



INDIANA
UNIVERSITY
SCHOOL OF
DENTISTRY

First Friday

Dean's Update to the IUSD Community

Low reflective ability is risk for professionalism lapses during medical school and beyond

This was a most interesting publication from the Indiana University School of Medicine, which has potential application for dentistry. The authors posed the question: Might it be possible to identify and then reach out to help medical students whose actions may put them at risk of lapses in professionalism in medical school and beyond? Professionalism lapses are the most common cause for disciplinary action against practicing physicians. A new study from the IU School of Medicine and the Regenstrief Institute is one of the first to provide quantitative evidence to support anecdotal claims linking reflective ability of medical students and professional behaviors of future physicians. IUSD should do a similar study.

To read the IU School of Medicine announcement, [click here](#).

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It is hard for me to believe that with the publication of this edition of *First Friday* (Vol. 4 No. 12), I will complete four years of producing this newsletter! It has been a real joy to share with you – the broad IUSD community of interest – what is happening both at the school, state, national, and international level and the events, people and possibilities that shape the future of IUSD. I believe we can never communicate too much or too often, and this is particularly true as the school is about to enter a period of rapid physical change during the new building construction. I am committed to expanding and improving our communication so you know what will be going on. Look for more frequent emails about ALL projects and additional school-wide meetings to bring you information about the changes planned and underway. Effective management of change and communication provides another opportunity to rapidly advance the art and science of oral health education in support of the Mission and the Vision of IUSD to make Indiana..... *one of the best dental schools of the 21st century*. I invite you to keep reading as we begin the fifth year of *First Friday – Dean's Update to the IUSD Community* in March 2016!

New Dental Building Project Planning Continues

Construction planning meetings are scheduled to consider the various layouts, systems and personnel flow throughout the new and existing buildings that make up the IUSD dental campus. All of this is being done with close attention to the cost and program impact these plans will have on the dental school in the future. During the spring of 2016, we will be working diligently with the architects to finalize the detailed construction drawings to complete the next major step in the planning for this long-awaited facility. In general, the timing schedule is looking like:

- Spring 2016: Construction Design Plans
- Early Summer 2016: Finalize Construction Plan and Bid Project
- Summer 2016: Groundbreaking
- Summer 2016 to Spring 2018: Actual Construction
- Summer 2018: New Building Open and Operational

We will have more presentations to the broad IUSD community soon to show what the various features and functions of the new building hold in store for the future of IUSD's clinical operations. Watch for a groundbreaking announcement! Thank you for your belief in the possibilities – we are getting closer to the construction phase of this project!

IU Dental Alumni Association Cruise 2016

Every two years the IU Dental Alumni Association ([IUDAA](#)) hosts a cruising event, and this year it was held the last week of January leaving from San Juan, Puerto Rico. There were almost 200 people affiliated with the IUSD community on board. I took this opportunity to invite our alumni and friends to provide their thoughts about the future of IUSD by planning for the next 25 years – 2040! Six topical areas were presented ranging from the impact of digital dentistry to community-based dental education. Reports are being compiled and shared with various constituent groups including the IUDAA Board. Planning has ready started for the January 2018 cruise so mark your calendars. Thanks to Karen Jones, director of the IUSD Alumni programs, for all of her hard work in making the cruise a great success. Double bravo to Karen!!

FULLFILLING *the* PROMISE

First Dr. Paul E. Starkey Dental Research Professorship Awarded to Dr. James E. Jones

Dr. James E. Jones, professor and chair of Department of Pediatric Dentistry, is the first recipient of the **Dr. Paul E. Starkey Dental Research Professorship**. This is the first research professorship for pediatric dentistry at Indiana University. Dr. Starkey's colleagues funded this professorship to provide support for seminal research in pediatric dentistry. Dr. Starkey began a second career in dentistry in 1959 when he joined IUSD's full-time faculty after retiring from private practice. While on faculty, he received numerous teaching awards and lectured worldwide. He retired from IUSD in 1983. Dr. Jones received his certificate in pediatric dentistry at IUSD in 1980 and achieved additional doctoral degrees in biological sciences and higher education. Among multiple fellowships, Dr. Jones was a research fellow at Harvard University School of Dental Medicine. This professorship allows the department to purchase state-of-the-art equipment, fund research, and support pediatric residents in presenting their research at international academic meetings.

Mindfulness Based Stress Reduction Debuts at IUSD

Students, faculty, and staff are starting their weeks in 2016 with a dose of inner calm and awareness as they gather over their lunch hour each Monday to experience '[Mindfulness Based Stress Reduction](#)' (MBSR). They practice breathing, relaxation and a guided mindfulness meditation. Leslie Flowers, director of communications for alumni and development, and Dr. Vanchit John, chair, Department of Periodontics and Allied Dental Programs, co-facilitate the sessions. [Research](#) at the Center for Mindfulness at the University of Massachusetts and other academic health centers has demonstrated the benefits of mindfulness and meditation in health care to reduce anxiety and stress in daily life and for chronic illness. Studies have also shown the beneficial impact of MBSR on the brain and the immune system. All are invited to this Monday Mindfulness experience. Students are also addressing their stress by creating an on-site yoga class each Thursday at 5:15 pm in the library quiet room in collaboration with IUPUI's Campus Recreation.

Dental Informatics \$1.2 M Grant Funded – Study of Dental Treatment Outcomes

Congratulations to Dr. Thankam Thyvalikakath, associate professor and director of the [Dental Informatics Core](#) of IUSD! Through a grant award of \$1.2M, [IUSD and Regenstrief Institute](#) investigators will conduct an analysis of electronic dental records of patients treated by community dentists across the United States to explore the feasibility of using electronic dental records data for clinical research, with the ultimate goal of improving oral health care nationwide. Bravo Thankam!

Super Bowl Trivia: Manning as Business Guru (...from Indianapolis Business Journal)

With Super Bowl 50 upon us, Peyton Manning (No. 18) is cited as an example in multiple venues about what one can learn about business. The Motley Fool has a title "[7 Things Peyton Manning Can Teach Us About Investing](#)." Startup guru Robert Hatta claims [Manning is a prime example of the "fluid intelligence"](#) entrepreneurs need to succeed. Leadership consultant Kevin Eikenberry [breaks down Manning's management style](#), and Peyton Manning himself regularly gives leadership talks. Are you D4 students paying attention?!

First Friday Coffee, Donuts & Fruit — Student Lounge

Join us this Friday, February 5, from 7:30 to 9 am for the monthly First Friday school gathering. Complimentary coffee, donuts, and fruit will be served in the student lounge.

Upcoming IUSD Events

- February 25 – 27, Chicago Midwinter – IUSD Alumni Reception, Feb. 26, Hyatt McCormick
- March 12 – 15, ADEA in Denver
- March 16 – 19, AADR in Los Angeles – IUSD Reception, March 16, JW Marriott Los Angeles
- March 14 – 18, IUSD & IUPUI Spring Break
- Monday, April 11 – IUSD Research Day
- Friday, April 29 – IUSD Board of Advisors Spring Session



Thanks to each of you for your dedication to and support of the Vision and Mission of IUSD. We look forward to seeing you next month for First Friday coffee, donuts, and fruit, along with the March edition of First Friday...Dean's Update.

- John

Check out all the current IU Dentistry news on our website: www.dentistry.iu.edu or on our Facebook page: www.facebook.com/IUDentistry