriculum. Rachel has a long history of involvement with the Fraternal Order of Police-Auxiliary #86, which includes serving on the board of directors and coordinating honor guard vigils and logistics when a local officer is killed in the line of duty.



#### Kelly VanKoevering – IU OT Class of 2013 **Plater Civic Engagement Medallion Recipient**

(Photographed by Eric Sickles – Courtesy of IUPUI Center for Service and Learning)

Kelly VanKoevering earned recognition for her successful internships assisting children with special needs and young adults recovering from traumatic brain injuries. Kelly's responsibilities included serving as a support resource for the clinics, assisting therapists with cognitive and physical assessments and providing patient/caregiver education in the rehabilitation environment. A member of Pi Theta Epsilon and the IU Student Occupational Therapy Association, Kelly also volunteered her time and talent to many community service events. In addition, she was honored by faculty and her peers with the Occupational Therapy Department's Carol D. Nathan Leadership Award.



### OT Student Presents at the Kappa Delta Phi National Convention

Fallon Shively (IU Occupational Therapy Class of 2013), sponsored by Kappa Delta Phi Sorority, was one of two recipients of a scholarship award from the American Occupational Therapy Foundation (AOTF). She was recognized for her scholarly achievement, leadership and commitment to service. Fallon served as president of the Indiana University Student Occupational Therapy Association (IU-SOTA) and is a member of Pi Theta Epsilon. Under Fallon's leadership, IU-SOTA initiated and organized several community service events for occupational therapy students, including the Alzheimer's Association Memory Walk, sponsoring luncheons for families at Riley Hospital Ronald McDonald House and coordinating tornado disaster relief assistance in rural southern Indiana. Fallon's tenure as president provides a high standard of achievement for future student leaders in the department's student association.

Shown to the right: Fallon Shively (left), IU OT Class of 2013, and Colleen Barney (right), Kappa Delta Phi at KDP National Convention held in Indianapolis, June 2013.





### BSHS Graduate Continues Education in New PA Program

Elaine Adamson, a native of Indianapolis, is a May 2013 graduate of the School of Health and Rehabilitation Sciences' Bachelor of Science in Health Sciences (BSHS) program and the first BSHS graduate to be accepted into a SHRS graduate program. Adamson is a member of the first class of Master of Physician Assistant Studies students and began that program in May.

"I applied to the PA program because I wanted a career in healthcare that would give me a greater level of responsibility," said Adamson, who is the first child in her family to graduate from college. "The courses I've taken in the BSHS curriculum fit perfectly with the PA program requirements, which have helped me make a smooth transition from the undergraduate to graduate level."

Adamson was originally accepted to IUPUI in 2007, but because of life circumstances she began taking classes at Ivy Tech and then transferred to IUPUI in 2011 to begin the BSHS program. The mother of a 4-year-old son, Adamson is engaged to a man she's been with for the past 10 years.

"I am proud to be a graduate of the BSHS program," Adamson said. "The faculty and advisors were very helpful and caring." When not pursuing graduate studies, Adamson spends time with family and friends, and also enjoys running, cooking, dancing and volunteering in the community and local hospitals.

### HAVE PASSPORT, WILL TRAVEL

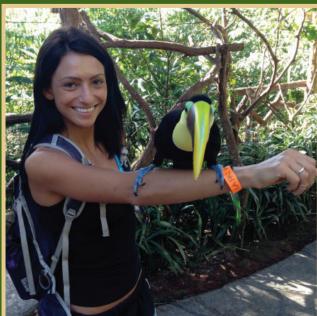
#### International Service Learning

Since the inception in 2010 of the School of Health and Rehabilitation Sciences' Certificate in Global Health Studies, five students from the Department of Health Sciences have traveled abroad to fulfill academic requirements. Two students have ventured to Jamaica, two to Costa Rica, and one student has traveled to Australia. Below is a travel journal excerpt from one student who traveled to Costa Rica and photos from the various study abroad trips.

"The New Dawn Center [in Costa Rica] offers students courses in natural, holistic healthcare, tropical and planetary medicinal plants, ecological health, naturopathy and massage therapy. It is a true learning experience for students in ecological, health gardens. I was able to walk around, on my own, before the students began class and got a feel for the immersive, learning environment. Today, the class focused on naturopathy – healing with diet and nutrition. I learned that naturopathy is a holistic concept based on the idea that the human body will heal itself if given the right stimulants. In addition to diet and nutrition, the instructor mentioned stimulus, such as water, vitamins, massage, sunlight and counseling. I was happy to bring my notebook and compiled great information from observing just one class."

-- Noelle Minite, BSHS, May 2013

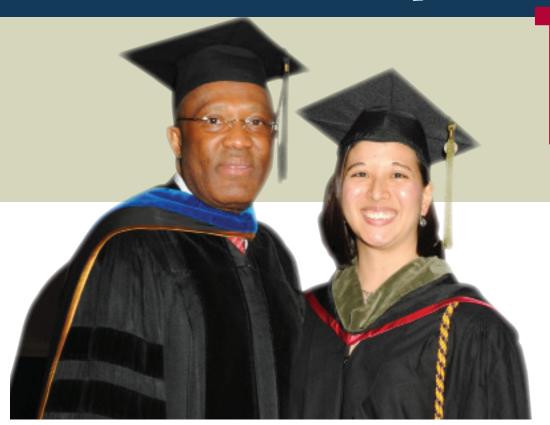








## Kurrasch Earns Sothmann Dean's Leadership Award



participated in a number of community service-learning projects, including collaboration with Eskenazi Health Services for its community-based pediatric weight management program and a program to enhance health promotion services to inner-city adolescents.

Julie Kurrasch, a June 2013 graduate of the Master of Science in Occupational Therapy Program (MSOT), recently received this year's Dr. Mark Sothmann Dean's Leadership Award. Dr. Sothmann, was the founding dean of the IU School of Health and Rehabilitation Sciences from 2004 to 2007. The annual endowed award, funded by Dr. Sothmann recognizes an undergraduate senior or graduate student who exemplifies Dr. Sothmann's dedication to scholarship, leadership and service to the profession and community. The recipient must have a minimum GPA of 3.75 on a 4.0 scale and a record of service to the school, profession and community.

Julie earned a BA in sociology from Colorado College in 2003. She relocated to Indiana from Colorado to pursue the MSOT and earned a 4.0 GPA in her prerequisite courses for the OT program. Prior to enrolling in the graduate program in 2011, Julie was employed as a vision therapist in a busy neuro-optometry practice in Carmel, Indiana. Julie's GPA in the OT program is a 4.0, allowing her induction into Pi Theta Epsilon, the national honor society for occupational therapy.

During her two years in the OT program, Julie

Since receiving her undergraduate degree, Julie has volunteered with community-based organizations, traveling extensively to provide childcare support to families caring for children with disabilities. Last summer, during her Level II fieldwork experience at the Riley Child Development Center and IUPUI's Center for Young Children, Julie worked closely with the centers' classroom teachers, social worker, parents and children to provide comprehensive occupational therapy services and in-services tailored to the children's and caregivers' needs.

In the letter nominating Julie for the Sothmann award, the faculty stated, "We are confident that [Julie] would embrace this recognition and will make important contributions to the profession and to quality patient care upon graduation."

Of receiving the Sothmann award, Julie commented, "Dr. Sothmann's extensive contributions to IUPUI and the healthcare field are a testament to his leadership, vision, and innovation. To receive the Dean's Leadership Award, created in honor of Dr. Sothmann, is very humbling!"

#### There's a Whole New Generation of Students Waiting to Thank You!

SHRS students continue to benefit from the school's number one philanthropic priority – student scholarships and awards. Please join us in congratulating the 2012-2013 scholarship and award recipients!

Nutrition and Dietetics		
Dr. Sheila Ward Fellowship	Louise Irwin Fellowship	Arlene Wilson Scholarship
Emily Myatt	(To be awarded 2013 – 2014)	Jessica Forney
Occupational Therapy	0	•
Katherine Belzer Fellowship	Carol Duke Nathan Fellowship	SHRS Fellowship
Alyssa Bruck, Jesse Halle, Samantha Kolakowski	Alyssa Bruck	Matthew O'Connor
Matthew O'Connor, Irene Robinsen, Elizabeth Short	Anita Slominski Fellowship	0 0 0
	(To be awarded 2013 – 2014)	© 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0
Physical Therapy		
Patricia Rae Evans Fellowship	Stephen O. Jones Fellowship	Student Community Engagement
Brett Gladish	Kristen Brogdon	Chelsea Bird, Lydia George
Zachary H. Gregory Emerging Leadership Scholarship	Brown/Ekstam Fellowship	Future of PT Fellowship
Lora Dingledine	Josh Butcher, Maggie Cappel	Kirsten Hart, Laura Kresnak
Katherine Belzer Fellowship	Courtney Mathews	Hannah Smalley, Samantha Smith
Nathan Denning, Danielle Farmer, Rachel Handt Kirk Johnson, Arianne Mason, Joshua Weyer	William D. Porter Award	© 0 0
	Ross Lammers	0 0 0
SHRS – School-Wide Awards		•
Dr. Mark Sothmann Dean's Leadership Award Julie Kurrasch	0 0 0 0 0	0 0 0 0 0

#### SHRS students express their gratitude:

"It has been my dream since I was little to go into a profession that will help people. By awarding me a scholarship, you have lightened my financial burden which allows me to focus on the most important aspect of school: learning." ~Samantha Kolakowski – 2013 Katherine Belzer Fellowship Recipient

"This scholarship will help me decrease the amount of loan funding that I will need to pay back, so I can be more focused on providing the best care possible, volunteering, and increasing my occupational therapy knowledge.

~Alyssa Bruck – 2013 Katherine Belzer Fellowship Recipient

"You would not believe the smile on my face the day I received the news that I had been given the honor of this award. It truly means a lot to me as it gets me that much closer to achieving my dreams."

~Kirk Johnson – 2013 Katherine Belzer Fellowship Recipient

"I am very grateful to have been awarded a fellowship for the upcoming school year! The pool of folks eligible for the award really puts into perspective how successful and competitive our program is...the generosity from alumni, faculty, and other donors is an amazing sight to see!"

~Maggie Cappel - 2013 Frances Ekstam Fellowship

"I am so grateful to receive the Constance Brown Fellowship. A big thank you to the department for selecting me. Everyone works really hard in this program, so to be chosen is a real honor."

~Courtney Mathews - 2013 Constance Brown Fellowship

"I selected IU because I respected the faculty and their mission for the program, so I am honored to receive an award specifically from my department. It is affirmation that my future professors see potential in my career as a physical therapist. Entering physical therapy school with a sense of support from the staff will be invaluable."

~Hannah Smalley – 2013 Future of Physical Therapy Fellowship

"I am immensely grateful for the support I have received through the Stephen O. Jones Fellowship. Being an out-of-state student has made this scholarship all the more meaningful. I appreciate that the program and Mr. Jones take the time to support students and help us achieve our goals."

~Kristen Brogdon – 2013 Stephen O. Jones DPT Fellowship



## Jerry A. Smith Honored with Distinguished Alumni Award



Jerry A. Smith, PT, ATC/L, MBA, is the School of Health and Rehabilitation Sciences Distinguished Alumni Award recipient for 2012. Jerry received the award during the second annual Interdisciplinary Research Conference last fall.

Earning his bachelor's degree in physical therapy from the SHRS (then part of the Indiana University School of Medicine) in 1979, Jerry has made many positive contributions to the field and to patient care during his nearly 25-year career. Currently, he is a lead physical therapist for U. S. Health Works, which recently partnered with Indiana University Health Occupational Services. He has been employed there since 1998. In his position, Jerry provides supervision and rehabilitation of work-related injuries in outpatient settings at IU Health Occupational Services' Park Fletcher and South clinic locations. Since 1990, Jerry also has worked as a self-employed contractor in physical therapy and athletic training. He has held 12

other positions since 1979, including a variety of director-level positions and as a consultant for the Indianapolis Colts, Rose-Hulman Institute of Technology and Cathedral High School in Indianapolis.

In 1991, Jerry served as physical therapist and athletic trainer for the U.S. Men's Gymnastics Team, with the United States Gymnastics Federation, in Barcelona, Spain. For nearly three decades, Jerry has been active in numerous national and state organizations, including the American Physical Therapy Association (APTA), the National Athletic Trainers Association and the American College of Sports Medicine. He served as president of the Indiana chapter of APTA from 2009-2010 and has been an APTA delegate or chief delegate many times in the past 20 years and a current nationally elected member of APTA's nominating committee.

In 1998, Jerry was honored with the Indiana APTA chapter's Frances C. Ekstam Award for his contributions to the physical therapy profession. Among his other memberships, Jerry was a member of the Mayor of Indianapolis' Council on Fitness & Sports for seven years and served as a liaison to the Governor's Council for Physical Fitness & Sports for five years. He has been a manager and coach for local soccer clubs, coached baseball and served as scout master for Boy Scouts of America Troop #446.

Jerry is the fourth recipient of the SHRS Distinguished Alumni award, which is presented by the school's alumni association. Previous honorees include Dr. Judith Ernst (Class of 1982), Valerie Hill (Class of 2004) and Elaine Fess (Class of 1967). Nominations for the 2013 award are now being accepted. A list of criteria and a nomination form are available on the IUPUI Alumni Relations website: www.myiupui.com/shrs-da.

### Nancy Yoshida, OT Class of 1978

#### Enjoying interests that are worlds apart



#### Photos by Nancy Yoshida

It's hard to imagine the field of occupational therapy and the world of Iditarod dog racing ever crossing paths – unless you're Nancy Yoshida. After graduating from the IU occupational therapy program in 1978, Nancy worked as a therapist at Methodist Hospital in Indianapolis. Employed at Methodist for nearly 10 years, she cared for patients with spinal cord injuries and swallowing disorders. She met

her future husband, Glen, who was completing a head and neck fellowship at Methodist. The two married and moved to the Denver area where Glen was serving active duty with the U.S. Army. Nancy continued her occupational therapy career at Craig Hospital in Englewood, Colorado, after the birth of their son.

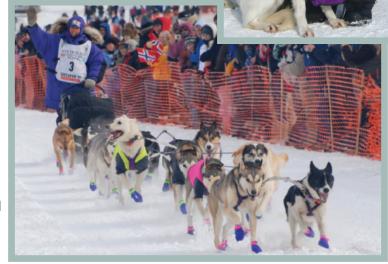
It was actually Nancy's son Michael who motivated the family to train and race sled dogs. Before the family moved from Colorado to North Dakota, Michael, then in first grade, saw an article in a North Dakota newspaper and became convinced the family could have sled dogs in their new home. "Being an animal lover, I agreed," Nancy says. "And we soon had a yard full of Alaskan huskies." Michael raced the dogs until the demands of school and sports occupied most of his time. Nancy then took over racing the dogs and developed an affinity for distance events. The experience

culminated in 2009 when Nancy, at age 59, entered the Iditarod.

"I wasn't able to finish the race, but I remain dedicated to it, helping each year at the Teacher's Conference and out on the trail," explains Nancy. She wrote the book, "Nigel's Choice My Iditarod Adventure" about the 2009 race.

Nancy is also an accomplished photographer. While she has sold several photographs, she wants to keep it as a hobby.

"No matter where I go I always have a camera with me," Nancy says. "I just enjoy photographing things I love, be it people or nature." While Nancy hasn't worked in occupational therapy in several years, she says the field still contributes to her life in many ways. "When not working directly in the field [occupational therapy], I have used all the principles I learned in all my adventures in life," says Nancy. "I have always felt a very strong bond between my time in the occupational therapy program and what I learned there, and my walk down life's path."





## Celebrating the Spirit of Philanthropy



Ron Cram is a catalyst for change and growth in rehabilitation therapy and a champion of higher education.

When we talk about philanthropy at its best, it's when a donor's desire matches our commitment to deliver it - together.

~ Charles R. Bantz, IUPUI Chancellor

Each year, members of IUPUI's campus community gather for the Spirit of Philanthropy Luncheon and Awards Ceremony. This event honors individuals, corporations and foundations that have contributed to program growth and student support through financial gifts and volunteer service. Through this recognition, we are reminded how important philanthropy and volunteerism are to our university, community and civic lives.

In April, the School of Health and Rehabilitation Sciences (SHRS) proudly recognized alumnus, Ron Cram, Jr., for his service and generosity.

After earning a Bachelor of Science degree in physical therapy from the SHRS in 1989, Ron worked for a local therapy practice, quickly moved through the ranks into management, and eventually became president of the practice.

In 2006, Ron launched his own firm, Rehab Strategies,

and in 2010 he started a second firm called Staffing Strategies. Both practices together employ more than 60 therapists. Late last year, Ron opened Treatment Strategies, a therapy equipment firm.

Ron is the chairperson of the SHRS Dean's Advisory Board and has spearheaded the Corporate Partners' Program, which brings together the corporate and academic communities for collaborative curricular evaluation and student scholarship support. In addition, Ron made a gift commitment early this year to endow a scholarship at the School of Health and Rehabilitation Sciences. We continue to work with Ron to fulfill his desire to support current and future SHRS students.

#### FORMER SPIRIT OF PHILANTHROPY AWARDEES

2010 Donald and Nancy Lamport

2009 Jane Gerardot

2007 Arlene Wilson

2006 Louise Goggans; Rehabilitation Hospital of Indiana

2005 Anita Slominski; Rock Island Foundation

2004 Fran Ekstam; Sheila Ward

2003 Patricia Rae Evans; Nestle Foundation

2002 Stephen Jones

2001 Elton Ridley

2000 The Family & Friends of William D. Porter; Van Ausdall & Farrar

1999 Steven Wodicka

1998 Donald Lamport



## 2012 SHRS Donors

The School of Health and Rehabilitation Sciences is grateful for the support provided by alumni and friends during the past year. Private support has a tremendous impact on the school and its programs, enabling us to provide scholarship support to attract and retain talented students, purchase new technology for the classroom, enhance research capabilities, and provide programs for both student and faculty development.

We would like to publicly recognize and thank the following individuals, corporations and foundations for their gracious financial support during 2012. For information on how to contribute, please contact Christine Baldwin, Director of Development at 317-274-5151 or by email at chrbaldw@iu.edu.

#### **Honor Roll Names**

#### Gold Associates \$1,000 +

Austin and Grace Agho

Michael Arnolt

John and Lorraine Borkowski

Ronald Cram, Jr.

Steve and Elaine Fess

Thomas and Deborah Fisher

Bruce and Sandra Gregory

William and JoAnne Jonathan

Stephen Jones

Gaylen and Nancy Kelton

**Donald and Nancy Lamport** 

Ziaollah and Mary Loghmani

The Estate of Anita Slominski

Mark Sothmann and Kathleen Lally

Stuart Warden and Robyn Fuchs

G. G. Williamson

#### Silver Associates \$250 - \$999

Peter and Elizabeth Altenburger

Robert and Christine Baldwin

Michael and Nancy Bateman

John Bazik

Shirley Boardman

Thomas and Mary Burns

Adam and Jen Davis

Michael and Susan Doty

Steven and Pamela Dver

Mark and Shereen Farber

Michael and Karen Foley

Jane Gerardot

Patricia Griswold

John and Denise Hagan

Celestine Hamant

David and Rita Hendricks

Vipin and Madhulika Jain

Steven and Sue Klinger

Michael and Mary Lewis

Nicholas McCarty

Fredric and Susan Mishkin

Steven and Amanda Netter

Carmen Peterson

M. G. Stathakis

Mark and Susan Waterman

Charles and Mary Weber

Nancy Yoshida

#### Bronze Associates \$100 - \$249

Phillip and Anya Albonetti

**Amy Bayliss** 

Iris Bjelich

Therese Boric

Phyllis Bretz

Lisa Bronson

Mary Brown Faye Buckley

Jacquelyn Chamberlin

Michael and Kathleen Coduti

Ralph and Gerry Conti

Paul and Cheryl Coplen

Jan Crewes-Jones

Maryellen Crocker

Lisa Cynova

David and Karen Davis

Vincent and Antoinette Davisson

Martin Dominik

S. M. and Anne Downs

Kristin Dreibelbis

James and Susan Fatzinger

Ryan and Melissa Fee

Judy Feinberg

Ralph and Jennifer Fisher

Susan French

Mark and Lori Gabrek

Suzanne Gallai

**Pauline Gregory** 

Mary Greulich

Patricia Hall

Gordon Harnack

Jonathan and Sandra Hendrich

Jill Hentrup

Ervin Herman and Barbara Irwin-Herman

Gayle and Arnold Hersch

Lisa Keenan

Gregory and Judith Kiel

Carl and Janet King

Lonnie and Sylvia King

Francis Klene and Erica White Klene

James and Frances Klene

Angela Kraft

Gregory and Loretta Lauer

Thomas and Judith Lawson

Rose Leake

Shari Leake **Bridget Lee** 

George and Irene Leus

#### Bronze Associates \$100 - \$249

Jeanne Lienhoop

Mary Lunn

Benjamin and Ashleigh McAfee

Matthew McBroom

Betty McDade

**Brandon McGaughey** 

Dianne McIntosh

Douglas and Diane McKeag

Maria McKinley

Blair and Mary Meiser

Sharon Miller

**Brad and Meghan Otto** 

Nathan and Erin Patterson

Alisa Petruzzi

**Douglas and Julie Pitts** 

Ann Randall

Donald Reeser

Kimberly Rice

Anthony and Sally Roscetti

Mary Ross

James and Betty Schenk

Pama Schreeg

John and Vicki Shoop

**Deborah Smith** 

**Heather Smith** 

Dennis and Gae Stoops

William and Janet Taylor

**Nancy Thomas** 

Barry and Amy Titus

Susan Umbaugh

Matt and Katherine Vossmer

Matthew and Susan Wayne

Kathleen Weaver

Suzanne Wessel

Mary Wieand

Nancy Zent

#### Friends of the School - up to \$99

Deborah Abel

**Brent Adams** 

Virginia Allen

William and Kathleen Armstrong

Duane and Linda Arnold

Charmaine Azeez

Jo Ballenger

John Bankson

Tanva Bannourah

Patricia Barrett

#### Friends of the School - up to \$99

Anna Bartolomeo Carl and Karen Beavin

Kaitlin Bell

William and Sherry Benner

Gail Bloom

Ronald and Dee Bloom Roseanne Bohanan **Brennan Boland** Robert and Carla Boyd

Patricia Brace Russell Brinegar

Gail Brown and Stephanie Leslie

Charles and Gina Bryson Dawn Burkhardt Rachelle Cannella Max and Phyllis Carbon Elmo and Becky Carver

Diane Chavez Jennifer Clark

Dwight and Donna Cochran Phillip and Margaret Coffey Charles and Elizabeth Colligan

David and Leora Comis Teresa Conley-Buckner Michael and Lucia Corcoran

Alicia Cotton Lauren Cowan Jeffrey Crabtree Michelle Crafton Laura Curry

Arthur and Julie Davis Evan and Patricia Davis

Lvnn D'Cruz

Charles and Dee DeCosterd Bernard and Jane Dolan Andrew and Jill Downs

**Dennis Duffy** 

Dennis and Debra Eckert

Ramona Eisinger Gary and Mary Elkins Kelsey Etchison

Mark and Therese Eutsler

Larry Fairchild Donna Faraci Alysa Faulkner Barbara Felix Cynthia Ferguson Ann Fichman Julia Fox Jennifer Frazier Janice Fulmer

Robert and Karen Gable Lennette Gonzalez **Edith Goodwin** Catherine Grennell Vicki Gushikuma

William and Zayda Gustafson

David and Tarla Hall William and Linda Hall

Christopher and Clarissa Harmon

Janice Harris **Annabel Hartman** Gerald and Judith Helt

#### Friends of the School - up to \$99

Brian and Carol Hesch Donna Hessling Gary Higginbotham Aletha Highsmith John and Jolene Hill Stanley Hobbs Carol Hoyermann Donna Hulka Helen Jarvis Philip Jasheway

Joyce Jones **Ruth Jones-Crowdus Christine Kear** Carol Kellev Sara Kelly Cynthia Kincaid

Victor and Karen Kirchoff James and Martha Klemm Jonathan and LuAnne Klepfer John and Amy Klooster

Whitney Koeppen Beverly Kruetzman-Gray Joyce MacKinnon

Lois Marek Milan Marinkovich Teresa McAninch Henrietta McCaul Anne McDonald **Rex McGinnis** Rita Meanwell

Susan Meyers Rhesa Mickler Kathy Miller **Shannon Mills** Dianna Mintner Christina Mushi-Brunt

**Chad Nelson** 

Kenneth and Jean Niederhausen

Linda Norman

John and Barbara Norris

Ifeyinwa Nzerem Ellen Okeson Linda Orr Deborah Ott

Michael and Kelli Palm

**Gary Pattee** Meagan Patton

Stephen and Lisa Pearcy

Rebecca Phipps Michelle Pickett Michelle Pitcher

Bradley and Whitney Quiambao Kurt Reusze and Amy Miller Reusze Michael and Elizabeth Ricciardone

Claudia Richardson Laura Rinehart Kory Risner **Bart Roberts** Wendy Roberts

Stephen Rose and Sara Blackburn

**Carol Ross** Mary Rosswurm Timothy and Staci Roth

#### Friends of the School - up to \$99

Renee Sawver Anne Shin Barbara Sholtis Sandra Simon

James and Jacqueline Singer Adren and Marilyn Sisil Zachary Skaggs Michelle Skinner Crystal Slabaugh Diane Smith Gina M. Smith

Dennis and Irene Snyder James and Nancy Souers **Bethany Spencer** 

Patricia Spencer

James and Lynne Steffus

Karen Steiger

Dan and Valerie Strunk

Christa Swisher

Stormy and Kimberly Thrasher

Martha Uhl Janice Vaughn Joyce Vazquez

Edwin Wade and Anne Mascari Jay and Marti Waggoner

Matthew and Stephanie Wainscott

Wallis Wake Lisa Walter

Carl and Jane Watson

Angela Webb

Chuck and Jill White Susan Wideman Shawn Willey Lisa Williams **Roger Williams** Shandi Wilson

Gary and Joyce Yeager

Mario Young Anne Zivnuska

Robert and Marsha Zoll

#### **Corporate & Foundation Donors**

ArcelorMittal USA

**ATI Physical Therapy** 

Benevolent Friends of African Charities, Inc.

**Body One Physical Therapy** 

Donald Williams and Dr. Emily J. Williams

**Family Trust** 

**Duke Engergy Foundation** 

Intel Foundation

Jane S. Saghir Living Trust Johnson & Johnson

**National Christian Foundation** 

**Oracle Consulting Group** Pepsico Foundation, Inc.

Richard and Ramona Eisinger Rev. Living Trust

Sammons Preston Staffing Strategies, LLC The Pfizer Foundation Therapy Care Resources

United States Steel Foundation, Inc.

Y Junction, LLC.

#### **Legacy Society-** planned gift

Katharine Belzer\* Patricia Rae Evans Jane Gerardot Otis and Louise Goggans Stephen Jones James Pellerite Anita Slominski\* Sheila Ward\*

Arlene Wilson\*

\* Denotes Deceased Members

#### Dean's Sustainers /10+ consecutive years of giving

William and Kathleen Armstrong

Lisa Bronson

Dwight and Donna Cochran

Ralph and Gerry Conti Michelle Crafton

Andrew and Jill Downs

Mark and Therese Eutsler

Mike and Denise Hagan

Sandra and Jonathan Hendrich

Christine Kear

Thomas and Judith Lawson

George and Irene Leus

Zia and Terry Loghmani

**Rex McGinnis** Rita Meanwell

Frederic and Susan Mishkin Kenneth and Jean Niederhausen

Marti and Lana Reeser

Johanna and Micheal Ridenour

M. Joanna Ross

James and Betty Schenk

Pama Schreeg

Barbara Sholtis

Timothy and Amy Wiley

The gifts and pledge payments listed above were received during the period of January 1 – December 31, 2012. We apologize for any errors or omissions. For corrections, please contact Christine Baldwin at 317-274-5151 or chrbaldw@iu.edu.

## Anita Slominski: Advancing a Legacy

Anita Slominski, OTR, FAOTA, Clinical Coordinator for the Cerebral Palsy Treatment Center at the Indiana University Medical Center from 1948 to 1986, was a forward-thinking individual who improved the lives of patients and shaped the careers of clinicians and students during her many years of humble service.



A special outreach to honor the life and contributions of Anita Slominski (1922-2010) has helped nurture the seed gifts that Anita planted for the Department of Occupational Therapy at the School of Health and Rehabilitation Sciences. Thank you to all who have honored Anita's legacy by making gifts to support occupational therapy students through the IU Occupational Therapy Clinical Fieldwork Fund and the Anita H. Slominski Occupational Therapy Fellowship.

We'd also like to thank those who shared "Anita stories" to augment our continued effort at capturing institutional history. You have honored Anita's memory by helping to support today's occupational therapy students and the next generation of occupational therapists.



Would You Like to Make a Gift to the School of Health and Rehabilitation Sciences and Receive Income for Life?

For information regarding Indiana University's Charitable Gift Annuity program, contact: Christine Baldwin, Director of Development, at 317-274-5151 or chrbaldw@iu.edu.



INDIANA UNIVERSITY

Coleman Hall Room 120 1140 W. Michigan Street Indianapolis, IN 46202-5119

# The SHRS Interdisciplinary Research & Continuing Education Conference

IU School of Health and Rehabilitation Sciences Interdisciplinary Research Conference



#### **2013 Event – SAVE THE DATE!**

October 5, 2013 9:00am – 2:00pm at the IUPUI Campus Center CEUs available

Exhibitor and Sponsorships Available NOW http://iuaa.imodules.com/shrs-exhibitor

#### **Conference Registration**

http://iuaa.imodules.com/shrs-conf13

#### 2012 Event RECAP

The SHRS Alumni Association coordinated the second annual event in November 2012 that included broad successes:

- Promoted interdisciplinary collaboration and education
- Highlighted student and faculty research
- Offered CEUs to alumni and other professionals
- Highlighted regional employers and their products and services
- Recognized the SHRS 2012 Distinguished Alumni Awardee

Thank you to our supporters: American Senior Communities, Enochs Exam Room Furniture, Healthcare Services Group, Home Health Depot, Legacy Healthcare Services, Rehab Care, Staffing Strategies, The Uniform House, U.S. Army