Fall, 1993
Monday, 6:00 - 8:40 PM
Location: ES 2103

S634
Instructor:
 Natalie Siegel, Ed.D., ACSW
Phone: 577-0437

Interpersonal Practice Emphases (Individual)
Theoretical and Experiential

Syllabus

Course Rationale and Description

The purpose of this course is to enable students to develop special competence
in work with and on behalf of individuals. The course considers various
individual problems of social functioning attributable to environmental,
interpersonal and/or intrapersonal sources.

The central focus of this course is a comparative analysis of various treatment
theories in working with individuals and applying these theories and their
specialized interventions to a variety of problems and populations. Some of
the direct practice theories to be examined are: psychodynamic, object
relations, behavior, cognitive, systems, crisis, task centered. This course
attempts to integrate theory with practice. The course format will combine the
theoretical and experiential equally, components through lecture, seminar
discussions, role plays, student presentations and written assignments.

Course Objectives

This course is designed to build upon and refine your understanding of the
inte4rvention concepts introduced in the first year practice courses.

1. different types of problems.
2. the special needs of people with these problems.
3. the differential use of intervention modalities and techniques.
4. intervention evaluation.
5. ethnic/cultural and gender issues as they relate to different types of
   problems.

The learning objectives applicable to this practice emphasis course are as
follows:

1. Achieve and demonstrate a familiarity with the various range of theoretical
   models, or "schools of thought" relating to a holistic or bio-psychosocial
   view of the human condition.

2. To develop understanding of, and cognitive and interactional skills for,
   the application of the social work problem-solving process in practice with
   the individual;

3. To demonstrate an understanding of and the disciplined selection of
   principles, strategies and techniques from various theoretical models.

4. To develop an indepth and advanced level of understanding of the core assumptions of <u>one</u> theory which reflects the student's preferred therapeutic style.

5. To develop an undertstanding of what constitutes change in clients and how therapy outcome can be measured and evaluated.

6. To develop understanding of ethical issues relevant to practice with the individual and to reaffirm commitment to the professional ethics in the resolution of such issues.

7. To develop ability to translate and apply practice principles for working with members of special populations, particularly ethnic minorities and women, in practice with the individual;

8. To develop understanding of the factors that can affect the worker's professional effectiveness, to develop self-awareness and empathic ability for practice with the individual and to develop commitment to professional accountability; and

9. To develop understanding of differential practice with the individual in various practice situations and fields of service.

<u>COURSE REQUIREMENTS</u>:

1. Participation is expected. Readings related to content should be done before class. Participation in role plays is expected.

2. <u>Class Presentation</u> (40%). The class will be divided into small groups for presentations and a problem assigned to each group. Approximate length of presentation: 40 minutes with 30 minutes for questions and discussion. See attached material for description of what the presentation should cover. Each student is expected to turn in a short paper covering their part in the presentation.

3. <u>Final Paper</u> (40%) - select a problem/problem population that you are particularly interested in working with and using a case from your agency address the topics, issues listed on the attached material (see Final Paper description attached.) <u>Due December 6</u>.

4. Each student should choose one treatment model to present to the class briefly in seminar fashion, for class discussion (20%).

Course and Instructor Evaluation

Students are strongly encouraged to evaluate regularly the quality of content and instruction of the class; and to communicate their evaluations and questions verbally or in writing to the professor. I will use your feedback in planning the course process and content throughout the semester. Formal evaluation instruments will be distributed for the students' use during the last class session when there will be further opportunity for class discussion.

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Class Presentation (40%)

The format of the presentation should be decided by the group, e.g., role plays, videos, films, lecture, panel discussion, or a combination of these.

Each group will choose a problem area from the following: 1) depression, 2) addiction and substance abuse, 3) anxiety disorders including phobias, 4) personality and affective disorders and 5) chronic mental illness.

The presentation should include:

1. Information about the problem including: definition and description of problem, causes of the problem, prevalence, population at risk, and preferred treatment.

2. A discussion of clinical assesment and intervention plan (use case example, if you wish), compare and contrast at least 2 theoretical approaches, including indications and contraindications of the different interventions given this type of problem and client.

    These should be a role play, "live" or video-taped, as part of the presentation, demonstrating how a practitioner would function in the beginning and exploration phases and/or an intervention(s) within the particular theoretical approach the group has chosen to present. Please select one of the theoretical approaches for the presentation from the following--
    Behavioral
    Cognitive
    Life Model/Ecological
    Crisis/Task centered
    Object Relations
    Psychodynamic
    Others

3. A discussion of social, economic, ethnic/cultural, and gender issues as they relate to the manifestation of the problem and subsequent selection and application of an intervention strategy.

4. An annotated bibliography of 5 related articles/books apart from the text. Please copy for class.

5. A list of 5 questions for class discussion.

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Final Paper (40%)

Present your own personal practice theory including essential practice principles and techniques. Discuss the strengths and weaknesses of your theory. Then, integrate your practice theory to a practice situation, using the following outline to organize the material.

Use a case from your agency to address the following intervention topics/issues. Please provide a brief bio-psycho-social history of the client and a description of the agency and your job.

1. What is your assessment of the problem situation?

2. What types of resources/interventions are available at your agency and in the local community for addressing the problem?

3. What does your intervention plan entail (e.g., goals, techniques, and social work roles?) Relate your plan to your theory and justify its use in this situation. Cite literature.

4. What obstacles (resistances) do you anticipate encountering during your intervention efforts? How might you handle these?

5. How do you plan to evaluate the efficacy of your intervention in this case?

6. Use of self in the helping process is an important factor. Discuss your personal views and feelings about the problem (client with the problem) and how will these feelings/beliefs affect your work?

7. What is the impact of your agency's philosophy on your work with these types of problems (e.g., restrictions on the selection of intervention strategies)?

Paper, no more than 10-15 pages, due December 6.

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Course Outline

Aug. 30   Instructor will not be present - is out of town. Syllabus will
           be distributed. Film will be shown. Attached (see page 7) are
           instructions for individual students' response to the film.

Sept. 6   Labor Day.

Sept. 13   Introduction to course.
               Expectations - yours and mine
               Discussion of videos.
               Divide into groups - assign topics.
                   What is psychotherapy? Common characteristics.
                   What it means to be a therapist in today's world -
                   contextual issues.

Suggested Readings.

Burke, K. (1945). A grammar of motives. University of California Press.
DeHoyos and Jensen, "The systems approach to American social Work". Social
    Casework, Oct. 1985.
Kuhn. T.S. (1962). The structure of scientific revolutions. Chicago:
    University of Chicago Press.
Saari, C. (1986). Clinical social work treatment: How does it work? NY:
    Gardner Press, Inc.
_____ (1991). The creation of meaning in clinical social work. NY: The
    Guilford Press.
Shweder, R. (1986). "Divergent Rationalities" in Metatheory in social
    sciences. Fisk, D. and Shweder, R. (Eds.). Chicago: University of
    Chicago Press, 163-196.
Ehrenberg, O. and Ehrenberg, M. (1977). The psychotherapy maze: A
    consumer's guide to getting in and out of therapy. Northvale, NJ:
    Jason Aaronson, Inc.
France, A. (1988). Consuming psychotherapy. London: Free Association
    Books.
Guntrip, H. (1971). Psychoanalytic theory, therapy and the self: A basic
    guide to the human personality in Freud, Erikson, Klein, Sullivan,
    Fairbairn, Hartmann, Jacobson, & Winnicott. NY: Basic Books, Inc.
Kottler, J. (1990). On being a therapist. San Francisco: Jossey-Bass
    Publishers.
Palino, T.K. (1981). Psychoanalytic Psychotherapy: Theory, technique,
    Therapeutic relationship and treatability. NY: Brunner/Mazel
    Publishers.
Rothstein, A. (1988). How does treatment help? Madison: International
    Universities Press, Inc.
Torrey, E. F. Witchdoctors and psychiatrists: The common roots of
    psychotherapy and its future. Northvale, NJ: Jason Aaronson, Inc.
Zeig, J. (1990). What is psychotherapy? San Francisco: Jossey-Bass Pub.

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INSTRUCTIONS:

INDIVIDUAL STUDENT'S RESPONSE TO
AUGUST 30 FILM

While reviewing the film, "Mr. and Mrs. Bridge", put yourself in the role of a social worker who might treat one or more of the individuals in this family. Then write a brief response of no more than one page to the following question and turn it in to the instructor at the end of the class.

1. What theoretical model or models of human behavior and therapy would you find useful in understanding and working with this family? Why?

2. How would you assess this family, individually and as a family, in terms of their functioning?

3. What would be your tentative treatment plan?

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Sept. 20   Systems framework – ecological model
              Functional approach to casework practice

Suggested Readings:
    Aptekar, H. H. (1955). The dynamics of casework and counseling. Boston:
        Houghton Mifflin Co.
    Dore, M. M. (Sep. 1990). "Functional theory: Its history and influence on
        contemporary social work practice." Social Service Review, 358-370.
    Germain, C. B. & Gitterman, A. (1980). The life model of social work
        practice. NY: Columbia University Press.
    _____ (1979). "The life model of social work practice," in Social
        work treatment: Interlocking theoretical approaches, 2nd edition.
        F. J. Turner (Ed.). NY: The Free Press.
    Kasius, C. (1950). A comparison of diagnostic and functional casework
        concepts. NY: Family Service Association of America.
    Lubove, R. (1965). The Professional Altruist: The emergence of social work
        as a career. Cambridge: Harvard University Press, 1965.
    Robinson, V. (1930). A changing psychology in social casework. Chapel
        Hill: University of North Carolina Press.
    _____, (ed.) 1962. Jessie Taft, therapist and social work educator.
        Philadelphia: University of Pennsylvania Press.
    Smalley, R. (1970). "The functional approach to casework practice". In
        R. Roberts & R. Nee (eds.). Theories of Social Casework. Chicago: The
        University of Chicago Press.   ·
    _____, (1967). Theory for social work practice. NY: Columbia
        University Press.

Sept. 27 The problem-solving model in social casework – Helen Harris Perlman.

    Suggested Readings:
    Perlman, H. H. (1968). Persona: Social role and personality. Chicago:
        University of Chicago Press.
    _____, (1957). Social casework: A problem solving process. Chicago:
        The University of Chicago Press.
    _____, (1968). "The problem solving model in social casework" in
        Roberts, R. W. and Nee, R. H. (eds.). Theories of social casework.
        Chicago: The University of Chicago Press.
    _____, (1971). Perspectives on Social Casework. Philadelphia: Temple
        University Press.

Oct. 4   Behavior Modification
          Cognitive Therapy
          Task-centered casework – W. Reid.

    Suggested Readings
    Kanfer, F. H. and Phillips, J. (1970). Principles of Behavior Analysis.
        NY: Wiley.
    Reid, W. and Epstein, L. (1972). Task-centered Casework. NY: Columbia
        University Press.
    _____, and _____ (1977). Task-centered Practice. NY: Columbia
        University Press.
    _____ (1978). The Task-Centered System. NY: Columbia University
        Press.
    Berlin, S. "Cognitive behavioral interventions for social work practice."
        Social Work, May 1982.

Skinner, B. F. (1953). <u>Science and Human Behavior. NY: Macmillan.</u>
Thomas, E. (1970). "Behavioral Modification and Casework" in R. Roberts and R. Nee (eds) <u>Theories of Social Work.</u> Chicago: The University of Chicago Press.

_____, (Ed) (1967). <u>Behavioral science for social workers.</u> NY: The Free Press.

_____, <u>The Socio-behavioral approach and application to social work.</u> Lebanon, PA: Sowers Publishers.
Turner, F. J. (Ed) (1986). <u>Social work treatment: Interlocking theoretical approaches</u>, 3rd edition. NY: The Free Press. Ch. 6.

_____ (Ed.) (1986). <u>Social work treatment: Interlocking theoretical approaches.</u> NY: The Free Press. Ch 11.
Watson, D. and Tharp, R. (1972). <u>Self-Directed behavior.</u> Monterey, CA: Brooks-Cole.

Cognitive therapy.
Beck, A. (1976). <u>Cognitive therapy and the emotional disorders.</u> NY: International Universities Press.
Ellis, A. (1962). <u>Reason and Emotion in Psychotherapy.</u> NY: Stuart.
Glasser, W. (1965). <u>Reality therapy: A new approach to psychiatry.</u> NY: Harper and Row.
Nikelly, A. G. (1971). <u>Techniques for Behavior Change.</u> Springfield, IL: Thomas (outline of treatment techniques derived Adlerian theory).

Oct. 11 Crisis intervention as a mode of brief treatment - Lydia Rapoport and Howard Parad.

Hepworth, D. and Larsen, J.A. (1986). <u>Direct Social Work Practice Theory and Skills</u> (3rd edition). Chicago: The Dorsey Press.
Parad, H. J. (Ed.) (1973). <u>Crisis intervention: Selected readings.</u> NY: Family Service Association of America.
Rapoport, L. (1970). "Crisis intervention as a Mode of Brief Treatment" in R. Roberts and R. Nee (Eds.) <u>Theories of Social Casework.</u> Chicago: The University of Chicago Press, 265-311.
Turner, F. J. (1986). <u>Social work treatment: Interlocking theoretical approaches.</u> NY: The Free Press, Ch. 12.

Oct. 18 Psychoanalysis - Sigmund Freud

Brenner, C. (1974). <u>An Elementary Textbook of Psychoanalysis.</u> Garden City, NY: Anchor Books.
Chessick, R. (1980). <u>Freud teaches psychotherapy.</u> Indianapolis: Hackett Publishing Co.
Chodorow, N. (1989). <u>Feminism and Psychoanalytic theory.</u> New Haven: Yale University Press.
Coles, R. (1974). "Karen Horney's flight from orthodoxy" in <u>Women & analysis: Dialogues on psychoanalytic views of feminity,</u> Jean Strouse (Ed.) NY: Dell Publishing Co., Inc.
Fine, R. (1979). <u>A history of psychoanalysis.</u> NY: Columbia University Press.
Gilligan, C. (1982). <u>In a different voice.</u> Cambridge: Harvard University Press.

Horney, K. (1967). Feminine Psychology. NY: W. W. Norton & Co.
_____ (1939). New ways in psychoanalysis. NY: W. W. Norton and Co.
Isbister, J. N. (1985). Freud: An introduction to his life and work. Cambridge England: Polity Press.
Mitchell, J. (1974). Psychoanalysis and feminism - Freud, Reich, Laing and women. NY: Vintage Books.
Sagan, E. (1988). Freud, women and morality. NY: Basic Books, Inc.
Westkott, M. (1986). The Feminist Legacy of Karen Horney. New Haven: Yale University Press.

Issues of transference in clinical social work

Esman, A. (Ed.) (1990). Essential Papers on Transference. NY: New York University Press.
Freud, S. (1966). The Complete Introductory Lectures of Psychoanalysis (Translated and edited by James Strachey). New York: The W. W. Norton & Co. Inc.
Gill, M. M. (1982). Analysis of Transference, Vol. I. NY: International Universities Press, Inc.
Racker, H. (1968). Transference and Countertransference. NY: International Universities Press.
Stone, Leo (1984). Transference and its context. NY: Jason Aaronson, Inc.

Issues of countertransference in clinical social work.

Epstein, L. and Feiner, A. (Eds.) (1979). Countertransference. NY: Jason Aaronson, Inc.
Giovacchini, P. L. (1989). Countertransference triumphs and catastrophes. North Vale, NJ: Jason Aaronson, Inc.
Meyers, H. C. (1986). Between analyst and patient: New Dimensions in Countertransference and transference. Meyers, H. C. (Ed.). NJ: The Analytic Press.
Natterson, J. (1991). Beyond countertransference. Northvale: Jason Aronson.
Mendelsohn, R. (1992). How can talking help? Northvale, NJ: Jason Aronson, Inc.
Saari, C. (1986). "The creating relationship: Countertransference and the therapeutic culture" in Clinical Social Work Journal, 14(1), 39-51.
Searles, H. (1979). Countertransference. Library of Congress.
Slakter, E. (Ed.) (1987). Countertransference. Northvale, NJ: Jason Aronson, Inc.
Tansey, M. and Burke, W. F. (1989). Understanding Countertransference. Hillsdale, NJ: The Analytic Press.
Wolstein, B. (Ed.) (1982). Essential Papers on Countertransfernce. NY: New York University Press.
Winnicott, D. W. (1958). "Hate in the Countertransference" in Through Paediatrics to Psychoanalysis, collected papers. NY: Basic Books.

Self-disclosure in clinical social work practice.

Anderson, B. and Anderson, W. (March 1989). "Counselors' reports of their use of self-disclosure with clients" in Journal of Clinical Psychology, 302-309.

Anderson, S. and Mandell, D. (May 1989). "The use of self-disclosure by professional social workers" in Social casework: The journal of contemporary social work, 259-261.

Chernus, L. (Spring 1988). "Critique of the 'risky' intervention: Twinship selfobject impasses and therapist self-disclosure" in Psychodynamic Psychotherapy" in Clinical Social Work Journal, 63-69.

Corcoran, K. (March 1988). "The relationship of interprsonal trust to self-disclosure when confidentiality is assured" in Journal of Psychology, 193-196.

Cornett, C. (Spring 1988). "The 'risky' intervention: Twinship selfobject impasses and therapist self-disclosure in psychodynamic psychotherapy" in Clinical Social Work Journal, 49-60.

Prisbell, M. and Dallinger, J. (Feb. 1991). "The developmental nature of self-disclosure" in Psychological Reports, 211-215.

Stricker, G. and Fisher, M. (Ed.) (1990). Self-Disclosure in the Therapeutic Relationship. NY: Plenum Press.

Weiner, M. (1978). Therapist disclosure: The use of self in psychotherapy. Boston: Butterworths.

Oct. 25   Object Relations Theory - Melanie Klein and Donald Winnicott.

Suggested Readings:

Bacal, H. and Newman, K. M. (1990). Theories of object relations: Bridges to self psychology. NY: Columbia University Press.

Caper,R. (1988). Immaterial facts: Freud's discovery of psychic reality and Klein;s development of his work. Northvale, NJ: Jason Aaronson, Inc.

Davis, M. and Wallbridge, D. (1981). Boundary and space: An introduction to the work of D. W. Winnicott. NY: Brunner/ Mazel Publishers.

Greenberg, J. R. and Mitchell, S. A. (1983). Object relations in psychoanalytic theory. Cambridge: Harvard University Press.

Hinshelwood, R.D. (1989). A Dictionary of Kleinian thought. Northvale, NJ: Jason Aronson, Inc.

Horner, A. (1991). Psychoanalytic object relations therapy. Northvale, NJ: Jason Aronson, Inc.

Masterson, J., Tolpin M. and Sifneos, P. (1991). Psychoanalytic object relations therapy. Northvale, NJ: Jason Aronson, Inc.

Phillips, A. (1988). Winnicott. Cambridge: Harvard University Press.

Rayner, E. (1991). The independent mind in British psychoanalysis. Northvale: Jason Aaronson, Inc.

Segal, H. (1979). Melanie Klein. NY: The Viking Press.

Winnicott, D. W. (1971). Playing and Reality. London: Tavistock Publications.

_____ (1965). The maturational processes and the facilitating environment. Madison, CT: International Universities Press, Inc.

_____ (1958). Through Paediatrics to Psycho-analysis. NY: Basic Books, Inc.

Self Psychology - Heinz Kohut.

Basch, M. F. (1988). Understanding Psychotherapy. NY: Basic Books, Inc.

_____ (1980). Doing Psychotherapy. NY: Basic Books, Inc.

Detrick, D. and Detrick S. (Eds.) (1989). Self Psychology. Hillsdale, NJ: The Analytic Press.

Elson, M. (1986). Self psychology in clinical social work. NY: W. W. Norton Co.

_____ (Ed.) (1987). The Kohut seminars on self psychology and psychotherapy with adolescents and young adults. NY: W. W. Norton Co.

Goldberg, A. (1980). Advances in self psychology. NY: International Universities Press.

Jackson, H. Ed.) (1991). Using self-psychology in psychotherapy. Northvale, NJ: Jason Aronson, Inc.

Kohut, H. (1984). How does analysis cure? Eds. A. Goldberg and P. E. Stepansky. Chicago: The University of Chicago Press.

_____ (1971). The analysis of the self. Madison, CT: International Universities Press.

Lee, R. and Martin, J. C. (1991). Psychotherapy after Kohut: A textbook of self psychology. Hillsdale, NJ: The Analytic Press.

Lichtenberg, J. and Kaplan S. (Ed.) 1983). Reflections on self psychology. Hillsdale, NJ: The Analytic Press.

Muslin, H. and Val, E. (1987). The psychotherapy of the self. NJ: Brunner/Mazel.

Ornstein, P. (Ed.) (1990). The search for the self: Selected writing of Heinz Kohut 1950-1978 Vols. 1 and 2. New York: International Universities Press.

_____ (Ed.) (1990). The search for the self: Selected writing of Heinz Kohut 1978-1981, Vols. 3 and 4. NY: Internationa Universities Press.

White, J. T. & Weiner, M. B. (1986). The theory and practice of self psychology. NY: Brunner/Mazel Publishers.

Wolf, E. (1988). Treating the self. NY: The Guilford Press.

Nov. 8   Group Presentations
          Depression
          Addiction/Substance Abuse

Nov. 15   Personality Affective Disorders
          Anxiety Disorders

Nov. 22   Mental Illness

Nov. 29   Gender Issues/ Dual career
          Readings: Rubenstein - Section 6

Dec. 6   Issues in Social Work Treatment
              Ethnic and Racial
              Final paper due

Dec. 13   Ethical and Professional Issues
              Summary
              Evaluation

Skinner, B.F. (1953). _Science and Human Behavior._ NY: Macmillan.

Thomas, E. (1970). "Behavioral Modification and casework" in R. Roberts and R. Nee (eds) _Theories of Social Work._ Chicago: The University of Chicago Press.

_____ (Ed.) (1967). _Behavioral science for social workers._ NY: The Free Press.

_____ (1967). _The socio-behavioral approach and application to social work._ Lebanon, PA: Sowers Publishers.

Turner, F. J. (Ed.) (1986). _Social work treatment: Interlocking theoretical approaches_ (3rd edition). NY: The Free Press. Ch. 6.

_____ (Ed.) (1986). _Social Work Treatment: Interlocking theoretical approaches._ (3rd edition). NY: The Free Press. Ch 11.

Watson, D. and Tharp, R. (1972). _Self-directed behavior._ Monterey, CA: Brooks-Cole.

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BIBLIOGRAPHY
Interpersonal Practice Emphases (Individual)

Required Texts

Corsini, R. and Wedding, D. (Eds.) (1989). Current psychotherapies (4th
edition). Itasca, IL: F. E. Peacock.

Rubenstein, H. and Bloch, M. H., eds. (1982). Things that matter: Influences
on helping relationships. NY: MacMillan, 1982.

Recommended Texts:

Kottler, J. (1986). On being a therapist. San Francisco: Josey-Bass.

Turner, F. J. (1986). Social work treatment, Interlocking theoretical
approaches, 3rd edition. NY: The Free Press.

Turner, F. J. (1983). Differential diagnosis and treatment in social work.
NY: Free Press.

Reading List

Books

Acosta, F.S., Yamamoto, J., & Evans, L.A. (1982). Effective psychotherapy for
low-income and minority patients. NY: Plenum Press.

Aeriti, S. & Bemporad, J. (1978). Severe and mild depression. NY: Basic
Books.

Alexander, F. and French, T. (eds.) (1946). Psychoanalytic therapy. NY: W. W.
Norton and Co., Inc.

Briar, S. and Miller, H. (1971). Problems and issues in social casework. NY:
Columbia University Press.

Bruner, J. (1986). Actual minds, possible worlds. Cambridge, MA: Harvard
University.

Fischer, J. (1978). Effective casework practice: An eclectic approach. NY:
McGraw-Hill, 61-69.

Fromm-Reichman, F. (1950). Principles of intensive psychotherapy. Chicago:
University of Chicago Press.

Gambrill, E. (1983). Casework: A competency based approach. Englewood Cliffs,
NJ: Prentice Hall.

Germain, C. B. and Gitterman, A. (1980). The life model of social work
practice. NY: Columbia University Press.

Gilligan, C. (1982). In a different voice. Cambridge: Harvard University
Press.

Hartman, A. and Laird, J. (1983). Family-Centered Social Work Practice. NY:
The Free Press.

Hollis, F. (1972). Casework: A psychosocial therapy, 2nd edition. NY:
Random House.

Jacobson, N. (ed.) (1987). Psychotherapists in clinical practice, cognitive
and behavioral perspectives. NY: Guilford Press.

Janzen, C. and Harris, O. (1980). Family treatment in social work practice.
Itasca, IL: F.E. Peacock Publishers.

Kasius, C. (1950). A comparison of diagnostic and functional casework concepts. NY: Family Service Association of America.

Kaufman, G. (1989). The psychology of shame. NY: Springer.

Kernberg, O. (1984). Severe personality disorders. New Haven: Yale University Press.

Kottler, J. (1986). On being a therapist. San Francisco: Jossey-Bass.

Kutash, I. and Wolf, A. (eds.) (1986). San Francisco, Jossey-Bass.

*Lidz, Theodore. The Person. New York: Basic Books, 1968.

Lubove, Roy. The Professional Altruist. Cambridge: Harvard University Press, 1965.

_____. Pespective on Social Work. Philadelphia: Temple University Press, 1971, especially the following chapters: "Guide to the Reader," "The Parable of the Workers of the Field," "Freuds Contribution to Social Welfare," "Self-Determination: Reality or Illusion, "Casework is Dead," Casework and 'The Diminished Man'."

*Marsella, A. & Pedersen, P. Cross-cultural Counseling and Psychotherapy. New York: Pergamon Press, 1981.

*Meyer, Carol H. (ed.). Clinical Social Work in the Eco-Systems Perspective. New York: Columbia University Press, 1983.

Norcross, J. (ed.) (1986). Handbook of eclectic psychotherapy. NY: Brunner/Mazel, Inc.

*Perlman, Helen Harris. Social Casework: A Problem-Solving Process. Chicago: University of Chicago Press.

*Perlman, Helen Harris. Persona: Social Rose and Personality. University of Chicago Press, 1968.

Pine, F. (1985). Developmental theory and clinical process. New Haven: Yale University Press.

Rado, Sander and Daniels, George (eds.). Changing Concepts of Psychoanalytic Medicine. New York: Grune and Stratton, 1956.

*Reid, William and Shyne, Ann. Brief and Extended Casework. New York: Columbia University Press, 1972.

*Reid, William and Epstein, Laura. Task-Centered Casework. New York: Columbia University Press, 1972.

*Roberts, Robert and Nee, Robert (eds.). Theories of Social Casework. Chicago: University of Chicago Press, 1970.

*Rosenblatt, Aaron and Waldfogel, Diana, eds., Handbook of Clinical Social Work, San Francisco, CA: Jossey Bass, 1983 Part II, VI.

Sackhelm, Gertrude. The Practice of Clinical Casework. New York: Behavioral Publications, 1974.

Schwartz, Arthur and Goldiamond, Israel. Social Casework: A Behavioral Approach. New York: Columbia University Press, 1975.

Schulman, Lawrene. The Skills of Helping Individuals and Groups. Itasca, Illinois: F.E. Peacock Publishers, Inc., 1979.

Smalley, Ruth. Theory for Social Work Practice. New York: Columbia University Press, 1967.

*Stream, Herbert (ed.) Social Casework: Theories in Action. Metuchen, New Jersey: The Scarecrow Press, Inc., 1971.

Sullivan, Harry Stack. The Psychiatric Interview. New York: W. W. Norton and Co., Inc., 1954.

*Thomas, Edwin , The Socio-Behavioral Approach and Application to Social Work, New York: Council on Social Work Education, 1967.

Toseland, Ronald W. Rivas, Robert F. An introduction to Group Work Practice. New York: MacMillan Publishing Co., 1983.

Turner, Francis J. Differential Diagnosis and Treatment in Social Work. New York: Free Press, 1983.

Van Den Bergh & Cooper, Lynn, (eds.), Feminist Visions for Social Work, Silver Springs: NASW Publications, 1986.

Yalom, I. (1980). Existential psychotherapy, NY: Basic Books.

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